Kent Care Services Directory 2019/20

The essential guide to choosing and paying for care and support

In association with

www.carechoices.co.uk
At Ashwood Healthcare we are committed to providing quality care where we enable our residents to feel valued and loved with all the dignity they deserve, within a homely environment.

The Grange and Cumbria House Care Homes provide quality services and individual care to make our residents feel as much at home as possible. We offer modern standards of care and comforts whilst still preserving a very traditional and homely atmosphere.

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Come and Visit Us or Call for a Brochure
www.ashwoodhealthcare.co.uk
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To obtain extra copies of this Directory, free of charge, call Care Choices on 01223 207770.

Alternative formats
This Directory is available electronically at www.carechoices.co.uk. The e-book is also Recite Me compatible for those requiring information in the spoken word.

Visit www.carechoices.co.uk for further assistance with your search for care 3

All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.
Welcome to this edition of the independent Kent Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There’s a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local Adult Social Care department to establish your specific needs. This is free, irrespective of your income and available to all those who appear to need care and support. More details are provided on page 12. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a ‘self-funder’, with the means to pay for your care. This is discussed on page 21 for those paying for care at home and 53 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 10 and a list of local home care providers begins on page 25.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 42) or residential care. Comprehensive lists of care homes and care homes with nursing in Kent start on page 61.

There’s also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Finding care in your area
Looking for care in your area? Want to know the quality rating of providers you’re considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service’s latest CQC inspection report and rating (see page 57), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function. Visit www.carechoices.co.uk

Search for care at www.carechoices.co.uk to find support in your area
Kent County Council (KCC) has a responsibility to support people with specific needs to live independent and fulfilled lives safely in their local community. We do this by providing information, advice and guidance as well as support and services.

We offer support to the following groups of people who are over 18:

- people with physical disabilities;
- people with sensory disabilities;
- people with learning disabilities;
- older people;
- people who provide care and support to friends or family; and
- people supported by Children’s Social Services who are approaching 18 years old and may require support from Adult Social Care.

You might come into contact with Adult Social Care because:

- you are finding everyday activities difficult to manage due to age, disability or ill health;
- you are in hospital and have been assessed as needing adult social care to support your recovery at home;
- you are moving on from children’s social care and your care manager is arranging your support; or
- your doctor has referred you.

Once you have been referred or contacted us yourself, and you agree, we can complete a needs assessment.

Once the assessment is completed we will work out if you are eligible for support from us. We do this by using guidelines and rules set by the Government. These rules are called ‘eligibility criteria’.

If we are able to provide support to you, we will discuss the options available. These may include:

- information and advice;
- equipment to help you stay safe at home, such as grab rails and bathing equipment;
- short-term intensive support in your home called ‘enablement’;
- activities during the day;
- support for carers; or
- short breaks (called ‘respite’) for you or someone who cares for you.

If we cannot support you, we will provide advice and information about organisations that may be able to assist you.

How to contact us:
Tel: 03000 416161
Text relay service: 18001 03000 416161
Email: social.services@kent.gov.uk
Web: www.kent.gov.uk/careandsupport

With so many providers to choose from, where do you start?

Visit www.carechoices.co.uk for further assistance with your search for care
THE VOICE OF CARE IN KENT

As an independent organisation, KiCA is well placed to engage with local authorities, commissioners, regulators and stakeholders, at a strategic level to influence policy on how care is sourced and delivered in Kent.

Ann Taylor, Chair of KiCA said “With legislation leading a more integrated approach to the provision of health and social care, it was felt that all providers would be better served by a single representative association that recognises the opportunities and challenges implicit in a market undergoing significant reform.”

RAISING STANDARDS OF CARE IN KENT

KiCA Members is 200+ strong and are committed to the delivery of high standards of care, to give a better outcome to those receiving care and support at home, or in a care home.

Workforce development and improved pay and conditions will play an important role here. KiCA will look to deliver a Charter that encompasses the values of those in our members care.

CHOOSING THE RIGHT CARE AND SUPPORT

You will find a broad spectrum of care providers listed within this directory. Sometimes the language used by care providers can be confusing. Many people will have had little or no experience of finding care for themselves or a loved one, and won’t know what questions to ask. All KiCA members are committed to clearly explaining how everything works and will answer any questions you might have clearly. It’s a good idea to ask for written confirmation of what you have discussed so you can refer back to this.

The new KiCA website will act as a support tool for the work being carried out by the association ensuring stakeholders are updated on the work being undertaken. This will help manage the engagement within the sector focusing on offering high quality care for those in need. More can be found at www.kica.care this will be updated regularly with insightful details on where we are operating with relation to people and providers of Kent.
Kent Integrated Care Alliance (KiCA) is a collaborative social enterprise helping to shape the future of social care and health in Kent and Medway.

KiCA is a lead advocate for nearly 200 member companies, and supports organisations such as care homes, care homes with nursing and home care agencies, learning disabilities, mental health and physical disabilities support organisations across Kent and Medway. KiCA continually promotes care excellence amongst its members and shares information on the emerging demands for care services.

KiCA members are provided with information on training opportunities, guidance on ensuring quality of care and details of financial savings on services and products through its selected partners.

To support its membership further, KiCA engages in discussions and consultations with council and health commissioners. This is so that the care sector in Kent develops and maintains meaningful relationships with the local authority, clinical commissioning groups, health and wellbeing boards, and voluntary organisations, ultimately ensuring members can provide a better quality of care to their clients.

KiCA members are supported to meet local authority contractual compliance and exceed national standards of care, but above all, members are always striving to provide the best quality of care to people who use services and their families.

Contact us:
Tel: 01634 291073
Email: info@kica.care
Web: www.kica.care
Suite 5 Ashford House, Beaufort Court, Sir Thomas Langley Road, Medway City Estate ME2 4FA

Helping you to stay independent

Services developed in partnership with the voluntary sector

In Kent, there are various voluntary and community organisations that offer preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:
• day services, lunch clubs and social groups;
• befriending, visiting and telephone contact services;
• support schemes to help people being discharged from hospital;
• support for carers; and
• handyperson schemes.

Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing. There is a wide variety around the county, catering for older people, people with mental health conditions, learning disabilities and dementia.
Centres can be as important for carers as those attending as they allow for a regular break from caring.

To find out more about what is available locally, visit the Kent County Council website [www.kent.gov.uk](http://www.kent.gov.uk) and type ‘day centres’ into the search box.

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**Meals at home**

Some services are able to deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

The following services might be able to provide meals in your home.

- **Age UK**
  - Web: [www.ageuk.org.uk](http://www.ageuk.org.uk)

- **apetito**
  - Tel: 01225 560328
  - Web: [www.apetito.co.uk](http://www.apetito.co.uk)

- **Oakhouse Foods**
  - Tel: 0333 370 6700
  - Web: [www.oakhousefoods.co.uk](http://www.oakhousefoods.co.uk)

- **Wiltshire Farm Foods**
  - Tel: 0800 077 3100
  - Web: [www.wiltshirefarmfoods.com](http://www.wiltshirefarmfoods.com)

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**Adapting your home**

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn’t become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

**Home Improvement Agencies (HIAs)**

HIAs are local organisations funded and supported by local and central government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyperson service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed, and they will normally offer to get estimates from one or more of their regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit [www.housingcare.org](http://www.housingcare.org)
Assistive technology checklist

We suggest you consider the following questions before buying any assistive technology. If you are in any doubt about what technology might help meet your needs, you can contact your council or visit www.asksara.org.uk

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

Does the equipment support your specific needs? ☐

Are you willing to use it? ☐

Will it fit into your everyday life and routine? ☐

Have you tried a demo of the equipment? ☐

Do you understand what the equipment is for? ☐

Do you need to take it with you when you leave the house? Is it transportable? ☐

Does the equipment have any limitations that would make it unsuitable for you? ☐

Will it work alongside any assistive technology you already have? ☐

Reliability

Will it need to be installed by a professional? ☐

Can the retailer provide you with training in using the equipment? ☐

Will it work if you have pets or live with other people, e.g. could someone else set off a sensor alarm by accident? ☐

Have you read reviews of the particular piece of equipment you are looking at? Consider these before making your purchase. ☐

Can you speak to someone who already uses it? ☐

Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this. ☐

Is it durable? If you might drop it, is it likely to break? ☐

Usability

Is a simpler piece of equipment available, e.g. a pill case rather than an automated pill dispenser? ☐

Does the equipment need a plug socket, and will its wire cause a trip hazard? ☐

Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? ☐

Are you able to use it? Are there any aspects you don’t understand? ☐

Is it portable? ☐

Cost

Do you know how much it costs? ☐

Will you need to pay a monthly charge? ☐

Are there alternative solutions that might be free? ☐

Is there a cost associated with servicing the equipment? ☐

Notes

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Visit www.carechoices.co.uk for further assistance with your search for care
Making life easier at home

If you’re having difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which might better suit your needs.

Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise.

If you can’t **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit [www.gov.uk/winter-fuel-payment](http://www.gov.uk/winter-fuel-payment)

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there’s even technology available so that you can turn your lights on and off using speech.

Use subtitles if you **can’t hear the TV**, or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.

Do you **forget to take your tablets**? Try making a note of when you’ve taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large handled cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

**Using taps** can be made easier by fitting tap turners. You could also consider changing to lever-style taps which might be easier for you to use.
If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it’s lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 17.

Clocks are available with large numbers or lights if you **can’t read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.

If it’s **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built in support frame if it’s **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

**Kent County Council**  
Tel: 03000 416161  
Email: social.services@kent.gov.uk  
Web: [www.kent.gov.uk/careandsupport](http://www.kent.gov.uk/careandsupport)

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<tr>
<th>Grab handles</th>
<th>Bed table</th>
<th>Hand rail</th>
<th>Hand trolley</th>
<th>Tap turners</th>
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More information on staying independent and ideas to help you live at home can be found online at [www.carechoices.co.uk/helping-you-to-stay-independent/](http://www.carechoices.co.uk/helping-you-to-stay-independent/) There is also information on making larger adaptations to your home.
Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as ‘simple aids for daily living’.

The Disabled Living Foundation (DLF) provides a quick and easy to use online guided advice service called AskSARA, which can help anyone who finds that they have difficulties with everyday tasks.

Visit www.asksara.org.uk to learn more about possible solutions or see pages 10 to 11. Once you have identified equipment that might help with your support needs, use the checklist on page 9 to make sure it’s right for you.

Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured, safe in the knowledge that should an incident occur, they will know about it. Some devices can also help monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you’re eligible through an assessment (see below), Kent County Council may be able to provide it for you.

Useful websites
Web: www.manageathome.co.uk
Web: www.asksara.org.uk
Web: www.livingmadeeasy.org.uk
Web: www.kent.gov.uk/alarms

Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe a number of ways in which eligible adults can receive a mixture of local authority and government money to pay for the care services they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

• how you can best be supported to live as independently as possible;
• your home and how you are coping in it;
• your emotional wellbeing;
• your diet; and
• any health and medical treatments you need.

You will need to contact Adult Social Care to arrange an assessment. Call 03000 416161.

Once Adult Social Care has an understanding of your care and financial needs, the next stage is to
determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found on page 21 if you are receiving home care and page 53 if you are moving into a care home or care home with nursing.

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**Personal Budgets**

If you are eligible for support from the council, you may be given a Personal Budget.

A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances. The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

- in the form of a Direct (cash) Payment, held directly by you or, where you lack capacity, by a ‘suitable person’;
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of the above.

Direct Payments can only be used to pay for the care and support agreed in your care and support plan.

**Managing a Direct Payment**

If you are eligible for financial support from the council, you can choose to have a Direct Payment. Having a Direct Payment gives you choice and control over how you organise, buy and manage your care and support. It must be used to buy services that you are assessed as needing. In Kent, your Direct Payment can be paid to you via a Kent Card, which works like a debit card. Alternatively, you can open a bank account just for your Direct Payment to be paid into.

For more information, contact the Direct Payment support team on 0300 041 3600 or visit www.kentdp.co.uk

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**Assessments from hospital**

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers’ officers, mental health workers and housing officers.

Whatever services you need on discharge, Adult Social Care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

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**Enablement**

Enablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You will need to have an assessment of your care needs to decide if you are eligible. If you are eligible, an enablement worker will support you for a limited period.

Enablement helps people to learn or re-learn daily living skills. It is not about doing things for you, it’s about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you money. For example, an enablement worker could
help you regain your confidence following a fall, or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. The enablement service may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from enablement. They can put you in touch with the right services if they feel that enablement will help you.

**Intermediate care**

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses. This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

**NHS Continuing Healthcare**

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered.

NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person’s own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a ‘primary health need’ and are likely to have complex medical needs and substantial or intense ongoing care needs.

**Personal health budgets**

A personal health budget is an amount of money to support a person’s identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.
Who is a carer?

Carers regularly look after, help or support someone who wouldn’t be able to manage everyday life without their help. A carer doesn’t have to be living with the person they care for, and the help they give doesn’t have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;
- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.

Having a carers’ assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers’ assessment is an opportunity for people to tell the council what they need as a carer, and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The assessment can also give lots of information about other services that might help, and other ideas for support. The carer’s assessment will show if the carer qualifies for support from Adult Social Care. Visit www.kent.gov.uk/caringforothers for more information.

Carers’ Direct Payments

The carers’ Direct Payment is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

The amount a carer could get depends on their needs identified by their carers’ assessment. The money is not taxed, and it will not affect any benefits. Visit www.kentdp.co.uk for more information.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the person who is being cared for. If they have a Personal Budget for their own needs (see page 13) they could use that money to pay for it. A financial assessment of the person being cared for will
confirm whether they need to pay towards the cost of this service.

**Crossroads Care**
Crossroads Care can provide carers with a break from caring if they are providing care or support to a family member or friend who is ill, elderly or has a physical or learning disability.
Tel: **0345 095 6701**

**Benigns**
Carers may want to explore whether they are entitled to Carer’s Allowance – currently £66.15 per week but this may change over the life of this Directory.

Carers may also qualify for Carer’s Premium or Carer’s Credit depending on their eligibility. The Government’s website, [www.gov.uk](http://www.gov.uk) has more information on benefits, including carers’ benefits. Alternatively, contact a local carers’ organisation which may be able to help undertake a benefit check.

**Carers Support – Ashford, Shepway and Swale**
Norman House, Beaver Business Park, Beaver Road, Ashford TN23 7SH
Tel: **01233 664393**
Email: admin@carers-ashford.org.uk
Web: [www.carers-ashford.org.uk](http://www.carers-ashford.org.uk)

**Carers FIRST – West Kent and Medway**
Tel: **0300 303 1555**
Web: [www.carersfirst.org.uk](http://www.carersfirst.org.uk)

**Carers’ Support – Canterbury, Dover and Thanet**
80 Middle Street, Deal CT14 6HL
Tel: **01304 364637** or **07545 916214**
Email: support@carers-doverdistrict.org
Web: [www.carers-supportcdt.org.uk](http://www.carers-supportcdt.org.uk)

**Carers UK**
Tel: **0808 808 7777**
Web: [www.carersuk.org](http://www.carersuk.org)

**Involve**
30 Turkey Court, Ashford Road, Maidstone ME14 5PP
Tel: **01622 685276**
Web: [www.involvekent.org.uk](http://www.involvekent.org.uk)

**Kent Carer’s Emergency Card**
The Kent Carer’s Emergency Card provides carers (over the age of 18) with peace of mind by enabling them to access emergency assistance around the clock.

The card doesn’t contain any personal details, just a unique registration number and the telephone number of the 24-hour service.

In an emergency, anyone can telephone the number on the card and quote the registration number. The contact centre uses this to access the carer’s pre-
arranged emergency plan and puts it into action.

Visit www.kentcarersemergencycard.org.uk or contact your nearest support unit listed here for further information.

Carers FIRST
Tel: 0300 303 1555

Resource for those supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit www.myfamilyourneeds.co.uk

Care and support in the home

Carefully chosen home care with a good quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you’d like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting Adult Social Care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes.

Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night.

A list of all home care agencies operating in Kent starts on page 25.

Finding the right support

This Directory offers a website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can be sent to you by post or email.
A new level of home care

GP led bespoke care

We get the basics right with the Right People, the Right Care at the Right Time.

Our staff are trained to the highest standard to enable them to provide a wide range of tasks within the home, to ensure you feel safe, comfortable and content.

We are dedicated to helping each individual maintain an active and independent lifestyle by focusing on current abilities, interest and needs.

Some of our services include;
- Assistance with personal care
- Meal preparation
- Shopping
- Trips to friends and relatives
- Administration or assistance with medication
- Overnight care
- Companionship
- Leisure activities
- Housework
- Live-in 24hr care
- Holistic Services
- Complimentary GP Lifestyle Assessment.
- Social Prescribing

Carers required

Get in touch
Gravesham & Dartford
50 The Grove, Gravesend, DA12 1DP
T: 01474 240909
T: 01322 537733
E: hello@vitalityhomehealth.co.uk

Vitality Home Health

www.vitalityhomehealth.co.uk
If you are searching online, the results can be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function.

Whatever your care needs, this Directory and the Care Choices website service will be able to point you in the best direction, however you would like care information presented. Visit www.carechoices.co.uk

The Care Quality Commission (www.cqc.org.uk) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 57.

The United Kingdom Homecare Association (UKHCA) requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handymen or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:
- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers’ pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

For further help with choosing an agency, use the checklist on page 23.

Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, Adult Social Care and voluntary agencies. Some examples of services and support to help people living with dementia include:
- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care or sheltered housing; and
- carers’ support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition.

When someone is living with dementia, they need:
- support to live their life;
- reassurance that they are still valued and that their feelings matter;
- freedom from as much external stress as possible; and
appropriate activities and stimulation to help them to remain alert and motivated for as long as possible. Visit www.alzheimers.org.uk/get-support/daily-living for more information.

**Dementia Friends**

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living with dementia— from helping someone find the right bus to spreading the word about dementia. See www.dementiafriends.org.uk for further information.

**Respite care**

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as ‘respite care’ and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can involve the person with dementia attending a day centre or a care worker visiting the person’s home to enable the carer to have a break. Contact the council to see if you are eligible for support with arranging these services, see page 12 for information on assessments.

**Care at home**

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

**Specialist dementia day centres**

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to a number of days. Contact the council or your local Alzheimer’s Society office for more details, see ‘Useful local contacts’ on page 115.

**Alzheimer’s Society**

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 115 for contact details.

Alzheimer’s Society’s National Dementia Helpline
is available on **0300 222 1122** and can provide information, support, guidance and signposting to other appropriate organisations. The Helpline is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

For more information on care homes for people with dementia, see page 52.

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### Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

The council calculates charges in accordance with national eligibility criteria set by the Government.

This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your financial assessment looks at your capital, savings and weekly income (including pensions and benefits). The council may also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement. See [www.kent.gov.uk](http://www.kent.gov.uk) and search ‘paying for care’ for more information.

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### Non-means tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support you may be eligible to claim Attendance Allowance (AA), or Personal Independence Payments (PIP). AA and PIP are non-means tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have. AA is payable to people over the age of 65 and PIP to those aged 16 to 64.

There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at [www.gov.uk](http://www.gov.uk)

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### Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers that focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

**The Society of Later Life Advisers (SOLLA)**

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Web: [www.societyoflaterlifeadvisers.co.uk](http://www.societyoflaterlifeadvisers.co.uk)

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**The Money Advice Service**

A free and impartial money advice service set up by the Government.

Tel: **0800 138 7777**

Web: [www.moneyadviseservice.org.uk](http://www.moneyadviseservice.org.uk)

Further information on paying for care can be found beginning on page 53.
Austen Allen Homecare is a specialist provider of social care and support services to elderly and vulnerable people - including people with mental health needs, learning and physical disabilities.

As one of the fastest growing care agencies in North Kent, the key to our success is simple. We aim for continuous improvement in what we do. We currently have branches in Dartford, Gravesham, with our most recent branch opening in Medway.

As an Award-Winning Company, we have achieved “The commitment to skills award 2017” at the first ever Dartford Business Awards and then runners up in the Gravesham Business Awards 2018.

We pride ourselves in operating a professional and reliable service to people in the comfort of their own homes. Providing dedicated care professionals who are trained and fully vetted to the highest standards.

Our services include:

- Personal Care • Dementia Care • End of Life Care
- Home Support Therapy • Hospital Discharges

For more information, please do not hesitate to contact us and find out how Austen Allen can help you, or a loved one.

---

EXCEPTIONAL CARE
IN YOUR OWN HOME

"All the visiting carers have been lovely and have treated my father with great care. The whole team has been excellent and I would recommend them to anyone in our position."

Andrew, son
Audley Care customer

---

Care tailored to you
Audley Care Mote House & Willicombe Park

From companionship and general assistance to emergency, long-term and specialist care, our highly trained, discreet and friendly staff will help you with as little or as much as you want.

Contact us to find out more

01622 532 567 (Mote House)
01892 278 286 (Willicombe Park)

info@audleycare.co.uk
www.audleycare.co.uk
We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

<table>
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<tr>
<th>About the agency</th>
<th>Accommodating your needs</th>
<th>Fee per week</th>
<th>Quality rating</th>
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<td>How long has the agency been operating?</td>
<td>Can the agency accommodate your needs if they increase? Ask about the process for this.</td>
<td>£</td>
<td></td>
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<tr>
<td>How long are staff allocated per visit?</td>
<td>Does the agency have a training scheme in place?</td>
<td>£</td>
<td></td>
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<tr>
<td>Can you contact the agency in an emergency or outside office hours?</td>
<td>Are all staff trained to a certain level?</td>
<td>£</td>
<td></td>
</tr>
<tr>
<td>Does the agency have experience with your specific needs?</td>
<td>Are staff able to help with administering medication if required?</td>
<td></td>
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<tr>
<td>Staff</td>
<td>Is there a way for staff to communicate with each other about the support they provide when they visit you? How?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are you likely to be visited by different staff each day?</td>
<td>Regulation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are all staff checked with the Disclosure and Barring Service?</td>
<td>Will your support plan be reviewed at regular intervals?</td>
<td></td>
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<tr>
<td>Will you be notified in advance if your care worker is on holiday or sick?</td>
<td>Can you see the agency’s contract terms?</td>
<td></td>
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</tr>
<tr>
<td>Are staff matched to you specifically, based on your needs and preferences?</td>
<td>Can you lodge a complaint easily?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Can you meet your care worker(s) before they start?</td>
<td>Are complaints dealt with quickly?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does the agency have both male and female staff?</td>
<td>Can you see a copy of the agency’s CQC registration certificate and quality rating?</td>
<td></td>
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</tr>
</tbody>
</table>

Notes

*See page 57.
Caring is our passion

4Life Healthcare is a family run business with a big heart where our clients are always at the centre of everything. We provide dignified personal support within the comfort of your own home to give you and your loved one’s peace of mind.

Our clients are the elderly and persons with complex needs, learning disabilities, physical disabilities, Autism and sensory impairments care needs.

If you or your family are looking for good quality care and support that is personally tailored to fit into your daily life style and routine, then please contact us now for further details.

08001 123 372 • 07532 720 891
admin@4lifehealthcare.co.uk
www.4lifehealthcare.co.uk
Home care providers

All domiciliary care providers with the symbol ● are members of the Kent Integrated Care Alliance (KICA).
For more information about this alliance, see pages 6 and 7 or visit www.kica.care

121 Care & Mobility Ltd ●
Whitstable
Tel: 01227 792249

3H Fund Office
Tunbridge Wells
Tel: 01892 860207

4life Healthcare Services
Sittingbourne
Tel: 0800 112 3372 Advert page 24

Abbey Medical Services Ltd
Sittingbourne
Tel: 01795 519480

Absolute Home Care Kent Ltd
West Malling
Tel: 01732 897490

Acare
Folkestone
Tel: 07956 199458

Access Homecare Ltd
– Channel Business Centre
Folkestone
Tel: 01303 858119

Accessible Care
Maidstone
Tel: 01622 757155

Acclaimed Care – Head Office
Tonbridge
Tel: 07725 179645

Active Assistance
– Sevenoaks
Sevenoaks
Tel: 01732 779353

Adejom Staffing Care
Sittingbourne
Tel: 07908 425979

Affinity Trust – Domiciliary Care Agency West Kent
Ashford
Tel: 01233 665324

Age Concern Malling
West Malling
Tel: 01732 849008

Age UK Faversham and Sittingbourne
(Formerly Age Concern Faversham) ●
Faversham
Tel: 01795 506490

Age UK Maidstone
Maidstone
Tel: 01622 753618

Age UK North West Kent
Gravesend
Tel: 01474 564898

Agincare UK
Chatham
Tel: 08000 121 247 Advert page 24

Alina Homecare Specialist Care
– Kent
Maidstone
Tel: 01622 522120

All About Home Care
(Kent)
Southborough
Tel: 01732 447055

All Seasons Community Support Two Ltd ●
Margate
Tel: 01227 469970

Allendale Care
Tonbridge
Tel: 01892 723649

Alzheimer’s Society – Kent and Medway
Tonbridge
Tel: 01892 835948

Visit www.carechoices.co.uk for further assistance with your search for care
“Your Local Home Care Provider”

We offer a unique service of tailored care visits from 30 minutes to full 24 hour live-in support

Our services include:
• Personal Care • Domestic & Social Visits
• Medication assistance • Meal Preparation
• Overnight Care • 24 hour live in Care

“Dad thrives under your care and we all have peace of mind since you joined the team - We wish we had found ApproCare sooner!” Maria, Medway

For a free assessment or for more information please contact our friendly team on:
Head Office: 01795 663824   Out of Hours: 07796 715127
Email: approcare@live.co.uk
www.approcare.co.uk

At AZ Caring Services Ltd, our prime objective is to provide a 24/7 home care service which recognises the fundamental value of people, regardless of circumstance, by respecting their unique personal care needs, help them to live independently and most importantly, treating them with respect.

Whatever your need, we offer homecare of the very highest quality that is designed to meet your unique requirements. Our services allow you to maintain or improve the quality of your life in familiar and reassuring surroundings.

For more information, contact us:
(01233) 227841
info@azcaringservices.co.uk
www.azcaringservices.co.uk
AZ Caring Services Ltd, Aspect House, 4 Ulley Road, Ashford, Kent TN24 9HT

We are working in partnership with Birchwood House Rest Home offering care for elderly people in their own homes assisting with:

- Personal Care • Help with Shopping
- Domestic work undertaken • Sitting service
- Visiting the areas of:
  - Tunbridge Wells • Pembury • Rushall
  - Langton Green • Fordcombe • Penshurst • Speldhurst
  - Groombridge • Edenbridge • Chiddingstone
  - Tonbridge • Hildenborough • Leigh

Birchwood House, Stockland Green Rd
Speldhurst, Kent TN3 0TU
Tel: 01892 863710 Fax: 01892 863711
ENQUIRIES TO THE MANAGER

Member of the Kent Integrated Care Alliance
Home care providers continued

Angels Home Care (Kent) Ltd – 5 Premier Parade
Aylesford
Tel: 01622 715500

Angy Care Ltd
Gravesend
Tel: 01474 520097

Apex Prime Care – Kent
Sevenoaks
Tel: 01732 606032

ApproCare
Sheerness
Tel: 01795 663824

Ashford Personnel and Solutions Ltd
Ashford
Tel: 01233 421596

Aspirations Kent
Canterbury
Tel: 01304 849020

Aspire Home Carers Ltd
Folkestone
Tel: 01303 258348

Athlone Care
Dartford
Tel: 01322 274747

Audley Care – Audley Care Willicombe Park
Tunbridge Wells
Tel: 01892 278286

Audley Care Ltd – Audley Care Mote House
Bearsted
Tel: 01622 532567

Austen Allen Homecare
Dartford
Tel: 01322 424558

Avalon Enterprise (UK) Ltd
Ramsgate
Tel: 01843 596652

Avante Home Care and Support Service
Faversham
Tel: 01795 597454

Avondale Castlemount Lodge
Dover
Tel: 01304 121835

Avondale House
Westgate-on-Sea
Tel: 01843 833973

AZ Caring Services Ltd
Ashford
Tel: 01233 227841

B.A.C. Care Ltd – Sittingbourne
Sittingbourne
Tel: 01795 429042

Base Business Park, The
Dartford
Tel: 0208 301 3146

Bay View Care Ltd
Deal
Tel: 01304 379110

Beach House
Birchington
Tel: 01843 845922

We are committed to supporting service users to achieve their full potential and promote their independence without compromising their dignity.

We offer quality homecare tailored to your needs; this includes Domiciliary Care, Homecare, Live-in-Care, Respite care, Companionship & Support.

Call to discuss the ways we can help support you or your loved one. We are also happy to organise a meeting in the comfort of your own home.

01233 421 596 • info@ashfordpersonnelandsolutions.com
www.ashfordpersonnelandsolutions.com

Service User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)

Advertisers are highlighted

Visit www.carechoices.co.uk for further assistance with your search for care
Choose Live-in Care
Because A Care Home Is Not The Only Option

Your local service, managed and supervised by your local office

Choose Live-in Care
Because A Care Home Is Not The Only Option

Your local service, managed and supervised by your local office

Contact Your Nearest Bluebird Care
Office To Book Your Free Assessment

Sevenoaks
01732 471 541

Maidstone
01622 618 786

Gravesham & Dartford
01474 560 160

Canterbury & Thanet
01843 570 638

Dover & Folkestone
01304 809 250

Tonbridge & Tunbridge Wells
01732 373 024

bluebirdcare.co.uk

Choosing Live-in Care Means:

• Care tailored to your wishes with as much or as little support as you need
• No need to move into a care home
• No need to adjust to a new routine
• Family and friends can continue to visit as normal
• Continue to be involved in the community and clubs as normal
• Dedicated one to one support providing excellent continuity
• Couples continue living together

Inspected and rated
Good
Care Quality Commission

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### Home care providers continued

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<td>Tel: 01732 865956</td>
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Member of the Kent Integrated Care Alliance (KICA)
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Adapting to your every need

All staff are thoroughly vetted, fully trained in moving and handling, first aid, handling medication, NVQs plus more. We can provide assistance with personal care, preparation of meals, domestic tasks, overnight care, plus many other tasks. Our services are tailored to meet your individual needs.

For further information and details, do not hesitate to contact us.

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Tel: 01322 291000

Unit 6-8 The Base,
Dartford Business Park,
Victoria Road, Dartford,
Kent DA1 5FS
Fax: 01322 291015

www.chameleoncare.co.uk

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Your care is ours.

Personalised quality home care in Dartford, Gravesham, Maidstone and surrounding rural areas.

Services
• Personal care and support
• Companionship
• Medication support
• Hospital to home services

"These ladies are true angels, their care and compassion goes beyond anything we could have dreamed of. They are not carers to us, they are now family." Client Testimonial

For your free home care assessment contact:
Dartford & Gravesham - 01474 320411
Maidstone - 01622 298345

www.caremark.co.uk

www.careinkent.co.uk
info@careinkent.co.uk
01223 619530

Don’t worry if you can’t always be there
WE CAN

Offering round the clock care services for your convenience, Care in Kent operate 24 hours a day, 365 days of the year.

You’ll find that we respond quickly, providing the highest standards in professional care, and exceeding your expectations in terms of your peace of mind and satisfaction.

Find out more about Dementia care in Kent
Caremark Tunbridge Wells, Tonbridge and Malling
Tunbridge Wells
Tel: 01892 576377
OP D PD LDA MH SI YA

Carers Choice
Gravesend
Tel: 01474 536062
LDA

Carewatch (Maidstone – Ashford)
Maidstone
Tel: 01622 681550
OP D PD LDA MH SI YA AD

Caring Companions at Watling Court
Advert outside back cover
Gravesend
Tel: 01474 249059
OP D PD SI

Cartref Homes Supported Living Scheme
Sittingbourne
Tel: 01795 471934
OP LDA YA

CCK Support Ltd
Herne Bay
Tel: 01227 668041
OP D PD LDA MH SI YA AD

CCMS Ltd Nursing & Care Agency
Advert page 32
Tonbridge
Tel: 01732 851302
OP D PD LDA MH SI YA

Chameleon Care
Advert page 30
Dartford
Tel: 01322 291000
OP D PD LDA MH SI YA

Clarity Homecare
Ashford
Tel: 07809 608159
D PD LDA

ComCare
Herne Bay
Tel: 01227 365887
OP PD LDA SI YA

Community Lifeline
Longfield
Tel: 01474 709000
OP D PD LDA YA

Community Nursing & Care Agency Ltd
Advert page 30
Ashford
Tel: 01233 619530
OP D PD LDA MH SI YA

Community Support Services
Ashford
Tel: 01233 860622
OP LDA YA

Consultus Care and Nursing Ltd
Tonbridge
Tel: 01732 355231
OP D PD MH SI YA

Continuity of Care Services Ltd
Maidstone
Tel: 07970 732290
OP D PD LDA MH SI YA

Craegmoor Supporting You in the South East
New Romney
Tel: 01797 361541
LDA MH YA

Crossroads Care Kent
Herne Bay
Tel: 0845 095 6700
OP D PD LDA MH SI YA

Maidstone
Tel: 01622 817114
OP D PD LDA SI

CRW Consultancy Ltd
– Kings Hill
West Malling
Tel: 0333 939 9976
D PD LDA MH SI YA AD

Crystalline Business Solutions Ltd
Dartford
Tel: 07960 235217
OP D PD YA

Dimensions Kent Domiciliary Care Office
Sandwich
Tel: 0300 303 9011
LDA

Direct Care (Kent)
Snodland
Tel: 01634 242499
OP D PD MH SI

DMC Consulting Services Ltd – Gravesend
Advert page 36
Gravesend
Tel: 07525 497949
OP PD LDA MH SI YA

Domus Extra Care Ltd
Tunbridge Wells
Tel: 01892 512961
OP D PD

Service
User Bands
OP Older people (65+)
MH Mental health
PD Physical disability
LDA Learning disability, autism
D Dementia
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

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Visit www.carechoices.co.uk for further assistance with your search for care
We never forget we are “in service to you, our client”

We have a very different approach to other companies, which includes new and innovative ideas that should make your experience of care and support far less stressful.

We Can Help With:
- Personal care
- Shopping
- Light domestic duties
- Pet feeding and walking
- Accompanied outings to clubs, friend etc.
- Sleep ins
- Waking nights
- Medication assistance
- Companionship
- Transport to hospital appointments

Get in touch today and see how we can help you.

---

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We offer a unique staff introduction service to include: Nursing and Care services in your own homes, supporting those with complex injuries and illness who need Rehabilitation/Therapeutic Assistants or Care/Support Workers whether it be live-in or out.

For those who just need a bit more help around the home we can provide the following:
- Live-in or out Companions
- Childcare provision
- Domestic Helpers
- Gardeners
- Equine and Domestic Animal care provision
- Chauffeurs

We take care of your every need!

We also offer Payroll Services (discounted if using our recruitment service)

If you have any questions please contact:
Sabrina Dodson, CQC Registered Manager:
Tel: 01732 851302 Mobile: 07920 726 861
Email: info@ccmsagency.co.uk
Website: www.ccmsagency.co.uk

---

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The future of homecare

Working in partnership with

CCMS Ltd Nursing & Care Agency

doing business with care

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- Meal preparation
- Companionship
- Overnight visits
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- Entertainment
- Carers support
- One to one support
- Memory engaging sessions
- Hobby & Social groups

To discuss your care needs further:
T: 01622 674733 E: allyson@goedaycare.co.uk
www.goedaycare.co.uk
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Service User Bands:

- **OP**: Older people (65+)
- **D**: Dementia
- **PD**: Physical disability
- **LDA**: Learning disability, autism
- **MH**: Mental health
- **SI**: Sensory impairment
- **YA**: Younger adults
- **AD**: People who misuse alcohol or drugs

Advertisers are highlighted.

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Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
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Tel: 01227 788847

Hale Place Farmhouse
Tonbridge
Tel: 01622 871081

Hall, The
Ashford
Tel: 01233 732036

Hand To Hand Care Ltd
Swanscombe
Tel: 07948 060219

Hawkinge House
Folkestone
Tel: 01303 890100

Hazeldene House
Tunbridge Wells
Tel: 01892 823018 Advert page 113

Head First (Assessment, Rehabilitation and Case Management) LLP
Hawkhurst
Tel: 01580 752275

Health & Life Care UK
Ashford
Tel: 01233 611168

Helping Hand Care Company Ltd
Dover
Tel: 01304 242981

Helping Hands
Dartford
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For more information
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Domestic support -
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- companionship • sit in service • dog walking

Support with everyday living -
médication assistance

Tel: +44 (0)1227 362312
www.homeservicellp.co.uk

Search for care at www.carechoices.co.uk to find support in your area
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<tr>
<th>Home Instead Senior Care</th>
<th>Tonbridge</th>
<th>OP D PD LDA MH SI YA</th>
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<tr>
<td>Tel: 01732 759854</td>
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<tr>
<th>Home Instead Senior Care</th>
<th><strong>Service User Bands</strong></th>
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<tr>
<td>Older people (65+)</td>
<td><strong>OP</strong></td>
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<tr>
<td>Dementia</td>
<td><strong>D</strong></td>
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<tr>
<td>Physical disability</td>
<td><strong>PD</strong></td>
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<tr>
<td>Learning disability, autism</td>
<td><strong>LDA</strong></td>
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<tr>
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<td><strong>MH</strong></td>
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<tr>
<td>Sensory impairment</td>
<td><strong>SI</strong></td>
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<tr>
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<tr>
<td>People who misuse alcohol or drugs</td>
<td><strong>AD</strong></td>
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| **Member of the Kent Integrated Care Alliance (KICA)** | Advertisers are highlighted |

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
At Kare Plus Ashford, ensuring our clients are matched with the right carer for them is vital. Each person who requires care is different, and they will be assessed as such. We work closely with each individual to determine what kind of care is required, ensuring we meet the needs of our customer’s through person-centred care planning, maintaining privacy, dignity and respect in everything we do. We believe that by providing the right team to match our customer’s needs we can provide high quality, safe and effective care.

Our carers are available 24/7, 365 days a year which includes any night cover that maybe required.

We can provide care packages for any of the following:

- Personal care
- Elderly care
- End of life care
- Alzheimer’s & dementia
- Brain injury/spinal injury
- Physical disabilities
- Sensory impairment
- Learning difficulties
- Lifestyle support (Social Care)
- Supported holidays
- Help with domestic chores and much more..

For more information on how we can help, contact us 01233 801888 Opt. 2
www.kareplus.co.uk/ashford/kpassfordrm@kareplus.co.uk

At Meridian Care, we deliver care tailored to support you or your loved ones, to live independently in the comfort of your own home.

Providing services for:

- Young adults and Older people
- Personal or Family Carers
- People with Physical Disabilities
- People with Dementia, Parkinson’s
- People with Mental Health Issues
- People with Sensory Loss, MIND & MS
- Palliative Care

At Meridian Care, we deliver care tailored to support you or your loved ones, to live independently in the comfort of your own home.

For home care services in Kent, Medway and the surrounding areas, speak to the experts at DMC Consulting Services Ltd.

07525 497 949
dmcconsulting@hotmail.com
www.dmcconsultingservicesltd.co.uk
### Kent Enablement at Home continued

- **Gravesend**
  - Tel: 0300 041 1480
- **Sittingbourne**
  - Tel: 0300 041 1480
- **West Malling**
  - Tel: 0300 041 1480

### Kent Home Care Ltd

**Canterbury**
- Tel: 01227 788700

### Kent SCP (Bowles Lodge)

**Cranbrook**
- Tel: 01580 753942

### Kent Social Care Professionals Domiciliary Service

**Maidstone**
- Tel: 01622 764014

### Krystal Solutions Ltd

**Sittingbourne**
- Tel: 07886 545877

### L’Arche Kent

**Canterbury**
- Tel: 01227 643025

### LANH

**Dartford**
- Tel: 0333 358 3664

### Lauriem Complete Care Ltd

**Deal**
- Tel: 01304 361222
- **Ditton**
  - Tel: 01622 716780
- **Dover**
  - Tel: 01304 361222

### Liberty Lodge Ltd

**Folkestone**
- Tel: 07546 240551

### Lilicas Ltd

**Dartford**
- Tel: 07958 527813

### Maidstone Home Care Ltd

**Aylesford**
- Tel: 01622 719988

### Mandalay Care Home

**Folkestone**
- Tel: 01303 258095

### Marjon Home Support Agency

**Whitstable**
- Tel: 01227 771222

### MCCH (Hermitage Court)

**Maidstone**
- Tel: 01622 722400

### Mears Care Ltd – Maidstone

**Maidstone**
- Tel: 0333 999 7624

### Meridian Community Care Ltd

**Canterbury**
- Tel: 01227 712300
- **Dover**
  - Tel: 01304 240424

### Meritum Integrated Care LLP

**Ashford**
- Tel: 01233 620071
- **Folkestone**
  - Tel: 01303 297010
- **Maidstone**
  - Tel: 01622 684471

### MiHomecare – Ramsgate

**Ramsgate**
- Tel: 0333 121 8701

### Milestones Outreach Support Team – MOST

**Tunbridge Wells**
- Tel: 01892 839990

### Mrs Lynne Weatherly

**Tunbridge Wells**
- Tel: 01892 537076

### My Homecare Tonbridge

**Tonbridge**
- Tel: 01732 756020

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<table>
<thead>
<tr>
<th>Service</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
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<tbody>
<tr>
<td>User Bands</td>
<td>MH Mental health</td>
<td>SI Sensory impairment</td>
<td>YA Younger adults</td>
<td>AD People who misuse alcohol or drugs</td>
</tr>
</tbody>
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Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
Home care providers continued

My Life Living Assistance (Kent)
Canterbury
Tel: 01908 082394

MyLife Home Care Maidstone
Maidstone
Tel: 01622 681550

New Horizons Broad Oak Ltd Resource Centre
Margate
Tel: 01843 295680

No Place Like Home
Faversham
Tel: 01795 597983

North Home Care
Folkestone
Tel: 01303 891222

Norwyn Community Services
Sittingbourne
Tel: 07943 666941

Nurse Plus and Carer Plus (UK) Ltd
Folkestone
Tel: 01303 250200

Nurseplus UK
Dover
Tel: 01304 273300

Nurseplus UK – Ashford
Ashford
Tel: 01233 641373

Nurseplus UK – Eurogate
Ashford
Tel: 01233 633350

Nurseplus UK – Eurogate
Canterbury
Tel: 01227 782070

Oak Tree Lodge
Sevenoaks
Tel: 01732 382935

Old Exchange, The
Dartford
Tel: 0208 467 2781

One 2 One Private Care Services
Ashford
Tel: 01233 610542

One Step South Domiciliary Care Agency
Folkestone
Tel: 01303 227371

Orchard House
Herne Bay
Tel: 01227 373586

Pantiles Chambers
Tunbridge Wells
Tel: 07958 558397

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No Place Like Home

Outstanding companionship and care service for Canterbury & Swale senior residents

Telephone: 01795 597983
Email: info@noplacelikehome.eu
Website: www.noplacelikehome.eu

Do you or your loved one need care or support at home?

Right at Home

Our Services Include:
- Companionship
- Personal Care
- Respite Cover
- Hospital to Home
- Live In Care
- Support with Leisure & Community Activities
- And much more...

Call for a free home assessment

Telephone: 0800 066 3779
Email: info@rightathomeuk.co.uk
Website: www.rightathomeuk.co.uk/eastkent

Advertisers are highlighted

Service
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
YA Younger adults
AD People who misuse alcohol or drugs

User Bands
MH Mental health
SI Sensory impairment

Member of the Kent Integrated Care Alliance (KICA)
## Home care providers continued

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<th>Service</th>
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<td>Papillon Home Care</td>
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<tr>
<td>Park View Domiciliary Care</td>
<td>PD LDA</td>
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<tr>
<td>PCAS Kent Ltd</td>
<td>OP D PD LDA MH SI YA AD</td>
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<tr>
<td>Phoenix Support Ltd</td>
<td>OP D PD LDA MH SI YA AD</td>
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<tr>
<td>Prestige Nursing Ltd Dartford</td>
<td>OP D PD LDA MH SI YA AD</td>
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<tr>
<td>Prestigious Healthcare – Kent</td>
<td>OP D PD SI</td>
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<tr>
<td>PSA Home Care</td>
<td>OP D PD MH SI YA</td>
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<tr>
<td>Queen Elizabeth Court</td>
<td>OP D PD SI</td>
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<tr>
<td>QuilterCare</td>
<td>MH YA</td>
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<tr>
<td>Regus House</td>
<td>OP D PD LDA MH SI YA</td>
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<tr>
<td>Regus House</td>
<td>OP D PD LDA MH YA</td>
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<tr>
<td>Retons Care and Training Services Ltd</td>
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<tr>
<td>Right at Home (East Kent)</td>
<td>OP D PD SI YA</td>
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<tr>
<td>Right at Home Medway</td>
<td>OP D PD MH YA</td>
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<tr>
<td>RNID Action on Hearing Loss Northdown Road</td>
<td>PD LDA MH SI YA</td>
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<tr>
<td>Royal Care</td>
<td>OP D PD LDA MH SI YA AD</td>
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<tr>
<td>Safe Choice Care</td>
<td>OP D PD</td>
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<tr>
<td>Safeharbour – Memory Well Being Center</td>
<td>OP D PD</td>
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<tr>
<td>Sanctuary Home Care Ltd – Gravesend</td>
<td>OP D PD LDA MH SI YA AD</td>
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<tr>
<td>SAP Care Services Ltd</td>
<td>OP D PD</td>
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<tr>
<td>SCP Complex Care</td>
<td>OP D PD LDA MH SI YA AD</td>
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<tr>
<td>SeeAbility – Kent Support Service</td>
<td>PD LDA MH SI YA</td>
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<tr>
<td>Seeds Care Ltd – 60 St Peters Road</td>
<td>LDA YA</td>
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<tr>
<td>Sentinel Care</td>
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Visit www.carechoices.co.uk for further assistance with your search for care
Flexible and affordable home care assistance. Providing a community care service that is professional, yet feels like you are being cared for by a loving family member. We believe everyone should have the choice to be cared for in their own home, with dignity and have personal choice in how they choose to live.

See page 39 for the Service User Bands key
ROSEMONT CARE OFFER A PERSONALISED FLEXIBLE CARE AND SUPPORT SERVICE TO PEOPLE WITHIN THEIR OWN HOMES.

Support and Assistance with the following:

- All aspects of personal care
- Assistance with daily routine
- Meal preparation and help with daily nutrition
- 24 hour Live-in Care and Overnight Support
- Social companionship
- Respite care
- Support to maintain your safety and security
- Complex Care
- Palliative Care
- Hospital to Home

Telephone: 01634 717432 Email: Medway@rosemontcare.co.uk
Website: www.rosemontcare.co.uk
Rosemont Care Medway Regent House, Ground Floor, Unit 3 Station Road, Strood, Kent, ME2 4WQ
Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority, voluntary organisations or private companies. Properties may be available for rent, mixed tenure or to purchase.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move, or move and take the same support with them. People have greater security of tenure, and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation, and extra care housing. The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 12).

For further information, visit www.kent.gov.uk/supportedhousing

Shared Lives

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially-adapted facilities. Contact the council for further advice on local schemes.

The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk  @WeAreMFON

• Birth to adulthood
• Real life blogs
• Directory
• Ask the experts
• Monthly columnist

Subscribe today
Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities.

In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact your local Adult Social Care department. Details are on page 116.

Specialist services

Learning disability

If you are living with a learning disability in Kent, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you.

The council aims to keep people independent in their own homes wherever possible, but if you need to move somewhere with care and support, you might like to consider a housing with care scheme, see page 42.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Kent. Any learning disability providers are denoted with LDA.

You may also find the organisations listed here useful.

Mencap
Supporting people with learning disabilities to feel valued equally, listened to and included.
Tel: 0808 808 1111
Email: helpline@mencap.org.uk
Web: www.mencap.org.uk

Scope
Offers free, impartial and expert information, advice and support to disabled people and their families, 9.00am to 5.00pm weekdays.
Tel: 0808 800 3333
Email: helpline@scope.org.uk
Web: www.scope.org.uk

Do you or your loved one need care at home?

• Personal Care – washing, showering, dressing etc
• Medication Assistance – dispensing and recording the correct doses
• Palliative/End of Life Care – assistance at the hardest of times
• Meal Preparation – assisting and preparing light snacks to full nutritional meals
• Dementia Care – providing continuity and familiarity
• Domestic Duties – shopping, cleaning, laundry, ironing etc

CONTACT US TODAY
01304 279415 • 07749 022559
info@royalcare.org.uk • www.royalcare.org.uk
9 Church Street, Dover, Kent CT16 1LY
(out of hours)

Visit www.carechoices.co.uk for further assistance with your search for care
Mental health

If you are worried about your mental health, it’s important to remember that you aren’t alone. Lots of people have issues with their mental health and there’s help and advice available in Kent to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the organisations listed here for free help and support.

**MIND**

Provides support to people with mental health needs and offers one-to-one counselling, befriending, peer support and more.

**Folkestone and District**
Tel: 01303 250090
Email: contact@folkestonemind.org.uk
Web: www.folkestonemind.org.uk

**Maidstone and Mid-Kent**
Tel: 01622 692383

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**Physical disability**

If you have a physical disability or a long-term illness, organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range of services to help you live as independently as possible. There are also services available to support someone who may be your carer.

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**Sensory services**

If you are deaf, blind, sight impaired or deafblind there is a number of organisations in Kent that may be able to offer you advice and support.

**Hi Kent**

Hi Kent is a local registered charity for deaf and hard of hearing people. For more information on support in your local area visit www.hikent.org.uk or call 01622 691151 or text 07939 593030.

**Kent Association for the Blind (KAB)**

KAB offers comprehensive support services to sight impaired people of any age. They work across Kent, Medway, Bromley and Bexley. Web: www.kab.org.uk

---

Email: mindhelp@mmkmind.org.uk
Web: www.maidstonemind.org

**North Kent**
Tel: 01322 291380
Email: admin@northkentmind.co.uk
Web: www.northkentmind.co.uk

**West Kent**
Tel: 01732 744950
Email: hello@westkentmind.org.uk
Web: www.westkentmind.org.uk

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Email: mindhelp@mmkmind.org.uk
Web: www.maidstonemind.org

**Bromley Team**
Tel: 0208 464 8406
Email: rehab.bromley@kab.org.uk

**East Team**
Tel: 01227 763366
Email: rehab.canterbury@kab.org.uk

**Medway**
Tel: 01634 332929
Email: rehab.medway@kab.org.uk

**West Team**
Tel: 01622 691357 (Main reception)
Tel: 01622 358995 (Rehab)
Email: enquiry@kab.org.uk
Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions.

Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

For further information, see ‘Useful local contacts’ on page 115.

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is also important to know that all health and social care staff must be trained in communication regarding end of life care and will be trained in assessing the needs of individuals and carers. It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don’t need to make all the decisions about what you would have liked or wonder whether they are making the right choices.

Things to consider are included in ‘My Funeral Wishes’, a form produced by Dying Matters and the National Association of Funeral Directors. Visit www.dyingmatters.org/page/my-funeral-wishes

You do not have to instruct a funeral director, but if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or The National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See page 117 for details of organisations that may be able to help you plan for the end of your life or your funeral.
Supported living for people with nursing needs

Choice of Social Groups
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a "family" atmosphere.

Social Programme
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.hawkhursthouse.com
Tel: 01580 239170 • Email: enquiries@hawkhursthouse.com
Cranbrook Road, Hawkhurst, Cranbrook, Kent TN18 5EF
Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator’s premises and on its website. You can also find inspection reports and ratings for all services on the CQC’s website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)
If you need someone to look after you 24 hours a day, but don’t need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs, see page 12 for more on assessments.

Care homes with nursing
A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need. This visit might be in your own home, or in hospital if you’ve been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly. Check with Adult Social Care for current rates.

For help with finding care homes and care homes with nursing in your area, visit www.carechoices.co.uk

Activities in care homes

The word ‘activity’ can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities they provide in their care home.

For information on care homes for people living with dementia, see page 52.

Visit www.carechoices.co.uk for further assistance with your search for care
Celebrating Life

Our homes are more than care homes. They’re family homes. Friendly homes. Homes that provide tailored care, beautiful environments and choice in every meal or activity.

Places that celebrate the little things that mean everything – morning, noon and night.

Visit us anytime for friendly advice and to look around.
You can also find helpful information at www.barchester.com
Care homes checklist

Home 1

Home 2

Home 3

Fees per week

£

£

£

Quality rating*


We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

What is the minimum number of staff that are available at any time? □ □ □

Are staff respectful, friendly and polite? □ □ □

Do staff have formal training? □ □ □

Are the staff engaging with residents? □ □ □

Activities

Can you get involved in activities you enjoy? □ □ □

Is there an activities co-ordinator? □ □ □

Does the home organise any outings? □ □ □

Are residents escorted to appointments? □ □ □

Do the residents seem entertained? □ □ □

Does the home have a varied activities schedule? □ □ □

Life in the home

Is the home adapted to suit your needs? □ □ □

Can you bring your own furniture? □ □ □

Are there enough plug sockets in the rooms? □ □ □

Are there restrictions on going out? □ □ □

Is there public transport nearby? □ □ □

Does the home provide any transport? □ □ □

Can you make/receive calls privately? □ □ □

Can you decide when to get up and go to bed? □ □ □

Does the home allow pets? □ □ □

Does the home use Digital Care Planning accessible to families? □ □ □

Personal preferences

Is the home too hot/cold? Can you control the heating in your room? □ □ □

Is the décor to your tastes? □ □ □

Are there restricted visiting hours? □ □ □

Is there somewhere you can go to be alone? □ □ □

Does the home feel welcoming? □ □ □

Catering

Can the home cater for any dietary requirements you may have? □ □ □

Does the menu change regularly? □ □ □

Can you eat when you like, even at night? □ □ □

Can you have food in your room? □ □ □

Is there a choice of food at mealtimes? □ □ □

Is alcohol available/allowed if you want it? □ □ □

Can visitors join you for meals? □ □ □

Fees

Do your fees cover all of the services and activities? □ □ □

Are fees likely to change regularly? □ □ □

Is the notice period for cancellation of the contract reasonable? □ □ □

Could you have a trial period? □ □ □

Can you keep your room if you go into hospital? □ □ □

Can you handle your own money? □ □ □

*See page 57.
Live Well in Our Care in Tonbridge

Offering 24 hour nursing, residential and dementia care, Tonbridge House Care Home is a place to live well. Whether you’re looking for a care home for yourself or for a loved one, you can be confident that Tonbridge House is the right choice.

CALL TO BOOK A VISIT OR FIND OUT MORE AT PORTHAVEN.CO.UK!

Tonbridge House Care Home
36 Quarry Hill Road
Tonbridge, Kent TN9 2RS
Tel 01732 497596

NURSING • RESIDENTIAL • DEMENTIA • RESPITE

avante care & support

“Communities where everyone has a vibrant and fulfilling life”

We provide care and support for older people and those living with dementia.

We pride ourselves on delivering the best care, tailored to each persons individual needs, personality, hobbies and interests. Our homes provide a safe, warm and welcoming environment.

Experienced and skilled staff ensure each resident is supported and encouraged to take part in the daily activities that take place inside and outside the homes. If you are looking for either day care, a respite break or long term care, Avante Care & Support can help.

To arrange a visit or find out more please call us on 01795 597400 or visit www.avantecare.org.uk

Our care homes in Kent
Amherst Court, Chatham 01634 400009
Bridge Haven, Bridge 01227 831607
Court Regis, Sittingbourne 01795 423385
Pilgrims View, Snodland 01634 241906
Residential dementia care checklist

<table>
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<th>Home 1</th>
<th>Home 2</th>
<th>Home 3</th>
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We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 49. You can download and print this checklist at [www.carechoices.co.uk/checklists](http://www.carechoices.co.uk/checklists).

### Design
- Are there clear signs throughout the home? [ ] [ ] [ ]
- Has the home been designed or adapted for people with dementia? [ ] [ ] [ ]
- Are the home and grounds secure? [ ] [ ] [ ]
- Are there prompts outside the residents’ rooms to help people identify their own? [ ] [ ] [ ]
- Is the décor familiar to your loved one? [ ] [ ] [ ]

### Choices
- Do residents get choice in terms of what they wear each day? [ ] [ ] [ ]
- Are residents encouraged to be independent? [ ] [ ] [ ]
- Can residents decide what to do each day? [ ] [ ] [ ]
- Can residents have a say in the décor of their room? [ ] [ ] [ ]

### Activities
- Are residents able to join in with household tasks like folding washing? [ ] [ ] [ ]
- Are there activities on each day? [ ] [ ] [ ]
- Can residents walk around outside on their own? [ ] [ ] [ ]
- Are residents sitting in front of the TV or are they active and engaged? [ ] [ ] [ ]
- Are there rummage boxes around? [ ] [ ] [ ]

### Health
- Can residents get help with eating and drinking? [ ] [ ] [ ]
- How often does the home review residents’ medication? [ ] [ ] [ ]
- Does the home offer help if a resident needs assistance taking medication? [ ] [ ] [ ]
- Do GPs visit the home regularly? [ ] [ ] [ ]

### Staff
- Are staff trained to identify when a resident might be unwell? [ ] [ ] [ ]
- Are staff trained to spot when someone needs to go to the toilet? [ ] [ ] [ ]
- Do the staff have any dementia specific training/experience? [ ] [ ] [ ]
- Will your loved one have a member of staff specifically responsible for their care? [ ] [ ] [ ]

### Approach to care
- Does the home follow a specific approach to dementia therapy, for example, validation therapy? [ ] [ ] [ ]
- Will the home keep you informed about changes to your loved one’s care? [ ] [ ] [ ]
- Does the home have a specific approach to end of life care? [ ] [ ] [ ]
- Does the home keep up to date with best practice in dementia care? [ ] [ ] [ ]

*See page 57.*
Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities of Care. For more information on these, see pages 45 and 55.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 51.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment.

Plenty of natural light and an easy way of finding one’s way around the building and grounds are essential for minimising disorientation.
Staff training
Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia. Ask to speak with the Dementia Champion and question the placement if the home does not have a specific Dementia Lead.

Paying for care

Care funded by the council
You will need to have a financial assessment to see whether the council can help you with the costs and to see how much you are able to afford. The amount of financial assistance you may receive will depend on your needs and your financial circumstances. See www.kent.gov.uk and search ‘paying for residential care’ for more information.

Paying for your own residential care

Self-funding
If you are self-funding your care because you are not eligible for local authority funding, there are other forms of financial assistance you may be entitled to. Go to www.kent.gov.uk and search ‘paying for residential care’ to find out more.

Will the local authority pay my fees while I am selling my former home?
If, apart from your property, your other capital is below £23,250 the local authority may help with the costs during the first twelve weeks of permanent care. Beyond that period any financial help will be charged against the value of your former home and recovered from the eventual sale proceeds. For more information on selling your home to pay for residential care, visit www.kent.gov.uk and search for ‘deferred payments’.

Do I have to pay Council Tax on an empty property?
If you move into a care home and your property is left empty, you should receive full exemption from Council Tax until it’s sold.

Is there any financial help that is not means tested?
Attendance Allowance is a non-means tested, non-taxable allowance, paid at different rates for those needing care by day or by day and night. Whether your stay is temporary or permanent, if you receive nursing care in a care home you may be entitled to NHS Registered Nursing Care Contribution (RNCC), sometimes called Funded Nursing Care, towards the cost of your nursing care. This is paid directly to the home towards your nursing needs. If your needs are primarily health care related, you may be entitled to full funding from your local clinical commissioning group following an assessment under their Continuing Healthcare eligibility criteria, see ‘NHS continuing healthcare’ on page 14 for more information.

What happens if I move into a care home independently and run out of money?
If there is a likelihood that you will run out of money, it’s important that you arrange an assessment of your care needs with Kent County Council to ensure it is aware of your situation in advance of it happening. Also check if the care home can continue to accommodate you at the local authority’s funding rates or whether you will require a third party top-up or need to move to a different home. Visit www.kent.gov.uk and search ‘paying for residential care’ for more information on what to do if you are worried about running out of money.

What can I do to avoid this situation?
There are ways of meeting care costs for as long as you need care whilst using up only part of your capital. The important thing is not to try to do it alone, always seek professional advice. For more details, go to www.kent.gov.uk and search ‘financial advice’.
Contractual relationship with a home

Before you sign any contract with a care home, the home should give you written details of all the charges it intends to make in its Statement of Purpose document. If there is anything that is not clear or which you do not understand, you should seek professional advice. If you are seeking financial support from the local authority, they will have the contractual relationship with the home on your behalf.

Third party payments

If you are eligible for local authority support and the home you choose costs more than the rate the local authority usually pays for someone with your needs, you could ask someone else to make an additional payment on your behalf.

If there is no-one available to supply the extra payment, you can ask the local authority to find you another placement at the rate it would normally expect to pay. If, however, you do decide to live in the more expensive home and you have someone who is able to make an additional payment for you, they will have to pay the difference between the local authority rate and the amount the home charges. This additional payment is often referred to as a ‘top-up’ or ‘third party contribution’.

The law says that you are not allowed to make this additional payment yourself, except in limited circumstances. Therefore, in the main, the additional payment has to be made by someone else, for example, a family member or charity.

Before anyone agrees to make additional payments on your behalf, they should be aware that the amount could change, usually increase, once a year and they need to be confident that they can sustain the payments for as long as they are required. If the additional payments stop being paid for any reason, then you should seek help and advice via Kent County Council.

The person who will make the payment on your behalf must sign a contract with the local council before any contract with the home is signed. In doing so the person must confirm that they have the financial means to make the third party payments (including any future increases) for the whole time you will live at the care home. If they are unable to maintain the payments and there is nobody else able to meet this cost, you may have to move to a cheaper home within the local authority’s funding levels.

If you are already resident in a care home, and no third party agreement was required at the time you became a resident, the home may seek to introduce a third party payment at a later date, which would need to be agreed first with the local authority. Also, if a change to your arrangements is made at your request or with your agreement, for example you move to a nicer room, then an additional third party payment can become due.

For more information on paying for care, go to www.kent.gov.uk and search ‘paying for residential care’ where there are links to useful online booklets.
Planning for care?

Come and talk to us – we provide specialist advice to clients, their families and carers.

Our services include:

- Powers of Attorney
- Mental capacity
- Court of Protection
- Wills and trusts
- NHS continuing care
- Community care advice
- Funding care fees
- Probate

Knowledge. Experience. Results.

To arrange an appointment at your home or in our offices call Nicola August on 01227 763939 furleypage.co.uk

There is so much confusion concerning the community care rules. Briefly the rules provide that:

- you pay for your care from your income,
- your capital is used if and/or when your income is insufficient,
- the local authority contributes to your care costs only when your capital drops to £23,250,
- once your capital has dropped to £14,250, your contribution is based only on your income and the local authority meets the shortfall subject to local funding limits.

Steps can be taken to protect assets, such as giving your property away, but timing is key and always obtain expert independent legal advice. One misconception is that you must not move into care within seven years of a gift - this relates to inheritance tax and other rules apply to community care.

Spouses should also give serious thought to the way their Wills are prepared. If a couple simply left their assets to each other, all their assets would be used to pay for the survivor’s residential or nursing home care. Compare this scenario with one where on the first death, the survivor had the right to occupy the deceased’s half of the house - if the survivor subsequently needed care one half of the house would be protected from care costs.

It is also important to be aware of your rights to claim continuing care funding should you need to move into a nursing home. If you have a primary health need, it will be the responsibility of the NHS to fund your care and therefore your assets would not be used to pay your care costs.

Clarkson Wright & Jakes also offer FREE ‘Protecting your Family Assets’ seminars covering:

- Community Care
- Lasting Powers of Attorney
- Inheritance Tax Planning

These are held at 4pm on the second Thursday of every month, at our offices in Orpington:

Valiant House, 12 Knoll Rise, Orpington, Kent, BR6 0PG

Please book as many places as you need for family and friends to come along with you.

For further information about this article or to book a place on a seminar please contact Jeremy Wilson on 01689 887847 or book online at www.cwj.co.uk/seminars

www.carechoices.co.uk

With so many providers to choose from, where do you start?

www.carechoices.co.uk

Visit www.carechoices.co.uk for further assistance with your search for care
Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you’re considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service’s latest CQC inspection report and rating (see page 57), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function. Visit www.carechoices.co.uk

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and Powers of Attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable.

The Court of Protection can issue Orders directing the management of a person’s property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An ‘advance directive’ allows you to communicate your wishes in respect of future medical treatment but it is not legally binding. You may instead wish to make a living will, properly known as an ‘advance decision’, setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don’t have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It’s important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area.

Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to
your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy to use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made. If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see below for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to complain to your social worker/care manager or the department’s designated complaints manager.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on 0300 061 0614 and ask them to assist you. The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service. Its job is to investigate complaints in a fair and independent way.

Inspecting and regulating care services

Health and social care services must be registered to show that they meet a set of standards.

The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC’s five key questions: Is the service safe? Effective? Caring? Responsive to people’s needs? Well-led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well, and where it needs to improve.

It’s always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC’s website (www.cqc.org.uk). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next, and what to look out for when it does. If you want to share your experience of care, visit www.cqc.org.uk/share

Tel: 03000 616161
Email: enquiries@cqc.org.uk
Web: www.cqc.org.uk
Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA
Out-of-county care

You can choose a care home outside your home county. You may want to be closer to friends, family members or you may want to relocate to another part of the country.

If your care home place is state-funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be suitable for your assessed needs and comply with the paying authority’s terms and conditions.

You should seek further advice before making your decision.

For help finding care providers in Kent and other regions, visit www.carechoices.co.uk with details of your requirements.

Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?
Abuse is mistreatment that violates a person’s human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person’s quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service’s management.

Who might be causing the abuse?
The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, call Adult Social Care. Your concerns will be taken seriously and will receive prompt attention, advice and support.

If the abuse is also a crime such as assault, racial harassment, rape or theft you should involve the police to prevent someone else from being abused. If the police are involved Adult Social Care will work with them and with you to support you.

If you are worried about contacting the police you can contact Adult Social Care to talk things over first. If immediate action is needed dial 999.

You can also:
- contact the Care Quality Commission (CQC) on 03000 616161 if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse know your concerns. They have responsibilities under the county’s adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)
There is a barring system for all those intending to work, or working with children and vulnerable adults.

This service combines the criminal records checking and barring functions. For disclosure information
Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed, or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.

Visit www.carechoices.co.uk for further assistance with your search for care and services, visit www.gov.uk/dbs

Rivermere Care Home
A Real Home From Home

A care home of unrivalled comfort and quality, Rivermere is one of the finest care homes in Sevenoaks and only two miles from the centre of town and a short walk from Chipstead village and nearby lakes. This premium care home delivers the highest possible standards in care, from single rooms to suites for couples.

Our approach is to nurture an atmosphere of care and community, all delivered with hotel standard services. Your well-being is our primary concern, and we will ensure that you have the best in support for your mind, body and soul, all tailored to you individual needs.

Call 01732 492025 or Search ‘Rivermere Care’ online or on

Rivermere Care Home
64-70 Westerham Road
Chipstead | Sevenoaks
TN13 2PZ

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Visit www.carechoices.co.uk for further assistance with your search for care
Residential care in Kent

This Directory is divided into geographical areas listed on this map. Home care providers can be found on page 25.

Ashford..............................61  Graveshern..........................81  Swale.................................99
Canterbury...........................65  Maidstone............................85  Thanet.................................104
Dartford..............................75  Sevenoaks.............................89  Tonbridge and Malling ..........109
Dover.................................77  Shepway...............................91  Tunbridge Wells....................110

Hoxton Close, Ashford, Kent TN23 5LB
info@singletonhome.co.uk

A residential home for the older person who needs care, kindness and attention.
We are a family owned and independently managed care home, therefore, we can offer everyone the time, care, warmth and friendship necessary to make this a real home from home.

• We have achieved a Good CQC rating for the previous five consecutive years
• As a local business we believe we should support other local business and so our supplies are delivered by a local butcher, a local farm shop and a local dairy.
• We are surrounded by many local amenities, these include shops, a large pub/restaurant, a post office etc.

Please give us a call and arrange a visit, we’d be pleased to help.

01233 666 768
Ashford care homes

Anderida
Church Road, Mersham, Ashford TN25 6NT
Tel: 01233 501581

Ashford Lodge
Bagham Cross, Chilham, Canterbury CT4 8DU
Tel: 01227 731437

Ashlea House ●
Bockhanger Lane, Kennington, Ashford TN24 9BP
Tel: 01233 643635

Ashford care homes

Ashford care homes

Ashford Lodge
Bagham Cross, Chilham, Canterbury CT4 8DU
Tel: 01227 731437

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Ashford care homes

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Tel: 01233 643635

Ashford care homes

Ashford care homes

Ashley House
Bagham Cross, Chilham, Canterbury CT4 8DU
Tel: 01227 731437
Supported living for people with nursing needs

Choice of Social Groups
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a "family" atmosphere.

Social Programme
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.
Ashford care homes continued

Kent Autistic Trust, The
– 165 Jemmett Road ●
Ashford TN23 4RH
Tel: 01634 405168

Laurels, The
209 Faversham Road, Ashford TN24 9AF
Tel: 01233 635932

Lyndhurst House ●
Charing Hill, Charing, Ashford TN27 0NG
Tel: 01233 713611

May Lodge
Barrow Hill, Sellindge, Ashford TN25 6JG
Tel: 01303 813926

May Morning
Barrow Hill, Sellindge, Ashford TN25 6JG
Tel: 01303 813166

New Bungalow, The ●
Forge Hill, Aldington, Ashford TN25 7TD
Tel: 01233 721222

Oaklands
183 Faversham Road, Ashford TN24 9AE
Tel: 01233 632381

Orchard House
Ashford Road, Kingsnorth, Ashford TN23 3ED
Tel: 01233 664906

Richardson Court
Main Road, Sellindge TN25 6JD
Tel: 01303 814821

Rose Cottage
Church Road, Mersham, Ashford TN25 6NT
Tel: 01233 502223

Rosemary Cottage ●
Highlands Farm, Woodchurch, Ashford TN26 3RJ
Tel: 01233 861510

Sevington Mill
Sevington Lane, Willesborough,
Ashford TN24 0LB
Tel: 01233 639800

Southfields
Stanhope Road, Ashford TN23 5RW
Tel: 01233 620256

St Valery Care Home ●
York Road, Kennington, Ashford TN24 9QQ
Tel: 01233 613931

Summerlands
Maidstone Road, Westwell Leacon,
Charing TN27 0EE
Tel: 01233 713454

Whiston House
Whiston Avenue, Bethersden, Ashford TN26 3LA
Tel: 01233 820912

Woodchurch House
Brook Street, Woodchurch,
Ashford TN26 3SN
Tel: 01233 861600

Yew Tree House Residential Care Home for the Elderly ●
9 Station Road, Headcorn, Ashford TN27 9SB
Tel: 01622 890112

York House Care Home
York Road, Kennington, Ashford TN24 9QQ
Tel: 01233 613931

Ashford care homes with nursing

Ashford Nursing Home
407 Hythe Road, Willesborough, Ashford TN24 0JA
Tel: 01233 645370

Ashminster House
Clive Dennis Court, Hythe Road, Ashford TN24 0LX
Tel: 01233 428424

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<thead>
<tr>
<th>Service User Bands</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
<th>MH Mental health</th>
<th>SI Sensory impairment</th>
<th>YA Younger adults</th>
<th>AD People who misuse alcohol or drugs</th>
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Visit www.carechoices.co.uk for further assistance with your search for care
Breton Court is a delightful residential care home, located in the small village of St. Michaels, in the beautiful Weald of Kent countryside.

Breton Court offers so much more than just a place for older people to live. We are a vibrant, senior living community that offers care, companionship, comfort and a wide selection of activities, that match individual interests. When people come to Breton Court, they lead richer lives, moving from isolation to a community.

The principle objective of the home is to create a caring, homely atmosphere where our clients can maintain as much independence as possible with dignity and respect while living a full active life. Whether they choose to play a competitive game of bingo, take part in morning exercise or just relax with friends, residents discover a second family and a home in which to thrive, both in body and spirit.

“Recognising the challenges of ageing we are dedicated to encouraging a fulfilling lifestyle with independence.”

- Parveen and Priyanka Goyal, proprietors of Breton Court

For more information please contact us
01580 762 797
www.bretoncourt.co.uk
admin@bretoncourt.co.uk
Breton Court Residential Care Home, Grange Road, St Michaels, Kent TN30 6EE
Breton Court
209 Hythe Road, Ashford TN24 8PL
Tel: 01233 643555

Halden Heights Care Community
Ashford Road, High Halden, Ashford TN26 3BP
Tel: 01233 851136

Hothfield Manor Acquired Brain Injury Centre
Bethersden Road, Hothfield, Ashford TN26 1EL
Tel: 01233 643272

Park View Care Centre
Field View, Park Farm, Ashford TN23 3NZ
Tel: 01233 501748

Singleton Nursing and Residential Home Ltd
Hoxton Close, Singleton, Ashford TN23 5LB
Tel: 01233 666768 Advert page 60

Warren Lodge Care Home
Warren Lane, Ashford TN24 8UF
Tel: 01233 655910 Advert page 76

Woodchurch House
Brook Street, Woodchurch, Ashford TN26 3SN
Tel: 01233 861600

Tenterden care homes
Breton Court
Grange Road, St Michaels, Tenterden TN30 6EE
Tel: 01580 762797 Advert page 64

Acacia House – Tenterden
Ashford Road, St Michaels, Tenterden TN30 6QA
Tel: 01580 765122

West View Integrated Care Centre
Plummer Lane, Tenterden TN30 6TX
Tel: 01580 261500

A countywide list of home care providers starts on page 25.

Canterbury care homes
Adisham House
Pond Hill, Adisham, Canterbury CT3 3LH
Tel: 01304 840170

Beeches Residential Home, The
35 Ethelbert Road, Canterbury CT1 3NF
Tel: 01227 769654

Bridge Haven
Conyngham Lane, Bridge, Canterbury CT4 5JX
Tel: 01227 831607 Advert page 50

Canterbury Adult Support Unit
88 Whitstable Road, Canterbury CT2 8ED
Tel: 01227 454020

Chase, The
53 Ethelbert Road, Canterbury CT1 3NH
Tel: 01227 453483

Connors House
Cradock Road Canterbury CT1 1YP
Tel: 01227 769774 Advert outside back cover

Canterbury care homes with nursing
Singleton Nursing and Residential Home Ltd
Hoxton Close, Singleton, Ashford TN23 5LB
Tel: 01233 666768 Advert page 60

Warren Lodge Care Home
Warren Lane, Ashford TN24 8UF
Tel: 01233 655910 Advert page 76

Woodchurch House
Brook Street, Woodchurch, Ashford TN26 3SN
Tel: 01233 861600

Tenterden care homes with nursing
Acacia House – Tenterden
Ashford Road, St Michaels, Tenterden TN30 6QA
Tel: 01580 765122

West View Integrated Care Centre
Plummer Lane, Tenterden TN30 6TX
Tel: 01580 261500

Canterbury

Visit www.carechoices.co.uk for further assistance with your search for care
Canterbury care homes continued

Elizabeth House
68 Island Road, Upstreet, Canterbury CT3 4DD
Tel: 01227 860516

Family Investment (Four) Ltd
Bridge House, Greenhills, Barham, Canterbury CT4 6LE
Tel: 01227 832512

Footprints
Stodmarsh Road, Canterbury CT3 4AP
Tel: 01227 373292

Greenbanks
Greenhills, Barham, Canterbury CT4 6LE
Tel: 01227 831731

Hamilton’s Residential Home
26 Island Road, Upstreet, Canterbury CT3 4DA
Tel: 01227 860128

Highland House
Littlebourne Road, Canterbury CT3 4AE
Tel: 01227 462921

King Edward House
77-79 New Street, Ash, Canterbury CT3 2BW
Tel: 01304 812953

Kingston House
10 The Street, Kingston, Canterbury CT4 6HZ
Tel: 01227 832981

L’Arche Kent Faith House
21-23 Redwood Close, Canterbury CT2 7TH
Tel: 01227 459133

L’Arche Kent The Rainbow
5 Victoria Road, Canterbury CT1 3SG
Tel: 01227 455745

Littlebourne House

Your Home from Home

A friendly family run home, specialising in short & long term care including dementia, providing companionship & independence.

- 56 spacious en suite rooms
- All weather conservatory
- Beautiful setting in rural village community
- Activities co-ordinator for your individual needs
- Delicious home prepared food, all dietary needs catered for
- 24 hour care
- 5 near care apartments
- Day community centre

Tel: 01227 721 527

2 High Street, Littlebourne, Canterbury, Kent CT3 1UN
www.littlebournecarehome.co.uk
info@littlebournecarehome.co.uk

Barham House

NURSING HOME

Barham House is a beautifully presented home tucked away in the picturesque village of Barham, in Kent.

Visit anytime and you will find a place where the little things mean everything, morning, noon and night. Care and support is individually tailored to the needs of each resident, and is provided by our dedicated and experienced staff.

We offer a wide range of specialist care including:

- Cancer Care
- Epilepsy
- Huntington’s Disease
- Motor Neurone Disease
- Parkinson’s Disease
- Learning Difficulties
- End of Life Care

On top of our care, Barham House also offers:

- A tailored Social Activities calendar
- Wheelchair accessible vehicle for personalized trips
- Adaptable menus that can be tailored to special dietary needs and personal requirements
- Regular visits from a Hairdresser/Barber and Chiropodist

Our team are always on hand to offer friendly advice:
Call: 01227 833 400 Fax: 01227 832 920
Email: barham@glorycommercial.co.uk
www.barhamnursinghome.co.uk

Barham House, The Street, Barham, Canterbury, CT4 6PA

<table>
<thead>
<tr>
<th>Service</th>
<th>User Bands</th>
</tr>
</thead>
<tbody>
<tr>
<td>OP</td>
<td>MH</td>
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<tr>
<td>D</td>
<td>SI</td>
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<tr>
<td>PD</td>
<td>YA</td>
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<tr>
<td>LDA</td>
<td>AD</td>
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Member of the Kent Integrated Care Alliance (KiCA)
Canterbury care homes continued

<table>
<thead>
<tr>
<th>Littlebourne House</th>
<th>Residential Care Home</th>
<th>2 High Street, Littlebourne, Canterbury CT3 1UN</th>
<th>Tel: 01227 721527</th>
<th>Advert page 66</th>
<th>OP D PD MH SI</th>
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<tbody>
<tr>
<td>Newlands ●</td>
<td></td>
<td>4 Church Lane, Westbere, Canterbury CT2 0HA</td>
<td>Tel: 01227 713883</td>
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<tr>
<td>Oakfield House Retirement Home ●</td>
<td></td>
<td>High Street, Wingham, Canterbury CT3 1BU</td>
<td>Tel: 01227 721107</td>
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<tr>
<td>Old Farm House Residential Home, The</td>
<td></td>
<td>48 Hollow Lane, Canterbury CT1 3SA</td>
<td>Tel: 01227 453685</td>
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<tr>
<td>Old Rectory, The</td>
<td></td>
<td>45 Sandwich Road, Ash, Canterbury CT3 2AF</td>
<td>Tel: 01304 813128</td>
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<tr>
<td>Old Rectory Retirement Home, The</td>
<td></td>
<td>Lanfranc Gardens, Summerhill, Canterbury CT2 8NJ</td>
<td>Tel: 01227 768004</td>
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<tr>
<td>RNID Action on Hearing Loss Roper House</td>
<td></td>
<td>St Dunstans Street, Canterbury CT2 8BZ</td>
<td>Tel: 01227 462155</td>
<td></td>
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<tr>
<td>Roberta House</td>
<td></td>
<td>95-103 Island Road, Upstreet, Canterbury CT3 4DE</td>
<td>Tel: 01227 860704</td>
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<tr>
<td>Saxon Lodge Residential Home Ltd</td>
<td></td>
<td>30 Western Avenue, Bridge, Canterbury CT4 5LT</td>
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<td>Smock Acre ●</td>
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<td>Hollow Lane, Hoath, Canterbury CT3 4LF</td>
<td>Tel: 0208 308 2900</td>
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<td>Strode Park Foundation – Redwalls</td>
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<td>Stodmarsh Road, Canterbury CT3 4AP</td>
<td>Tel: 01227 785067</td>
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<td>Sussex Avenue, 26A</td>
<td></td>
<td>Canterbury CT1 1RT</td>
<td>Tel: 01227 847845</td>
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<td>Valley House in the Vineyard Ltd</td>
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<td>Elham Valley Vineyard Breach, Canterbury CT4 6LN</td>
<td>Tel: 01227 832230</td>
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<tr>
<td>Whitstable Road ●</td>
<td></td>
<td>94 Whitstable Road, Canterbury CT2 8ED</td>
<td>Tel: 01227 471980</td>
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<tr>
<td>Woodville Respite Centre</td>
<td></td>
<td>Woodville Close, Canterbury CT1 3TX</td>
<td>Tel: 01227 780965</td>
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</tr>
</tbody>
</table>

Canterbury care homes with nursing

| Barham House | The Street, Barham, Canterbury CT4 6PA | Tel: 01227 833400 | Advert page 66 | OP D PD MH SI |
| Chaucer House | St Martin’s Hill, Littlebourne Road, Canterbury CT1 1PS | Tel: 01227 671985 | | OP D PD SI YA |
| Harbledown Lodge ● | Upper Harbledown, Canterbury CT2 9AP | Tel: 01227 458116 | | OP D |
| High Meadow Nursing Home | 126-128 Old Dover Road, Canterbury CT1 3PF | Tel: 01227 760213 | | OP D |

<table>
<thead>
<tr>
<th>Service</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
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<tbody>
<tr>
<td>User Bands</td>
<td>MH Mental health</td>
<td>SI Sensory impairment</td>
<td>YA Younger adults</td>
<td>AD People who misuse alcohol or drugs</td>
</tr>
</tbody>
</table>

Member of the Kent Integrated Care Alliance (KICA)

Adverters are highlighted

Visit www.carechoices.co.uk for further assistance with your search for care
Red House Nursing Home

At The RedHouse we aim to provide our residents with an outstanding level of care, which is tailored to each individual's specific needs. It is our wish that our residents consider The RedHouse to be their home and their happiness here is of paramount importance. The opinions and input of our residents and their family are valued and respected.

- 24 hour personalised Nursing Care
- Most rooms single en-suite with Wifi access
- Patient own choice of G.P.
- Special diets catered for
- Visiting chiropodist and hairdresser
- Organised activities and entertainment
- Lift and specially equipped bathrooms
- Nurse call and colour TV in all rooms
- Short/long term respite care
- No visiting restrictions
- Full on-site laundry service
- Wheelchair access throughout

Tel: 01227 464171 • Fax: 01227 788084 • Email: admin@red housenursing.com

www.red housenursing.com

The Red-House Nursing Home, London Road, Canterbury, CT2 8NB

The Hailey

The Hailey is a large residential care home situated on the downs with stunning sea views and a short walk from the town centre.

It provides accommodation for up to 40 adults with mental health difficulties.

- Single & En-suite deluxe bedrooms
- Hair Salon
- Client Kitchen
- On site Daycentre providing numerous activities, skills coaching & promoting independence
- Direct view out onto the sea
- Long term, short stay & respite care offered

For details & a brochure contact Donna Allingham, Registered Manager 01227 742366

7/8 The Downs, Beacon Hill, Herne Bay, Kent CT6 6AU

Email: donna@all-about-care.co.uk

Web: www.all-about-care.co.uk

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Search for care at www.carechoices.co.uk to find support in your area
Canterbury care homes with nursing continued

High View Oast Nursing Home ●
Poulton Lane, Ash, Canterbury CT3 2HN
Tel: 01304 267846  OP PD YA

Highfield
Bekesbourne Lane, Bekesbourne, Canterbury CT4 5DX
Tel: 01227 831941  OP PD YA

Meadow View Residential Care Home
Blackthorne Road, Hersden, Canterbury CT3 4GB
Tel: 01227 207117  OP D PD YA

RedHouse Nursing Home, The
London Road, Canterbury CT2 8NB
Tel: 01227 464171 Advert page 68  OP PD SI

Herne Bay care homes

Broomfield Lodge ●
1 Hunters Forstal Road, Herne Bay CT6 7DN
Tel: 01227 740417 Advert page 72  OP D

Cedar Oaks
68 Cavendish Road, Herne Bay CT6 5BB
Tel: 01227 370158  LDA

Coach House, The
Strode Park House, Lower Herne Road,
Herne Bay CT6 7NE
Tel: 01227 740871  PD LDA SI YA

Cumberland, The ●
9-11 Beltinge Road, Herne Bay CT6 6DB
Tel: 01227 375301 Advert page 70  OP D

Dalkeith Lodge
41 Mickleburgh Hill, Herne Bay CT6 6DT
Tel: 01227 362820  LDA

Elliott House
22 Reculver Road, Herne Bay CT6 6NA
Tel: 01227 374084  OP D

Favorita House Residential Home
28 Canterbury Road, Herne Bay CT6 5DJ
Tel: 01227 374166  OP D

Grange, The
75 Reculver Road, Herne Bay CT6 6LQ
Tel: 01227 741357  LDA

H M T Care – 48 Albay Drive
Herne Bay CT6 8PX
Tel: 01227 742992  PD YA

Hailey Residential Care Home, The ●
7-8 The Downs, Beacon Hill, Herne Bay CT6 6AU
Tel: 01227 742366 Advert page 68  OP MH YA

Harbour Care Home ●
139 The Broadway, Herne Bay CT6 8HY
Tel: 01227 741940  LDA MH YA

Heron House
St Augustines, Sweechbridge Road,
Herne Bay CT6 6TB
Tel: 01227 368932  PD LDA SI YA

High Pines Residential Home Ltd
47 Pigeon Lane, Herne, Herne Bay CT6 7ES
Tel: 01227 368454  OP D

Kimberley Residential Home ●
40 Mickleburgh Hill, Herne Bay CT6 6DT
Tel: 01227 374568  D

Kingsley
28 Downs Park, Herne Bay CT6 6BZ
Tel: 01227 367577  LDA

Laleham, The
117-121 Central Parade, Herne Bay CT6 5JN
Tel: 01227 374898  OP D

Optima Care Ltd – 37 Spenser Road ●
Herne Bay CT6 5QP
Tel: 01227 741114  OP PD LDA SI YA

Orchard House
Underdown Lane, Herne Bay CT6 5UD
Tel: 01227 373586  PD YA

Visit www.carechoices.co.uk for further assistance with your search for care 69
St Brelades is situated overlooking the sea with panoramic views across the Downs. Cumberland is situated close to the seafront and local amenities. Both homes have good road and rail links to London and the rest of the country.

We have been established for 40 years, and offer specialised care to ladies living with Dementia. We have had excellent outcomes in CQC reviews and were rated as GOOD in all categories in the last inspection. Our overarching aim is to give our service users a meaningful life that meets their personal wishes.

We provide
- 24 hour care in a room of your choice (many with en-suite)
- A variety of dining and communal areas to suit your needs
- Delicious home-style food, prepared inhouse using local produce
- Recreational activities and support with spiritual wellbeing
- Contracted local GP offering in-house consultation and other health care services as needed

For more information, please contact us

01227 375301 | 01227 365203
www.stbreladescarehomes.org.uk
stbrelades@btconnect.com

A detached property situated only two minutes from the beach and High Street, Sovereign House is registered to provide personal care and support for up to 10 older people with dementia.

The well decorated and maintained accommodation is spread over three floors with eight en-suite rooms and two rooms with adjoining bathrooms. The home has a lift, a grassed front garden and a concreted rear garden with plants and shrubs.

Contact us for further information:
Tel: 01227 368796 Email: sovereignhouse@talktalk.net

RESIDENTIAL CARE HOME FOR THE ELDERLY

Delivering YOUR CARE
...Understanding your needs

You’ll find a beautiful home set in picturesque gardens near the sea at St Peter’s.

If comfort, companionship, security and ‘everything done for you’ care is what you are looking for then St Peter’s will be a perfect fit. You will find life here is luxurious, stress free, interesting, engaging and enjoyable.

Our services include:
- Residential care + Respite care

15 Saint George’s Terrace, Herne Bay CT6 8RQ
Tel: 01227 744000 • www.carehomehernebay.co.uk
Herne Bay care homes continued

**Rivendell, The**
6 Beacon Road, Herne Bay CT6 6DH
Tel: 01227 363137  LDA

**Roselands**
50 Reculver Drive, Beltinge, Herne Bay CT6 6QF
Tel: 01227 360738  OP LDA YA

**Seymour House**
9 Queenbridge Drive, Herne Bay CT6 8HE
Tel: 01227 361395  LDA

**Sovereign House**
30 Canterbury Road, Herne Bay CT6 5DJ
Tel: 01227 368796  Advert page 70

**St Brelades**
5-6 Beacon Hill, Herne Bay CT6 6AU
Tel: 01227 375301  Advert page 70

**St Peter’s Care Home**
15 St Georges Terrace, Herne Bay CT6 8RQ
Tel: 01227 744000  Advert page 70

**Strode Park House**
Lower Herne Road, Herne Bay CT6 7NE
Tel: 01227 373292  OP PD SI YA

**Tarrys Residential Home**
86-88 Grand Drive, Herne Bay CT6 8LL
Tel: 01227 367045  OP D

**Whitebirch Lodge**
102-104 Canterbury Road, Herne Bay CT6 5SE
Tel: 01227 374633  Advert below left

**Wimbledon House Residential Care Home**
58 Selsea Avenue, Herne Bay CT6 8SD
Tel: 01227 370909  Advert below right

---

**WHITEBIRCH LODGE RESIDENTIAL HOME**

The home provides an excellent comfortable atmosphere with very high standards of accommodation for long term residents and for people who need respite or day care.

**102-104 Canterbury Road, Herne Bay, Kent, CT6 5SE**

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**FOR MORE INFORMATION PLEASE DO NOT HESITATE TO CONTACT US ON**

(01227) 374633 or 362312

---

**Wimbledon House**

*Wimbledon House* is a large residential care home set in mature gardens a short stroll from the seafront. It provides accommodation for up to 34 Adults with mental health difficulties offering a warm, caring, homely atmosphere.

- Single & En-suite deluxe bedrooms • Hair salon
- Large, well-equipped communal areas
- Private gardens & decked areas
- Ground floor accommodation
- Daycentre providing numerous activities & skills coaching promoting independence
- Long term, short stay & respite care offered

**FOR DETAILS & A BROCHURE CONTACT ANGELA BERRY, REGISTERED MANAGER ON**

(01227) 370909

58 Selsea Avenue, Herne Bay, Kent CT6 8SD
Email: angela@all-about-care.co.uk
Web: www.all-about-care.co.uk

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Service User Bands
**OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
**MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

**Member of the Kent Integrated Care Alliance (KiCA)**

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Visit www.carechoices.co.uk for further assistance with your search for care  

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Miramar Care Home
A Home By The Sea

A stunning coastal setting overlooking the sea from the gardens at the rear, this bespoke senior living and care home in Herne Bay offers individuals and couples an assisted retirement in your own apartment with kitchen and en-suite shower room, through to full-time care from professional and highly trained staff.

Our approach is to nurture an atmosphere of care and community, all delivered with hotel standard services. Your well-being is our primary concern, and we will ensure that you have the best in support for your mind, body and soul, all tailored to you individual needs.

Call 01227 374488 or Search ‘Miramar Care’ online or on

St Martins and Broomfield Lodge

Providing excellent care for dementia focusing on clients’ individual needs.

We offer a high standard of accommodation with 24 hour care by professional trained staff.

- Respite care
- Regular entertainment
- Visiting hairdresser, chiropodist & aromatherapist
- Seasonal menu
- Lift
- Friendly run Homes with a warm and welcoming atmosphere

Owned and operated by H U Investments Limited, a company that is committed to Investing In Care.

The Coach House, The Oasts Business Village, Red Hill, Wateringbury, Maidstone, Kent ME18 5NN
Tel: 07733 177553 Email: gill@huinvestments.co.uk
Herne Bay care homes with nursing

Coach House, The
Strode Park House, Lower Herne Road,
Herne Bay CT6 7NE
Tel: 01227 740871  PD LDA SI YA

Haydon-Mayer
54 Albany Drive, Herne Bay CT6 8PX
Tel: 01227 374962  OP D

Miramar Care Home
165 Reculver Road, Beltinge,
Herne Bay CT6 6PX
Tel: 01227 374488  Advert page 72  OP D PD

Strode Park House
Lower Herne Road, Herne Bay CT6 7NE
Tel: 01227 373292  OP PD SI YA

Whitstable care homes

Bradbury Grange
74 Canterbury Road, Whitstable CT5 4HE
Tel: 01227 273209  Advert below  OP D

FiveWays
Kingsdown Park East, Tankerton, Whitstable CT5 2DT
Tel: 0208 531 5885  LDA MH SI

Lyndhurst Rest Home
42-43 Marine Parade, Tankerton, Whitstable CT5 2BE
Tel: 01227 275290  D

Marine Parade
18 Marine Parade, Tankerton, Whitstable CT5 2BG
Tel: 01227 772824  MH

Maylands
Grosvenor Road, Whitstable CT5 4NN
Tel: 01227 770232  OP LDA YA

St Martins
3 Joy Lane, Whitstable CT5 4LS
Tel: 01227 261340  Advert page 72  OP D

Tralee Rest Home
38-40 Tankerton Road, Whitstable CT5 2AB
Tel: 01227 276307  OP D

A countywide list of home care providers starts on page 25.

Bradbury Grange, Whitstable, Kent
Residential Care Home

Putting care at the heart of your decision

• Compassionate, highly-trained staff who care for everyone as an individual
• Large bedrooms with en suite bathrooms
• Close to Whitstable seafront
• Hair salon and reflexology
• Café and weekly shop trolley
• Beautiful gardens and summer house
• Activities coordinator and chaplain

Find out more: www.mha.org.uk/bradburygrange  Tel: 01227 273209  bradburygrange@mha.org.uk

Visit www.carechoices.co.uk for further assistance with your search for care
Gardenia House
Keeping those you love nearby in Dartford

Gardenia House is an intimate 25 bed home with a warm and friendly environment.
Providing 24 hour residential and respite care for older people.

Contact us to find out more or to arrange a visit:
01322 290837
GardeniaHse@heritagecare.co.uk
19 Pilgrims Court, Temple Hill, Dartford, Kent DA1 5LZ
www.heritagecare.co.uk

DFA Care Ltd
Delivering Friendly, Affordable Care

Darenth Grange Residential Home
Registered for 29 Eiderdy Clients • Established since 1952
A Place of Caring & Understanding

The home is reached by a long private drive, standing in over six acres of green belt on the hill, overlooking beautiful Darenth Valley. We aim to respect the privacy and dignity of the clients in a homely atmosphere where care comes first.

Darenth Hill · Dartford · DA2 7QR
Tel: 01322 224423

Search for care in your area

www.carechoices.co.uk

Search for care at www.carechoices.co.uk to find support in your area
Whitstable care homes with nursing

**Chestfield House**
The Ridge Way, Chestfield, Whitstable CT5 3JT
Tel: 01227 792281

**Harrier Lodge**
Thanet Way, Whitstable CT5 3FS
Tel: 0333 321 8609

**St John Home**
1 Gloucester Road, Whitstable CT5 2DS
Tel: 01227 273043

**Whitstable Nursing Home**
28 West Cliff, Whitstable CT5 1DN
Tel: 01227 265443

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**Dartfort**

**Dartford care homes**

**Blossoms Care Home Ltd**
Mounts Road, Greenhithe DA9 9ND
Tel: 01322 381642

**Bramblings Residential Home**
Bramblefield Close, Hartley DA3 7PE
Tel: 01474 702332

**Charton Manor**
Gorse Hill, Farningham DA4 0JQT
Tel: 01322 863116

**Darenth Grange Residential Home**
Darenth Hill, Dartford DA2 7QQR
Tel: 01322 224423

**Fairby Grange**
Ash Road, Longfield DA3 8ER
Tel: 01474 702223

**Gardenia House**
19 Pilgrims Court, Temple Hill, Dartford DA1 2LZ
Tel: 01322 290837

**Haslington Residential Home**
Bean Road, Greenhithe DA9 9JB
Tel: 01322 383229

**Old Downs Dementia Residential Care Home, The**
Castle Hill, Hartley, Dartford DA3 7BH
Tel: 01474 702146

**Rosewood Residential Care Home**
Cobham Terrace, Bean Road, Greenhithe DA9 9JB
Tel: 01322 385880

**Shakti Lodge**
208-212 Princes Road, Dartford DA1 3HR
Tel: 01322 288070

**Shore Lodge**
– Care Home Learning Disabilities
Bow Arrow Lane, Dartford DA2 6PB
Tel: 01322 220965

**Sonya Lodge Dementia Residential Care Home**
10 High Road, Wilmington, Dartford DA2 7EG
Tel: 01322 289768

**St James House**
53-55 Spital Street, Dartford DA1 2EB
Tel: 01322 600510

**St James Mews**
2-3 St James Place, Dartford DA1 2ED
Tel: 01322 600511

**Turnbull Close**
Walsingham, Stone, Dartford DA9 9EB
Tel: 01322 381568

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**Service User Bands**

- **OP** Older people (65+)
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- **MH** Mental health
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- **Member of the Kent Integrated Care Alliance (KICA)**

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
Your local Bupa care homes in Kent.

If you’re considering care for an elderly loved one, a warm, welcoming place close to family and friends means a lot. That’s why our choice of long and short-term care options in Kent could be something for you to think about, whether you’ve got our insurance or not.

Call us for advice or to arrange a visit
0808 250 9429

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday. Closed Sunday and bank holidays. We may record or monitor our calls.

Search for care at www.carechoices.co.uk to find support in your area
Deal care homes

**Anro House**
17 Cambridge Road, Walmer, Deal CT14 7HG
Tel: 01304 367178

**Aspen Lodge**
London Road, Sholden, Deal CT14 0AD
Tel: 01304 367985

**Avondale Castlemount Lodge**
Castle Mount Lodge, Taswell Street, Dover CT16 1SG
Tel: 01304 212835

**Bon Secours**
250 Middle Deal Road, Deal CT14 9SW
Tel: 01304 366325

**Bradfield Residential Home**
Hawksdown Road, Walmer, Deal CT14 7PW
Tel: 01304 360960

**Brook Lodge**
68 London Road, Deal CT14 9TF
Tel: 01304 371126

**Cameron Lodge**
142 Church Path, Middle Deal Road, Deal CT14 9TU
Tel: 01304 373650

**Channel Lea, 12**
Walmer, Deal CT14 7UG
Tel: 01304 367131

**Chitty Barn**
Salisbury Road, Dover CT16 1EU
Tel: 01303 276000

**Generals Meadow**
St Clare Road, Walmer, Deal CT14 7PY
Tel: 01304 360965

**Glendale Lodge**
Glen Road, Kingsdown, Deal CT14 8BS
Tel: 01304 363449

**Goodwins, The**
3 St Richards Road, Deal CT14 9JR
Tel: 01304 389149

**Grove Villa Care**
24 Mill Road, Deal CT14 9AD
Tel: 01304 364454

**Homeleigh**
3 Sondes Road, Deal CT14 7BW
Tel: 01304 380040

**Meadowside**
Liverpool Road, Walmer, Deal CT14 7NW
Tel: 01304 363445

**Milestone House**
188 London Road, Deal CT14 9PW
Tel: 01304 381201

**Old Vicarage, The**
Vicarage Lane, Tilmanstone, Deal CT14 0JG
Tel: 01304 611241

**Phoenix House**
The Drove, Northbourne, Deal CT14 0LN
Tel: 01304 379917

**Seahaven**
110 Wellington Parade, Kingsdown, Deal CT14 8AF
Tel: 01304 364704

**Sholden Hall Residential Retreat**
London Road, Sholden, Deal CT14 0AB
Tel: 01304 375445

**St Winifred’s Dementia Residential Care Home**
236 London Road, Deal CT14 9PP
Tel: 01304 375758

**Turning Point – Chilton Way**
33 Chilton Way, Dover CT17 0QA
Tel: 01612 385230

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**Service User Bands**

- **OP** Older people (65+)
- **D** Dementia
- **PD** Physical disability
- **LDA** Learning disability, autism
- **MH** Mental health
- **SI** Sensory impairment
- **YA** Younger adults
- **AD** People who misuse alcohol or drugs

- **OP** Member of the Kent Integrated Care Alliance (KICA)
Deal care homes continued

**Upton House**
Deal Road, Worth, Deal CT14 0BA
Tel: 01304 612365

**Walmer Care Centre**
8-10 Marine Road, Walmer, Deal CT14 7DN
Tel: 01304 374928

**Wellington House**
371 Dover Road, Walmer, Deal CT14 7NZ
Tel: 01304 379950

**Westbury House**
2 Blenheim Road, Deal CT14 7DB
Tel: 01304 360696

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**Deal care homes with nursing**

**Ami Lodge**
70 London Road, Deal CT14 9TF
Tel: 01304 371126

**Knoll Nursing Home, The**
196 Dover Road, Walmer, Deal CT14 7NB
Tel: 01304 374679

**Martha House**
Martha Trust, Homemead Lane, Deal CT14 0PG
Tel: 01304 615223

**Sonia Lodge**
5-7 Warwick Road, Walmer, Deal CT14 7JF
Tel: 01304 361894

**St Anselm’s Nursing Home**
St Clare Road, Walmer, Deal CT14 7QB
Tel: 01304 365644

**St Winifred’s Dementia Residential Care Home**
236 London Road, Deal CT14 9PP
Tel: 01304 375758

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**Dover care homes**

**Alandale Residential Home**
9 The Drove, Whitfield, Dover CT16 3JB
Tel: 01304 824904

**Alexander House – Dover**
140-142 Folkestone Road, Dover CT17 9SP
Tel: 01304 212949

**Alison Crescent**
65 Alison Crescent, Whitfield,
Dover CT16 3LP
Tel: 01612 385230

**Ashpoint House**
Lighthouse Road, St Margarets Bay, Dover CT15 6EL
Tel: 01304 853655

**Brambling House**
46 Eythorne Road, Shepherdswell, Dover CT15 7PG
Tel: 01304 830276

**Brambling Lodge**
48 Eythorne Road, Shepherdswell,
Dover CT15 7PG
Tel: 01304 830775

**Ashgold House**
Church Whitfield, Whitfield, Dover CT16 3HZ
Tel: 01304 823966

**Brambling Lodge**
48 Eythorne Road, Shepherdswell,
Dover CT15 7PG
Tel: 01304 830775

**Ashingham House**
London Road, Temple Ewell, Dover CT16 3DJ
Tel: 01304 826842

**Felbrigg House**
St Alphege Road, Dover CT16 2PU
Tel: 01304 204760

**Glen, The**
162 Folkestone Road, Dover CT17 9SN
Tel: 01303 276000

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**Service**

- OP Older people (65+)
- D Dementia
- PD Physical disability
- LDA Learning disability, autism
- YA Younger adults
- AD People who misuse alcohol or drugs

**User Bands**

- MH Mental health
- SI Sensory impairment

Member of the Kent Integrated Care Alliance (KICA)
Hillbrow
150 Crabble Hill, Dover CT17 0SE
Tel: 01304 827411

Ivy Bank Residential Care Home
Wellington Road, Temple Ewell, Dover CT16 3DB
Tel: 01304 449032

L’Arche Kent Cana
Chapel Hill, Eythorne, Dover CT15 4AY
Tel: 01304 831739

Laureston House Residential Home
Laureston Place, Dover CT16 1QU
Tel: 01304 204283

Little Glen
60 Church Road, Dover CT17 9SN
Tel: 01303 276000

Meadow Dean
35 Lower Road, River, Dover CT17 0QT
Tel: 01304 822996

Minnis Lodge
Newcastle Lane, Ewell Minnis CT15 7DY
Tel: 01304 824030

Reddington House
2 Park Avenue, Dover CT16 1ER
Tel: 01303 276000

Riverlea House
105b-107 Lower Road, River, Dover CT17 0QY
Tel: 01304 823935

Sandwich Road, 55
Whitfield CT16 3LT
Tel: 01304 820803

Shakespeare House
218 Folkestone Road, Dover CT17 9JF
Tel: 01304 202664

St Michaels
166 London Road, Temple Ewell, Dover CT16 3DE
Tel: 01304 826414

Swerford House
The Avenue, Temple Ewell, Dover CT16 3AW
Tel: 01304 821432

Thorndene
Canterbury Road, Swingfield,
Dover CT15 7HZ
Tel: 01303 892244

Twyford House
Whitfield Avenue, Dover CT16 2AG

United Response – 1 St Alphege Road
Dover CT16 2PU
Tel: 01304 225252

White Cliffs Lodge
Primrose Road, Dover CT17 0JA
Tel: 01304 219213

Whitfield
107 Sandwich Road, Whitfield, Dover CT16 3JP
Tel: 01304 820236

Wolverton Court
Alkham Valley Road, Alkham, Dover CT15 7DS
Tel: 01304 825544

Woodside Residential Care Home
Whitfield Hill, Dover CT16 3BE
Tel: 01304 825713

Visit www.carechoices.co.uk for further assistance with your search for care
Our aim is to provide high quality personalised nursing care to meet the needs of the individual whilst encouraging choice and independence in a friendly, relaxing and homely environment. We are sensitive to our resident’s requirements for privacy, confidentiality and personal dignity.

Home cooked fresh meals, regular activities and a full complement of highly trained nursing and care staff help us to maintain the best possible care and comfort for our residents. Refurbishments to our home and improvements to our service are in process and ongoing.

If you or your loved one is considering the need for residential or nursing care, please feel free to contact us or come and visit us to see what we can offer.

We look forward to welcoming you to our home.

---

**THE CHESTNUTS**

Residential Care Home for the Elderly

Wrotham Road, Meopham, Kent DA13 9AH

- Family run care home
- Located in a village setting with spacious grounds
- Short and long term residents welcome
- 24 hour individual attention by thoughtful, caring staff
- Single rooms
- En suite facilities
- Lifts to all floors

For further help and advice please contact Mrs Lesley Plumb on:

Meopham (01474) 812152
Email: manager@chestnutscarehome.co.uk
www.chestnutscarehome.co.uk

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SINGLE & DOUBLE ROOMS
EN-SUITE FACILITIES
PASSENGER LIFT
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CENTRAL HEATING
SUPERB HOME COOKING
24 HOUR CARE BY TRAINED STAFF
LONG STAY ONLY
MINIBUS FOR OUTINGS

RESIDENTIAL CARE FOR OLDER PEOPLE
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42 VILLA ROAD
HIGHAM
ROCHESTER
KENT
ME3 7BX

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Search for care at [www.carechoices.co.uk](http://www.carechoices.co.uk) to find support in your area
Dover care homes with nursing

Ami Court  
198 Dover Road, Deal CT14 7NB  
Tel: 01304 371126  
OP

Applecroft Care Home  
Sanctuary Close, River, Dover CT17 0ER  
Tel: 01304 821331  
OP D

Kearsney Manor Nursing Home  
Alkham Road, Kearsney, Dover CT16 3EQ  
Tel: 01304 822135  
OP

Melvyn & Jan John  
3 Portland Terrace, Church Lane, Ripple CT14 8JJ  
Tel: 01304 368276  
LDA

St Stephens Nursing Home  
Godwyne Road, Dover CT16 1SW  
Tel: 01304 202864  
OP D LDA

Temple Ewell Nursing Home  
Wellington Road, Temple Ewell, Dover CT16 3DB  
Tel: 01304 822206  
Advert page 80  
OP D MH

Willow Park Lodge Care Home  
57 Coombe Valley Road, Dover CT17 0EX  
Tel: 01304 898989  
OP D PD MH SI

For information on different types of care homes, see page 47.

Sandwich care homes

Eastry House  
High Street, Eastry, Sandwich CT13 0HE  
Tel: 01304 613791  
OP D PD LDA SI

Eastry Villa’s  
High Street, Eastry, Sandwich CT13 0HE  
Tel: 01304 619976  
LDA YA

Gate House  
High Street, Eastry, Sandwich CT13 0HE  
Tel: 01304 620177  
PD LDA SI YA

Wayfarers  
St Barts Road, Sandwich CT13 0AW  
Tel: 01304 614155  
OP

Gravesend care homes

Benham Lodge  
42 Pelham Road, Gravesend DA11 0HZ  
Tel: 01474 533108  
OP LDA YA

Chestnuts Care Home, The  
Wrotham Road, Meopham, Gravesend DA13 9AH  
Tel: 01474 812152  
Advert page 80  
OP

Copperfields Residential Home  
42 Villa Road, Higham ME3 7BX  
Tel: 01474 824122  
Advert page 80  
OP LDA

Dale Lodge  
Dale Road, Southfleet DA13 9NX  
Tel: 01474 834877  
OP D

Dale Mount  
Dale Road, Southfleet DA13 9NX  
Tel: 01474 832461  
OP D

Dene Holm  
Deneholm Road, Northfleet DA11 8JY  
Tel: 01474 567532  
Advert outside back cover  
OP D

Visit www.carechoices.co.uk for further assistance with your search for care
Sherwood House is a newly refurbished residential dementia care home.

At Sherwood House Home we have 32 en-suite rooms and three communal areas for individual and tailored activities.

We are happy to welcome both long and short term residents to stay in our 24 hour caring environment.

We are based in Rochester, providing person centred support in a friendly and homely environment. Located within walking distance of Rochester High Street, the Historical Cathedral and Rochester Castle.

For more information call us on 01634 326865
209-211 Maidstone Road, Rochester, Kent ME1 3BU
Gravesend care homes continued

**Echo Square House**  
70 Parrock Road, Gravesend DA12 1QH  
Tel: 01179 748480  
LDA

**Edward Moore House**  
Trinity Road, Gravesend DA12 1LX  
Tel: 01474 321360  
Advert outside back cover  
OP D

**Edwin Therapeutic Unit**  
82 Edwin Street, Gravesend DA12 1EJ  
Tel: 01474 323891  
LDA MH YA

**Heather Lodge**  
65 Armoury Drive, Gravesend DA12 1LZ  
Tel: 01474 331004  
LDA YA

**Hevercourt**  
Goodwood Crescent, Singlewell, Gravesend DA12 5EY  
Tel: 01474 363690  
OP D PD SI

**Hollies Residential Home, The**  
86-90 Darnley Road, Gravesend DA11 0SE  
Tel: 01474 568998  
OP

**Kesson House Care Home**  
Council Avenue, Northfleet, Gravesend DA11 9HN  
Tel: 01474 335241  
OP D

**Larchwood Grove**  
60 Parrock Road, Gravesend DA12 1QH  
Tel: 01474 352722  
PD LDA

**Orchard Cottage**  
78 Old Road East, Gravesend DA12 1PE  
Tel: 01474 321127  
OP

**Overcliffe House**  
30-31 Overcliffe, Gravesend DA11 0EH  
Tel: 0117 974 8400  
LDA

**Pelham Manor**  
31 Pelham Road, Gravesend DA11 0HU  
Tel: 0117 974 8400  
LDA

**Sheringham House**  
54 Old Road East, Gravesend DA12 1NR  
Tel: 01474 329807  
LDA

**Welcome House – Ruby Lodge**  
58 Pelham Road, Gravesend DA11 0HZ  
Tel: 01474 355594  
MH

**Windmill Lodge**  
26 Springhead Road, Northfleet, Gravesend DA11 9QY  
Tel: 01474 354212  
LDA

---

Gravesend care homes with nursing

**Ashley Down Nursing Home**  
29 Clarence Place, Gravesend DA12 1LD  
Tel: 01474 363638  
OP

**Gravesham Place Integrated Care Centre**  
22-22a Stuart Road, Gravesend DA11 0BZ  
Tel: 01474 360500  
OP D MH YA

**Mayflower Care Home**  
Hartshill Road, Northfleet, Gravesend DA11 7DX  
Tel: 01474 531030  
OP D MH

**Winchester House**  
180 Wouldham Road, Rochester ME1 3TR  
Tel: 01634 624164  
Advert page 48  
OP D PD YA

**Withens Nursing Home, The**  
Hook Green Road, Southfleet DA13 9NP  
Tel: 01474 834109  
OP

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See the checklist on page 49 for useful suggestions of questions to ask when looking at care homes.

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**Service**  
**User Bands**  
**Advertisers are highlighted**

- OP Older people (65+)
- D Dementia
- PD Physical disability
- LDA Learning disability, autism
- MH Mental health
- SI Sensory impairment
- YA Younger adults
- AD People who misuse alcohol or drugs
- Member of the Kent Integrated Care Alliance (KICA)

Visit www.carechoices.co.uk for further assistance with your search for care
The Grove is an exceptional home that is independently owned and has recently undergone significant refurbishment. It stands in extensive grounds, has a beautiful dining room and a choice of spacious lounges where residents can relax, socialise and enjoy a variety of activities and entertainment.

A wide range of bedrooms is available including several suites. For maximum comfort, we have bathrooms with swing/tilt baths, and shower rooms.

Our dedicated staff are carefully selected and trained. They take pride in providing the highest standards of individual care to residents in a warm and supportive manner, making it a very happy home. Our cooks ensure that they provide a selection of high quality, wholesome meals, and cater for all dietary requirements. Visitors can prepare light refreshments and relax with their resident in our ‘dinette’.

Our door is always open to family and friends.

Home with the support and care you need

Visit us at: 6 Bower Mount Road  Maidstone  Kent ME16 8AU
Contact the Manager: Tel: 01622 755 292  Fax: 01622 662 414  Email: thegroverh@hotmail.co.uk
Maidstone care homes

**Abbeyrose House**
1 St Michaels Road, Maidstone ME16 8BS
Tel: 01622 762369

**Avenues South East – 492 Maidstone Road**
Blue Bell Hill, Chatham ME5 9QN
Tel: 01634 869716

**Birling House**
89 High Street, Snodland ME6 5AN
Tel: 01634 244689

**Bowercroft Care Ltd**
5 Bower Mount Road, Maidstone ME16 8AX
Tel: 01622 672623

**Cedardale Residential Home**
Queens Road, Maidstone ME16 0HX
Tel: 01622 755338

**Chippendayle Lodge Residential Care Home**
10 Chippendayle Drive, Harrietsham, Maidstone ME17 1AD
Tel: 01622 859230

**Church Lane**
21 Church Lane, Bearsted, Maidstone ME14 4EF
Tel: 01622 730867

**Dickley Court**
Dickley Lane, Lenham, Maidstone ME17 2DD
Tel: 01622 859216

**Eastfield**
76 Sittingbourne Road, Maidstone ME14 5HY
Tel: 01622 755153

**Fairlawn Residential Home**
327 Queens Road, Maidstone ME16 0ET
Tel: 01622 751620

**Forge House**
2 Podkin Wood, Walderslade, Chatham ME5 9LY
Tel: 01634 566552

**Greenbanks Care Home**
31 Buckland Road, Maidstone ME16 OSL
Tel: 01622 755859

**Grove Residential Home, The**
6 Bower Mount Road, Maidstone ME16 8AU
Tel: 01622 755292 **Advert page 84**

**Haven Care Home, The**
17 Church Road, Tovil, Maidstone ME15 6QX
Tel: 01622 686865

**Hillbeck Residential Care Home**
Roundwell, Bearsted, Maidstone ME14 4HN
Tel: 01622 737847

**Loose Court**
Rushmead Drive, Maidstone ME15 9UD
Tel: 01622 747406

**Lower Robin Hood Lane, 146**
Walderslade, Chatham ME5 9LB
Tel: 01634 200335

**Lulworth House Dementia Residential Care Home**
Queens Avenue, Maidstone ME16 0EN
Tel: 01622 683231

**Magnolia House**
1 Cripple Street, Loose, Maidstone ME15 6BA
Tel: 01622 747677

**Melanie Ann Trust Residential Home, The**
251 Saltings Road, Snodland ME6 5HR
Tel: 01634 320894

<table>
<thead>
<tr>
<th>Service User Bands</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
<th>MH Mental health</th>
<th>SI Sensory impairment</th>
<th>YA Younger adults</th>
<th>AD People who misuse alcohol or drugs</th>
</tr>
</thead>
</table>

*Member of the Kent Integrated Care Alliance (KICA)*

Visit www.carechoices.co.uk for further assistance with your search for care
Mont Calm Residential Home ●
72-74 Bower Mount Road, Maidstone ME16 8AT
Tel: 01622 752117  OP D

Oast, The
2 Plains Avenue, Maidstone ME15 7AT
Tel: 01622 752969  OP

Pilgrims View ●
Roberts Road, Snodland ME6 5HL
Tel: 01634 241906 Advert page 50  OP D

Pilgrims Way Care Home with Nursing
10 Bower Mount Road, Maidstone ME16 8AU
Tel: 01622 756635  OP

Rectory House
The Old Rectory, Rectory Lane,
Harrietsham ME17 1HS
Tel: 01622 851114  OP D PD LDA MH SI

Sapphire House
166 Tonbridge Road, Maidstone ME16 8SR
Tel: 01622 673776  PD LDA MH SI YA

Southlands
East Street, Harrietsham,
Maidstone ME17 1HH
Tel: 01707 601800  LDA

Stonebridge House
496 Loose Road, Maidstone ME15 9UF
Tel: 07806 808307  LDA MH SI YA

Tunbury Avenue
151 Tunbury Avenue, Chatham ME5 9HY
Tel: 01634 671768  LDA

Vale Residential Care Home, The
191 Willington Street, Maidstone ME15 8ED
Tel: 01622 762332  OP D

Woodgate ●
Queens Road, Maidstone ME16 0JG
Tel: 01622 677235  LDA

Woodlands Villa
496 Loose Road, Maidstone ME15 9UF
Tel: 01622 746295  MH

A CHOICE OF 2 FANTASTIC NURSING CARE CENTRES IN KENT

24-hour nursing care for ages 55 to 100 years and over. Respite, post-operative and Dementia care.

Both Grace Manor and The Poplars are set in wonderful gardens and clients benefit from the kind and considerate attention our dedicated staff are noted for.

We cater for specialised needs and at Grace Manor we are specialists in Dementia care. Although these are restful places, there is no shortage of activities. Live entertainment is often the order of the day and in summer many of our activities take place in the gardens. There is a choice of attractive lounges and many of our bedrooms are en suite.

- 24 hour nursing ● Dementia care ● Highly trained staff ● Crisis intervention/emergency admission ● Daily activities/entertainment ● End of life/continuing care ● Non planned assessments

Visit us to see just why our clients and their families are so happy to be cared for by us.

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Call 01634 570 230 or email gracemanor@foresthc.com www.foresthc.com

THE POPLARS CARE CENTRE
158 Tonbridge Road, Maidstone, Kent ME16 8SU
Call 01622 752 872 or email poplars@foresthc.com www.foresthc.com

Calls charged at a maximum of 4p per minute from UK land lines. Mobile charges vary.
Maidstone care homes with nursing

Ashley Gardens Care Centre
419 Sutton Road, Maidstone ME15 8RA
Tel: 01622 761310

Barty House Nursing Home
Roundwell, Bearsted, Maidstone ME14 4HN
Tel: 01622 737025

Betsy Clara Nursing Home
Courtenay Road, Tovil, Maidstone ME15 6UW
Tel: 01622 687523

Gavin Astor House Nursing Home
Royal British Legion Industries, Royal British Legion Village, Aylesford ME20 7NF
Tel: 01622 791056

Loose Valley Nursing Home
15 Linton Road, Loose, Maidstone ME15 0AG
Tel: 01622 745959

Lukestone Dementia Nursing Home
7 St Michaels Road, Maidstone ME16 8BS
Tel: 01622 755821

Maidstone Care Centre
259 Boxley Road, Maidstone ME14 2AR
Tel: 01622 672292

Pilgrims Way Care Home with Nursing
10 Bower Mount Road, Maidstone ME16 8AU
Tel: 01622 756635

Poplars Care Centre
158 Tonbridge Road, Maidstone ME16 8SU
Tel: 01622 752872

Sutton Valence Care Home
North Street, Sutton Valence, Maidstone ME17 3LW
Tel: 01622 843999

Staplehurst care homes

Abbotsleigh Dementia Nursing and Residential Care Home
George Street, Staplehurst TN12 0RB
Tel: 01580 891314

Gresham House
Station Road, Staplehurst TN12 0PZ
Tel: 01580 895150

Hedgerows, 1 and 2
1-2 Station Road, Staplehurst TN12 0QQ
Tel: 01580 893269

Sobell Lodge – Care Home Physical Disabilities
High Street, Staplehurst TN12 0BJ
Tel: 01580 893729

Staplehurst care homes with nursing

Abbotsleigh Dementia Nursing and Residential Care Home
George Street, Staplehurst TN12 0RB
Tel: 01580 891314

Iden Manor Nursing Home
Cranbrook Road, Staplehurst, Tonbridge TN12 0ER
Tel: 01580 891261

Staplehurst Manor Care Home
Frittenden Road, Staplehurst, Tonbridge TN12 0DG
Tel: 01580 891251

Service User Bands

OP Older people (65+)
D Dementia
PD Physical disability
MH Mental health
SI Sensory impairment
YA Younger adults
LDA Learning disability, autism
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)

Visit www.carechoices.co.uk for further assistance with your search for care
Search for care at www.carechoices.co.uk to find support in your area

QUALITY ELDERLY CARE WITHIN A LUXURY SETTING

Baycroft Grays Farm Road is our inaugural luxury care home, providing expert 24-hour residential, nursing and dementia care.

We are creating homes that feel like home, where you can truly feel at ease. As much thought has been invested into the dining experience, the engaging social activities and the high quality facilities as the exemplary standards of care.

These elements combined create the comfortable and happy lifestyle you deserve.

We are dedicated to making a better every day for you and aligning our care and services to your needs.

GRAYS FARM ROAD, ORPINGTON BR5 3AD

Call 020 8302 2567 | info@baycroft.co.uk | baycroft.co.uk

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Care Homes & Leisure Villages

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Set in four acres of landscaped grounds, we answer the needs of those seeking spacious quality accommodation.

The home is designed with an easy to use lift, gentle stairways and wide corridors allowing a high degree of independence and room to roam.

Facilities available include:

- 24 hour care
- Choice of spacious lounges
- Conversation parlour
- Cuisine of the highest standard
- Assistance with bathing, dressing and personal grooming
- Monitoring & supervision of medications
- Flexible visiting including luncheon guests
- Lift and easy to manage stairs
- Day-care facilities
- Short and long stays
- Planned social, cultural & spiritual activities
- Telephone outlets for private use (installation at resident’s cost)
- Choice of en-suite rooms
- On-site professional hairdressing salon

Call 01732 882 282 and ask about our special introductory periods designed to help you settle in.

www.harpwood.co.uk

info@harpwood.co.uk | 01732 882282
## Edenbridge care homes

**Falconer’s Court**  
High Street, Edenbridge TN8 5NW  
Tel: 01732 866407  
**OP D PD LDA MH SI YA**

**HF Trust – Philippines Close**  
Philippines Close, Edenbridge TN8 5GN  
Tel: 01732 782700  
**OP LDA YA**

**Stanholm Residential Care Home for the Elderly**  
Mill Hill, Edenbridge TN8 5DB  
Tel: 01732 863748  
**OP**

See page 91 for the Service User Bands key.

## Sevenoaks care homes

**Alpine Care Home**  
10 Bradbourne Park Road, Sevenoaks TN13 3LH  
Tel: 01732 455537  
**OP D PD SI**

**Chipstead Lake – Care Home Physical Disabilities**  
Chevening Road, Chipstead, Sevenoaks TN13 2SD  
Tel: 01732 459510  
**OP PD YA**

**Emily Jackson Close, 1-3**  
Eardley Road, Sevenoaks TN13 1XH  
Tel: 01732 465987  
**OP PD LDA**

**Lavender Fields**  
High Street, Seal, Sevenoaks TN15 OAE  
Tel: 020 7793 3674  
**OP D PD SI**

**Rivermere Retirement and Care Home**  
64-70 Westerham Road, Bessels Green, Sevenoaks TN13 2PZ  
Tel: 01732 492025  
**Advert page 59 OP D PD MH SI YA**

**Rockdale House**  
Rockdale Lodge, Rockdale Road, Sevenoaks TN13 1JT  
Tel: 01732 454763  
**OP**

**Westerham Place Residential Care Home**  
Westerham Place, Quebec Square, Westerham TN16 1TD  
Tel: 01959 565805  
**OP**

See page 53 for more information on paying for care homes in Kent.

## Sevenoaks care homes with nursing

**Abbey Court Nursing Home – West Kingsdown**  
School Lane, West Kingsdown, Sevenoaks TN15 6JB  
Tel: 01474 854136  
**OP PD**

**Emily Jackson House**  
34 Eardley Road, Sevenoaks TN13 1XH  
Tel: 01732 622687  
**Advert page 48 OP D**

**Gloucester House**  
Lansdowne Road, Sevenoaks TN13 3XU  
Tel: 01732 741488  
**OP D PD SI YA**

**Kippingtons Nursing Home**  
Grange Road, Oak Lane, Sevenoaks TN13 2PG  
Tel: 01732 451829  
**OP D**

**Manordene**  
Forge Lane, West Kingsdown, Sevenoaks TN15 6JD  
Tel: 01474 855519  
**OP D PD YA**

**Pinehurst Care Home**  
Sevenoaks TN14 5AQ  
Tel: 01732 762871  
**OP**

**Holywell Park**  
Hodsoll Street, Ash-cum-Ridley, Sevenoaks TN15 7LE  
Tel: 01732 822215  
**OP**

**Weald Heights**  
Bourchier Close, Sevenoaks TN13 1PD  
Tel: 0333 321 8295  
**OP D YA**

Visit www.carechoices.co.uk for further assistance with your search for care.
LUXURY RESIDENTIAL CARE HOME FOR THE ELDERLY

LUXURIOUS ACCOMMODATION
BEAUTIFUL SURROUNDINGS
FIRST RATE CARE
SUPERB LOCATION

Hotel style
Landscaped garden
Modern building
Respite care

Beautiful bedrooms
Excellent facilities
Gourmet meals
Comfortable lounges

For more information or to arrange a visit, contact the Manager:
01303 258 227 | www.bramptonlodge.com | info@bramptonlodge.com
Folkestone care homes

Arthur Court ●
22-24 Christ Church Road, Folkestone CT20 2SL
Tel: 01303 258777
MH YA

Ashley Avenue, 95
Folkestone CT19 4PJ
Tel: 01303 266453
OP PD LDA MH YA

Ashley House
6 Julian Road, Folkestone CT19 5HP
Tel: 01303 241024
OP D

Blythson Ltd – 3 Ashley Avenue
Folkestone CT19 4PX
Tel: 01303 252787
LDA

Blythson Ltd – 5 Ashley Avenue
Folkestone CT19 4PX
Tel: 01303 252787
LDA

Blythson Ltd – 33 St John’s Church Road
Folkestone CT19 5BH
Tel: 01303 252787
LDA

Brampton Lodge ●
4 Dixwell Road, Folkestone CT20 2LG
Tel: 01303 258227 Advert page 90
OP

Broadmeadow
Park Farm Road, Folkestone CT19 5DN
Tel: 0300 041 2626
OP D PD YA

Broadstreet House ●
Broadstreet, Lyminge, Folkestone CT18 8DZ
Tel: 01303 862448
LDA

Burnham ●
19 Julian Road, Folkestone CT19 5HW
Tel: 01303 222335
OP PD LDA YA

Camelot Lodge ●
19 Christchurch Road, Folkestone CT20 2SL
Tel: 01303 251215
MH YA

Carlile Lodge
17 Grimston Avenue, Folkestone CT20 2QE
Tel: 01303 250183
LDA

Cherries, The
30 Julian Road, Folkestone CT19 5HW
Tel: 01303 259561
LDA YA

Cumbria House Care Home ●
84-86 Shorncliffe Road, Folkestone CT20 2PG
Tel: 01303 254019 Advert inside front cover
OP

Finn Farm Lodge
2 Bathurst Road, Folkestone CT20 2NJ
Tel: 01303 252821
LDA YA

Grange Care Home, The ●
22 Cornwallis Avenue, Folkestone CT19 5JB
Tel: 01303 252394 Advert inside front cover
OP

Grimston House ●
16 Grimston Gardens, Folkestone CT20 2PU
Tel: 01303 244958
OP

Grosvenor Court
15 Julian Road, Folkestone CT19 5HP
Tel: 01303 221480
LDA

Hatfield Lodge ●
1-3 Trinity Gardens, Folkestone CT20 2RP
Tel: 01303 253253
OP D

Laburnum House
41 Grimston Avenue, Folkestone CT20 2QD
Tel: 01303 227192
LDA YA

Magenta
31 St Johns Church Road, Folkestone CT19 5BH
Tel: 01303 252787
LDA

Mandalay Care Home
10-14 Julian Road, Folkestone CT19 5HP
Tel: 01303 258095
LDA

Service User Bands ●
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)

Advert page 90

Service User Bands ●
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)
Supported living for people with nursing needs

Choice of Social Groups
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

Social Programme
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.hawkingehouse.co.uk
Tel: 01303 890100 • Fax: 01303 890103 • Email: enquiries@hawkingehouse.co.uk
Hurricane Way, Hawkinge, Kent CT18 7SS
Supported living for people with nursing needs

Choice of Social Groups
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

Please visit our website or contact us for more information www.hawkingehouse.co.uk
Tel: 01303 890100 • Fax: 01303 890103 • Email: enquiries@hawkingehouse.co.uk

Hurricane Way, Hawkinge, Kent CT18 7SS

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Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Adverters are highlighted

Member of the Kent Integrated Care Alliance (KICA)

Older people (65+)
Dementia
Physical disability
Learning disability, autism
Mental health
Sensory impairment
Younger adults
People who misuse alcohol or drugs

Visit www.carechoices.co.uk for further assistance with your search for care
Elm Lea Residential Care Home
17 Bartholomew Lane, Saltwood, Hythe, Kent CT21 4BX

Why choose Elm Lea?
Elm Lea is conveniently located, just on the outskirts of Hythe, with large grounds, countryside views with close access to local shops.

Elm Lea provides large rooms and wide corridors for easy access. All our rooms are single with en-suite, but couples wishing to share is possible. Our highly trained cooks prepare fresh meals daily, catering to special dietary needs such as diabetics, vegetarians and swallowing difficulties where required. We prepare care plans within the first week of arrival, ensuring the resident and next of kin are involved as much as possible. All our staff are highly trained and very dedicated to their jobs. We arrange for many services to come to our home, such as hairdressers, doctors, dentists and chiropodists etc. Our manager is always available to handle emergency issues 24/7 and lives just 5 minutes from the home.

For more information on how we can help, contact us:
01303 269891
manager@elmleacarehome.com
www.elmleacarehome.com

Cedar House
Residential Care Home for the Older Person
Professionally trained staff provide the highest standards of care for residential and respite care in a homely atmosphere by the sea. Come and pay us a visit anytime.
Tel: 01303 267065
www.cedar-house.net
93 Seabrook Road, Hythe, Kent CT21 5QP
Email: bmakins@cedar-respite.co.uk

Abbey Lodge
PRIVATE REST HOME
77 Seabrook Road, Hythe, Kent CT21 5QP
TEL: 01303 267036
Website: www.highfieldresthome.com
Email: contact@highfieldresthome.com

Why Choose Us?
- Family run home with experienced staff and management
- En-suite rooms offering sea views
- Toiletries, Chiropody and Newspapers all included within the fees
- Long stay and shorter term respite care available
- Relatives gateway access to online care system
- Peaceful garden and front south facing terraced area

Book a visit to find out more today
91 Seabrook Road, Hythe, Kent CT21 5QP
01303 265 175
www.abbeyresthome.co.uk

Highfield
PRIVATE REST HOME
77 Seabrook Road, Hythe, Kent CT21 5QP
TEL: 01303 267036

- Highest quality care in a family environment
- Professional management supported by NVQ staff
- Comfortable accommodation with en-suite facilities
- All single room occupancy with the exception of couples
- Wholesome varied meals, all diets catered for
- In-house activities
- Attractive gardens
- Three lounges and all facilities

Search for care at www.carechoices.co.uk to find support in your area
Hythe care homes

**Abbey Lodge Residential Home**
91 Seabrook Road, Hythe CT21 5QP
Tel: 01303 265175

**Highfield Private Rest Home**
77 Seabrook Road, Hythe CT21 5QW
Tel: 01303 267036

**Bradwell House**
14 Brockhill Road, Hythe CT21 4AQ
Tel: 01303 239439

**Seabrook Road, 24**
Hythe CT21 5NA
Tel: 01303 230772

**Cedar House Residential Care Home**
93 Seabrook Road, Hythe CT21 5QP
Tel: 01303 267065

**Seabrook Road, 26**
Hythe CT21 5NA
Tel: 01303 266453

**Cornerways Residential Home**
1 Tanners Hill, Hythe CT21 5UE
Tel: 01303 268737

**Tynwald Residential Home**
Hillside Street, Hythe CT21 5DJ
Tel: 01303 267629

**Elm Lea Residential Care Home**
17 Bartholomew Lane, Hythe CT21 4BX
Tel: 01303 269891

**Villa Maria**
53 Seabrook Road, Hythe CT21 5QE
Tel: 01303 266723

**HF Trust – Lympne Place**
*(High Trees and The Beeches)*
Aldington Road, Lympne, Hythe CT21 4PA
Tel: 01303 260453

**Seabrook Road, 24**
**Seabrook Road, 26**

**A countywide list of home care providers starts on page 25.**

Hythe care homes with nursing

**Balgowan Nursing Home**
46 Bartholomew Lane, Hythe CT21 4BX
Tel: 01303 266782

**Saltwood Care Centre**
Tanners Hill, Hythe CT21 5UQ
Tel: 01303 262421

**Hythe Nursing Home**
91 North Road, Hythe CT21 5ET
Tel: 01303 265441

**St Margaret’s Nursing Home**
20 Twiss Avenue, Hythe CT21 5NU
Tel: 01303 267557

Romney Marsh care homes

**BeechCare**
99 Dunes Road, Greatstone, New Romney TN28 8SW
Tel: 01797 362121

**Bungalow, The**
Dennes Lane, Lydd TN29 9PU
Tel: 01797 321612

**BrightCare**
20 Taylors Lane, St Mary’s Bay, Romney Marsh TN29 0EU
Tel: 01797 366866

**Cotswold Lodge**
Coast Road, Littlestone, New Romney TN28 8QY
Tel: 01797 367453

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**Service User Bands**

<table>
<thead>
<tr>
<th>Service</th>
<th>User Bands</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>OP</strong></td>
<td>Older people (65+)</td>
</tr>
<tr>
<td><strong>D</strong></td>
<td>Dementia</td>
</tr>
<tr>
<td><strong>PD</strong></td>
<td>Physical disability</td>
</tr>
<tr>
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<tr>
<td><strong>SI</strong></td>
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<td>Younger adults</td>
</tr>
<tr>
<td><strong>AD</strong></td>
<td>People who misuse alcohol or drugs</td>
</tr>
</tbody>
</table>

**Member of the Kent Integrated Care Alliance (KICA)**

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Find care providers quickly and easily
Search by location and care need
Information on care quality
Links to inspection reports
Additional information, photos and web links
Brochure requests

Search for care at www.carechoices.co.uk to find support in your area
Romney Marsh care homes continued

Cranmore
Church Road, New Romney TN28 8EY
Tel: 01797 367274

Eden Cottage
6 The Oval, Dymchurch, Romney Marsh TN29 0LR
Tel: 01303 872686

Fairways Residential Home
Madeira Road, Littlestone, New Romney TN28 8QX
Tel: 01797 362336  Advert below right

Foam, The
3 Chapel Road, Dymchurch, Romney Marsh TN29 0TD
Tel: 01303 875151

Homeleigh Farm
Dungeness Road, Lydd TN29 9PS
Tel: 01797 321506

Littlecroft
132-134 Dunes Road, Greatstone, New Romney TN28 8SP
Tel: 01797 367549

Madeira Lodge Care Home
Madeira Road, Littlestone-on-Sea, New Romney TN28 8QT
Tel: 01797 363242

Marshlands
Dennes Lane, Lydd TN29 9PU
Tel: 01797 320088

Old Rectory Residential Home, The
New Hall Close, Dymchurch, Romney Marsh TN29 OLE
Tel: 01303 874470  Advert page 96

Old School House
Church Lane, New Romney TN28 8ES
Tel: 01797 366477

Paddock, The
80 High Street, Lydd, Romney Marsh TN29 9AN
Tel: 01797 321292

Palm Care
12 Hardy Road, Greatstone, New Romney TN28 8SF
Tel: 01797 367006

Rose Cottage
Oak Lodge Road, New Romney TN28 8BG
Tel: 01797 362842

Rosecroft
71 Meehan Road, Greatstone, New Romney TN28 8NZ
Tel: 01797 361601

Sandbanks Care Home
Coast Road, Littlestone-on-Sea, New Romney TN28 8RA
Tel: 01797 366810

Seabourne House
61 Seabourne Way, Dymchurch, Romney Marsh TN29 0PX
Tel: 01303 875154

Seabreezes
61 Meehan Road, Greatstone, New Romney TN28 8NZ
Tel: 01797 369150

St Brannocks
Dymchurch Road, New Romney TN28 8UF
Tel: 01797 366663

Tamarisk
48 Leonard Road, Greatstone, New Romney TN28 8RX
Tel: 01797 364562

Independent care home by the sea
Fairways Residential Home specialises in providing the care that you require. Staff are available to assist with whatever you need but to also leave you to remain as independent as you wish.

You are free to relax in your room or in one of the three lounges, where you can take part in daily activities if you wish.

01797 362 336 | enquiries@fairwaysresidentialhome.com
www.fairwaysresidentialhome.com
Fairways Residential Home, Madeira Road, New Romney, TN28 8QX

Service User Bands
OP Older people (65+)
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YA Younger adults
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)

Visit www.carechoices.co.uk for further assistance with your search for care
Bethany Lodge & Bethany House are specialist homes for young adults who have a physical disability. Each home is registered with the Care Quality Commission to provide Nursing & Residential Care.

Bethany Lodge is a purpose built unit. It was opened in 1992 and has 24 single rooms all of which are on the ground floor.

Bethany House was opened in 1997 having been purpose designed and built for clients with disabilities. There are 15 single rooms all of which are en-suite with their own toilet, washbasin and shower.

Bethany Lodge & Bethany House are located on the southern coast of Kent at Dymchurch. The sea, the town and its amenities are a short walk away over level ground, making it ideal for wheelchair users.

On-site facilities include: a hydro-therapy pool, multi-sensory room and a large arts and crafts room.

The management of both homes places great emphasis on staff training and development, which helps maintain high standards of care for our clients through developing a learning environment for our staff. We have been recognised as an Investor in People (I.I.P) since 1998.

If you would like to find out more about Bethany Lodge & Bethany House please visit our website www.bethanylodge.co.uk or e-mail bethanylodge@btconnect.com

We can be found at 35 Eastbridge Road, Dymchurch, Kent TN29 0PG
Tel: 01303 872289 Fax: 01303 875351
Bethany Lodge & Bethany House
Specialist care for young people with disabilities

Bethany Lodge & Bethany House are specialist homes for young adults who have a physical disability. Each home is registered with the Care Quality Commission to provide Nursing & Residential Care.

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If you would like to find out more about Bethany Lodge & Bethany House please visit our website www.bethanylodge.co.uk or e-mail bethanylodge@btconnect.com

Swale

Faversham care homes

Ashurst House
9 Briton Road, Faversham ME13 8QH
Tel: 01795 590022

Carnalea Residential Home
5-9 London Road, Faversham ME13 8TA
Tel: 01795 532629

Kent Autistic Trust, The – 9 Perrys Close
Faversham ME13 7BX
Tel: 01634 405168

Carnealea is a warm friendly caring home, tastefully decorated with well-tended spacious gardens. Our dedicated staff provides 24 hour high quality care and support, helping you achieve a comfortable degree of independence whilst preserving your privacy and dignity. Meals are prepared by our own experienced chef who caters for special dietary needs.

• Well-appointed rooms • Choice of sitting rooms/conservatory
• Library facilities • Assisted baths/showers • Lift to all floors
• Seasonal menu • In-house entertainment • Activities co-ordinator
• Doctors • Dentist • Optician • Chiropodist • Hairdresser
• Attending clergy

Carnealea has a well-deserved good reputation and is conveniently situated for approach by both road and rail. We welcome your personal inspection at any time.

Long and Short Stay or Respite Care

5-9 London Road, Faversham, Kent ME13 8TA
Tel: 01795 532629 Fax: 01795 532653
Email: eldercare@carnalea.com www.carnalea.com

See page 53 for more information on paying for care homes in Kent.
Faversham care homes with nursing

Cooksditch House Nursing and Residential Home
East Street, Faversham ME13 8AN
Tel: 01795 530156

Lady Dane Farmhouse
Love Lane, Faversham ME13 8BJ
Tel: 01227 538299

Older people (65+)
Dementia
Physical disability
Learning disability, autism
Mental health
Sensory impairment
Younger adults
People who misuse alcohol or drugs

Tell us what you think

What have you found useful?
What could we do better?

Share your feedback
Take our five minute survey

www.carechoices.co.uk/reader-survey

Sheerness / Isle of Sheppey care homes

Alma Lodge
15–17 Alma Road, Sheerness ME12 2NZ
Tel: 01795 669824

Alma Residential Home
19–23 Alma Road, Sheerness ME12 2NZ
Tel: 01795 665051

Barton Court
New Road, Minster-on-Sea, Sheerness ME12 3PX
Tel: 01795 875394

Blackburn Lodge
The Broadway, Sheerness ME12 1TS
Tel: 0300 042 0998

Bromfield House Residential Home
316 Minster Road, Minster-on-Sea,
Sheerness ME12 3NR
Tel: 01795 875663

Island Residential Home, The
114 Leysdown Road, Leysdown-on-Sea,
Isle of Sheppey ME12 4LH
Tel: 01795 510271

Little Oyster Residential Home
Seaside Avenue, Minster-on-Sea,
Sheerness ME12 2NJ
Tel: 01795 870608

Moordean
Oak Lane, Minster-on-Sea,
Sheerness ME12 3QP
Tel: 01795 351641

Neptune House
8–10 Neptune Terrace,
Sheerness ME12 2AW
Tel: 01795 581660

Oak Avenue, 23
Minster-on-Sea, Sheerness,
Isle of Sheppey ME12 3QT
Tel: 01795 351641

Oakdene Rest Home
165 Minster Road, Minster-on-Sea,
Sheerness ME12 3LH
Tel: 01795 874985

Search for care at www.carechoices.co.uk to find support in your area
Sunnyfields
241 Queenborough Road, Minster-on-Sea,
Sheerness ME12 3EW
Tel: 01795 665077

Vibrant Residential Care Home
58 Volante Drive, Sittingbourne ME10 2JJ
Tel: 01233 513937

Welcome Home
Cliff View Gardens, Warden Bay,
Sheerness ME12 4NH
Tel: 01795 510884

Willows Residential Care Home
The Broadway, Minster-on-Sea, Sheerness ME12 2DE
Tel: 01795 874975

Winchester House
455 Minster Road, Minster-on-Sea,
Sheerness ME12 3NS
Tel: 01795 871160

See the checklist on page 49 for useful suggestions of questions to ask when looking at care homes.

Sittingbourne care homes

Aspley House
204 London Road, Sittingbourne ME10 1QA
Tel: 01795 438856

Beechfields
Conyer Road, Teynham, Sittingbourne ME9 9ET
Tel: 01795 520580

Berkeley House
Lynsted Lane, Lynsted, Sittingbourne ME9 0RL
Tel: 01795 522540

Blair Park Residential Care Home
2 Beechwood Avenue, Crown Road, Milton Regis,
Sittingbourne ME10 2AL
Tel: 01795 423695

Bridge House
115 Grovehurst Road,
Sittingbourne ME10 2TA
Tel: 01795 477966

Byfield Court
Sheppey Way, Bobbing, Sittingbourne ME9 8PJ
Tel: 01795 431685

Cartref House
22 London Road, Sittingbourne ME10 1NA
Tel: 01795 477966

Court Regis
Middletune Avenue, Milton Regis,
Sittingbourne ME10 2HT
Tel: 01795 423385 Advert page 50

Ellens Court Care Home
Lady Margaret Manor Road, Doddington,
Sittingbourne ME9 0NT
Tel: 01795 651061

Hanningfield Retirement Home Ltd
99 London Road, Sittingbourne ME10 1NR
Tel: 01795 479587

Hill Farm
15 Keycol Hill, Bobbing, Sittingbourne ME9 8LZ
Tel: 01795 841220

Insight SBS Ltd – 201 London Road
Sittingbourne ME10 1PA
Tel: 07717 501645

Insight Teynham
5 London Road, Teynham, Sittingbourne ME9 9QW
Tel: 01795 438856

Pine Lodge Care
26-32 Key Street, Sittingbourne ME10 1YU
Tel: 01795 423052 Advert page 102

Service User Bands
OP Older people (65+)
D Dementia
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LDA Learning disability, autism
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SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

● Member of the Kent Integrated Care Alliance (KICA)

Advertisements are highlighted
PINE LODGE CARE CENTRE
26-32 KEY STREET, ME10 1YU

ONE OF THE FINEST HOMES IN KENT

We are one Kent's finest care homes, providing care for the elderly and people with dementia. In addition to permanent care we also offer respite care for persons suffering from Parkinson's disease.

Our Carers take great pride in the close relationships they build with the residents to create a truly homely atmosphere. Residents are the people who matter the most and the team recognise their right to be treated as individuals with personal choices, and a need to have their privacy and dignity respected. Each en-suite room is equipped with all the modern conveniences to make your stay a comfortable and most enjoyable experience.

At Pine Lodge, we are proud to offer the following services and amenities:

- RESIDENTIAL AND DEMENTIA CARE
- MAINLY SINGLE EN-SUITE BEDROOMS, MANY WITH THEIR OWN FRENCH DOORS OPENING ONTO LANDSCAPED GARDENS WITH WATER FEATURES
- A CHOICE OF BEAUTIFUL LOUNGES
- SHORT WALK TO PARK & PUB
- BUS STOPS OUTSIDE
- LIBRARY
- HAIRDRESSING SALON
- SHOWER ROOMS & SPECIALISED BATH CHAIRS
- REGULAR ENTERTAINMENT, OUTINGS & ACTIVITIES
- LONG SHORT TERM & RESPITE CARE
- PRIVATE & SOCIAL SERVICE CLIENTS WELCOME

FOR MORE INFORMATION PLEASE CONTACT EVE FIELDING ON 01795 423052 OR COME VISIT US

Web: www.pinelodgecare.com Email: pine.lodge@btconnect.com
Rhyme House
9-11 Chaucer Road, Sittingbourne ME10 1EZ
Tel: 01795 439744

Welcome House – The Cedars
2 Hartlip Hill, Hartlip, Sittingbourne ME9 7PA
Tel: 01795 843837

School Lane
35 School Lane, Iwade,
Sittingbourne ME9 8SE
Tel: 01634 869200

Whiteleaf Cottage
Lower Road, Teynham ME9 9LR
Tel: 01795 477966

Ulcomb House
24 London Road, Sittingbourne ME10 1NA
Tel: 01795 412230

Woodstock Dementia and Residential Care Home
80 Woodstock Road,
Sittingbourne ME10 4HN
Tel: 01795 420202

Sittingbourne care homes with nursing

Elvy Court Care Home
200 London Road, Sittingbourne ME10 1QA
Tel: 01795 374478

Newington Court
Keycol Hill, Newington,
Sittingbourne ME9 7LG
Tel: 01795 334085

Hengist Field Care Centre
Hengist Field, Borden,
Sittingbourne ME9 8FH
Tel: 01795 473880

The Premium Care Provider in Kent

Avery Healthcare is a leading and award winning national care provider that has a range of quality care homes throughout the county for residential and dementia care. A standards based approach ensures modern, purpose built buildings finished to high specifications, restaurant style dining and service, the very best in care from professionally trained staff, and a sector leading Well-being and Activities Programme that supports independence and a fulfilling life.

For the best in Kent, look no further.

Avery Care Homes

Adelaide Care Home
35 West Street | Bexleyheath | Kent | DA7 4BE
Call 020 80315248
Search ‘Adelaide Care Home’ online or on

Elvy Court Care Home
200 London Road | Sittingbourne | Kent | ME10 1QA
Call 01795 374478
Search ‘Elvy Court Care Home’ online or on

Visit www.carechoices.co.uk for further assistance with your search for care
### Thanet

#### Birchington care homes

**Beach House**
1 Beach Avenue, Birchington CT7 9JS  
Tel: 01843 845922  
**OP LDA MH YA**

**Grenham Bay Court**
Cliff Road, Birchington CT7 9JX  
Tel: 01843 841008  
**OP**

**Highfield Residential Home**
51 Alpha Road, Birchington CT7 9EG  
Tel: 01843 842116  
**OP**

**Spencer House**
Spencer Road, Birchington CT7 9EZ  
Tel: 01843 841460  
**OP**

**Springfield House**
81 Epple Bay Road, Birchington CT7 9EW  
Tel: 01843 842574  
**LDA**

---

**Wychdene**

- Carefree relaxed living
- Relaxed atmosphere
- Pleasant, caring Staff
- Long term & Respite Care
- Residential & Dementia clients

Wychdene Care Home  
19 Callis Court Road, Broadstairs, Kent CT10 3AF  
Tel: 01843 865282  
Fax: 01843 863282  
Email: vasan.wychdene@btconnect.com  
Web: www.wychdene.co.uk

---

**Broadstairs care homes**

**Bradstowe Lodge**
22 Victoria Parade, Broadstairs CT10 1QL  
Tel: 01843 861962  
**OP**

**Cleveland House**
20-22 Granville Road, Broadstairs CT10 1QB  
Tel: 01843 863691  
**LDA MH YA**

**Deer Park Care Centre**
Detling Avenue, Broadstairs CT10 1SR  
Tel: 01843 868666  
**OP MH**

**Dumpton Lodge**
11 Western Esplanade, Broadstairs CT10 1TG  
Tel: 01843 865877  
**OP**

**Kent House Residential Home**
Fairfield Road, Broadstairs CT10 2JZ  
Tel: 01843 602720  
**OP D**

**Port Regis**
Convent Road, Broadstairs CT10 3PR  
Tel: 01843 602266  
**OP D**

**Wychdene**
19 Callis Court Road, Broadstairs CT10 3AF  
Tel: 01843 865282  
**Advert below**

---

**Service**  
- OP Older people (65+)
- D Dementia
- PD Physical disability
- LDA Learning disability, autism
- MH Mental health
- SI Sensory impairment
- YA Younger adults
- AD People who misuse alcohol or drugs

**User Bands**  
- Member of the Kent Integrated Care Alliance (KICA)

---

Search for care at www.carechoices.co.uk to find support in your area
Broadstairs care homes with nursing

Maurice House
Callis Court Road, Broadstairs CT10 3AH
Tel: 01843 603323

See the checklist on page 49 for useful questions to ask when looking at care homes.

Margate care homes

Aquarius Lodge
20 Approach Road, Cliftonville, Margate CT9 2AN
Tel: 01843 292323

Homeville
Basement Flat, 95 Victoria Road, Margate CT9 1RD
Tel: 01843 223455

Avenues South East – 39 Beresford Gardens ●
Cliftonville, Margate CT9 3AG
Tel: 0208 308 2900

L and S Care Homes Ltd – 3 York Terrace
Birchington CT7 9AZ
Tel: 01843 843486

Avenues South East – 87 Westbrook Avenue ●
Margate CT9 5HB
Tel: 0208 308 2900

Maltreath Residential Care Home
23-25 Warwick Road, Cliftonville, Margate CT9 2JU
Tel: 01843 221677

Carettech Community Services (No 2) Ltd – 22 Prices Avenue
Cliftonville, Margate CT9 2NT
Tel: 01843 293927

Mont Calm Margate
13 Shottendane Road, Margate CT9 4NA
Tel: 01843 221600

Claremont Care Home
6 Lower Northdown Avenue, Margate CT9 2NJ
Tel: 01843 225117

North Lodge Care Home
47 St Peters Road, Margate CT9 1TJ
Tel: 01843 229390

George V Avenue, 5
Westbrook, Margate CT9 5QA
Tel: 01843 227003

Redcot Lodge Residential Care Home ●
1 Lower Northdown Avenue, Cliftonville,
Margate CT9 2NJ
Tel: 01843 220131

Graywood Care Home
10 Northdown Avenue, Cliftonville, Margate CT9 2NL
Tel: 01843 220797

Rosedene Residential Care Ltd
29-31 Westonville Avenue, Margate CT9 5DY
Tel: 01843 220087

Green Gables
6 Northdown Avenue, Margate CT9 2NL
Tel: 01843 227770

Sense – 89 Hastings Avenue
Margate CT9 2SQ
Tel: 01843 232767

Gresham Residential Care Home
47-49 Norfolk Road, Cliftonville, Margate CT9 2HU
Tel: 01843 220178

Summerville
39 Prices Avenue, Margate CT9 2NT
Tel: 01843 295703

Grosvenor Court, The
1-5 First Avenue, Cliftonville, Margate CT9 2LF
Tel: 01843 228761

Terrance House ●
7-19 Belgrave Road, Margate CT9 1XQ
Tel: 01843 224879

<table>
<thead>
<tr>
<th>Service User Bands</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
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<tbody>
<tr>
<td>MH Mental health</td>
<td>SI Sensory impairment</td>
<td>YA Younger adults</td>
<td>AD People who misuse alcohol or drugs</td>
<td></td>
</tr>
</tbody>
</table>

● Member of the Kent Integrated Care Alliance (KICA)
Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Caring for an elderly relative or neighbour?
Do you need a break... or do they?

Respite care for the elderly available at...

Yoakley House, Drapers Close, Margate, Kent CT9 4AH
For details or to arrange a visit: Tel: 01843 223652
Email: admin@yoakleycare.co.uk
www.yoakleycare.co.uk

Newlyn Residential Home aspires to provide our residents with a ‘home from home’ experience.

We provide professional, compassionate care in a friendly, homely environment for up to 13 older people who require varying degrees of assistance and may also have a diagnosis of dementia. We aim to treat all our residents as we would wish to be treated ourselves. Our overall aim is to provide dedicated, personal care, tailored to individual needs. We provide support to relatives/friends and encourage them to visit anytime.

Facilities & Services:
• Palliative Care • Respite Care • Convalescent Care
• Own GP if required • Own Furniture if required
• Pets by arrangement • Smoking not permitted • Stair lift
• Wheelchair access • Gardens for residents
• Television point in own room • Residents Internet Access

For more information please call 01843 589191
2 Cliftonville Avenue, Ramsgate, Kent CT12 6DS

The Newlyn Residential Home

Gordon Lodge

Quality care in a homely environment

• Well established family run care home
• Long term or respite stay
• Quality care provided by dedicated staff
• Friends & family always welcome
• Home cooked food using local produce
• Close to local amenities and the sea front

Contact Diane or Debbie: 01843 831491
website: gordonlodge.co.uk email: lodge.eq@aol.com
43 Westgate Bay Avenue, Westgate on Sea CT8 8AH

Search for care at www.carechoices.co.uk to find support in your area
Margate care homes continued

Treetops Residential Home
3 Lower Northdown Avenue,
Margate CT9 2NJ
Tel: 01843 220826

Willows Care Centre, The
5-13 Second Avenue, Margate CT9 2LL
Tel: 01843 228570

Yoakley House Care Home ●
Drapers Close,
Margate CT9 4AH
Tel: 01843 223652 Advert page 106

A countywide list of home care providers starts on page 25.

Margate care homes with nursing

Ashcroft Nursing Home ●
Fairview Close, Cliftonville,
Margate CT9 2QE
Tel: 01843 296626

St Peters Home ●
26-28 St Peters Road, Margate CT9 1TH
Tel: 01843 291363

Shottendane Nursing Home ●
Shottendane Road, Margate CT9 4BS
Tel: 01843 291888

Westbrook House Integrated Care Centre
150 Canterbury Road, Westbrook,
Margate CT9 5DD
Tel: 01843 254100

Ramsgate care homes

Ashdene House
50-50a St Mildreds Road, Ramsgate CT11 0EF
Tel: 01843 592045

Brennan House Residential Home
21 Vale Square, Ramsgate CT11 9DE
Tel: 01843 592546

Ebbfleet House
Tubbs Lane, Ebbsfleet Lane, Ramsgate CT12 5DJ
Tel: 01304 613004

Keele House
176-178 High Street, Ramsgate CT11 9TS
Tel: 01843 591735

Martins
2 Ebbsfleet Lane, Ramsgate CT12 5DJ
Tel: 01843 823010

Montague House
10 Brockenhurst Road, Ramsgate CT11 8ED
Tel: 01843 599660

Newlyn Residential Home, The
2 Cliftonville Avenue,
Ramsgate CT12 6DS
Tel: 01843 589191 Advert page 106

Ramsgate Care Centre
66-68 Boundary Road,
Ramsgate CT11 7NP
Tel: 01843 585444

Rose Farm House
Haine Road,
Ramsgate CT12 5AG
Tel: 01843 583380

Sense – 163 Newington Road
Ramsgate CT12 6QB
Tel: 01843 596896

Wantsum Lodge
32 St Mildreds Road,
Ramsgate CT11 0EF
Tel: 01843 582666

Service User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)

Visit www.carechoices.co.uk for further assistance with your search for care
Ocean Swell

A friendly residential home facing the sea at St. Mildred’s Bay, Close to all local amenities.

Caring specifically for both disabled and elderly people. Our care group also includes physically disabled clients under 65.

Facilities include single and double rooms, ground floor rooms & two TV lounges.

Call Denise or Martin Rose on 01843 832362

33 Sea Road, Westgate-On-Sea, Kent, CT8 8SB
KCC Registered

Capel Grange
Private Residential Home

“home from home in the Kent countryside”

Set in two acres of beautiful landscaped gardens, Capel Grange is an elegant country house offering homely accommodation with care tailored to your requirements. We offer: Long term, convalescent, respite and day care in single or double en suite bedrooms.

Excellent cuisine, visiting professionals, activities and entertainment. The Cottage Wing offers a safe and calm environment for those with dementia.

Call us to arrange a visit or request a brochure 01892 834225

Capel Grange, Maidstone Rd, Five Oak Green, Kent TN12 6SQ
Email: Care@capelgrange.co.uk
www.capelgrangecare.co.uk

At Harpwood...we really do care

Set in four acres of landscaped grounds, we answer the needs of those seeking spacious quality accommodation.

The home is designed with an easy to use lift, gentle stairways and wide corridors allowing a high degree of independence and room to roam.

Facilities available include:

- 24 hour care
- Choice of spacious lounges
- Conversation parlour
- Cuisine of the highest standard
- Assistance with bathing, dressing and personal grooming
- Monitoring & supervision of medications
- Flexible visiting including luncheon guests
- Lift and easy to manage stairs
- Day-care facilities
- Short and long stays
- Planned social, cultural & spiritual activities
- Telephone outlets for private use (installation at resident’s cost)
- Choice of en-suite rooms
- On-site professional hairdressing salon

Call 01732 882 282 and ask about our special introductory periods designed to help you settle in.

info@harpwood.co.uk | 01732 882 282

www.harpwood.co.uk

Search for care at www.carechoices.co.uk to find support in your area.
Westgate-on-Sea care homes

**Avondale House**
25 Roxburgh Road, Westgate-on-Sea CT8 8RX
Tel: 01843 833973
MH

**Chilterns, The**
5-9 Sea Road, Westgate-on-Sea CT8 8SA
Tel: 01843 832628
OP MH

**Dane End House**
1 Dane End Road, Westgate-on-Sea CT8 8PH
Tel: 01843 832750
PD LDA MH SI YA

**Gordon Lodge Rest Home**
43 Westgate Bay Avenue, Westgate-on-Sea CT8 8AH
Tel: 01843 831491
Advert page 106
OP

**Ocean Swell**
33 Sea Road, Westgate-on-Sea CT8 8SB
Tel: 01843 832362
Advert page 108
OP PD

Westgate-on-Sea care homes with nursing

**Eaton Lodge Nursing Home**
62 Westgate Bay Avenue, Westgate-on-Sea CT8 8SN
Tel: 01843 832184
OP PD SI

**Lourdes Community Nursing and Residential Care Home, The**
The Ursuline Convent, 225 Canterbury Road, Westgate-on-Sea CT8 8LX
Tel: 01843 833242
OP

**St Michael’s Nursing Home**
Elm Grove, Westgate-on-Sea, Margate CT8 8LH
Tel: 01843 834917
OP D

**West Gate, The**
2-4 Canterbury Road, Westgate-on-Sea, Margate CT8 8JJ
Tel: 01843 831585
OP D PD MH SI

Tonbridge and Malling

Tonbridge care homes

**Avenues South East – 288 Shipbourne Road**
Tonbridge TN10 3EX
Tel: 0208 308 2900
LDA

**Barnes Lodge**
Tudeley Lane, Tonbridge TN11 0QJ
Tel: 01732 369171
OP D MH SI

**Capel Grange Residential Home**
Maidstone Road, Five Oak Green, Tonbridge TN12 6SQ
Tel: 01892 834225
Advert page 108
OP D

**Chesnut Lodge Care Home**
18-20 London Road, Tonbridge TN10 3DA
Tel: 01732 362440
OP D

Visit www.carechoices.co.uk for further assistance with your search for care
Tonbridge care homes continued

Grange, The – Benenden
The Green, Benenden, Cranbrook TN17 4DN
Tel: 01580 240118  OP LDA YA

Hadlows, The
128-130 Hadlow Road, Tonbridge TN9 1PA
Tel: 01732 770981  LDA YA

Hale Place Farmhouse
79 Old Road, East Peckham, Tonbridge TN12 5EN
Tel: 01622 871081  OP D

Lavenders
Lavenders Road, West Malling ME19 6HP
Tel: 01732 844744  OP

St Peters Row Delarue Close
1-3 St Peters Row Delarue Close, Shipbourne Road, Tonbridge TN11 9NN
Tel: 01732 771593  LDA

Wheatfield Drive
17 Wheatfield Drive, Cranbrook TN17 3LU
Tel: 01580 715249  OP LDA YA

Tonbridge care homes with nursing

Ashurst Park Care Home
Fordcombe Road, Fordcombe, Tunbridge Wells TN3 0RD
Tel: 01892 709000  OP

Hadlowes Care Home
128-130 Hadlow Road, Tonbridge TN9 1PA
Tel: 01732 770981  LDA YA

Hale Place Farmhouse
79 Old Road, East Peckham, Tonbridge TN12 5EN
Tel: 01622 871081  OP D

Lavenders
Lavenders Road, West Malling ME19 6HP
Tel: 01732 844744  OP

St Peters Row Delarue Close
1-3 St Peters Row Delarue Close, Shipbourne Road, Tonbridge TN11 9NN
Tel: 01732 771593  LDA

Wheatfield Drive
17 Wheatfield Drive, Cranbrook TN17 3LU
Tel: 01580 715249  OP LDA YA

Tonbridge House Care Home
36 Quarry Hill Road, Tunbridge Wells TN9 2RS
Tel: 0808 164 2500 Advert page 50  OP D YA

Westbank Care Home
64 Sevenoaks Road, Borough Green, Sevenoaks TN15 8AP
Tel: 01732 780066  OP D PD

Tunbridge Wells care homes

Ashurst Place
Lampington Row, Langton Green, Tunbridge Wells TN3 0JG
Tel: 01892 863298  OP

Beulah Lodge Rest Home Ltd
1 Beulah Road, Tunbridge Wells TN1 2NP
Tel: 01892 543055  OP

Birchwood House Rest Home
Stockland Green Road, Speldhurst, Tunbridge Wells TN3 0TU
Tel: 01892 863559 Advert page 112  OP

Chamberlain Court
77 Mount Ephraim, Tunbridge Wells TN4 8BS
Tel: 01892 618773  OP D PD SI YA

Cornford House
Cornford Lane, Pembury, Tunbridge Wells TN2 4QS
Tel: 01892 820100 Advert page 111  OP D PD MH SI YA

Crossways Community
8 Culverden Park Road, Tunbridge Wells TN4 9QX
Tel: 01892 529321  OP MH YA

Service
Older people (65+)
Dementia
Physical disability
Learning disability, autism
Younger adults
People who misuse alcohol or drugs

User Bands
Mental health
Sensory impairment

Adverters are highlighted

Member of the Kent Integrated Care Alliance (KICA)
**Supported living for people with nursing needs**

**Choice of Social Groups**
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

**Staffing**
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

**Social Programme**
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

**Specialist Equipment**
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.cornfordhouse.co.uk
Tel: 01892 820100 • Fax: 01892 820590 • Email: enquiries@cornfordhouse.co.uk
Cornford Lane, Pembury, Tunbridge Wells TN2 4QS
Residential home set in 9 acres of beautiful Kent countryside ideal for long or short stay, convalescence and respite care

- 24 hour supervision
- Lift to all floors
- En suite facilities in all rooms
- Home cooking - Special diets catered for
- Hairdresser, chiropodist and library available
- Shopping trolley providing everyday requisites
- In house communion service
- Visits to Speldhurst and other local churches for services can be arranged

Stockland Green Road, Speldhurst, Kent TN3 0TU
Tel: 01892 863559
Fax: 01892 861548
ENQUIRIES TO THE MANAGER
Member of the Kent Integrated Care Alliance

Service  OP Older people (65+)  D Dementia  PD Physical disability  LDA Learning disability, autism
User Bands  MH Mental health  SI Sensory impairment  YA Younger adults  AD People who misuse alcohol or drugs

★ Member of the Kent Integrated Care Alliance (KICA)
Supported living for people with nursing needs

Choice of Social Groups
There are three separate floors for various levels of physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

Social Programme
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.hazeldenehouse.com
Tel: 01892 826500 • Email: enquiries@hazeldenehouse.com
Romford Road, Pembury, Tunbridge Wells, Kent TN2 4AY
When you choose a care home, you want to find somewhere that feels just like home. Both our family-run care homes are small enough to be friendly and welcoming, while still delivering the very highest standards of nursing and medical care. As well as residential care and 24-hour nursing care, we offer respite and short-term convalescence stays. We look after your loved ones just as you would, with care, compassion and dignity. We want the people who come to our homes to live the very fullest lives possible. Our residents enjoy a broad programme of activities and events. These activities help residents feel like part of the community, in the home and in our local area.

<table>
<thead>
<tr>
<th>Tunbridge Wells care homes with nursing</th>
<th>See page 112 for the Service User Bands key</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Warwick Park Nursing Home</strong></td>
<td>Tel: 01892 541434 Advert below</td>
</tr>
<tr>
<td>55 Warwick Park, Tunbridge Wells TN2 5EJ</td>
<td></td>
</tr>
<tr>
<td><strong>Hazeldene House</strong></td>
<td>Tel: 01892 826500 Advert page 113</td>
</tr>
<tr>
<td>Romford Road, Pembury, Tunbridge Wells TN2 4AY</td>
<td></td>
</tr>
<tr>
<td><strong>Birkin Lodge</strong></td>
<td>OP</td>
</tr>
<tr>
<td>Camden Park, Hawkenbury, Tunbridge Wells TN2 5AE</td>
<td></td>
</tr>
<tr>
<td>Tel: 01892 533747</td>
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<tr>
<td><strong>Burrswood Health and Wellbeing</strong></td>
<td>OP</td>
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<tr>
<td>Groombridge, Tunbridge Wells TN3 9PY</td>
<td></td>
</tr>
<tr>
<td>Tel: 01892 863637</td>
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</tr>
<tr>
<td><strong>Cornford House</strong></td>
<td>OP</td>
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<tr>
<td>Cornford Lane, Pembury, Tunbridge Wells TN2 4QS</td>
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</tr>
<tr>
<td>Tel: 01892 820100</td>
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<tr>
<td><strong>Firtree House Nursing Home</strong></td>
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<tr>
<td>30 St James Road, Tunbridge Wells TN1 2JZ</td>
<td></td>
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<tr>
<td>Tel: 01892 523954</td>
<td></td>
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<tr>
<td><strong>Halliwell</strong></td>
<td>OP</td>
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<tr>
<td>Kingswood Road, Tunbridge Wells TN2 4UN</td>
<td></td>
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<tr>
<td>Tel: 01892 525909</td>
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</tr>
<tr>
<td><strong>Hawkhurst House</strong></td>
<td>OP</td>
</tr>
<tr>
<td>Cranbrook Road, Hawkhurst, Cranbrook TN18 5EF</td>
<td></td>
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<tr>
<td>Tel: 01580 239170 Advert page 46</td>
<td></td>
</tr>
<tr>
<td><strong>Hazeldene House</strong></td>
<td>OP D MH</td>
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<tr>
<td><strong>Larchmere House Nursing Home</strong></td>
<td>OP</td>
</tr>
<tr>
<td>Biddenden Road, Frittenden, Cranbrook TN17 2EN</td>
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<tr>
<td>Tel: 01580 852335</td>
<td></td>
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<tr>
<td><strong>Little Court Nursing Home</strong></td>
<td>OP</td>
</tr>
<tr>
<td>26 Roopers, Speldhurst, Tunbridge Wells TN3 0QL</td>
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<tr>
<td>Tel: 01892 863414 Advert below</td>
<td></td>
</tr>
<tr>
<td><strong>Rusthall Lodge Care Home</strong></td>
<td>OP PD SI</td>
</tr>
<tr>
<td>Nellington Road, Rusthall, Tunbridge Wells TN4 8SJ</td>
<td></td>
</tr>
<tr>
<td>Tel: 01892 556500</td>
<td></td>
</tr>
<tr>
<td><strong>Tunbridge Wells Care Centre</strong></td>
<td>OP D MH</td>
</tr>
<tr>
<td>142 Upper Grosvenor Road, Tunbridge Wells TN1 2ED</td>
<td></td>
</tr>
<tr>
<td>Tel: 01892 618721</td>
<td></td>
</tr>
<tr>
<td><strong>Warwick Park Nursing Home</strong></td>
<td>OP</td>
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<tr>
<td>55 Warwick Park, Tunbridge Wells TN2 5EJ</td>
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<tr>
<td>Tel: 01892 541434</td>
<td></td>
</tr>
<tr>
<td><strong>Care as individual as you</strong></td>
<td></td>
</tr>
</tbody>
</table>

Search for care at www.carechoices.co.uk to find support in your area
Useful local contacts

**Kent County Council**
County Hall, Maidstone ME14 1XQ
Tel: 03000 416161
Text relay: 18001 03000 416161
Email: social.services@kent.gov.uk
Web: www.kent.gov.uk

**Advocacy for All**
The Civic Centre, St Mary’s Road, Swanley BR8 7BU
Tel: 0345 310 1812
Email: info@advocacyforall.org.uk
Web: www.advocacyforall.org.uk

**Age UK in Kent**
Age UK provides information and advice for the elderly about benefits, care, age discrimination and computer courses, amongst other things.

**Age UK Ashford**
The Joe Fagg Community Centre, Stanhope Road, Ashford TN23 5RF
Tel: 01233 668765
Web: www.ageuk.org.uk/ashford

**Age UK Faversham**
2 Middle Row, Faversham ME13 7AJ
Tel: 01795 532766
Web: www.ageuk.org.uk/favershamandsittingbourne

**Age UK Maidstone**
7 Mill Street, Maidstone ME15 6XW
Tel: 01622 753618
Web: www.ageuk.org.uk/maidstone

**Age UK Sittingbourne**
Avenue of Remembrance, Sittingbourne ME10 4NN
Tel: 01795 477520
Web: www.ageuk.org.uk/favershamandsittingbourne

**Age UK Teynham**
Belle Friday Centre, London Road, Teynham ME9 9QH
Tel: 01795 521052
Web: www.ageuk.org.uk/favershamandsittingbourne

**Age UK Tunbridge Wells**
Wood Street, Tunbridge Wells TN1 2QS
Tel: 01892 522591
Web: www.ageuk.org.uk/tunbridgewells

**Alzheimer’s Society**
National helpline: 0300 222 1122

**Maidstone and rural communities**
1 Dairy Court, Fair View Farm, Linton Road, Loose, Maidstone ME15 0AL
Tel: 01622 747181
Email: maidstone@alzheimers.org.uk

**West Kent**
1-7 Commercial Road, Paddock Wood, Tonbridge TN12 6YT
Tel: 01892 835498
Email: christine.russell@alzheimers.org.uk

**Gateways to council services and advice**

**Ashford Gateway Plus**
Church Road, Ashford TN23 1AS
Tel: 03000 416666

**Dover**
69-71 Castle Street, Dover CT16 1PD
Tel: 01304 872199

**Edenbridge**
The Eden Centre, Four Elms Road, Edenbridge TN8 6BY
Tel: 03000 414010

**Gravesham**
Civic Centre, Windmill Street, Gravesend DA12 1AU
Tel: 01474 337000

**Sheppey**
38-42 High Street, Sheerness ME12 1NL
Tel: 01795 417850

**Swanley Link**
London Road, Swanley BR8 7AE
Tel: 03000 421281

Visit www.carechoices.co.uk for further assistance with your search for care
Tenterden
2 Manor Row, High Street,
Tenterden TN30 6HP
Tel: 03000 421310

Thanet Gateway Plus
Cecil Street, Margate CT9 1RE
Tel: 01843 577000

Tonbridge
Castle Street, Tonbridge TN9 1BG
Tel: 01732 876271

Tunbridge Wells
8 Grosvenor Road,
Royal Tunbridge Wells TN1 2AB
Tel: 03000 414141

Healthwatch Kent
Aims to ensure that the views of the public are taken into account when health and social care services are planned for and provided.
Tel: 0808 801 0102
Email: info@healthwatchkent.co.uk
Web: www.healthwatchkent.co.uk

Kent 24-hour Dementia Helpline
A confidential freephone service for people with dementia, their carers, families and friends.
Tel: 0800 500 3014
Email: helpline@alz-dem.org
Web: www.alz-dem.org/info-and-advice/kent-dementia-helpline

Live Well Kent
A free service to help you improve your mental and physical health and wellbeing.
Tel: 0800 567 7699
Web: www.livewellkent.org.uk

Patient Experience Teams (PETs)
Information for patients, their families and carers about health and local health services.

East Kent PET
Tel: 01227 783145 or 01227 864314
Email: ekh-tr.patientexperienceteam@nhs.net

West Kent and Medway PET
Tel: 0800 587 6757

Kent District Councils
Ashford Borough Council
Web: www.ashford.gov.uk

London Borough of Bexley
Web: www.bexley.gov.uk

London Borough of Bromley
Web: www.bromley.gov.uk

Canterbury City Council
Web: www.canterbury.gov.uk

Dartford Borough Council
Web: www.dartford.gov.uk

Dover District Council
Web: www.dover.gov.uk

Folkstone & Hythe District Council
Web: www.folkestone-hythe.gov.uk

Gravesham Borough Council
Web: www.gravesham.gov.uk

Maidstone Borough Council
Web: www.maidstone.gov.uk

Medway Council
Web: www.medway.gov.uk

Sevenoaks District Council
Web: www.sevenoaks.gov.uk

Swale Borough Council
Web: www.swale.gov.uk

Thanet District Council
Web: www.thanet.gov.uk

Tonbridge and Malling Borough Council
Web: www.tmbc.gov.uk

Tunbridge Wells Borough Council
Web: www.tunbridgewells.gov.uk
Useful national contacts

**Action on Elder Abuse (AEA)**  
Works to protect, and prevent the abuse of, vulnerable older adults.  
Tel: 0808 808 8141  
Email: enquiries@elderabuse.org.uk  
Web: www.elderabuse.org.uk

**Age UK**  
Tel: 0800 055 6112  
Web: www.ageuk.org.uk

**Alzheimer's Society**  
Tel: 0300 222 1122  
Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; Saturday and Sunday, 10.00am to 4.00pm  
Web: www.alzheimers.org.uk

**Association of Charitable Organisations**  
A national umbrella body for benevolent charities.  
Tel: 0207 255 4480 • Email: info@aco.uk.net  
Web: www.aco.uk.net

**British Institute of Learning Disabilities (BILD)**  
Committed to improving the quality of life for people with a learning disability.  
Tel: 0121 415 6960  
Email: enquiries@bild.org.uk  
Web: www.bild.org.uk

**Care Choices**  
Free, independent assistance with finding care providers. Searchable website.  
Web: www.carechoices.co.uk

**Care Quality Commission**  
Independent regulator of care services in England.  
Tel: 03000 616161  
Email: enquiries@cqc.org.uk  
Web: www.cqc.org.uk

**Carers Trust**  
Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.  
Web: www.carers.org

**Carers UK**  
The voice of carers.  
Tel: 0808 808 7777  
Web: www.carersuk.org

**Citizens Advice**  
Practical, reliable, up-to-date information on a wide range of topics.  
Tel: 03444 111444  
Web: www.citizensadvice.org.uk

**Elderly Accommodation Counsel**  
Helps older people make informed choices about meeting their housing and care needs.  
Web: www.housingcare.org

**Friends of the Elderly**  
A charity that supports older people who have a range of practical needs.  
Tel: 0207 730 8263  
Email: enquiries@fote.org.uk  
Web: www.fote.org.uk

**Independent Age**  
Produce a wide range of guides and factsheets for older people, their families and carers.  
Tel: 0800 319 6789  
Email: advice@independentage.org  
Web: www.independentage.org

**My Family, Our Needs**  
The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.  
Web: www.myfamilyourneeds.co.uk

**National Association for Providers of Activities for Older People (NAPA)**  
Promotes the importance of activities for older persons.  
Tel: 0207 078 9375  
Email: info@napa-activities.co.uk  
Web: www.napa-activities.co.uk

**National Association of Funeral Directors**  
Web: www.nafd.org.uk
**National Society of Allied and Independent Funeral Directors**
Web: www.saif.org.uk

**NHS 111**
You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via ‘Typetalk’ **18001 111**.

**Relatives and Residents Association, The**
Exists for older people needing, or living in, residential care and the families and friends left behind.
Tel: **0207 359 8136**
Email: info@relres.org
Web: www.relres.org

**SANE**
Sane: for advice on mental health issues.
Tel: **0300 304 7000**, between 4.30pm and 10.30pm daily.
Web: www.sane.org.uk

**Silver Line, The**
A 24-hour telephone befriending and advice line.
Tel: **0800 470 8090**
Web: www.thesilverline.org.uk

**United Kingdom Home Care Association (UKHCA)**
Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.
Tel: **0208 661 8188** • Email: helpline@ukhca.co.uk
Web: www.ukhca.co.uk

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- Tonbridge
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Homecare Unique Ltd

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Kent Home Care Ltd
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Krystal Solutions Ltd
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LANH
Laurel and Lime Complete Care Ltd
- Deal
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Liberty Lodge Ltd
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Maidstone Home Care Ltd
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MiHomecare – Ramsgate
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Mrs Lynne Weatherly
My Homecare Tonbridge
MyLife Home Care Maidstone
My Life Living Assistance (Kent)

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Norwyn Community Services
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- 60 St Peters Road
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- 1 Hammerton Close
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Tell us what you think

- What have you found useful?
- What could we do better?

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- Anderida
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- Arthur Court
- Ashdene House
- Ashingham House
- Ashley Avenue, 95
- Ashstone House
- Avondale Castlemount Lodge
- Avondale House
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- Barton Court
- Beach House
- Beeches Residential Home, The
- Betsy Clara Nursing Home
- Camelot Lodge
- Cameron Lodge
- Chilterns, The
- Chitty Barn
- Cleveland House
- **Cornford House**
- Crossways Community
- Dane End House
- Deer Park Care Centre

### E-H
- Edwin Therapeutic Unit
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- Ellens Court Care Home
- Fairby Grange
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### M-P
- Madeira Lodge Care Home
- Maltreath Residential Care Home
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- Mental Health Residential Ltd – 71 London Road
- Old Rectory, The
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### R-T
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