A BRAND NEW 6 STAR LUXURIOUS RESIDENTIAL AND NURSING FACILITY IN HEADINGLEY

Opened in September 2013 Grove Park provides luxury and spaciousness along with everything needed to meet the highest of care standards. Located in the heart of the community and well served by public transport it is just a few minutes from Headingley High Street yet offers beautiful landscaped gardens overlooking green belt land, woods and playing fields.

Care services offered at Grove Park include;

- Residential Care
- Dementia Care
- Nursing and Palliative Care
- Respite and Rehabilitation
- Day Care Services

The thoughtful design of the home allows our residents to benefit from the advantage of a large home whilst maintaining a friendly homely environment. Dining rooms and lounges are positioned carefully around the building to allow residents to live in small groups.

The facilities of Grove Park include;

- Spacious rooms with ensuite shower rooms
- Private telephone and Sky TV compatible
- Piano Café’ Bar extending onto the terrace
- Residents Shop and Bar
- Hair salon with Nail Bar
- Fitness, therapy and beauty suite
- Cinema and function rooms
- Library with internet access
- Wifi in all areas
- Several other lounges and dining rooms
- Large terrace and gardens with seating areas

Call now to arrange a viewing on: 0113 2789612

www.groveparkleeds.co.uk  E: enquiries@groveparkleeds.co.uk

100 Grove Lane | Headingley | Leeds | LS6 2BG
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Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
Wetherby Manor is in the centre of Wetherby, adjacent to St James’ Parish Church.

We provide specially designed accommodation for clients requiring residential, nursing or dementia care.

All our accommodation is arranged in small living groups creating a homely environment.

At Wetherby Manor we have introduced self-contained apartment style living suites too, designed for couples or individuals who require minimal care but benefit from living in a supported environment.

All residents enjoy facilities such as dining rooms and cafes, bar, hair and beauty salon, gardens and bowling green, library, cinema, shop and social events programme.

Our aim is to provide person-centred and complete care in a homely setting.

The best way to find out about Wetherby Manor is to visit, so get in touch to have a look round and chat with our staff.

We look forward to seeing you.
Welcome to the 2013/14 edition of the Directory. We hope you will find it useful to see what is available and how to contact the people you might need.

Leeds City Council Adult Social Care is responsible for organising a wide range of services for adults across the city. We are committed to helping people maintain their independence and quality of life, where possible in their own home.

‘Better Lives for people in Leeds’ is our commitment to helping people maintain their independence and quality of life, where possible in their own homes. We will ensure that people have choice and control to use the services that best suit their individual needs.

We are also committed to improving quality of services and we work closely with local health and independent care providers, the Care Quality Commission (the independent health and social care regulator) and other partners to provide the best possible service. In addition the Care Quality Commission are developing a new rating system to help people choose adult social care services.

We work closely with local health and independent care providers, the Care Quality Commission (the independent health and social care regulator) and other partners to provide the best possible service.

National and local policies about Adult Social Care change every year so please check all the details before making any decisions that have financial implications for you or your family.

We will do our best to help you find the support that you need, regardless of whether you pay for care services yourself or if they are funded by the local authority. We hope you find this Directory useful and if you need any more information please contact us.

Sandie Keene
Director of Adult Social Services

For general information about Adult Social Care please telephone Customer Services on 0113 222 4401 (textphone 0113 222 4410).

Areas covered by this Directory

- Home Care providers (all regions) page 12
- Care Home / Care Home with Nursing providers
  - East / North East page 32
  - West / North West page 34
  - South / East page 36

Visit www.carechoices.co.uk for further assistance with your search for care
Where to begin?

If you think you may need some support to live independently, the first step is to contact Adult Social Care – see the grey box below. You can do this yourself, or a friend, relative or health professional (like your GP) can do it on your behalf.

The customer service advisor will ask a few questions to check what sort of support you might need. They may suggest other people who could offer support or information, or they may ask a care manager to contact you to arrange an assessment. See page 10 for more information about this.

How to start getting support – the basic steps

1. Contact Adult Social Care on 0113 222 4401 (or textphone 0113 222 4410).
2. Someone will call you to arrange an assessment if it looks as though Adult Social Care can help (if not, we will put you in touch with another organisation who can help).
3. At the assessment, a care manager will talk with you about what help you may need in your day-to-day life.
4. Depending on your financial situation, you may have to pay for some services.

Or, for independent support or services see The Leeds Directory on page 53.

How much support is right for you?

There are more options that can help people stay living at home for longer – or regain independence after an accident, illness or hospital stay. We have grouped the choices under three broad headings:

Support to stay living in your own home

I can live independently and stay in my own home with some extra help.

For some examples of support and services that can help people stay at home and keep their independence, see page 7.

Housing with Care
Sheltered housing

I want to have my own home with my own front door but I need some help close at hand.

For information about sheltered housing schemes and Extra Care housing see page 22. (Extra Care can be 24 hour care.)

Residential care homes and nursing homes

At this point in my life I’m not able to manage on my own and I need access to 24-hour care.

For information about care homes and nursing homes see page 25.
Support to stay living in your own home

Support is available to help with day-to-day personal care and domestic activities so that you can continue to live as independently as possible in your own home.

Specialist equipment and alarms can help make your home safer and provide reassurance that help is to hand if something does go wrong.

Help at home (home care)

This is help with daily activities such as washing and dressing, getting up or going to bed, going to the toilet and taking medication. See page 12 for the listing of home care providers.

Meals delivered to your home (Meals on Wheels)

The council offers a hot meals home-delivery service seven days a week: Community Meals. (You can also get a cold meal delivered at the same time.) The service provides meals to meet most dietary needs. Contact the Catering Manager on 0113 247 8577, email: mealsathome@leeds.gov.uk or look at the council website www.leeds.gov.uk for more information.

Other services also provide a meals service, and there may be lunch clubs near you. Please contact one of the One Stop Centres, see page 52.

Specialist equipment and changes to your home

Equipment and adaptations to your home

There are many types of equipment designed to help you with different daily activities.

Changes can be made to your home to help you do things more easily and safely. This could be grab rails or larger adaptations such as a shower or a stair lift. Contact Leeds City Council on 0113 222 4401 or see the website www.leeds.gov.uk to find out how to get an assessment and find out about the cost of these services. The Council’s one stop shops will have information about these services. See page 52.

Alarms, sensors and reminders

These range from a simple pendant alarm which you press to get help to sensors that will raise an alert if you fall, to devices that remind you to take medication.

You can buy these direct from a supplier – see the Leeds Directory: www.leedsdirectory.org or ring their helpline on 0113 3918333. Or you can contact the Council as above. You can also get independent information and advice from the William Merritt Disabled Living and Mobility Centre on 0113 305 5332.

Help with incontinence

Leeds Continence Service provides advice and support. To find the nearest telephone 0113 305 5138 or speak to your GP.

Short-term support to get your independence back

Sometimes, because of an accident, illness or simply growing older, you may find you struggle with daily activities or feel unsafe in your home. A service in Leeds called Reablement can help you regain the ability and confidence.

Reablement is provided by specially trained staff, and is usually a short, intensive period of support. If you’re already a social care user, contact your care manager. Otherwise call Adult Social Care customer services on 0113 222 4401.
Health care

‘Intermediate care’

This is a short-term service provided by the NHS that can help you get better as quickly as possible after an accident, illness or operation. The service is similar to Adult Social Care’s Reablement service, but is for people who still have medical needs.

‘NHS Continuing Healthcare’

If you have extensive healthcare needs you may be eligible for ‘NHS Continuing Healthcare’. This is a package of care which is arranged and funded by the NHS. Health visitors and district nurses can also visit you in your home and provide support and advice about any health problems. Speak to your GP or local health centre to find out more.

Medical equipment

In some cases, medical equipment can be provided in your own home. Examples include monitoring equipment for people with diabetes mellitus, or equipment for home oxygen therapy for people with some lung conditions.

Need more advice or information?
See the ‘Information and advice’ section starting on page 52 for a list of organisations that can provide further help.

Daytime activities and support

There are many types of day support in Leeds, see the information and advice section pages 52-55 or contact your nearest Neighbourhood Network Scheme.

Local support schemes

Neighbourhood Network Schemes are local voluntary organisations that can provide a range of services, activities, information and social contact for older people.

To find out details speak to your care manager or if you have access to the web please see: www.leeds.gov.uk

There is also more information on these and other voluntary services in Leeds. See the Voluntary Action Leeds website at www.val.org.uk, or speak to one of the organisations in the ‘Information and Advice’ section on pages 52-55.

Search online for the right care

Care Choices has a comprehensive website of care, searchable by county, postcode or region. Whether you’re looking for care in the home, housing with care, a care home or nursing home, you can search online to find what’s available in your given location.

Visit www.carechoices.co.uk and start your search today.

8 This Directory’s helpline 0800 389 2077 – information on choosing and paying for care
Paying for your own home care?

*Have more control over who helps you at home*

If you arrange your own support – either because you have a personal social care budget (see page 11) or because you’re paying for it yourself – you can choose your own support worker or find someone through a care agency. These workers are often known as personal assistants.

In Leeds, advice about employing a personal assistant is available from an organisation called ASIST (Actively Seeking Independence Support Team). Contact ASIST on 0113 214 3599.

See Adult Social Care’s Guide to Buying Services and Support for useful tips about getting value for money when using agencies. The guide is available from your care manager, or call 0113 247 8630. You can also visit www.leeds.gov.uk to read it on the web.

*Paying for services and support*

When arranging services yourself using a personal budget from Adult Social Care, always check exactly how much you will need to pay and ensure this is agreed in your support plan. If in doubt, check with your care manager to be on the safe side.

---

If you look after someone at home

**Assessments for unpaid carers**

If you are a carer (you provide regular and substantial care to a relative or friend, and are not paid for it), you are entitled to a carer’s assessment even if the person you look after doesn’t have help or funding from Adult Social Care. You can ask for this at any time, by contacting Adult Social Care on 0113 222 4401.

Adult Social Care can discuss your needs as an unpaid carer – it doesn’t matter whether the person you care for is using a service from the Council or not – this is called a carers assessment. See page 10 for more about assessments.

There is a range of information leaflets called *A Quick Guide to Carers Services in Leeds; Getting a Break; Carers Assessments and Carers Emergency Service*. Available from Advice Centres, One Stop Centres and Leeds City Council Adult Social Care on 0113 222 4401.

**Carer’s allowance**

You may be eligible for a carer’s allowance, which is paid by the Department of Work and Pensions, or you may need other financial advice.

If you have access to the web, visit the website www.nhs.uk/carersdirect or call Carers Direct on 0808 802 0202. If not, you can get advice from Carers Leeds on 0113 246 8338.

**Getting a break**

Adult Social Care provides and arranges breaks for carers.

There are a number of agencies who can provide short breaks in the home of the person being looked after. See leaflet ‘Getting a Break’ as above.

A service called ‘Shared Lives’ can look after adults with a wide range of support needs including older people, adults with dementia, or those with a learning, physical or sensory impairment. This could be in the person’s own home or the home of the carer, and can be during the day, overnight, weekends or for longer periods.
Having an assessment

An assessment is when a care manager meets with you to talk about what help you might need, and what kinds of support you may be eligible for (see below for more about how eligibility is decided). They will talk with you about:

- what you can do for yourself and what you feel you need help with;
- what you can't manage at all, what difficulties you have now;
- who helps you now; and
- how best to achieve your goals and outcomes.

They will listen to what you want, talk with you about your needs and make sure you have the right information to make choices about your future. You can also involve friends, family, your carer or anyone else you trust. Anyone can ask for an assessment, regardless of their financial situation. The assessment and advice are free.

If you’re in hospital, the nursing staff can arrange for a care manager to contact you.

The information you’ve given in your assessment will allow your care manager to calculate roughly how much money will be available to spend on services and support. You can use this as a guide when you go to the next step and start building your support plan.

Your support plan is where you can say what’s important to you and how you would organise your support and services to meet your eligible needs in the best way. This plan will then need to be approved by Adult Social Care.

Depending on your financial situation, you may have to pay for some services – charges are on a sliding scale. See page 28 for more information about charges.

Paying for your own support

If you will be funding your own support, we can still offer you an assessment to help you decide what help you might need, and provide information and advice to help you find out what’s available. See page 25 for other organisations and websites that may help.

How your eligibility is decided

Adult Social Care has a responsibility to make fair decisions about who can have access to social care support, and to make sure that those in the greatest need can get the help they require.

We have guidelines we must follow and these are called ‘eligibility criteria’ – things we must consider when deciding who should receive social care support. They are based on the government’s guidelines, and are described in a Department of Health (DOH) publication: ‘Prioritising Need in the Context of Putting People First: a whole system approach to eligibility for social care.’ (Available on the DOH website: www.gov.uk.)

All social services departments have to use the same Fair Access to Care (FACS) eligibility criteria - to make sure that taxpayers’ money is spent fairly.

There are charges for some services. Please ask about any charges. For more information see the leaflet: Payments towards non-residential care services. Call Adult Social Care on 0113 247 8630 for a copy.

Financial assessments and benefits information

The Financial Assessments and Benefits Team complete financial assessments of contributions towards non-residential services.

Leeds Benefits Service
Tel: 0113 247 8626
Fax: 0113 247 8620
Email: lbs.visitors@leeds.gov.uk

For national information about benefits: Tel: 0800 882 200, textphone 0800 243 355 stating the service you require – or visit: www.gov.uk and type in the service you want in the search box.
Personal budgets

If you're eligible for social care support you can now receive a ‘personal budget’. This is money from the council that you can use to choose and manage your own support, mixing and matching services from the council or other providers.

Not everyone wants to manage the money themselves, so there are various ways you can receive and manage your personal budget – it’s your choice:

• as a payment directly into a bank account;
• as a payment to a suitable person on your behalf - eg a close relative;
• as a payment to a Trust - eg a group of family members;
• via an Individual Service Fund - this is where a provider organisation looks after your budget on your behalf;
• managed by the Council (this is limited to the services provided directly or commissioned by the Council); or
• as a mixed budget - a combination of the above.

You can speak to other people in Leeds who already use personal budgets and direct payments. Contact ‘Free to Live’, the personal budget peer support network, on 0113 214 3599, email them at info@freetoliveleeds.org or visit www.freetoliveleeds.org.

For further details, speak to your care manager, or ring Adult Social Care Customer Services on 0113 222 4401. (Textphone 0113 222 4410.)

Visit www.leeds.gov.uk and search for ‘personal budgets’ for more information.

Inspections and standards

All care services are regulated, monitored and inspected by a national organisation called the Care Quality Commission (CQC). It looks very carefully at all aspects of the home or service, including care practices, the suitability of the people running the service, the quality of the facilities and the building. The CQC has a responsibility to tell Leeds Adult Social Care about any concerns they have about a home or other service they have inspected.

The residential homes are monitored regularly to make sure good quality services are being delivered. Should poor practice be discovered, we will take swift action. If a complaint is raised, it is investigated immediately. Leeds Adult Social Care have a Quality Standard Assessment.

There is also a ‘Dignity Volunteer’ programme, in which trained volunteers visit care homes to audit the level of care and ensure people’s dignity is being respected by care home staff.

The council works closely with independent providers to make sure that care is provided at a high standard.

For further information, speak to the CQC – their contact details are on page 55.

Making a complaint
If you’re unhappy with the help you are receiving, it’s your right to complain. Please see the information on page 55.

Keeping safe

If you, or someone you know, is being abused, neglected, frightened or exploited there are people who can help.

• If you or someone else is in immediate danger telephone 999
• If you believe a serious crime has been committed, but the person is not in imminent danger telephone 101
• For general information or to make a referral call Adult Social Care Customer Services telephone 0113 222 4401
• Out of hours telephone 0113 240 9536 (Textphone users can dial 0113 222 4410)
• Safeguarding Adults Partnership Support Unit for advice telephone 0113 244 3511

Need more advice or information?
See the ‘Information and advice’ section starting on page 52 for a list of organisations that can provide further help.
Home care providers

1ST RESOURCE LTD
Leeds
Tel: 0113 295 0591

AFFINITY TRUST
Holbeck
Tel: 0113 242 1388

AIREBOROUGH EXTRA CARE LTD
Yeadon
Tel: 07877 610651

AJ SOCIAL CARE RECRUITMENT LIMITED (DCA)
Leeds
Tel: 0330 555 2277

ALL SEASONS
Rothwell
Tel: 07714 590 610

ALLIED HEALTHCARE GROUP LEEDS
Seacroft
Tel: 0113 223 7457

AMBERTON HOUSE
Gipton
Tel: 0113 395 7320

ANCHOR TRUST
Leeds
Tel: 0113 235 9359

ANCHOR TRUST (THE LAUREATES)
Guiseley
Tel: 0113 235 9359

ANGELS COMMUNITY ENTERPRISES CIC
Beeston
Tel: 0113 277 2222

ANGELS HOME CARE SERVICES (LEEDS)
Chapel Allerton
Tel: 0113 269 2527

ARK HOME HEALTHCARE
Morley
Tel: 0113 289 8440

AS CARE LIMITED
Leeds
Tel: 0113 242 8822

ASSISI PLACE
Leeds
Tel: 0113 200 8140

ASTHA LIMITED
Leeds
Tel: 0113 200 5557

ATTENTIVE CARE EXPERTS
Drighlington
Tel: 0113 414 1186

BARNARDO’S LEEDS SHORT BREAKS
Hunslet
Tel: 0113 272 0832

BLUEBIRD CARE (LEEDS NORTH)
Horsforth
Tel: 0113 258 9677

CARDINAL COURT EXTRA CARE SHELTERED HOUSING
Beeston
Tel: 07891 278802

CARE UK HOMECARE LTD LEEDS DCA
Leeds
Tel: 0113 240 4164

CARE VISIONS AT HOME
Morley
Tel: 0845 862 1829

CARELINE HOMECARE LTD (LEEDS)
Leeds
Tel: 0113 251 2240

CAREMARK
Leeds
Tel: 0113 264 4466

CAREWATCH
Leeds
Tel: 0113 242 8822

CARING HEARTS AND HANDS
Horsforth
Tel: 07939 529042

CARING PARTNERSHIP LTD
Leeds
Tel: 07944 962184

CASA LEEDS
Leeds
Tel: 0113 387 6380

CATHOLIC CARE (DIOCESE OF LEEDS)
Leeds
Tel: 0113 388 5400

Organisations that can provide care and support to help you live independently in your own home

1st Resource Ltd
Leeds
Tel: 0113 295 0591

Affinity Trust
Holbeck
Tel: 0113 242 1388

Aireborough Extra Care Ltd
Yeadon
Tel: 07877 610651

Aj Social Care Recruitment Limited (DCA)
Leeds
Tel: 0330 555 2277

All Seasons
Rothwell
Tel: 07714 590 610

Allied Healthcare Group Leeds
Seacroft
Tel: 0113 223 7457

Asthma Limited
Leeds
Tel: 0113 200 5557

Attentive Care Experts
Drighlington
Tel: 0113 414 1186

Barnardo’s Leeds Short Breaks
Hunslet
Tel: 0113 272 0832

Bluebird Care (Leeds North)
Horsforth
Tel: 0113 258 9677

Cardinal Court Extra Care Sheltered Housing
Beeston
Tel: 07891 278802

Care UK Hometcare Ltd Leeds DCA
Leeds
Tel: 0113 240 4164

Care Visions At Home
Morley
Tel: 0845 862 1829

Carelne Hometcare Ltd (Leeds)
Leeds
Tel: 0113 251 2240

Carmark
Leeds
Tel: 0113 264 4466

Carewatch
Leeds
Tel: 0113 242 8822

Caring Hearts And Hands
Horsforth
Tel: 07939 529042

Caring Partnership Ltd
Leeds
Tel: 07944 962184

Casa Leeds
Leeds
Tel: 0113 387 6380

Catholic Care (Diocese Of Leeds)
Leeds
Tel: 0113 388 5400

Service  OP Older people (65+)
         D Dementia
         PD Physical disability
         LDA Learning disability, autism
User Bands MH Mental health
         SI Sensory impairment
         YA Younger adults
         AD People who misuse alcohol and drugs

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COMMUNITY INTEGRATED CARE, LEEDS REGIONAL OFFICE
Leeds Tel: 0113 288 3295 LDA YA

COMMUNITY SUPPORT SERVICES CENTRAL
Leeds Tel: 0113 395 7320 OP D PD LDA YA

COMPLETE CARE AGENCY LTD
Otley Tel: 0333 2000 441 Advert page 18 &19 OP D PD LDA SI YA

CONNECTIONS (WEST YORKSHIRE) HEALTH AND SOCIAL CARE CIC
Leeds Tel: 0113 277 2272 OP D PD LDA YA

CREATIVE SUPPORT LEEDS SERVICES
Morley Tel: 0113 261 1600 LDA

CZAJKA COMMUNITY CARE SERVICES LTD
Leeds Tel: 0113 274 1900 Advert page 16 OP D PD MH YA

DELUXE SOCIAL CARE
Leeds Tel: 07961 755490 OP D SI YA

DOVETAIL CARE SERVICES LTD
Horsforth Tel: 0113 258 7373 OP D PD YA

ELDERLY CARE SERVICES
Leeds Tel: 0113 322 6580 OP

ETHICAL HOMECARE SOLUTIONS
Leeds Tel: 0113 345 9492 OP D PD LDA MH SI YA

EVERYCARE (WETHERBY)
Wetherby Tel: 01937 585884 OP

EXPRESS HEALTHCARE UK LTD
Leeds Tel: 0113 346 3131 OP D PD MH SI

FAIRFAX ROAD, 19
Leeds Tel: 0113 277 8842 OP LDA YA

GRAYSON HOME CARE LTD
Boston Spa Tel: 01937 8918141 OP D PD SI YA

HELPING HAND CARE SERVICES LTD
Leeds Tel: 0113 225 2777 OP D PD MH SI YA

HELPING HANDS NORTH
Leeds Tel: 0113 322 9150 OP D PD LDA MH SI YA AD

H F TRUST
Leeds Tel: 0113 273 3771 LDA

HOMECARE SUPPORT (LEEDS)
Leeds Tel: 0113 222 4760 OP D PD LDA MH SI YA AD

HOMELIFE (LEEDS) LTD
Leeds Tel: 0113 393 0234 OP D LDA MH SI YA AD

HOUSING 21
Leeds Tel: 0845 026 8906 OP D PD MH LDA SI YA

JAMAICA HOUSE
Leeds Tel: 0113 262 0033 OP D PD LDA MH SI YA AD

JAYS HOMECARE LTD
Seacroft Tel: 0113 273 6457 OP D PD LDA MH SI YA AD

LEEDS CITY COUNCIL
Pudsey Tel: 0113 247 8700 OP D PD MH SI YA

LEEDS CITY COUNCIL ONE STOP CENTRE (COMMUNITY SUPPORT SKILLS)
Hunslet Tel: 0113 395 7320 OP D PD LDA MH SI YA AD

LEEDS FEDERATED HOUSING ASSOCIATION
Leeds Tel: 0113 386 1000 OP PD LDA MH YA

LEEDS LEARNING DISABILITY COMMUNITY SUPPORT SERVICES EAST AND NORTH EAST LEEDS
Potternewton Tel: 07891 271554 LDA

Advert page 18 &19

Visit www.carechoices.co.uk for further assistance with your search for care
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<td>MOOR ALLERTON CARE CENTRE</td>
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<td>MOORCARING</td>
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<td>NEW MABGATE CENTRE</td>
<td>Armley</td>
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<td>OUTREACH OFFICE</td>
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<td>PARK LODGE</td>
<td>Roundhay</td>
<td>Tel: 0113 265 9353</td>
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<td>PEOPLE MATTERS (LEEDS) CIC</td>
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<td>Tel: 0113 234 6896</td>
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<td>Tel: 0113 238 0793</td>
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<td>POLKADOT CARE LIMITED (LEEDS)</td>
<td>Leeds</td>
<td>Tel: 0113 264 4784</td>
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<td>PRESTIGE NURSING - LEEDS</td>
<td>Leeds</td>
<td>Tel: 0113 275 2555</td>
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<tr>
<td>PUDSEY TOWN HALL (COMMUNITY SUPPORT SKILLS)</td>
<td>Leeds</td>
<td>Tel: 0113 2247 7795</td>
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<tr>
<td>PULSE – LEEDS</td>
<td>Leeds</td>
<td>Tel: 0845 459 7413</td>
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<td>RADIS COMMUNITY CARE (LEEDS)</td>
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<td>RANI CARE C.I.C.</td>
<td>Leeds</td>
<td>Tel: 01943 466292</td>
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<td>Otley</td>
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<td>ROCHE CARING SOLUTIONS</td>
<td>Leeds</td>
<td>Tel: 0113 271 9456</td>
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<td>ROSESFIELD MANOR</td>
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<td>SCOPE INCLUSION LEEDS</td>
<td>Garforth</td>
<td>Tel: 0113 387 6408</td>
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<td>SIGNHEALTH CONSTANCE WAY</td>
<td>Leeds</td>
<td>Tel: 0113 245 7991</td>
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<td>SOCIAL CARE ORG</td>
<td>Leeds</td>
<td>Tel: 0113 218 0118</td>
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<td>SPRINGFIELD HOME CARE SERVICES LTD</td>
<td>Garforth</td>
<td>Tel: 0113 287 6789</td>
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<td>ST ANNE’S COMMUNITY SERVICES</td>
<td>Leeds</td>
<td>Tel: 0113 200 8347</td>
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<td>TEAM PERSONNEL SOLUTIONS LTD</td>
<td>Leeds</td>
<td>Tel: 0113 244 1584</td>
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<td>TOTAL CARE NURSING LIMITED</td>
<td>Leeds</td>
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**Service**  
- OP Older people (65+)  
- D Dementia  
- PD Physical disability  
- LDA Learning disability, autism  
- MH Mental health  
- SI Sensory impairment  
- YA Younger adults  
- AD People who misuse alcohol and drugs
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<th>Service User Bands</th>
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<td>D Dementia</td>
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<tr>
<td>PD Physical disability</td>
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</tr>
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<td>YA Younger adults</td>
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**TRUST LIFE CARE**
Leeds
Tel: 0113 823 2858
Advert page 17

**VALEO DOMICILIARY CARE SERVICE**
Leeds
Tel: 0113 272 6020

**VICTORIA COURT - METHODIST HOMES**
Leeds
Tel: 0113 278 7588
Advert page 48

**VIVE UK SOCIAL CARE LIMITED**
Leeds
Tel: 0113 320 2222

**VOYAGE (DCA - LEEDS)**
Leeds
Tel: 07525 902323

**VOYAGE 1 LIMITED - 1 ST PHILIPS CLOSE**
Leeds
Tel: 0113 277 8069

**VOYAGE 1 LIMITED - 3 ST PHILIPS CLOSE**
Leeds
Tel: 0113 277 8068

**VOYAGE LIMITED**
Leeds
Tel: 0113 236 2229

**WHITE ROSE HOUSE (COMMUNITY SUPPORT SKILLS)**
Leeds
Tel: 0113 247 8700

**WOODELIEGH CARE**
Yeadon
Tel: 0113 239 1507

**WOODVIEW EXTRA CARE HOUSING**
Swarcliffe
Tel: 07891 275581

**YORKSHIRE SENIOR CARE**
T/A HOME INSTEAD SENIOR CARE
Wetherby
Tel: 01937 220510

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**CARE VISITS AT HOME**
Declare your Independence

Our staff
Our staff are caring, trained to give medication and police checked.

Alternative
Bluebird Care offers a realistic cost effective alternative to residential care. With familiar friends, relatives and possessions around, Bluebird Care ‘just happens’.

What we offer
We offer everything from personal care to shopping, cleaning or social visits. In fact everything you need to stay in the comfort of your own home.

Call now for a free no obligation consultation
We guarantee good old fashioned service

Bluebird Care (Leeds North)
Beech House, Troy Road, Horsforth, Leeds, LS18 5NQ
Tel: 0113 258 9677
Email: leedsnorth@bluebirdcare.co.uk
Czajka Community is an independent home care provider that provides a tailor designed service to enable you to continue living in your own home.

From light domestic services to ease some of the daily stresses, meal preparation and personal care to more complex care needs and end of life care. We can offer a comprehensive service from 15 minutes to twenty four hours a day, 365 days a year.

As part of the wider Czajka Care Group which has helped people continue enjoying their life in Yorkshire for over 30 years.

We are committed to providing a service of great quality by ensuring that all staff are highly trained at our specifically designed Training Centre and recruited for their professionalism and dedication to caring.

Please contact us for more information or an informal chat on how we can help you continue living in the community. We have a team of experts who are able to advise you in the strictest of confidence.

0113 274 1900 comcare.leeds@czajka.co.uk
www.czajka.co.uk

Czajka Community is part of the Czajka Care Group

Stay independent with home care from Allied

We understand how important it is to remain living at home, no matter what age you or your loved ones are. Our flexible service can provide care to suit almost any situation – from a couple of hours a week to live-in care. You can rely on us to deliver exactly what you or your relative needs to remain living at home. And our well-trained and friendly carers will always perform their duties with warmth and kindness, and provide companionship and emotional support whenever it’s needed.

Call us on:
0800 542 3401 quoting code: ALL051
alliedhealthcare.com

0800 389 2077 – information on choosing and paying for care
HOME BASED CARE & SUPPORT
DELIVERED WITH CONSIDERATION, PASSION & UNDERSTANDING

Specialists in Dementia Care and Bespoke Complex Care Packages

For more information contact:
0113 823 2858 or email: info@trustlifecare.co.uk
www.trustlifecare.co.uk

We believe in YOUR life, YOUR say, YOUR time, YOUR way.
At Complete Care Agency we feel very strongly that as human beings we all have the right to make choices about how and where we live our lives. To many of us choice is something we take for granted, and until the ability is taken from us we do not realise its importance.

All of our staff at Complete Care Agency strive to empower the people who use our service to make informed choices about the care and support they receive.

www.completecareagency.co.uk

A flexible service

Our service is tailored to meet your individual needs

We provide care in partnership with the people who use our service their relatives and other service purchasers. We work alongside health authorities and local council authorities to provide cost effective high quality care. Care can be purchased privately or via direct payments or personalised budgets. No matter how your care is funded we can work with you to provide the service you need.

Our service is suitable for Children, Young People, and Adults

Providing the following services:

- Home Care
- Support workers
- Live in care
- 24 hour Complex Care
- Access to education
- Access to work
- Companionship
- Leisure activities
- Holidays

For further information about any of the services we deliver please visit our website www.completecareagency.co.uk

Or speak to our registered Manager or Clinical Nurse Managers on 0333 2000 441
**Complete Care Agency Ltd** was founded in 2007, and has been steadily growing ever since. With training and ongoing support provided by our qualified nursing team, our staff are able to provide services that are tailored to your individual needs and goals in the following areas:

**Domiciliary services which include**
- Personal care
- Medication administration
- Meal preparation
- Companionship
- Escort on trips/holidays
- Domestic tasks

**Complex Care services for adults, children and young people which include**
- Ventilator care
- Tracheostomy care
- Gastrostomy/nasogastric care
- Bowel management
- Cough assist
- Spinal injury
- Head injury

**Support services for those with Long Term Conditions**
- Multiple sclerosis
- Motor Neurone Disease
- Huntington’s Disease
- Alzheimer’s Disease
- Parkinson’s Disease
- Progressive supranuclear palsy
- Ehlers-Danlos syndrome
- Cancer
- Heart Disease

**Care and support can be**
- Domiciliary care – 1 call a day up to as many as you need.
- Live in Care
- 24 hour care
- Supported living

We also provide a 24 hour on call service to ensure the safety and well being of our service users and staff.

"At Complete Care Agency all of our case managers are clinically qualified professionals with extensive experience."
Companionship & Support
in your own home

- Preparation of Light Meals and Entertaining
- All aspects of Personal Care and Support
- Domestic Duties

Why you should consider Caremark

✔ We encourage the independence of our clients, and respect their dignity, confidentiality and freedom of choice at all times.

✔ Our care workers are well-trained, carefully vetted and thoroughly assessed, to ensure our high standards are always maintained.

✔ We offer you highly competitive, fair and affordable rates.

0113 264 4466

Caremark (Leeds) Bow House, 1 Servia Hill, Northwest Business Park, Leeds LS6 2UH
leeds@caremark.co.uk
www.caremark.co.uk/leeds

Live-in Care
from £675 per week

The alternative to Care Home admission.

Live-in Care enables anyone with care needs to continue living in their own home with a round-the-clock care worker.

Agincare
Caring in Your Community

08000 121 247  |  www.liveincare.info

Professionals with Personal Commitment

Established in 1991, Abacus Care has grown into the national brand it is today.

Abacus Care aims to provide professional personalised care services to everyone, including short home care and domestic calls to providing 24 hour live in care.

We provide care and support to children as well as older people and people with learning and physical disabilities. We also provide support to existing carers by offering both short and long term respite service.

leedsbradford@abacuscare.co.uk
www.abacuscare.com/leedsbradford
Call us on 01274 668145

' I am so grateful for the care I receive from Abacus and the attention to detail from their staff... They are trustworthy, reliable and committed.'
The life you choose

Your life should be guided by your choices. This is why, at Victoria Court, we are so proud to offer a range of options for later living, with professional and discreet care and assistance on hand if and when you may require it.

In the attractive Headingley area of Leeds, Victoria Court is a collection of beautifully finished, private apartments, served by a restaurant, a relaxing lounge and a large atrium – but that’s not all. An on-site emergency support team is available 24 hours a day, with a call system connected to all apartments. In addition, flexible care and support packages provide any assistance you might require with day-to-day tasks or personal care. An extensive social programme and attractive shared lounge ensure a thriving sense of community, with all residents free to withdraw to the privacy of their apartments whenever they wish. Your all inclusive plan at Victoria Court offers a hassle free lifestyle that’s covers the exterior maintenance, insurance and the energy and utilities.

Apartments are available for sale, rent or part-purchase, providing options for people in all circumstances. In addition, we are pleased to be able to offer extensive moving support services. These include a 100% part exchange, a managed sale service and a guaranteed sale price on a property to sell.

Find out how Victoria Court could enable you to continue living the life you choose, with friendly and professional support available. Call 01332 296200 or email sales@mha.org.uk today for more information or to book a visit.

Victoria Court

Assisted Living – an innovative alternative to a traditional care home

Beautiful 1 and 2 bedroom Apartments

Victoria Court, Kirstall Lane, Headingley, Leeds LS6 3FB

Available to purchase from £73,975*

Available to rent from £366 per week, all inclusive

Have the best of both worlds – the privacy of your own apartment, with care home levels of support

• Residents Lounge
• Café Bistro
• Hair salon / Therapy suite
• Atrium
• Landscaped gardens

For more information or to view call 01332 296200

* 50% Shared ownership • Methodist Homes (MHA), Registered as a Charity– No. 1083995

Visit www.carechoices.co.uk for further assistance with your search for care
Extra Care housing

Extra Care housing offers older people independent living in a home of their own with services on hand if they need them. It is usually well designed, accessible housing that enables people to self-care for longer and helps them retain their independence. Housing management and support, care and support and domestic services are readily available as a minimum level of service. The developments can usually be found situated close to shops, leisure and health services, and very importantly, public transport.

Features of Extra Care housing include:
- care and support can be available around the clock;
- the person is a tenant/lease owner with his/her own front door to a self-contained living space;
- the focus is on maintaining independence and quality of life; and
- opportunities for social interaction.

Extra Care housing is about quality of life – not just quality of care. It often benefits older people whose well-being and independence is impaired by their current accommodation, people who need emotional, practical or social support to maintain their wellbeing and people with care needs, including overnight and unplanned, who might otherwise have to move to a residential care setting. Unlike residential care it can enable couples who have high and/or differing care needs to stay together and offers the choice for owner occupiers to remain so.

The amount of help that you receive in an Extra Care scheme depends on your needs, which are identified when you have an assessment with Adult Social Care (for more about assessments see page 10).

Charges in Extra Care housing

Residents in extra care housing pay for the range of services provided through a number of charges. The main charges are rent and service charges and social care and support charges which are subject to a means test. Customers who are not eligible for financial help through Housing Benefit or Social Services via an assessment of need, may be entitled to Attendance Allowance that could be used to pay for these services.

How to apply for a place in Extra Care housing

Leeds City Council and also some of the Housing Associations provide Extra Care housing. To apply for a place you can approach Adult Social Care (see page 52) or apply direct to the Housing Association.

Extra Care housing schemes in Leeds

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<tr>
<th>Assisi Place</th>
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<tr>
<td>Belinda Street, Leeds LS10 2PR</td>
<td>Bedford Court, Horsforth, Leeds LS8 2PL</td>
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<tr>
<td>Bedford Court / Olive Lodge</td>
<td>Queenshill Court</td>
</tr>
<tr>
<td>Broadgate Lane, Horsforth, Leeds LS18 4SE</td>
<td>Queenshill Way, Leeds LS1 7SU</td>
</tr>
<tr>
<td>Gledhow Christian Care Home</td>
<td>Queenshill Lawn</td>
</tr>
<tr>
<td>145-147 Brackenwood Drive, Gledhow, Leeds LS8 1SF</td>
<td>Queenshill Approach, Leeds LS17 6TH</td>
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<tr>
<td>Hampton Crescent</td>
<td>Rossefield Manor</td>
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<tr>
<td>Upper Accommodation Road, Richmond Hill, Leeds LS9 8NH</td>
<td>Rossefield Lawn, Bramley, Leeds LS13 3TG</td>
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<tr>
<td>Headingley Hall Apartments</td>
<td>Thea &amp; Heinz Skyte House (LJHA)</td>
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<tr>
<td>5 Shire Oak Road, Headingley, Leeds LS6 2DD</td>
<td>Queenshill Close, Leeds LS17 6BF</td>
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<tr>
<td>Laureates, The</td>
<td>Woodview</td>
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<tr>
<td>Shakespear Road, Guiseley, Leeds LS20 9BJ</td>
<td>Eastwood Drive, Swancliffe, Leeds LS14 5HU</td>
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<tr>
<td></td>
<td>Yew Tree &amp; Rosewood Courts</td>
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<tr>
<td></td>
<td>2-4 Cranmer Close, Moor Allerton, Leeds LS17 5PT</td>
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</table>
Sheltered housing

Sheltered (or retirement) housing is suitable for people who like living independently but need the reassurance of knowing that help is at hand if there is an emergency. There are many different types of sheltered schemes, available both to rent and to buy. Schemes usually consist of between 15 and 40 dwellings. These may be bedsitting rooms, self-contained flats or bungalows.

Some schemes are simply housing designed to meet the needs of older people and linked to a community alarm. The majority of schemes have a scheme manager/warden and community alarm service. There are often communal facilities such as a lounge, laundry, guest flat and garden. Meals are not normally provided – but a few schemes include a restaurant and some can arrange hot meals.

There will be a warden on duty, however the duties of the scheme manager or warden can vary considerably between schemes.

Some sheltered housing schemes have a resident warden and a 24-hour on-call service; others have visiting or part-time staff. Most wardens are expected to manage the scheme, and help residents find additional support from local organisations should they need it. They will also summon help in an emergency.

The warden is not expected to provide personal care for residents, or to carry out tasks like shopping or cleaning.

**Sheltered housing: how to apply**

In Leeds, sheltered housing is provided by Leeds City Council, housing associations, charities and independent organisations.

There is a centralised application system that works for all of the council housing and also for some of the Housing Associations (Leeds Federated, Unity, Yorkshire Metropolitan and BITMO).

To apply through this system you need to fill in a Leeds Homes housing register form, and then you can make a ‘bid’ for a house.

You can ask for a medical housing assessment to see if you can get extra priority for re-housing and a recommendation on the type of accommodation that you require. Address listed below.

If you have access to the internet there is more information and a good system to see what is available on the Leeds Homes website. Or you can call in to speak to someone, or contact them by phone:

**Leeds Homes**
Tel: 0113 222 4413  Minicom: 0113 222 4410
Email: leeds.homes@leeds.gov.uk
Website: www.leedshomes.org.uk

Or call in to one of the local Housing Offices or One Stop Centres. (See page 52 for listing.)

**Medical Rehousing Team**
Ground Floor, Knowsthorpe Gate, Cross Green, Leeds LS9 0NP
Tel: 0113 395 2562

**Contact addresses (council owned properties):**

**Aire Valley Homes**
Tel: 0800 915 6660
www.leeds.gov.uk/airevalleyhomes

**East / North East Homes**
Tel: 0800 915 1600
www.leeds.gov.uk/eastnortheasthomes

**West / North West homes**
Tel: 0800 915 1113
www.leeds.gov.uk/westnorthwesthomes

Or you can call in to any of the local housing offices or one of the One Stop Centres across Leeds.

**B.I.T.M.O. Belle Isle Tenant Management Organisation**
Tel: 0113 214 1833
Tel: 0800 389 5503
www.leeds.gov.uk/bitmo
Call in their office at Aberfield Gate, Leeds LS10 3Q

**Hornbeam Court (Peverel Retirement)**
Oxford Avenue, Guiseley, Leeds LS20 9AB
### Housing Associations

<table>
<thead>
<tr>
<th>Association</th>
<th>Address</th>
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<th>Website</th>
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<tbody>
<tr>
<td><strong>Accent Foundation</strong></td>
<td>Jeremy Downs House, Senior Way, Bradford BD5 0QB</td>
<td>0845 678 0560</td>
<td><a href="http://www.accentgroup.org">www.accentgroup.org</a></td>
</tr>
<tr>
<td><strong>Affinity Sutton Trust</strong></td>
<td>17 Harefield West, Leeds LS15 0ES</td>
<td>0113 236 5120</td>
<td><a href="http://www.affinitysutton.org.uk">www.affinitysutton.org.uk</a></td>
</tr>
<tr>
<td><strong>Anchor</strong></td>
<td>Milestone Place, 100 Bolton Road, Bradford BD1 4DH</td>
<td>01274 386053</td>
<td>www-anchor.org.uk</td>
</tr>
<tr>
<td><strong>Chevin - Together Housing</strong></td>
<td>Royd House, Low Mills, Guiseley LS20 9LU</td>
<td>0113 202 1293</td>
<td><a href="http://www.chevinha.co.uk">www.chevinha.co.uk</a></td>
</tr>
<tr>
<td><strong>Connect</strong></td>
<td>205 Roundhay Road, Leeds LS8 4HS</td>
<td>07958 887538</td>
<td><a href="http://www.connecthousing.org.uk">www.connecthousing.org.uk</a></td>
</tr>
<tr>
<td><strong>English Churches - Riverside</strong></td>
<td>ECHG, 3 Linden House, Sardinia Street</td>
<td>0845 070 7071</td>
<td><a href="http://www.echg.org.uk">www.echg.org.uk</a></td>
</tr>
<tr>
<td><strong>Habinteg</strong></td>
<td>Ground Floor Beech House, Woodland Park</td>
<td>01274 853 160</td>
<td><a href="http://www.habinteg.org.uk">www.habinteg.org.uk</a></td>
</tr>
<tr>
<td><strong>Hanover</strong></td>
<td>Thomas Duggan House, Manor Lane, Shipley BD18 3RB</td>
<td>01274 599686</td>
<td><a href="http://www.hanover.org.uk">www.hanover.org.uk</a></td>
</tr>
<tr>
<td><strong>Headrow - Your Housing Group</strong></td>
<td>Ingots Buildings, Cemetery Road, Yeadon LS19 7UP</td>
<td>0113 250 4337</td>
<td><a href="http://www.headrow.org.uk">www.headrow.org.uk</a></td>
</tr>
<tr>
<td><strong>Home Housing Group</strong></td>
<td>Knight House, 2 Sandbeck Court, Wetherby LS22 7BA</td>
<td>01937 547815</td>
<td><a href="http://www.homegroup.org.uk">www.homegroup.org.uk</a></td>
</tr>
<tr>
<td><strong>Housing 21</strong></td>
<td>9 Avro Court, Ermine Business Park</td>
<td>0845 606 6363</td>
<td><a href="http://www.housing21.co.uk">www.housing21.co.uk</a></td>
</tr>
<tr>
<td><strong>Jephson</strong></td>
<td>Jephson House, Lowfields Business Park</td>
<td>01422 373855</td>
<td><a href="http://www.jephson.org.uk">www.jephson.org.uk</a></td>
</tr>
<tr>
<td><strong>Leeds &amp; Yorkshire Housing Association</strong></td>
<td>2 Shire Oak Road, Leeds LS6 2TN</td>
<td>0113 278 3335 ext: 230</td>
<td><a href="http://www.lyha.co.uk">www.lyha.co.uk</a></td>
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<tr>
<td><strong>Leeds Federated Housing Association</strong></td>
<td>Arthington House, 30 Westfield Road, Leeds LS3 1DE</td>
<td>0113 386 1171</td>
<td><a href="http://www.lfha.co.uk">www.lfha.co.uk</a></td>
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<tr>
<td><strong>Leeds Jewish Housing Association</strong></td>
<td>311 Stonegate Road, Leeds LS17 6AZ</td>
<td>0113 218 5830</td>
<td><a href="http://www.ljha.co.uk">www.ljha.co.uk</a></td>
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<tr>
<td><strong>Methodist Homes</strong></td>
<td>Moor Allerton Care Centre, 2 Cranmer Close, Leeds LS17 5PT</td>
<td>0113 288 8355</td>
<td><a href="http://www.mha.org.uk">www.mha.org.uk</a></td>
</tr>
<tr>
<td><strong>Northern Counties Housing Association</strong></td>
<td>6 Victoria Court, Bank Square, Morley LS27 9SE</td>
<td>0113 220 3000</td>
<td><a href="http://www.ncha.co.uk">www.ncha.co.uk</a></td>
</tr>
<tr>
<td><strong>Places for People</strong></td>
<td>Stanley House, The Boulevard, Clarence Dock Leeds LS10 1PZ</td>
<td>0113 285 8963</td>
<td><a href="http://www.placesforpeople.co.uk">www.placesforpeople.co.uk</a></td>
</tr>
<tr>
<td><strong>Railway Housing Association</strong></td>
<td>Bank Top House, Garbutt Square, Neasham Road, Darlington DL1 4DR</td>
<td>01325 482125</td>
<td><a href="http://www.railwayha.co.uk">www.railwayha.co.uk</a></td>
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<tr>
<td><strong>Sanctuary</strong></td>
<td>Unit 6, Killingbeck Drive, Leeds LS14 6UF</td>
<td>0113 236 5007</td>
<td><a href="http://www.sanctuary-housing.co.uk">www.sanctuary-housing.co.uk</a></td>
</tr>
<tr>
<td><strong>Unity Housing Association</strong></td>
<td>113 -117 Chapeltown Road, Leeds LS7 3HY</td>
<td>0113 200 7706</td>
<td><a href="http://www.unityha.co.uk">www.unityha.co.uk</a></td>
</tr>
<tr>
<td><strong>York Housing Association</strong></td>
<td>2 Alpha Court, Monks Cross Drive</td>
<td>01904 636061</td>
<td><a href="http://www.yorkha.org.uk">www.yorkha.org.uk</a></td>
</tr>
<tr>
<td><strong>Yorkshire Housing</strong></td>
<td>Regent House, 161 Lower Briggate, Leeds LS1 6LY</td>
<td>0113 243 4621</td>
<td><a href="http://www.yorkshirehousing.co.uk">www.yorkshirehousing.co.uk</a></td>
</tr>
</tbody>
</table>
Residential care homes and nursing homes

If you’re unable to live independently, even with extra support (see pages 6 and 8), you may need to consider residential care.

Take your time. Try not to make this decision in a hurry or at a time of crisis – for example, just after discharge from hospital, after an illness, or just after the death of a partner, close relative or carer. Take the time to consider other options and, if possible, talk things through with family members (and your care manager, if you have one).

Different types of care home

There are various types of care home. Some just provide personal care but no nursing care. Some cater specifically for people of particular cultures or religions. Care homes are run by voluntary groups, private individuals and organisations, trusts, or by Leeds City Council Adult Social Care.

A comprehensive list of all care homes and care homes with nursing in the Leeds area starts on page 32.

Care homes registered to provide personal care only

These homes are for people who can no longer manage to live independently. Personal care is provided, but health care will still be provided by your GP and district nurse – in the same way as if you were living in your own home.

Care homes registered to provide nursing care as well as personal care

These types of care homes provide 24-hour nursing care by qualified nurses and care assistants. There will always be nursing staff on duty. Some of these homes are run by voluntary organisations, trusts or charities, but most are run by individuals or companies.

Care homes providing specialist care – eg dementia

A number of care homes cater for people who need specialist care – for example, those with dementia. Specialist homes are run by voluntary groups, charities, trusts, private individuals, companies or by Leeds City Council.

Care homes run by the Council

Leeds City Council runs some care homes across the city and Adult Social Care is responsible for managing these. All Council care homes are registered to provide personal care and have to meet the same standards as private and voluntary homes.

Respite care (short breaks)

Respite care means giving a break to someone who is usually looked after in their own home by their carer. It may be a short stay (usually one or two weeks) in a care home or somewhere else, for example, using the Family Placement Scheme, now known as ‘Shared Lives’ (see page 9).

Most homes offer short stays (respite) as well as permanent care.

Paying for your own care (self-funding)

If you can fund your own place and you are not applying for help with care costs, you do not need to involve Adult Social Care. You can look for a place in any home that is able to provide the right level of care for you and meets your care needs. However, Adult Social Care can still offer advice if you’d like them to. Please contact Adult Social Care and say that you are thinking of self-funding but would like some advice. See page 52 for contact details.

Care charges are considerable and long term planning is essential, fortunately there are many organisations that can offer financial advice. One of these is an organisation called SOLLA: The Society of Later Life Advisers. Their website is www.societyoflaterlifeadvisers.co.uk and email address is admin@societyoflaterlifeadvisers.co.uk. Telephone: 0845 303 2909.

They are a not for profit organisation who specialise in this area. They may be able to offer more advantageous ways of funding residential and nursing care. You can also get advice from Age UK, visit www.ageuk.org.uk or telephone 0800 169 6565.
Paying for your own care (self-funding) continued

Care home contracts
If you are paying for your own care and have a contract with your care provider, it is recommended that you check the contract with solicitors who have experience in this field.

Any contract should explain:
- the cost of care;
- what services are included in the price and how often this is reviewed;
- what complaints procedure is in place;
- what your rights are and the obligations of the care provider under the contract;
- the procedure for cancelling a contract; and
- administering medication.

For further information and help, call this Directory’s helpline on 0800 389 2077. See page 30 for more information.

Financial support from Adult Social Care
If you want to apply for help towards the cost, you will need to be assessed by Adult Social Care. Your local Adult Social Care office will arrange this with you.

You will also be asked to fill in a financial assessment form and there will be an assessment meeting. If you have had an assessment and it is decided that you are not eligible to get help paying your care costs, Adult Social Care can still give you help and guidance during the process of setting up your care. See page 52 for contact details.

Need more advice or information?
For more information about where to start and getting an assessment please see page 10: ‘Having an assessment.’

Your right to choose
If you are paying for your care place yourself, you have a right to choose which home you would like to move into.

If Adult Social Care is paying towards the cost, you still have a right to choose your home, provided:

- the home is suitable for your needs;
- the cost of the home is not more than the local authority would usually expect to pay for someone with your needs;
- accommodation is available at the home, and
- the owners at the home are prepared to provide your accommodation under a contract with the Council.

If you would like to live in a care home that charges more than Adult Social Care would usually pay, you can still choose to live there but someone else (for example a relative or good friend) has to pay this extra or ‘top-up’ for you. This person is referred to as a ‘third party’ and they would need to enter into a legal agreement about the arrangement. Usually you would not be able to pay this ‘top-up’ yourself. Adult Social Care has a leaflet on third party top-ups, which gives information about this.

You may try to find a home in the area you live at the moment. You could also look for a home outside of Leeds. You may know people already in a home and wish to go there, although this could mean that you have to wait for a vacancy.

What happens after you’ve moved into a home?
If Adult Social Care has been involved, they will want to make sure that you are satisfied with the home and after about six weeks they will check to see that things are going well. Your care manager will talk to you and your family and there may be a meeting of all those involved. If you’re not happy with the home or any other arrangements regarding your care, you should say so and help will be offered to sort out any problems.
Care homes checklist

First impressions
- Were you met when you first arrived? (1 2 3)
- Do staff seem warm, friendly and polite? (1 2 3)
- Do the residents seem happy, active and sociable? (1 2 3)
- Does the home feel comfortable and welcoming? (1 2 3)
- Is the home fresh, clean and well-furnished? (1 2 3)

Fees
- How much are the fees? (1 2 3)
- Do the fees cover all the services available? (1 2 3)
- Under what circumstances will the fees alter – e.g. annually or according to increasing needs? (1 2 3)
- Is the notice to terminate reasonable? (1 2 3)

Transport
- Is the home easy to get to for relatives and friends? (1 2 3)
- Does the home provide its own transport? (1 2 3)

Accommodation
- Are bedrooms single or shared? Is there a choice? (1 2 3)
- Can you decorate and re-arrange your room to suit yourself? (1 2 3)
- Can you bring your own furniture and TV? (1 2 3)
- Is there a call system for emergencies? (1 2 3)
- Are there enough sockets in your room? (1 2 3)
- Can you control the heating in your room? (1 2 3)
- Can you lock your room and is there a secure place for valuables? (1 2 3)
- Is there a separate dining room? Bar? (1 2 3)
- Are there toilet facilities within easy reach of the communal facilities? (1 2 3)
- Are there both showers and baths? (1 2 3)
- Are bathrooms adapted to help people in and out of the bath? (1 2 3)

Accessibility
- Does the home have the right adaptations and equipment to meet your needs? (1 2 3)
- Are all areas accessible for wheelchair users? (1 2 3)
- Does the home have extra wheelchairs and walking aids? (1 2 3)
- Is there adequate provision for people with sight or hearing difficulties? (1 2 3)

Life within the home
- Are there any rules and restrictions (e.g. going out, time of return etc)? (1 2 3)
- Can you choose when to get up and retire every day? (1 2 3)
- How are residents involved in decisions about life in the home? (1 2 3)
- Is there a telephone where you can make and take calls in private and comfort? (1 2 3)
- Is alcohol served or permitted? (1 2 3)

Activities
- Can you continue to pursue your hobbies and interests? (1 2 3)
- Are there organised activities and entertainment? (1 2 3)
- Are outings and holidays arranged? How much do they cost? (1 2 3)
- Are escorts available if necessary? (1 2 3)
- Is a library service available? (1 2 3)
- Can you have your own flower bed or help in the garden? (1 2 3)
- Can you stay in your own room if you want to? (1 2 3)

Gardens
- Are the grounds/gardens attractive? (1 2 3)
- Are all areas safe and accessible? (1 2 3)
- Is there somewhere to sit? (1 2 3)
- Are they quiet? (1 2 3)

Contract terms
- Can you retain your own room if away? (1 2 3)
- Can you have a short-stay or trial period? (1 2 3)
- Will you be given a statement of terms on admission? (1 2 3)
- Are all procedures, such as complaints, clearly spelt-out? (1 2 3)

Visit www.carechoices.co.uk for further assistance with your search for care
Paying for residential care

Please note – the way care is funded is being reviewed by the government. This information is correct at the time of publication (October 2013) but may change. Please check www.gov.uk or speak to your care manager for up-to-date information and figures.

Your care manager is there to help you, discuss your circumstances and talk through the possible choices.

Who can get financial help from us to pay for care?
Everyone has the right to an assessment of their care needs. If you are assessed by a care manager as needing care you may be entitled to receive financial help. The amount you will be expected to contribute towards the home is related to how much you are financially assessed as being able to pay.

Your contribution to the fees will be calculated according to your income and capital. This includes your retirement pension and works pension if you have one. Capital includes money you may have in savings, shares and bonds etc, and the value of your assets, such as property. Your contribution will be reviewed annually to take account of any changes to your financial situation. You can request a review more often than this if there is a change in your financial circumstances.

If you have less than £23,250 in savings and investments you are likely to be entitled to financial help. The amount of financial help you get depends on your income and exactly how much capital you have, and the amount you pay will reduce as your capital reduces.

If you have more than £23,250 you will generally be expected to pay all the costs yourself. However, it is still a good idea to talk to a care manager, particularly if you only have slightly more than this amount. Care charges are considerable and if you think that your money might run out it is a good idea to talk about it at the beginning.

If your capital is less than £14,250, and the home you choose charges fees that are within your local authority’s funding rate, your contribution will be assessed only on your income.

These figures may change over the life of this Directory.

Do I have to tell Adult Social Care how much money I’ve got?
If the council agrees that you need residential care, or you ask for financial help they will need to ask you for some detailed information including some history of your financial position. Based on the information you give them they will be able to tell you how much you will have to pay towards your care.

If you decide you don’t want to tell the council this information, they can’t complete a financial assessment and you would have to pay the full cost of your care.

If the council or benefits agency decides that you have previously given capital or assets away in order to reduce your financial contribution, they have the power to treat you as still having that capital. They will take it into account when they assess how much you have to pay.

About your house

Will I have to sell my house?
The value of your property is usually included in your assessment and most people choose to sell their property to release the capital. In most circumstances the property will be taken into consideration as an asset. There are circumstances where the council does not take the value of your property into account; if, for example, it’s occupided by your partner or, a relative who is aged over 60 years or is incapacitated, who has lived in it for some time or, a child under 16 years whom you maintain or a separated partner who is a lone parent.

If you do not want to sell your property, you can ask for a Deferred Charge. This means that a charge will be put on your property so the debt against it can build up and be paid later. Your contribution would include the value of the
About your house continued

property, although your ongoing weekly payment would be based on income and ‘available capital’ (eg savings) only. If you have a property that is worth more than £23,250 and have savings etc of more than £23,250, you are expected to pay all the costs yourself until your savings reduce to £23,250. There are various funding options available to a person with property. Each case is looked at individually so please discuss this with your care manager.

After this discussion (or before if you prefer), you are strongly advised to take independent advice about the best option for you.

You can get advice from Age UK, visit www.ageuk.org or telephone 0800 169 6565.

There is also an organisation called SOLLA: The Society of Later Life Advisers. Their website is www.societyoflaterlifeadvisers.co.uk, and email address is admin@societyoflaterlifeadvisers.co.uk, telephone 0845 303 2909. They are a not-for-profit organisation who specialise in this area. They may be able to offer more advantageous ways of funding residential and nursing care.

You are advised to not give up your home until you are sure that you are happy and settled in your care home.

Will Adult Social Care pay my fees while I am selling the property?
When someone with a property enters care, the value of the property is disregarded for up to 12 weeks. The 12 weeks start from the date you became eligible for funding from the local authority. After that, if your property has not sold, Adult Social Care can lend you the money to pay for your care charged against the value of your property. You need to meet with the financial assessments team to see if this is possible in your circumstances. These loans though are agreed by the budget holder, not the finance assessment team.

You will still have to pay a weekly contribution to the home yourself based on your income and available capital as mentioned above. When you have sold your property you will have to make repayments to Adult Social Care for the loaned amount, and then if you are left with more than £23,250 capital after the loan is repaid, you will have to meet the full cost of your care home place yourself. If your capital reduces to £23,250 again, you will need to approach the local authority where you are living to help fund again (some people move into care homes outside of the Leeds area).

What if I have given or want to give my house away?
If you give your house away (for example to a relative), then the council has the power to treat you as if you still own it and the value may still be included in the assessment of your contribution. If it is worth more than £23,250 you would have to pay the full costs yourself. This would depend on when you gave it away, why and your circumstances at that time.

Council tax
If you move into a care home and your property is left empty then you shouldn’t have to pay council tax.

Other questions

How do I find out how much I will have to pay?
The amount you have to contribute towards your fees is worked out after your financial circumstances have been verified by the financial assessment team. You will usually be telephoned about this and a meeting (if needed) between you or your representative and the assessment team will be arranged to discuss this and tell you what your contribution will be. Ask your care manager about this.

How much of my pension would I be able to keep?
You can keep a ‘personal allowance’, which is for you to spend on whatever you like. It should not be used to pay for services agreed in the price; it’s for things like newspapers, sweets, hairdressing and so on. At April 2013 the personal allowance was £23.90 per week and is reviewed annually. People who get Savings Credit are entitled to an extra amount of up to £5.75 maximum per week.

Is there any financial help I can claim that is not means tested?
If you are self-funding, Attendance Allowance is a non-means tested, non-taxable allowance paid at the lower rate of £53.00 for those needing care by day and at a higher rate of £79.15 for those needing care by day and night. Also, whether your stay is temporary or permanent if you receive nursing care in a care home you may be entitled to an NHS Nursing Care Contribution towards
Other questions continued

registered nurse time costs. This is £109.79 per week and applies to England only. Wales, Northern Ireland and Scotland pay different amounts. These figures may change over the life of this Directory.

If health and social care professionals decide you qualify for Continuing NHS health care (see page 8 - ‘NHS Continuing Care’) then nursing care provided to you is free of charge, wherever it is delivered.

What if I don’t understand or don’t want to be bothered with financial matters?

You may wish to arrange for someone else to deal with your pensions and benefits. This person is called an ‘appointee’ and they act upon your instructions.

It’s also possible to appoint someone to have responsibility for dealing with your wider financial affairs, by giving them lasting power of attorney.

Charges in the different types of care homes

Private and voluntary homes

These homes charge according to the services and facilities they provide and their location, so the full cost of a place will vary from home to home. Leeds Adult Social Care has a list of homes with which it contracts to buy places. Care home listings in the Leeds area start on page 32.

Council homes

There are 22 council care homes in Leeds. Homes run by Adult Social Care have a maximum charge, which is based on the actual cost of living in the home. It is the most that anyone can be charged for a place. From April 2013 the charge is £536.20 per week. The rate you would pay is based on an assessment of your income and capital assets, less your personal allowance of at least £23.90 per week.

Standard charges

The council has agreed rates with a significant number of the private and voluntary care home owners in Leeds (Framework contracts). These charges are the maximum amount that the homes will normally charge Adult Social Care for a place. Adult Social Care will not pay more than the agreed rate (less the client contribution) for a Framework bed.

However, there may be instances where a provider may wish to charge for enhanced facilities at the home or additional non-care services (your care manager can advise you on this). Non-Framework homes do not have an agreed rate with Adult Social Care. These homes may sometimes charge a third party top-up. This needs to be paid by a person other than the resident although there are circumstances when a resident could be his/her own third party. There is a leaflet called ‘Guidance on third party top-ups for residents and nursing homes’ (CFP9.5) available from Adult Social Care. Your care manager should give you a copy of this.

Funding arrangements can be extremely complex and you are advised to check with your care manager what the position would be for you.

This Directory’s helpline

This Directory’s free helpline provides an independent information and help service encompassing care, accommodation, funding and rights. A personalised report can be generated for customers providing details of all care homes or housing with care schemes that meet their criteria with supplementary information about choosing and funding.

A call to the freephone number 0800 389 2077 will enable the service to build a profile of exactly what type of care you’re looking for, while taking into account your personal needs and interests.

This service has not been commissioned by Leeds City Council and there may be charges associated with some of the financial services.
Listing of residential care homes and nursing homes

The listing is divided up into three areas of Leeds, as below:

- East / North East page 32
- West / North West page 34
- South / East page 36

Visit www.carechoices.co.uk for further assistance with your search for care
### East / North East Leeds care homes

<table>
<thead>
<tr>
<th>Service</th>
<th>User Bands</th>
<th>Address</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>OP</td>
<td>LDA</td>
<td>15–17 Spencer Place, Chapeltown, Leeds LS7 4DQ</td>
<td>0113 249 0341</td>
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<tr>
<td>OP</td>
<td>LDA</td>
<td>76 Potternewton Lane, Chapel Allerton, Leeds LS7 3LW</td>
<td>0113 226 2700</td>
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<tr>
<td>OP</td>
<td>D</td>
<td>Chatsworth Road, Harehills, Leeds LS8 3QJ</td>
<td>0113 249 9170</td>
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<td>OP</td>
<td>D</td>
<td>576 Harrogate Road, Leeds LS17 8DP</td>
<td>0113 237 1133</td>
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<td>Stainbeck Lane, Chapel Allerton, Leeds LS7 2PS</td>
<td>0113 278 2220</td>
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<td>OP</td>
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<td>71 Hallfield Lane, Wetherby, Leeds LS22 6JS</td>
<td>01937 586723</td>
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<td>OP</td>
<td>LDA</td>
<td>Cranmer Bank, Moortown, Leeds LS17 5LD</td>
<td>0113 237 0024</td>
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<td>PD</td>
<td>LDA</td>
<td>Lynda Cohen House, 1 Cranmer Road, Leeds LS17 5PX</td>
<td>0113 237 1052</td>
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<tr>
<td>OP</td>
<td>LDA</td>
<td>10 Allerton Hill, Chapel Allerton, Leeds LS7 3QB</td>
<td>0113 268 1812</td>
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<tr>
<td>PD</td>
<td>LDA</td>
<td>155 High Street, Boston Spa, Leeds LS23 6BH</td>
<td>01937 849392</td>
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<td>OP</td>
<td>D</td>
<td>Brooklands Avenue, Seacroft, Leeds LS14 6NW</td>
<td>0113 273 8980</td>
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<td>OP</td>
<td>D</td>
<td>51–53 Gledhow Wood Road, Leeds LS8 4DG</td>
<td>0113 266 7806</td>
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<td>Seacroft Green, Leeds LS14 6JL</td>
<td>0113 378 2203</td>
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<td>89 Harehills Lane, Chapel Allerton, Leeds LS7 4HA</td>
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<td>25 Harrogate Road, Chapel Allerton, Leeds LS7 3PD</td>
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<td>58 Devonshire Avenue, Roundhay, Leeds LS8 1AY</td>
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<td>13 Allerton Park, Leeds LS7 4ND</td>
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<td>12 Montreal Avenue, Chapel Allerton, Leeds LS7 4LF</td>
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<td>Foundry Approach, Gipton, Leeds LS9 6BT</td>
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<td>213 Oakwood Lane, Oakwood, Leeds LS8 2PE</td>
<td>0113 240 2894</td>
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<td>PD</td>
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<td>48 Station Road, Scholes, Leeds LS15 4BT</td>
<td>0113 887 9765</td>
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<td>PD</td>
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<td>1 Wakefield Road, Swillington, Leeds LS26 8DT</td>
<td>0113 286 3050</td>
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<td>5 Park View Crescent, Roundhay, Leeds LS8 2ES</td>
<td>0113 266 5584</td>
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<td>Westwood Way, Boston Spa, Leeds LS23 6DX</td>
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<td>Potternewton, Leeds LS7 3JH</td>
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<td>Learning disability, autism</td>
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<td>AD</td>
<td>People who misuse alcohol and drugs</td>
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</table>

### East / North East Leeds care homes continued

#### ST KATHERINE’S RESIDENTIAL HOME
87–89 Shaftesbury Avenue, Roundhay, Leeds LS8 1DR  
Tel: 0113 269 7797

#### WHARFEDALE HOUSE
16 Wharfedale Lawns, Wetherby, Leeds LS22 6PU  
Tel: 01937 585667

#### TERRY YORATH HOUSE
18 Devonshire Close, Roundhay, Leeds LS8 1BF  
Tel: 0113 266 2445

### East / North East Leeds care homes with nursing

#### ABERFORD HALL
Oakwood Green, Roundhay, Leeds LS8 2QU  
Tel: 0113 232 3225

#### ASHFIELD NURSING AND RESIDENTIAL HOME
3 Ashfield, Wetherby, Leeds LS22 7TF  
Tel: 01937 583123  Advert page 44

#### BENEDICTS
Ashfield, Wetherby, Leeds LS22 7TF  
Tel: 01937 588895

#### BRANDON HOUSE NURSING HOME
Tongue Lane, Meanwood, Leeds LS6 4QD  
Tel: 0113 278 7103  Advert page 44

#### DONISTHORPE HALL
Shadwell Lane, Leeds LS17 6AW  
Tel: 0113 268 4248  Advert page 44

#### ELMWOOD NURSING HOME
3 Wetherby Road, Oakwood, Leeds LS8 2JU  
Tel: 0113 232 3501

#### GLEDHOW
145 & 147 Brackenwood Road, Gledhow, Leeds LS8 1SF  
Tel: 0113 288 8805

#### HAREWOOD COURT NURSING HOME
89 Harehills Lane, Chapel Allerton, Leeds LS7 4HA  
Tel: 0113 226 9380

#### HAREWOOD HOUSE
25 Harrogate Road, Chapel Allerton, Leeds LS7 3PD  
Tel: 0113 239 2173  Advert page 44

#### KINGSTON NURSING HOME
7 Park Crescent, Leeds LS8 1DH  
Tel: 0113 266 6520  Advert page 44

#### MOORFIELD HOUSE NURSING HOME
Fieldhouse Walk, off Stonegate Road, Leeds LS17 6HW  
Tel: 0113 266 9991  Advert page 44

#### OAKWOOD HALL
Oakwood Grange Lane, Oakwood, Leeds LS8 2PF  
Tel: 0113 235 9079

#### PARK AVENUE NURSING HOME
8 Park Avenue, Leeds LS8 2JH  
Tel: 0113 265 5890

#### PARK LODGE
10 Park Avenue, Roundhay, Leeds LS8 2JH  
Tel: 0113 265 9353

#### SABOURN COURT NURSING HOME
Oakwood Grove, Leeds LS8 2PA  
Tel: 0113 265 8398

#### SOUTHLANDS NURSING HOME
13 Wetherby Road, Roundhay, Leeds LS8 2JU  
Tel: 0113 265 5876  Advert page 41

#### SPRINGFIELD
1 Lowther Avenue, Garforth, Leeds LS25 1EP  
Tel: 0113 286 3415  Advert page 42

#### SYCAMORES NURSING HOME, THE
131–133 Harehills Lane, Leeds LS8 4HZ  
Tel: 0113 240 6446  Advert page 4

#### WETHERBY MANOR
St James Street, Wetherby LS22 6RS  
Tel: 01937 587596  Advert page 4

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
## West / North West Leeds care homes

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<tr>
<th>Service</th>
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<td><strong>ACACIA COURT</strong></td>
<td>Crawshaw Hill, Pudsey, Leeds LS28 7BW</td>
<td>0113 255 9933</td>
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<tr>
<td></td>
<td></td>
<td><strong>ADEL GRANGE RESIDENTIAL HOME</strong></td>
<td>Adel Grange Close, Adel, Leeds LS16 8HX</td>
<td>0113 261 1288</td>
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<tr>
<td>OP</td>
<td>D</td>
<td><strong>AIRE VIEW</strong></td>
<td>Broad Lane, Kirkstall, Leeds LS5 3ED</td>
<td>0113 388 5440</td>
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<tr>
<td>OP</td>
<td>D</td>
<td><strong>AIREDALE RESIDENTIAL CARE HOME</strong></td>
<td>Church Lane, Pudsey, Leeds LS28 7RF</td>
<td>0113 257 2138</td>
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<td>OP</td>
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<td><strong>ALEXANDRA COURT RESIDENTIAL HOME</strong></td>
<td>333 Spen Lane, West Park, Leeds LS16 5BB</td>
<td>0113 274 3661</td>
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<tr>
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<td><strong>AMBER LODGE</strong></td>
<td>21 Thornhill Road, Wortley, Leeds LS12 4LL</td>
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<td><strong>ASHCROFT HOUSE</strong></td>
<td>18 Leeds Road, Bramhope, Leeds LS16 9BQ</td>
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<td><strong>ASHLEY ROAD, 1</strong></td>
<td>Upper Wortley Road, Wortley LS12 4LF</td>
<td>0113 279 6027</td>
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<td><strong>BRADFORD ROAD, 138</strong></td>
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<td>0113 239 3342</td>
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<td>PD LDA SI</td>
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<td><strong>BROOKLANDS RESIDENTIAL HOME</strong></td>
<td>16 Harper Lane, Yeadon, Leeds LS19 7RR</td>
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<td><strong>BURLEY WILLOWS</strong></td>
<td>Willow Garth, Burley, Leeds LS4 2HL</td>
<td>0113 245 6579</td>
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<td><strong>CARDIGAN ROAD, 66</strong></td>
<td>Leeds LS6 3BJ</td>
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<td><strong>COOKRIDGE COURT AND GRANGE</strong></td>
<td>Iveson Rise, Lawnswood, Leeds LS16 6NB</td>
<td>0113 267 2377</td>
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<td><strong>CROFT HOUSE</strong></td>
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<td>0113 258 0131</td>
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<td><strong>FARFIELD DRIVE, 3A</strong></td>
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<td><strong>HARTISCA HOUSE</strong></td>
<td>Hartwell Road, Burley, Leeds LS6 1RY</td>
<td>0113 242 6919</td>
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<td><strong>HEADINGLEY HALL CARE HOME</strong></td>
<td>5 Shire Oak Road, Headingley, Leeds LS6 2DD</td>
<td>0113 275 9950</td>
<td>Advert pages 40 &amp; 41</td>
</tr>
<tr>
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<td><strong>HILLCREST RESIDENTIAL HOME</strong></td>
<td>12 Hilltop Road, Leeds LS12 3SG</td>
<td>0113 263 9002</td>
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<td><strong>HOPTON COURT</strong></td>
<td>Hopton Mews, Armley, Leeds LS12 3UA</td>
<td>0113 263 2488</td>
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<td><strong>KIRKSTALL COURT</strong></td>
<td>119–129 Vesper Road, Kirkstall, Leeds LS5 3LJ</td>
<td>0113 259 1111</td>
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<td><strong>LEEDS AND BRADFORD ROAD, 509</strong></td>
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<td><strong>MANOR HOUSE RESIDENTIAL HOME</strong></td>
<td>Hall Lane, Old Farnley, Leeds LS12 5HA</td>
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<td><strong>MANORFIELD HOUSE</strong></td>
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<td>0113 258 3561</td>
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<td><strong>MINERAL COTTAGE RESIDENTIAL HOME LTD</strong></td>
<td>520 Whitehall Road, New Farnley, Leeds LS12 5HZ</td>
<td>0113 229 3561</td>
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<td><strong>MUSGRAVE COURT</strong></td>
<td>Crawshaw Road, Pudsey, Leeds LS28 7UB</td>
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This Directory's helpline 0800 389 2077 – information on choosing and paying for care
### West / North West Leeds care homes continued

<table>
<thead>
<tr>
<th>Home Name</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>OLIVE LODGE</td>
<td>Bedford Court, Broadgate Lane, Horsforth, Leeds LS18 4EJ</td>
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<td>PRIMROSE COURT</td>
<td>Orchard Way, Off Oxford Road, Guiseley, Leeds LS20 9EP</td>
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<td>RED COURT CARE HOME</td>
<td>Chapeltown, Pudsey, Leeds LS28 8ND</td>
<td>0113 255 7313</td>
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<td>RICHMOND HOUSE</td>
<td>Richmond Road, Farsley, Leeds LS28 5ST</td>
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<td>RIEVAULX HOUSE CARE CENTRE</td>
<td>Thornhill Road, Wortley, Leeds LS12 4LL</td>
<td>0113 220 5000</td>
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<td>SIGNHEALTH</td>
<td>2 Constance Way, Leicester Place, Leeds LS7 1HX</td>
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<td>SIMON MARKS COURT</td>
<td>Lynwood Garth, Lynwood View, Leeds LS12 4BE</td>
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### West / North West Leeds care homes with nursing

<table>
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<th>Home Name</th>
<th>Address</th>
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<tr>
<td>BURLEY HOUSE NURSING HOME</td>
<td>258 Burley Road, Leeds LS4 2LA</td>
<td>0113 230 5485</td>
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<tr>
<td>CASTLETON CARE HOME</td>
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<td>CHAMPION HOUSE</td>
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<td>01274 612459</td>
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<td>CHARLTON COURT NURSING HOME</td>
<td>477–479 Bradford Road, Pudsey, Leeds LS28 8ED</td>
<td>01274 661242</td>
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<td>CLAREMONT CARE HOME</td>
<td>New Street, Farsley, Leeds LS28 5BF</td>
<td>0113 236 0200</td>
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<td>CORINTHIAN HOUSE</td>
<td>Green Hill Lane, Upper Wortley, Leeds LS12 4EZ</td>
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<td>GHYLL ROYD NURSING HOME</td>
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<td>01943 870720</td>
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</table>

**Service**  | **User Bands**
---|---
OP | Older people (65+)
D | Dementia
PD | Physical disability
LDA | Learning disability, autism
MH | Mental health
SI | Sensory impairment
YA | Younger adults
AD | People who misuse alcohol and drugs

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
West / North West Leeds care homes with nursing continued

GROVE COURT NURSING HOME
15 Cardigan Road, Headingley, Leeds LS6 3AE
Tel: 0113 230 4966  Advert inside front cover  OP YA

HALCYON COURT NURSING HOME
55 Cliffe Road, Leeds LS6 2EZ
Tel: 0845 140 2020  OP D

MIDDLECROSS
Simpson Grove, Armley, Leeds LS12 1QG
Tel: 0113 279 8484  OP D

MOUNT ST JOSEPH
Shire Oak Road, Headingley, Leeds LS6 2DE
Tel: 0113 278 4101  OP YA

OWLETT HALL
Bradford Road, Drighlington BD11 1ED
Tel: 0113 285 9710  OP PD

RADCLIFFE GARDENS NURSING HOME
11 Radcliffe Gardens, Pudsey, Leeds LS28 8BG
Tel: 0113 256 4484  OP D

ROCKHAVEN
57 Bachelor Lane, Leeds LS18 5NF
Tel: 0113 258 4984  LDA

ST ANNE’S COMMUNITY SERVICES – ALCOHOL SERVICES
186 Woodhouse Lane, Leeds LS2 9DX
Tel: 0113 243 4486  OP PD LDA MH AD

ST LUKE’S CARE HOME
Upper Carr Lane, Calverley, Leeds LS28 5PL
Tel: 0113 256 3547  OP

SUNNINGDALE NURSING HOME
Town Street, Rawdon, Leeds LS19 6PU
Tel: 0113 250 5003  Advert page 46  OP

South / East Leeds care homes

ALEXANDER RESIDENTIAL HOME
Victoria Road, Morley, Leeds LS27 9JG
Tel: 0113 253 2046  OP D

AMBERTON COURT
Thorn Mount, Gipton, Leeds LS8 3LR
Tel: 0113 240 6475  OP LDA

ARDSELY HOUSE & COTTAGE
55a Royston Hill, East Ardsley, Wakefield WF3 2HG
Tel: 01924 835220  LDA YA

BYWATER HALL
1 Leeds Road, Allerton Bywater WF10 2DY
Tel: 0845 602 7469  Advert page 43  OP

BYWATER LODGE
1 Leeds Road, Allerton Bywater WF10 2DY
Tel: 0845 602 7469  Advert page 43  OP D

CARLTON HOUSE
24 Wakefield Road, Rothwell Haigh, Leeds LS26 0SF
Tel: 0113 282 7110  LDA YA

CEDARS CARE HOME
Church Side, Methley, Leeds LS26 9BH
Tel: 01977 512993  OP D MH

COACH HOUSE CARE HOME, THE
58 Lidgett Lane, Garforth, Leeds LS25 1LL
Tel: 0113 232 0884  Advert page 46  OP

CROSS HEATH GROVE, 2
Beeston, Leeds LS11 8UQ
Tel: 07891 279036  LDA

DAISY VALE HOUSE
Daisy Vale Terrace, Thorpe, Wakefield WF3 3DS
Tel: 01924 822209  LDA YA

DANIEL YORATH HOUSE
1 Shaw Close, Garforth, Leeds LS25 2HA
Tel: 0113 287 3871  PD YA

DOLPHIN LANE, 1
Thorpe, Wakefield WF3 3DN
Tel: 01924 872080  LDA YA

DOLPHIN MANOR
Stonebrigg Lane, Rothwell, Leeds LS26 0UD
Tel: 0113 282 4942  OP

ELLAND ROAD, 67
Morley, Leeds LS27 7QS
Tel: 0113 252 6561  PD SI

Service  OP Older people (65+),  D Dementia,  PD Physical disability,  LDA Learning disability, autism
User Bands  MH Mental health,  SI Sensory impairment,  YA Younger adults,  AD People who misuse alcohol and drugs
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<td>Younger adults</td>
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</tbody>
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Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
ACRE GREEN NURSING HOME
Acre Close, Middleton, Leeds LS10 4HT
Tel: 0113 271 2307

ASHLANDS
41 Main Street, Methley, Leeds LS26 9JE
Tel: 01977 515823 Advert page 47

ATKINSON COURT CARE HOME
Ings Road, Cross Green, Leeds LS9 9EJ
Tel: 0113 391 8800

COLTON LODGES NURSING HOME
2 Northwood Gardens, Colton, Leeds LS15 9HH
Tel: 0113 350 2857

COPPER HILL RESIDENTIAL & NURSING HOME
Church Street, Hunslet, Leeds LS10 2AY
Tel: 0113 350 7569

GREEN ACRES NURSING HOME
Rigton Drive, Burmantofts, Leeds LS9 7PY
Tel: 0113 248 3334

MOORLEIGH NURSING HOME
278 Gibson Lane, Kippax, Leeds LS25 7JN
Tel: 0113 286 3247

MULGRAVE HOUSE NURSING HOME
9–11 Springfield Street, Rothwell, Leeds LS26 0BP
Tel: 0113 282 1937 Advert inside front cover

PENNINGTON COURT NURSING HOME
Hunslet Hall Road, Beeston, Leeds LS11 6TT
Tel: 0113 228 4040 Advert page 41

RAEVENSDALE
Naburn Walk, Whinmoor, Leeds LS14 2DA
Tel: 0113 273 9620

SUNNYSIDE NURSING HOME
41 Marshall Terrace, Crossgates, Leeds LS15 8EA
Tel: 0113 260 2867 Advert inside front cover

SUNNYVIEW HOUSE
Manorfield, Beeston Road, Leeds LS11 8QB
Tel: 0113 277 7160 Advert inside back cover

WILLOW BANK NURSING HOME
5–7 Barwick Road, Leeds LS15 8SE
Tel: 0113 223 4603 Advert page 46

**Shaping the future of care homes...**

**Aire View**
Residential & Dementia Care Home | Kirkstall

Aire View Care Home in Kirkstall provides residential and dementia care to the local area. Call our manager for any advice that you may need, or drop in and see for yourself why we are so proud of our luxury care home, Aire View.

Aire View features: Luxury accommodation set within a thriving community of care • All 84 rooms are equipped with en suite shower facilities and flat screen TV/DVD players • Numerous quiet lounges and dining rooms on both floors, all airy and light • Fresh local food at mealtimes prepared daily by our own chef • Hair salon and daily activities led by dedicated leisure co-ordinator • Ground floor opens onto secure garden with raised beds, pathways and seating area/patio

For further details or to arrange a visit please call today 0113 388 5440

www.aireviewcarehome.co.uk | email: aireview@averyhealthcare.co.uk

Service
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism

User Bands
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol and drugs
Why pay **higher fees** when you can get CQC ‘Excellent quality’ rated care from **£412** per week?

- Established 30 years.
- “EXCELLENT” inspection reports by Care Quality Commission.
- Care Manager with 30 years experience who lives on site 24 hours a day.
- Purpose built home with beautiful large 2 acre garden, set in beautiful English countryside.
- Service includes nursing care, residential care, dementia care, bariatric care, care for residents with physical disabilities. We offer end of life palliative care including for residents with cancer. We have facilities for family members to stay overnight if requested.
- Majority of staff have worked here for 11 years+. All staff are NVQ trained. Senior staff are NVQ level 5.
- 9 luxury lounges, 11 self-contained apartments, 72 luxury bedrooms, spa bath and state-of-the-art facilities.
- 5 star hygiene rating by WMDC.

For more information & testimonials, please visit our website: [www.thevicaragecourt.com](http://www.thevicaragecourt.com)

Contact Care Manager Ann Wood on 01977 708368 or email: js@calsacare.co.uk

VICARAGE GARDENS, NORTH FEATHERSTONE, PONTEFRACT, WEST YORKSHIRE WF7 6NH

---

**The Hollies**

27 Church Lane, Garforth, Leeds. LS25 1NW

Telephone: 0113 287 1808 • Fax: 0113 287 5591 • Email: info@garforth-residential.co.uk

- First-class laundry service
- Residents can keep their own doctor
- Personal medication prepared by a local pharmacist
- A dentist, chiropodist, hairdresser and an optician regularly visit the home

**Our Philosophy** is that we are here to provide a homely, caring and relaxed atmosphere. We will do our utmost to maintain the dignity, the privacy and allow residents to live as they would in their own home.

---

**St Armands Court**

25 Church Lane, Garforth, Leeds. LS25 1NW

Telephone: 0113 287 4505 • Fax: 0113 287 5591

Email: info@garforth-residential.co.uk

“*The management place great importance on training for staff as they see the quality of care as being a key feature in the success of the home.*”

Please come and visit us and talk to staff and residents before making any decisions on your future and that of your loved ones - [www.garforth-residential.co.uk](http://www.garforth-residential.co.uk)
Yorkshire’s finest: Care home and apartments for older people.

Few care homes offer older people greater freedom, flexibility or choice than Headingley Hall.

Choose from en-suite care rooms with character, spacious suites or luxurious independent apartments, and a wide selection of professional care options to suit your everyday needs, timetable and lifestyle. Why not make Yorkshire’s finest care home your own?

A new standard in care home accommodation.
- Refined en-suite care rooms
- Comfortable care suites with kitchenette/integrated fridge
- Luxurious independent living apartments
- Relaxed, air-conditioned & spacious communal areas
- Convenient in-house hairdressing salon, fully-licensed bar, film room and beauty pamper room
- Idyllic and tranquil setting

Services offered at Headingley Hall:
- Residential care
- Respite/Short term care
- Apartments with support and care

For the widest possible choice of care options, simply call us on 0113 275 9950 or visit www.westwardcare.co.uk

Headingley Hall, 5 Shire Oak Road, Headingley, Leeds LS6 2DD
A flexible range of quality care options for older people.

As a leading local care organisation we appreciate that making the decision to live in a care home is seldom an easy one and we never forget that our clients are individuals with unique needs, wishes and outlooks.

As a result our highly-skilled team of dedicated professionals take pride in delivering the highest-quality care that respects our residents’ wishes.

Our Values:

Quality. We aim high when it comes to our care and our facilities, settle for nothing short of excellence, and set the standards others follow.

Respect. We aim to give each resident the freedom and support to take control of their lives. And respect their rights to privacy and dignity at all times.

Integrity. We keep the promises we make to our residents and take pride in being open and honest.

Service. We aim to exceed the expectations of our clients and their families, and go the extra mile to make them feel safe, secure and supported.

Each of our homes offer a flexible range of personal services including:

**Headingley Hall**
- Residential Care
- Independent Living Apartments
- Respite Care
- At Home – Home Care Service

**Pennington Court**
- Nursing Care
- Residential Care
- Intermediate Care
- Respite Care
- Continuing Care
- End of life Care
- ‘Extra Care Plus’ Apartments

**Southlands**
- Nursing Care
- Residential Care
- Continuing Care
- End of life Care
- Respite Care

Our facilities are proud to be associated with the following organisations.
Providing a NEW INNOVATIVE APPROACH to care

Springfield has been providing quality care for the elderly for over 46 years. The Care Home has 69 en-suite rooms and incorporates a new specialist purpose-built, 33-bed Dementia Unit that opened in 2010. There are also 6 independent living apartments (available with care packages).

The Care Home offers a unique environment, with wide walkways and feature walls providing a stimulating and colourful place to live. Furniture has been designed especially with the dementia resident in mind. The Manager, Leonnie Martin, recently won the Frontline Leaders Award at the Great British Care Awards National Final 2013.

- Located in Garforth, East Leeds, close to the M1 link
- Specialising in residential, dementia and nursing dementia care
- Extensive and stimulating activities programme

For a brochure or to arrange a personal viewing of the care home please call 0113 286 3415
Orchard Care Homes in the Leeds area

Quality care from a dedicated team of experts

Our team are experts in providing quality care, tailored to the individual. We care about every detail of our residents’ lives, their health, diet, exercise and mental stimulation. Each of our homes are purpose-built, beautifully decorated and superbly equipped with en-suite facilities.

“Nothing was too much trouble for any of the Orchard staff, and I can honestly say that I never heard them say ‘no’ to any requests in their care of my father.”

Bywater Hall & Lodge Residential and Dementia Care Home
1 Leeds Road, Allerton Bywater WF10 2DY

Lofthouse Grange & Lodge Residential and Dementia Care Home
340 Leeds Road, Lofthouse WF3 3QQ

Nesfield Lodge Care Home
45 Nesfield Road, Belle Isle, Leeds LS10 3LG

The Sycamores Residential Care Home
Norton Road, Wakefield WF1 3PB

Linson Court Nursing Home
Dark Lane, Batley WF17 5RU

For more information call 0845 602 7469 or visit www.orchardcarehomes.com

£100 off respite and permanent stays with this advert
Terms and conditions apply
Hillcrest Residential Care Home
A small, family run care home for the elderly and those requiring dementia care, where from the moment you step inside you feel at home. Hillcrest offers a safe, comfortable and friendly environment with 24 hour care from our dedicated, highly qualified staff who really do care! The home maintains its Victorian charm whilst integrating modern facilities and a passenger lift which allows easy access to all floors.

For more information or to place an enquiry please contact -
Tel: 0113 263 9002
12 Hilltop Road,
Armley, Leeds LS12 3SG

Our comfortable home is staffed by committed, well trained, well motivated care staff providing quality 24 hour care in a warm, friendly environment.

A varied menu of wholesome home cooked food catering for individual dietary requirements.

We offer a range of regular activities and outings for our residents and there are two lounges and a beautiful new conservatory to relax in.

Why not give us a call to arrange a visit and see for yourself if Ashcroft House is the place for you.

Ashcroft House
18 Leeds Road, Bramhope,
Leeds LS16 9BQ
0113 2842822
www.ashcroft-house.co.uk

Life is for living!
The Jewish ethos of ‘home’ is what makes Donisthorpe Hall unique. We are a true community where friendship amongst our residents is recognised as being as important to their wellbeing as the care they receive.

- Superb accommodation with 182 beds
- Residential, Nursing, EMI Residential and EMI Nursing
- Enhanced quality awarded by Leeds City Council

Donisthorpe Hall Leeds - Where kindness and care come first
Contact: Candace Grant on 0113 268 4248 www.donisthorpehall.co.uk

Family Run Care Home. We CARE About Care.

Ashfield Nursing Home
3 Ashfield, Wetherby

- Individual 24 hour Nursing
- Dedicated trained staff
- Respite and end of life care
- Singledouble rooms
- Traditional home cooking
- Passenger lift
- Onsite laundry

For further information or to make an enquiry please contact Karen Dean (Manager) on 01937 583123 or Ian Crampton on 01937 584724/583123
Email: info@ashfieldnursing.co.uk Website: www.ashfieldnursing.com

Kingston Nursing Home
Kingston Nursing Home is a family run nursing home set in beautiful gardens situated to the rear of Roundhay’s famous Canal Gardens and Park. The home is registered to care for 47 residents requiring nursing, residential, dementia, respite, day or convalescence care which is provided around the clock by our excellent, dedicated and experienced team of nurses and care assistants.

Visitors are welcome anytime
Please contact the Manager Mrs Kim Mahachi or Deputy Manager Mr Damien Holt
7 Park Crescent, Roundhay, Leeds, LS8 1DH Tel: 0113 266 6520
Fax: 0113 268 5286 Email: kingstonnursinghome@gmail.com
www.kingstonnursinghome.net

- Traditional home cooking with a varied menu. Special diets also catered for.
- Choice of lounges to suit individual requirements and needs.
- Large and spacious communal lounges for daily activities and weekly entertainment.
- Excellent in-house Activities Co-ordinator, regular trips arranged.
- Visiting GP, Dentists, Optician, Chiropodist, Hairdresser and Therapist.

Kirkstall Court
CARE HOME

- Specialist rehabilitation unit for alcohol related brain injury (Korsakoffs Syndrome)
- Quality person centred care
- All bedrooms single and en-suite
- Large communal lounges and dining areas
- Pleasant courtyard gardens
- Rehabilitation programmes tailored to each individual’s unique needs

119-129 Vesper Road, Leeds LS5 3LJ
Tel: 0113 259 1111

This Directory’s helpline 0800 389 2077 – information on choosing and paying for care
Victoria House is one of the most reputable providers of Residential, Dementia, Transitional and Respite Care for the elderly in the South West of Leeds.

We have a dedicated, experienced and very caring team. The majority of staff have been with us since we opened. All our staff are selected not just for their professional skills but because they have a genuine interest in the welfare of others and are able to relate to older people.

**Victoria House specialises in:**
- Residential Care
- Dementia Care
- Transitional Care
- Respite Care

All our bedrooms are decorated to a high standard. The bedrooms are all fully furnished with en-suite and are equipped with call systems and TV aerial.

There are regular outings ranging from Fish & Chips at the Mermaid Restaurant to afternoon tea at Roundhay Park.

**Victoria Care Leeds**  
**Low Grange Crescent, Belle Isle, Leeds, West Yorkshire, LS10 3EB**

**T:** 0113 2712 491  
**T:** 0113 2708 529  
**F:** 0113 2765 090

www.victoriacareleeds.co.uk
SUNNINGDALE Nursing Home
A caring view to quality care for the elderly

- 30 beds for Nursing & Dementia
- Small, homely nursing home
- Choice of lounges all with excellent views
- Special diets catered for
- Activities & Entertainment
- Private & Social Services funded residents welcome
- Privately owned

ADDRESS: TOWN STREET, RAWDON, LEEDS LS19 6PU
TEL: 0113 250 5003
EMAIL: sunningdaleoffice@yahoo.co.uk
WEB: www.sunningdale-nursing-home.co.uk

“ To be the best quality, most highly regarded care provider in the United Kingdom ”

Specially designed accommodation offering care, privacy, independence and security. Our homes offer peace of mind and a perfect setting for anybody looking into or requiring quality care.

Our staff are our greatest asset, we have a dedicated, qualified team, whose commitment is to ensure that the residents’ wellbeing and comfort is top priority.

Corinthian House Nursing & Dementia Unit
Green Hill Lane, Upper Wortley, Leeds, LS12 4EZ Tel: 0113 223 4602
- Dementia • Nursing • Residential • Palliative • Disability • Respite
- Short Breaks • Day Care

Willow Bank Nursing Home
5-7 Barnwick Road, Leeds, LS15 8SE Tel: 0113 223 4603
- Nursing • Palliative • Respite • Short Breaks • Day Care

Why not come along for a visit or contact us to find out more about the quality care we provide. www.mmcgcarehomes.co.uk

We believe that moving into a care home should be a change of life, not life changing
Part of the Maria Mallaband Care Group, a privately owned quality care operator since 1996.

Looking for care or support?

For independent, impartial information on your care options, call this Directory’s helpline on freephone 0800 389 2077

We provide you with information on care, accommodation, funding and rights. A personalised report can be generated providing details of all options that meet your criteria.

0800 389 2077
Located in the quaint village of Methley, Ashlands Nursing Home provides expertly delivered professional care for residents suffering with dementia.

Ashlands Nursing Home implements some of the leading technological advances in the monitoring and treatment of residents with dementia. The use of non-intrusive client monitoring systems allow for nursing staff to react quickly and effectively to the needs and requirements of service users.

Suffering from dementia, confusional disorder or a mental illness can be difficult enough without the added disturbance of relocating. Ashlands Nursing Home prides itself on our warm and approachable manner right from the outset.

With staff at Ashlands Nursing Home viewing the residents more as friends and companions than clients, the vast experience, knowledge and professionalism of the long standing caring team is always being delivered in an incomparably personal and caring manner.

• Specialist dementia care for adults with associated behavioural problems
• Professional, specially trained staff
• Assistive technology to allow a non-intrusive, safe monitoring of patients needs
• Specialist dementia designed features
• Multi sensory room
• Personalised activities programme
• Qualified nurses ensure that on-going assessments and all future care needs can be met

Please call Julie and her team to arrange a visit on 01977 515823. Short-term or respite can be organised on a regular basis with a view to a permanent placement.
Parkside Residential Home
A small comfortable rest-home overlooking Roundhay Park.
A friendly atmosphere which caters for individual needs.

PROVIDERS OF OLD AGE AND DEMENTIA CARE

• Single rooms with en-suite facilities
• Independent double rooms, ideal for married couples
• Traditional home cooking
• Personal laundry
• Visiting hairdressers and chiropodist
• Beautiful private gardens

• Long and short stay
• Call system in all rooms
• TV lounge and garden room
• Lifts
• Free Day Care subject to availability
• Free weekend stay (T&C’s apply)

5 Park View Crescent, Roundhay, Leeds LS8 2ES
E-mail: navparkside@aol.com Web: www.parksideresidential.co.uk

Telephone: 0113 266 5584

“We walked in and I could tell right away that Dad would be happy here”

Time after time people choose a Meridian care home. Their choice is based on the quality of our care, the high standard of accommodation and most importantly, for the quality of life of their loved one.

Our families tell us that they love the staff, the warm friendly atmosphere, and that our care homes are like a ‘home from home’.

Acacia Court, Pudsey
0113 255 9933
Amber Lodge, Wortley/Armley
0113 263 3231
Rievaulx House, Wortley/Armley
0113 220 5000

Residential and Dementia Care

www.meridiancare.co.uk/leeds
Claremont Care Home with Nursing, Farsley, Leeds

Claremont Gardens, New Street, Farsley, Leeds LS28 5BF. T: 0113 236 0200. F: 0113 236 0742

Claremont Care Home offers 24 hour personalised nursing care in a friendly and comfortable atmosphere. This is a beautifully converted former mill-owner’s house, purpose built to give excellent accommodation and set in the heart of the Farsley Conservation Area, with extended links to all aspects of the community. Open grounds are on all sides with beautiful views over Farsley Park.
- Fully trained, committed nurses and care and support staff.
- Visiting health and care professionals, including local GPs, dentists, opticians, hairdressers, motivational therapists and chiropodists.
- No visiting restrictions. Relatives and friends are welcomed.
- Excellent in-house activities and entertainments are provided daily, with regular day trips out.
- Choice of single or double rooms with en-suite facilities.
- Delicious, wholesome food served fresh every day with menu choices. Special diets are catered for.
- Ideally situated for Leeds and Bradford, with good transport links. Plenty of parking.
- Close to local shops, amenities and Farsley Park.
- TV/Internet in all rooms.
- Sky TV/Internet chargeable 3rd party package.
- “Home is where the heart is” at Claremont Care Home.

Holly Park Care Home with Nursing
Clayton Lane
Clayton
Bradford
BD14 6BB
T: 01274 683490 / 884918

Hazel Bank Care Home with Nursing
Daisy Hill Lane
Heaton
Bradford
BD9 6BN
T: 01274 547331

Allerton Park Care Centre
Oaks Lane
Allerton
Bradford
BD15 7RT
T: 01274 494321 / 428225

Norman Hudson Care Home with Nursing
Meltham Road, Lockwood, Huddersfield
HD1 3XH
T: 01484 451659

St. Andrews Care Home
Stirches Lane
Hawick
Scotland
TD9 7NS
T: 01450 372360

All our homes offer the quality of care you’d expect for your loved ones. We employ dedicated, well trained staff to provide 24 hour care in a professional respectful way. Nutrition and mental/physical stimulation is a key element of care, so menu choices are carefully planned to make meal times special and each home has an activities organiser to support our residents live active and fulfilled lives. Residents often enjoy local excursions in our minibus. Each resident has a personal care plan which is the base for developing a new lifestyle and allowing families to remain involved in the life of the resident wherever possible.

Please contact our homes directly to request a brochure, arrange a visit or just some advice. You are welcome to visit at anytime and you can find more information on our website: www.parkhomesuk.co.uk or email us at: info@parkhomesuk.co.uk

At Park Homes we are passionate about care
Ghyll Royd House is a purpose-built home which has been designed to the highest specifications, great care has been taken to provide a homely, warm and welcoming atmosphere.

- 61 general nursing beds
- 15-bedded EMI unit
- Tastefully furnished rooms
- Personal items welcome
- Nurse call system, TV aerial point and pay phone socket in each room
- Choice of lounge to suit your personal requirements
- Varied menu with special diets catered for
- Activities co-ordinator
- Physiotherapist

Ghyll Royd House Nursing Home
New Ghyll Royd, Guiseley LS20 9LT
Tel: 01943 870720 Fax: 01943 871212

Cookridge Court Care Home, Iveson Rise, Cookridge, Leeds, West Yorkshire LS16 6NB

Set in the heart of a quiet and peaceful neighbourhood, Cookridge Court can offer friendly and award-winning care and support in a homely, family-focused environment. Providing the best in residential and respite care, our team are experienced in supporting elderly people to the very highest standards offering a safe, comfortable yet stimulating atmosphere. To find out more about our person centred care, please contact us on...

0113 2672377
www.averyhealthcare.co.uk

HOLDEN GRANGE CARE GROUP
Retirement Apartments • Day Care • Residential Care • Full Nursing Care

companionship    happiness    peace of mind    choices

“every life has a story”
01274 458007
www.holdengrange.co.uk & www.baldonretirement.co.uk

HEAD OFFICE: HOLDEN LANE, BAILDON, SHIPLEY, WEST YORKSHIRE, BD17 6RZ.
email: enquiries@holdengrange.co.uk

Avery

Award-winning luxury care in Leeds
We provide peace of mind, advising on:

- **Lasting Powers of Attorney and Deputyship**
  If you find you need care at home or in a care home we can ensure your paperwork is in order so that you have peace of mind. Lasting Powers of Attorney let you choose a person you trust to handle your finances or your care and medical decisions. If your relative is unwell, we can handle the Court of Protection process to appoint the right person to make decisions for them.

- **Protecting your assets and home**
  It is vital you retain your home and savings as long as you can so we explain all the options to cover your lifetime and afterwards. Our property lawyers are on hand should you need to sell your home or raise money from it.

- **Care fee planning**
  No-one wants to think about finances when considering care, but we can help you plan so that you can live in comfort and without worry.

- **Inheritance Tax and Probate services**
  There are numerous ways of protecting your assets for you and your family. We have been helping people maximise their tax allowances for over twenty years.

We are experienced and sympathetic solicitors who put you first. We are happy to come and talk matters over with you in the comfort of your own home or we can meet at our office, which is easy to find and has its own car park.
Are you looking for a care provider? Leeds Care Association (LCA) may be able to help.

Many of the independent care providers in Leeds are members of LCA and as such are committed to continuous improvement in the quality of the services they provide, the environment they create and in the training and development of their staff.

They cover the range of services: residential, nursing, intermediate care, domiciliary care, supported living, and some can offer respite care.

Visit our website www.leedscare.co.uk for details of our member providers.

Leeds Care Association can assist you in finding a provider.

Email us at info@leedscare.co.uk with the type of service you are looking for and brief details of the care and support you need. We will find out for you where the vacancies are amongst our members. Are you a care provider needing professional support through these changing times?

**Aims and Objectives**

Primarily Leeds Care Association has a number of main aims:

- Raise the profile and increase the status and recognition of the work of members.
- Maintain a strategic knowledge bank for the benefit of members.
- Develop membership, and member benefits and services across all areas of care provision to meet the needs of service users. This is done by:
- Supporting members in the effective management and development of their business.
- Providing impartial advice to those seeking care/housing options.

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**Contacting Adult Social Care**

**By telephone**

- Customer services: 0113 222 4401
  (textphone: 0113 222 4410)
- Out of hours social care emergencies: 0113 240 9536

**By email**

- Customer services: general.enquiries@leeds.gov.uk

Visit the Leeds City Council website: www.leeds.gov.uk which has details about most of the council services and links to many other useful websites.

**Call in to see someone:** there are One Stop Centres in most parts of Leeds. These are offices which can help with a range of council services and some have health services in the same building. You can also get leaflets and booklets.

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**One Stop Centres**

**Aireborough** Micklefield House, New Road Side, Rawdon LS19 6DF

**Armley** 2 Stocks Hill, Armley LS12 1UQ

**City Centre** 2a Great George Street LS2 8BA

**The Compton Centre** Compton Road and Harehills Lane, Leeds LS9 7BG

**Dewsbury Road** 190 Dewsbury Road LS11 6PF

**Garforth** Lidgett Lane, Garforth LS25 1EH

**Middleton** St George’s Centre, St George’s Road LS10 4UZ

**Morley** Morley Town Hall, Queen Street LS27 9DY

**Osmondthorpe** 81a Wykebeck Mount LS9 0JE

**Otley** 8 Boroughgate, Otley LS21 3AH

**Pudsey** Pudsey Town Hall, Robin Lane LS28 7BL

**Rothwell** Civic Buildings, Marsh Street, Rothwell LS26 0AD

**Seacroft (North)** Unit 8, Seacroft Green Shopping Centre, Seacroft LS1 6LU

**Seacroft (South)** 90-95 Moresdale Lane LS14 6GG

**The Reginald Centre** 263 Chapeltown Road, Chapeltown LS7 3EX

**Wetherby** 24 Westgate, Wetherby LS22 6NL

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**Social Work Offices within hospitals:**

**LGI Hospital**
Social Work Office, ‘B’ Floor, Old site, Great George Street LS1 3EX
Telephone: 0113 392 6851

**St James’s Hospital**
Social Work Office, Medical Social Work Department, Beckett Street LS9 7TF
Telephone: 0113 206 6636

**St Mary’s House**
Mental Health, Social Work Department, St Mary’s House, 1st Floor, South Wing, St Mary’s Road LS7 3JX
Telephone: 0113 295 4454/5
The Leeds Directory
This is a helpline and website with information about a wide range of local services including personal care providers, cleaners, gardeners, community centres, libraries, voluntary organisations, local courses and more.

You can search for services in your local area or postcode, or across Leeds. It offers a ratings system so you can see what other people thought of a particular service. You can also filter your search results to show only quality assured services, whose staff have signed a code of good practice and undergone a police check.

It is now possible to also make purchases online through the site.

The helpline is staffed Monday-Thursday 9am-5pm and Friday 9am till 4pm.
Tel: 0113 391 8333 for local information, or to request a paper copy of the listings in your area.
Website: www.leedsdirectory.org.

The Leeds Directory is run by the charity Care and Repair in partnership with Leeds City Council.

You can use the internet for free at your local library.

Information for people with a learning disability

‘Through The Maze’ is a local information service for people with a learning disability, their families, carers and other individuals and/or organisations who work with them.

It can help you find the service you need for events, holidays and short breaks, housing and support, and much more. Visit: www.through-the-maze.org.uk. This website has been developed by Mencap and Leeds City Council.

For more information telephone 0113 262 6928 or email: throughthemaze@mencap.org.uk

Information for people with a mental health condition

The IMH website www.mentalhealthleeds.info lists services and organisations in Leeds that can help.

You can also visit www.leeds.gov.uk for further information and advice.

Other useful contacts

ADVOCACY

Advonet Supporting and Promoting Advocacy

Advocacy is a way of making sure someone's voice is heard when a decision is made. It involves looking at choices, enabling people to know their rights and helping to defend those rights.

Telephone: 0113 244 0606
Web: www.advonet.org.uk

CARERS

Carers Leeds
Drop-in Tues - Fri 10.00am to 3.30pm, Fri 10.00am to 1.30pm. Call Mon - Fri 9am to 4.00pm.
6-8 The Headrow, Leeds LS1 6PT
Telephone: 0113 246 8338

Carers UK
Carers Line: 0808 808 7777
Leeds branch: 0113 275 4718
www.carersuk.org

Need more advice or information?
See the ‘Information and advice’ section starting on page 52 for a list of organisations that can provide further help.
DEMENTIA

Alzheimer’s Society
Armley Grange, Armley Grange Drive, Leeds LS12 3QH
Telephone: 0113 231 1727

DISABILITY (SEE ALSO LEARNING DISABILITIES)

DIAL – Disability Information and Advice Line
The Mary Thornton Suite Armley Grange Drive,
Leeds LS12 3QH
Telephone: 0113 214 3630  Textphone: 0113 214 3627
www.dialuk.info

Leeds Centre for Integrated Living
Armley Grange Drive, Leeds LS12 3QH
Telephone: 0113 214 3599  Textphone: 0113 214 3598
www.leedscil.org.uk

William Merritt Disabled Living Centre and Mobility Service (WMDLC)
Provide free advice, assessments, demonstrations, equipment and adaptations for disabled people.
William Merritt Centre, St Mary’s Hospital, Greenhill Road, Leeds LS12 3QE
• Disabled Living Centre  Telephone: 0113 305 5332
• Mobility Service (transport)  Telephone: 0113 305 5288

FINANCES

Citizens Advice Bureaux
See entry in the telephone directory for your nearest office.

The Money Advice Service
An independent advice organisation here to help everyone manage their money better. They have a list of other advice charities and organisations.
Web: www.moneyadviceservice.org.uk
Email: enquiries@moneyadviceservice.org.uk
Telephone: 0300 500 5000

GENERAL ADVICE

Leeds Directory
See page 53. Allows you to search for reliable personal care, trades people and other services in your local area, or across Leeds. The Directory is available online at www.leedsdirectory.org or you can call the helpline on 0113 391 8333.

HEALTH

If you have a health concern contact your GP or NHS Direct on the new number: 111. This is a 24 hour number for non-emergencies.

For other information and support, or for advice about making a complaint about a health service, contact:

PALS (Patient Advice and Liaison Service)
• For general health care outside of hospital:
  Freephone: 0800 052 5270
  Textphone: 0113 305 9495
• Mental health and learning disability services:
  Telephone: 0800 052 5790
• Ambulance services:
  Telephone: 0345 122 0535
• Web: www.leeds.nhs.uk/Have-your-say/General advice-and-info.htm
  Email: pals@nhsleeds.nhs.uk

Stroke Association
Information, advice and support for people who have had strokes, their friends, families, carers and professionals. Also offers a ‘listening ear’ service. For details of local services, contact the national helpline 0303 3033 100 or the Leeds branch on 201 9780 or visit www.stroke.org.uk

HOME MAINTENANCE (AND REPAIRS)

Care and Repair Leeds
Charity that provides a wide range of services to help older and disabled people on low incomes to live independently. Services include home maintenance and minor repairs: for more information telephone 0113 240 6009.

INSPECTING AND MONITORING CARE SERVICES

The Care Quality Commission (CQC)
The CQC registers and inspects all care services, including care homes run by the Council. It looks very carefully at all aspects of the home such as care practices, the building, the suitability of the people running the home, facilities and staffing.

Head office: Care Quality Commission
Citygate, Gallowgate, Newcastle NE1 4PA
Telephone: 03000 616 161
Web: www.cqc.org.uk
Email: enquiries@cqc.org.uk

LEARNING DISABILITIES

Leeds Mencap
East End Park, Londesboro Terrace, Leeds LS9 9NE
Telephone: 0113 235 1331
Email: info@leedsmencap.org.uk
Other useful contacts continued

People in Action
Working with and for people with learning difficulties and disabilities to enable society to meet their needs.

For more information telephone 0113 247 0411 or email info@peopleinaction.org.uk or visit www.peopleinaction.org.uk.

OLDER PEOPLE

Age UK Leeds (was Age Concern and Help the Aged)
Advice and information line - 0113 389 3000
Bradbury Building, Mark Lane, Leeds LS2 8JA
Web: www.ageuk.org.uk/leeds
Email: info@ageukleeds.org.uk

Leeds Centre for Integrated Living
Armley Grange Drive, Leeds LS12 3QH
Telephone: 0113 214 3599
Minicom: 0113 214 3598
Web: www.leedscil.org.uk

Relatives and Residents Association
Advice about living in or moving into a care home.
Advice and information line: telephone: 0207 359 8148
Leeds branch - telephone: 0113 278 4416
Web: www.relres.org

PERSONAL BUDGETS

ASIST
Help and advice for people using direct payments and the Independent Living Fund.
Leeds Centre for Integrated Living, Armley Grange Drive,
Leeds LS12 3QH Telephone: 0113 214 3599

Personal Budgets Peer Support Network
(also known as ‘Free to Live’)
This service can help if:
• you use, or are thinking of using, a personal budget or
direct payment to manage your own social care support
in Leeds, or
• you’d like help or advice from people already using
personal budgets or direct payments.
Contact ‘Free to Live’ on 0113 214 3594, email them at
info@freetoliveleeds.org or visit www.freetoliveleeds.org

VOLUNTARY SERVICES

Voluntary Action Leeds
For more information on voluntary services within Leeds
see the Voluntary Action Leeds website at
www.val.org.uk Tel: 0113 297 7920
Email: info@val.org.uk

Making a complaint

If you’re unhappy with the help you are receiving, it’s
your right to complain. No one will think you are making
a fuss. Once you raise a concern, something can be done
– this helps to make services in Leeds better and safer for
everyone.

If you are not happy with how a service works out for you
there are several ways to make a complaint about your
care service provider:

• If at all possible try to resolve the complaint with your
care service provider, who may be able to put things
right straight away.

• If this does not resolve the problem, or if you don’t feel
comfortable raising it with the people providing your
support, and if your service is funded through Adult
Social Care, you can make a formal complaint to the
Complaints Manager at Adult Social Care:

The Complaints Manager - Adult Social Care
Merrion House, 110 Merrion Centre, Leeds LS2 8QB
If you prefer you can telephone the Complaints Team
on 0113 222 4405, textphone 0113 222 4410, complete
a complaints form online at www.leeds.gov.uk - or
email the team directly at complaints@leeds.gov.uk.

• If you fund your service yourself, and if the provider
has not been able to resolve your concerns, you may
complain to the Local Government Ombudsman:
The Local Government Ombudsman PO Box 4771
Coventry CV4 0EH
Or email: advice@lgo.org.uk
Or telephone: LGO Advice Team on 0300 061 0614

• You may also report concerns about a care provider
to the Care Quality Commission, the organisation that
monitors all care services. Please be aware that the CQC
does not usually investigate individual complaints. See
page 54 for their contact details.
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