

Kent Care Services Directory 2024

The essential guide to choosing and paying for care and support

In association with





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A HAPPY ONE)



















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Tel: 01303 252 394 22 Cornwallis Avenue Folkestone, Kent CT19 5JB thegrange@ashwoodhealthcare.co.uk

CUMBRIA HOUSE CARE HOME



Tel: 01303 254 019 84-86 Shorncliffe Road Folkestone, Kent CT20 2PG cumbriahouse@ashwoodhealthcare.co.uk

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CareChoices

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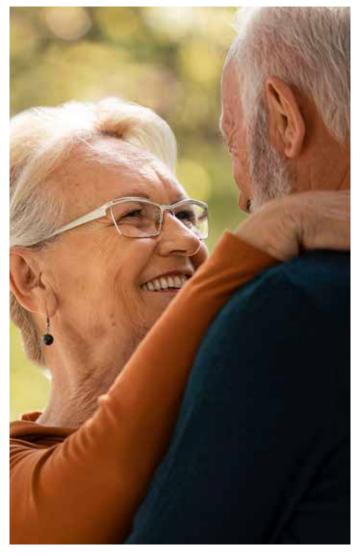
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Useful local contacts

Useful national contacts

All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.



To obtain extra copies of this Directory, free of charge, call Care Choices on 01223 207770 or visit www.carechoices.co.uk/order-copies-of-a-directory

Alternative formats

This Directory is available electronically at **www.carechoices.co.uk/** The e-book is also Recite Me compatible for those requiring information in the spoken word.



Introduction

Welcome to this edition of the independent Kent Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 14. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 4 for those paying for care at home and 67 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 9 and a list of local home care providers begins on page 29.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 52) or residential care. Comprehensive lists of care homes and care homes with nursing in Kent start on page 74.

There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 72), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Visit www.carechoices.co.uk



The local authority's role



The home care providers, care homes and care homes with nursing listed in this Directory do not necessarily hold

contracts with Kent County Council, nor have we reviewed and verified each of these providers and their services as listed in this Directory.

Kent County Council (KCC) has a responsibility to support people with specific needs to live independent and fulfilled lives safely in their local community. We do this by providing information, advice and guidance, as well as support and services.

We offer support to the following groups of people who are over 18:

- people with physical disabilities;
- people with sensory disabilities;
- people with learning disabilities;
- older people;
- people who provide care and support to friends or family; and
- people supported by Children's Social Services who are approaching 18 years old and may require support from Adult Social Care.

You might need to contact Adult Social Care because:

- you are finding everyday activities difficult to manage due to age, disability or ill health;
- you are in hospital and have been assessed as needing Adult Social Care to support your recovery at home;
- you are moving on from Children's Social Care and your care manager is arranging your support; or
- your doctor has referred you.

Once you have been referred or have contacted us yourself, and you agree, we can complete a needs assessment. Once the assessment is completed, we will work out if you are eligible for support from us. We do this by using guidelines and rules set by the Government.

These rules are called 'eligibility criteria'.

If we are able to provide support to you, we will discuss the options available. These may include:

- information and advice;
- equipment to help you stay safe at home, such as grab rails and bathing equipment;
- short-term intensive support in your home, called 'enablement':
- activities during the day;
- support for carers; or
- short breaks (called 'respite') for you or someone who cares for you.

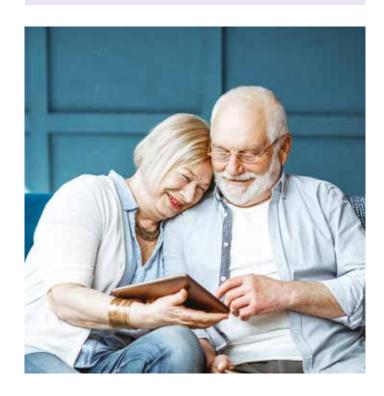
If we cannot support you, we will provide advice and information about organisations that may be able to assist you. Kent Connect to Support is your one stop shop for information, advice and guidance on Adult Social Care, brought to you by Kent County Council.

Visit https://kent.connecttosupport.org

Kent County Council

Tel: **0300 041 6161**

Text relay: **18001 0300 041 6161**Email: **social.services@kent.gov.uk**Web: **www.kent.gov.uk/careandsupport**





STAND UP AND STAND OUT FOR CARE. TOGETHER WE ARE STRONGER.

Here to support you the Kent Integrated Care Alliance has been developed to provide its members with a range of beneficial services.

You could be a residential or nursing homes, a learning disabilities, mental health or physical disability support organisation, or offer supported living, domiciliary and care in the community – If you provide care in Kent you should consider joining KICA.

We are an independent body steered by experts in their field who have developed and fostered good relationships with those that influence the care sector bringing those opportunities directly to you.

We champion the Kent care sector, whether on a local or national level our work presents one voice, taking your opinion, concerns and challenges to those that are best place to effect positive change to support our sector.

WHY JOIN?

- Information on training opportunities.
- Quality Assurance guidance for care providers.
- Details of financial savings on services and products through our selected partners.
- > Free regular news updates and a quarterly newsletter.
- Constant representative within social services at Local and National Level.

- Regular discounts and savings from our sponsors.
- > Have your say forums.
- Annual awards event.
- Annual conference.
- > Promotion of your good news through our social media networks and newsletter.
- Anonymity to protect your business via an umbrella organisation when having those difficult discussions with your stakeholders.
- Bulk buying privileges and advice on suppliers for the best services vetted in the market place.
- Advice on sector dynamics from a group wide view of providers.
- Lobbying KCC and government for a better, fairer social care policy.

With over 80% market coverage in Kent and Medway and growing KICA are your voice for Care in Kent.

Get on the inside track and stay one step-ahead.

To learn more about KICA and join contact Louise Faulkner for more information.

info@kica.care 01622 801466



Kent Integrated Care Alliance



Kent Integrated Care Alliance (KiCA) is an independent association, supporting care providers in Kent and Medway to

help shape the future of social care and health.

KiCA is a lead advocate for over 500 member companies and supports organisations such as care homes, care homes with nursing, home care providers and learning disability, mental health and physical disability support organisations across Kent and Medway. KiCA continually promotes care excellence amongst its members and shares information on the emerging demands for care services.

KiCA members are provided with information on training opportunities, guidance on ensuring quality of care and details of financial savings on services and products through its selected partners. KiCA also holds regular member forums and events as well as hosting the Kent Care Awards.

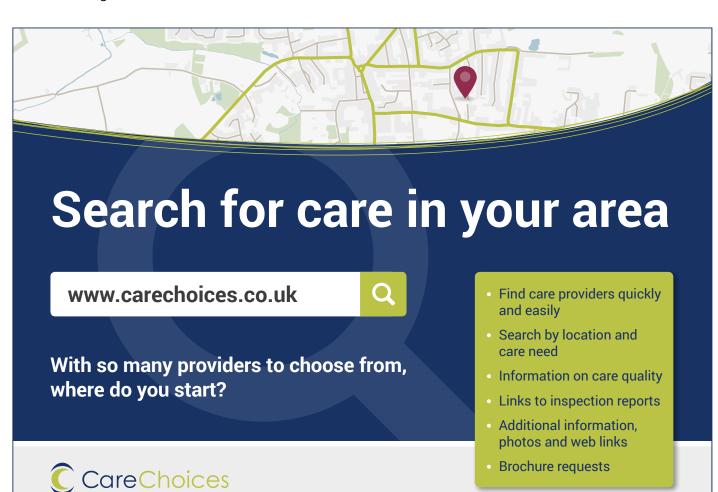
To support its membership further, KiCA engages in discussions and consultations with council and health commissioners.

This supports the care sector in Kent and Medway, developing and maintaining meaningful relationships with the local authority, clinical commissioning groups, health and wellbeing boards and voluntary organisations. Ultimately, ensuring members can provide a better quality of care to their clients.

KICA members are supported to meet local authority contractual compliance and exceed national standards of care. But, above all, members are always striving to provide the best quality of care to people who use services and their families.

Contact KiCA.

Tel: **01622 801466**Email: **info@kica.care**Web: **www.kica.care**



Helping you to stay independent

Services developed in partnership with the voluntary sector

In Kent, there are various voluntary and community organisations that offer preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- · support for carers; and
- handyperson schemes.



Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing. There is a wide variety around the county, catering for older people, and people with mental health conditions, learning disabilities and dementia.

Centres can be as important for carers as those attending, as they allow for a regular break from caring. To find out more about what is available locally, visit the Kent County Council website at **www.kent.gov.uk** (search 'Day centres').

Meals at home

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

The following services might be able to provide meals in your home.

Age UK

Web: www.ageuk.org.uk/services/in-your-area/

home-help

apetito

Tel: **01225 562647**

Web: www.apetito.co.uk

Oakhouse Foods

Tel: **0333 370 6700**

Web: www.oakhousefoods.co.uk

Wiltshire Farm Foods

Tel: 0800 077 3100

Web: www.wiltshirefarmfoods.com

Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including:

 information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free;

- a handyperson service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and
- a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and it will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit **www.housingcare.org**



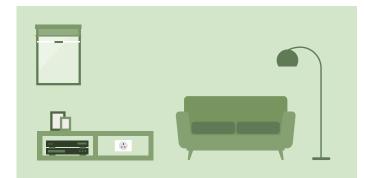
It's a good idea to consider the following questions before buying any assistive technology. If you are unsure about what technology might help meet your needs, you can contact your council or visit

https://kent.livingmadeeasy.org.uk

You can download and print this checklist at www.carechoices.co.uk/checklists Will it need to be installed by a professional? Suitability Does the equipment support your specific Can the retailer provide you with training in needs? using the equipment? Are you willing to use it? Reliability Will it fit into your everyday life and routine? Will it work if you have pets or live with other Have you tried a demo of the equipment? people (e.g. could someone else set off a sensor alarm by accident)? Do you understand what the equipment is for? Have you read reviews of the equipment you Do you need to take it with you when you are looking at? Consider these before making leave the house? Is it transportable? your purchase. Does the equipment have any limitations Can you speak to someone who already uses it? that would make it unsuitable for you? Does it require batteries? Find out how often Will it work alongside any assistive technology they will need changing and whether the you already have? equipment will remind you to do this. Is it durable? If you drop it, is it likely to break? **Usability** Is a simpler piece of equipment available (e.g. a pill case rather than an automated pill Cost dispenser)? Do you know how much it costs? Does the equipment need a plug socket and Will you need to pay a monthly charge? will any wires cause a trip hazard? Are there alternative solutions that might Is it easy to use? Can you read/hear it clearly be free? and are any buttons big enough for you? Are you able to use it? Are there any aspects Is there a cost associated with servicing the you don't understand? equipment? **Notes**

Making life easier at home

If you're having difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which might better suit your needs.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

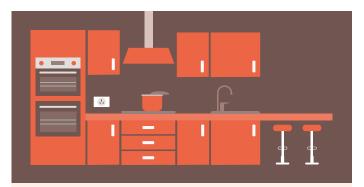
If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit

www.gov.uk/winter-fuel-payment

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available so that you can turn your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Try making a note of when you've taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also longhandled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is eating and drinking becoming difficult?

Large-handled cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Using taps can be made easier by fitting tap turners. You could also consider changing to leverstyle taps which might be easier for you to use.



Handled plug



Chair raisers



Chopping board



Level indicator



Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at **www.carechoices.co.uk/staying-independent-at-home/** There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 19.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you struggle to get in and out of bed?

You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built-in support frame if it's **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Kent County Council

Tel: **0300 041 6161**

Text relay: **18001 0300 041 6161**Email: **social.services@kent.gov.uk**Web: **www.kent.gov.uk/careandsupport**



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online quided advice service

called AskSARA, which can help anyone who finds they have difficulties with everyday tasks.

Visit https://kent.livingmadeeasy.org.uk to learn more about possible solutions or see pages 9 to 13. Once you have identified equipment that might help with your support needs, use the checklist on page 10 to make sure it's right for you.

Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured that, should an incident occur, they will know about it. Some devices can also help to monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you're eligible through an assessment (see page 14), Kent County Council may be able to provide it for you.

Useful websites

Web: www.manageathome.co.uk

Web: https://kent.livingmadeeasy.org.uk Web: www.kent.gov.uk (search 'Sensors,

monitors and alarms').



Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe a number of ways in which eligible adults can receive a mixture of local authority and Government money to pay for the care services they need without direct council involvement.

If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact Adult Social Care to arrange an assessment. Call **0300 041 6161** or see page 5 for alternative contact methods.

Once Adult Social Care understands your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found on page 19 if you are receiving home care and page 67 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget.

A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances.

The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';
- by way of an account held and managed by the

council in line with your wishes; or

as a mixture of these options.

Direct Payments can only be used to pay for the care and support agreed in your care and support plan.

Managing a Direct Payment

If you are eligible for financial support from the council, you can choose to have a Direct Payment. Having a Direct Payment gives you choice and control over how you organise, buy and manage your care and support. It must be used to buy services that you are assessed as needing. In Kent, your Direct Payment can be paid to you via a Kent Card, which works like a debit card. Alternatively, you can open a bank account just for your Direct Payment to be paid into.

For more information, contact the **Direct Payments Helpline** on **0300 041 3600** or visit **www.kent.gov.uk**(search 'Direct Payments').

Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, Adult

Social Care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

Enablement

Enablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You will need to have an assessment of your care needs to decide if you are eligible. If you are eligible, an enablement worker will support you for a limited period.

Enablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it's about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you money.

For example, an enablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. The enablement service may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from enablement. They can put you in touch with the right services if they feel that enablement will help you.

Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses.

This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 67 for more information.

Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for and the help they give doesn't have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60:
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;

- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.

Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without it has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell the council what they need as a carer and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The assessment can also give lots of information about other services that might help and other ideas

for support. The carers' assessment will show if the carer qualifies for support from Adult Social Care. Visit **www.kent.gov.uk** (search 'Caring for other people') for more information.

Carers' Direct Payments

The carers' Direct Payment is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

The amount a carer could get depends on their needs identified by their carers' assessment.

The money is not taxed, and it will not affect any benefits.

Visit **www.kent.gov.uk** (search 'Direct Payments') for more information.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the person who is being cared for. If they have a Personal Budget for their own needs (see page 14) they could use that money to pay for it. A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

Crossroads Care

Provides carers with a break from caring if they are providing care or support to a family member or friend who is ill, elderly or has a physical or learning disability.

Tel: **0345 095 6701**

Email: enquiries@crossroadskent.org

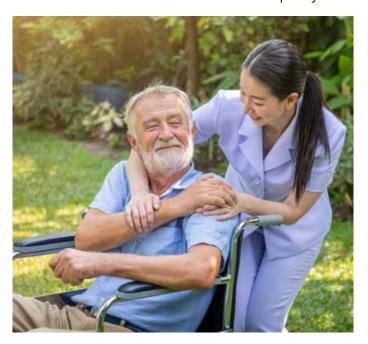
Web: www.crossroadskent.org/short-breaks

Benefits

Carers may want to explore whether they are entitled to Carer's Allowance – currently £76.75 per week but this may change over the lifetime of this Directory. Carers may also qualify for Carer's Premium or Carer's Credit, depending on their eligibility.

If the person you're caring for receives the severe disability premium (or severe disability addition in Pension Credit), this may be lost if you claim Carer's Allowance and/or Carer's Premium. Seek specialist independent advice before claiming Carer's Allowance.

Carer's Premium is an extra payment of up to £42.75 per week that can sometimes be added to the calculation of other benefits you might get on top of Carer's Allowance. Carers who do not qualify for



Carer's Allowance may qualify for Carer's Credit.

The Government's website (**www.gov.uk**) has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation, which may be able to help undertake a benefit check for you.

Carers FIRST

Services for people living in Medway.

Tel: **0300 303 1555**

Web: www.carersfirst.org.uk/medway

Carers' Support East Kent

Serving Ashford, Canterbury, Dover, Faversham, Folkstone and Hythe and Thanet.

Tel: 0300 302 0061

Email: support@carersek.org.uk

Web: www.carersek.org.uk

Imago

Provides adult carer support in Dartford, Gravesham, Swanley and Swale (except Faversham).

Tel: 0300 011 1965

Email: navigation@imago.community
Web: www.imago.community/adult-support/
wellbeing-matters-navigation-and-adult-carers

Involve

Supporting carers in Maidstone, Tonbridge and Malling, Sevenoaks and Tunbridge Wells.

Tel: 0300 081 0005

Email: communitynavigation@involvekent.org.uk

Web: www.involvekent.org.uk

Kent and Medway Carers' Emergency Card

The Kent and Medway Carers' Emergency Card provides carers (over the age of 18) with peace of mind by enabling them to access emergency assistance around the clock. The card doesn't contain any personal details, just a unique registration number and the telephone number of the 24-hour service.

In an emergency, anyone can telephone the number on the card and quote the registration number. The contact centre uses this to access the carer's prearranged emergency plan and puts it into action.

Visit www.kent.gov.uk (search 'Kent and Medway carers' emergency card') or contact your nearest support unit listed on page 17 for further information.



Resource for people supporting disabled children



My Family, Our Needs is an online resource providing impartial information for

parents, carers and practitioners supporting children from birth to 25 years with additional needs.

As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships.

Visit www.myfamilyourneeds.co.uk



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

M hello@myfamilyourneeds.co.uk • 🔰 @WeAreMFON



Subscribe today

Care and support in the home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be. Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting Adult Social Care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with guite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes.

Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. See page 21 for more information about live-in care.

A list of all home care agencies operating in Kent starts on page 29.





We can provide:

- **Elderly support**
- Companionship **Emergency care**
- 24-hour care
- Live-in care
- Respite care
- Mental health support
- Physical disability support
- Sensory impairment support
- Learning disability support
- Brain & spinal injury care

Our experience means that we understand everyone's care needs are different. Finding the right type of care begins with identifying what's important to you.

Whether you require weekly, daily or Live-in care, we can build a unique plan to suit your every need. Care at home offers a practical and affordable alternative to moving into a residential setting, helping you to keep your independence.

We will work closely with you to handpick your Carers, so you can genuinely connect with your team. Our skilled team will make sure you're able to continue doing all things you love such as staying active, socialising or cooking.

08000 44 88 48

nursepluscareathome.com



all about Care all about Your Choice kenthomecare.com

Why give up your home to live in a Care Home with shared care?

Stay at home with your belongings, pets, friends and family with a personal care assistant. 1 to 1 care & support, just for you

Keep hold of your life, remain independent and in control

Live in Care & Support Solutions

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e-mail at info@kenthomecare.com

www.kenthomecare.com



01227 788700

kenthomecare.com





Kent's Live in Home Care Specialist

Approved Provider for NHS Continuing HealthCare & KCC Direct Payments

Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary. The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 72.

Finding the right support

This Directory offers a website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can be sent to you by post or email.

If you are searching online, the results can be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Whatever your care needs, this Directory and the Care Choices website will be able to point you in the best direction, however you would like care information presented. For more information, visit



The Care Quality Commission (**www.cqc.org.uk**) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 72.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs:
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

For further help with choosing an agency, use the checklist on page 27.



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Supporting people to live independently

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 - / Providing care for ever 30 years
- ✓ Free care assessments
- ✓ Providing care for over 30 years
- • O Because, life is better at home

Contact your local branch today!

Maidstone Dartford 01622 295 152 01322 950 123

Tunbridge Wells Ramsgate 01892 346 714 01843 498 321

Folkestone 01303 610 241



Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, Adult Social Care and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- · community equipment;
- extra care sheltered housing; and
- carers' support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP.

The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition. When someone is living with dementia, they need:

• support to live their life;

- reassurance that they are still valued and that their feelings matter;
- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.

For more information, visit www.alzheimers.org.uk/get-support/daily-living

Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community.

Dementia Friends is giving people an understanding of dementia and the small things they can do

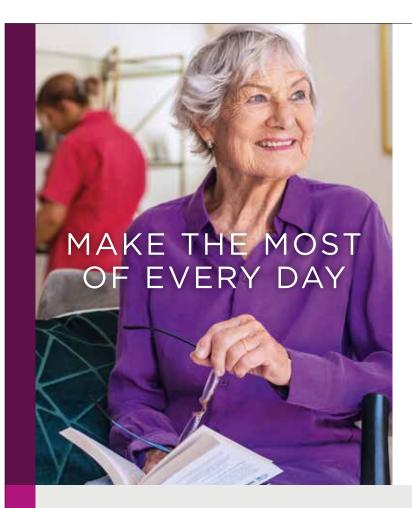
that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia.

See **www.dementiafriends.org.uk** for further information.

Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can involve the person with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break. Contact the council to see if you are eligible for support with arranging these services. See page 14.







Tailored care for your wellbeing, home & happiness

Sometimes the small moments in life bring the most joy. That's why Audley Care is tailored to your individual needs, so you can continue to enjoy what matters most to you in life, all in the comfort of your own home.

Get in touch with the Audley Care team for more details

www.audleycare.co.uk

Willicombe Park: 01892 278 286 Mote House: 01622 532 567 info@audleycare.co.uk







Your home is where you feel comfortable and the happiest. It is the place you know the best. If you want to stay living comfortably at home, **Home Instead can help make that possible.**

- Home Help
- Personal Care
- Companionship
- Dementia Care

We are committed to ensuring **Home Instead Canterbury** is the home care company of choice. The quality of care varies considerably within the industry, and we are determined to ensure the care we provide is one of the highest standard- the level of quality we would expect from our own relatives.

Our growing team lives by the importance of treating clients and colleagues with dignity and respect. This is at the forefront of everything we do and in line with our core values of respecting our clients' independence, autonomy, choice and individuality, while empowering diversity, equality and inclusion.

Home Instead Canterbury | **01227 287 911** www.homeinstead.co.uk/canterbury



Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities. Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to a number of days. Contact the council, Alzheimer's and Dementia Support Services or Alzheimer's Society for more details. See below, 'Useful local contacts' beginning on page 121 or 'Useful national contacts' beginning on page 124.

Alzheimer's and Dementia Support Services (ADSS)

Kent's local specialist dementia service, empowering people affected by dementia to carry on living their chosen lifestyle. The independent charity equips people with the knowledge and practical support to live well with dementia. Call **01474 533990**, email **info@alz-dem.org** or visit **www.alz-dem.org**

Urgent support can be provided by the charity's 24-hour dementia helpline, a confidential freephone service for people with dementia, their carers, families and friends. Call **0800 500 3014**, email **helpline@alz-dem.org** or visit **www.alz-dem.org/urgent-support**

Alzheimer's Society

This leading charity works to improve the quality of life of people affected by dementia. Alzheimer's Society's Dementia Connect Support Line is available on **0333 150 3456** and can provide information, support, guidance and signposting to other appropriate organisations.

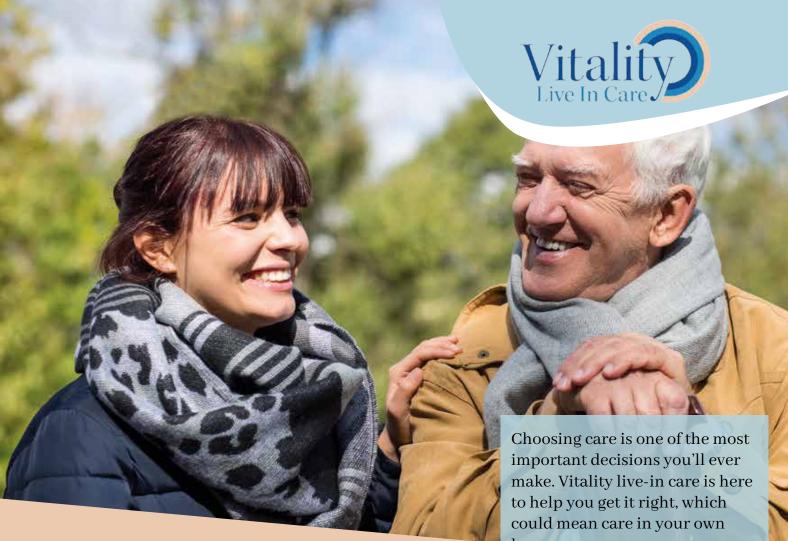
The Helpline is open from 9.00am to 8.00pm,

Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

You can also call the Customer Care Team on **0330 333 0804**.

For more information on care homes for people with dementia, see page 65.





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Agency 1			Fees per week	Quality rating*					
Agency 2			£						
Agency 3			£						
We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists									
About the agency		Accommodat	ing your needs	5					
How long has the agency been operating?			y accommodate your acrease? Ask about the						
How long are staff allocated per visit?		•	, hava a training						
Can you contact the agency in an emergency or outside office hours?		Does the agency scheme in place							
Does the agency have experience		Are all staff train	ed to a certain lev	vel?					
with your specific needs?		Are staff able to administering m	red?						
Staff			r staff to commur						
Are you likely to be visited by different staff each day?		with each other provide when th							
Are all staff checked with the Disclosure and Barring Service?		Regulation							
Will you be notified in advance if your care worker is on holiday or sick?		Will your suppor regular intervals	t plan be reviewed ?	d at					
Are staff matched to you specifically, based on your needs and preferences?		•	agency's contract t complaint easily?						
Can you meet your care worker(s)		, ,	dealt with quickly?						
before they start?		·	ppy of the agency'						
Does the agency have both male and female staff?		CQC registration quality rating?							
Notes									
				······································					
4.0									

^{*}See page 72.

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- Sensory impairment
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Avante Care & Support Limited. A Company Limited by Guarantee. (No. 2565021) A Registered Charity (No. 1002727). We make a surplus to reinvest in the services we provide to our Residents and Service Users. Calls are recorded for training and monitoring purposes.







Home care providers

All domiciliary care providers with the symbol • are members of the Kent Integrated Care Alliance (KiCA). For more information about this alliance, see pages 6 and 7 or visit **www.kica.care**

2Dees LtdDartford

Tel: 01322 407435 **OP PD SI YA**

4life Healthcare Services

Canterbury

Tel: 01227 936957 **OP D PD LDA MH YA**

57 Shamrock Road

Gravesend

Tel: 01474 632888 **OP D PD SI YA**

69 Burroughs Drive Dartford

Dartford

Tel: 07853 453332 **OP PD SI YA**

A1 Healthcare Solutions

Gravesend

Tel: 07590 395339 OP D PD MH SI YA

A Rated Homecare

Maidstone

Tel: 07522 929983 **OP D MH SI YA**

Absolute Home Care Kent Ltd

West Malling

Tel: 01732 897490 **OP D PD LDA MH SI YA**

Accessible Care

Maidstone

Tel: 01622 757155 OP D PD LDA MH SI YA

Accessible Care - Sittingbourne

Sittingbourne

Tel: 01795 429042 **OP D PD LDA MH SI YA**

Acclaimed Care – Head Office

Tonbridge

Tel: 07725 179645 **OP D PD LDA YA**

Active Care Group – South Division Care in the Home

Sevenoaks

Tel: 01732 779353 OP D PD LDA MH SI YA AD

Adejom Staffing Care

Sittingbourne

Tel: 07908 425979 **OP D PD YA**

Affinity Trust – Domiciliary Care Agency South East, Bedford and Northamptonshire

Ashford

Tel: 01233 665324 **OP PD LDA SI**

Age UK Faversham and Sittingbourne (Formerly Age Concern Faversham)

Faversham

Tel: 01795 506490 **OP D PD MH SI**

Age UK Maidstone

Maidstone

Tel: 01622 753618 **OP D YA**

Age UK North West Kent

Gravesend

Tel: 01474 564898 OP D PD LDA MH SI YA AD

Alder Associates Ltd

Herne Bay

Tel: 01227 287878 PD LDA MH SI YA

Alina Homecare – Maidstone

Maidstone

Tel: 01372 362303 **OP D PD YA**

Alina Homecare Specialist Care – Kent

Maidstone

Tel: 01622 522120 OP D PD LDA MH SI YA AD

All About Home Care (Kent)

Southborough

Tel: 01732 447055 OP D PD MH SI YA

All Seasons Community Support Two Ltd

Margate

Tel: 01227 469970 OP D PD LDA MH SI YA

Allerton C&S SE

Tonbridge

Tel: 01732 783503 LDA MH YA

Alzheimer's and Dementia Support Services, Safeharbour Memory Wellbeing Centre

Gravesend

Tel: 01474 533990 **OP D PD**

Amora Care - Main Office

Tunbridge Wells

Tel: 01892 336842 **OP D PD YA**

Angels Home Care (Kent) Ltd – 5 Premier Parade

Aylesford

Tel: 01622 715500 OP D PD MH SI

Angy Care Ltd

Gravesend

Tel: 01474 520097 **OP D LDA MH YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Apex Prime Care - Kent Sevenoaks OP D PD LDA MH SI YA Tel: 01732 606032 **ApproCare** Sheerness Tel: 01795 663824 OP D PD LDA MH SI AD Ashford Personnel and Solutions Ltd Ashford **OP D PD LDA MH SI YA** Tel: 01233 877400 **Ashforhire Professionals Ltd** Ashford Tel: 07735 269399 Tunbridae Wells Tel: 01892 820338 **Aspirations Kent** Canterbury Tel: 01304 849020

Aspire Home Carers Ltd

Athlone Care

OP D PD SI Aspens Supported Living & Outreach (Kent)

OP LDA YA

OP PD LDA MH YA

Folkestone Tel: 01303 258348 OP D YA

Ramsgate OP D PD MH SI YA Tel: 07908 947662

Dartford OP D PD LDA MH SI YA AD Tel: 01322 274747

Atman Care Dartford **MHYA** Tel: 07732 686770

Audley Care Ltd - Audley Care Mote House Bearsted Advert page 24 **OP D PD LDA MH SI YA AD** Tel: 01622 532567

Audley Care - Audley Care Willicombe Park Tunbridae Wells Advert page 24 **OP D PD LDA MH SI YA AD** Tel: 01892 278286

Austen Allen Homecare Dartford **OP D PD LDA MH SI** Tel: 01322 424558 Gravesham •

OP D PD LDA MH SI YA AD Tel: 01474 558790 Avante Home Care and Support Service

Faversham Advert page 28 Tel: 01795 600459 **OP PD LDA MH SI**

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Avelo Care Advert page 30 Ramsgate **OP D PD SI YA** Tel: 01843 307067

Avengers Prime Care Ashford

Tel: 07464 467174 OP D PD MH SI YA

Avenues South East Services (ASES) West Malling

Tel: 01732 448634 **OP PD LDA MH SI YA**

Avondale House Westgate-on-Sea **OP LDA MH YA** Tel: 01843 606511

Avondalecare (Kent) Ltd Westgate-on-Sea Tel: 01843 606511 MH

AZ Caring Services Ltd Ashford

Barham Court

Tel: 01233 227841 **OP D PD LDA SI YA**

Maidstone Tel: 07741 497668 OP D PD LDA MH SI YA AD

Base Business Park, The Dartford

OP D PD LDA MH SI YA AD Tel: 0208 301 3146 **Beach House**

Birchington **OP LDA MH YA** Tel: 01843 845922 **Beam Care Services Ltd**

Dartford **OP D PD LDA SI YA** Tel: 07581 093464

Beech Tree Total Care Ashford Tel: 01233 627857 OP D PD MH SI YA

Thanet OP D PD MH SI YA Tel: 01843 292925

Dover & Deal **OP D PD SI YA** Tel: 01304 242981

Folkestone & Shepway **OP D PD SI YA** Tel: 01303 255452

Whitstable **OP D PD LDA MH SI YA** Tel: 01227 517840

Beeches Homecare Services (Kent)

PD Physical disability LDA Learning disability, autism **Service OP** Older people (65+) **D** Dementia SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs **User Bands** MH Mental health

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Gravesham & Dartford 01474 528198

Tonbridge & Tunbridge Wells 01732 386505

Sevenoaks 01732 655041

Folkestone & Dover 01304 434245

Canterbury & Thanet 01843 653204

Maidstone 01622 393806



Home care providers continued

Belmont Homecare Services Ltd

New Romney

Tel: 01797 363242 D PD MH YA

Bethal Manna Care Ltd

Dartford

Tel: 07790 581289 **OP D PD LDA MH SI YA AD**

Betterliving Care Ltd

Gravesend

Tel: 07480 316307 OP D PD SI YA

Beulah Care Training And Services Ltd

Gravesend

Tel: 07919 093754 **OP D PD YA**

Birchwood Care Services

Speldhurst Advert page 30 Tel: 01892 863710 OP PD

BIS Services - DCS, The

Maidstone

Tel: 01622 584456 **OP D PD YA**

Blanche Caring Heart Ltd

Gravesend

Tel: 07473 639396 **OP D PD MH**

Blossom Home Care Canterbury

Canterbury

Tel: 01227 851151 OP D PD MH SI YA

Blossoms Care Services Ltd DCA

Sittingbourne

Tel: 0800 917 7045 **OP D PD LDA**

Bluebird Care Advert page 32

Canterbury & Thanet

Tel: 01843 653204 **OP D PD LDA MH SI YA AD**

Folkestone & Dover •

Tel: 01304 434245 OP D PD SI YA

Gravesham & Dartford •

Tel: 01474 528198 **OP D PD LDA SI**

Maidstone, Tonbridge & Royal Tunbridge Wells

Tel: 01622 393806 **OP D PD SI** YA

Sevenoaks

Tel: 01732 655041 OP D PD MH SI YA

Tunbridge Wells

Tel: 01732 386505 **OP PD LDA SI YA**

Bluebird Care

Ashford

Tel: 01233 501222 **OP D PD YA**

Bluebird Care

Swale

Tel: 01795 664121 **OP D PD LDA MH SI YA AD**

Boldglen Ltd Medway Swale

Sittingbourne

Tel: 01634 389555 OP D PD MH SI YA

Brooklands Homecare Ltd – Edenbridge

Edenbridge

Tel: 01732 865956 **OP D PD MH SI YA**

Burham Court

Rochester

Tel: 01634 685025 PD LDA MH SI YA

Callquest for Care

Sevenoaks

Tel: 0800 211 8500 OP D PD YA

Camelot Lodge

Folkestone

Tel: 01303 251215 MH YA

Care 77 Ltd

Tonbridge

Tel: 01892 577060 **OP D PD SI YA**

Care Advisory & Respite Experts Ltd

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Tel: 01732 301209 OP D PD LDA MH SI YA AD

Care at Home Services (South East) Ltd – Canterbury, Herne Bay & Whitstable

Herne Bay

Tel: 01227 375706 OP D PD MH SI YA AD

Tunbridge Wells

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Care First 24 Ltd

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Tel: 01732 790001 OP D PD LDA MH SI YA AD

Care in Kent Ltd

Ashford Advert page 36
Tel: 01233 619530 OP D PD LDA MH SI YA AD

Tel: 01233 619530 OP D PD LDA MH SI YA AD

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

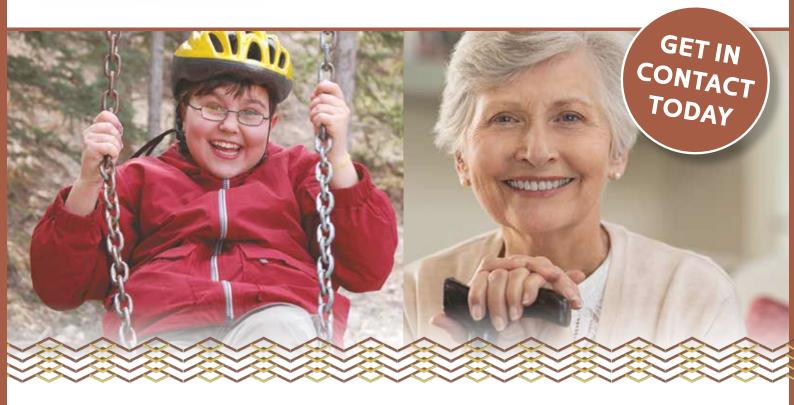
User Bands MH Mental health SI Sensory impairment VA Younger adults AD People who misuse alcohol or drugs

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Q 0203 880 8857

E: info@ccs-care.co.uk

Office:

27 Old Gloucester Street, London, WC1N 3AX

www.ccscare.co.uk

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OP D YA Tel: 0208 058 0529

Care Sante Kent

Whitstable

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CARE4U - KENT

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OP D PD LDA MH SI YA Tel: 07708 084306

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Westerham

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OP D PD LDA SI YA Tel: 01474 320411

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For further information and details, do not hesitate to contact us

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- Personal Care
- Respite Care
- Live-In Care
- Overnight Stay



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Curant Care Kent

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Gravesend Advert page 36

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Domiciliary Care Agency Kent & Sussex

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Tel: 07887 508728 **OP D PD LDA MH SI YA**

Domus Live-in Care Ltd

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Tel: 01892 512961 **OP D PD LDA MH SI YA AD**

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Tel: 07487 700084 **OP D YA**

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Maidstone

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Tunbridge Wells

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Exclusive Care Services

Gravesend

Tel: 07508 909821 **OP D PD LDA MH SI YA AD**

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	OP Older people (65+)	-	ng disability, autism		
User Bands	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who	misuse alcohol or drugs
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Our specialised services are based in Kent, South East London, East Sussex and Staffordshire, we focus on these key areas: – Supported Living, Live in Care, Domiciliary Care and Complex Care. We provide around the clock service, 24 hours a day, 7 days a week throughout the year. Our dedicated team consists of compassionate and reliable care staff and allied healthcare professionals who prioritise the well-being of our clients and treat each individual with dignity, respect, and professionalism they deserve.



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PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia **SI** Sensory impairment **YA** Younger adults **User Bands** MH Mental health AD People who misuse alcohol or drugs Member of the Kent Integrated Care Alliance (KiCA) Advertisers are highlighted







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Sittingbourne
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K2Care Services Ltd

Swanscombe

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Ashford

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KD Healthcare Ltd

Ashford

Tel: 01233 555184 **OP D PD SI** YA

Kent & Medway Domiciliary Care Agency

Ashford

Tel: 01233 636724 LDA YA

Kent Care Consultants Ltd

Ashford

Tel: 07472 456191 **OP** YA

Kent Carers Ltd – Head Office

Dartford

Tel: 01322 277944 **OP D PD LDA MH SI YA AD**

Kent Enablement at Home

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Tel: 0300 041 0404 OP D PD LDA MH SI YA

Broadstairs

Tel: 0300 041 1480 **OP PD**

Gravesend

Tel: 0300 041 1480 **OP PD**

Sittingbourne

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West Malling

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Kent Home Care Ltd

Canterbury Advert pages 20, 42, 56

Tel: 01227 788700 OP D PD MH SI YA

Kent PBS Service

Ashford

Tel: 0845 155 1234 **OP D PD LDA MH SI YA AD**

Kent SCP (Bowles Lodge)

Cranbrook

Tel: 01580 755819 OP D PD MH SI YA

Kent Social Care Professionals Domiciliary Service

Maidstone

Tel: 01622 764014 OP D PD LDA MH SI YA AD

Kevin Cross Case Management Ltd

Ashford

Tel: 07808 845985 **OP D PD LDA MH SI YA AD**

Krystal Solutions Ltd

Sittingbourne

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Advert below OP D PD YA



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Welcome To MAUCARE Services

MAUCARE Services is a Domiciliary Care provider based in Kent, offering a range of **professional care services** from 30 mins to 24 hours a day, with an on-call service operating out of office hours.

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info@maucare.co.uk

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Tel: 01227 643025 **OP LDA YA**

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Dartford

OP PD SI YA Tel: 0333 358 3664

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- People with Dementia, Parkinson's Personal or family carers
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Mrs Lynne Weatherly

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Tel: 01795 597983

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Ashford Advert page 19

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Park View

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Deal

PD LDA Tel: 07872 014850

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Tel: 0330 053 5919 OP D PD LDA MH SI YA AD

Penny Care Ltd

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OP D PD YA Tel: 01732 905405

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Tel: 01622 682535 OP D PD LDA MH SI YA AD

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Folkestone

D Tel: 01303 764576

Positive Solutions Kent CIC

Ramsgate

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Dartford Advert page 46

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Maidstone

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Care That Comes To You



Open Doors Healthcare Services Ltd provide high-quality homecare services and support to young adults and Elderly individuals living in the community.

We are proud to be a trusted healthcare partner, offering a wide range of personalised care and support to keep you safe and to enhance your well-being, preserve dignity, and promote the highest possible level of independent functioning and positive outcomes.

Our Services Include but not limited to: Personal Care • Medication Management Palliative and End of Live Care • Dementia Care Companionship • Supported Living • Live-in care

Complex Care • Overnight Care

We have carers in Maidstone and surrounding areas in Kent. Please get in touch with us to arrange a free Person-Centred Assessment

101 First Floor Knightrider House, Knightrider Street, ME156LU, Maidstone, Kent, England.



E: info@opendoorshealthcare.com

07944037801 / 07598724339 / 01622809905

PSA Home Care Ltd

Ashford

OP D PD MH SI Tel: 01622 236344

Pure Life Homecare

Whitstable **Advert below**

OP D PD LDA MH SI YA AD Tel: 01227 207340

O Leaf Care Ltd

Deal

OP D PD YA Tel: 01304 793060

Qualified Care Ltd

Whitfield

OP YA Tel: 01304 351762

Ready Care Services (Kent) Ltd

West Malling

OP D PD LDA MH SI YA Tel: 0333 577 4445

Respect 4Care Ltd

Whitstable

Tel: 01227 276694 OP D PD MH SI YA

Retons Care and Training Services Ltd

Dartford

OP D PD LDA MH SI YA Tel: 07476 066043

River Stone (UK) Ltd

Sittingbourne

Tel: 07507 824426 OP D PD LDA MH YA AD **Royal British Legion Industries Care Agency**

Avlesford

Tel: 01622 717463 **OP PD SI**

Royal Care

Dover

OP D PD MH SI YA AD Tel: 01304 279415

Royalcare - Thanet

Broadstairs

OP D PD MH SI YA Tel: 01843 838122

Royalcare Ashford

Ashford

Tel: 01233 510131 OP D PD MH SI YA

Rusko Care Ltd

Canterbury

OP D PD LDA MH YA AD Tel: 01227 830755

S and N Care Ltd

West Malling **OP YA** Tel: 07956 908616

Safe Choice Care

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OP D PD YA Tel: 01304 363758

Saintly Care Ltd

Canterbury

Tel: 07548 834715 **OP**

Bringing the warmth of family into your home

When a loved one needs affordable assistance, finding someone who'll give them the same attention and care as you isn't easy. That's why at Pure Life Homecare we put people before profit with a completely individualised service so those we care for always feel unique and special.



GET A TAILORED CARE & SUPPORT PLAN

RELAX AND RESTORE

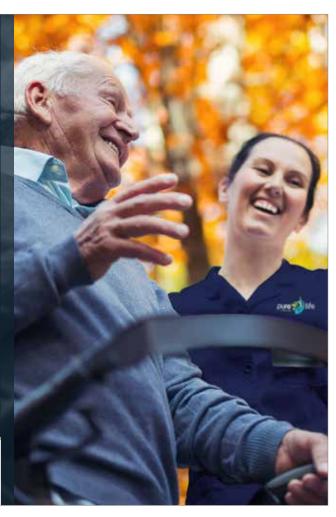


Call: 01227 207340 support@purelifecare.co.uk









Home care providers continued

Sanctuary Home Care Ltd - Gravesend

Gravesend

Tel: 01474 558698 **OP D PD LDA MH SI YA AD**

SAP Care Services Ltd

Tonbridge Advert below right
Tel: 01732 807121 OP D PD YA

SC Gravesend

Gravesend

Tel: 07932 554166 **OP D PD LDA MH SI YA**

Scope Care Agency

Ashford

Tel: 01233 877196 **OP D PD YA**

SCP Complex Care

Maidstone

Tel: 01622 695580 OP D PD LDA MH SI YA AD

SeeAbility-Kent Supported Living

Sandwich

Tel: 07725 424042 **OP PD LDA MH SI YA**

SeeAbility – Kent Support Service

Maidstone

Tel: 01372 755000 PD LDA MH SI YA

Seeds Care Ltd

Broadstairs

Tel: 01843 263411 LDA MH YA

Seniors Helping Seniors

Canterbury

Tel: 01227 454900 OP D YA

Serene Home Care Ltd

Gravesend

Tel: 0203 590 6324 **OP D PD MH SI YA**

Shamrock Road

Gravesend

Tel: 07575 154975 **OP PD YA**

Share The Care Ltd Office

Sittingbourne

Tel: 01795 660162 **OP D PD LDA SI YA**

SilverBirch Healthcare Ltd

Dartford Advert page 46
Tel: 01322 941444 OP D PD YA

Simplex Healthcare Ltd

Kemsley

Tel: 07956 555212 **OP D PD LDA MH YA**

Sooth'n Hub Healthcare Ltd – Maidstone

Maidstone

Tel: 07538 723857 LDA MH YA

St. Helens House

Sheerness

Tel: 07882 710854 **OP D PD LDA MH YA**

Sunnybanks Home Care Service

Cowden

Tel: 07837 406810 **OP PD LDA SI**

Superior Healthcare

Whitstable

Tel: 01227 771133 OP D PD LDA MH SI YA AD

Tashn Ltd

Gravesend

SAPCare

Tel: 07811 437116 **OP YA**

Tender Loving Carers

Whitstable Advert below Tel: 01227 772515 OP D PD MH SI YA

Pomiciliary Care

SAPCARE is the perfect solution for people over 65 that need support whilst remaining in the comfort of their own home.

Our Services range from 30 minutes to 24-hour live-in care. Bookings can be variable from daily to a few times a week and multiples calls per day. We promote continuity by familiarising same carers to the same clients.

• PERSONAL CARE • COMPLEX CARE

• LIVE-IN CARE • RESPITE CARE

SOCIAL AND LEISURE ACTIVITY

www.sapcare.co.uk

01732 807 121

E:info@sapcare.co.uk

Domicifiany Limited

"To care as we would expect others to care for us"

Let us help! Do you or a family member require a 1st class service, to stay independent at home? A dedicated family business established in 1994.

We can help. Call and ask for advice.

Contact our caring team to discuss a support package to suit you.

01227 772515

www.tenderlovingcarers.com contact@tenderlovingcarers.com

108/109 John Wilson Bus Pk, Whitstable, Kent, CT5 3QT

KENT INTEGRATED
CARE ALLIANCE
Kent Card accepted

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Advertisers are highlighted

Tendi Care

Aylesford

Tel: 01795 432645 **OP D PD LDA MH SI YA**

TerraBlu Homecare

Tunbridge Wells

Tel: 01892 529429 **OP D PD LDA MH YA**

Thanet Holistic Care

Ramsgate

Tel: 07590 573334 **OP D PD MH**

Town & Country Homecare Ltd •

Tenterden

Tel: 01580 762244 **OP D PD SI** YA

Turning Point – Kent DCA

Broadstairs

Tel: 07891 545717 **OP D LDA YA**

United Response – Kent DCA

Folkestone

Tel: 01303 270024 LDA MH

Unite Highland Care

Dartford

Tel: 07459 329211 **OP D PD LDA MH SI YA**

Unity Care Solutions (Maidstone)

West Malling

Tel: 0333 366 1020 OP D PD LDA MH SI YA

Utmost Solutions Ltd

Dartford

Tel: 07846 101633 PD LDA MH SI YA

Vibrant Home Care

Ashford

Tel: 07939 296988 **OP D PD YA**

Vibrant Homecare Thanet

Broadstairs

Tel: 0330 174 1402 **OP D PD YA**

Viking Care

Margate

Tel: 01843 294265 **OP LDA SI YA**

Visiting Angels North West Kent

Dartford

Tel: 07957 165444 OP D PD SI YA

Vitality Home Health Gravesham & Dartford

Gravesend Advert page 26

Tel: 01474 240909 OP D PD LDA SI YA

Vitality Home Health (Sevenoaks)

Sevenoaks Advert page 26

Tel: 01732 755582 **OP D PD LDA MH SI YA**

Wave Hill

Dover

Tel: 07740 512943 **OP PD LDA MH SI YA**

WeKare Personal Assistants Ltd

Deal

Tel: 07581 284370 **OP D LDA YA**

Welcome Home

Sheerness

Tel: 01795 510884 **OP D PD LDA SI YA**

Welcome Support

Tunbridge Wells

Tel: 01892 322717 **OP PD LDA YA**

Westminster Homecare Ltd (Bexley)

Dartford

Tel: 01322 280680 OP D PD LDA MH SI YA AD

Woke Healthcare Ltd

Gravesend

Tel: 07733 809773 **OP D PD MH YA**

Woodchurch House

Ashford Advert page 76

Tel: 01233 861600 **OP D PD MH SI AD**

Wurel House

Sittingbourne

Tel: 07879 648163

Xplicit Care Solution

Greenhithe

Tel: 07400 926952 **OP D PD YA**

Xtracare Ltd

Aylesford

Tel: 01622 792845 **OP D PD MH SI YA**

Your Care

Canterbury

Tel: 01227 230888 **OP D PD LDA MH SI YA**

Your Choice

Deal

Tel: 07717 503866 LDA YA

Your Life (Tunbridge Wells)

Tunbridge Wells

Tel: 01892 529779 **OP D PD SI**

Your Life Your Home

Canterbury

Tel: 01304 813128 D PD LDA MH SI YA

Zander Mackenzie Care UK Ltd

Gravesend

Tel: 01322 948176 OP D PD LDA MH SI YA

Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

The council calculates charges in accordance with national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your financial assessment looks at your capital, savings and weekly income (including pensions and benefits). The council may also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Visit **www.kent.gov.uk** (search 'Paying for care and support') for more information.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits. Provided you are

eligible, you can receive AA or PIP regardless of how much income or capital you have.

AA is payable to people over State Pension age and PIP to those aged between 16 and State Pension age. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at **www.gov.uk** and you can check your State Pension age at

www.gov.uk/state-pension-age

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.



Money Helper

A free and impartial money advice service set up by the Government.

Tel: **0800 138 7777**

Web: www.moneyhelper.org.uk

Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 2020 454**

Email: admin@societyoflaterlifeadvisers.co.uk Web: www.societyoflaterlifeadvisers.co.uk

Further information on paying for care can be found beginning on page 67.

All domiciliary care providers with the symbol are members of the Kent Integrated Care Alliance (KiCA). For more information about the alliance, see pages 6 and 7 or visit **www.kica.care**

Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority, voluntary organisations or private companies. Properties may be available for rent, mixed tenure or to purchase.



Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation and extra care housing.

Individuals, private landlords, housing associations, local authorities or charities may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual needs and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 13).

For more information, visit www.kent.gov.uk/supportedhousing

Shared Lives

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families.

Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities. Contact the council for further advice on local schemes.

Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities.

In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact your local adult social care department. Details are on page 121.

Specific care and support services

Learning disability

If you are living with a learning disability in Kent, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you.

The council aims to keep people living independently in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme. See page 52.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Kent. Any learning disability providers are denoted with **LDA**. You may also find the following organisations useful.

Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included.

Tel: **0808 808 1111**

Email: helpline@mencap.org.uk
Web: www.mencap.org.uk

Scope

Offers free, impartial and expert information, advice and support to disabled people and their families.

Tel: 0808 800 3333

Email: helpline@scope.org.uk
Web: www.scope.org.uk

Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have issues with their mental health and there's help and advice available in Kent to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the following organisations for help and support.

South Kent

Tel: 01303 250090

Email: contact@southkentmind.org.uk Web: www.southkentmind.org.uk

West Kent

Tel: **01732 744950**

Email: hello@westkentmind.org.uk
Web: www.westkentmind.org.uk

MIND

Provides support to people with mental health needs and offers one-to-one counselling, befriending, peer support and more.

Mid-Kent

Tel: 01622 692383

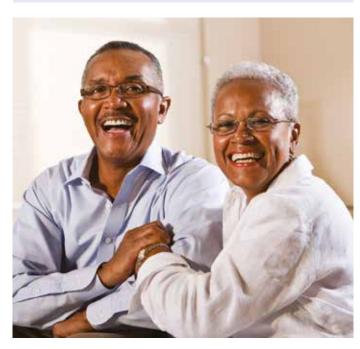
Email: mindhelp@midkentmind.org.uk

Web: www.maidstonemind.org

North Kent

Tel: 01322 291380

Email: admin@northkentmind.co.uk Web: https://northkentmind.co.uk



Physical disability

If you have a physical disability or a long-term illness, organisations in the independent and not-for-profit sectors may be able to signpost you to,

or provide you with, a range of services to help you live as independently as possible. There are also services available to support someone who may be your carer.

Sensory services

If you are deaf, blind, sight impaired or deafblind, there are several organisations in Kent that may be able to offer you advice and support.

Hi Kent

A local registered charity for deaf and hard of hearing people.

Tel: **01622 691151**

Email: enquiries@hikent.org.uk

Web: www.hikent.org.uk

Kent Association for the Blind (KAB)

KAB offers comprehensive support services to sight-impaired people of any age. It works across Kent, Medway, Bromley and Bexley.

Web: www.kab.org.uk

Bromley

Tel: **0208 464 8406**

Email: rehab.bromley@kab.org.uk

East

Tel: **01227 763366**

Email: rehab.canterbury@kab.org.uk

West

Tel: **01622 691357** (head office) or **01622 358995**

(services).

Email: enquiry@kab.org.uk (head office) or rehab.maidstone@kab.org.uk (services).

Medway

Tel: **01634 332929**

Email: rehab.medway@kab.org.uk

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them. For further information, see 'Useful local contacts' beginning on page 121.

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its

end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is

vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is worth asking care providers whether they are working towards The Gold Standards
Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral.

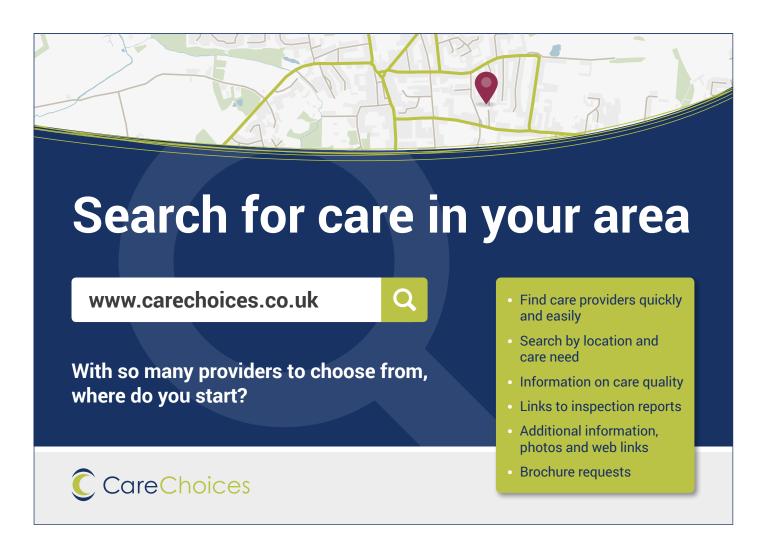
By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at www.hospiceuk.org

(search 'How to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or the National Society of Allied and Independent Funeral Directors.

These associations have strict guidelines that members must adhere to.

See page 125 for details of organisations that may be able to help you plan for the end of your life or your funeral.



Looking for a Care Home?

Is Live in Care the better option?

Enjoy your garden & local Community

Activities & Hobbies that you love

Accompanied days out

Stay with your pets

1 to 1 Care & Attention

Keep your Daily routine

No visiting restrictions

Stay together with your partner

A personal Carer, just for you

Enjoy your Favourite home cooked meals

Be independent in your homenot theirs

- Bespoke Care designed to meet your needs
- Only in Kent we like to be close to our customers
- Flexible Payments
 direct payments, deferred payment plans
- Medical, Health & Nursing needs
 Dementia Support, Companionship,
 Complex Care, Emergency Cover,
 Respite Care & Home from Hospital,
 Moving & Handling assistance,
 Medication Support, Peace of Mind.
- Professional, Affordable Solutions Call Kent Home Care today

Kent Home Care

The Live in Care Specialists in Kent





01227 788 700

kenthomecare.com

Approved Provider for NHS Continuing HealthCare & KCC Direct Payments

Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care

agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)

If you need someone to look after you 24 hours a day but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 14 for more on assessments.

Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to

work out what care you will need. This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly. Check with Adult Social Care for current rates.

For help with finding care homes and care homes with nursing in your area, visit

www.carechoices.co.uk

Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity

co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities they provide in their care home. For information on care homes for people living with dementia, see page 65.





Everyone deserves uncompromising care. That's the passionate belief of the experts in our care homes.

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

These are the things that mean the most.

And because they matter to you, they matter to us.



Call to arrange a visit or to find out how we can help:

Ashminster House Clive Dennis Court, TN24 0LX 01233 428 424

> Newington Court Keycol Hill, ME9 7LG 01795 334 085

Emily Jackson House Emily Jackson Close, TN13 IXH 01732 622 687

> Sutton Valence North Street, ME17 3LW 0162 258 8305

Friston House414 City Way, MEI 2BQ
01634 624 163

Herne Place 2 Parkland Road, CT6 5DN 01227 934 181

Winchester House 180 Wouldham Road, MEI 3TR 01634 624 164

Home 1			Fees per week	Quality rating*		
Home 2			£			
Home 3			£			
We suggest that you take paper with yo download and print this checklist at ww			at you can make no	tes. You can		
Staff		Personal prefe	erences			
What is the minimum number of staff that are available at any time?		Is the home too hot/cold? Can you control the heating in your room?				
Are staff respectful, friendly and polite?		Is the décor to your taste?				
Do staff have formal training?		Are there restrict	there restricted visiting hours?			
Are the staff engaging with residents?		Is there somewhe be alone?	ere you can go to			
Activities		Does the home feel welcoming?				
Can you get involved in activities you enjoy?		Catering				
Is there an activities co-ordinator?		Can the home ca	cater for any dietary			
Does the home organise any outings?		requirements you				
Are residents escorted to appointments?		Does the menu cl				
Do the residents seem entertained?		Can you eat wher at night?				
Does the home have a varied		Can you have foo	nd in vour room?			
activities schedule?		•	of food at mealtime	25?		
Life in the home		Is alcohol availabl				
Is the home adapted to suit your needs?		Can visitors join y	you for meals?			
Can you bring your own furniture?						
Are there enough plug sockets in the rooms?		Fees	ov all af the comicae			
Are there restrictions on going out?		Do your fees cover all of the services and activities?				
Is there public transport nearby?		Are fees likely to	change regularly?			
Does the home provide any transport?		Is the notice period for cancellation of the contract reasonable?		of		
Can you make/receive calls privately?						
Can you decide when to get up and go to bed?		Could you have a Can you keep you	•			
Does the home allow pets?		into hospital?				
Does the home use Digital Care Planning accessible to families?		Can you handle y	our own money?	*See page 72.		





Brabourne Care Centre 209 Hythe Rd Ashford TN24 8PL Call 01233 643555



Folkestone Care Centre 50-52 Shorncliffe Rd Folkestone CT20 2NB Call 01303 765700

Our care homes are designed and built by medical professionals based here, in Kent. With over 20 years' experience, we provide modern, elegant, homely surroundings where our residents benefit from first-class care and companionship.



Individual care packages are created for each resident.

Care services include:

- Residential Dementia
- Palliative
 Respite care
 - Dementia Nursing

Our facilities:

- Landscaped gardens
- In-house chef Library areas
- Wellbeing team
 Hair salon
 - En-suite facilities.

For when nursing care, companionship and support matter most.

Avante Care & Support Kent Care Homes

Communities where everyone has a vibrant and fulfilling life

Our care homes in Kent have welcoming, vibrant atmospheres that provide residents with 24-hour support for residential, dementia, and respite care.

Our caring and experienced teams are always on hand to support everyday activities such as mobility, personal care needs, washing, dressing, or eating. Our approach is to think about care differently, we believe "everyone matters" and is unique, helping our residents to maintain the aspects of life that are most important to them.











Pilgrims View Snodland



Amherst Court Bridge Haven Chaucer House Court Regis Chatham

Canterbury

Sittingbourne

Book a visit today

DEMENTIA CARE | RESIDENTIAL CARE | PERSON CENTRED CARE | VIBRANT COMMUNITY

Avante Care & Support Limited. A Company Limited by Guarantee. (No. 2565021) A Registered Charity (No. 1002727). We make a surplus to reinvest in the services we provide to our Residents and Service Users. Calls are recorded for training and monitoring purposes.



Home 1		Fe	es per week	Quality rating*						
Home 2		£								
Home 3										
We suggest you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 59. You can download and print this checklist at www.carechoices.co.uk/checklists										
Design		Health								
Are there clear signs throughout the home?		Can residents get he and drinking?	elp with eating							
Has the home been designed or adapted for people with dementia?		How often does the residents' medication								
Are the home and grounds secure? Are there prompts outside the residents' rooms to help people identify their own? Is the décor familiar to your loved one?		Does the home offe resident needs assis medication? Do GPs visit the hom	tance taking							
is the accordant to your tover one.		Staff								
Choices Do residents get a choice in terms of what they wear each day?		Are staff trained to i resident might be ur Are staff trained to s	nwell?	eone						
Are residents encouraged to be independent?		needs to go to the to Do the staff have an training/experience	oilet? ny dementia-spe							
Can residents decide what to do each day? Can residents have a say in the décor of their room?		Will your loved one hof staff specifically r	have a member							
Activities		Approach to care								
Are residents able to join in with household tasks like folding washing? Are there activities on each day? Can residents walk around outside on their own? Are residents sitting in front of the TV or are they active and engaged? Are there rummage boxes around?		Does the home follo approach to demend example, validation. Will the home keep yabout changes to you do not be home have approach to end of labout practice in demenders.	tia therapy, for therapy? you informed our loved one's o e a specific life care? p up to date wit							

^{*}See page 72.



Live Safe & Well

Avery Healthcare offers a safe and supportive environment where residents can flourish, make new friends, maintain contact with their local communities and live a life of possibility.

Residential, nursing, dementia & respite care • Nutritionally balanced seasonal menus Spacious, beautifully decorated bedrooms

Stimulating schedule of daily activities and entertainment • Highly trained staff teams















Adelaide Care Home
Bexleyheath © 020 8031 5248



Edenbridge Manor Care Home
Edenbridge © 01732 492150



Elvy Court Care Home
Sittingbourne © 01795 374478



Frognal House Care Home Sidcup © 01233 272339



Miramar Care Home
Herne Bay © 01227 235348



Rivermere Care Home Sevenoaks © 01732 492025

Visit averyhealthcare.co.uk to book a tour with a member of our friendly team.



TONBRIDGE HOUSE

I ONBRIDGE

A PORTHAVEN CARE HOME



Live well in our care

at Porthaven Care Homes

Cavell Park Care Home

Eclipse Park, Sittingbourne Road Maidstone, Kent ME14 3EN Tel 08081 686 629

Tonbridge House Care Home

36 Quarry Hill Road Tonbridge, Kent TN9 2RS Tel 01732 497 596

Book a visit and find out more at porthaven.co.uk



Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing care plan, agreed across health and care. This should identify a named care co-ordinator and addresses individual needs. They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 69 and 55.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes, and providing belongings that bring comfort and have meaning for them. Within the home, much is down to the attitude and skills of the manager and the staff.

Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions are included in the residential dementia care checklist on page 61.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment. Plenty of natural light and an easy way of finding one's way around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia. Ask about the Dementia Friends Ambassador and, if the home does not have a specific Dementia Lead, ask whether the staff has the necessary experience to support someone to live well with dementia.



Your local Bupa care homes in Kent

We're here to help make your search for a care home easier. In our homes, you can expect a safe and welcoming environment. We encourage independence, while also offering a helping hand. We offer a range of sociable activities and really get to know everyone, so you know you

Call us for advice on care today 0808 301 8528

have a place to call home.

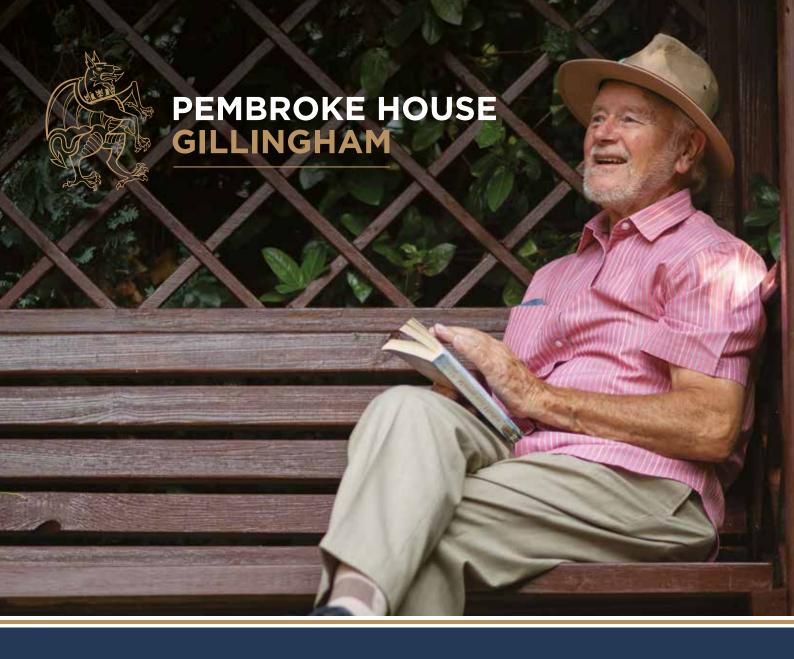
Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday. Closed Sunday and bank holidays. We may record or monitor our calls. Phone calls are free to 0808 numbers.



All types of funding welcome

No health insurance needed

Q122056 CS 02455



A HOME FROM HOME FOR RN AND RM VETERANS

Pembroke House is a beautiful care home in Gillingham, located close to the historic Chatham Dockyard and offering 24-hour nursing and residential care. Features include good sized rooms with en-suite facilities, extensive gardens, a residents' bar, coffee lounge, a 'NAAFI' and a top floor lounge with stunning views over the River Medway.

We believe personal enrichment shouldn't stop when you move in with us, so we don't just provide quality of care, we ensure quality of life.

> Contact us now to arrange a visit: Pembroke House, 11 Oxford Road, Gillingham, Kent ME7 4BS T: 01634 852431 E: ph@rnbt.org.uk www.rnbt.org.uk



Paying for care

Care funded by the council

You will need to have a financial assessment to see whether the council can help you with the costs and to see how much you are able to afford. The amount of financial assistance you may receive will depend on your needs and your financial circumstances.

See **www.kent.gov.uk** (search 'Paying for residential care') for more information.

Paying for your own residential care

Self-funding

If you are self-funding your care because you are not eligible for local authority funding, there are other forms of financial assistance you may be entitled to. Visit **www.kent.gov.uk** (search 'Paying for residential care') to find out more.

Will the local authority pay my fees while I am selling my former home?

If, apart from your property, your other capital is below £23,250, the local authority may help with the costs during the first 12 weeks of permanent care. Beyond that period, any financial help will be charged against the value of your former home and recovered from the eventual sale proceeds. For more information on selling your home to pay for residential care, visit **www.kent.gov.uk** (search 'Deferred payments').

Do I have to pay Council Tax on an empty property?

If you move into a care home and your property is left empty, you should receive full exemption from Council Tax until it's sold.

Is there any financial help that is not means tested?

Attendance Allowance is a non-means-tested, non-taxable allowance, paid at different rates for those needing care by day or by day and night.

Whether your stay is temporary or permanent, if you receive nursing care in a care home you may be entitled to NHS Registered Nursing Care Contribution (RNCC), sometimes called Funded Nursing Care, towards the cost of your nursing care. This is paid directly to the home towards your nursing needs. If your needs are primarily health care related, you may be entitled to full funding from your local integrated care board following

an assessment under its Continuing Healthcare eligibility criteria. See 'NHS Continuing Healthcare' on page 15 for more information.

What happens if I move into a care home independently and run out of money?

If there is a likelihood that you will run out of money, it's important that you arrange an assessment of your care needs with Kent County Council to ensure it is aware of your situation in advance of it happening. Also check if the care home can continue to accommodate you at the local authority's funding rates or whether you will require a third-party top-up or to move to a different home.

Visit **www.kent.gov.uk** (search 'Paying for residential care') for more information on what to do if you are worried about running out of money.

What can I do to avoid this situation?

There are ways of meeting care costs for as long as you need care whilst using up only part of your capital. The important thing is not to try to do it alone — always seek professional advice. For more details, visit **www.kent.gov.uk** (search 'Financial advice').

You can contact Money Helper at 0800 138 7777

or visit www.moneyhelper.org.uk

Or, to find an independent financial adviser, contact the **Society of Later Life Advisers**. Call **0333 202 0454**,

email admin@societyoflaterlifeadvisers.co.uk or visit www.societyoflaterlifeadvisers.co.uk

Figures mentioned here may change over the lifetime of this Directory.

Contractual relationship with a home

Before you sign any contract with a care home, the home should give you written details of all the charges it intends to make in its 'Statement of Purpose' document. If there is anything that is not clear or which you do not understand, you should seek professional advice. If you are seeking financial support from the local authority, they will have the contractual relationship with the home on your behalf.

Third party payments

If you are eligible for local authority support and the home you choose costs more than the rate the local authority usually pays for someone with your needs, you will have the choice to ask someone else to make an additional payment.

If there is no one available to supply the extra payment, you can ask the local authority to find you another placement at the rate it would normally expect to pay. If, however, you do decide to live in the more expensive home and you have someone who is able to make an additional payment for you, they will have to pay the difference between the local authority rate and the amount the home charges. This additional payment is often referred to as a 'top-up' or 'third party contribution'.

The law says that you are not allowed to make this additional payment yourself, except in limited circumstances. Therefore, in the main, the additional payment has to be made by someone else, for example, a family member or charity.

Before anyone agrees to make additional payments on your behalf, they should be aware that the amount could change, usually increase, once a year and they need to be confident that they can sustain the payments for as long as they are required. If the additional payments stop being paid for any reason, then you should seek help and advice via Kent County Council.

The person who will make the payment on your behalf must sign a contract with the local council before any contract with the home is signed. In doing so, the person must confirm that they have the financial means to make the third party payments (including any future increases) for the whole time you will live at the care home. If they are unable to maintain the payments and there is nobody else able to meet this cost, you may have to move to a cheaper home within the local authority's funding levels.

If you are already a resident in a care home, and no third party agreement was required at the time you became a resident, the home may seek to introduce a third party payment at a later date, which would need to be agreed first with the local authority. Also, if a change to your arrangements is made at your request or with your agreement, for example you move to a nicer room, then an additional third party payment can become due.

For more information on paying for care, visit **www.kent.gov.uk** (search 'Paying for residential care'), where you will find links to useful online booklets.

Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers, as well as essential information. You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and

the results can be sent to you by email. They can also be saved and emailed to others. The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 72), indicating the quality of care provided. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit www.carechoices.co.uk

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and Powers of Attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so.

The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney. An 'advance directive' allows you to communicate your wishes

in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs.

It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area.

Visit www.citizensadvice.org.uk

Paying for care in a Residential or Nursing Home



Clarkson Wright & Jakes
Solicitors and Notaries

There is so much confusion concerning the community care rules. Briefly the rules provide that:

- you pay for your care from your income,
- your capital is used if and/or when your income is insufficient,
- the local authority contributes to your care costs only when your capital drops to £23,250,
- once your capital has dropped to £14,250, your contribution is based only on your income and the local authority meets the shortfall subject to local funding limits.

Steps can be taken to protect assets, such as giving your property away, but timing is key and always obtain expert independent legal advice. One misconception is that you must not move into care within seven years of a gift - this relates to inheritance tax and other rules apply to community care.

Spouses should also give serious thought to the way their Wills are prepared. If a couple simply left their assets to each other, all their assets would be used to pay for the survivor's residential or nursing home care. Compare this scenario with one where on the first death, the survivor had the right to occupy the deceased's half of the house - if the survivor subsequently needed care one half of the house would be protected from care costs.

It is also important to be aware of your rights to claim continuing care funding should you need to move into a nursing home. If you have a primary health need, it will be the responsibility of the NHS to fund your care and therefore your assets would not be used to pay your care costs.

COME ALONG TO OUR FREE SEMINAR ON PROTECTING YOUR FAMILY ASSETS

Our Wills and Estate Administration team hosts a seminar on the 2nd Thursday of every month ideal for people who are interested in:

- Making a Wil
- · Learning how to protect their assets against inheritance tax
- Planning for the costs of community care
- Finding out about Lasting Powers of Attorney

The seminars start at 4pm and last for one hour with an opportunity to join us afterwards for refreshments and ask our team questions relating to your individual circumstances.

To register your place, please visit: www.cwj.co.uk/site/seminars



Jeremy Wilson
Partner and Head of Wills
& Estate Administration

For further information on how we can help you protect your assets, please contact Jeremy Wilson on 01689 887847 or email jeremy.wilson@cwj.co.uk

www.cwj.co.uk

What are Powers of Attorney?

Lasting Powers of Attorney (LPAs) allow you to make arrangements to ensure that if an accident or illness were to affect your mental capacity to act or make decisions for yourself, your personal and financial affairs will be looked after by the people that you choose, known as your attorneys.

Your attorneys must always act in your best interests and follow a strict code of conduct.

There are two types of Lasting Powers of Attorney:

- 1. LPA for Health & Welfare
- 2. LPA for Property and Financial Affairs

You do not need to have both types of LPA.

If you do choose to put both in place, you can name different Attorneys for each form.

If you become unable to manage your own decisions without an LPA in place, even your close family do not have an automatic authority to act on your behalf and they will have to make an application to the Court of Protection. The person(s) named as deputy are chosen by the Court and not by you so it could be someone you would not ordinarily choose to make such decisions.

Deputy applications are generally more complex, more time consuming and definitely more expensive than putting in place a valid Lasting Power of Attorney.

Expert legal advice for elderly and vulnerable clients



Warners offer advice on wills, Powers of Attorney, Court of Protection, tax planning, property matters and anything else that might concern you and visits by arrangement. your family.

Our lawyers are very experienced in dealing with elderly and vulnerable clients they will take the time to really understand your situation. We know that leaving the house can and communications. sometimes be difficult so we are always prepared to make home

Our team has been accredited by The Law Society's Wills and Inheritance Quality Scheme (WIQS), which sets high client service standards to ensure

transparency in process, costs

We also have solicitors who are members of the Society of Trust and Estate Practitioners (STEP) and Solicitors for the Elderly (SFE) so you can be assured that the advice you receive from us is the best advice available.

"Friendly, with a reassuring air of professionalism and confidence"

01732 770660 enquiries@warners.law warners-solicitors.co.uk

Bank House Bank Street Tonbridge TN9 1BL warners solicitors

Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive, whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it.

However, if you need to make a formal complaint,

you should initially contact the registered owners of the service. They have a duty to respond to any complaints made. If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see page 72 for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to complain to your social worker/ care manager or the department's designated complaints manager.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on **0300 061 0614** and ask them to assist you. The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service, and its job is to investigate complaints in a fair and independent way.





Inspecting and regulating care services



Health and social care services must be registered to show that

they meet a set of standards.

The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (www.cqc.org.uk).

Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next and what to look out for when it does.

If you want to share your experience of care, visit **www.cqc.org.uk/share**

CQC assurance

A new CQC assurance process for adult social care functions is being launched. The CQC will visit local authorities to assess their processes. Local authorities in England could be visited at any time from April 2023 to assess how they are making a difference to people's lives.

The CQC assessment

A key part of the updated CQC assessment is how local authorities place people's experiences at the heart of their decisions, and they should expect to be assessed across the following themes:

working with people;

- providing support;
- ensuring safety; and
- · leadership.

For more information, visit www.cqc.org.uk/news/our-approach-assessing-local-authorities

Care Quality Commission

Tel: **0300 061 6161**

Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk

Write to: Citygate, Gallowgate, Newcastle upon

Tyne NE1 4PA

Out-of-county care

You can choose a care home outside your home county. You may want to be closer to friends, family members or you may want to relocate to another part of the country.

If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be suitable for your assessed needs and comply with the paying authority's terms and conditions. You should seek further advice before making your decision.

For help finding care providers in Kent and other regions, visit **www.carechoices.co.uk** with details of your requirements.



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

Protecting people with health and social care needs

Adults with health and social care needs may be more vulnerable to abuse, neglect and worse. An adult may be more vulnerable to abuse when they are unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person's quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, call Adult Social Care on **0300 041 6161**. Your concerns will be taken seriously and will receive prompt attention, advice and support.

If the abuse is also a crime, such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused. If the police are involved, Adult Social Care will work with them to support you.

If you are worried about contacting the police, you can contact Adult Social Care to talk things over first. If immediate action is needed, dial **999**.

You can also:

- contact the Care Quality Commission (CQC) on
 0300 061 6161 if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse, know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work or currently working with children and vulnerable adults.

This service combines the criminal records checking and barring functions. For disclosure information and services, visit **www.gov.uk/dbs**

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

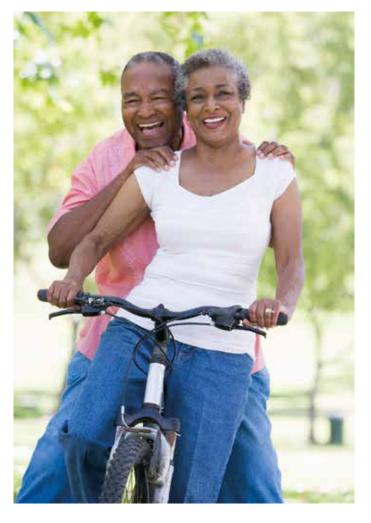
Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed, or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges, including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.



Residential care in Kent



Ashford75	Gravesham93	Swale
Canterbury79	Maidstone95	Thanet 112
Dartford86	Sevenoaks98	Tonbridge and Malling
Davier	Chamman 101	Tunbuidas Malla 116





Welcoming new residents at Rochester Care Home

Rochester is a beautiful residential home that provides exceptional care and amenities at an affordable price.

Our aim is to make everyone feel part of a community, with high-quality care for every resident.

Our door is always open, we would love to show you around our home today.

2022 CARE HOME SURVEY: 10	00%	of residents feel safe with the care team
Call us now to find out morel 01233 221 294	Cood 100 Corrections	Agincare Carrig it you continuely

Ashford

Ashford care homes

User Bands MH Mental health

Member of the Kent Integrated Care Alliance (KiCA)

Anderida Church Road, Mersham, Ashford TN25 6NT Tel: 01233 501581 LDA MH	Glover House Glover Road, Willesborough, Ashford TN24 ORZ
Ashford Lodge Bagham Cross, Chilham, Canterbury CT4 8DU Tel: 01227 731437 PD LDA YA	Tel: 0208 308 1607 PD LDA SI YA Grange, The 2 The Street, Kennington, Ashford TN24 9EX Tel: 01233 621824 OP
Ashlea House Bockhanger Lane, Kennington, Ashford TN24 9BP Tel: 01233 643635	Hall, The Ashford Road, Hamstreet,
Belmont Stone Street, Stanford North, Ashford TN25 6DF Tel: 01303 813084	Ashford TN26 2EW Tel: 01233 732036 OP LDA YA
Birch House The Street, Appledore, Ashford TN26 2AF	Heathfield Residential Home Canterbury Road, Ashford TN24 8QG Tel: 01233 610010 OP PD
Tel: 01233 758527 Boldshaves Oast Frogs Hole Lane, Susans Hill, Woodchurch TN26 3RA Tel: 01233 860039 OP LDA YA	Holly Cottage Highlands Farm, Woodchurch, Ashford TN26 3RJ Tel: 01233 861512
Brambles Care Home Bramble Lane, Wye, Ashford TN25 5EE Tel: 01233 813217 OP LDA TA OP LDA TA	Homelands • Forge Hill, Aldington, Ashford TN25 7DT Tel: 01233 721229
Cedar Bungalows Cedar Bungalows, Church Lane, Hothfield, Ashford TN26 1EL Tel: 01233 896588 LDA MH YA	Ivy Cottage Highlands Farm, Woodchurch, Ashford TN26 3RJ Tel: 01233 861513
Charing Court Residential Home Pluckley Road, Charing TN27 OAQ Tel: 01233 712491 OP	Juniper The Forstal, off Church Road, Mersham TN25 6NU
Cosy Lodge Westwell Leacon, Charing, Ashford TN27 0EH Tel: 01233 713515 LDA	Tel: 01233 720849 Kent Autistic Trust, The
Court Lodge Church Road, Mersham, Ashford TN25 6NS Tel: 01707 601800	- 118 Beaver Lane ● Ashford TN23 5NX Tel: 01233 650526 LDA
Farm House Highlands Farm, Woodchurch, Ashford TN26 3RJ Tel: 01233 861514	Kent Autistic Trust, The - 165 Jemmett Road ● Ashford TN23 4RH Tel: 01634 405168 LDA
Service OP Older people (65+) D Dementia	PD Physical disability LDA Learning disability, autism

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Woodchurch House

Care Suites

Relationship Centred Care™



Care and accommodation for people with nursing needs

Choice of Social Groups

There are a number of communal areas within the building so that people can live together in socially compatible groups.

Staffing

All staff have specialised care training and are supported to provide personalised care in a "family" atmosphere.

Social Programme

As part of our Relationship Centred Care ethos, we work with residents and their families to understand their backgrounds and interests. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment

Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.woodchurchhouse.co.uk

Tel: 01233 861600 • Fax: 01233 861602 • Email: enquiries@woodchurchhouse.co.uk Brook Street, Woodchurch, Ashford, Kent TN26 3SN

Ashford care homes continued

Laurels, The 209 Faversham Road, Ashford TN24 9AF

Tel: 01233 635932

Lyndhurst House

Charing Hill, Charing, Ashford TN27 ONG

Tel: 01233 713611

May Lodge

Barrow Hill, Sellindge, Ashford TN25 6JG

Tel: 01303 813926

May Morning

Barrow Hill, Sellindge, Ashford TN25 6JG

Tel: 01303 813166

New Bungalow, The

Forge Hill, Aldington, Ashford TN25 7DT

Tel: 01233 721222

Oaklands

183 Faversham Road, Ashford TN24 9AE

Tel: 01233 632381

Orchard House

Ashford Road, Kingsnorth, Ashford TN23 3ED

Tel: 01233 664906

Richardson Court

Main Road, Sellindge TN25 6JD

Tel: 01303 814821

Rose Cottage

MH

LDA YA

LDA

LDA MH SI

PD LDA

LDA

PD LDA

LDA

Church Road, Mersham, Ashford TN25 6NT

Tel: 01233 502223

Rosemary Cottage

Highlands Farm, Woodchurch, Ashford TN26 3RJ

Tel: 01233 861510 **PD LDA**

Southfields

Stanhope Road, Ashford TN23 5RW

Tel: 01233 620256

OP PD LDA SI YA

Summerlands

Maidstone Road, Westwell Leacon,

Charing TN27 OEE

Tel: 01233 713454

LDA

LDA

Whiston House

Whiston Avenue, Bethersden,

Ashford TN26 3LA

Tel: 01233 820912

LDA MH

Advert page 76

Woodchurch House

Brook Street, Woodchurch, Ashford TN26 3SN

Tel: 01233 861600

OP D PD MH SI AD

Yew Tree House Residential

Care Home for the Elderly

9 Station Road, Headcorn, Ashford TN27 9SB

Tel: 01622 890112

OP D

Ashford care homes with nursing

Ashminster House

Clive Dennis Court, Willesborough,

Ashford TN24 OLX

Tel: 01233 428424 Advert page 58

OP D

Brabourne Care Centre

209 Hythe Road, Ashford TN24 8PL

Tel: 01233 643555 **Advert page 60**

OP D LDA SI

Halden Heights Care Community

Ashford Road, High Halden,

Ashford TN26 3BP

Tel: 01233 851136

Hothfield Brain Injury Rehabilitation and **Neurological Care Centre**

Bethersden Road, Hothfield,

Ashford TN26 1AZ

Tel: 01233 643272

OP PD YA

Montfort Manor

Kennington Road, Willesborough,

Ashford TN24 OYS

Tel: 01233 229170

OP D PD YA

Park View Care Centre

Field View, Park Farm, Ashford TN23 3NZ

Tel: 01233 501748

OP D

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Advertisers are highlighted

OP D



beautiful Weald of Kent countryside.

Breton Court offers so much more than just a place for older people to live. We are a vibrant, senior living community that offers care, companionship, comfort and a wide selection of activities, that match individual interests. When people come to Breton Court, they lead richer lives, moving from isolation to a community.

The principle objective of the home is to create a caring, homely atmosphere where our clients can maintain as much independence as possible with dignity and respect while living a full active life. Whether they choose to play a competitive game of bingo, take part in morning exercise or just relax with friends, residents discover a second family and a home in which to thrive, both in body and spirit.

We take care of you and your loved ones

The best possible care The best possible people

> Virtual tours available



FOR MORE INFORMATION PLEASE CONTACT THE MANAGER JANICE ON:

01580 762 797

www.bretoncourt.co.uk admin@bretoncourt.co.uk

Breton Court Residential Care Home, Grange Road, St Michaels, Tenterden, Kent TN30 6EE





Ashford care homes with nursing continued

Singleton Nursing and Residential Home Ltd

Hoxton Close, Singleton, Ashford TN23 5LB **OP YA** Tel: 01233 666768

Warren Lodge Bupa Care Home

Warren Lane, Ashford TN24 8UF

OP D YA Tel: 01233 885819 **Advert page 65**

Woodchurch House

Advert page 76

Brook Street, Woodchurch, Ashford TN26 3SN

OP D PD MH SI AD Tel: 01233 861600



Tenterden care homes

Breton Court

Grange Road, St Michaels, Tenterden TN30 6EE

Tel: 01580 762797 Advert page 78 OP

West View Integrated Care Centre

Plummer Lane, Tenterden TN30 6TX Tel: 0300 042 2208

OP D YA

LDA

Tenterden care homes with nursing

Acacia House – Tenterden

Ashford Road, St Michaels, Tenterden TN30 6QA Tel: 01580 765122 OP D PD

See page 67 for more information on paying for care homes in Kent.

Canterbury

Canterbury care homes

Adisham House

Pond Hill, Adisham, Canterbury CT3 3LH Tel: 01304 840170

Beeches Residential Home, The

35 Ethelbert Road, Canterbury CT1 3NF

OP LDA MH YA Tel: 01227 769654

Bridge Haven

Conyngham Lane, Bridge, Canterbury CT4 5JX

Tel: 01227 831607 Advert page 60 OP D YA

Canterbury Adult Support Unit

88 Whitstable Road, Canterbury CT2 8ED

OP D PD LDASI YA Tel: 01227 454020

Chase, The

53 Ethelbert Road, Canterbury CT1 3NH

Tel: 01227 453483

OP D

Elizabeth House

68 Island Road, Upstreet, Canterbury CT3 4DD

Tel: 01227 860516

OP D MH YA AD

Family Investment (Four) Ltd

Bridge House, Greenhills, Barham, Canterbury CT4 6LE Tel: 01227 832512 LDA

Footprints •

Stodmarsh Road, Canterbury CT3 4AP

Tel: 01227 373292

PD LDA SI YA

Greenbanks

Greenhills, Barham, Canterbury CT4 6LE

Tel: 01227 831731

OP D PD LDA MH SI

Hamilton's Residential Home

26 Island Road, Upstreet, Canterbury CT3 4DA

Tel: 01227 860128

OP D YA

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Highland House

Littlebourne Road, Canterbury CT3 4AE Tel: 01227 462921

King Edward House

77-79 New Street, Ash, Canterbury CT3 2BW
Tel: 01304 812953

D PD LDA MH SI

Kingston House

10 The Street, Kingston, Canterbury CT4 6HZ Tel: 01227 832981

L'Arche Kent Faith House

21-23 Redwood Close, Canterbury CT2 7TH Tel: 01227 459133

L'Arche Kent The Rainbow

5 Victoria Road, Canterbury CT1 3SG Tel: 01227 455745

Littlebourne House Residential Care Home

2 High Street, Littlebourne, Canterbury CT3 1UN
Tel: 01227 721527 **Advert below OP D PD MH SI**

Meadow View Residential Care Home

Blackthorne Road, Hersden, Canterbury CT3 4GB Tel: 01227 207117

OP D PD YA

Newlands •

OP

D LDA

LDA

LDA

4 Church Lane, Westbere, Canterbury CT2 OHA
Tel: 01227 713883

OP LDA YA

Oakfield House

High Street, Wingham, Canterbury CT3 1BU
Tel: 01227 721107

OP D

Old Farm House Residential Home, The

48 Hollow Lane, Canterbury CT1 3SA
Tel: 01227 453685

OP D PD SI

Old Rectory Retirement Home, The

Lanfranc Gardens, Summerhill, Canterbury CT2 8NJ Tel: 01227 768004

OP

Roper House

St Dunstans Street, Canterbury CT2 8BZ
Tel: 01227 462155 OP D PD LDA MH SI YA



A friendly family run home, specialising in short & long term care including dementia, providing companionship & independence.



- 64 Spacious en suite rooms
- All weather conservatory
- Beautiful setting in rural village community
- Activities team for your individual needs
- Locally sourced produce providing delicious home prepared food, all dietary needs catered for
- 7 near care apartments with separate bedroom en suite, kitchen and sitting room.
- Traditional English gardens with summer house overlooking the river
- Mini bus for regular outings

Tel: 01227 721 527

2 High Street, Littlebourne, Canterbury, Kent CT3 1UN www.littlebournecarehome.co.uk admin@littlebournecarehome.co.uk



Canterbury care homes continued

Saxon Lodge Residential Home Ltd

30 Western Avenue, Bridge, Canterbury CT4 5LT Tel: 01227 831737 OP D

Smock Acre

Hollow Lane, Hoath, Canterbury CT3 4LF Tel: 0208 308 2900

PD LDA

Strode Park Foundation – Redwalls

Stodmarsh Road, Canterbury CT3 4AP

Tel: 01227 785067 PD LDA SI YA

Sussex Avenue, 26A

Canterbury CT1 1RT Tel: 01227 785270

OP PD LDA YA

Valley House in the Vineyard Ltd

Elham Valley Vineyard Breach, Canterbury CT4 6LN Tel: 01227 832230



Canterbury care homes with nursing

Chaucer House

St Martin's Hill. Littlebourne Road.

Canterbury CT1 1PS Tel: 01227 671985

Advert page 60 **OP D PD SI YA**

Harbledown Lodge

Upper Harbledown, Canterbury CT2 9AP

Tel: 01227 458116 OP D

Highfield Care Home

Bekesbourne Lane, Bekesbourne, Canterbury CT4 5DX **OP D PD YA** Tel: 01564 820140

Red House Nursing Home, The

London Road, Canterbury CT2 8NB Tel: 01227 464171 Advert page 82

OP PD SI

Willow Tree Lodge

126-128 Old Dover Road, Canterbury CT1 3PF Tel: 01227 762412

OP D

For more information about care homes with nursing, see page 57.



Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)



Red House Nursing Home

- 24 hour personalised Nursing Care
- Most rooms single en-suite with Wifi access In case of lockdown, visiting pod available
- Strict infection control measures in place
- Special diets catered for
- Full on-site laundry service
- Lift and specially equipped bathrooms
- Nurse call and colour TV in all rooms
- No visit restrictions
- Organised activities and entertainment
- In house chiropodist and hairdresser
- Short/long term respite care available

Tel: 01227 464171 • Fax: 01227 788084 • Email: admin@redhousenursing.com www.redhousenursing.com

The RedHouse Nursing Home, London Road, Canterbury, CT2 8NB



St Brelades is situated overlooking the sea with panoramic views across the Downs. The Cumberland is situated close to the seafront and local amenities. Both homes have good road and rail links to London and the rest of the country.

We have been **established for 40 years**, and offer specialised care to men and women living with Dementia. Our overarching aim is to give our service users a meaningful life that meets their personal wishes.

We provide:

- 24 hour care in a room of your choice (many with en-suite)
- A variety of dining and communal areas to suit your needs
- Delicious home-style food, prepared in-house using local produce
- Recreational activities and support with spiritual well-being
- Contracted local GP offering in-house consultation and other health care services as needed

Care pecialist



St Brelades

Care Home for Ladies

St Brelades is a residential Care Home that specialises in providing care for ladies, with different forms of Dementia. The home overlooks the Downs, with panoramic sea views, and is centrally situated to local amenities in Herne Bay, Kent. With a dedicated team of well trained professional Carers and staff, we provide a warm and friendly atmosphere.

01227 375301

The Cumberland

Care Home for Ladies and Gentlemen

The Cumberland provides care in a friendly homely atmosphere for residents with different forms of Dementia. Based in Herne Bay, Kent. We can provide care for up to 29 residents and we specialise in support for mental health complications.

01227 361770

www.stbreladescarehomes.org.uk Email: enquiries@stbrelades.co.uk

f / https://www.facebook.com/TheCumberlandCareHome / https://www.facebook.com/StBreladesCareHome









Both homes offer spacious accommodation in converted period houses with the addition of purpose-built facilities.

St Brelades Care Home, 5/6 Beacon Hill, Herne Bay CT6 6AU The Cumberland Care Home, 9/11 Beltinge Road, Herne Bay CT6 6DB

Herne Bay care homes

Broomfield Lodge

1 Hunters Forstal Road, Herne Bay CT6 7DN

Tel: 01227 740417

Cumberland, The

9-11 Beltinge Road, Herne Bay CT6 6DB

OP D Tel: 01227 361770 Advert page 82

Favorita House Residential Home

28 Canterbury Road, Herne Bay CT6 5DJ

Tel: 01227 374166 OP D

Grange. The

75 Reculver Road, Herne Bay CT6 6LQ Tel: 01227 741357

HMT Care - 48 Albany Drive

Herne Bay CT6 8PX Tel: 01227 742992

Hailey Residential Care Home, The

7-8 The Downs, Beacon Hill, Herne Bay CT6 6AU **OP MH YA** Tel: 01227 742366 Advert below

Harbour Care Home

139 The Broadway, Herne Bay CT6 8HY **OP LDA MH YA**

Tel: 01227 741940

Herne Place

2 Parkland Road, Herne Bay CT6 5DN

Tel: 01227 934181 Advert page 58

High Pines Residential Home Ltd

47 Pigeon Lane, Herne, Herne Bay CT6 7ES

OP D Tel: 01227 368454

OP D YA

Kimberley Residential Home

40 Mickleburgh Hill, Herne Bay CT6 6DT

Tel: 01227 374568

Care Quality Commission

Hailey

LDA

PDYA

OP D



stunning sea views and a short walk from the town centre.

It provides accommodation for up to 40 adults with mental health difficulties.

- Single & En-suite deluxe bedrooms
- Hair salon
- Client kitchen
- · On site Daycentre providing numerous activities, skills coaching & promoting independence
- · Direct view out onto the sea
- · Long term, short stay & respite care offered

7/8 The Downs, Beacon Hill, Herne Bay, Kent CT6 6AU Email: Niall@all-about-care.co.uk Web: www.all-about-care.co.uk

(c) 01227 742366

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Herne Bay care homes continued

Kingsley

28 Downs Park, Herne Bay CT6 6BZ

Tel: 01227 367577

Laleham, The

117-121 Central Parade, Herne Bay CT6 5|N

Tel: 01227 374898 OP D YA

Orchard House

Underdown Lane, Herne Bay CT6 5UD

Tel: 01227 373586 **PDYA**

Roselands

50 Reculver Drive, Beltinge, Herne Bay CT6 6QF **OP LDA YA** Tel: 01227 360738

Seymour House

9 Queenbridge Drive, Herne Bay CT6 8HE

LDA Tel: 01227 361395





Delivering YOUR CARE ...Understanding your needs

You'll find a beautiful home set in picturesque gardens near the sea at St Peter's

If comfort, companionship, security and 'everything done for you' care is what you are looking for then St Peters will be a perfect fit. You will find life here is luxurious, stress free, interesting, engaging and enjoyable.

Our services include:

• Residential care • Respite care

15 Saint George's Terrace, Herne Bay CT6 8RQ Tel: 01227 744000 • www.carehomehernebay.co.uk







Sovereign House

30 Canterbury Road, Herne Bay CT6 5DJ Tel: 01227 368796 Advert below

OP

St Brelades

LDA

5-6 Beacon Hill, Herne Bay CT6 6AU Tel: 01227 375301 Advert page 82

OP D

SOVEREIGN

RESIDENTIAL CARE HOME FOR THE ELDERLY



A detached property situated only two minutes from the beach and High Street, Sovereign House is registered to provide personal care and support for up to 10 older people with dementia.

The well decorated and maintained accommodation is spread over three floors with eight en-suite rooms and two rooms with adjoining bathrooms. The home has a lift, a grassed front garden and a patioed rear garden with plants and shrubs.

Contact us for further information:

Tel: 01227 368796 Email: sovereignhouse@talktalk.net



The home provides an excellent comfortable atmosphere with very high standards of accommodation for long term residents and for people who need respite or day care.

102-104 Canterbury Road, Herne Bay, Kent, CT6 5SE





FOR MORE INFORMATION PLEASE DO NOT HESITATE TO CONTACT US ON

(01227) 374633 or 362312

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment YA Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Wimbledon House



Wimbledon House is a large residential care home set in mature gardens a short stroll from the seafront.

It provides accommodation for up to **34 Adults with mental health difficulties** offering a warm, caring, homely atmosphere.

- Daycentre providing numerous activities & skills coaching promoting independence
- Long term, short stay & respite care offered Single & En-suite deluxe bedrooms
- Private gardens & decked areas Ground floor accommodation
- · Large, well-equipped communal areas

For details & a brochure contact Michelle Abbott, Registered Manager

58 Selsea Avenue, Herne Bay, Kent CT6 8SD Email: michelle@all-about-care.co.uk Web: www.all-about-care.co.uk



Herne Bay care homes continued

See page 84 for the **Service User Bands** key

St Peter's Care Home

15 St Georges Terrace, Herne Bay CT6 8RQ

Tel: 01227 744000 **Advert page 84**

OP YA

Tarrys Residential Home

86-88 Grand Drive, Herne Bay CT6 8LL

Tel: 01227 367045

OP D LDA

Whitebirch Lodge

102-104 Canterbury Road, Herne Bay CT6 5SE

Tel: 01227 374633 Advert page 84

OP

Wimbledon House Residential Care Home

58 Selsea Avenue, Herne Bay CT6 8SD

Tel: 01227 370909 Advert above

OP MH YA

Herne Bay care homes with nursing

Coach House, The

Strode Park House, Lower Herne Road, Herne Bay CT6 7NE

Tel: 01227 740871

PD LDA SI YA

Haydon-Mayer

54 Albany Drive, Herne Bay CT6 8PX

Tel: 01227 374962

Strode Park House

Lower Herne Road, Herne Bay CT6 7NE Tel: 01227 373292 OP D

OP PD SI YA



Whitstable care homes

Bradbury Grange

74 Canterbury Road, Whitstable CT5 4HE

Tel: 01227 273209

Fiveways

Kingsdown Park East, Tankerton,

Whitstable CT5 2DT

Tel: 0208 531 5885

Lyndhurst Rest Home

42-43 Marine Parade, Tankerton, Whitstable CT5 2BE

Tel: 01227 275290

Marine Parade

18 Marine Parade, Tankerton, Whitstable CT5 2BG

Tel: 01227 772824

OP MH YA

OP D Mavlands •

Grosvenor Road, Whitstable CT5 4NN

Tel: 01227 770232

OP LDA YA

St Martins

3 Joy Lane, Whitstable CT5 4LS

Tel: 01227 261340

OP D

Tralee Rest Home

38-40 Tankerton Road, Whitstable CT5 2AB

Tel: 01227 276307

OP D

Whitstable care homes with nursing

Chestfield House

The Ridge Way, Chestfield, Whitstable CT5 3|T

Tel: 01227 792281

OP D PD SI

LDA MH SI YA

Harrier Lodge

Thanet Way, Whitstable CT5 3FS

Tel: 01227 931810

OP D PD MH YA

Whitstable Nursing Home

28 West Cliff. Whitstable CT5 1DN

Tel: 01227 265443

OP D



Dartford

Dartford care homes

Blossoms Care Home Ltd

Mounts Road, Greenhithe DA9 9ND

Tel: 01322 381642

OP D PD LDA YA

Fairby Grange

Ash Road, Longfield DA3 8ER

Tel: 01474 702223

OP D MH

Bramblings Residential Home

Bramblefield Close, Hartley DA3 7PE

Tel: 01474 702332

OP

Gardenia House

19 Pilgrims Court, Temple Hill, Dartford DA1 5LZ

Tel: 01322 290837

OP D PD LDA MH SI YA

Darenth Grange Residential Home

Darenth Hill, Dartford DA2 7QR

Tel: 01322 224423

Haslington Lodge Care Home

Bean Road, Greenhithe DA9 9JB

OP D SI Tel: 01322 383229

OP D

Service

OP Older people (65+) **D** Dementia

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AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Dartford care homes continued

Old Downs Dementia Residential Care Home, The

Castle Hill, Hartley, Dartford DA3 7BH

Tel: 01474 702146 OP D

Rosewood Residential Care Home

Cobham Terrace, Bean Road, Greenhithe DA9 9IB OP D YA Tel: 01322 385880 Outside back cover

Shakti Lodge

208-212 Princes Road, Dartford DA1 3HR

Tel: 01322 288070 OP D

Shore Lodge – Care Home Learning Disabilities

Bow Arrow Lane, Dartford DA2 6PB

Tel: 01322 220965 **OP LDA YA**

Sonya Lodge Dementia **Residential Care Home**

10 High Road, Wilmington, Dartford DA2 7EG

Tel: 01322 289768

St James House

53-55 Spital Street, Dartford DA1 2DX

PD LDA MH SI YA AD Tel: 01322 600510

St James Mews

2-3 St James Place, Dartford DA1 2ED

Tel: 01322 600511 **OP PD LDA MH SI YA AD**

Turnbull Close

Walsingham, Stone, Dartford DA9 9EB

Tel: 01322 381568 **OP PD LDA YA**

Dartford care homes with nursing

Beechcare incorporating the Peter Gidney Neurological Centre

Darenth Road South, Dartford DA2 7QT Tel: 01625 417800

OP D PD YA

Birchwood Heights Care Home

Hilda May Avenue, Swanley BR8 7BT

OP D PD SI YA Tel: 01322 947055

Brickfield Farm, Main Road, Longfield DA3 7PW Tel: 01474 573800

Hazelwood Care Home

OP D

Kentwood House

Darenth Road South, Darenth, Dartford DA2 7QT **OP PD** Tel: 01322 279771

Littlestone Lodge

Greenacres, Bow Arrow Lane, Dartford DA2 6PB

Tel: 01622 963587

OP D YA

OP D

Broad Oak Manor Bupa Care Home

Broad Oak Close, off Arnolds Lane, Sutton at Hone. Dartford DA4 9HF

Tel: 01322 515956 Advert page 65

OP PD

Eglantine Villa Bupa Care Home

Eglantine Lane, Horton Kirby, Dartford DA4 9IL

User Bands MH Mental health

Tel: 01322 518739 Advert page 65

OP D

Emerson Grange

Emerson Park, Rowhill Road, Hextable, Swanley BR8 7FP

Tel: 01233 224040 **OP D PD SI YA**

Tell us what you think Share your found useful? feedback Take our five O What could we do better? minute survey www.carechoices.co.uk/reader-survey

Service

OP Older people (65+) **D** Dementia

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AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Advertisers are highlighted

SI Sensory impairment **YA** Younger adults

Dartford care homes with nursing continued

Priory Mews Care Home

Watling Street, Dartford DA2 6EG

Tel: 0333 321 4715

Russell Court Nursing Home

Russell Square, Longfield DA3 7RY

Tel: 01474 708151

West Hill Care Home

Constance Grove, Dartford DA1 2GA

Tel: 01322 557566

OP D Tel: 01322 517980 Advert page 65

OP PD

OP D PD SI YA

Wilmington Manor Bupa Care Home

Common Lane, Wilmington, Dartford DA2 7BA

Wombwell Hall

Wombwell Gardens, Northfleet DA11 8BL

Tel: 01474 569699

OP D YA

OP PD

Woodford House

Watling Street, Dartford DA2 6EG

Tel: 01322 401030

OP D PD SI YA

Dover

Deal care homes

Anro House

17 Cambridge Road, Walmer, Deal CT14 7HG

LDA MH YA Tel: 01304 367178

Avondale Castlemount Lodge •

Castle Mount Lodge, Taswell Street, Dover CT16 1SG

OP LDA MH YA Tel: 01304 212835

Bon Secours

250 Middle Deal Road, Deal CT14 9SW

Tel: 01304 366325 LDA YA

Bradfield Residential Home

Hawksdown Road, Walmer,

Deal CT14 7PW

Tel: 01304 360960

Brook Lodge

68 London Road, Deal CT14 9TF

Tel: 07733 154550

Cameron Lodge

142 Church Path, Middle Deal Road,

Deal CT14 9TU

OP PD LDA MH Tel: 01304 373650

Channel Lea, 12

Walmer, Deal CT14 7UG

Tel: 01304 367131

Chitty Barn

Salisbury Road, Dover CT16 1EU

Tel: 01303 276000

OP D PD LDA MH SI YA

Generals Meadow

St Clare Road, Walmer, Deal CT14 7PY

Tel: 01304 360965

OP

Glendale Lodge

Glen Road, Kingsdown, Deal CT14 8BS

Tel: 01304 363449

OP

Goodwins, The

3 St Richards Road, Deal CT14 9IR

Tel: 01304 389149

LDA

Homeleigh

OP

LDA YA

3 Sondes Road, Deal CT14 7BW

Tel: 01304 380040

OP MH

Meadowside

OP Liverpool Road, Walmer, Deal CT14 7NW

Tel: 01304 363445

OP PD LDA SI YA

Milestone House

188 London Road, Deal CT14 9PW

Tel: 01304 381201

PD LDA SI

Old Vicarage, The

Vicarage Lane, Tilmanstone, Deal CT14 OJG

Tel: 01708 458834

OP D YA

Service

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User Bands MH Mental health

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AD People who misuse alcohol or drugs

Advertisers are highlighted

Member of the Kent Integrated Care Alliance (KiCA)

Search for care at www.carechoices.co.uk to find support in your area

Deal care homes continued

Seahaven

110 Wellington Parade, Kingsdown, Deal CT14 8AF

Tel: 01304 364704

OP PD LDA SI YA

Sholden Hall Residential Retreat

London Road, Sholden, Deal CT14 OAB

Tel: 01304 375445

OP D

Sonia Lodge

5-7 Warwick Road, Walmer, Deal CT14 7JF

Tel: 01304 361894

OP D

OP

PD LDA

St Winifred's Dementia Residential Care Home

236 London Road, Deal CT14 9PP

Tel: 01304 375758

OP D PD YA

Upton House

Deal Road, Worth, Deal CT14 0BA

Tel: 01304 612365

OP D

Walmer Care Centre

8-10 Marine Road, Walmer, Deal CT14 7DN

Tel: 01304 374928

OP D

Wellington House

371 Dover Road, Walmer, Deal CT14 7NZ

Tel: 01304 379950

LDA MH YA

Westbury House

2 Blenheim Road, Deal CT14 7DB

Tel: 01304 360696

OP LDA YA

Deal care homes with nursing

Ami Group - The Knoll Unit and Ami Court Unit

196 Dover Road, Walmer, Deal CT14 7NB

Tel: 01304 371126

St Anselm's Nursing Home

St Clare Road, Walmer,

Deal CT14 7QB

Tel: 01304 365644

OP D MH

Martha House

Martha Trust, Homemead Lane,

Deal CT14 OPG

Tel: 01304 615223

St Winifred's Dementia **Residential Care Home**

236 London Road, Deal CT14 9PP

Tel: 01304 375758

OP D PD YA

Dover care homes

Alandale Residential Home

9 The Drove, Whitfield, Dover CT16 3JB

Tel: 01304 824904

Ashingham House

London Road, Temple Ewell, Dover CT16 3DJ

Tel: 01304 826842

LDA MH

Alexander House – Dover

140-142 Folkestone Road, Dover CT17 9SP

Tel: 01304 212949

OP

OP D

Brambling House 46 Eythorne Road, Shepherdswell, Dover CT15 7PG

Tel: 01304 830276

OP D PD SI YA

Alison Crescent

65 Alison Crescent, Whitfield, Dover CT16 3LP

Tel: 07423 431387

OP LDA YA

Brambling Lodge

48 Eythorne Road, Shepherdswell, Dover CT15 7PG

Tel: 01304 830775

OP D PD SI

Ashgold House

Church Whitfield, Whitfield,

Dover CT16 3HZ

Tel: 01304 823966

PD LDA SI



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Willow Park Lodge



Care and accommodation for people with nursing needs

Choice of Social Groups

There are a number of communal areas within the building so that people can live together in socially compatible groups.

Staffing

All staff have specialised care training and are supported to provide personalised care in a "family" atmosphere.

Social Programme

As part of our Relationship Centred Care ethos, we work with residents and their families to understand their backgrounds and interests. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment

Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.willowparklodge.care

Tel: 01304 898989 • Email:enquiries@willowparklodge.care 57 Coombe Valley Road, Dover, Kent, CT17 0EX

Dover care homes continued Felbrigg House St Alphege Road, Dover CT16 2PU Tel: 01304 204760 Glen, The 162 Folkestone Road, Dover CT17 9SN Tel: 01303 276000 Hillbrow 150 Crabble Hill, Dover CT17 OSE Tel: 01304 827411 Ivy Bank Residential Care Home Wellington Road, Temple Ewell, Dover CT16 3DB Tel: 01304 449032 **Advert below right Laureston House Residential Home** Laureston Place, Dover CT16 1QU Tel: 01304 204283

Little Glen 60 Church Road, Dover CT17 9LS Tel: 01303 276000 Reddington House 2 Park Avenue, Dover CT16 1ER

Riverlea House 105b-107 Lower Road, River, Dover CT17 0QY Tel: 01304 823935

Sandwich Road, 55 Whitfield CT16 3LT Tel: 01304 820803 St Michaels

Tel: 01303 276000

166 London Road, Temple Ewell, Dover CT16 3DE Tel: 01304 826414

Swerford House The Avenue, Temple Ewell, Dover CT16 3AW Tel: 01304 821432

Thorndene •

LDA YA

LDA

OP D

OP D

LDA

LDA

OP

LDA

LDA

LDA MH YA

Canterbury Road, Swingfield, Dover CT15 7HZ Tel: 01303 892244

Twyford House Whitfield Avenue, Dover CT16 2AG

Tel: 01304 241804 **LDA YA**

OP PD LDA YA

MH

OP D

LDA

United Response -1 St Alphege Road Dover CT16 2PU Tel: 01304 225252

Tel: 01304 219213

White Cliffs Lodge Primrose Road, Dover CT17 0JA LDA MH

Whitfield 107 Sandwich Road, Whitfield, Dover CT16 3|P Tel: 01304 820236

Wolverton Court Alkham Valley Road, Alkham, Dover CT15 7DS Tel: 01304 825544

Woodside Residential Care Home Whitfield Hill. Dover CT16 3BE Tel: 01304 825713 OP D LDA YA

Advert outside back cover

WELCOME TO IVYBANK Our residential care home specializes in providing high quality care for elderly people with dementia. The care home has been fully refurbished to a high standard, specifically to meet the needs of the client group. We offer a wide range of activities, like: • Music for health • Indoor sports activities Indoor pantomimes • Hairdresser • Board Games • Arts and Crafts Poetry • Outings to gardens and seaside ...and a lot more

manager@ivybankhealthcare.com 01304 449032 | Wellington Road, Temple Ewell, Dover, CT16 3DB LDA Service **OP** Older people (65+) **D** Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health **SI** Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs Advertisers are highlighted Member of the Kent Integrated Care Alliance (KiCA)



Your Home. Your Life.

WELCOME TO CROWNWOOD HEALTHCARE

Our aim is to provide high quality personalised nursing care to meet the needs of the individual whilst encouraging choice and independence in a friendly, relaxing and homely environment. We are sensitive to our resident's requirements for privacy, confidentiality and personal dignity.

Fresh meals, regular activities and a full complement of highly trained nursing and care staff help us to maintain the best possible care and comfort for our residents. Refurbishments to our home and improvements to our service are in process and ongoing.

If you or your loved one is considering the need for residential or nursing care, please feel free to contact us or come and visit us to see what we can offer. We look forward to welcoming you to our homes.

Temple Ewell Nursing Home









Wellington Road, Temple Ewell, Dover, Kent CT16 3DB

01304 822206 (Office) 01304 822246 (Nurses)

E: managertenh@crownwoodhealthcare.com

Fort Horsted Nursing Home



Primrose Close, Chatham Kent, ME4 6HZ

01634 406119

E: managerfhnh@crownwoodhealthcare.com

E: admintenh@crownwoodhealthcare.com

Byron Lodge Nursing Home



105-107 Rock Avenue, Gillingham, Kent, ME7 5PX

01634 855136

E: managerblnh@crownwoodhealthcare.com



Dover care homes with nursing

Applecroft Care Home

Sanctuary Close, River, Dover CT17 OER

Tel: 01304 821331

Harmonia Village

Harmonia Village Hub, 42, Randolph Road,

Dover CT17 OFZ

Tel: 01304 222568 OP D PD SI YA

OP D

St Stephens Nursing Home

Godwyne Road,

Dover CT16 1SW Advert outside back cover **OP D LDA YA** Tel: 01304 202864

Temple Ewell Nursing Home

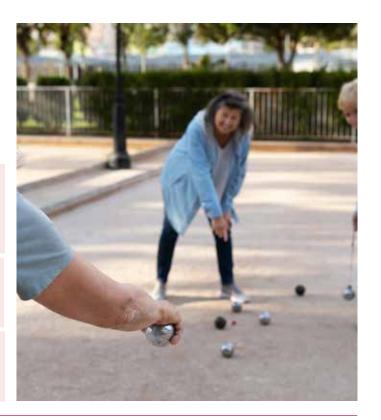
Wellington Road, Temple Ewell, Dover CT16 3DB

OP D MH Tel: 01304 822206 Advert page 92

Willow Park Lodge

57 Coombe Valley Road, Dover CT17 0EX

Tel: 01304 898989 Advert page 90 OP D PD MH SI YA



Sandwich care homes

Eastry House

High Street, Eastry, Sandwich CT13 OHE

Tel: 01304 613791 **OP D PD LDA SI YA** See page 67 for more information on paying for care homes in Kent.

Gravesham

Gravesend care homes

Benham Lodge

42 Pelham Road, Gravesend DA11 OHZ

OP PD LDA SI YA Tel: 01474 533108

Chestnuts Care Home, The

Wrotham Road, Meopham, Gravesend DA13 9AH Tel: 01474 812152 OP D PD

Dale Lodge

Dale Road. Southfleet DA13 9NX

OP D Tel: 01474 834877

Dale Mount

Dale Road, Southfleet DA13 9NX

User Bands MH Mental health

Tel: 01474 832461

Echo Square House

70 Parrock Road, Gravesend DA12 1QH

Tel: 01474 564561

Edwin Therapeutic Unit

82 Edwin Street, Gravesend DA12 1EJ

Tel: 01474 323891

LDA MH YA

LDA

Gravesham Place Integrated Care Centre

22-22a Stuart Road, Gravesend DA11 OBY

OP D MH YA Tel: 01474 360500

Heather Lodge

65 Armoury Drive, Gravesend DA12 1LZ

Tel: 01474 331004

LDA YA

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Advertisers are highlighted

OP D

Gravesend care homes continued

Hevercourt

Goodwood Crescent, Singlewell, Gravesend DA12 5EY OP D PD SI Tel: 01474 363690

Hollies Residential Home, The

86-90 Darnley Road, Gravesend DA11 OSE

Tel: 01474 568998 OP YA

Larchwood Grove

60 Parrock Road, Gravesend DA12 10H

OP PD LDA YA Tel: 01474 355967

Overcliffe House

30-31 Overcliffe, Gravesend DA11 0EH

OP LDA YA Tel: 01474 323770

Pelham Manor

31 Pelham Road, Gravesend DA11 OHU

Tel: 01474 352591

Sheringham House

54 Old Road East. Gravesend DA12 1NR Tel: 01474 329807

PD LDA YA

Welcome House – Ruby Lodge

58 Pelham Road, Gravesend DA11 OHZ Tel: 01474 355594

MH



Gravesend care homes with nursing

Mayflower Care Home

Hartshill Road, Northfleet, Gravesend DA11 7DX **OP D PD SI YA** Tel: 01474 531030

Winchester House

180 Wouldham Road, Rochester ME1 3TR

OP D PD YA Tel: 01634 624164 Advert page 58

Withens Nursing Home

Hook Green Road, Southfleet, Gravesend DA13 9NO

Tel: 01474 834109

OP

For information on different types of care home, see page 57.



Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

User Bands MH Mental health

Advertisers are highlighted

SI Sensory impairment YA Younger adults

Maidstone

Maidstone care homes

Aspen House

62 Buckland Road, Maidstone ME16 OSH

Tel: 01634 280703

Avenues South East - 492 Maidstone Road

Blue Bell Hill, Chatham ME5 9QN

LDA Tel: 01634 869716

Birling House

89 High Street, Snodland ME6 5AN

Tel: 01634 244689 **PD LDA**

Bowercroft Care Ltd

5 Bower Mount Road, Maidstone ME16 8AX

OP D Tel: 01622 672623

Cedardale Residential Home

Oueens Road, Maidstone ME16 OHX

OP D Tel: 01622 755338

Chippendayle Lodge Residential Care Home

10 Chippendayle Drive, Harrietsham,

Maidstone ME17 1AD Advert outside back cover

OP D PD LDA YA Tel: 01622 859230

Church Lane

21 Church Lane, Bearsted, Maidstone ME14 4EF

Tel: 01622 730867

PD LDA

OP MH YA

Dickley Court

Dickley Lane, Lenham, Maidstone ME17 2DD

Tel: 01622 859216 OP D PD LDA SI YA

Eastfield •

76 Sittingbourne Road, Maidstone ME14 5HY

Tel: 01622 755153 OP D

Fairlawn Residential Home

327 Queens Road, Maidstone ME16 OET

OP D Tel: 01622 751620

Forge House

2 Podkin Wood, Walderslade, Chatham ME5 9LY

Tel: 01634 566552 LDA MH YA AD

Greenbanks Care Home

31 Buckland Road, Maidstone ME16 OSL

Tel: 01622 755859 OP D SI YA

Hillbeck Residential Care Home

Grove Residential Home, The

Roundwell, Bearsted, Maidstone ME14 4HN

6 Bower Mount Road, Maidstone ME16 8AU

Tel: 01622 737847 Advert outside back cover OP D YA

Loose Court

Tel: 01622 755292

Rushmead Drive. Maidstone ME15 9UD

Tel: 01622 747406 **OP D PD SI**

Lower Robin Hood Lane, 146

Walderslade, Chatham ME5 9LB

PD LDA YA Tel: 01634 200335

Lulworth House Dementia Residential Care Home

Oueens Avenue, Maidstone ME16 0EN

Tel: 01622 683231 OP D MH

Magnolia House

1 Cripple Street, Loose, Maidstone ME15 6BA

Tel: 01622 747677

LDA

Mont Calm Residential Home

72-74 Bower Mount Road, Maidstone ME16 8AT

Tel: 01622 752117

Oast, The

2 Plains Avenue, Maidstone ME15 7AT

Tel: 01622 752969 Advert outside back cover OP YA

Pilgrims View

Roberts Road, Snodland ME6 5HL

Tel: 01634 241906 Advert page 60

OP D YA

OP D

OP

Pilgrims Way Care Home with Nursing

10 Bower Mount Road.

Maidstone ME16 8AU

Tel: 01622 756635

OP D MH YA

Rectory House

The Old Rectory, Rectory Lane,

Harrietsham ME17 1HS

OP D PD LDA MH SI Tel: 01622 851114

Sapphire House

166 Tonbridge Road, Maidstone ME16 8SR

Tel: 01622 673776

PD LDA MH SI YA

PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia

AD People who misuse alcohol or drugs **User Bands** MH Mental health SI Sensory impairment YA Younger adults

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Maidstone care homes continued

Southlands

East Street. Harrietsham. Maidstone ME17 1HH

Tel: 01622 858713

Stonebridge House

496 Loose Road, Maidstone ME15 9UF

LDA MH SI YA Tel: 07806 808307

Tunbury Avenue

151 Tunbury Avenue, Chatham ME5 9HY

OP PD LDA SI YA Tel: 01634 671768

Vale Residential Care Home, The

191 Willington Street, Maidstone ME15 8ED

Tel: 01622 762332

Advert outside back cover

OP D YA

OP

Woodgate •

LDA

Oueens Road,

Maidstone ME16 OJG

Tel: 01622 677235 OP D PD LDA SI YA

For more information about different types of care homes, see page 57.

Maidstone care homes with nursing

Appleton Lodge

Royal British Legion Village, Aylesford ME20 7NF Tel: 01622 791056 **OP PD SI YA**

Ashley Gardens Care Centre

419 Sutton Road, Maidstone ME15 8RA

Tel: 01622 477160 Advert page 97 OP D YA

Barty House Nursing Home

Roundwell, Bearsted, Maidstone ME14 4HN

OP D PD SI YA Tel: 01622 737025

Betsy Clara Nursing Home

Courtenay Road, Tovil, Maidstone ME15 6UW

Tel: 01622 687523 OP D MH

Bradbury House

12 Milner Road, Aylesford ME20 7FU

Tel: 01622 791056 OP D PD LDA SI YA

Cavell Park Care Home

Eclipse Park, Sittingbourne Road,

Maidstone ME14 3EN

OP D YA Tel: 0808 168 6629 Advert page 64

Glenhurst Lodge

Virginia House, Vinters Road, Maidstone ME14 5DX OP D MH YA

Tel: 01372 744900

Hyllden Heights Care Home

140 Tonbridge Road, Hildenborough,

Tonbridge TN11 9HJ

Tel: 01732 443030 **OP D PD SI YA** **Invicta Court**

Invicta Court, Gidds Pond Way, Weavering,

Maidstone ME14 5FY

Tel: 01622 808556 OP D

Loose Valley Nursing Home

15 Linton Road, Loose, Maidstone ME15 OAG

Tel: 01622 745959

Lukestone Dementia Nursing Home

7 St Michaels Road, Maidstone ME16 8BS

Tel: 01622 755821 OP D

Maidstone Care Centre

259 Boxley Road, Maidstone ME14 2AR

OP D Tel: 01622 672292

Maplewood Court Care Home

Northumberland Road, Maidstone ME15 7TA

Tel: 01622 427490 OP D PD SI YA

Pilgrims Way Care Home with Nursing

10 Bower Mount Road, Maidstone ME16 8AU

OP D MH YA Tel: 01622 756635

Poplars Care Centre

158 Tonbridge Road, Maidstone ME16 8SU

OP D PD LDA MH SI AD Tel: 0844 472 5179

Sutton Valence Care Home

Maidstone Road, Sutton Valence,

Maidstone MF173IW

Tel: 01622 588305 Advert page 58

OP YA

PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia

SI Sensory impairment **YA** Younger adults **User Bands** MH Mental health AD People who misuse alcohol or drugs

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Staplehurst care homes

Abbotsleigh Dementia Nursing and Residential Care Home

George Street, Staplehurst TN12 ORB Tel: 01580 891314

OP D

Gresham House

Station Road, Staplehurst TN12 OPZ Tel: 01580 895150

LDA SI YA

Hedgerows, 1 and 2

1-2 Station Road, Staplehurst TN12 000 **OP PD LDA SI YA** Tel: 0300 042 2633

Sobell Lodge

- Care Home Physical Disabilities

High Street, Staplehurst TN12 OBJ Tel: 01580 893729

OP PD LDA YA

Staplehurst care homes with nursing

Abbotsleigh Dementia Nursing and Residential Care Home

George Street, Staplehurst TN12 ORB Tel: 01580 891314

Iden Manor Nursing Home

OP D

Cranbrook Road, Staplehurst, Tonbridge TN12 OER **OP D PD LDA SI YA** Tel: 01580 891261

Staplehurst Manor Bupa Care Home Frittenden Road, Staplehurst,

Tonbridge TN12 ODG

Tel: 01580 848778 Advert page 65

OP PD

See page 67 for more information on paying for care homes in Kent.





Ashley Gardens is a warm and relaxed care home offering high quality nursing, respite and dementia care within a modern property in the town of Maidstone.

You can depend on our dedicated team of nurses, carers and support staff to cater for your every need. We'll take the time to get to know you so we can focus on the little details that matter most to you.

01622 477160 healthcarehomes.co.uk



Service User Bands **OP** Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

MH Mental health

Sevenoaks

Edenbridge care homes

Edenbridge Manor Care Home

Mont St. Aignan Way, Edenbridge TN8 5FA
Tel: 01732 492150 **Advert pages 62, 63 OP D PD SI YA**

Falconer's Court

High Street, Edenbridge TN8 5NW Tel: 01732 866407

OP D PD LDA MH SI YA

HF Trust - Phillippines Close

Phillippines Close, Edenbridge TN8 5GN Tel: 01732 782700

OP LDA YA

Stanholm Residential Care Home for the Elderly

Mill Hill, Edenbridge TN8 5DB Tel: 01732 863748

OP YA

Sevenoaks care homes

Alpine Care Home

10 Bradbourne Park Road, Sevenoaks TN13 3LH Tel: 01732 455537 OP D PD SI

Chipstead Lake – Care Home Physical Disabilities

Chevening Road, Chipstead, Sevenoaks TN13 2SD
Tel: 01732 459510

OP PD LDA YA

Emily Jackson Close, 1-3

Eardley Road, Sevenoaks TN13 1XH Tel: 07586 092462

OP PD LDA

Lavender Fields

High Street, Seal, Sevenoaks TN15 OAE

Tel: 01732 443177 **Advert page 101**

OP D PD SI

Rivermere Retirement

and Care Home

64-70 Westerham Road, Bessels Green,

Sevenoaks TN13 2PZ Tel: 01732 492025 Advert pages 62, 63
OP D PD MH SI YA

Rockdale House

Rockdale Lodge, Rockdale Road, Sevenoaks TN13 1JT Tel: 01732 454763

OP

Westerham Place Residential Care Home

Westerham Place, Quebec Square, Westerham TN16 1TD Tel: 01959 565805

OP

Sevenoaks care homes with nursing

See page 97 for the Service User Bands key

Emily Jackson House

Emily Jackson Close, Eardley Road,

Sevenoaks, TN13 1XH

Tel: 01732 622687 **Advert page 58 OP D PD**

Gloucester House

Lansdowne Road, Sevenoaks TN13 3XU

Tel: 01732 905849 **Advert page 101 OP D PD SI YA**

Harpwood Care Home

Seven Mile Lane, Wrotham Heath, Sevenoaks TN15 7RY

Tel: 01732 882282 Advert page 99

OP D PD

Holywell Park

Hodsoll Street, New Ash Green, Sevenoaks TN15 7LE Tel: 01732 822215 **Advert below**



RESIDENTIAL NURSING HOME

Holywell is a lovely care home for the elderly set in the stunning Kent countryside. We pride ourselves on providing our wonderful residents with a friendly, relaxed and caring environment. Nursing care is provided by registered nurses 24 hours a day and everyone is well looked after and taken care of.

Independent living is coupled with 24 hour support at Holywell Park, allowing our residents to live their own lives while enjoying the nursing care they need, when they need it. Get in touch for more information.

admin@holywellpark.com www.holywellpark.com



L 01732 822 215

Harpwood House

Care Suites

Relationship Centred Care™



Care and accommodation for people with nursing needs

Choice of Social Groups

There are a number of communal areas within the building so that people can live together in socially compatible groups.

Staffing

All staff have specialised care training and are supported to provide personalised care in a "family" atmosphere.

Social Programme

As part of our Relationship Centred Care ethos, we work with residents and their families to understand their backgrounds and interests. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment

Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.harpwoodhouse.co.uk

Tel: 01732 882 282 • Email: enquiries@harpwoodhouse.co.uk Seven Mile Lane, Wrotham Heath, Sevenoaks, Kent, TN15 7RY



care but they focus on the tiny details that make each day special for every resident.

From always keeping things clean and tidy, to offering support with hobbies and interests, our Homemakers ensure that Nesbit House is a luxury care home with a heart.

Find out more about our award-winning Homemakers and the exceptional features which set Nesbit House apart from the standard care home – contact us to arrange your visit:

Nesbit House: 01959 580 220 | Orpington Bypass, Badgers Mount, Sevenoaks, Kent TN14 7AG

enquiries@hamberleycarehomes.co.uk | www.hamberleycarehomes.co.uk



Kippingtons Nursing Home

Grange Road, Oak Lane, Sevenoaks TN13 2PG

Tel: 0808 223 5356 Advert page 102

Nesbit House Care Home

Orpington By Pass, Badgers Mount,

Sevenoaks TN14 7AG

Tel: 01959 580220 **Advert page 100**

OP D

Manordene

Forge Lane, West Kingsdown, Sevenoaks TN15 6JD

Tel: 01474 855519 OP D PD YA **Weald Heights**

OP D

Bourchier Close, Sevenoaks TN13 1PD

Tel: 0333 321 8295

OP D YA

Shepway

Folkestone care homes

Arthur Court

22-24 Christ Church Road. Folkestone CT20 2SL

Tel: 01303 258777 MH YA

Blythson Ltd - 33 St John's Church Road

Blythson Ltd - 5 Ashley Avenue

Folkestone CT19 5BH

Folkestone CT19 4PX

Tel: 01303 252787

LDA Tel: 01303 252787

Ashley Avenue, 95

Folkestone CT19 4PI

OP PD LDA MH YA Tel: 01303 266453

Brampton Lodge

4 Dixwell Road, Folkestone CT20 2LG

Tel: 01303 258227

OP

LDA

Blythson Ltd - 3 Ashley Avenue

Folkestone CT19 4PX

Tel: 01303 252787 LDA

Care decisions can be daunting.





At Greensleeves Care, we understand that.

That's why, when you join one of our homes, you can try for 6 weeks before committing. You have peace of mind knowing we will never ask you to leave if your funds run out. And you get the satisfaction that every penny goes towards delivering 24/7 care and supporting a charity.

Ready to find out more? Call your local Greensleeves Care home today.

01732 905 849

Lansdowne Road, Sevenoaks TN13 3XU

01732 443 177

High Street, Seal, Sevenoaks TN15 0AE

01892 352 748

Mount Ephraim, Tunbridge Wells TN4 8BU











Folkestone care homes continued **Broadmeadow** Magenta Park Farm Road, Folkestone CT19 5DN 31 St Johns Church Road, Folkestone CT19 5BH Tel: 0300 041 2626 OP D PD YA Tel: 01303 252787 **Broadstreet House Maple House** 32 Julian Road, Folkestone CT19 5HW Broadstreet, Lyminge, Folkestone CT18 8DZ Tel: 01303 251618 Tel: 01303 862448 LDA Millfield House Burnham • 16 Millfield, Folkestone CT20 1EU 19 Julian Road, Folkestone CT19 5HW Tel: 01303 226446 **OP PD LDA YA OP PD LDA YA** Tel: 01303 221335 **Pelham House** Camelot Lodge 5-6 Pelham Gardens, Folkestone CT20 2LF 19 Christchurch Road, Folkestone CT20 2SL Tel: 01303 252145 Tel: 01303 251215 MH YA Ravenlea **Carlile Lodge** 11 Ravenlea Road, Folkestone CT20 2JU 17 Grimston Avenue, Folkestone CT20 2QE Tel: 01303 255729 LDA Tel: 01303 250183 Sandgate Manor Cherries, The 46 Military Road, Sandgate, Folkestone CT20 3BH 30 Julian Road, Folkestone CT19 5HW Tel: 01303 244428 **OP PD LDA YA** LDA YA Tel: 01483 899135 Seaview • Cumbria House Care Home 23 Old Dover Road, Chapel-le-Ferne, 84-86 Shorncliffe Road, Folkestone CT20 2PG Folkestone CT18 7HW **OP** Tel: 01303 254019 Advert inside front cover **OP LDA MH YA** Tel: 01303 246404 Finn Farm Lodge St Claire's Care Home 2 Bathurst Road, Folkestone CT20 2NJ 18-24 Claremont Road, LDA YA Tel: 01303 252821 Folkestone CT20 1DQ Grange Care Home, The Tel: 01303 254897 22 Cornwallis Avenue, Folkestone CT19 5JB St Heliers Hotel Tel: 01303 252394 Advert inside front cover OP 25-26 Clifton Gardens, Folkestone CT20 2EF **Grimston House** Tel: 01303 254980 16 Grimston Gardens, Folkestone CT20 2PU Tanglewood • OP Tel: 01303 244958 252 Canterbury Road, Hawkinge, **Grosvenor Court** Folkestone CT18 7AY 15 Iulian Road, Folkestone CT19 5HP Tel: 0203 137 2273 LDA Tel: 01303 221480



Service **OP** Older people (65+) **D** Dementia PD Physical disability LDA Learning disability, autism **User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs Member of the Kent Integrated Care Alliance (KiCA) Advertisers are highlighted

Hatfield Lodge

Tel: 01303 253253

Laburnum House

Tel: 01303 227192

1-3 Trinity Gardens, Folkestone CT20 2RP

41 Grimston Avenue, Folkestone CT20 2QD

LDA

LDA YA

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PD LDA YA

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OP D YA

LDA YA

Hawkinge House

Care Suites

Relationship Centred Care™



Care and accommodation for people with nursing needs

Choice of Social Groups

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All staff have specialised care training and are supported to provide personalised care in a "family" atmosphere.

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Specialist Equipment

Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.hawkingehouse.co.uk

Tel: 01303 890100 • Fax: 01303 890103 • Email: enquiries@hawkingehouse.co.uk Hurricane Way, Hawkinge, Kent CT18 7SS

Folkestone care homes continued

Tristford •

7 Radnor Park West, Folkestone CT19 5HJ

Tel: 01303 241720 **OP PD LDA YA**

Tudor Lodge

18-20 Manor Road, Folkestone CT20 2SA

Tel: 01303 251195

Turketel Road

8 Turketel Road, Folkestone CT20 2PA

Tel: 01303 256516

LDA YA

Westview

OP D

2 Marten Road, Folkestone CT20 2JR

Tel: 01303 245629

Tel: 01303 850727

LDA YA

OP

OP

Folkestone care homes with nursing

Folkestone Care Centre

52-56 Shorncliffe Road, Folkestone CT20 2NB

Tel: 01303 765700 Advert page 60 OP D PD SI YA

Wells Lodge Nursing Home

Wells House Nursing Home

60 Earls Avenue, Folkestone CT20 2HA

Radnor Cliff Crescent, Folkestone CT20 2JQ

Tel: 01303 850898

Hawkinge House
Advert page 104

Hurricane Way, Hawkinge, Folkestone CT18 7SS

Tel: 01303 890100 OP D PD MH YA

Hawkinge House Proactive Assessment Unit

1 Hurricane Way, Hawkinge,

Folkestone CT18 7SS Advert page 104

Tel: 01303 890100 OP D PD SI YA





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Q

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
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- Information on care quality
- Links to inspection reports
- · Additional information, photos and web links
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CareChoices

User Bands MH Mental health

Service

OP Older people (65+) **D** Dementia

SI Sensory impairment YA Younger adults

PD Physical disability LDA Learning disability, autism

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Abbey Lodge Residential Home •

91 Seabrook Road, Hythe CT21 5QP Tel: 01303 265175 Advert below left

OP YA

OP

LDA

OP YA

Highfield Residential Rest Home

77 Seabrook Road, Hythe CT21 5QW Tel: 01303 267036

OP

Bradwell House

14 Brockhill Road, Hythe CT21 4AQ Tel: 01303 239439

PD LDA MH YA

Seabrook Road, 24

Hythe CT21 5NA Tel: 01303 230772

Seabrook Road, 26

LDA MH YA

Cornerways Residential Home

1 Tanners Hill, Hythe CT21 5UE Tel: 01303 268737

OP D

Hythe CT21 5NA

PD LDA MH YA Tel: 01303 266453

Elm Lea Residential Care Home

17 Bartholomew Lane, Hythe CT21 4BX Tel: 01303 269891

Tynwald Residential Home

Hillside Street, Hythe CT21 5DJ

OP YA

HF Trust - Lympne Place (High Trees and The Beeches)

Aldington Road, Lympne, Hythe CT21 4PA Tel: 01303 260453

Villa Maria

53 Seabrook Road. Hythe CT21 5QE

Tel: 01303 266723

Tel: 01303 267629

OP D PD SI

Hythe care homes with nursing

Balgowan Nursing Home Advert page 107

46 Bartholomew Lane, Hythe CT21 4BX

Tel: 01303 765544

Hythe View

Advert page 107

91 North Road, Hythe CT21 5ET

Tel: 01303 765544

Tel: 01303 765544

OP YA

Saltwood Care Centre

OP D PD SI YA

Advert page 107

Tanners Hill, Hythe CT21 5UQ

St Margaret's Nursing Home

20 Twiss Avenue, Hythe CT21 5NU Tel: 01303 267557

OP YA





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- Family run home with experienced staff and management
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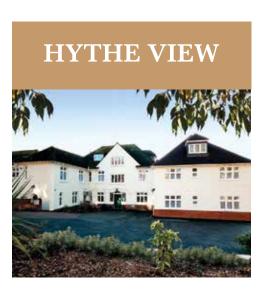
E: info@abbeyresthome.co.uk

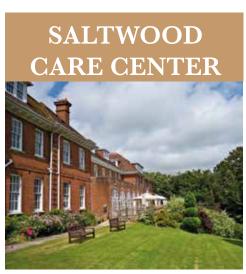
91 Seabrook Road, Hythe, Kent CT21 5QP (01303 265 175)

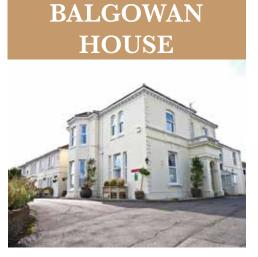




Hythe Care Homes are independent providers of Residential and Nursing Care, offering a safe and friendly environment for all our residents.







Please contact us on:

01303 765544

www.hythecare.com

Beechcare

Brightcare

99 Dunes Road, Greatstone, New Romney TN28 8SW Tel: 01797 362121 PD LDA

20 Taylors Lane, St Mary's Bay, Romney Marsh TN29 0EU Tel: 01797 366866

LDA

Cotswold Lodge

Coast Road, Littlestone, New Romney TN28 8QY
Tel: 01797 367453 **OP LDA YA**

Eden Cottage

6 The Oval, Dymchurch, Romney Marsh TN29 OLR Tel: 01303 872686 LDA YA

Fairways Residential Home

Madeira Road, Littlestone, New Romney TN28 8QX
Tel: 01797 362336

OP D PD SI YA

Fieldside View

Dennes Lane, Lydd TN29 9PU
Tel: 01797 321612
LDA YA

Foam, The

3 Chapel Road, Dymchurch, Romney Marsh TN29 OTD Tel: 01303 875151

PD LDA MH YA

PD LDA

OP D MH

Homeleigh Farm

Dungeness Road, Lydd TN29 9PS

Tel: 01797 321506 LDA MH YA

Littlecroft

132-134 Dunes Road, Greatstone, New Romney TN28 8SP Tel: 01797 367549

_ . . _ . _ _ .

Madeira Lodge Care Home

Madeira Road, Littlestone-on-Sea, New Romney TN28 8QT Tel: 01797 363242

Old Rectory Residential Home, The

New Hall Close, Dymchurch, Romney Marsh TN29 OLE

Tel: 01303 874470 **OP D PD MH SI YA**

Old School House

Church Lane, New Romney TN28 8ES

Tel: 01797 366477

Paddock, The

80 High Street, Lydd, Romney Marsh TN29 9AN

Tel: 01797 321292 LDA YA

Palm Care

12 Hardy Road, Greatstone, New Romney TN28 8SF Tel: 01797 367006

Peacock House

Dennes Lane, Lydd TN29 9PU
Tel: 01797 320088 OP D LDA MH YA

Rosecroft

71 Meehan Road, Greatstone, New Romney TN28 8NZ Tel: 01797 361601

Seabourne House

61 Seabourne Way, Dymchurch, Romney Marsh TN29 OPX

Tel: 01303 875154 LDA YA

Seabreezes

61 Meehan Road, Greatstone, New Romney TN28 8NZ Tel: 01797 369150 OP PD MH SI

St Brannocks

Dymchurch Road, New Romney TN28 8UF
Tel: 01797 366663
LDA MH SI YA

Tamarisk

48 Leonard Road, Greatstone, New Romney TN28 8RX Tel: 01797 364562 OP PD LDA SI YA

CARNALEA

Quality Residential Care for the Elderly in Faversham



Carnalea is a warm friendly caring home, tastefully decorated with well-tended spacious gardens. Our dedicated staff provides 24 hour high quality care and support, helping you achieve a comfortable degree of independence whilst preserving your privacy and dignity. Meals are prepared by our own experienced chef who caters for special dietary needs.

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- \bullet Library facilities \bullet Assisted baths/showers \bullet Lift to all floors
- Seasonal menu In-house entertainment Activities co-ordinator
 - Doctors Dentist Optician Chiropodist Hairdresser Attending clergy

Carnalea has a well-deserved good reputation and is conveniently situated for approach by both road and rail. We welcome your personal inspection at any time.

Long and Short Stay or Respite Care

5-9 London Road, Faversham, Kent ME13 8TA Tel: 01795 532629 Fax: 01795 532653 Email: eldercare@carnalea.com www.carnalea.com

Romney Marsh care homes with nursing

Bethany House Care Home

30 Eastbridge Road, Dymchurch TN29 OPG Tel: 01303 875199

Bethany Lodge

35 Eastbridge Road, Dymchurch, Romney Marsh TN29 OPG Tel: 01303 872289

Creedy House

Nether Avenue, Littlestone-on-Sea. New Romney TN28 8NB Tel: 01797 362248

OP D PD

Lindau Residential Home

104 Littlestone Road, New Romney TN28 8NH

OP D YA Tel: 01797 364371

Swale

Faversham care homes

Ashurst House

9 Briton Road, Faversham ME13 8QH Tel: 01795 590022

OP PD LDA

Canterbury House Care Home

Tettenhall Way, Faversham ME13 8YQ

Tel: 01795 718740

Carnalea Residential Home

5-9 London Road, Faversham ME13 8TA

Tel: 01795 532629 Advert page 108

OP D YA

PD

PD SI YA

OP D YA

Tel: 01227 373292

Kent Autistic Trust, The − 9 Perrys Close •

Faversham ME13 7BX Tel: 01634 405168

LDA

Lady Dane Farmhouse

Lady Dane Farmhouse, Love Lane, Faversham ME13 8BI

OP PD LDA SI YA

For more information about different types of care homes, see page 57.

Faversham care homes with nursing

Cooksditch House Nursing and Residential Home

East Street, Faversham ME13 8AN Tel: 01795 530156

OP PD SI YA

See the checklist on page 59 for useful suggestions of questions to ask when looking at care homes.



Service User Bands **OP** Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

MH Mental health

Advertisers are highlighted

SI Sensory impairment **YA** Younger adults

Sheerness / Isle of Sheppey care homes

Barton Court

New Road, Minster-on-Sea, Sheerness ME12 3PX
Tel: 01795 875394

OP D YA

Blackburn Lodge

The Broadway, Sheerness ME12 1TS Tel: 0300 042 0998

Island Residential Home, The

114 Leysdown Road, Leysdown-on-Sea, Isle of Sheppey ME12 4LH Tel: 01795 510271

Little Oyster Residential Home

Seaside Avenue, Minster-on-Sea, Sheerness ME12 2NJ

Tel: 01795 870608 PD LDA MH SI

Moordean

Oak Lane, Minster-on-Sea, Sheerness ME12 3QP Tel: 01795 351641

Tel: 01795 351641 LDA YA

Neptune House

8-10 Neptune Terrace, Sheerness ME12 2AW Tel: 01795 581660

Oak Avenue, 23

Minster-on-Sea, Sheerness, Isle of Sheppey ME12 3QT Tel: 01795 351641

my family our needs

www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

Oakdene Rest Home

165 Minster Road, Minster-on-Sea, Sheerness ME12 3LH

Tel: 01795 874985

OP D

Ocean Heights Residential Home

Seaside Avenue, Minster-on-Sea, Sheerness ME12 2NJ Tel: 07955 774686 OP D PD

Rose House

OP

OP D PD YA

LDA

42 The Street, Iwade, Sittingbourne ME9 8SJ
Tel: 01795 429454
LDA MH YA

St. Helens House

21 St. Helens Road, Sheerness ME12 2QY
Tel: 07882 710854

OP D PD LDA MH YA

Sunnyfields •

241 Queenborough Road, Minster-on-Sea, Sheerness ME12 3EW

Tel: 01795 665077 **OP PD LDA MH SI YA**

Welcome Home

Cliff View Gardens, Warden Bay, Sheerness ME12 4NH

Tel: 01795 510884 **OP D PD LDA SI YA**

Willows Residential Care Home

The Broadway, Minster-on-Sea, Sheerness ME12 2DE

Tel: 01795 874975 **OP**

Winchester House

455 Minster Road, Minster-on-Sea, Sheerness ME12 3NS

Tel: 01795 871160 PD LDA YA

Sittingbourne care homes

Aspley House

204 London Road, Sittingbourne ME10 1QA

Tel: 01795 438856 LDA YA

Beechfields

Conyer Road, Teynham, Sittingbourne ME9 9ET Blair Park Residential Care Home

2 Beechwood Avenue, Crown Road, Milton Regis, Sittingbourne ME10 2AL Tel: 01795 423695

23695 **OP D** YA

Advert outside back cover

Bridge House

115 Grovehurst Road, Sittingbourne ME10 2TA

Tel: 01795 520580 OP Tel: 01795 477966 LDA YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment VA Younger adults AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Sittingbourne care homes continued

Byfield Court

Sheppey Way, Bobbing, Sittingbourne ME9 8PJ

Tel: 01795 431685 PD LDA YA

Cartref House

22 London Road, Sittingbourne ME10 1NA

LDA YA Tel: 01795 477966

Court Regis

Middletune Avenue, Milton Regis, Sittingbourne ME10 2HT

OP D YA Tel: 01795 423485 Advert page 60

Ellens Court Care Home

Lady Margaret Manor Road, Doddington,

Sittingbourne ME9 ONT

Tel: 01795 651061 OP D PD LDA MH SI YA AD

Hanningfield Retirement Home Ltd

99 London Road, Sittingbourne ME10 1NR

OP Tel: 01795 479587

Hill Farm

15 Keycol Hill, Bobbing, Sittingbourne ME9 8LZ

OP PD LDA MH SI YA Tel: 01795 841220

Insight SBS Ltd – 201 London Road

Sittingbourne ME10 1PA

LDA YA Tel: 01795 438856

Insight Teynham

5 London Road, Teynham, Sittingbourne ME9 9QW

Tel: 01795 521122 LDA YA **Orchard Cottage**

Keycol Hill, Newington, Sittingbourne ME9 8NE

Tel: 01795 424823 LDA YA

Pine Lodge Care

26-32 Key Street, Sittingbourne ME10 1YU

OP D Tel: 01795 423052

Rhyme House

9-11 Chaucer Road, Sittingbourne ME10 1EZ

Tel: 01795 439744 PD LDA MH SI YA

School Lane

35 School Lane, Iwade, Sittingbourne ME9 8SE

Tel: 01634 869200 PD LDA MH YA

Sheerstone, 6a

6a Sheerstone, Iwade, Sittingbourne ME9 8RN

LDA Tel: 01634 869200

Ulcomb House

24 London Road, Sittingbourne ME10 1NA

Tel: 01795 412230 LDA YA

Welcome House - The Cedars

2 Hartlip Hill, Hartlip, Sittingbourne ME9 7PA

Tel: 01795 843837 MH

Woodstock Dementia and Residential Care Home

80 Woodstock Road,

Sittingbourne ME10 4HN

OP D Tel: 01795 420202

Sittingbourne care homes with nursing

Elvy Court Care Home Advert pages 62, 63

200 London Road, Sittingbourne ME10 1QA

OP D PD SI YA Tel: 01795 374478

Hengist Field Care Centre

Hengist Field, Borden, Sittingbourne ME9 8FH

OP D PD SI Tel: 01795 473880

Newington Court

Keycol Hill, Newington, Sittingbourne ME9 7LG

OP D PD YA Tel: 01795 334085 Advert page 58

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

SI Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

User Bands MH Mental health

Thanet

Birchington care homes

Beach House

1 Beach Avenue, Birchington CT7 9JS

Tel: 01843 845922

OP LDA MH YA

Spencer House

Spencer Road, Birchington CT7 9EZ

Tel: 01843 841460

OP D PD

Grenham Bay Court

Cliff Road, Birchington CT7 9JX

Tel: 01843 841008

OP

81 Epple Bay Road, Birchington CT7 9EW

Tel: 01843 842574

Springfield House

PD LDA YA

Highfield Residential Home

51 Alpha Road, Birchington CT7 9EG

Tel: 01843 842116

OP

A countywide list of home care providers starts on page 29.

Broadstairs care homes

Bradstowe Lodge

22 Victoria Parade, Broadstairs CT10 1QL

Tel: 01843 861962

OP

Kent House Residential Home

Fairfield Road, Broadstairs CT10 2JZ

Tel: 01843 602720

OP D

Cleveland House

20a Granville Road, Broadstairs CT10 1QB

Tel: 01843 866509

OP LDA YA

Port Regis

Convent Road. Broadstairs CT10 3PR

Tel: 01843 602266

OP D YA

Deer Park Care Centre

Detling Avenue, Broadstairs CT10 1SR

Tel: 01843 868666

OP LDA MH

Wychdene Care Home

19 Callis Court Road, Broadstairs CT10 3AF

Tel: 01843 865282

OP D

Broadstairs care homes with nursing

Maurice House

Callis Court Road, Broadstairs CT10 3AH

Tel: 01843 603323

OP

LDA

See the checklist on page 59 for useful questions to ask when looking at care homes.

Margate care homes

Aquarius Lodge

20 Approach Road, Cliftonville, Margate CT9 2AN Tel: 01843 292323 OP D

Avenues Care Centre, The

1-5 First Avenue, Cliftonville, Margate CT9 2LF

Tel: 01843 228761

OP D MH

Autumnville •

26 Friends Avenue, Margate CT9 3XE

Tel: 01843 225989

Avenues South East – 87 Westbrook Avenue

Margate CT9 5HB

Tel: 0208 308 2900

PD LDA

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Caretech Community Services (No 2) Ltd – 22 Prices Avenue

Cliftonville, Margate CT9 2NT Tel: 01843 293927

LDA

Chartwell House

 $26\ \mathsf{Draco}\ \mathsf{Drive}, \mathsf{Off}\ \mathsf{Star}\ \mathsf{Lane}, \mathsf{Broadstairs},$

Margate CT9 4FY Tel: 07534 123132

OP D PD SI Terrano

Claremont Care Home

6 Lower Northdown Avenue, Margate CT9 2NJ Tel: 01843 225117

OP D

Graywood Care Home

10 Northdown Avenue, Cliftonville, Margate CT9 2NL Tel: 01843 220797

Green Gables

6 Northdown Avenue, Margate CT9 2NL Tel: 01843 227770

OP

L and S Care Homes Ltd – 3 York Terrace

Birchington CT7 9AZ

Tel: 01843 843486

Maltreath Residential Care Home

23-25 Warwick Road, Cliftonville, Margate CT9 2JU Tel: 01843 221677 MH

North Lodge Care Home

47 St Peters Road, Margate CT9 1TJ

Tel: 01843 229390

Rosedene Residential Care Ltd

29-31 Westonville Avenue, Margate CT9 5DY Tel: 01843 220087

Sense – 89 Hastings Avenue

Margate CT9 2SQ

Tel: 01843 232767 PD LDA SI

Terrance House

7-19 Belgrave Road, Margate CT9 1XQ Tel: 01843 224879

79 **OP D MH SI YA AD**

Treetops Residential Home

3 Lower Northdown Avenue, Margate CT9 2NJ Tel: 01843 220826

OP

OP

Tulipa House

13 Shottendane Road, Margate CT9 4NA Tel: 01843 221600

OP D

Willows Care Centre, The

5-13 Second Avenue, Margate CT9 2LL

Tel: 01843 228570

OP D MH YA

Yoakley House Care Home

Drapers Close, Margate CT9 4AH Tel: 01843 223652

OP



Margate care homes with nursing

Ashcroft Nursing Home

Fairview Close, Cliftonville, Margate CT9 2QE

Tel: 01843 296626 **OP D PD SI**

Shottendane Nursing Home

Shottendane Road, Margate CT9 4BS

Tel: 01843 291888 **OP YA**

St Peters Home

26-28 St Peters Road, Margate CT9 1TH

Tel: 01843 291363 **OP D**

Westbrook House Integrated Care Centre

150 Canterbury Road, Westbrook, Margate CT9 5DD Tel: 0300 041 0312 OP D YA



Ramsgate care homes

Ashdene House

50-50a St Mildreds Road, Ramsgate CT11 0EF

PD LDA MH Tel: 01843 592045

Brenan House Residential Home

21 Vale Square, Ramsgate CT11 9DE

OP Tel: 01843 592546

Ebbsfleet House

Tubbs Lane, Ebbsfleet Lane, Ramsgate CT12 5DJ

Tel: 01304 613004 LDA

Keele House

176-178 High Street, Ramsgate CT11 9TS

Tel: 01843 591735

Martins

2 Ebbsfleet Lane, Ramsgate CT12 5DJ

Tel: 01843 823010

LDA

Montague House

10 Brockenhurst Road, Ramsgate CT11 8ED

Tel: 01843 599660

OP

OP D

Ramsgate Care Centre

66-68 Boundary Road, Ramsgate CT11 7NP

Tel: 01843 585444

Rose Farm House

Haine Road, Ramsgate CT12 5AG

Tel: 01843 583380

LDA

OP

Sense – 163 Newington Road

Ramsgate CT12 6QB

Tel: 01843 596896

LDA SI

Springville •

49A Manston Road, Apartment 1, Ramsgate CT11 ORH

Tel: 01843 309125

D LDA MH

Wantsum Lodge

32 St Mildreds Road, Ramsgate CT11 0EF

Tel: 01843 582666

OP D

Have you considered all housing options? See the information beginning on page 57.

Westgate-on-Sea care homes

Avondale House

25 Roxburgh Road, Westgate-on-Sea CT8 8RX

OP LDA MH YA Tel: 01843 606511

Dane End House

1 Dane End Road, Westgate-on-Sea CT8 8PH

PD LDA MH SI YA Tel: 01843 836372

Gordon Lodge Rest Home

43 Westgate Bay Avenue, Westgate-on-Sea CT8 8AH

OP PD YA Tel: 01843 831491

Ocean Swell

33 Sea Road, Westgate-on-Sea CT8 8SB

Tel: 01843 832362 Advert page 115 **OP PD**

Roxburgh House

29-31 Roxburgh Road,

Westgate-on-Sea CT8 8RX

User Bands MH Mental health

Tel: 01843 832022

OP PD

Westcliffe Villa

37a Sea Road, Westgate-on-Sea CT8 8QW

Tel: 01843 835669

PD LDA MH SI YA

Windsor House

18-20 St Mildreds Road, Westgate-on-Sea CT8 8RE

Tel: 01843 836055

OP LDA YA



Service

OP Older people (65+) **D** Dementia

SI Sensory impairment YA Younger adults

PD Physical disability LDA Learning disability, autism

AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Eaton Lodge Nursing Home

62 Westgate Bay Avenue, Westgate-on-Sea CT8 8SN **OP PD SI** Tel: 01843 832184

St Michael's Nursing Home

Elm Grove, Westgate-on-Sea, Margate CT8 8LH **OP D LDA** Tel: 01843 834917

West Gate, The

2-4 Canterbury Road, Westgate-on-Sea,





Tonbridge and Malling

Tonbridge care homes

Avenues South East – 288 Shipbourne Road •

Tonbridge TN10 3EX Tel: 0208 308 2900

LDA

Barnes Lodge

Tudeley Lane, Tonbridge TN11 0QJ Tel: 01732 369171

OP D MH SI YA

Capel Grange Residential Home

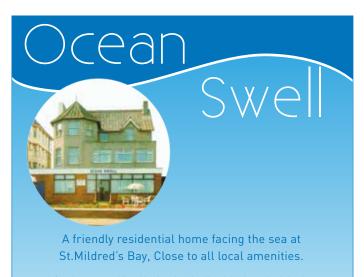
Maidstone Road, Five Oak Green, Tonbridge TN12 6SQ Tel: 01892 834225 Advert below right

Chestnut Lodge Care Home

18-20 London Road, Tonbridge TN10 3DA

Tel: 01732 362440

OP D



Caring specifically for both disabled and elderly people. Our care group also includes physically disabled clients under 65.

Facilities include single and double rooms, ground floor rooms & two TV lounges.

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01843 832362

oceanswellcare@btinternet.com

33 Sea Road, Westgate-On-Sea, Kent, CT8 8SB **KCC** Registered



Set in two acres of beautiful landscaped gardens, Capel Grange is an elegant country house offering homely accommodation with care tailored to your requirements. We offer: Long term, convalescent, respite and day care in single or double en suite bedrooms. Excellent cuisine, visiting professionals, activities and entertainment. The Cottage Wing offers a safe and calm environment for those with dementia.

Call us to arrange a visit or request a brochure 01892834225



Capel Grange, Maidstone Rd, Five Oak Green, Kent TN12 6SQ Email: Capelgrange@safequarter.com www.safequarter.com

Tonbridge care homes continued

Grange, The - Benenden

The Green, Benenden, Cranbrook TN17 4DN

Tel: 01580 240118 **OP LDA YA**

Hadlows, The

128-130 Hadlow Road, Tonbridge TN9 1PA

LDA YA Tel: 01732 770981

Hale Place Farmhouse

79 Old Road, East Peckham, Tonbridge TN12 5EN

OP D Tel: 01622 871081

Lavenders

Lavenders Road, West Malling ME19 6HP

Tel: 01732 844744 OP **Miramar Care Home**

165 Reculver Road, Beltinge,

Herne Bay CT6 6PX

Tel: 01227 235348 Advert pages 62, 63 OP D PD

St Peters Row Delarue Close

1-3 St Peters Row Delarue Close,

Shipbourne Road, Tonbridge TN11 9NN

Tel: 01732 771593

LDA

Wheatfield Drive

17 Wheatfield Drive. Cranbrook TN17 3LU

Tel: 01580 715249

OP LDA YA

Tonbridge care homes with nursing

Ashurst Park Care Home

Fordcombe Road, Fordcombe,

Tunbridge Wells TN3 ORD OP D PD YA Tel: 01892 709000

Barnes Lodge

Tudeley Lane, Tonbridge TN11 0QJ

OP D MH SI YA Tel: 01732 369171

Fountains Lodge Bupa Care Home

13-17 London Road, Southborough,

Royal Tunbridge Wells TN4 ORJ

OP D PD SI YA Tel: 01892 883705 Advert page 65

Tonbridge House Care Home

36 Quarry Hill Road, Tonbridge TN9 2RS

Tel: 01732 497596 Advert page 64

OP D YA

Westbank Care Home

64 Sevenoaks Road, Borough Green,

Sevenoaks TN15 8AP

Tel: 01732 780066

OP D PD YA

See the checklist on page 59 for useful questions to ask when looking at care homes.

Tunbridge Wells

Tunbridge Wells care homes

Aspens

Cornford Lane

Pembury, Tunbridge Wells TN2 4QU

Tel: 01892 822168

OP LDA YA

Beulah Lodge Rest Home Ltd

1 Beulah Road,

Tunbridge Wells TN1 2NP

Tel: 01892 548447

OP D PD MH SI

Birchwood House Rest Home

Stockland Green Road, Speldhurst, Tunbridge Wells TN3 OTU

Tel: 01892 863559 Advert page 118

Cornford House Advert page 117

Cornford Lane, Pembury, Tunbridge Wells TN2 4QS

Tel: 01892 820100

OP D PD MH SI YA

OP

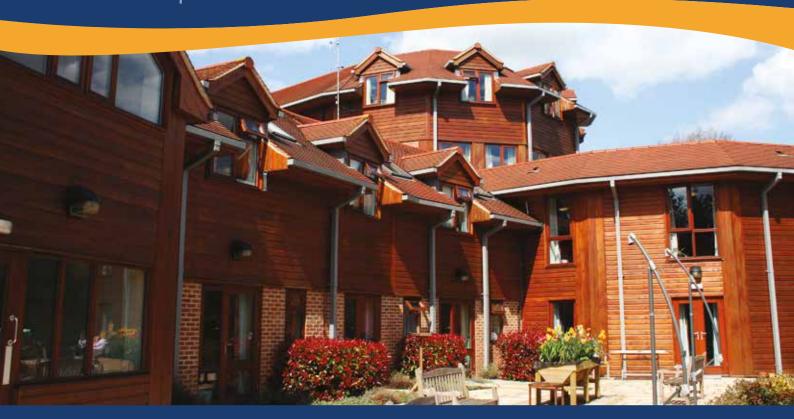
PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia **User Bands** MH Mental health **SI** Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Cornford House

Care Suites

Relationship Centred Care™



Care and accommodation for people with nursing needs

Choice of Social Groups

There are a number of communal areas within the building so that people can live together in socially compatible groups.

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Social Programme

As part of our Relationship Centred Care ethos, we work with residents and their families to understand their backgrounds and interests. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment

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Please visit our website or contact us for more information

www.cornfordhouse.co.uk

Tel: 01892 820100 • Fax: 01892 820590 • Email: enquiries@cornfordhouse.co.uk Cornford Lane, Pembury, Tunbridge Wells TN2 4QS

Tunbridge Wells care homes continued

Crossways Community

8 Culverden Park Road, Tunbridge Wells TN4 9QX **OP LDA MH YA** Tel: 01892 529321

Crossways Community – 71 London Road

Southborough, Tunbridge Wells TN4 ONS

Tel: 01892 515520 **OP LDA MH YA**

Garland House

2 Garlinge Road, Southborough, Tunbridge Wells TN4 ONR

Tel: 01892 532707 **OP YA**

Hartley House Care Home

Hartley Road, Cranbrook TN17 3QN

Tel: 01580 713139 OP D YA

Hazeldene House

Romford Road, Pembury, Tunbridge Wells TN2 4AY

Tel: 01892 826500 Advert page 119

OP D MH

Hollies Rest Home, The

14-16 Park Road, Southborough TN4 ONX **OP D PD SI** Tel: 01892 535346

OP D

Milward House

6 Madeira Park, Tunbridge Wells TN2 5SZ Tel: 0300 303 1460

Mount Ephraim House

Mount Ephraim, Tunbridge Wells TN4 8BU Tel: 01892 352748 Advert page 101 **OP D PD SI**

Rusthall Respite

Middle Field Court, Edward Road, Rusthall, Tunbridge Wells TN4 8RP **OP PD LDA SI YA** Tel: 0300 041 5220

Seven Springs

- Care Home Physical Disabilities

Pembury Road, Tunbridge Wells TN2 4NB Tel: 01892 531138 **OP PD LDA YA**

Tunbridge Wells care homes with nursing

Birkin Lodge

Camden Park, Hawkenbury, Tunbridge Wells TN2 5AE Tel: 01892 533747

OP D

Chamberlain Court

77 Mount Ephraim, Tunbridge Wells TN4 8BS

OP D PD SI YA Tel: 01892 618773

Cornford House

Cornford Lane, Pembury, Tunbridge Wells TN2 4QS Tel: 01892 820100

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OP D PD MH SI YA

Firtree House Nursing Home

User Bands MH Mental health

30 St James Road,

Tunbridge Wells TN1 2JZ

OP Tel: 0808 223 5356 Advert page 102

Halliwell

Service

Kingswood Road, Tunbridge Wells TN2 4UN Tel: 01892 525909

OP Older people (65+) **D** Dementia **SI** Sensory impairment **YA** Younger adults

OP

01892 863559

PD Physical disability LDA Learning disability, autism

Member of the Kent Integrated Care Alliance (KiCA)



Care is at the centre of everything we do

We are an independent family-run care home offering exceptional client-centred care for over 30 years. Birchwood House, a former manor house, is set in stunning grounds in Speldhurst and is known for its welcoming feel.

Our dedicated experienced staff provide a safe environment enabling residents to live fulfilling lives through engaging activities. All our residents are treated with kindness, dignity and respect.

Find out more about life at Birchwood House.



birchwoodhouse.org.uk

Hazeldene House

Care Suites

Relationship Centred Care™



Care and accommodation for people with nursing needs

Choice of Social Groups

There are a number of communal areas within the building so that people can live together in socially compatible groups.

Staffing

All staff have specialised care training and are supported to provide personalised care in a "family" atmosphere.

Social Programme

As part of our Relationship Centred Care ethos, we work with residents and their families to understand their backgrounds and interests. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment

Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.hazeldenehouse.com

Tel: 01892 826500 • Email: enquiries@hawkhursthouse.com Romford Road, Pembury, Nr Tunbridge Wells, Kent TN2 4AY

Hawkhurst House

Care Suites

Relationship Centred Care™



Care and accommodation for people with nursing needs

Choice of Social Groups

There are a number of communal areas within the building so that people can live together in socially compatible groups.

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Specialist Equipment

Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.hawkhursthouse.com

Tel: 01580 239170 • Email: enquiries@hawkhursthouse.com Cranbrook Road, Hawkhurst, Cranbrook, Kent TN18 5EF

Tunbridge Wells care homes with nursing continued

Hawkhurst House

Cranbrook Road, Hawkhurst, Cranbrook TN18 5EF Tel: 01580 239170 **Advert page 120 OP D PD YA**

Hawkhurst House PRU Ltd

Cranbrook Road, Hawkhurst, Cranbrook TN18 5EF
Tel: 01580 239170 Advert page 120 OP D PD SI YA

Hazeldene House

Romford Road, Pembury, Tunbridge Wells TN2 4AY
Tel: 01892 826500 **Advert page 119 OP D MH**

Larchmere House Nursing Home

Biddenden Road, Frittenden, Cranbrook TN17 2EN Tel: 01580 852335 **Advert right adjacent OP**

Little Court Care Home

26 Roopers, Speldhurst, Tunbridge Wells TN3 OQL Tel: 01892 863414 OP

Rusthall Lodge Care Home

Nellington Road, Rusthall, Tunbridge Wells TN4 8SJ Tel: 01892 556500 OP PD SI

Tunbridge Wells Care Centre

142 Upper Grosvenor Road, Tunbridge Wells TN1 2ED Tel: 01892 618721

OP D PD SI YA

Warwick Park Care Home

55 Warwick Park, Tunbridge Wells TN2 5EJ Tel: 01892 541434

OP



• 24 Hour Nursing Care

- Delicious home cooked food
- Daily Activities and regular outings
- Consistently 'Good' CQC Inspections



BIDDENDEN RD,

KENT TN17 2EN

FRITTENDEN,

01580 852335 • www.larchmere.co.uk info@larchmere.co.uk • Find us on Facebook

Useful local contacts

Kent County Council

County Hall, Maidstone ME14 1XQ

Tel: **0300 041 6161**

Text relay: 18001 0300 041 6161 Email: social.services@kent.gov.uk

Web: www.kent.gov.uk/social-care-and-health

Advocacy for All

The Civic Centre, St Mary's Road, Swanley BR8 7BU

Tel: **0345 310 1812**

Email: info@advocacyforall.org.uk Web: www.advocacyforall.org.uk

Age UK in Kent

Faversham and Sittingbourne

The Old Fire Station. Crescent Road ME13 7GU

Tel: 01795 532766

Web: www.ageuk.org.ukfavershamandsittingbourne

Hythe, Lyminge and Ashford

Sanford House Stade Street Hythe CT21 6BD

Tel: **01303 269602**

Web: www.ageuk.org.uk/ashford

Maidstone

Dairy Court, Fairview Farm, Linton Road ME15 OAL

Tel: **01622 753618**

Web: www.ageuk.org.uk/maidstone

Tunbridge Wells

Wood Street TN1 2QS

Tel: **01892 522591**

Web: www.ageuk.org.uk/tunbridgewells



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KiCA)

Alzheimer's and Dementia Support Services

Safeharbour Memory Wellbeing Centre, Coldharbour Road. Northfleet DA11 8AE

Tel: 01474 533990

Email: info@alz-dem.org
Web: www.alz-dem.org

24-hour dementia helpline

Tel: 0800 500 3014

Email: helpline@alz-dem.org

Web: www.alz-dem.org/urgent-support



Gateways to council services and advice

Ashford Gateway Plus

Church Road TN23 1AS Tel: **0300 041 6666**

Dover

69-71 Castle Street CT16 1PD

Tel: **01304 872199** (offices currently closed).

Edenbridge

The Eden Centre, Four Elms Road TN8 6BY

Tel: 0300 041 4010

Gravesham

Civic Centre. Windmill Street DA12 1AU

Tel: **01474 337000**

Sheppey

38-42 High Street ME12 1NL

Tel: **01795 417850**

Swanley Link

London Road BR8 7AE

Tel: 0300 042 1281

Tenterden

2 Manor Row, High Street TN30 6HP

Tel: 0300 041 6666

Thanet Gateway Plus

Cecil Street, Margate CT9 1RE

Tel: **01843 577000**

Tonbridge Castle

Castle Street TN9 1BG Tel: **01732 844522**

Healthwatch Kent

Aims to ensure that the views of the public are taken into account when health and social care services are planned for and provided.

Tel: **0808 801 0102**

Email: info@healthwatchkent.co.uk
Web: www.healthwatchkent.co.uk

Kent district councils

Ashford Borough Council

Web: www.ashford.gov.uk

Canterbury City Council

Web: www.canterbury.gov.uk

Dartford Borough Council

Web: www.dartford.gov.uk

Dover District Council

Web: www.dover.gov.uk

Folkstone & Hythe District Council

Web: www.folkestone-hythe.gov.uk

Gravesham Borough Council

Web: www.gravesham.gov.uk

London Borough of Bexley

Web: www.bexley.gov.uk

London Borough of Bromley

Web: www.bromley.gov.uk

Maidstone Borough Council

Web: www.maidstone.gov.uk

Medway Council

Web: www.medway.gov.uk

Sevenoaks District Council

Web: www.sevenoaks.gov.uk

Swale Borough Council

Web: www.swale.gov.uk

Thanet District Council

Web: www.thanet.gov.uk

Tonbridge and Malling Borough Council

Web: www.tmbc.gov.uk

Tunbridge Wells Borough Council

Web: www.tunbridgewells.gov.uk

Live Well Kent and Medway

A free service to help you improve your mental and physical health and wellbeing.

Tel: 0800 567 7699

Web: www.livewellkent.org.uk



Patient Advice and Liaison Service

Information for patients, their families and carers about health and local health services.

East Kent Hospitals University NHS

Foundation Trust

Tel: 01227 783145 • Email: ekh-tr.pals@nhs.net

Kent and Medway NHS and Social Care Partnership Trust

Tel: **0800 587 6757** (West Kent). Tel: **0800 783 9972** (East Kent).

Romney Marsh Community Hub

A Dementia and Me Co-Ordinator can visit you in your own home, free of charge, and can help you:

- develop personalised support for your individual needs;
- access social activities and services;
- offer active support to make living with dementia well a reality; and
- plan well for the future.

The Community Hub also runs Memory Cafés in New Romney, St Mary's Bay and Dymchurch. For more information, use the following contact details.

Sunflower House, Rolfe Lane, New Romney TN28 8JR Tel: **01797 363888**



Useful national contacts

Age UK

Tel: **0800 678 1602 •** Web: www.ageuk.org.uk

Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811** (10.00am to 10.00pm).

Email: helpline@al-anonuk.org.uk
Web: www.al-anonuk.org.uk

Alzheimer's Society

Tel: **0330 333 0804** (general enquiries).

Tel: **0333 150 3456**

(Dementia Connect support line). Web: www.alzheimers.org.uk

Association of Charitable Organisations

A national umbrella body for benevolent charities.

Tel: 0207 255 4480 • Email: info@aco.uk.net

Web: www.aco.uk.net

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.

Tel: **0121 415 6960**

Email: enquiries@bild.org.uk

Web: www.bild.org.uk

Care Choices

Free, independent assistance with finding care providers. Searchable website.

Web: www.carechoices.co.uk

Care Quality Commission

Independent regulator of care services in England.

Tel: 0300 061 6161 • Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk



Care Rights UK

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: **0207 359 8148 •** Email: **team@carerightsuk.org**

Web: www.carerightsuk.org

Carers Trust

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.

Tel: **0300 772 9600 •** Web: www.carers.org

Carers UK

The voice of carers.

Tel: 0808 808 7777 • Web: www.carersuk.org

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics.

Tel: **0800 144 8848**

Web: www.citizensadvice.org.uk

Dementia Adventure

Provides supported holidays for people with dementia as an alternative to traditional respite where partners, family, friends or carers can enjoy an outdoor break together. Holidays are usually five days long, can be bespoke, are subsidised and are available to anyone across the UK.

Tel: 01245 237548

Email: info@dementiaadventure.co.uk Web: https://dementiaadventure.org

Elderly Accommodation Counsel

Helps older people make informed choices about meeting their housing and care needs.

Web: www.housingcare.org

Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: **0207 730 8263**

Email: enquiries@fote.org.uk

Web: www.fote.org.uk

Homecare Association

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: 0208 661 8188

Email: helpline@homecareassociation.org.uk Web: www.homecareassociation.org.uk

Hourglass (formerly Action on Elder Abuse)

Works to protect, and prevent the abuse of, vulnerable older adults.

Tel: 0808 808 8141

Email: helpline@wearehourglass.org
Web: www.wearehourglass.org

Independent Age

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: 0800 319 6789

Email: advice@independentage.org
Web: www.independentage.org

My Family Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: www.myfamilyourneeds.co.uk

National Association for Providers of Activities for Older People (NAPA)

Promotes the importance of activities for older persons.

Tel: 01494 590421

Email: info@napa-activities.co.uk Web: https://napa-activities.co.uk

National Association of Funeral Directors

Web: www.nafd.org.uk

National Society of Allied and Independent Funeral Directors

Web: www.saif.org.uk

NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or

 require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' **18001 111**.

Playlist for Life

A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music. It also provides training for health and social care professionals looking to deliver person-centred care using personalised music.

Tel: 0141 404 0683

Email: info@playlistforlife.org.uk Web: www.playlistforlife.org.uk

SANE

SANEline: for advice on mental health issues. Tel: **0300 304 7000** (4.00pm to 10.00pm daily).

Email: support@sane.org.uk
Web: www.sane.org.uk

Silver Line, The

A 24-hour telephone befriending and advice line.

Tel: 0800 470 8090

Web: www.thesilverline.org.uk

Veterans' Gateway

The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.

Tel: 0808 802 1212

Web: www.veteransgateway.org.uk



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