

# Berkshire

Care Services Directory 2023/24

The essential guide to choosing and paying for care and support

In association with





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## We are covering:

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New Client enquiries can either call **01628 306000** and ask for Sarah or email **enquiries@welovecare.care** 



## We offer

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## Testimonials

"We Love Care looked after my nan for around six months until she went into a home and I can honestly say I don't know what we would have done without them. The carers are extraordinary and nothing was ever too much for them, they really care from their hearts. The team in the office provided me and my family with the support we needed throughout the whole experience and helped us to really understand my nan's dementia diagnosis as this was so new to my family. I can't recommend them enough they truly are amazing! If you're looking for someone to treat your loved ones like they are family, then this is the right company for you!"

"As a family we could not fault We Love Care, the owner helped with my mum's funding which was a huge help to her care. The regular staff were fantastic, always kind and cheerful to Mum. It was a great relief knowing, as we couldn't be there every day, that she was being cared for by some great people!"

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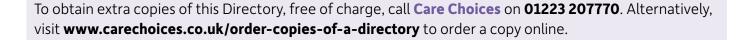
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**Alternative formats** 

Types of homes and activities explained

**Care homes** 

This Directory is available electronically at **www.carechoices.co.uk/** The e-book is also Recite Me compatible for those requiring information in the spoken word.



## Introduction

Welcome to this edition of the independent Berkshire Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 13. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 21 for those paying for care at home and page 46 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 7 and a list of local home care providers begins on page 25.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 36) or residential care. Comprehensive lists of care homes and care homes with nursing in Berkshire start on page 53.

There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

#### Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 50), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit

www.carechoices.co.uk



### Contacting your local council

**Bracknell Forest Council** 

Tel: **01344 352000** 

Email: customer.services@bracknell-forest.gov.uk

Web: www.bracknell-forest.gov.uk

**Reading Borough Council** 

Tel: **0118 937 3747** 

Web: www.reading.gov.uk

**Slough Borough Council** 

Tel: **01753 475111** 

Web: www.slough.gov.uk

The Royal Borough of Windsor and Maidenhead

Tel: 01628 683744

Web: www.rbwm.gov.uk

**West Berkshire Council** 

Tel: **01635 551111** 

Web: www.westberks.gov.uk

**West Berkshire Directory** 

Web: https://directory.westberks.gov.uk

**Wokingham Borough Council** 

Tel: 0300 365 1234

Web: www.wokingham.gov.uk

For ease of use, throughout this Directory, services are described as coming from 'Adult Social Care'.

## Berkshire Care Association



Raising Standards

Berkshire Care
Association (BCA)
supports care providers
and those working in,
or associated with, care
across the county. We

offer advice and guidance, support networks through meetings, conferences and events and organise training and workshops where there are industry gaps or bespoke requests.

With a mission of 'Raising Standards', we endeavour to keep all CQC-registered care organisations in Berkshire updated with changes in legislation and care delivery, as well as sharing information and experiences.

As a not-for-profit organisation, we independently represent care service providers at relevant meetings. We believe it is essential to have the input of providers, staff and service users to inform relevant discussion and enable free and independent communication. By working professionally but independently with a sector-specific focus, we can speak honestly and knowledgably about the reality of matters affecting care delivery and commissioning, staffing and regulation.

Our activities include:

- holding a free Care Leaders Network (CLN)
   meeting on the fourth Tuesday of every month
   in person and via Zoom for all CQC-registered
   services. Providers, managers and staff are all
   welcome. Meetings provide relevant updates,
   share information and learning and address
   current concerns which can then be fed back into
   the system. Guest speakers, from the CQC for
   example, are invited regularly;
- a weekly newsletter emailed to all CQC-registered services across Berkshire;
- supporting providers individually on a variety of topics, including infection control procedures, health and safety, training and workforce matters;
- offering ad hoc training on a range of topics;
- working closely with Buckinghamshire, Milton Keynes and Oxfordshire care associations to support providers across the Thames Valley; and
- representation at local, regional and national levels, aiming to represent the voice of our sector in Berkshire and beyond.

For more information, advice or support, email info@berkscare.co.uk

→ As a BCA member and part of our network, providers can upgrade to be an executive member for £20 per month or £240 per year.

Executive members have extra benefits. The information below explains what non-paying and executive members receive.

Berkshire Care Association Membership 2023/24*	MEMBER	EXECUTIVE
Annual Membership – single care provider	Free	£20pm/£240pa
Benefits		
Email updates on things providers need to know	✓	✓
Changes to legislation and best practice guidance	1	✓
Improvements needed to meet CQC standards	✓	✓
Regular newsletter	✓	✓
<ul> <li>Regular CLN meeting</li> <li>With bespoke training at Ascot Priory (SL5 8RS):</li> <li>certificates provided following training;</li> <li>a networking forum for information exchange, learning and experience;</li> <li>a place to get help and advice from those who have faced the same issues;</li> <li>opportunity for up-skilling, mentorship and competency assessments;</li> <li>meet your critical friends; and</li> <li>signposting to what you need when you need it.</li> </ul>	£30+ per person  ✓  ✓  ✓	
<b>Events, mentoring and training sessions</b> provide a valuable network where you can meet other care providers and access experts and suppliers. Mentoring for managers, proprietors and senior staff will be on request and charged individually dependent on need, with discounts for executive members.	Charged	Discount of 30-50%
<ul> <li>Annual conference in October:</li> <li>over 120 care provider attendees;</li> <li>keynote speeches from high-profile organisations such as The King's Fund, CQC, the Homecare Association; and</li> <li>huge care supplier exhibition.</li> </ul>	Charged - - -	Discounted - - -
<ul> <li>Bespoke support when you need it:</li> <li>signposting – where/how to access services;</li> <li>Registered General Nurse revalidation advice to maintain Nursing and Midwifery Council registration;</li> <li>care-planning, risk assessment and documentation templates;</li> <li>audit tools; and</li> <li>in a crisis, we will visit your service with help, advice and training as soon as possible.</li> </ul>	* * * * *	√ √ √
Purchase discounts through our Buyer Consortium Spectrum	×	✓
Framed Certificate of Membership yearly	×	<b>√</b>
Use of BCA's logo on your website and email signatures	×	✓
Representation with local authorities, the integrated care board (ICB), safeguarding boards and CQC	×	✓

<sup>\*</sup> Please note, this membership is for care providers, not members of the general public.

## Helping you to stay independent

## Services developed in partnership with the voluntary sector

Adult social care works with voluntary and community organisations to supply preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- · support for carers; and
- handyperson schemes.

### Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up

an activity or receive specialist services such as chiropody or hairdressing. There is a wide variety around the county, catering for older people, people with mental health conditions, learning disabilities and dementia.

Centres can be as important for carers as those attending, as they allow for a regular break from caring.

#### Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

Councils may be able to arrange meals delivered to your door, although you would have to meet their eligibility criteria and it wouldn't necessarily be free. National and local commercial organisations can also provide meals delivered to your door at a charge.

You may find a service by word of mouth or using the internet – your local library may be able to help here. Alternatively, your local authority may have details on its website. Contact details begin on page 5.

## Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

#### **Home Improvement Agencies (HIAs)**

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyperson service for small jobs and repairs – typically, the

HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and it will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details

for, local HIAs, visit www.housingcare.org or contact your local council. Details begin on page 5.

#### **Age UK Berkshire**

The Handyperson service can help with small practical tasks in your home, to keep you safe and secure. The service costs £25 per hour plus the cost of materials but, in some areas of Berkshire and in some circumstances, the local council may contribute towards the cost of the service. Use the following contact details for more information.

Tel: 0118 959 4242

Email: info@ageukberkshire.org.uk Web: www.ageuk.org.uk/berkshire/ourservices/handyperson

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Search for care in your area

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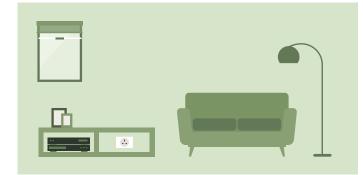
www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- · Links to inspection reports
- · Additional information, photos and web links

### Making life easier at home

If you're having difficulties with everyday tasks, these simple solutions could make life easier and enable you to retain your independence. These are a starting point; other solutions are available, which might better suit you.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit **www.gov.uk/winter-fuel-payment** 

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available that turns your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Make a note of when you've taken them or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

#### Is eating and drinking becoming difficult?

Large-handled cutlery could help, as could non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Having tap turners fitted can make **using taps** easier. You could also consider changing to leverstyle taps, which might be easier for you to use.



Handled plug



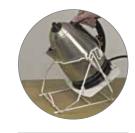
Chair raisers



Chopping board



Level indicator



Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at **www.carechoices.co.uk/staying-independent-at-home/** There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support – see page 17.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist, or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat or a seat with a built-in support frame if it's **hard to use your toilet**. Flush-lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath, or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Contact details for your local council begin on page 5. You can also visit

**www.manageathome.co.uk** where you can buy equipment yourself.



Grab handles Bed table









Hand rail

Hand trolley

Tap turners

### Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online quided advice service

called AskSARA, which can help anyone who finds that they have difficulties with everyday tasks.

Visit https://asksara.livingmadeeasy.org.uk to learn more about possible solutions or see pages 9 and 10. Once you have identified equipment that might help with your support needs, use the checklist on page 12 to make sure it's right for you.

#### **Telecare**

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured that should an incident occur, they will know about it. Some devices can also help monitor particular health conditions and reduce the need for hospital admission. You can buy telecare and

assistive technology from private companies or, if you're eligible through an assessment (see page 13), your local council may be able to provide it for you. For further information, visit your council's website.

Careline, Slough • Tel: 01753 535622 Email: adultsocialcare@slough.gov.uk

Forestcare, Bracknell Forest • Tel: **01344 786599** Email:

forestcare.enquiries@bracknell-forest.gov.uk

**Lifeline**, The Royal Borough of Windsor and Maidenhead • Tel: **01628 543101** 



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wheelchairs in stock



chair assessments

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- wide wheelchairs
- Adapted bathrooms
- Wide fitting footwear Incontinence products
- Daily living aids

We suggest you consider the following questions before buying any assistive technology. If you are in any doubt about what technology might help meet your needs, you can contact your council or visit https://asksara.livingmadeeasy.org.uk

You can download and print this checklist at www.carechoices.co.uk/checklists Will it need to be installed by a professional? Suitability Does the equipment support your specific Can the retailer provide you with training in using the equipment? needs? Are you willing to use it? Reliability Will it fit into your everyday life and routine? Will it work if you have pets or live with other Have you tried a demo of the equipment? people, e.g. could someone else set off a sensor alarm by accident? Do you understand what the equipment is for? Do you need to take it with you when you Have you read reviews of the particular piece leave the house? Is it transportable? of equipment you are looking at? Consider these before making your purchase. Does the equipment have any limitations that would make it unsuitable for you? Can you speak to someone who already uses it? Will it work alongside any assistive technology Does it require batteries? Find out how often you already have? they will need changing and whether the equipment will remind you to do this. **Usability** Is it durable? If you might drop it, is it likely Is a simpler piece of equipment available, to break? e.g. a pill case rather than an automated pill dispenser? Cost Does the equipment need a plug socket, and Do you know how much it costs? will its wire cause a trip hazard? Will you need to pay a monthly charge? Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? Are there alternative solutions that might Are you able to use it? Are there any aspects be free? you don't understand? Is there a cost associated with servicing the Is it portable? equipment? **Notes** 

## Support from the council

The way councils provide services to eligible adults and their carers is called personalisation.

This term is used to describe several ways in which eligible adults can receive a mixture of local authority and Government money to pay for the care services they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed.

If you have a carer, they can be involved and have their needs assessed too.

#### Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact adult social care to arrange an assessment. Contact details are on page 5.

Once adult social care understands your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found on page 21 if you are receiving home care and page 46 if you are moving into a care home.

## **Personal Budgets**

If you are eligible for support from the council, you may be given a Personal Budget.

A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances.

The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

• in the form of a Direct Payment, held directly by

- you or, where you lack capacity, by a 'suitable person';
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of these options.

Direct Payments can only be used to pay for the care and support agreed in your care and support plan.



### Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, adult

social care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

#### Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, usually up to six weeks.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it's about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost

you money. For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. They may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

#### Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses, if you require these services too.

This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

## **NHS Continuing Healthcare**

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 47 for more information.

## Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

## Services for carers

#### Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for, and the help they give doesn't have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition:
- has sight, hearing or communication difficulties;

- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.

## Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell the council what they need as a carer, and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at:

- the care the carer provides and how this affects their life:
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The assessment can also give lots of information

about other services that might help, and other ideas for support. The carer's assessment will show if the carer qualifies for support from adult social care.

#### **Carers' Personal Budgets**

A carer's Personal Budget is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When adult social care considers a carer's Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by their carers' assessment. The money is not taxed, and it will not affect any benefits.

### Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the person who is being cared for. If they have a Personal Budget for their own needs (see page 13) they could use that money to pay for it. A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

#### **Benefits**

Carers may want to explore whether they are entitled to Carer's Allowance – currently £76.75 per week but this may change over the lifetime of this Directory. Carers may also qualify for Carer's Premium or Carer's Credit, depending on their eligibility.

If the person you're caring for receives the severe disability premium (or severe disability addition in Pension Credit), this may be lost if you claim Carer's Allowance and/or Carer's Premium. Seek specialist independent advice before claiming Carer's Allowance.

Carer's Premium is an extra payment of up to £42.75 per week that can sometimes be added to the calculation of other benefits you might get on top of Carer's Allowance. Carers who do not qualify for Carer's Allowance may qualify for Carer's Credit.

The Government's website (www.gov.uk) has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation, which may be able to help undertake a benefit check.

#### **Crossroads Care**

Oxfordshire and West Berkshire

Tel: **01635 30008** 

Email: care@oxfordshirecrossroads.org.uk

#### Slough

Tel: 01753 525796

Web: www.sloughcrossroads.org.uk

#### Windsor and Maidenhead

Tel: 07833 449031

Email: care@oxfordshirecrossroads.org.uk

#### **Reading and West Berkshire Carers Partnership**

Web: https://carerspartnership.org.uk

#### **SIGNAL**

Covering Bracknell Forest.

Tel: **01344 266088** 

Email: info@signal4carers.org.uk Web: www.signal4carers.org.uk

## Resource for people supporting disabled children



My Family, Our Needs is an information for

parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit

www.myfamilyourneeds.co.uk



## Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

## Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital, someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting adult social care is a good first step towards finding help.

## How home care can help you stay living in your own home

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes.

Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. See below for more information about live-in care.

A list of all home care agencies operating in Berkshire starts on page 25.

#### Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary. The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 50.

## Finding the right support

This Directory offers a website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can be sent to you by post or email or discussed with you over the telephone.

If you are searching online, the results can be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Whatever your care needs, this Directory and the ->

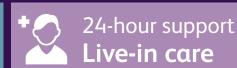


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Supporting people to live independently

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- **✓** Providing care for over 30 years
- Because, life is better at home

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Wokingham 01182 173 878

Hungerford 01488 310 295

Newbury 01635 598 758

Maidenhead 01628 884 579

for more details visit helpinghands.co.uk



→ Care Choices website service will be able to point you in the best direction, however you would like care information presented. Visit

#### www.carechoices.co.uk

The Care Quality Commission (**www.cqc.org.uk**) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 50.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home

care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

## Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, adult social care and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care:
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers' support groups.

## Family support

If you know someone who is worried about their memory, encourage them to visit their GP.

The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition. When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that

their feelings matter;

- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.



#### **Dementia Friends**

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia. See **www.dementiafriends.org.uk** for further information.

### Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities.

This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can involve the person with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break.

Contact your council to see if you are eligible for support with arranging these services. See page 13 for information on assessments.

#### Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

## Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities. Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

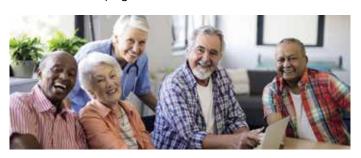
Attendance at day centres can be offered from just a few hours a week to several days. Contact your council or local Alzheimer's Society office for more details. See 'Useful local contacts' beginning on page 66.

## **Alzheimer's Society**

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 66 for contact details.

Alzheimer's Society's Dementia Connect support line is available on **0333 150 3456** and can provide information, support, guidance and signposting to other appropriate organisations. The Helpline is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

For more information on care homes for people with dementia, see page 40.



## Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell adult social care when your savings are likely to fall below this amount.

Councils calculate charges in accordance with

national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adult social care can help you to identify these costs. They will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Figures mentioned here may change over the lifetime of this Directory.

### Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have. AA is payable to people over State Pension age and PIP to those aged between 16 and State Pension age. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at www.gov.uk and you can check your State Pension age at www.gov.uk/state-pension-age

## Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

#### **Money Helper**

A free and impartial money advice service set up by the Government. • Tel: **0800 138 7777** 

Web: www.moneyhelper.org.uk

#### **Society of Later Life Advisers (SOLLA)**

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Web: www.societyoflaterlifeadvisers.co.uk

Further information on paying for care can be found beginning on page 46.





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• **Live-in Care:** Full-time, personalised assistance in the comfort of your home.

• **Companionship:** A friendly face and helping hand whenever you need it. Community transport included.

• **Home Help:** Practical support with daily tasks and chores.

• **Dementia Care:** Specialised care tailored to the unique needs of people living with dementia.

Call us today on **01276 903 106** for a free consultation and discover the peace of mind we can bring to you and your loved ones.

Visit our website at www.homeinstead.co.uk/ascot-camberley-wokingham/ to learn more about our dedicated services in Ascot, Camberley, and Wokingham

Address: 17 (Unit D) County Lane Warfield Bracknell RG42 3JP (located on Tesco Extra Warfield site)



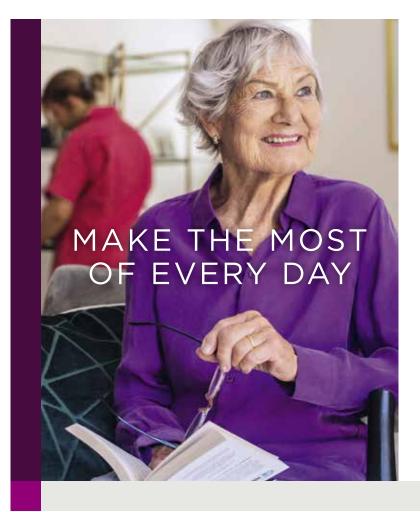


We are the Top 20 homecare provider in South East England as rated by our clients and their families.

Agency 1			Quality rating*
Agency 2		<u>£</u>	
Agency 3		£	
We suggest that you have paper with You can download and print this check	•	ing with home care agencies so you ca	n make notes.
About the agency		Accommodating your needs	
How long has the agency been operating?		Can the agency accommodate your needs if they increase? Ask about the process for this.	
How long are staff allocated per visit?		•	
Can you contact the agency in an emergency or outside office hours?		Does the agency have a training scheme in place?	
Does the agency have experience		Are all staff trained to a certain level	?
with your specific needs?		Are staff able to help with administering medication if required	?
Staff		Is there a way for staff to communica	
Are you likely to be visited by different staff each day?		with each other about the support the provide when they visit you? How?	iey
Are all staff checked with the Disclosure and Barring Service?		Regulation	
Will you be notified in advance if your care worker is on holiday or sick?		Will your support plan be reviewed a regular intervals?	
Are staff matched to you specifically, based on your needs and preferences?		Can you see the agency's contract term Can you lodge a complaint easily?	ms?
Can you meet your care worker(s) before they start?		Are complaints dealt with quickly?	
Does the agency have both male and female staff?		Can you see a copy of the agency's CQC registration certificate and quality rating?	
Notes			
*See page 50.			









## Tailored care for your wellbeing, home & happiness

Sometimes the small moments in life bring the most joy. That's why Audley Care is tailored to your individual needs, so you can continue to enjoy what matters most to you in life, all in the comfort of your own home.

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01344 962111

info@audleycare.co.uk www.audleycare.co.uk



## Home care providers

121 Health&Care Ltd

Wokingham

OP D PD SI Tel: 07973 139694

**3 County Care** 

Crowthorne

OP D PD LDA MH SI YA Tel: 01344 750222

**9 Richmond Crescent** 

Slouah

**OP PD LDA MH SI YA** Tel: 07477 777786

A & T Caring Services

Bracknell

Tel: 01344 924442 OP D PD LDA MH YA

**Absolute Care UK Ltd** 

Reading

Tel: 0118 986 6700 OP D PD

**Acacia Homecare Berkshire** 

Wokingham

OP D PD LDA MH SI YA Tel: 07984 560943

Accelerated Home Health Ltd (T/A Visiting Angels)

Slough

OP D Tel: 07518 519872

**Address Healthcare** 

Reading

OP YA Tel: 07775 764308

All Seasons Care Services Ltd

Reading

OP D PD LDA MH SI YA Tel: 0118 982 1515

**Altair Healthcare Ltd** 

Bracknell

Tel: 0330 165 6180 OP D PD MH YA

**Ambrose Adrian Healthcare** 

Slough

Tel: 01753 607649 OP D PD LDA MH SI YA

**Apex Healthcare Service Ltd** 

Reading

OP D PD LDA SI YA Tel: 0118 391 3542

**Apex Prime Care – Newbury** 

Newbury Advert page 24

Tel: 0118 313 0090 OP D PD LDA MH SI YA **Aptine Ltd** 

Bracknell

Tel: 07960 363922 **OP YA** 

**Assisted Care Solutions Ltd** 

Maidenhead

OP D PD MH SI YA Tel: 07775 993337

**At Hand Supported Living Services** 

Reading

Tel: 0333 339 6009 **OP YA** 

Audley Care - Inglewood

Hungerford

OP D PD LDA MH SI AD Tel: 01488 687020

**Audley Care Ltd** 

Ascot Advert page 24 **OP D PD MH SI YA** Tel: 01344 962111

**Barnfield Healthcare Ltd** 

Slouah

**OP YA** Tel: 07904 514658

**Baxters Homecare** 

Slough

OP D PD LDA MH SI YA Tel: 01753 701099

**Beckland Care Ltd** 

Reading

**OP PD LDA MH YA** Tel: 0118 348 9673

**Berks Care UK** 

Bracknell

Tel: 01753 944662 OP D PD LDA MH SI YA

**Better Life Care** 

Slough

Tel: 01753 314246 OP D PD YA

**Blue Angel Care Ltd** 

Reading

Tel: 0118 995 2996 OP D PD LDA SI YA

Bluebird Care (Reading, Wokingham, Windsor, Maidenhead, Bracknell)

Reading

Tel: 0118 986 3552 OP D PD LDA SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health **SI** Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs



Jes Care Services is committed to being your shoulder to lean on and providing honest advice for your loved one's situation during this delicate time.

We specialise in around the clock home care to help you or your loved one live well at home. We are the trusted referral choice for home care services by healthcare professionals. Our unique approach to home care promotes a healthy spirit, mind and body!

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Please, contact us for more information. We will be happy to help!

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info@jescare.uk support@iescare.uk











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- Assistance With Medication
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- Reliable & Trusted Service
- Day or Night Sitters
- Respite Care
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**Bracknell Forest Borough Council** 

- Intermediate Care

Bracknell

Tel: 01344 351627 OP D PD LDA MH SI YA

**Bridge House Nursing Home** 

Twyford

Tel: 0118 934 0777 OP D PD SI

**Brightdee Care Services** 

Slough

Tel: 07838 176103 **OP D PD YA** 

**Brighter Living Care Ltd** 

Reading

Tel: 0118 965 3465 **OP LDA MH YA** 

**Brisegene Care Ltd** 

Reading

Tel: 07863 970564 **OP D PD YA** 

**Canary Care Services Reading** 

Reading

Tel: 0118 449 2728 OP D PD YA

Care @ Home Newbury Ltd

Reading

Tel: 07739 468221 **OP D PD LDA MH SI** YA

Care 1st Homecare - Berkshire

Crowthorne Advert page 26

Tel: 0118 418 1012 **OP D PD MH SI YA** 

**Care In Your Home Ltd** 

Bracknell

Tel: 01344 567675 OP D PD YA

**Care Partners Newbury Ltd** 

Newbury

Tel: 01635 581244 D PD LDA MH SI YA

**Care Response** 

Ascot

Tel: 01344 876099 OP D PD MH SI

**Care Staff Services Ltd** 

Slough

Tel: 01628 660083 OP D PD LDA MH SI YA AD

Care4U WE Ltd

Reading

Tel: 01276 402453 LDA MH YA AD

**Careful Choices** 

Slough

Tel: 07727 607283 OP D PD MH SI YA

**Carelima Care Services Ltd** 

Reading

Tel: 07557 104341 OP D PD YA

Careline - The Agency For Care Staff

Reading

Tel: 0118 958 5858 **OP PD LDA MH SI YA** 

Caremark (Slough and South Bucks)

Windsor

Tel: 01753 201116 OP D PD LDA MH SI YA AD

Caremark (West Berkshire and Reading)

Reading Advert page 35

Tel: 0118 957 1155 OP D PD LDA MH SI YA AD

Caremark (Wokingham and Bracknell)

Wokingham

Tel: 0118 978 4657 OP D PD LDA MH SI YA AD

CareWatch (Thames Valley)

Maidenhead

Tel: 0118 957 2844 **OP D PD YA** 

**CCS Homecare Services Ltd** 

Slough

Tel: 01628 600412 OP D PD LDA MH SI YA AD

**Charles Clore Court Extra Care Sheltered Housing** 

Reading

Tel: 0118 937 4820 **OP** 

**Chestnut Family** 

Newbury

Tel: 07474 158650

**Chilmington at Home** 

Reading

Tel: 0118 958 5329 PD LDA

Chiron Care (UK) Ltd

Reading

Tel: 07956 885564 LDA MH YA

**Choice Supported Living – East** 

Bracknell

Tel: 0203 195 0146

PD LDA MH SI YA

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs









Gardiner's Homecare is an established family business that has been serving the local community since 1968. Proudly supporting people to continue to enjoy living independent lives in their own homes for as long as possible.

Our team of experienced care workers can provide help with personal care, medication, overnight stays, housework, companionship and much more. You will be assigned your own Care Manager who will work closely with you to ensure you receive the care and support that is tailored to your personal wishes and needs.

For more information, contact us on **0118 334 7474** 



### Home care providers continued

**Chrysalis Care Ltd** 

Reading

OP D PD SI YA Tel: 0118 942 9889

Tel: 07427 346151 OP D LDA MH YA

**Cohen Care** 

Slouah

OP YA Tel: 01753 701118

**Crossroads Care West Berkshire** 

**Crest Care Solutions Ltd** 

Newbury

Reading

OP D PD LDA MH SI YA AD Tel: 01635 300080

**Collaborative Health Care Ltd** 

Slough

Tel: 01753 526507 OP D PD LDA MH SI YA **D.Osteen Homecare Support** 

Maidenhead

Tel: 07539 932775 OP D PD

**Comfort Harmony Care Ltd** 

Thatcham

OP D PD SI YA Tel: 07838 076414

**Dimensions Berkshire & Hampshire Domiciliary Care Office** 

Reading

Tel: 0300 303 9001 **OP LDA YA** 

**Community Reablement Team (CRT)** 

Reading

OP D PD LDA MH SI YA AD Tel: 0118 937 3745

**Dimensions Bracknell & Surrey** 

**Domiciliary Care Office** Bracknell

Tel: 0300 303 9029 **OP LDA YA** 

**Companion Care Solutions Ltd** 

Wokingham

OP D PD YA Tel: 0118 200 7510

**Dimensions West Berkshire Domiciliary** 

**Care Office** 

Newburv

OP D PD SI Tel: 0300 303 9012 LDA

**Complete Care Windsor** Windsor

**Concept Support Solutions** 

Reading

Tel: 01753 622227

**Dimensions Wokingham and Reading** 

**Domiciliary Care Office** 

Tel: 07450 293910 OP D PD YA

Maidenhead **OP LDA YA** Tel: 0300 303 9012

**Consultancy Care Ltd** 

Bracknell

Tel: 01344 305891 OP D PD LDA MH SI AD **DVL Supported Living Services** 

Slough

**LDA** Tel: 01753 536227

**County Care Berkshire Ltd** 

Windsor

Tel: 01753 201180 OP D PD LDA MH SI YA AD

**County Carers Ltd** 

Wokingham

OP D PD SI YA Tel: 0118 973 3302

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**Creative Support – Slough Services** 

Reading

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OP D LDA MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health **SI** Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs **Elegant Care Services** 

Windsor

Tel: 01753 358510 OP D PD LDA MH SI YA

**Emerald Healthcare Ltd** 

Bracknell

Tel: 07960 786759 **OP** 

**EMI-Care UK** 

Reading

Tel: 0118 901 9890 OP D PD LDA SI YA

**Endless Love Healthcare Services Ltd** 

Reading

Tel: 0118 449 2574 **OP D PD LDA MH YA** 

**Endurance Health Ltd** 

Slouah

Tel: 01753 570001 OP D PD MH SI YA

**Equator Personnel Care Ltd** 

Slough

Tel: 01753 396480 OP D PD LDA MH SI YA

**Eternal Homecare Reading** 

Reading

Tel: 07557 780679 OP D PD MH YA

**Evelyn Grace Ltd** 

Reading

Tel: 0118 983 6368 OP D PD MH SI YA

Flexi Life Homecare Ltd

Bracknell

Tel: 07939 840043 D PD MH AD

**Flexible Care Solutions Ltd** 

Wokingham

Tel: 0118 977 8598 **OP D PD** 

**Focus Support Ltd** 

Newbury

Tel: 01635 581244 **OP D PD LDA MH SI** 

**Forestcare** 

Bracknell

Tel: 01344 786500 OP D PD LDA MH SI YA

**G.R Response Healthcare** 

Slough

Tel: 01344 723144 OP D PD LDA SI AD

Gabriel's Angels Ltd

Wokingham

Tel: 0118 332 0099 OP D PD LDA MH SI YA AD

Gardiner's

Reading Advert page 28

Tel: 0118 334 7474 **OP D PD SI** YA

**Goldcrest Care Services** 

Slough

Tel: 01753 299888 **OP D PD LDA MH SI YA** 

**Good Oaks Home Care Reading** 

Reading

Tel: 0118 327 1160 OP D PD MH SI YA

Good Oaks Home Care – Wokingham & Bracknell

Wokingham

Tel: 07773 557289 **OP D PD MH SI YA** 

**Great Park Homecare** 

Windsor

Tel: 01753 369088 **OP D PD LDA MH SI** YA

**Guardian Angel Carers** 

Reading

Tel: 0118 237 1900 OP D PD SI YA

Harino Care Ltd – Head Office

Reading

Tel: 0118 930 6120 OP D PD MH SI YA

**Hearten UK Ltd** 

Reading

Tel: 0118 915 2374 **OP D PD LDA YA** 

Helping Hands Advert page 18

Maidenhead & Windsor

Tel: 01628 951 537 OP D PD SI YA

Wokingham

Tel: 01182 173 810 **OP D PD LDA SI** YA

Hungerford

Tel: 01488 310 272 **OP D PD MH SI YA** 

Newbury

Tel: 01635 598 151 OP D PD LDA MH SI YA

Heritage Healthcare Berkshire Ltd

Windsor

Tel: 07554 016922 **OP D PD LDA SI** YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

**Home Angels Healthcare Services Ltd** 

Wokingham

Tel: 0204 518 0064 **OP D PD SI YA** 

**Home Angels Reading** 

Reading

Tel: 0204 518 0064 OP D PD LDA SI YA

Home Instead (Ascot, Camberley & Wokingham)

Bracknell Advert page 22

Tel: 01344 233147 OP D PD LDA MH SI YA AD

Home Instead (Reading)

Reading

Tel: 0118 909 9108 OP D PD LDA MH SI YA

Home Instead (Maidenhead, Henley & Wallingford)

**Twyford** 

Tel: 01628 299 097 OP D PD YA

**Homecare 1st** 

Bracknell

Tel: 01344 390505 OP D PD LDA MH SI YA

Homecare People Ltd, The - Wokingham

Wokingham

Tel: 0118 997 7499 OP D PD MH SI YA

**House of Caring Ltd** 

Maidenhead

i care 2018 Ltd

Reading

Reading

Tel: 0118 950 0777 OP D PD LDA MH SI YA

Independence with Dignity Support Services Ltd

Head Office

Tel: 0118 943 2343 OP D PD LDA MH SI YA

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Independent Supported Living and Disabilities Ltd

Slough

Tel: 01753 771122 PD LDA MH YA

Ivy Care (Reading & Newbury)

Reading

Tel: 0118 327 1160 OP D PD LDA MH SI YA

IC99 Ltd

Reading

Tel: 0118 214 5581 OP D PD SI YA

**Jigsaw Creative Care Ltd** 

Reading

Tel: 0118 988 9686 **OP PD LDA MH SI YA** 

K & | Carers

Slough

Tel: 07542 780949 OP D PD LDA SI YA

**Kare Support Services Ltd** 

Reading

Tel: 07831 801806 OP D PD LDA MH SI YA

**Kay Healthcare Ltd** 

Wokingham

Tel: 0203 983 1753 OP D PD LDA MH SI YA AD

**Kcare** 

Reading

Tel: 0118 956 9922 OP D PD LDA MH SI YA AD

Slough

Tel: 01753 525775 OP D PD LDA MH SI YA AD

**KDL Healthcare Ltd** 

Reading

Tel: 07940 997358 **OP PD YA** 

**Kharis Solutions** 

Slough

Tel: 0333 012 4016 OP D PD LDA MH SI YA AD

King Homecare

Windsor

Tel: 01753 771356 OP D PD MH SI YA

Kingwood – Domiciliary Care

Reading

Tel: 0118 931 0143

**Kuble Care Ltd** 

Reading

Tel: 07931 653229 OP PD YA

KVN Care Ltd t/a Home Instead Slough

Slough

Tel: 01753 247740 **OP D PD MH SI** YA

**Laura Cares** 

Windsor

Tel: 07534 472724 **OP D YA** 

Lavender Healthcare (PVT) Ltd

Reading

Tel: 07534 472724 **OP D YA** 

Leading Care Company, The

Slough

Tel: 0118 370 6006 **OP D PD LDA MH SI** YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Home care providers continued **Leaf Complex Care South East Midass Care Ltd** Slough Slough OP D PD LDA MH SI YA AD OP D PD LDA MH SI YA Tel: 0118 334 2101 Tel: 07588 591103 **Libertatem Healthcare Group Ltd Head Office Multi-Care Community Services Reading Ltd** Wokingham Reading Tel: 0118 973 0006 OP D PD LDA MH YA OP D PD LDA MH YA Tel: 07482 421970 **Limms Care Services Ltd** My Homecare Reading Reading Reading **OP D PD LDA YA** Tel: 0118 327 1430 OP D PD LDA MH YA Tel: 0118 327 1340 **Link Support Nanny Care Services Ltd** Wokingham Slough **OP PD LDA MH SI YA** OP D PD YA Tel: 01344 488155 Tel: 01753 944665 **Loving Angels Care (Bracknell)** Nest HomeCare – Windsor Bracknell Windsor OP D PD LDA SI YA Tel: 0333 355 3126 OP D PD SI YA Tel: 01753 847677 **New Support Solutions Lynwood Home Care** Ascot Reading OP D PD MH SI OP D PD LDA MH SI YA AD Tel: 01344 298170 Tel: 0118 933 2286 **NK Care Ltd** Mahogany Care - Holyport Maidenhead Reading Tel: 07703 020567 OP D PD YA Tel: 07886 316300 OP D PD YA **MAK Community Care Norwood Ravenswood** Wokingham Crowthorne **OP LDA MH YA AD** OP D PD LDA MH SI YA Tel: 0118 206 6517 Tel: 01344 755568 **Makai Care Ltd Noubles Healthcare** Newbury Reading **OP LDA MH YA** OP D PD YA Tel: 07825 180069 Tel: 0333 577 8983 Office of Beeloved Home Care Ltd **Marigold Helping Hands Ltd** Reading Reading Tel: 0118 907 0339 OP D PD LDA MH SI YA Tel: 07802 713112 OP D PD YA **Match Options On Demand Home Care** Slough Slouah

Tel: 01753 548716 OP D PD LDA MH SI YA

Meadway, The Reading

Tel: 07584 658541 OP D PD LDA SI AD

**Medical Wing Locums Ltd** Reading

Tel: 0118 440 3575

Reading Tel: 0118 465 0465

OP D PD MH

Slough

**Ontra Healthcare** 

Tel: 07340 467514

One Day at a Time Home Care Ltd

Tel: 07825 730847

PD Physical disability LDA Learning disability, autism

OP D PD MH

OP D PD MH YA

**OP LDA MH YA** 

Service **OP** Older people (65+) **D** Dementia User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs **Optalis Supporting People Services** 

Wokingham

Tel: 0118 977 8600 **OP D PD LDA SI** YA

**Panacea Care Services** 

Reading

Tel: 0118 943 1642 **OP D PD SI YA** 

**Pembroke Care (Reading) Domiciliary Services** 

Reading

Tel: 0118 941 4200 OP D PD MH SI YA

**Pentland Close** 

Reading

Tel: 0330 113 8633 **OP D MH YA** 

**People Matter Support Services** 

Reading

Tel: 07775 446434 OP PD LDA YA

**Platinum Healthcare Staffing Ltd** 

Slough

Tel: 07939 990251 **OP D PD MH YA** 

**Premier Medical Staffing Ltd** 

Reading

Tel: 07799 558702 **OP D PD MH SI YA AD** 

**Prestige Home Care** 

Maidenhead

Tel: 07949 754666 **OP D YA** 

**Prestige Nursing Bracknell** 

Bracknell Advert page 28

Tel: 01344 921989 OP D PD LDA MH SI YA AD

**Priority Services4u** 

Wokingham

Tel: 0118 214 3803 **OP D PD SI YA** 

**Privilege Care Ltd** 

Slough

Tel: 01753 548110 **OP D PD YA** 

**Proactive Life South** 

Reading

Tel: 0118 466 1078 OP D LDA MH SI YA

Purley Park Trust (DCA) (Unit 2)

Reading

Tel: 07590 169111 LDA YA

**Q1 Care Ltd** 

Reading

Tel: 0118 932 3865 OP D PD SI YA

**Radis Community Care (Reading Supported Living)** 

Reading

Tel: 0118 986 7891 **OP D PD LDA MH SI YA AD** 

**Rainbow Social Care Ltd** 

Wokingham

Tel: 0118 402 8923 OP D PD LDA MH SI YA

**Rainbow Trust Children's Charity** 

Reading

Tel: 07749 416062 PD LDA SI

**Reablement & Independence Service** 

Slough

Tel: 01753 475111 OP D PD SI YA

**Reading Crossroads** 

Reading

Tel: 0118 945 4209 **OP D PD LDA MH SI AD** 

Realcare+ Ltd

Reading

Tel: 0118 983 9000 OP D PD LDA MH SI YA AD

**Ree Care** 

Slough

Tel: 07827 505923 OP D PD LDA MH SI YA

**Remedy Support and Recruitment Group Ltd** 

Slough

Tel: 01753 257886 **OP D PD LDA MH SI YA AD** 

Right at Home (Maidenhead and Slough District)

Maidenhead Advert page 28

Tel: 01628 200068 OP D PD SI YA

Right at Home (Reading and Wokingham District)

Reading Advert page 28

Tel: 0118 207 0600 **OP D PD SI** YA

**Rofemaron Healthcare Ltd** 

Hungerford Advert page 29

Tel: 01635 904096 OP D PD SI YA

**Royle Care Ltd** 

Reading

Tel: 0118 957 7460 **OP D PD MH SI YA AD** 

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

### Home care providers continued

Safe Keep Care Ltd

Slough

Tel: 01753 701127 OP D PD SI YA

**Shine Health Care Recruitment Services Pvt Ltd** 

Slough

Tel: 01753 537007 OP PD YA

**Short Term Support and Rehabilitation Team** 

Maidenhead

Tel: 01628 621981 OP D PD MH SI YA AD

Slater Centre, The

Newbury

Tel: 01635 778125 **OP LDA YA** 

Slough Care In Home Ltd

Slough

Tel: 01753 428997 OP D PD SI YA

Slough Crossroads – Caring for Carers

Slough

Tel: 01753 525796 OP D PD LDA MH SI YA

**Smart Creative Care** 

Reading

Tel: 07787 825092 **D PD LDA YA** 

**Solution Incorporated Ltd** 

Reading

Tel: 07445 270636 OP D PD MH SI YA

**Sorelle Support** 

Wokingham

Tel: 0118 966 4273 OP D PD LDA MH SI YA

**Spectrum Group Services Ltd** 

Wokingham

Tel: 07818 021958 OP D PD SI YA

**Stars Homecare** 

Bracknell

Tel: 07789 954670 **OP D PD SI** YA

**Sunbeam Management Services Ltd** 

Slough

Tel: 0208 779 0930 **OP D PD LDA SI** YA

**Superb Healthcare Ltd** 

Reading

Tel: 07517 721262 **OP D PD LDA MH SI YA AD** 

**Support Horizons** 

Wokingham

Tel: 0118 989 3959 **OP D PD LDA MH SI** YA

Surecare (Reading and East Berkshire)

Reading

Tel: 0118 959 5288 OP D PD LDA MH SI YA

Surecare (Slough)

Slough

Tel: 01753 548876 **OP D PD LDA MH SI AD** 

**Sylviancare Bracknell and Ascot** 

Bracknell

Tel: 01206 503263 OP D PD LDA MH SI YA

**Sylviancare Reading & Wokingham** 

Reading

Tel: 0118 327 3232 OP D PD LDA MH SI YA

**Sylvian Care West Berkshire** 

Newbury

Tel: 0333 567 0901 OP D PD LDA SI YA

**Tego Healthcare** 

Bracknell

Tel: 0333 577 4232 **OP D PD YA** 

Tender365 Care (UK) Ltd

Slough

Tel: 0333 577 3656 **OP D MH YA** 

**Thames Care** 

Reading

Tel: 0118 327 6961 OP D PD LDA SI YA

**Thinkempathy Ltd** 

Slouah

Tel: 01757 602271 **OP D PD LDA YA** 

**Top Class Quality Services Ltd** 

Reading

Tel: 0118 959 6526 **OP D PD LDA MH SI YA AD** 

**Topline Care Solutions Ltd** 

Thatcham

Tel: 07479 021225 **OP YA** 

**Total Health Support and Training Services Ltd** 

Reading

Tel: 0118 987 2035 OP D PD LDA MH SI YA

**Uniq Health Care** 

Slough

Tel: 07827 089542 **OP LDA MH YA** 

**Service** OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

#### **VJ Carers Ltd**

Reading

Tel: 0118 986 8394 **OP PD YA** 

#### Voyage (DCA) Berkshire

Wokingham

Tel: 0118 967 9241 OP D PD LDA MH SI YA

#### **Walfinch Reading and Wokingham**

Wokingham

Tel: 0118 229 0500 **OP D PD YA** 

#### Walfinch Windsor & Maidenhead

Slough

Tel: 01753 98333 OP D PD MH SI YA

#### **We Love Care**

Maidenhead Advert inside front cover

Tel: 01628 306000 OP D PD LDA SI YA

#### **West Berkshire Council Home Care Service**

Newbury

Tel: 01635 503503 OP D PD LDA MH SI YA

#### **Whitestone Care**

Slough

Tel: 0800 085 1254 **OP D PD LDA MH SI** YA

#### **WR Care Services**

Slough

Tel: 07930 550758 OP D PD SI

#### **Your Life (Crowthorne)**

Bracknell

Tel: 01344 762349 OP D PD SI

#### Your Quality Care Services Ltd (Thamesfield)

Henley-on-Thames

Tel: 07943 022779 OP D PD SI YA

#### **Your Serenity Ltd**

Newbury

Tel: 07969 345338 OP D PD SI YA

#### **YourLife (Crowthorne)**

Crowthorne

Tel: 01344 762349 OP D PD SI

#### YourLife (Maidenhead)

Maidenhead

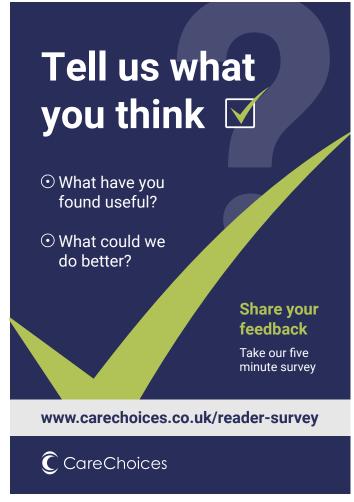
Tel: 01628 629591 OP D PD SI

#### Yourlife (Thatcham)

Thatcham

Tel: 07764 226874 OP D PD SI





## Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority,

voluntary organisations or private companies.

Properties may be available for rent, mixed tenure or to purchase.

### **Supported Living**

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses,

clusters of self-contained flats on the same site, shared accommodation and extra care housing. The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 11).

#### **Shared Lives**

Shared Lives is a service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families in the

Shared Lives carer's home. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

## **Sheltered housing**

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site or visits regularly.

Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

## Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities. In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be

available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact adult social care.

#### Specific care and support services

#### Learning disability

If you are living with a learning disability in Berkshire, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you.

The council aims to keep people independent in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme. See page 36.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Berkshire. Any learning disability providers are denoted with **LDA**.

You may also find the following organisations useful.

#### Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included.

Tel: 0808 808 1111

Email: helpline@mencap.org.uk
Web: www.mencap.org.uk

#### Scope

Offers free, impartial and expert information, advice and support to disabled people and their families.

Tel: 0808 800 3333

Email: helpline@scope.org.uk

Web: www.scope.org.uk

#### Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have issues with their mental health and there's help and advice available in Berkshire to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the organisations listed here for free help and support.

#### **Berkshire Healthcare NHS Foundation Trust**

Web: www.berkshirehealthcare.nhs.uk

#### **Community Mental Health Teams**

Help, support and treatment for severe and complex mental health conditions, providing referrals to other services where appropriate.

Tel: 0118 904 6800 (Bracknell).

Tel: 0118 904 3200 (Newbury).

Tel: 0118 960 5612 (Reading).

Tel: **01753 690950** (Slough).

Tel: 0118 904 3200 (West Berkshire).

Tel: **0118 904 7300** (Windsor, Ascot

and Maidenhead).

Tel: 0118 904 4800 (Wokingham).

#### **Crisis Resolution and Home Treatment Team**

Advice, assessment and support to help you avoid going into hospital.

Tel: 0300 365 2000 or 0800 129 9999

#### **Talking Therapies**

Offers a range of mental health services depending on your needs.

Tel: 0300 365 2000

Email: talkingtherapies@berkshire.nhs.uk

#### **Bracknell Forest Community Network**

Tel: **0118 904 6800** 

Email: bfcn@bracknell-forest.gov.uk

#### **Reading Borough Council Adult Social Care**

Tel: **0118 937 3747** 

#### **Wokingham Mental Wellbeing Sports Programme**

Using exercise as a tool to encourage positive mental wellbeing.

Tel: **0118 974 3728** 

Email: preventionteam@wokingham.gov.uk

#### **Physical disability**

If you have a physical disability or a long-term illness, adult social care and other organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range of

services to help you live as independently as possible.

There are also services available to support someone who may be your carer.

#### **Sensory services**

Sensory services teams, which include rehabilitation workers and social workers, can provide information packs, advice and access to services, as well as support from a network of national and local agencies.

The teams provide services to all adults and children who are:

- blind or partially sighted or have a degree of sight loss;
- deaf or hard of hearing or have a degree of hearing loss; or
- deafblind or have a degree of dual sensory loss.

If you care for someone with a sensory impairment, the sensory services teams can carry out an assessment of your needs as a carer to help you to continue to support them.

#### **Berkshire Vision**

Tel: **0118 987 2803** 

Email: info@berkshirevision.org.uk Web: www.berkshirevision.org.uk

#### **Reading Deaf Centre**

Supporting the local deaf communities of Reading and Wokingham. Giving information, signposting and assistance if needed to both individuals and groups.

131-133 Cardiff Road RG1 8JF

Tel: **0118 959 4969** SMS: **07704 687298** 

Email: info@readingdeafcentre.co.uk
Web: www.readingdeafcentre.co.uk

#### Royal National Institute of Blind People (RNIB)

Tel: **0303 123 9999** 

Email: helpline@rnib.org.uk
Web: www.rnib.org.uk

#### Royal National Institute for Deaf People (RNID)

Tel: 0808 808 0123

Textphone: **18001 0808 808 0123** 

SMS: **07360 268988** 

Email: contact@rnid.org.uk
Web: www.rnid.org.uk

#### **Advocacy**

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

#### **Advocacy People, The**

Provides services across Berkshire.

Tel: 0330 440 9000

Email: info@theadvocacypeople.org.uk Web: www.theadvocacypeople.org.uk

#### **POhWER**

Delivers information, advice, support and advocacy services throughout England.

Tel: 0300 456 2370

Email: pohwer@pohwer.net

Web: www.pohwer.net

#### Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure

your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life. Search for examples of the document online.

It is worth asking care providers whether they are working towards the Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

#### Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at www.hospiceuk.org (search 'How to arrange a funeral').

You do not have to instruct a funeral director but. if you do, ensure that the director you choose

is a member of either the National Association of Funeral Directors or the National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See page 67 for details of organisations that may be able to help you plan for the end of your life or your funeral.





The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk



@WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Subscribe today

#### Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care

agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (www.cqc.org.uk).

#### Types of care home

#### Care homes (personal care only)

If you need someone to look after you 24 hours a day but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 13 for more on assessments.

#### Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need.

This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £219.71 per week. This figure may change over the lifetime of this Directory – check with adult social care.

For help with finding care homes and care homes with nursing in your area, visit

www.carechoices.co.uk

#### **Activities in care homes**

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable

people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish. Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities they provide in their care home.

#### Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with

dementia. This means that the unique qualities and interests of each individual will be identified,

understood and accounted for in any care planning. The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 49 and 39 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them. Within the home, much is down to the attitude and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice

and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 45.

#### **Design and technology**

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment. Plenty of natural light and an easy way of finding one's way around the building and grounds are essential for minimising disorientation.

#### Staff training

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia. Ask about the Dementia Friends Ambassador and, if the home does not have a specific Dementia Lead, ask whether the staff has the necessary experience to support someone to live well with dementia.





Avery Healthcare offers a safe and supportive environment where residents can flourish, make new friends, remain part of their local community and live a life of possibility.

Nutritionally balanced seasonal menus • Spacious, beautifully decorated bedrooms Stimulating schedule of daily activities and entertainment • Highly trained staff team Residential, nursing, dementia and respite care



Ascot Grange Ascot © 01344 598552



Astbury Manor
Bracknell

© 01344 506625



Sonning Gardens
Sonning
© 0118 4620788

averyhealthcare.co.uk

Home 1	Fees per week Quality rating*
Home 2	<u>£</u>
Home 3	L
We suggest that you take paper with you when download and print this checklist at <b>www.carec</b>	visiting care homes so that you can make notes. You can hoices.co.uk/checklists
Staff	Personal preferences
What is the minimum number of staff that are available at any time?	Is the home too hot/cold? Can you control the heating in your room?
Are staff respectful, friendly and polite?	Is the décor to your taste?
Do staff have formal training?	Are there restricted visiting hours?
Are the staff engaging with residents?	Is there somewhere you can go to be alone?
Activities	Does the home feel welcoming?
Can you get involved in activities you enjoy?	Catering
Is there an activities co-ordinator?	Can the home cater for any dietary
Does the home organise any outings?	requirements you may have?
Are residents escorted to appointments?	Does the menu change regularly?
Do the residents seem entertained?	Can you eat when you like, even at night?
Does the home have a varied	Can you have food in your room?
activities schedule?	Is there a choice of food at mealtimes?
Life in the home	Is alcohol available/allowed if you want it?
Is the home adapted to suit your needs?	Can visitors join you for meals?
Can you bring your own furniture?	
Are there enough plug sockets in the rooms?	Fees  De your fees sover all of the services
Are there restrictions on going out?	Do your fees cover all of the services and activities?
Is there public transport nearby?	Are fees likely to change regularly?
Does the home provide any transport?	Is the notice period for cancellation of
Can you make/receive calls privately?	the contract reasonable?
Can you decide when to get up and go to bed?	Could you have a trial period?  Can you keep your room if you go
Does the home allow pets?	into hospital?
Does the home use Digital Care Planning accessible to families?	Can you handle your own money?  *See page 50.

#### **MARIA CARE**

## FOR A LIFE LESS FORDINARY?

Imagine a place where you can be as independent as you choose, where everything is designed with your enjoyment, health and well-being in mind. There are clubs and activities or you can simply catch up over a cuppa. At Aria Care, our care is from the heart and shows in all that we do.



ABBEYCREST SONNING COMMON



DORMY HOUSE SUNNINGDALE



Freephone to find out more about our homes in Berkshire

0808 223 5356 | ariacare.co.uk

For more information about different types of care homes, see page 40.

See page 45 for a residential dementia care checklist.

## "Very happy with Lynwood Care Home.

My mother has been a resident since September 2019, and whilst she has complex care needs, she seems happy. The staff are amazing with Mum; kind and caring despite a challenging situation"

→ carehome.co.uk

Providing exceptional care for your loved one, and peace of mind for you.

To find or more, or book a tour, contact 01344 298 100 or visit → www.ben.org.uk/lynwood



Owned and operated by Ben

Ben – Motor and Allied Trades Benevolent Fund. Lynwood Court, Lynwood Village, Rise Road, Ascot, SL5 0FG. A charity registered in England and Wales (no.297877) and Scotland (no.SC039842). A company limited by guarantee, registered in England and Wales (no.02163894). Registered with the Homes and Communities Agency (no. LH 3766).



Here for you, for every day

Home 1		Fees per week Qu	ality rating*
Home 2		<u>£</u>	
Home 3			
	the care homes	g care homes so that you can make notes checklist on page 43. You can download a	
Design		Health	
Are there clear signs throughout the home?		Can residents get help with eating and drinking?	
Has the home been designed or adapted for people with dementia?		How often does the home review residents' medication?	
Are the home and grounds secure? Are there prompts outside the residents' rooms to help people identify their own?		Does the home offer help if a resident needs assistance taking medication?  Do GPs visit the home regularly?	
Is the décor familiar to your loved one?		Staff	
<b>Choices</b> Do residents get a choice in terms of		Are staff trained to identify when a resident might be unwell?	
what they wear each day?  Are residents encouraged to be		Are staff trained to spot when someone needs to go to the toilet?	ee
independent?		Do the staff have any dementia-specific training/experience?	C
Can residents decide what to do each day?		Will your loved one have a member of staff specifically responsible for	
Can residents have a say in the décor of their room?		their care?	
Activities		Approach to care	
Are residents able to join in with household tasks like folding washing?		Does the home follow a specific approach to dementia therapy, for example, validation therapy?	
Are there activities on each day?		Will the home keep you informed	
Can residents walk around outside on their own?		about changes to your loved one's care  Does the home have a specific	?
Are residents sitting in front of the TV or are they active and engaged?		approach to end of life care?	
Are there rummage boxes around?		Does the home keep up to date with best practice in dementia care?	

<sup>\*</sup>See page 50.

#### Paying for care

When a local authority provides or arranges your care services, you may be asked to contribute towards the cost of care at home or in a care home, depending on your personal circumstances.

#### Financial assessment

To determine whether or not you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income. Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home. If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support.

If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings of between £14,250 and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and a sliding scale operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council and you may be able to get some support with funding your care – see page 47. These figures may change during the lifetime of this Directory.

If you are eligible for support from the council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs. If the home you choose charges a fee in excess of the local authority's funding limit, you will need to find someone else to meet the additional amount. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 47).

#### **Running out of money**

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will make a contribution.

If you become eligible for the council's support with funding your care, and the home you are living in charges more than the council's fee levels, you must find someone to help pay the difference. This is known as a 'top-up' or 'third party payment'.

See page 47 for more information. If funds for a top-up are not available, you will need to find accommodation which can meet your needs at the local authority fee level.

Understanding your rights before moving into care is essential. There are various financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 48 for more information.

#### Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

#### **Benefits**

Attendance Allowance and Personal Independence

Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits.

You cannot usually get Attendance Allowance if you live in a care home and your care is paid for by your local authority. You can still claim Attendance Allowance if you pay for all your care home costs yourself.

If you are entitled to the mobility component of Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment.

You may also want to consider applying for Universal Credit (if you are under pension age) or Pension

Credit (if you are over pension age).

#### **NHS Continuing Healthcare**

This is fully funded care and support, provided and paid for by the NHS. To be eligible, your needs must be primarily health related and are likely to be severe.

If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home. The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you.

#### Self-funding your care

Paying for care can be an expensive and long-term commitment, so the council strongly recommends that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers. See page 48 for suggested contacts.

#### Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first 12 weeks of permanent care, provided it agrees that this type of care is needed.

#### **Deferred Payment Agreements**

After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement. This allows you to delay selling your

former home during your lifetime. Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme, which covers all legal and administrative costs for the lifetime of the loan.

The council may limit the amount of the loan, depending on the equity in your property.

#### **NHS Nursing Care Contribution**

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.

#### Third party payments

If you are eligible for the council's support, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'.

You are not allowed to make this additional

payment yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your top-up, they should be aware that the amount may increase, usually once a year, and they need to be confident that they can sustain the payments for as long as they are required. They will need to sign a contract with the council to confirm that they are able to do this.

→ If the additional payments stop being paid for any reason, then you should seek help and advice from your council. You may have to move to a cheaper home within the local authority's funding levels.

If you are already resident in a care home, and no top-up was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority. This may happen if a change to your arrangements is made at your request or with your agreement, for example if you move to a nicer room.

It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, a top-up should not be charged.

#### Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market. A list of independent financial advisers who are accredited by the Society of Later Life Advisers can be found at www.societyoflaterlifeadvisers.co.uk or you can call 0333 202 0454.

There are also several organisations that will provide free advice about funding care and support. These are a good place to start if you are looking for information and want to see what sort of options are available. See overleaf for contact details.



#### Paying for Long Term Care

Planning ahead to pay for long-term care can help take some of the stress out of a difficult situation.

If you are considering care for a loved one or for yourself, the choices can be daunting, and the costs even more so. This is where we can advise on the most appropriate course of action based on individual circumstances.

We can help with all elements of long-term care fee planning advice so that you understand your options, and ensure that you get the most out of your money both now and in the future.





To see how we can help please contact

Julia Keith, Long Term Care Specialist and Wealth Planner

- 🌾 07393 766753
- Julia.keith@successionwealth.co.uk
- successionwealth.co.uk



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Age UK

Tel: 0800 678 1602

Web: www.ageuk.org.uk/moneymatters

**Citizens Advice** 

Web: www.citizensadvice.org.uk

**Money Helper** 

Tel: **0800 138 7777** 

Web: www.moneyhelper.org.uk



#### Important information

#### Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email.

They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 50), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit

www.carechoices.co.uk

#### How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and Powers of Attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to.

The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

→ If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will

adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit www.citizensadvice.org.uk

#### Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive, whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a

formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made.

If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see below for more information about the CQC). If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to speak to your social care department.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on **0300 061 0614** and ask them to assist you. The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service, and its job is to investigate complaints in a fair and independent way.

#### Inspecting and regulating care services



CareQuality Health and social care Commission services must be registered to show that they meet a

set of standards.

The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (www.cqc.orq.uk). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next and what to look out for when it does. If you want to share your experience of care, visit **www.cqc.org.uk/share** 

**CQC** assurance

A new CQC assurance process for adult social care functions is being launched. The CQC will visit local authorities to assess their processes. Local authorities in England could be visited any time from April 2023 to assess how they are making a difference to people's lives.

#### The CQC assessment

A key part of the updated CQC assessment is how local authorities place people's experiences at the heart of their decisions, and they should expect to be assessed across the following themes:

- working with people;
- providing support;
- ensuring safety; and
- leadership.

For more information, visit www.cqc.org.uk/news/our-approach-assessing-local-authorities

#### **Care Quality Commission**

Tel: **0300 061 6161** 

Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk

Write to: Citygate, Gallowgate, Newcastle upon

Tyne NE1 4PA

#### **Out-of-county care**

You can choose a care home outside your home county. You may want to be closer to friends or family members, or you may want to relocate to another part of the country.

If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be suitable for your assessed needs and comply with the paying authority's terms and conditions.

You should seek further advice before making your decision. For help finding care providers in Berkshire and in other regions, visit **www.carechoices.co.uk** with details of your requirements.

#### Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

#### What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person's quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also

cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

#### Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused call adult

social care. Your concerns will be taken seriously and will receive prompt attention, advice and support. Adult social care will also arrange for an advocate to support you if needed.

If the abuse is also a crime, such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused. If the police are involved, adult social care will work with them and with you to provide support.

If you are worried about contacting the police, you can contact adult social care to talk things over first. Contact details are on page 5. If immediate action is needed, dial **999**. You can also:

- contact the Care Quality Commission (CQC) on
   0300 061 6161 if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse, know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

#### The Disclosure and Barring Service (DBS)

There is a barring system for all those intending

to work, or currently working, with children and vulnerable adults. This service combines the criminal records checking and barring functions. For disclosure information and services, visit www.gov.uk/dbs

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed or placed at risk of harm, a vulnerable adult.

People who know they are confirmed on the list but seek employment in care positions will face criminal charges including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.



## Care decisions can be daunting.

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You're among friends



At Greensleeves Care, we understand that.

That's why, when you join one of our homes, you can try for 6 weeks before committing. You have peace of mind knowing we will never ask you to leave if your funds run out. And you get the satisfaction that every penny goes towards delivering 24/7 care and supporting a charity.

Ready to find out more? Call your local Greensleeves Care home today.

**Buckler's Lodge** 

01344 951 691

Woodcote Green, Crowthorne RG45 6HZ **Glebelands House** 

01182 304 452

Woolf Drive, Wokingham RG40 1DU The Manor

01753 978 879

Church Road, Old Windsor SL4 2JW





#### Residential care in Berkshire

This Directory is divided into the geographical areas listed on this map.

Home care providers can be found beginning on page 25.



Bracknell Forest	53	Slough 55	5	Windsor and Maidenhead	60
Reading	54	West Berkshire 56	6	Wokingham	61

#### **Bracknell Forest care homes**

Advertisers are highlighted

**OP LDA YA** 

#### **Astbury Manor Care Home**

Crowthorne Road North, Bracknell RG12 7AU Tel: 01344 506625

Advert page 42

OP D PD MH SI YA

#### Beech House - Binfield

London Road, Binfield, Bracknell RG42 4AB

Tel: 01344 451949

OP D

#### **Buckler's Lodge Care Home**

Woodcote Green, Crowthorne RG45 6HZ

Tel: 01344 951691 **Advert page 52** 

OP D PD SI

#### **Edwina Place**

London Road, Binfield, Bracknell RG42 4AA

Tel: 0203 195 0151

OP MH YA

#### **Fourways Residential Home**

45 Scotland Hill, Sandhurst GU47 8JR

Tel: 01252 871751

#### Lodge, The

21 Roundshead Drive, Warfield,

Bracknell RG42 3RZ

Tel: 01344 424982

#### **Pinehurst Care Centre**

38-44 Dukes Ride, Crowthorne RG45 6ND

Crowthorne RG45 6ND

Tel: 01344 774233 **OP D** 

#### St Brendan's Care Home

44 Sandhurst Road,

Crowthorne RG45 7HU

Tel: 01344 779318 **OP D** 

#### St Christopher's Care Home

Ascot Priory, Priory Road,

Ascot SL5 8RS

Tel: 01344 884079 **OP** 

#### **Waymead Short Term Care**

St Anthony's Close, Bracknell RG42 2EB

Tel: 01344 353333

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment VA Younger adults AD People who misuse alcohol or drugs

OP D

#### Bracknell Forest care homes with nursing

**Bickerton House Care Home** 

Warfield Road, Bracknell RG12 2JB

Tel: 0330 058 3241 **OP D PD YA** 

**Bracknell Care Home** 

Crowthorne Road, Bracknell RG12 7DN

Tel: 01344 484584 **OP PD YA** 

**Haldane House Nursing Home** 

127 Yorktown Road, Sandhurst GU47 9BW

Tel: 01252 872218 **OP D** 

**Heathlands Care Centre** 

Crossfell, Bracknell RG12 7RX

Tel: 01344 937779 **OP D MH** 

St David's Nursing Home

Ascot Priory, Priory Road, Ascot SL5 8RS

Tel: 01344 884079 **OP** 

If you are considering a care home with nursing, see the checklist on page 43.

#### **Reading care homes**

**Apple Blossom House** 

34 St Ronans Road, Reading RG30 2QE

Tel: 0118 950 8548 LDA YA

**Boltons, The** 

2-4 College Road, Reading RG6 1QD

Tel: 0118 926 1712 **OP D MH** 

Carisbrooke

341 Peppard Road, Emmer Green,

Reading RG4 8XG

Tel: 0118 946 2400 LDA

**Chilmington House** 

Armadale Court, Westcote Road,

Reading RG30 2ES

Tel: 0118 956 7877 **OP D PD LDA SI** YA

Disabilities Trust – 29 Briants Avenue

Caversham, Reading RG4 5AY

Tel: 0118 947 9795 LDA YA

**Downshire House** 

9 Downshire Square, Reading RG1 6NI

Tel: 0118 959 5648 **OP D PD LDA MH SI** YA

Hazeldene

127-131 Wantage Road, Reading RG30 2SL

Tel: 0118 950 0567

Jigsaw Creative Care Ltd – 77 Russell Street

Reading RG1 7XG

Tel: 0118 939 3623 **OP LDA YA** 

**Lakeside Residential Home** 

25 Whiteknights Road, Reading RG6 7BY

Tel: 0118 926 8369 **OP D** 

**Life Care Corporation Ltd** 

29 Cressingham Road, Reading RG2 7RU

Tel: 0118 986 8944

**Maitland House** 

11 Maitland Road, Reading RG1 6NL

Tel: 0118 957 2826 **OP PD SI** 

D

Mayfair, 2a & 2b

Tilehurst, Reading RG30 4QY

Tel: 0118 945 3744 LDA YA

**Moorlands Rest Home** 

987 Oxford Road, Tilehurst, Reading RG31 6TN

Tel: 0118 942 7522 **OP D MH** 

**Mulberry Care Ltd** 

155a Wokingham Road, Earley, Reading RG6 1LP

Tel: 0118 926 1544 **OP D** 

**Navara Lodge** 

1009 Oxford Road, Tilehurst, Reading RG31 6TL

Tel: 0118 942 4692 **OP** 

**Parkview** 

1 Armour Road, Tilehurst, Reading RG31 6EX

Tel: 0118 942 0596 LDA

Pembroke Lodge

32 Alexandra Road, Reading RG1 5PF

Tel: 0118 941 4200 OP D PD MH SI

**Peppard House** 

45 Woodcote Road, Caversham, Reading RG4 7BB

Tel: 0118 947 2067 LDA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

#### Reading care homes continued

**Quality Care Providers Ltd** 

51a Circuit Lane, Southcote,

Reading RG30 3HB

PD LDA MH SI YA Tel: 0118 966 6832

**Respite Service** 

4 Alexandra Road.

Reading RG1 5PE

PD LDA MH SI YA Tel: 0118 966 6832

Richmond Road, 30

Caversham, Reading RG4 7PR

Tel: 0118 946 3282

St Barnabas Road, 26

Emmer Green,

Reading RG4 8RA

**OP LDA YA** Tel: 0118 946 1775

St Luke's and The Oaks Care Home

Marshland Square, Emmer Green, Caversham RG4 8RP

Tel: 0118 946 1424

OP D

Uppingham Gardens, 1

Caversham, Reading RG4 6SP

Tel: 0118 946 2216

**OP LDA YA** 

Wensley Road, 159

Coley Park, Reading RG1 6DU

Tel: 0118 958 9022

PD LDA MH YA

Whitley Wood Lane Respite Care, 188

Reading RG2 8PR

Tel: 0118 937 5347

Yew Tree Lodge

17-19 Redlands Road, Reading RG1 5HX

Tel: 0118 931 3534

MH

LDA

#### Reading care homes with nursing

Advertisers are highlighted

**Beacher Hall Bupa Care Home** 

42 Bath Road, Reading RG1 6PG

Tel: 0118 3214623 Advert page 59

**OP PD LDA YA** 

OP D PD YA

**OP LDA YA** 

**Parkside Bupa Care Home** 

Parkside Road, Reading RG30 2DP

Tel: 0118 3216968 Advert page 59

**OP PD YA** 

Florence Care Reading Ltd

16-22 Westcote Road,

Reading RG30 2DE

Tel: 0118 959 0684

**River View Care Centre** 

Rodway Road, off Oxford Road,

Tilehurst, Reading RG30 6TP

Tel: 0118 972 8360

OP D

**Northcourt Lodge Nursing Home** 

65 Northcourt Avenue, Reading RG2 7HF

Tel: 0118 987 5062

OP D

If you are considering a care home with nursing, see the checklist on page 43.

#### Slough care homes

**Applegarth Care Home** 

24 Huntercombe Lane North, Maidenhead SL6 OLG

Tel: 01628 663287

**Langley Haven Care Home** 

30 Rambler Lane, Langley, Slough SL3 7RR

Tel: 01753 527300

OP D

**Common Road** 

131 Common Road, Slough SL3 8SX

LDA YA Tel: 01753 592454

**REACH Lower Cippenham Lane** 

178 Lower Cippenham Lane, Slough SL1 5EA

Tel: 01628 666132

**OP LDA** 

Forget Me Not Residential Care Home

151 Burnham Lane, Burnham, Slough SL1 6LA

Tel: 01628 290500

OP D

**REACH Upton Court Road** 

2a Upton Court Road, Slough SL3 7LX

Tel: 01753 570222

**OP LDA YA** 

Service

OP Older people (65+) D Dementia

PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health

**SI** Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

#### Slough care homes continued

**REACH Yew Tree Road** 

1 Yew Tree Road, Slough SL1 2AA

Tel: 01753 524621 **OP LDA** 

**Seymour House** 

21, 23, 25 Seymour Road, Slough SL1 2NS

Tel: 01753 820731 **OP LDA** 

**Stoke House** 

6 Stoke Poges Lane, Slough SL1 3NT

Tel: 01753 674113

**PD LDA YA** 

For more information about different types of

care homes, see page 40.

#### Slough care homes with nursing

**Oak House** 

Forest Close, Wexham Road,

Slough SL2 4FA

Tel: 01753 528419 **OP D PD LDA MH** 

**Oxford House Nursing Home** 

204 Stoke Road, Slough SL2 5AY

Tel: 01753 533554

OI DID LON MIII

OP D PD MH SI YA

Salt Hill Care Centre

16-20 Bath Road, Slough SL1 3SA

Tel: 01753 575150

OP D PD LDA MH

**Windmill Care Centre** 

104 Bath Road, Slough SL1 3SY

Tel: 01753 213010

**OP D PD SI YA** 

**Windsor Care Centre** 

1 Burlington Road, Slough SL1 2LD

Tel: 01753 517789

OP D PD YA

#### West Berkshire care homes

**Acorn House** 

20 Huckleberry Close, Purley-on-Thames,

Reading RG8 8EH

Tel: 0118 943 9462 **OP LDA YA** 

**Appletrees** 

Chapel Row, Bucklebury, Newbury RG7 6PB

Tel: 0118 971 3769

**Boxgrove House** 

Littlehealth Road, Reading RG31 5TY

Tel: 0118 943 1019

**Braeburn Lodge** 

Bath Road, Beenham, Reading RG7 5JB

Tel: 0118 930 6469 OP D PD MH SI YA

**Broad Lane, 30** 

Upper Bucklebury, Reading RG7 6QJ

Tel: 01635 871191 **OP LDA YA** 

Chaffinches

108 Paynesdown Road, Thatcham RG19 3TE

Tel: 01635 874836 LDA

**Charlotte House** 

4 Charlotte Close, Hermitage, Thatcham RG18 9TU

Tel: 01635 247202

LDA YA

**Clifford House** 

7 Leonardslee Crescent, Newbury RG14 2FB

Tel: 01635 622687 LDA SI YA

Coombe House, The

The Coombe, Streatley-on-Thames,

Reading RG8 9QL

Tel: 01491 872174

OP

**Dimensions 43 Clayhill Road** 

Burghfield Common, Reading RG7 3HF

Tel: 0118 983 5047

LDA

**Dimensions Baily Thomas House** 

Haysoms Drive, Greenham, Thatcham RG19 8EX

Tel: 01635 47218

LDA

**Downview Residential Home** 

11-12 Down View, Hungerford RG17 0ED

Tel: 01488 683087

**OP LDA YA** 

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

#### West Berkshire care homes continued

**Duncan House** 

18 Huckleberry Close, Purley-on-Thames,

Reading RG8 8EH

Tel: 0118 943 9460

**Eleanor House** 

77 Monks Lane, Newbury RG14 7RJ

LDA YA Tel: 0800 494940

**Elizabeth House** 

14 Huckleberry Close, Purley-on-Thames,

Reading RG8 8EH

Tel: 0118 943 9457 **OP LDA YA** 

**Hazel View** 

21 Huckleberry Close, Purley-on-Thames,

Reading RG8 8EH

Tel: 0118 943 9463 **OP LDA YA** 

**Holly Grange Residential Home** 

Cold Ash Hill. Cold Ash. Thatcham RG18 9PT

Tel: 01635 864646 OP D PD MH SI

Just Homes – 3 New Hill

Purley-on-Thames, Reading RG8 8HA

Tel: 0118 962 4887 **OP PD LDA** 

**Kestrels** 

84 Hambridge Road, Newbury RG14 5TA

LDA Tel: 01635 522814

**Little Heath Court** 

Little Heath Road, Tilehurst, Reading RG31 5TY

Tel: 0118 942 8558

**Newton House** 

404 London Road, Benham Hill, Thatcham RG18 3AA

**PD LDA YA** Tel: 01635 529817

**Notrees** 

10 High Street, Kintbury, Hungerford RG17 9TW

Tel: 01488 658332 OP D SI YA

**Oaklands** 

5 The Green, Theale, Reading RG7 5DR

LDA YA Tel: 0118 930 5288

Old Vicarage, The

Parsonage Lane, Hungerford RG17 OJB

LDA YA Tel: 01488 683634

LDA

**User Bands** MH Mental health **SI** Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs

**Parry House** 

OP LDA YA

15 Huckleberry Close, Purley-on-Thames,

Reading RG8 8EH

Tel: 0118 943 9458 **OP LDA YA** 

Prior's Court Cottages, 1-2, 3-4

Prior's Court Road, Hermitage,

Thatcham, Reading RG18 9JT

**LDA YA** Tel: 01635 247202

Prior's Court Cottages, 5-6: Bradbury House

Prior's Court Road, Hermitage, Thatcham RG18 9JT

Tel: 01635 247203

**Purley House** 

20 Wintringham Way, Purley-on-Thames,

Reading RG8 8BG

Tel: 0118 942 1330 LDA MH YA

**Roebuck Rise** 

10 Roebuck Rise, Tilehurst,

Reading RG31 6TP

LDA YA Tel: 0118 942 5500

**Rowan Cottage** 

Sulhampstead Road, Burghfield, Reading RG30 3SB

Tel: 0118 983 6003

LDA

LDA YA

**Slade House** 

17 Huckleberry Close, Purley-on-Thames,

Reading RG8 8EH

Tel: 0118 943 9459 **OP LDA YA** 

**Watson House** 

12 Huckleberry Close, Purley-on-Thames,

Reading RG8 8EH

**OP LDA YA** Tel: 0118 943 9456

Willows Edge

Hutton Close, Shaw, Newbury RG14 1HJ

Tel: 01635 452520

OP D PD SI

Winchcombe Place

Maple Crescent, Newbury RG14 1LN

Tel: 0333 434 3096 OP D PD MH YA

YewBank

19 Huckleberry Close, Purley-on-Thames,

Reading RG8 8EH

Tel: 0118 943 9461 **OP LDA YA** 

PD Physical disability LDA Learning disability, autism Service OP Older people (65+) D Dementia



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Falkland Grange Care Home Monks Lane, Newbury Berkshire RG14 7RW



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- · Additional information, photos and web links
- Brochure requests



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk



@WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

#### **Argyles Bupa Care Home**

Pound Street, Newbury RG14 6AE

Tel: 01635 896748 Advert below

**OP YA** 

#### **Bayford House Bupa Care Home**

Rookwood, Stockcross, Newbury RG20 8LB

Tel: 01488 757948 Advert below

**OP YA** 

#### Birchwood

1 Birchwood Road, Newbury RG14 2PP

Tel: 01635 33967

OP D PD SI

#### **Donnington Bupa Care Home, The**

Wantage Road, Newbury RG14 3BE

Tel: 01635 897856 Advert below

**OP YA** 

#### **Falkland Grange Care Home**

Monks Lane, Newbury RG14 7RW

Tel: 01635 926976 Advert page 58

OP D

#### **Hollies**

Reading Road, Burghfield Common,

Reading RG7 3BH

Tel: 0118 983 2254

**OP D YA** 

#### **Hungerford Care Home**

Wantage Road, Newtown, Hungerford RG17 OPN

Tel: 01488 682002

OP D

#### **Newbury Grove**

370 London Road, Newbury RG14 2QH

Tel: 01635 818887

**OP D YA** 

#### **Thatcham Court Bupa Care Home**

Chapel Street, Thatcham RG18 4QL

Tel: 01635 899651 Advert below OP D PD MH SI YA





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Q122075 CS 02455

Service

**OP** Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

**SI** Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

**User Bands** MH Mental health

**Boulters Lock Residential Home** 

56 Sheephouse Road, Maidenhead SL6 8HP

Tel: 01628 634985

OP D

**Bramerton** 

Upper Bray Road, Bray, Maidenhead SL6 2DB

**OP LDA YA** Tel: 01628 771058

**Clara Court** 

21 Courthouse Road, Maidenhead SL6 6JE

Tel: 01628 776022 OP D PD LDA MH

Disabilities Trust – 25 Welby Close

Maidenhead SL6 3PY

Tel: 01628 824154 LDA YA

**Edith Road (Tregona)** 

3 Edith Road, Maidenhead SL6 5DY

Tel: 01628 789433

**Eton House Residential Home** 

68 Eton Road, Datchet, Slough SL3 9AY

Tel: 01753 547251

**Fearnley House** 

86 Straight Road, Old Windsor SL4 2RX

Tel: 01753 863752

**Herewards House** 

15 Ray Park Avenue, Maidenhead SL6 8DP

Tel: 01628 629038 OP D YA

Heronsmede

88-90 Straight Road, Old Windsor SL4 2RX

Tel: 01753 855694 LDA

Homeside Close, 16

Maidenhead SL6 7RB

**OP PD LDA YA** Tel: 01628 630710

Meadowbank Residential Care Home

44 Braywick Road, Maidenhead SL6 1DA

OP Tel: 01628 781186

**Nightingales Care Home** 

Islet Road, Maidenhead SL6 8LD

Tel: 01628 621494 OP

Normanhurst Residential Home

26 High Town Road, Maidenhead SL6 1PB

OP D YA Tel: 01628 632618

**Pinkneys Road** 

87 Pinkneys Green Road, Maidenhead SL6 5DT

**LDA YA** Tel: 01628 626167

**Queens Court** 

1 Dedworth Road, Windsor SL4 5AZ

LDA YA Tel: 01753 967930

Station Road, 43

Wraysbury, Staines TW19 5ND

Tel: 01784 488581 LDA YA

White House

OP D YA

LDA

334 Horton Road, Datchet SL3 9HY

**OP LDA YA** Tel: 01753 541595

White Lodge Care Home

Bisham Road, Marlow SL7 1RP

Tel: 01628 898281 OP D PD

Winston Court, 5

Halifax Road, Maidenhead SL6 5HU

**OP PD LDA YA** Tel: 01628 418804

**Winton House** 

51 Dedworth Road, Windsor SL4 5AZ

Tel: 01753 856466 Advert below

**OP D YA** 

**OP YA** 



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Service

**OP** Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health

SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Allenby Road, 9

Maidenhead SL6 5BF Tel: 01628 627556

**OP PD LDA YA** 

**Apple Hill** 

Henley Road, Hurley, Maidenhead SL6 5LH

Tel: 01628 823200 **OP MH YA** 

**Ascot Grange** 

Bagshot Road, Ascot SL5 9PR

Tel: 01344 598552

Advert page 42

OP D PD SI YA

**Cherry Garden** 

Breadcroft Lane, Littlewick Green,

Maidenhead SL6 3OF

**OP D PD LDA YA** Tel: 01628 825044

**Dormy House** 

Ridgemount Road, Sunningdale, Ascot SL5 9RL

Tel: 01344 872211 Advert page 44

OP D

**Foxleigh Grove Nursing Home** 

Forest Green Road, Holyport, Maidenhead SL6 3LQ

Tel: 01628 673332

OP PD

**Harwood House** 

Spring Lane, Cookham Dean, Maidenhead SL6 6PW

Tel: 01628 478000

**Larchfield House** 

Larchfield Road, Maidenhead SL6 2SJ

Tel: 01628 639428

OP D YA

**OP** 

**Larkland House** 

London Road, Ascot SL5 7EG

Tel: 01344 872121

OP D LDA MH YA

**Longlea Nursing Home** 

Fifield Road, Fifield, Maidenhead SL6 2PG

Tel: 01628 634201

**Lynwood Care Centre** 

Lynwood Court,

Lynwood Village,

Rise Road, Ascot SL5 OFG

Tel: 01344 298100

Advert page 44

OP D PD SI YA

Manor Care Home, The

Church Road, Old Windsor SL4 2JW

Tel: 01753 978879 Advert page 52

OP D PD SI

**Mountbatten Grange** 

Helston Lane. Windsor SL4 5GG

Tel: 0333 331 5859

**OP D PD MH YA** 

**Queens Court** 

1 Dedworth Road.

Windsor SL4 5AZ

Tel: 01753 967930

**OPYA** 

Riders, The

Helston Lane, Windsor SL4 5GG

Tel: 01628 828722

OP D PD MH YA

**Sandown Park Care Home** 

61 Vale Road, Windsor SL4 5JY

Tel: 01753 833140

OP D YA

**Signature at Ascot** 

Bagshot Road, Ascot SL5 9PR

Tel: 01344 988476

OP D PD SI YA

St Mark's Bupa Care Home

110 St Marks Road.

Maidenhead SL6 6DN

Tel: 01628 873 885 Advert page 59

**OP D PD** 

Wokingham care homes

**Abbeyfield Winnersh** 

Woodward Close, Winnersh, Wokingham RG41 5NW

Tel: 0118 977 4246

OP D YA

**Alexandra Grange** 

Oaklands Drive, Wokingham RG41 2RU

OP D PD SI YA Tel: 0118 912 3210

**Anthony Toby Homes Trust – Ashton** 

38 Sarum Crescent, Ashton, Wokingham RG40 1XF Tel: 0118 977 2334 LDA YA

**Beech House** 

49 Crockhamwell Road, Woodley, Wokingham RG5 3JY

Tel: 0118 969 8373

LDA YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health **SI** Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs

#### Wokingham care homes continued

**Belamie Gables Care Home** Green, The 210 Hyde End Road, Spencers Wood, Ravenswood Village, Nine Mile Ride, Reading RG7 1DG Crowthorne RG45 6BQ OP D YA Tel: 0118 988 3417 Tel: 01344 755568 LDA **Copper Beech Hilltop House** Ravenswood Village, Nine Mile Ride, 30 Hilltop Road, Twyford, Reading RG10 9BN Crowthorne RG45 6BQ Tel: 0118 934 0053 **OP MH YA** Tel: 01344 755645 OP D LDA SI **Kadimah Cornerways** Ravenswood Village, Nine Mile Ride, 32 Arbor Lane, Winnersh, Wokingham RG41 5JD Crowthorne RG45 6BO Tel: 0118 977 0036 LDA YA Tel: 01344 755574 OP D PD LDA SI **Dimensions 2 Dunstans Drive Loddon Court** Winnersh, Wokingham RG41 5EB 289 Wokingham Road, Earley, Reading RG6 7ER Tel: 0118 979 5362 LDA Tel: 0118 966 0484 LDA YA **Dimensions 6 Sadlers Lane** Longmore Road, 1 Winnersh, Wokingham RG41 5AJ Whitley Wood, Reading RG2 8QG LDA Tel: 0118 979 8408 Tel: 0118 986 7457 LDA YA **Dimensions 95 New Wokingham Road Lovat House Residential Care** Crowthorne RG45 6IN 6 Crescent Road, Wokingham RG40 2DB Tel: 01344 771369 LDA **OP** Tel: 0118 978 6750 **Dimensions Parrot Farmhouse** Magnolia Lodge Arborfield Road, Shinfield, Reading RG2 9EA 42 Hollow Lane, Shinfield RG2 9BT Tel: 0118 988 5051 **LDA** Tel: 0118 988 8732 PD LDA **Down Lodge Residential Care Home** Multi-Care (Reading) Ltd - 375 Old Whitley Wood Lane 11 Sturges Road, Wokingham RG40 2HG Tel: 0118 978 6484 OP Reading RG2 8PY Tel: 0118 931 3939 LDA YA Elms, The Ravenswood Village, Nine Mile Ride, **Murdoch House** Crowthorne RG45 6BQ 1 Murdoch Road, Wokingham RG40 2DL LDA Tel: 01344 755576 **OP** Tel: 0118 978 5423 **Eretz** Orchard, The Ravenswood Village, Nine Mile Ride, Ravenswood Village, Nine Mile Ride, Crowthorne RG45 6BQ Crowthorne RG45 6BO OP D PD LDA SI Tel: 01344 755613 Tel: 01344 755582 LDA Farm House, The **Pamela Barnett** Ravenswood Village, Nine Mile Ride, Ravenswood Village, Nine Mile Ride, Crowthorne RG45 6BO Crowthorne RG45 6BO LDA Tel: 01344 755533 Tel: 01344 755625 LDA Firs, The Ravenswood Village, Nine Mile Ride, **Rookery Cottage** 249 Shinfield Road, Reading RG2 8HE Crowthorne RG45 6BO Tel: 01344 755580 **OP D PD LDA SI** Tel: 0118 987 2278 LDA YA PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs **User Bands** MH Mental health

#### Wokingham care homes continued

#### **Shinfield View**

School Green, Shinfield, Reading RG2 9EH Tel: 0118 467 4727

OP D

#### Staverton

25 Murdoch Road, Wokingham RG40 2DQ Tel: 0118 977 1157

OP LDA YA

#### **Suffolk Lodge**

18 Rectory Road, Wokingham, Reading RG40 1DH Tel: 0118 979 3202 OP D PD

#### **Tager Centre, The**

Ravenswood Village, Nine Mile Ride, Crowthorne RG45 6BO Tel: 01344 755632

LDA SI

#### **Tikvah Woodpeckers**

Ravenswood Village, Nine Mile Ride, Crowthorne RG45 6BQ Tel: 01344 755614

PD LDA SI

#### Tova

Ravenswood Village, Nine Mile Ride, Crowthorne RG45 6BQ Tel: 01344 755646

**LDA** 

#### Valerie's Care Home and Valerie's Home Care

20 Ravenswood Avenue, Crowthorne RG45 6AY Tel: 01344 761701

#### **Warren Lodge Care Centre**

Warren Lane, Finchampstead, Wokingham RG40 4HR Tel: 0844 472 5186

**OP D PD** 

OP

#### Wild Acres Care Home

440 Finchampstead Road, Finchampstead, Wokingham RG40 3RB

Tel: 0118 973 3670

OP D PD SI



## Tell us what you think

#### **Share your** feedback

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What could we do better?



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Service

**OP** Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health

**SI** Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

#### **Austen House Care Home**

Kilnsea Drive, Lower Earley, Reading RG6 3UJ

Tel: 0118 914 4584 Advert below OP D YA

#### **Berkshire Care Home, The**

126 Barkham Road, Wokingham RG41 2RP

OP YA Tel: 0118 977 0233

#### **Bridge House Nursing Home**

64 High Street, Twyford RG10 9AQ

OP D PD SI Tel: 0118 934 0777

#### **Glebelands House**

Woolf Drive, Wokingham RG40 1DU

Tel: 0118 304452 Advert page 52 OP D PD MH SI

#### **Lynden Hill Clinic**

Lynden Hill Lane, Kiln Green, Reading RG10 9XP Tel: 0118 940 1234 **OP PD YA** 

#### Mount Care Home, The

School Hill, Wargrave, Reading RG10 8DY

Tel: 0118 940 2046 OP D YA

#### **Parsons Grange**

Westall Street, Shinfield, Reading RG2 9AU

OP D PD YA Tel: 0118 321 1569

#### Prince Philip Duke of Edinburgh Court

Mole Road, Sindlesham,

Wokingham RG415EA

Tel: 0118 978 7496

Advert page 65

**OP D YA** 

#### **Sonning Gardens Care Home**

Old Bath Road, Sonning RG4 6TQ Tel: 0118 462 0788

Advert page 42

**OP D PD SI YA** 

#### West Oak

Murray Road, Wokingham RG41 2TA

Tel: 0118 914 4585 Advert below

OP D

#### **Woodbury House**

Jouldings Lane, Farley Hill, Reading RG7 1UR

Tel: 0118 973 3885

OP D YA

See page 45 for a residential dementia care checklist.



#### Everyone deserves uncompromising care. That's the passionate belief of the experts in our care homes.

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West Oak Care Home • 0118 9144 585 Murray Road, Wokingham, RG41 2TA

Service

OP Older people (65+) D Dementia

PD Physical disability LDA Learning disability, autism

**User Bands** MH Mental health

**SI** Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs





We provide residential care, nursing and residential dementia support.

For enquiries, please contact us on 01189 787 496 or email princephilip@rmbi.org.uk.

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#### www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.



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Q

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- Brochure requests

#### Useful local contacts

For your council's contact details, see page 5.

#### **Age Concern Twyford & District**

A registered charity aiming to assist older people in Twyford, Hurst, Wargrave, Sonning, Ruscombe and Charvil to maintain their independence and quality of life.

Polehampton Close RG10 9RP

Tel: 0118 934 4040

Web: www.ageconcerntwyford.org.uk

#### **Age UK Berkshire**

Independent charity aiming to enhance the quality of life of older people.

Tel: **0118 959 4242** 

Email: info@ageukberkshire.org.uk Web: www.ageuk.org.uk/berkshire

#### Alzheimer's Society – Dementia Support West Berkshire

Information and practical guidance to help you understand dementia, cope with day-to-day challenges and prepare for the future.

Tel: **0118 959 6482** 

Email: dswberkshire@alzheimers.org.uk

Web: www.alzheimers.org.uk

#### **Ark Trust Ltd, The**

A local charitable organisation providing services to people with disabilities and other disadvantaged groups.

Tel: 01344 266899 • Email: info@theark.org.uk

Web: www.theark.org.uk

#### **Autism Berkshire**

A local support group for parents of children and adults with autism, autism-related issues, Asperger's Syndrome or challenging behaviour. Provides help, advice and information and works towards improved education, respite care and leisure facilities.

40 Caversham Road, Reading RG1 7EB

Tel: **0118 959 4594** 

Email: contact@autismberkshire.org.uk
Web: www.autismberkshire.org.uk

#### **Mencap in Berkshire**

A local charity that works to improve the lives and opportunities of those with a learning disability, their families and carers.

#### Reading

21 Alexandra Road RG1 5PE

Tel: **0118 966 2518** 

Email: office@readingmencap.org.uk
Web: www.readingmencap.org.uk

#### Slough

Horsemoor Green Community Centre, Common Road SL3 8JU

Tel: **01753 580801** 

Web: https://mencapslough.com

#### **West Berkshire**

Enborne Gate, Enborne Road, Newbury RG14 6AT

Tel: **01635 41464** 

Web: www.wbmencap.org

#### Wokingham, Bracknell and Districts (Promise Inclusion)

Waterford House, Erftstadt Court, Denmark Street RG40 2YF

Tel: **0300 777 8539** 

Email: admin@promiseinclusion.org
Web: https://promiseinclusion.org

#### **Royal Voluntary Service (RVS)**

The Royal Voluntary Service provides social activities in Berkshire.

Web: www.royalvoluntaryservice.org.uk/our-services (search 'Berkshire').

#### **Wokingham Mental Health Association**

A self-help voluntary mental health organisation that works in a community care partnership with Wokingham Borough Council.

Station House, Station Approach RG40 2AP

Tel: **0118 979 2620** 

Email: mailbox@wokinghammentalhealth.org.uk
Web: www.wokinghammentalhealth.org.uk

#### Useful national contacts

#### **Age UK**

Tel: **0800 678 1602 •** Web: www.ageuk.org.uk

#### **Al-Anon Family Groups**

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811** (10.00am to 10.00pm).

Email: helpline@al-anonuk.org.uk Web: www.al-anonuk.org.uk

#### **Alzheimer's Society**

Tel: **0333 150 3456** (Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm).

Web: www.alzheimers.org.uk

#### **Association of Charitable Organisations, The**

A national umbrella body for benevolent charities. Tel: **0207 255 4480** • Email: **info@aco.uk.net** 

Web: www.aco.uk.net

#### **British Institute of Learning Disabilities (BILD)**

Committed to improving the quality of life for people with a learning disability.

Tel: 0121 415 6960

Email: enquiries@bild.org.uk

Web: www.bild.org.uk

#### **British Red Cross**

Provides support at home, transport and mobility aids to help people when they face a crisis in their daily lives.

Tel: **0344 871 1111** 

Email: contactus@redcross.org.uk

Web: www.redcross.org.uk

#### **Care Choices**

Free, independent assistance with finding care providers. Searchable website.

Web: www.carechoices.co.uk

#### **Care Quality Commission**

Independent regulator of care services in England.

Tel: 0300 061 6161

Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk

#### **Care Rights UK**

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: 0207 359 8148 • Email: team@carerightsuk.org

Web: www.carerightsuk.org

#### **Carers Trust**

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.

Tel: 0300 772 9600 • Email: info@carers.org

Web: www.carers.org

#### **Carers UK**

The voice of carers.

Tel: 0207 378 4999 • Email: advice@carersuk.org

Web: www.carersuk.org

#### **Citizens Advice**

Practical, reliable, up-to-date information on a wide

range of topics. • Tel: **0800 144 8848** Web: **www.citizensadvice.org.uk** 

#### **Dementia Adventure**

Provides supported holidays for people with dementia as an alternative to traditional respite where partners, family, friends or carers can enjoy an outdoor break together. Holidays are usually five days long, can be bespoke, are subsidised and are available to anyone across the UK.

Tel: **01245 237548** 

Email: info@dementiaadventure.co.uk Web: https://dementiaadventure.org

#### **Elderly Accommodation Counsel**

Help older people make informed choices about meeting their housing and care needs.

Web: www.housingcare.org

#### Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: **0207 730 8263** 

Email: enquiries@fote.org.uk

Web: www.fote.org.uk

#### **Homecare Association**

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: **0208 661 8188** 

Email: helpline@homecareassociation.org.uk Web: www.homecareassociation.org.uk

#### **Hourglass**

Works to protect, and prevent the abuse of, vulnerable older adults.

Tel: **0808 808 8141** Text: **07860 052906** 

Web: www.wearehourglass.org

#### **Independent Age**

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: 0800 319 6789

Email: advice@independentage.org
Web: www.independentage.org

#### My Family, Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: www.myfamilyourneeds.co.uk

#### **National Activity Providers Association (NAPA)**

Promotes the importance of activities for older persons.

Tel: **01494 590421** 

Email: info@napa-activities.co.uk
Web: https://napa-activities.co.uk

#### **National Association of Funeral Directors**

Web: www.nafd.org.uk

#### National Society of Allied and Independent Funeral Directors

Web: www.saif.org.uk

#### **NHS 111**

You should call NHS 111 if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' **18001 111**.

#### **Playlist for Life**

A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it.

The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music. It also provides training for health and social care professionals looking to deliver person-centred care using personalised music.

Tel: **0141 404 0683** 

Email: info@playlistforlife.org.uk Web: www.playlistforlife.org.uk

#### **POhWER**

Works to improve the quality of people's lives and the quality of services by enabling the voices of the most excluded members of society to be heard when decisions are being made about them or the services they need.

Tel: 0300 456 2370

Email: pohwer@pohwer.net Web: www.pohwer.net

#### **SANE**

For advice on mental health issues.

Tel: **0300 304 7000** (4.00pm to 10.00pm).

Email: support@sane.org.uk
Web: www.sane.org.uk

#### Silver Line, The

A 24-hour telephone befriending and advice line.

Tel: 0800 470 8090

Web: www.thesilverline.org.uk

#### **Veterans' Gateway**

The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.

Tel: 0808 802 1212

Web: www.veteransgateway.org.uk

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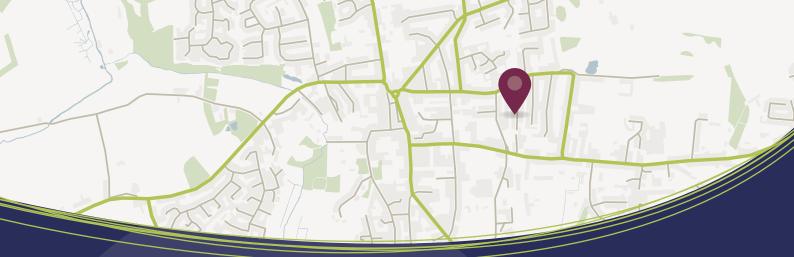
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