Kent
Care Services Directory 2020/21

The essential guide to choosing and paying for care and support

In association with

www.carechoices.co.uk
At Ashwood Healthcare we are committed to providing quality care where we enable our residents to feel valued and loved with all the dignity they deserve, within a homely environment.

The Grange and Cumbria House Care Homes provide quality services and individual care to make our residents feel as much at home as possible. We offer modern standards of care and comforts whilst still preserving a very traditional and homely atmosphere.
## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>4</td>
</tr>
<tr>
<td>How to use this Directory</td>
<td></td>
</tr>
<tr>
<td>The local authority’s role</td>
<td>5</td>
</tr>
<tr>
<td>A message from Kent County Council</td>
<td></td>
</tr>
<tr>
<td>Kent Integrated Care Alliance</td>
<td>7</td>
</tr>
<tr>
<td>Helping to shape health and social care</td>
<td></td>
</tr>
<tr>
<td>Helping you to stay independent</td>
<td>7</td>
</tr>
<tr>
<td>Local services, equipment and solutions</td>
<td></td>
</tr>
<tr>
<td>Support from the council</td>
<td>12</td>
</tr>
<tr>
<td>First steps and assessment</td>
<td></td>
</tr>
<tr>
<td>Services for carers</td>
<td>15</td>
</tr>
<tr>
<td>Assessment, benefits and guidance</td>
<td></td>
</tr>
<tr>
<td>Care and support in the home</td>
<td>17</td>
</tr>
<tr>
<td>How it can help</td>
<td></td>
</tr>
<tr>
<td>Living with dementia at home</td>
<td>19</td>
</tr>
<tr>
<td>Family support, respite and services</td>
<td></td>
</tr>
<tr>
<td>Paying for care in your home</td>
<td>21</td>
</tr>
<tr>
<td>Understanding your options</td>
<td></td>
</tr>
<tr>
<td>Home care providers</td>
<td>25</td>
</tr>
<tr>
<td>A comprehensive list of local agencies</td>
<td></td>
</tr>
<tr>
<td>Housing with care</td>
<td>42</td>
</tr>
<tr>
<td>The different models available</td>
<td></td>
</tr>
<tr>
<td>Specialist services</td>
<td>43</td>
</tr>
<tr>
<td>Disability care, end of life care and advocacy</td>
<td></td>
</tr>
<tr>
<td>Care homes</td>
<td>47</td>
</tr>
<tr>
<td>Types of homes and activities explained</td>
<td></td>
</tr>
<tr>
<td>Paying for care</td>
<td>53</td>
</tr>
<tr>
<td>Understanding the system</td>
<td></td>
</tr>
<tr>
<td>Important information</td>
<td>56</td>
</tr>
<tr>
<td>Further help and information</td>
<td></td>
</tr>
<tr>
<td>Residential care in Kent</td>
<td>62</td>
</tr>
<tr>
<td>Comprehensive listings by region</td>
<td></td>
</tr>
<tr>
<td>Useful local contacts</td>
<td>118</td>
</tr>
<tr>
<td>Useful national contacts</td>
<td>120</td>
</tr>
<tr>
<td>Index</td>
<td>121</td>
</tr>
<tr>
<td>Specialist indices</td>
<td>129</td>
</tr>
<tr>
<td>Essential checklists</td>
<td></td>
</tr>
<tr>
<td>Assistive technology</td>
<td>9</td>
</tr>
<tr>
<td>Home care agency</td>
<td>23</td>
</tr>
<tr>
<td>Care homes</td>
<td>49</td>
</tr>
<tr>
<td>Residential dementia care</td>
<td>51</td>
</tr>
</tbody>
</table>

All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.

To obtain extra copies of this Directory, free of charge, call Care Choices on 01223 207770.

Alternative formats

This Directory is available electronically at www.carechoices.co.uk. The e-book is also Recite Me compatible for those requiring information in the spoken word.
Welcome to this edition of the independent Kent Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There’s a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local Adult Social Care department to establish your specific needs. This is free, irrespective of your income and available to all those who appear to need care and support. More details are provided on page 12. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a ‘self-funder’, with the means to pay for your care. This is discussed on page 21 for those paying for care at home and 53 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 10 and a list of local home care providers begins on page 25.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 42) or residential care. Comprehensive lists of care homes and care homes with nursing in Kent start on page 62.

There’s also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

**Finding care in your area**

Looking for care in your area? Want to know the quality rating of providers you’re considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service’s latest CQC inspection report and rating (see page 58), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function. Visit www.carechoices.co.uk
The local authority’s role

The home care providers, care homes and care homes with nursing listed in this Directory do not necessarily hold contracts with Kent County Council, nor have we reviewed and verified each of these providers and their services as listed in this Directory.

Kent County Council (KCC) has a responsibility to support people with specific needs to live independent and fulfilled lives safely in their local community. We do this by providing information, advice and guidance as well as support and services.

We offer support to the following groups of people who are over 18:

- people with physical disabilities;
- people with sensory disabilities;
- people with learning disabilities;
- older people;
- people who provide care and support to friends or family; and
- people supported by Children’s Social Services who are approaching 18 years old and may require support from Adult Social Care.

You might come into contact with Adult Social Care because:

- you are finding everyday activities difficult to manage due to age, disability or ill health;
- you are in hospital and have been assessed as needing adult social care to support your recovery at home;
- you are moving on from children’s social care and your care manager is arranging your support; or
- your doctor has referred you.

Once you have been referred or contacted us yourself, and you agree, we can complete a needs assessment. Once the assessment is completed we will work out if you are eligible for support from us. We do this by using guidelines and rules set by the Government. These rules are called ‘eligibility criteria’.

If we are able to provide support to you, we will discuss the options available. These may include:

- information and advice;
- equipment to help you stay safe at home, such as grab rails and bathing equipment;
- short-term intensive support in your home called ‘enablement’;
- activities during the day;
- support for carers; or
- short breaks (called ‘respite’) for you or someone who cares for you.

If we cannot support you, we will provide advice and information about organisations that may be able to assist you.

How to contact us:
Tel: 03000 416161
Text relay service: 18001 03000 416161
Email: social.services@kent.gov.uk
Web: www.kent.gov.uk/careandsupport

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Visit www.carechoices.co.uk for further assistance with your search for care
As an independent organisation, KiCA is well placed to engage with local authorities, commissioners, regulators and stakeholders, at a strategic level to influence policy on how care is sourced and delivered in Kent.

Ann Taylor, Chair of KiCA said "With legislation leading a more integrated approach to the provision of health and social care, it was felt that all providers would be better served by a single representative association that recognises the opportunities and challenges implicit in a market undergoing significant reform."

KiCA Members are nearly 200 strong and are committed to the delivery of high standards of care, to give a better outcome to those receiving care and support at home, or in a care home. Workforce development and improved pay and conditions will play an important role here. KiCA will look to deliver a Charter that encompasses the values of those in our members care.

You will find a broad spectrum of care providers listed within this directory. Sometimes the language used by care providers can be confusing. Many people will have had little or no experience of finding care for themselves or a loved one, and won’t know what questions to ask. All KiCA members are committed to clearly explaining how everything works and will answer any questions you might have clearly. It’s a good idea to ask for written confirmation of what you have discussed so you can refer back to this.

The new KiCA website will act as a support tool for the work being carried out by the association ensuring stakeholders are updated on the work being undertaken. This will help manage the engagement within the sector focusing on offering high quality care for those in need. More can be found at www.kica.care this will be updated regularly with insightful details on where we are operating with relation to people and providers of Kent.
Kent Integrated Care Alliance (KiCA) is a collaborative social enterprise helping to shape the future of social care and health in Kent and Medway.

KiCA is a lead advocate for over 200 member companies, and supports organisations such as care homes, care homes with nursing and home care agencies, as well as learning disability, mental health and physical disability providers across Kent and Medway.

KiCA continually promotes care excellence amongst its members and shares information on the emerging demands for care services.

KiCA members are provided with information on training opportunities, guidance on ensuring quality of care and details of financial savings on services and products through its selected partners. KiCA also holds regular member forums and events as well as hosting the Kent Care Awards.

To support its membership further, KiCA engages in discussions and consultations with council and health commissioners. This is so that the care sector in Kent develops and maintains meaningful relationships with the local authority, clinical commissioning groups, health and wellbeing boards, and voluntary organisations, ultimately ensuring members can provide a better quality of care to their clients.

KiCA members are supported to meet local authority contractual compliance and exceed national standards of care, but above all, members are always striving to provide the best quality of care to people who use services and their families.

Contact KiCA:
Email: info@kica.care
Web: www.kica.care
KiCA is relocating from September 2020. For the latest information, visit its website.

Helping you to stay independent

Services developed in partnership with the voluntary sector

In Kent, there are various voluntary and community organisations that offer preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:
- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers; and
- handyperson schemes.

Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing. There is a wide variety around the county, catering for older people, people with mental health conditions, learning disabilities and dementia.
Centres can be as important for carers as those attending as they allow for a regular break from caring.

To find out more about what is available locally, visit the Kent County Council website [www.kent.gov.uk](http://www.kent.gov.uk) and type ‘day centres’ into the search box.

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**Meals at home**

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

The following services might be able to provide meals in your home.

**Age UK**
Web: [www.ageuk.org.uk](http://www.ageuk.org.uk)

**apetito**
Tel: 01225 569405
Web: [www.apetito.co.uk](http://www.apetito.co.uk)

**Oakhouse Foods**
Tel: 0333 370 6700
Web: [www.oakhousefoods.co.uk](http://www.oakhousefoods.co.uk)

**Wiltshire Farm Foods**
Tel: 0800 077 3100
Web: [www.wiltshirefarmfoods.com](http://www.wiltshirefarmfoods.com)

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**Adapting your home**

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn’t become a burden is also sensible.

If you are not planning to move, think about adaptations that would make life easier now and later on.

**Home Improvement Agencies (HIAs)**

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including:

- information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyperson service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed, and they will normally offer to get estimates from one or more of their regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit [www.housingcare.org](http://www.housingcare.org)
Assistive technology checklist

We suggest you consider the following questions before buying any assistive technology. If you are in any doubt about what technology might help meet your needs, you can contact your council or visit https://asksara.dlf.org.uk

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

Does the equipment support your specific needs? ☐

Are you willing to use it? ☐

Will it fit into your everyday life and routine? ☐

Have you tried a demo of the equipment? ☐

Do you understand what the equipment is for? ☐

Do you need to take it with you when you leave the house? Is it transportable? ☐

Does the equipment have any limitations that would make it unsuitable for you? ☐

Will it work alongside any assistive technology you already have? ☐

Usability

Is a simpler piece of equipment available, e.g. a pill case rather than an automated pill dispenser? ☐

Does the equipment need a plug socket, and will its wire cause a trip hazard? ☐

Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? ☐

Are you able to use it? Are there any aspects you don’t understand? ☐

Is it portable? ☐

Reliability

Will it need to be installed by a professional? ☐

Can the retailer provide you with training in using the equipment? ☐

Will it work if you have pets or live with other people, e.g. could someone else set off a sensor alarm by accident? ☐

Have you read reviews of the particular piece of equipment you are looking at? Consider these before making your purchase. ☐

Can you speak to someone who already uses it? ☐

Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this. ☐

Is it durable? If you might drop it, is it likely to break? ☐

Cost

Do you know how much it costs? ☐

Will you need to pay a monthly charge? ☐

Are there alternative solutions that might be free? ☐

Is there a cost associated with servicing the equipment? ☐

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Visit www.carechoices.co.uk for further assistance with your search for care
Making life easier at home

If you’re having difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which might better suit your needs.

Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise.

If you can’t **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cold**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit [www.gov.uk/winter-fuel-payment](http://www.gov.uk/winter-fuel-payment)

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there’s even technology available so that you can turn your lights on and off using speech.

Use subtitles if you **can’t hear the TV**, or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.

Do you **forget to take your tablets**? Try making a note of when you’ve taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large handled cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

**Using taps** can be made easier by fitting tap turners. You could also consider changing to lever-style taps which might be easier for you to use.
If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it’s lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 17.

Clocks are available with large numbers or lights if you **can’t read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.

If it’s **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built in support frame if it’s **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

**Kent County Council**
Tel: 03000 416161
Email: social.services@kent.gov.uk
Web: [www.kent.gov.uk/careandsupport](http://www.kent.gov.uk/careandsupport)

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More information on staying independent and ideas to help you live at home can be found online at [www.carechoices.co.uk/staying-independent-at-home/](http://www.carechoices.co.uk/staying-independent-at-home/) There is also information on making larger adaptations to your home.

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[Visit www.carechoices.co.uk for further assistance with your search for care](http://www.carechoices.co.uk)
Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as ‘simple aids for daily living’.

The Disabled Living Foundation (DLF) provides a quick and easy to use online guided advice service called AskSARA, which can help anyone who finds that they have difficulties with everyday tasks.

Visit https://asksara.dlf.org.uk to learn more about possible solutions or see pages 10 to 11. Once you have identified equipment that might help with your support needs, use the checklist on page 9 to make sure it’s right for you.

Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured, that should an incident occur, they will know about it.

Some devices can also help monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you’re eligible through an assessment (see below), Kent County Council may be able to provide it for you.

Useful websites

Web: www.manageathome.co.uk
Web: https://asksara.dlf.org.uk
Web: www.livingmadeeasy.org.uk
Web: www.kent.gov.uk/alarms

Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe a number of ways in which eligible adults can receive a mixture of local authority and government money to pay for the care services they need without direct council involvement.

If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact Adult Social Care to arrange an assessment. Call 03000 416161.

Once Adult Social Care understands your care and financial needs, the next stage is to determine
what services you may be eligible for and who will pay for them.

The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found on page 21 if you are receiving home care and page 53 if you are moving into a care home.

**Personal Budgets**

If you are eligible for support from the council, you may be given a Personal Budget.

A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances. The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a ‘suitable person’;
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of the above.

Direct Payments can only be used to pay for the care and support agreed in your care and support plan.

**Managing a Direct Payment**

If you are eligible for financial support from the council, you can choose to have a Direct Payment. Having a Direct Payment gives you choice and control over how you organise, buy and manage your care and support. It must be used to buy services that you are assessed as needing. In Kent, your Direct Payment can be paid to you via a Kent Card, which works like a debit card. Alternatively, you can open a bank account just for your Direct Payment to be paid into.

For more information, contact the **Direct Payment Support Team** on 03000 413600 or visit **www.kentdp.co.uk**

**Assessments from hospital**

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers’ officers, mental health workers and housing officers.

Whatever services you need on discharge, Adult Social Care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

**Enablement**

Enablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You will need to have an assessment of your care needs to decide if you are eligible. If you are eligible, an enablement worker will support you for a limited period.

Enablement helps people to learn or re-learn daily living skills. It is not about doing things for you, it’s about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you money. For example, an enablement worker could
help you regain your confidence following a fall, or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. The enablement service may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from enablement. They can put you in touch with the right services if they feel that enablement will help you.

Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses.

This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered.

NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person’s own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a ‘primary health need’ and are likely to have complex medical needs and substantial or intense ongoing care needs. See page 53 for more information.

Personal health budgets

A personal health budget is an amount of money to support a person’s identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.
Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn’t be able to manage everyday life without their help. A carer doesn’t have to be living with the person they care for, and the help they give doesn’t have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;
- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.

Having a carers’ assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers’ assessment is an opportunity for people to tell the council what they need as a carer, and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The assessment can also give lots of information about other services that might help, and other ideas for support. The carer’s assessment will show if the carer qualifies for support from Adult Social Care. Visit www.kent.gov.uk/caringforothers for more information.

Carers’ Direct Payments

The carers’ Direct Payment is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

The amount a carer could get depends on their needs identified by their carer’s assessment. The money is not taxed, and it will not affect any benefits. Visit www.kentdp.co.uk for more information.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the person who is being cared for. If they have a Personal Budget for their own needs (see page 13) they could use that money to pay for it. A financial assessment of the person being cared for will...
confirm whether they need to pay towards the cost of this service.

Crossroads Care
Crossroads Care can provide carers with a break from caring if they are providing care or support to a family member or friend who is ill, elderly or has a physical or learning disability.
Tel: 03450 956701

Email: enquiries@crossroadskent.org
Web: www.crossroadskent.org

East
16 Reculver Road, Beltinge, Herne Bay CT6 6LE

West
The Oast, 170 Tonbridge Road, Wateringbury ME18 5NS

Benefits

Carers may want to explore whether they are entitled to Carer’s Allowance – currently £67.25 per week but this may change over the lifetime of this Directory.

Carers may also qualify for Carer’s Premium or Carer’s Credit depending on their eligibility. The Government’s website, www.gov.uk has more information on benefits, including carers’ benefits. Alternatively, contact a local carers’ organisation which may be able to help undertake a benefit check.

Imago – Wellbeing Matters
Provides adult carer support Dartford, Gravesham, Swanley and Swale.
Tel: 0300 011 1965
Email: navigation@imago.community
Web: www.imago.community/Adult-Support/Wellbeing-Matters-Navigation-and-Adult-Carers

Involve
Supporting carers in Maidstone, Tonbridge and Malling, Sevenoaks and Tunbridge Wells.
30 Turkey Court, Ashford Road ME14 5PP
Tel: 03000 810 005
Web: www.involvekent.org.uk

Carers FIRST – Kent
Tel: 0300 303 1555
Web: www.carersfirst.org.uk/kent

Kent Carer’s Emergency Card
The Kent Carer’s Emergency Card provides carers (over the age of 18) with peace of mind by enabling them to access emergency assistance around the clock.

The card doesn’t contain any personal details, just a unique registration number and the telephone number of the 24-hour service.

In an emergency, anyone can telephone the number on the card and quote the registration number. The contact centre uses this to access the carer’s pre-arranged emergency plan and puts it into action.

Visit www.kentcarersemergencycard.org.uk or contact your nearest support unit listed here for further information.

Imago
Dartford, Gravesham, Swanley and Swale.
Tel: 0300 011 1965

Involve
Maidstone, Tonbridge and Malling, Sevenoaks and Tunbridge Wells.
Tel: 0300 081 0005
Resource for those supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit www.myfamilyourneeds.co.uk

Care and support in the home

Carefully chosen home care with a good quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you’d like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting Adult Social Care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night.

A list of all home care agencies operating in Kent starts on page 25.

Finding the right support

This Directory offers a website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can be sent to you by post or email.

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Visit www.carechoices.co.uk for further assistance with your search for care
The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions
Get involved
Join the family

hello@myfamilyourneeds.co.uk • @WeAreMFON
If you are searching online, the results can be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function.

Whatever your care needs, this Directory and the Care Choices website will be able to point you in the best direction, however you would like care information presented. For more information, visit www.carechoices.co.uk

The Care Quality Commission (www.cqc.org.uk) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 58.

The United Kingdom Homecare Association (UKHCA) requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handymen or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers’ pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

For further help with choosing an agency, use the checklist on page 23.

Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, Adult Social Care and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers’ support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition.

When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;
- freedom from as much external stress as possible; and

Visit www.carechoices.co.uk for further assistance with your search for care
appropriate activities and stimulation to help them to remain alert and motivated for as long as possible. Visit [www.alzheimers.org.uk/get-support/daily-living](http://www.alzheimers.org.uk/get-support/daily-living) for more information.

### Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community.

Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia. See [www.dementiafriends.org.uk](http://www.dementiafriends.org.uk) for further information.

### Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as ‘respite care’ and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can involve the person with dementia attending a day centre or a care worker visiting the person’s home to enable the carer to have a break. Contact the council to see if you are eligible for support with arranging these services, see page 12.

### Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

### Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to a number of days. Contact the council or your local Alzheimer’s Society office for more details, see ‘Useful local contacts’ on page 118.

### Alzheimer’s Society

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 118 for contact details.

Alzheimer’s Society’s National Dementia Helpline
Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

The council calculates charges in accordance with national eligibility criteria set by the Government.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support you may be eligible to claim Attendance Allowance (AA), or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have. AA is payable to people over the age of 65 and PIP to those aged 16 to 64.

There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at www.gov.uk

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers that focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

The Money Advice Service
A free and impartial money advice service set up by the Government.
Tel: 0800 138 7777
Web: www.moneyadvice.org.uk

The Society of Later Life Advisers (SOLLA)
Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.
Web: www.societyoflaterlifeadvisers.co.uk

Further information on paying for care can be found beginning on page 53.
Search for care at www.carechoices.co.uk to find support in your area

"All the visiting carers have been lovely and have treated my father with great care. The whole team has been excellent and I would recommend them to anyone in our position."

Andrew, son
Audley Care customer

Care tailored to you
Audley Care Mote House & Willicombe Park

From companionship and general assistance to emergency, long-term and specialist care, our highly trained, discreet and friendly staff will help you with as little or as much as you want.

Contact us to find out more
01622 532 567 (Mote House)
01892 278 286 (Willicombe Park)
info@audleycare.co.uk
www.audleycare.co.uk

EXCEPTIONAL CARE
IN YOUR OWN HOME

Stay in the home you love
Our tailored services offer you and your loved ones extra support and peace of mind when you need it most.

The flexibility of care at home and one-to-one companionship is designed to enable you to live safely and independently in the comfort of your own home.

Our experience means that we understand everyone’s care needs are different. Finding the right type of care begins with identifying what’s important to you.

We provide companionship and support packages to our clients across the UK, each with their own requirements and we will work with you and your loved ones to get it just right.

As part of our premium service, we match our DCPs with you based on clinical need along with your likes, dislikes and hobbies. By providing fully-compliant care at home, we give you peace of mind and ensure you receive the best care most suited to you.

Speak to our friendly team on
08000 622 622 nursepluscareathome.com

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

• Find care providers quickly and easily
• Search by location and care need
• Information on care quality
• Links to inspection reports
• Additional information, photos and web links
• Brochure requests

We can provide support for:
- Elderly support and assistance
- Companionship
- Emergency care
- 24-hour care
- Respite care
- Mental health needs
- Physical and sensory impairments
- Learning disabilities
- Complex needs such as brain and spinal injuries

Nurseplus have been brilliant and are great at meeting my continuously changing needs, even at short notice.

With the flexibility of care at home and one-to-one companionship is designed to enable you to live safely and independently in the comfort of your own home.

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- 24-hour care
- Respite care
- Mental health needs
- Physical and sensory impairments
- Learning disabilities
- Complex needs such as brain and spinal injuries

Nurseplus have been brilliant and are great at meeting my continuously changing needs, even at short notice.
# Home care agency checklist

<table>
<thead>
<tr>
<th>Agency 1</th>
<th>Fees per week</th>
<th>Quality rating*</th>
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<tr>
<th>Agency 2</th>
<th>Fees per week</th>
<th>Quality rating*</th>
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<tr>
<th>Agency 3</th>
<th>Fees per week</th>
<th>Quality rating*</th>
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We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at [www.carechoices.co.uk/checklists](http://www.carechoices.co.uk/checklists).

## About the agency

<table>
<thead>
<tr>
<th>Question</th>
<th>Agency 1</th>
<th>Agency 2</th>
<th>Agency 3</th>
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<tbody>
<tr>
<td>How long has the agency been operating?</td>
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<tr>
<td>How long are staff allocated per visit?</td>
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<tr>
<td>Can you contact the agency in an emergency or outside office hours?</td>
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<tr>
<td>Does the agency have experience with your specific needs?</td>
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</table>

## Staff

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<tr>
<th>Question</th>
<th>Agency 1</th>
<th>Agency 2</th>
<th>Agency 3</th>
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<tbody>
<tr>
<td>Are you likely to be visited by different staff each day?</td>
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<tr>
<td>Are all staff checked with the Disclosure and Barring Service?</td>
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<tr>
<td>Will you be notified in advance if your care worker is on holiday or sick?</td>
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<tr>
<td>Are staff matched to you specifically, based on your needs and preferences?</td>
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<tr>
<td>Can you meet your care worker(s) before they start?</td>
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<tr>
<td>Does the agency have both male and female staff?</td>
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</table>

## Accommodating your needs

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<thead>
<tr>
<th>Question</th>
<th>Agency 1</th>
<th>Agency 2</th>
<th>Agency 3</th>
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<tbody>
<tr>
<td>Can the agency accommodate your needs if they increase? Ask about the process for this.</td>
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<tr>
<td>Does the agency have a training scheme in place?</td>
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<tr>
<td>Are all staff trained to a certain level?</td>
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<tr>
<td>Are staff able to help with administering medication if required?</td>
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<tr>
<td>Is there a way for staff to communicate with each other about the support they provide when they visit you? How?</td>
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</table>

## Regulation

<table>
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<tr>
<th>Question</th>
<th>Agency 1</th>
<th>Agency 2</th>
<th>Agency 3</th>
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<tbody>
<tr>
<td>Will your support plan be reviewed at regular intervals?</td>
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<tr>
<td>Can you see the agency’s contract terms?</td>
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<tr>
<td>Can you lodge a complaint easily?</td>
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<tr>
<td>Are complaints dealt with quickly?</td>
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<tr>
<td>Can you see a copy of the agency’s CQC registration certificate and quality rating?</td>
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</tbody>
</table>

## Notes

* See page 58

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
CARING IS OUR PASSION

If you or your loved ones are looking for good quality personalised care and support within the comfort of your own home, please contact us now.

4Life Healthcare is a family run home care agency with a wealth of experience, knowledge, skills and compassion. With affordable calls from 1-hour calls to 24-hour care.

We pride ourselves on offering dignified care to suit you as an individual, that fits around your daily routine and lifestyle, resulting in peace of mind for you and your family.

We provide: Elderly care, Live-in care, Dementia care, Complex care, Palliative care, Learning Disabilities care and Supported Living.

Canterbury – 01227 936 957
admin@4lifehealthcare.co.uk
www.4lifehealthcare.co.uk

We care about...

...your wellbeing - We believe there should be no barriers with older age and our range of well-being packages, such as cinema visits, lunch out, or pursuing a hobby ensures everything is possible. We provide services that support you to live an independent lifestyle and be able to continue to make your own choices and meet your aspirations, whatever they may be!

...your needs - Our kind and dedicated care staff are there to assist you with your daily living, suited around your needs. We can provide care to you at home in a number of ways, for example personal care, companionship, cooking, housekeeping, shopping, social support or assistance with medication.

...you

For more information on our Home Care and Wellbeing Support please call us on 01795 597454 or visit avantecare.org.uk
We offer a one to one adult health and social care service tailored specifically to the individual. Having been established since 2003, we have a wealth of experience and work closely with local authorities and the NHS, as well as in the private sector in Whitstable, Herne Bay, Faversham, Sittingbourne and surrounding areas in Kent.

Please get in touch to discuss how we can help you.

01227 792249 • 121care@121carekent.co.uk
**ApproCare**

**“Your Local Home Care Provider”**

We offer a unique service of tailored care visits from 30 minutes to full 24 hour live-in support.

**Our services include:**
- Personal Care
- Domestic & Social Visits
- Medication assistance
- Meal Preparation
- Overnight Care
- 24 hour live in Care

For a free assessment or for more information please contact our friendly team on:

**Head Office:** 01795 663824  
**Out of Hours:** 07796 715127  
**Email:** approcare@live.co.uk  
**Website:** www.approcare.co.uk

"Dad thrives under your care and we all have peace of mind since you joined the team - We wish we had found ApproCare sooner!"  
**Maria, Medway**

---

**Birchwood Care Services**

**Care is at the centre of everything we do**

We are an independent family-run business offering exceptional client-centred care for over a decade. Birchwood Care Services enables our clients to enjoy living as fulfilling, independent lives in their own homes, for as long as possible.

We offer bespoke homecare packages to meet your individual needs to support independent living, while our genuinely caring staff go the extra mile, treating everyone with kindness and respect. Covering Tunbridge Wells and Tonbridge areas of West Kent.

Find out how we could help support you.

**Contact us for a free quote**

**01892 863710**  
**birchwoodcareservices.org.uk**
Home care providers continued

All About Home Care (Kent)
Southborough
Tel: 01732 447055
OP D PD MH SI YA

All Seasons Community Support Two Ltd
Margate
Tel: 01227 469970
OP D PD LDA SI YA

Allendale Care
Tonbridge
Tel: 01892 723649
OP D PD MH SI YA

Alzheimer’s and Dementia Support Services,
Safeharbour Memory Wellbeing Centre
Gravesend
Tel: 01474533990
OP D PD

Angels Home Care (Kent) Ltd
– 5 Premier Parade
Aylesford
Tel: 01622 715500
OP D PD MH SI

Angy Care Ltd
Gravesend
Tel: 01474 520097
OP D LDA MH YA

Apex Prime Care – Kent
Sevenoaks
Tel: 0330 2020 200
OP D PD MH SI YA

ApproCare
Sheerness
Tel: 01795 663824
OP D PD MH SI YA

Ashford Personnel and Solutions Ltd
Ashford
Tel: 01233 421596
OP D PD LDA MH SI YA

Aspirations Kent
Canterbury
Tel: 01304 849020
OP PD LDA MH YA

Aspire Home Carers Ltd
Folkestone
Tel: 01303 258348
OP D YA

Athlone Care
Dartford
Tel: 01322 274747
OP D PD LDA SI YA AD

Audley Care – Audley Care Willicombe Park
Tunbridge Wells
Tel: 01892 278 286
OP D PD LDA MH SI YA AD

Audley Care Ltd – Audley Care Mote House
Bearsted
Tel: 01622 532 567
OP D PD LDA MH SI YA AD

Austen Allen Homecare
Dartford
Tel: 01322 424558
Gravesend
Tel: 01474 558790
OP D PD LDA MH SI YA AD

Avante Home Care and Support Service
Faversham
Tel: 01795 597454
OP PD LDA MH SI

Avelo Care
Ramsgate
Tel: 01843 307067
Advert below
OP D PD SI YA

Avondale Castlemount Lodge
Dover
Tel: 01304 121835
OP LDA MH YA

Avondale House
Westgate-on-Sea
Tel: 01843 839373
MH

Avondalecare (Kent) Ltd
Westgate-on-Sea
Tel: 01843606511
MH

Ashford Personnel and Solutions Ltd
Ashford
Tel: 01233 421596
OP D PD LDA MH SI YA

Aspirations Kent
Canterbury
Tel: 01304 849020
OP PD LDA MH YA

Aspire Home Carers Ltd
Folkestone
Tel: 01303 258348
OP D YA

Athlone Care
Dartford
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OP D PD LDA MH SI YA AD

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Gravesend
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OP D PD LDA MH SI YA AD

Avante Home Care and Support Service
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OP PD LDA MH SI

Avelo Care
Ramsgate
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Advert below
OP D PD SI YA

Avondale Castlemount Lodge
Dover
Tel: 01304 121835
OP LDA MH YA

Avondale House
Westgate-on-Sea
Tel: 01843 839373
MH

Avondalecare (Kent) Ltd
Westgate-on-Sea
Tel: 01843606511
MH

Ashford Personnel and Solutions Ltd
Ashford
Tel: 01233 421596
OP D PD LDA MH SI YA

Aspirations Kent
Canterbury
Tel: 01304 849020
OP PD LDA MH YA

Aspire Home Carers Ltd
Folkestone
Tel: 01303 258348
OP D YA

Athlone Care
Dartford
Tel: 01322 274747
OP D PD LDA SI YA AD

Audley Care – Audley Care Willicombe Park
Tunbridge Wells
Tel: 01892 278 286
OP D PD LDA MH SI YA AD

Audley Care Ltd – Audley Care Mote House
Bearsted
Tel: 01622 532 567
OP D PD LDA MH SI YA AD

Austen Allen Homecare
Dartford
Tel: 01322 424558
Gravesend
Tel: 01474 558790
OP D PD LDA MH SI YA AD

Avante Home Care and Support Service
Faversham
Tel: 01795 597454
OP PD LDA MH SI

Avelo Care
Ramsgate
Tel: 01843 307067
Advert below
OP D PD SI YA

Avondale Castlemount Lodge
Dover
Tel: 01304 121835
OP LDA MH YA

Avondale House
Westgate-on-Sea
Tel: 01843 839373
MH

Avondalecare (Kent) Ltd
Westgate-on-Sea
Tel: 01843606511
MH

Ashford Personnel and Solutions Ltd
Ashford
Tel: 01233 421596
OP D PD LDA MH SI YA

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Folkestone
Tel: 01303 258348
OP D YA

Athlone Care
Dartford
Tel: 01322 274747
OP D PD LDA SI YA AD

Providing companionship and support to adults and older people across the East Kent Coast, including Thanet, Sandwich, Whitstable and the surrounding areas

Our Services
• Adult Care
• Personalised Care
• Dementia Friendly
• Managed Live-in
• Meal Preparation
• Social Activities

01843 307067
avelocare.co.uk
support@avelocare.co.uk

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CQC Good
KICA Member
QCS Member

Service
User Bands
OP Older people (65+)
MH Mental health
PD Physical disability
LDA Learning disability, autism
D Dementia
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)

Visit www.carechoices.co.uk for further assistance with your search for care
Choose Live-in Care
Because A Care Home Is Not The Only Option
Caring for you in the home you love

Choosing Live-in Care Means:

• Care tailored to your wishes with as much or as little support as you need
• No need to move into a care home
• No need to adjust to a new routine
• Family and friends can continue to visit as normal
• Continue to be involved in the community and clubs as normal
• Dedicated one to one support providing excellent continuity
• Couples continue living together

Contact Your Nearest Bluebird Care Office To Book Your Free Assessment

Sevenoaks
01732 655 041

Dover & Folkestone
01304 809 250

Maidstone
01622 618 786

Tonbridge & Tunbridge Wells
01732 373 024

Gravesham & Dartford
01474 560 160

bluebirdcare.co.uk
Home care providers continued

AZ Caring Services Ltd
Ashford
Tel: 01233 227841

B.A.C. Care Ltd – Sittingbourne
Sittingbourne
Tel: 01795 429042

Base Business Park, The
Dartford
Tel: 0208 301 3146

Beach House
Birchington
Tel: 01843 845922

Beech Tree Total Care
Ashford
Tel: 01233 627857

Beeches Homecare Services (Kent)
Whitstable
Tel: 01227 517840

Betterliving Care Ltd
Gravesend
Tel: 0208 808 0034

Birchwood Care Services
Speldhurst
Tel: 01892 863710

Blossoms Care Services Ltd DCA
Sittingbourne
Tel: 0800 917 7045

Bluebird Care
Ashford
Tel: 01233 501 222

B. A. C. Care Ltd – Sittingbourne
Sittingbourne
Tel: 01795 429042

Base Business Park, The
Dartford
Tel: 0208 301 3146

Beach House
Birchington
Tel: 01843 845922

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Sittingbourne
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Ashford
Tel: 01233 501 222

Gravesend & Dartford
Tel: 01474 560 160

Maidstone
Tel: 01622 618 786

Sevenoaks
Tel: 01732 655 041

Bluebird Care
Ashford
Tel: 01233 501 222

Gravesend & Dartford
Tel: 01474 560 160

Maidstone
Tel: 01622 618 786

Sevenoaks
Tel: 01732 655 041

Bluebird Care
Sittingbourne
Tel: 01795 664 121

Tonbridge & Tunbridge Wells
Tel: 01732 373 024

Bluebird Care
Canterbury & Thanet
Tel: 01843 570 638

Braeburn Care Ltd
Dartford, Gravesend & Swanley
Tel: 01322 472983

Sevenoaks
Tel: 01732 446514

Tunbridge Wells & Tonbridge
Tel: 01892 577680

Brambling House
Dover
Tel: 01304 830276

Brooklands Homecare Ltd – Edenbridge
Edenbridge
Tel: 01732 865956

Brownfield Services Ltd
Dartford
Tel: 01322 314744

Brambling House
Dover
Tel: 01304 830276

Brooklands Homecare Ltd – Edenbridge
Edenbridge
Tel: 01732 865956

Burham Court
Rochester
Tel: 01634 685025

Callquest for Care
Sevenoaks
Tel: 0800 211 8500

Camelot Lodge
Folkestone
Tel: 01303 251215

Care 24x Ltd
Deal
Tel: 07387227324

Care 77 Ltd
Tonbridge
Tel: 01892 577606

Visit www.carechoices.co.uk for further assistance with your search for care
Chameleon Care
Adapting to your every need

All staff are thoroughly vetted, fully trained in moving and handling, first aid, handling medication, NVQs plus more. We can provide assistance with personal care, preparation of meals, domestic tasks, overnight care, plus many other tasks. Our services are tailored to meet your individual needs.

For further information and details, do not hesitate to contact us.

Email: enquiries@chameleoncare.co.uk
Tel: 01322 291000
Unit 7-8 The Base, Dartford Business Park, Victoria Road, Dartford, Kent DA1 5FS
Fax: 01322 291015

www.chameleoncare.co.uk

---

**Care in Kent**
“Lets make things better for people living with dementia”

Offering round the clock care services for your convenience, Care in Kent operate 24 hours a day, 365 days of the year.

You’ll find that we respond quickly, providing the highest standards in professional care, and exceeding your expectations in terms of your peace of mind and satisfaction.

www.careinkent.co.uk
info@careinkent.co.uk
01223 619530

---

**THE GARDEN OF ENGLAND HOME CARE**
The future of homecare

Working in partnership with

**Compassionate Care in & around Maidstone**

Homecare
- Personal care
- Meal preparation
- Companionship
- Overnight visits
- Outings

Day Centre
- Entertainment
- Carers support
- One to one support
- Memory engaging sessions
- Hobby & Social groups

To discuss your care needs further:
T: 01622 674733 E: allyson@goedaycare.co.uk
www.goedaycare.co.uk

---

**Folkestone Home Care**
Home Care with a difference

We never forget we are “in service to you, our client”

We have a very different approach to other companies, which includes new and innovative ideas that should make your experience of care and support far less stressful.

We Can Help With:
- Personal care
- Shopping
- Light domestic duties
- Pet feeding and walking
- Accompanied outings to clubs, friend etc.
- Sleep ins
- Waking nights
- Medication assistance
- Companionship
- Transport to hospital appointments

Get in touch today and see how we can help you.

T: 01303 394100 E: emma@folkestonehomecare.co.uk
Edmonton House, Park Farm Close, Folkestone CT19 5DU
<table>
<thead>
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<th>Home care providers continued</th>
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<td><strong>Care at Home Services</strong></td>
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<td>Tel: 01227 375706</td>
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<td><strong>Care Company, The</strong></td>
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<tr>
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<td><strong>Carewatch (Maidstone – Ashford)</strong></td>
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<td><strong>Caring Companions at Watling Court</strong></td>
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<td><strong>CARTREF Homes Supported Living Scheme</strong></td>
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<td><strong>CCK Support Ltd</strong></td>
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<td><strong>CRAEGMOOR Supporting You in the South East</strong></td>
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<tr>
<td><strong>Visit <a href="http://www.carechoices.co.uk">www.carechoices.co.uk</a> for further assistance with your search for care</strong></td>
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<th>Service User Bands</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
<th>MH Mental health</th>
<th>SI Sensory impairment</th>
<th>YA Younger adults</th>
<th>AD People who misuse alcohol or drugs</th>
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<td><strong>Member of the Kent Integrated Care Alliance (KICA)</strong></td>
<td>Advertisers are highlighted</td>
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</table>
Crossroads Care Kent
Herne Bay
Tel: 0845 095 6700

Maidstone
Tel: 01622 817114

CRW Consultancy Ltd – Kings Hill
West Malling
Tel: 0333 939 9976

Dimensions Kent Domiciliary Care Office
Sandwich
Tel: 0300 303 9011

Direct Care (Kent)
Snodland
Tel: 01634 242499

DMC Consulting Services Ltd – Gravesend
Gravesend
Tel: 07525 497949

Domus Extra Care Ltd
Tunbridge Wells
Tel: 01892 512961

Domus Live-in Care Ltd
Tunbridge Wells
Tel: 01892 512961

East Kent Mencap Domiciliary Service
Cliftonville
Tel: 01843 224482

Ellens Court Care Home
Sittingbourne
Tel: 01795 651061

Elysium Supported Living Ltd
Tonbridge
Tel: 01732 783503

Enabling Care for You Ltd Head Office
Maidstone
Tel: 01732 240794

Ethical Care Services
Maidstone
Tel: 07931 653229

Everlastings Arms3327 Care Pvt Ltd
Dartford
Tel: 01322 322033

Everycare (West Kent) Ltd
Tunbridge Wells
Tel: 01892 536888

Exclusive Care Services
Gravesend
Tel: 07508 909821

Exclusive Care Services
Dartford
Tel: 01322 275439

Expertise Homecare (Ashford)
Ashford
Tel: 01233 229001

Expertise Homecare (Central & West Kent) Ltd
Maidstone
Tel: 01732 448298

Expertise Homecare (South East Coast)
Folkestone
Tel: 01303 847442

Expertise Homecare (UK)
Maidstone
Tel: 07903 069405

Fam Daily Care Ltd
Dartford
Tel: 07861 762949

Fash Villa
Ashford
Tel: 07939 296988

Figtree Care Services Ltd
Dartford
Tel: 01322 314878

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Tel: 07794 762832

Search for care at www.carechoices.co.uk to find support in your area
Visit www.carechoices.co.uk for further assistance with your search for care
Services include:

- Companionship
- Light housekeeping
- Meal preparation
- Shopping and trips
- Local transportation and errands
- Medication reminders
- Personal care
- Specialist dementia care
- Convalescence support
- and much more...

Your home is where you feel the most comfortable and the happiest.

It's the place you know the best. Why would you move away from the place you love if you are needing some extra care and support when the need arises?

Our CAREGivers are highly trained on infection control to deliver care during and post pandemic.

Find out more about our relationship-led approach to care

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01843 862 268

Dartford
01322 923 750

Folkestone, Hythe & Ashford
01303 847 899

Maidstone
01622 873 414

Shoreham, Petts Wood & Longfield
01959 546 228

Tunbridge Wells, Sevenoaks & Edenbridge
01892 731 264

www.homeinstead.co.uk

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### Home care providers continued

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<thead>
<tr>
<th>Hawkinge House</th>
<th>Advert page 94</th>
<th>OP D PD MH YA</th>
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<tr>
<td>Folkestone</td>
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<tr>
<td>Tunbridge Wells</td>
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<td>Broadstairs, Ramsgate &amp; Margate</td>
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<th>HLC Care Agency Ltd</th>
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<td>Gravesend</td>
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| Home Service Complete Care LLP ●                              | Advert page 33          | OP D PD LDA SI |
|----------------------------------------------------------------|-------------------------|
| Herne Bay                                                      |                         |
| Tel: 01227 362312                                              |                         |

<table>
<thead>
<tr>
<th>Homecare Unique Ltd</th>
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<th>Here2Care (Dartford)</th>
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<td>Tel: 01322 225513</td>
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<th>HF Trust – Kent North DCA</th>
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<td>Tel: 01233 321110</td>
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<table>
<thead>
<tr>
<th>A new concept in care</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>We are a family run company, specialising in live in care</td>
<td></td>
</tr>
<tr>
<td>Personalised care packages from £850 per week</td>
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<tr>
<td>We believe in quality of care, not quantity</td>
<td></td>
</tr>
<tr>
<td>Respite care also catered for</td>
<td></td>
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<tr>
<td>Contact us on <a href="http://www.kdcare.com">01795 844814</a></td>
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<table>
<thead>
<tr>
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<tr>
<td>AD People who misuse alcohol or drugs</td>
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</table>

### Service User Bands

- **OP**: Older people (65+)
- **D**: Dementia
- **PD**: Physical disability
- **LDA**: Learning disability, autism
- **MH**: Mental health
- **SI**: Sensory impairment
- **YA**: Younger adults
- **AD**: People who misuse alcohol or drugs

- **Member of the Kent Integrated Care Alliance (KICA)***

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
At Kare Plus Ashford, ensuring our clients are matched with the right carer for them is vital. Each person who requires care is different, and they will be assessed as such. We work closely with each individual to determine what kind of care is required, ensuring we meet the needs of our customer’s through person-centred care planning, maintaining privacy, dignity and respect in everything we do. We believe that by providing the right team to match our customer’s needs we can provide high quality, safe and effective care.

Our carers are available 24/7, 365 days a year which includes any night cover that maybe required.

We can provide care packages for any of the following:

- Personal care
- Elderly care
- End of life care
- Alzheimer’s & dementia
- Brain injury/spinal injury
- Physical disabilities
- Sensory impairment
- Learning difficulties
- Lifestyle support (Social Care)
- Supported holidays
- Help with domestic chores and much more...

For more information on how we can help, contact us

01233 801888 Opt. 2
www.kareplus.co.uk/ashford/
kpashfordrm@kareplus.co.uk

At Norwyn Community Services, we provide an assessment for you in your own home/setting which helps us to complete a thorough care plan. We then put together a tailor-made care plan to suit your individual care needs which will be reviewed as required. We recruit and train our care staff to make sure you receive high quality care.

Whether you are elderly, suffer with a mental health problem, medical problem or physical disabilities, we understand how challenging it can be to meet your day-to-day tasks.

We provide exceptional care from 30 minutes to several hours a day, with overnight care or a sitting service and live-in care when required.

01795 427600 • 07484 915801
www.norwynhealthcareservices.co.uk
norwyncommunity@btconnect.com
Central House, Central Avenue, Sittingbourne ME10 4NU
<table>
<thead>
<tr>
<th>Company Name</th>
<th>Address</th>
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<td>0300 041 0404</td>
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<td>McNeil Homecare Ltd</td>
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<td>0333 200 4043</td>
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See page 35 for the Service User Bands key.

Visit www.carechoices.co.uk for further assistance with your search for care.
Meridian Community Care Ltd
Canterbury
Tel: 01227 712300
Dover
Tel: 01304 240424

Meritum Integrated Care LLP
Ashford
Tel: 01233 620071
Folkestone
Tel: 01303 297010
Maidstone
Tel: 01622 684471

MiiHomecare – Ramsgate
Ramsgate
Tel: 0333 121 8701

Milestones Outreach Support Team – MOST
Tunbridge Wells
Tel: 01892 820338

Mrs Lynne Weatherly
Tunbridge Wells
Tel: 01892 537076

My Homecare Tonbridge
Tonbridge
Tel: 01732 756020

My Life Living Assistance (Kent)
Canterbury
Tel: 01908 082394

New Horizons Broad Oak Ltd
Resource Centre
Margate
Tel: 01843 295680

No Place Like Home
Faversham
Tel: 01795 597983

North Home Care
Folkestone
Tel: 01303 891222

Norwyn Community Services
Sittingbourne
Tel: 01795 427600

Nurse Plus and Carer Plus (UK) Ltd
Folkestone
Tel: 01304 250200
Maidstone
Tel: 01622 762903

Nurseplus UK
Dover
Tel: 01304 273300
Canterbury
Tel: 01227 782070

Oak Tree Lodge
Sevenoaks
Tel: 01732 382935

Domiciliary Care and Support in Kent
www.meridian-care.co.uk
Canterbury 01227 712 300
Dover 01304 240 424
dover@meridian-care.co.uk

At Meridian Care, we deliver care tailored to support you or your loved ones, to live independently in the comfort of your own home.

Providing services for:
- Older people and Young adults
- Personal or Family Carers
- People with Physical Disabilities
- People with Dementia, Parkinson’s,
- People with Mental Health Issues
- People with Sensory Loss, MND & MS
- Palliative Care

Canterbury
Unit 4, Thomas Way
Lakesview International Business Park
Canterbury
Kent CT3 4NH

Dover
1st Floor
25 Castle Street
Dover
Kent CT16 1PT

Service
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism

User Bands
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

• Member of the Kent Integrated Care Alliance (KICA)

Advertisers are highlighted
Old Exchange, The  
Dartford  
Tel: 0208 467 2781  
OP D PD LDA YA

One 2 One Private Care Services  
Ashford  
Tel: 01233 610542  
OP D PD LDA SI YA

One Step South Domiciliary Care Agency  
Folkestone  
Tel: 01707 652053  
OP D PD LDA MH SI YA AD

Orchard House  
Herne Bay  
Tel: 01227 373586  
PD YA

Papillon Home Care  
Folkestone  
Tel: 01797 367625  
OP D PD LDA MH SI YA

Park View Domiciliary Care  
Deal  
Tel: 07872 014850  
PD LDA

PCAS Kent Ltd  
Gravesend  
Tel: 07967 378360  
OP D PD LDA SI YA AD

Phoenix Support Ltd  
Maidstone  
Tel: 01622 682535  
OP D PD LDA SI YA AD

Prepare4care Ltd  
Margate  
Tel: 01843 210257  
OP D PD LDA MH YA

Prestige Nursing Ltd Dartford  
Dartford  
Tel: 01322 270092  
OP D PD LDA MH SI YA AD

PSA Home Care Ltd  
Ashford  
Tel: 01622 236344  
OP D PD MH SI

Pure Life Homecare  
Canterbury  
Tel: 01227 207340  
OP D PD LDA MH SI YA AD

Queen Elizabeth Court  
Aylesford  
Tel: 01622 717463  
OP PD SI

QuilterCare  
Ramsgate  
Tel: 07775 557836  
MH YA

Regus House  
Dartford  
Tel: 01322 303265  
OP D PD LDA MH SI YA

Regus House  
Dartford  
Tel: 07732 686770  
OP D PD LDA MH YA

Retons Care and Training Services Ltd  
Dartford  
Tel: 07476 066043  
SI YA

Right at Home Medway  
Chatham  
Tel: 01634 662428  
OP D PD MH YA

RNID Action on Hearing Loss  
Northdown Road  
Margate  
Tel: 01843 262030  
PD LDA MH SI YA

Royal Care  
Dover  
Tel: 01304 279415  
OP D PD LDA MH SI YA AD

Safe Choice Care  
Deal  
Tel: 07496 153030  
OP D PD YA

Sanctuary Home Care Ltd – Gravesend  
Gravesend  
Tel: 01474 558698  
OP D PD LDA MH SI YA AD

SAP Care Services Ltd  
Tonbridge  
Tel: 07958 558397  
OP D PD YA

SCP Complex Care  
Maidstone  
Tel: 01622 695580  
OP D PD LDA MH SI YA AD

Service User Bands  
OP Older people (65+)  
D Dementia  
PD Physical disability  
LDA Learning disability, autism  
MH Mental health  
SI Sensory impairment  
YA Younger adults  
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)
### Home care providers continued

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<tr>
<th>Service Provider</th>
<th>Contact Information</th>
<th>Special Needs</th>
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<td><strong>Seeds Care Ltd – 60 St Peters Road</strong></td>
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<td>Tel: 0203 590 6324</td>
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<td><strong>Share The Care Ltd Office</strong></td>
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<td><strong>Skilled Care Ltd – 1 Hammerton Close</strong></td>
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<td>Tel: 01322 351384</td>
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<td><strong>St. Helens House</strong></td>
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<td><strong>Summerville</strong></td>
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<td><strong>Sunnybanks Home Care Service</strong></td>
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<td>Tel: 01342 850898</td>
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<td><strong>Superior Healthcare</strong></td>
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<td><strong>Tamarisk</strong></td>
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<td><strong>Turning Point – Kent DCA</strong></td>
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<td>Tel: 07891 545717</td>
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<td><strong>United Response – Kent DCA</strong></td>
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<tr>
<td>Tel: 01303 270024</td>
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<td><strong>Unity Care Solutions (Maidstone)</strong></td>
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<td><strong>Victory Way</strong></td>
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<td><strong>Vitality Home Health Gravesham &amp; Dartford</strong></td>
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“To care as we would expect others to care for us”

Let us help! Do you or a family member require 1st class service, to stay independent at home? A dedicated family business established in 1994.
We can help, call and ask for advice.

Contact our caring team to discuss a support package to suit you.
01227 772515
www.tenderlovingcarers.com
contact@tenderlovingcarers.com
108/109 John Wilson Bus Pk, Whitstable, Kent, CT5 3QT

“Member of the Kent Integrated Care Alliance (KICA)”
Advertised are highlighted

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<tr>
<th>Service</th>
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Search for care at www.carechoices.co.uk to find support in your area

40
Welcome Home
Sheerness
Tel: 01795 510884
OP D PD LDA SI YA

Welcome Support
Tunbridge Wells
Tel: 01892 322717
OP PD LDA YA

West Malling
Maidstone
Tel: 01732 424028
OP LDA MH YA

Westminster Homecare Ltd (Bexley)
Dartford
Tel: 01322 280680
OP D PD LDA MH SI YA AD

Wood Street Day Care Centre, The
Tunbridge Wells
Tel: 01892 522591
OP YA

Woodchurch House
Ashford
Tel: 01233 861600
Advert page 64
OP D PD MH SI AD

Xtracare Ltd
Aylesford
Tel: 01622 792845
OP D PD MH SI YA

Yoakley House Care Home
Margate
Tel: 01843 223652
Advert page 108
OP

Your Care
Herne
Tel: 01227 230888
OP D PD LDA MH SI YA

Your Choice
Deal
Tel: 07717 503866
LDA YA

Your Life (Tunbridge Wells)
Tunbridge Wells
Tel: 07976 663687
OP D PD SI

Your Life Supported Living Services
Sheerness
Tel: 07598 137178
OP PD LDA MH SI YA

Your Life Your Home
Canterbury
Tel: 01304 813128
D PD LDA MH SI YA

See the checklist on page 23 for questions to ask when looking at home care providers

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Visit www.carechoices.co.uk for further assistance with your search for care
Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority, voluntary organisations or private companies. Properties may be available for rent, mixed tenure or to purchase.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move, or move and take the same support with them. People have greater security of tenure, and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation, and extra care housing.

The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 12).

Web: www.kent.gov.uk/supportedhousing

Shared Lives

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially-adapted facilities. Contact the council for further advice on local schemes.

The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk  @WeAreMFON

Subscribe today
Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities.

In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact your local Adult Social Care department. Details are on page 118.

Specialist services

Learning disability

If you are living with a learning disability in Kent, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you.

The council aims to keep people independent in their own homes wherever possible, but if you need to move somewhere with care and support, you might like to consider a housing with care scheme, see page 42.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Kent. Any learning disability providers are denoted with LDA.

You may also find the organisations listed here useful.

Mencap
Supporting people with learning disabilities to feel valued equally, listened to and included.
Tel: 0808 808 1111
Email: helpline@mencap.org.uk
Web: www.mencap.org.uk

Scope
Offers free, impartial and expert information, advice and support to disabled people and their families.
Tel: 0808 800 3333
Email: helpline@scope.org.uk
Web: www.scope.org.uk

Search for care in your area

Visit www.carechoices.co.uk for further assistance with your search for care
Mental health

If you are worried about your mental health, it's important to remember that you aren’t alone. Lots of people have issues with their mental health and there's help and advice available in Kent to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the organisations listed here for free help and support.

MIND
Provides support to people with mental health needs and offers one-to-one counselling, befriending, peer support and more.

Folkestone and District
Tel: 01303 250090
Email: contact@folkestonemind.org.uk
Web: www.folkestonemind.org.uk

Maidstone and Mid-Kent
Tel: 01622 692383

Email: mindhelp@mmkmind.org.uk
Web: www.maidstonemind.org

North Kent
Tel: 01322 291380
Email: admin@northkentmind.co.uk
Web: www.northkentmind.co.uk

West Kent
Tel: 01732 744950
Email: hello@westkentmind.org.uk
Web: www.westkentmind.org.uk

Physical disability

If you have a physical disability or a long-term illness, organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range of services to help you live as independently as possible. There are also services available to support someone who may be your carer.

Sensory services

If you are deaf, blind, sight impaired or deafblind there is several organisations in Kent that may be able to offer you advice and support.

Hi Kent
Hi Kent is a local registered charity for deaf and hard of hearing people. For more information on support in your local area visit www.hikent.org.uk or call 01622 691151 or text 07939 593030.

Kent Association for the Blind (KAB)
KAB offers comprehensive support services to sight impaired people of any age. They work across Kent, Medway, Bromley and Bexley.
Web: www.kab.org.uk

Bromley Team
Tel: 0208 464 8406
Email: rehab.bromley@kab.org.uk

East Team
Tel: 01227 763366
Email: rehab.canterbury@kab.org.uk

West Team
Tel: 01622 691357 (Main Reception).
Tel: 01622 358995 (Rehab).
Email: enquiry@kab.org.uk

Medway
Tel: 01634 332929
Email: rehab.medway@kab.org.uk
Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions.

Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

For further information, see ‘Useful local contacts’ beginning on page 118.

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for.

An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is also important to know that all health and social care staff must be trained in communication regarding end of life care and will be trained in assessing the needs of individuals and carers. It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don’t need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Things to consider are included in ‘My Funeral Wishes’, a form produced by Dying Matters and the National Association of Funeral Directors. Visit www.dyingmatters.org/page/my-funeral-wishes

You do not have to instruct a funeral director, but if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or The National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See page 121 for details of organisations that may be able to help you plan for the end of your life or your funeral.
We’re passionate about fulfilling residents’ lives

At Care UK, we understand that choosing a care home can be stressful for everyone involved. The committed teams at our care homes deliver the very best in residential, nursing, respite and dementia care.

At our Kent homes, we offer residential, nursing and respite care, and all-round support to make things easier.

To find out more about living at a Care UK home in Kent, call our friendly teams or visit our websites.

Foxbridge House, Orpington
01689 768537
careuk.com/foxbridge-house

Harrier Lodge, Whitstable
01227 806414
careuk.com/harrier-lodge

Invicta Court, Maidstone
01622 80876
careuk.com/invicta-court

Montfort Manor, Ashford
01233 886126
careuk.com/montfort-manor

Smyth Lodge, Sidcup
020 3944 1031
careuk.com/smyth-lodge

Weald Heights, Sevenoaks
01732 809262
careuk.com/weald-heights
Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator’s premises and on its website. You can also find inspection reports and ratings for all services on the CQC’s website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)
If you need someone to look after you 24 hours a day, but don’t need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs, see page 12 for more on assessments.

Care homes with nursing
A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need. This visit might be in your own home, or in hospital if you’ve been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly. Check with Adult Social Care for current rates.

Activities in care homes

The word ‘activity’ can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities they provide in their care home.

For information on care homes for people living with dementia, see page 52.

Visit www.carechoices.co.uk for further assistance with your search for care
Celebrating Life

Our homes are more than care homes. They’re family homes. Friendly homes. Homes that provide tailored care, beautiful environments and choice in every meal or activity. Places that celebrate the little things that mean everything – morning, noon and night.

Visit us anytime for friendly advice and to look around. You can also find helpful information at www.barchester.com

Ashminster House
Ashford,
TN24 0LX
01233 428 424

Herne Place
Herne Bay,
CT6 5DN
01227 934 182

Emily Jackson House
Sevenoaks,
TN13 1XH
01732 622 687

Newington Court
Sittingbourne,
ME9 7LG
01795 334 085

Friston House
Rochester,
ME1 2BQ
01634 624 163

Winchester House
Rochester,
ME1 3TR
01634 624 164

Residential care · Nursing care · Dementia care · Respite care & short breaks
En-suite rooms · Delicious meals · Daily activities · Landscaped gardens · Wi-fi
### Care homes checklist

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<tr>
<th>Home 1</th>
<th>Fees per week</th>
<th>Quality rating*</th>
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We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at [www.carechoices.co.uk/checklists](http://www.carechoices.co.uk/checklists).

#### Staff
- What is the minimum number of staff that are available at any time? [ ] [ ] [ ]
- Are staff respectful, friendly and polite? [ ] [ ] [ ]
- Do staff have formal training? [ ] [ ] [ ]
- Are the staff engaging with residents? [ ] [ ] [ ]

#### Personal preferences
- Is the home too hot/cold? Can you control the heating in your room? [ ] [ ] [ ]
- Is the décor to your tastes? [ ] [ ] [ ]
- Are there restricted visiting hours? [ ] [ ] [ ]
- Is there somewhere you can go to be alone? [ ] [ ] [ ]
- Does the home feel welcoming? [ ] [ ] [ ]

#### Activities
- Can you get involved in activities you enjoy? [ ] [ ] [ ]
- Is there an activities co-ordinator? [ ] [ ] [ ]
- Does the home organise any outings? [ ] [ ] [ ]
- Are residents escorted to appointments? [ ] [ ] [ ]
- Do the residents seem entertained? [ ] [ ] [ ]
- Does the home have a varied activities schedule? [ ] [ ] [ ]

#### Life in the home
- Is the home adapted to suit your needs? [ ] [ ] [ ]
- Can you bring your own furniture? [ ] [ ] [ ]
- Are there enough plug sockets in the rooms? [ ] [ ] [ ]
- Are there restrictions on going out? [ ] [ ] [ ]
- Is there public transport nearby? [ ] [ ] [ ]
- Does the home provide any transport? [ ] [ ] [ ]
- Can you make/receive calls privately? [ ] [ ] [ ]
- Can you decide when to get up and go to bed? [ ] [ ] [ ]
- Does the home allow pets? [ ] [ ] [ ]
- Does the home use Digital Care Planning accessible to families? [ ] [ ] [ ]

#### Catering
- Can the home cater for any dietary requirements you may have? [ ] [ ] [ ]
- Does the menu change regularly? [ ] [ ] [ ]
- Can you eat when you like, even at night? [ ] [ ] [ ]
- Can you have food in your room? [ ] [ ] [ ]
- Is there a choice of food at mealtimes? [ ] [ ] [ ]
- Is alcohol available/allowed if you want it? [ ] [ ] [ ]
- Can visitors join you for meals? [ ] [ ] [ ]

#### Fees
- Do your fees cover all of the services and activities? [ ] [ ] [ ]
- Are fees likely to change regularly? [ ] [ ] [ ]
- Is the notice period for cancellation of the contract reasonable? [ ] [ ] [ ]
- Could you have a trial period? [ ] [ ] [ ]
- Can you keep your room if you go into hospital? [ ] [ ] [ ]
- Can you handle your own money? [ ] [ ] [ ]

*See page 58.

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
Avante Care & Support provides residential, dementia, day and respite care services.

We pride ourselves on delivering the best care, tailored to each person’s individual needs, personality, hobbies and interests. Our Care homes provide a safe and welcoming environment for either long-term permanent care or for day and respite care services.

“Communities where everyone has a vibrant and fulfilling life”

We have five care homes in your area:
- Amherst Court, Chatham - 01634 400009
- Bridge Haven, Bridge - 01227 831607
- Chaucer House, Canterbury - 01227 671985
- Court Regis, Sittingbourne - 01795 423485
- Pilgrims View, Snodland - 01634 241906

To arrange a visit or find out more please call us on 01795 597400 or visit www.avantecare.org.uk
We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 49. You can download and print this checklist at [www.carechoices.co.uk/checklists](http://www.carechoices.co.uk/checklists).

### Design
- Are there clear signs throughout the home?  
- Has the home been designed or adapted for people with dementia?  
- Are the home and grounds secure?  
- Are there prompts outside the residents' rooms to help people identify their own?  
- Is the décor familiar to your loved one?

### Choices
- Do residents get choice in terms of what they wear each day?  
- Are residents encouraged to be independent?  
- Can residents decide what to do each day?  
- Can residents have a say in the décor of their room?

### Activities
- Are residents able to join in with household tasks like folding washing?  
- Are there activities on each day?  
- Can residents walk around outside on their own?  
- Are residents sitting in front of the TV or are they active and engaged?  
- Are there rummage boxes around?

### Health
- Can residents get help with eating and drinking?  
- How often does the home review residents' medication?  
- Does the home offer help if a resident needs assistance taking medication?  
- Do GPs visit the home regularly?

### Staff
- Are staff trained to identify when a resident might be unwell?  
- Are staff trained to spot when someone needs to go to the toilet?  
- Do the staff have any dementia specific training/experience?  
- Will your loved one have a member of staff specifically responsible for their care?

### Approach to care
- Does the home follow a specific approach to dementia therapy, for example, validation therapy?  
- Will the home keep you informed about changes to your loved one's care?  
- Does the home have a specific approach to end of life care?  
- Does the home keep up to date with best practice in dementia care?

*See page 58.

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<th>Fees per week</th>
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<th>Fees per week</th>
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Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities of Care. For more information on these last two topics, see pages 56 and 45.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 51.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment.

Plenty of natural light and an easy way of finding one’s way around the building and grounds are essential for minimising disorientation.
Staff training
Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia. Ask to speak with the Dementia Champion and question the placement if the home does not have a specific Dementia Lead.

Paying for care

Care funded by the council

You will need to have a financial assessment to see whether the council can help you with the costs and to see how much you are able to afford. The amount of financial assistance you may receive will depend on your needs and your financial circumstances. See www.kent.gov.uk and search ‘paying for residential care’ for more information.

Paying for your own residential care

Self-funding
If you are self-funding your care because you are not eligible for local authority funding, there are other forms of financial assistance you may be entitled to. Go to www.kent.gov.uk and search ‘paying for residential care’ to find out more.

Will the local authority pay my fees while I am selling my former home?
If, apart from your property, your other capital is below £23,250 the local authority may help with the costs during the first 12 weeks of permanent care. Beyond that period any financial help will be charged against the value of your former home and recovered from the eventual sale proceeds. For more information on selling your home to pay for residential care, visit www.kent.gov.uk and search for ‘deferred payments’.

Do I have to pay Council Tax on an empty property?
If you move into a care home and your property is left empty, you should receive full exemption from Council Tax until it’s sold.

Is there any financial help that is not means tested?
Attendance Allowance is a non-means-tested, non-taxable allowance, paid at different rates for those needing care by day or by day and night. Whether your stay is temporary or permanent, if you receive nursing care in a care home you may be entitled to NHS Registered Nursing Care Contribution (RNCC), sometimes called Funded Nursing Care, towards the cost of your nursing care. This is paid directly to the home towards your nursing needs. If your needs are primarily health care related, you may be entitled to full funding from your local clinical commissioning group following an assessment under their Continuing Healthcare eligibility criteria, see ‘NHS Continuing Healthcare’ on page 14 for more information.

What happens if I move into a care home independently and run out of money?
If there is a likelihood that you will run out of money, it’s important that you arrange an assessment of your care needs with Kent County Council to ensure it is aware of your situation in advance of it happening. Also check if the care home can continue to accommodate you at the local authority’s funding rates or whether you will require a third party top-up or move to a different home. Visit www.kent.gov.uk and search ‘paying for residential care’ for more information on what to do if you are worried about running out of money.

What can I do to avoid this situation?
There are ways of meeting care costs for as long as you need care whilst using up only part of your capital. The important thing is not to try to do it alone, always seek professional advice. For more details, go to www.kent.gov.uk and search ‘financial advice’.

Visit www.carechoices.co.uk for further assistance with your search for care
Care Beyond Compare in Tonbridge

Offering 24 hour nursing, residential, respite and dementia care, Tonbridge House Care Home is a place to live well. Whether you’re looking for a care home for yourself or for a loved one, you can be confident that Tonbridge House is the right choice.

BOOK A VISIT AT PORTHAVEN.CO.UK OR CALL 01732 497596

Tonbridge House Care Home, 36 Quarry Hill Road, Tonbridge, Kent TN9 2RS
You can contact the Money Advice Service at www.moneyadviceservice.org.uk or call 0800 138 7777. Or, to find an independent financial adviser, contact the Society of Later Life Advisers. Tel: 0333 202 0454

Email: admin@societyoflaterlifeadvisers.co.uk
Web: www.societyoflaterlifeadvisers.co.uk

Figures mentioned here may change over the lifetime of this Directory.

Contractual relationship with a home

Before you sign any contract with a care home, the home should give you written details of all the charges it intends to make in its ‘Statement of Purpose’ document. If there is anything that is not clear or which you do not understand, you should seek professional advice. If you are seeking financial support from the local authority, they will have the contractual relationship with the home on your behalf.

Third party payments

If you are eligible for local authority support and the home you choose costs more than the rate the local authority usually pays for someone with your needs, you will have the choice to ask someone else to make an additional payment.

If there is no-one available to supply the extra payment, you can ask the local authority to find you another placement at the rate it would normally expect to pay. If, however, you do decide to live in the more expensive home and you have someone who is able to make an additional payment for you, they will have to pay the difference between the local authority rate and the amount the home charges. This additional payment is often referred to as a ‘top-up’ or ‘third party contribution’.

The law says that you are not allowed to make this additional payment yourself, except in limited circumstances. Therefore, in the main, the additional payment has to be made by someone else, for example, a family member or charity.

Before anyone agrees to make additional payments on your behalf, they should be aware that the amount could change, usually increase, once a year and they need to be confident that they can sustain the payments for as long as they are required. If the additional payments stop being paid for any reason, then you should seek help and advice via Kent County Council.

The person who will make the payment on your behalf must sign a contract with the local council before any contract with the home is signed. In doing so the person must confirm that they have the financial means to make the third party payments (including any future increases) for the whole time you will live at the care home. If they are unable to maintain the payments and there is nobody else able to meet this cost, you may have to move to a cheaper home within the local authority’s funding levels.

If you are already resident in a care home, and no third party agreement was required at the time you became a resident, the home may seek to introduce a third party payment at a later date, which would need to be agreed first with the local authority. Also, if a change to your arrangements is made at your request or with your agreement, for example you move to a nicer room, then an additional third party payment can become due.

For more information on paying for care, go to www.kent.gov.uk and search ‘paying for residential care’ where there are links to useful online booklets.
Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you’re considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service’s latest CQC inspection report and rating (see page 58), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function. Visit www.carechoices.co.uk

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and Powers of Attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable.

The Court of Protection can issue Orders directing the management of a person’s property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An ‘advance directive’ allows you to communicate your wishes in respect of future medical treatment but it is not legally binding. You may instead wish to make a living will, properly known as an ‘advance decision’, setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don’t have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It’s important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area.

Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to
There is so much confusion concerning the community care rules. Briefly the rules provide that:

• you pay for your care from your income,
• your capital is used if and/or when your income is insufficient,
• the local authority contributes to your care costs only when your capital drops to £23,250,
• once your capital has dropped to £14,250, your contribution is based only on your income and the local authority meets the shortfall subject to local funding limits.

Steps can be taken to protect assets, such as giving your property away, but timing is key and always obtain expert independent legal advice. One misconception is that you must not move into care within seven years of a gift - this relates to inheritance tax and other rules apply to community care.

Spouses should also give serious thought to the way their Wills are prepared. If a couple simply left their assets to each other, all their assets would be used to pay for the survivor’s residential or nursing home care. Compare this scenario with one where on the first death, the survivor had the right to occupy the deceased’s half of the house - if the survivor subsequently needed care one half of the house would be protected from care costs.

It is also important to be aware of your rights to claim continuing care funding should you need to move into a nursing home. If you have a primary health need, it will be the responsibility of the NHS to fund your care and therefore your assets would not be used to pay your care costs.

ATTEND A FREE SEMINAR AND SPEAK TO A LAWYER

Please visit our website for up-to-date information on when and where our free seminars take place on the topic of protecting your family assets. We cover the following aspects:

• Community Care
• Lasting Powers of Attorney
• Inheritance Tax Planning

At these events you will also have an opportunity to ask our friendly legal team questions about your own personal circumstances.

www.cwj.co.uk/events
→ your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy to use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made. If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see below for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to complain to your social worker/care manager or the department’s designated complaints manager.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on 0300 061 0614 and ask them to assist you. The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service and its job is to investigate complaints in a fair and independent way.

### Inspecting and regulating care services

Health and social care services must be registered to show that they meet a set of standards.

The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC’s five key questions: Is the service safe? Effective? Caring? Responsive to people’s needs? Well-led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well, and where it needs to improve.

It’s always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC’s website ([www.cqc.org.uk](http://www.cqc.org.uk)). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next, and what to look out for when it does. If you want to share your experience of care, visit [www.cqc.org.uk/share](http://www.cqc.org.uk/share)

Tel: 03000 616161  
Email: enquiries@cqc.org.uk  
Web: [www.cqc.org.uk](http://www.cqc.org.uk)  
Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA
Out-of-county care

You can choose a care home outside your home county. You may want to be closer to friends, family members or you may want to relocate to another part of the country.

If your care home place is state-funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be suitable for your assessed needs and comply with the paying authority’s terms and conditions.

You should seek further advice before making your decision.

For help finding care providers in Kent and other regions, visit www.carechoices.co.uk with details of your requirements.

Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?
Abuse is mistreatment that violates a person’s human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person’s quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service’s management.

Who might be causing the abuse?
The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, call Adult Social Care. Your concerns will be taken seriously and will receive prompt attention, advice and support.

If the abuse is also a crime such as assault, racial harassment, rape or theft you should involve the police to prevent someone else from being abused. If the police are involved, Adult Social Care will work with them to support you.

If you are worried about contacting the police you can contact Adult Social Care to talk things over first. If immediate action is needed dial 999.

You can also:

- contact the Care Quality Commission (CQC) on 03000 616161 if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse know your concerns. They have responsibilities under the county’s adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)
There is a barring system for all those intending to work, or working with children and vulnerable adults.

This service combines the criminal records checking and barring functions. For disclosure information
Avery Healthcare invites you to Kent’s premium care communities, where outstanding residential and dementia care are delivered alongside luxurious living. A standards based approach ensures modern, purpose built buildings finished to high specifications, restaurant style dining and service, the very best in care from professionally trained staff, and a sector leading Well-being and Activities Programme that supports independence and a fulfilling life.

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CQC GOOD
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Avery

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WINNERS
• Best Large Care Home Group
• Social Activities & Well-being
• Best for Food, Nutrition & Dining
• Best for Training & Development
Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.
BRAMBLES care home

• Single & En Suite Private Rooms • Delicious Home Cooking •
  • Large Landscaped Gardens • Wi-Fi •
  • Private Telephones Available • Private Hairdressing Salon •
  • 24 Hour Care By Trained Staff • Varied Social & Recreational Activities •

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FOR DETAILS & BROCHURE CONTACT
MR K. A. PARKER, R.G.N

WYE: 01233 813217
BRAMBLE LANE, WYE, NR ASHFORD TN25 5EE
www.bramblescare.co.uk

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Ashford care homes

Anderida
Church Road, Mersham, Ashford TN25 6NT
Tel: 01233 501581

Ashford Lodge
Bagham Cross, Chilham, Canterbury CT4 8DU
Tel: 01227 731437

Ashlea House ●
Bockhanger Lane, Kennington, Ashford TN24 9BP
Tel: 01233 643635

Belmont
Stone Street, Stanford North, Ashford TN25 6DF
Tel: 01303 813084

Birch House ●
The Street, Appledore, Ashford TN26 2AF
Tel: 01233 758527

Boldshaves Oast
Frogs Hole Lane, Susans Hill, Woodchurch TN26 3RA
Tel: 01233 860039

Brambles Care Home ●
Bramble Lane, Wye, Ashford TN25 5EE
Tel: 01233 813217 Advert page 62

Cedar Bungalows
Cedar Bungalows, Church Lane, Hothfield, Ashford TN26 1EL
Tel: 01625 417800

Charing Court Residential Home ●
Pluckley Road, Charing TN27 0AQ
Tel: 01233 712491

Cosy Lodge
Westwell Leacon, Charing, Ashford TN27 0EH
Tel: 01233 713515

Court Lodge
Church Road, Mersham, Ashford TN25 6NS
Tel: 01707 601800

Croft, The
83 Front Road, Woodchurch, Ashford TN26 3SF
Tel: 01233 861038

Farm House ●
Highlands Farm, Woodchurch, Ashford TN26 3RJ
Tel: 01233 861514

Glover House
Glover Road, Willesborough, Ashford TN24 0RZ
Tel: 0208 308 1607

Grange, The ●
2 The Street, Kennington, Ashford TN24 9EX
Tel: 01233 621824

Hall, The ●
Ashford Road, Hamstreet, Ashford TN26 2EW
Tel: 01233 732036

Heathfield Residential Home
Canterbury Road, Ashford TN24 8QG
Tel: 01233 610010

Holly Cottage ●
Highlands Farm, Woodchurch, Ashford TN26 3RJ
Tel: 01233 861512

Homelands ●
Forge Hill, Aldington, Ashford TN25 7DT
Tel: 01233 721229

Ivy Cottage ●
Highlands Farm, Woodchurch, Ashford TN26 3RJ
Tel: 01233 861513

Juniper
The Forstal, off Church Road, Mersham TN25 6NU
Tel: 01233 720849

Kent Autistic Trust, The – 118 Beaver Lane ●
Ashford TN23 5NX
Tel: 01233 650526

Service User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

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Advertisers are highlighted

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Choice of Social Groups
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

Social Programme
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.woodchurchhouse.co.uk
Tel: 01233 861600 • Fax: 01233 861602 • Email: enquiries@woodchurchhouse.co.uk
Brook Street, Woodchurch, Ashford, Kent TN26 3SN
Ashford care homes continued

Kent Autistic Trust, The – 165 Jemmett Road
Ashford TN23 4RH
Tel: 01634 405168

Laurels, The
209 Faversham Road, Ashford TN24 9AF
Tel: 01233 635932

Lyndhurst House
Charing Hill, Charing, Ashford TN27 0NG
Tel: 01233 713611

May Lodge
Barrow Hill, Sellindge, Ashford TN25 6JG
Tel: 01303 813926

May Morning
Barrow Hill, Sellindge, Ashford TN25 6JG
Tel: 01303 813166

New Bungalow, The
Forge Hill, Aldington, Ashford TN25 7DT
Tel: 01233 721222

Oaklands
183 Faversham Road, Ashford TN24 9AE
Tel: 01233 632381

Orchard House
Ashford Road, Kingsnorth, Ashford TN23 3ED
Tel: 01233 664906

Richardson Court
Main Road, Sellindge TN25 6JD
Tel: 01303 814821

Rose Cottage
Church Road, Mersham, Ashford TN25 6NT
Tel: 01233 502223

Rosemary Cottage
Highlands Farm, Woodchurch, Ashford TN26 3RJ
Tel: 01233 861510

Sevington Mill
Sevington Lane, Willesborough, Ashford TN24 0LB
Tel: 01233 639800

Southfields
Stanhope Road, Ashford TN23 5RW
Tel: 01233 620256

St Valery Care Home
York Road, Kennington, Ashford TN24 9QQ
Tel: 01233 613931

Summerlands
Maidstone Road, Westwell Leacon, Charing TN27 0EE
Tel: 01233 713454

Whiston House
Whiston Avenue, Bethersden, Ashford TN26 3LA
Tel: 01233 820912

Woodchurch House
Advert page 64
Brook Street, Woodchurch, Ashford TN26 3SN
Tel: 01233 861600

Yew Tree House Residential Care Home for the Elderly
9 Station Road, Headcorn, Ashford TN27 9SB
Tel: 01622 890112

York House Care Home
York Road, Kennington, Ashford TN24 9QQ
Tel: 01233 613931

Ashford care homes with nursing

Ashminster House
Clive Dennis Court, Hythe Road, Ashford TN24 0LX
Tel: 01233 428 424 Advert page 48

Brabourne Care Centre
209 Hythe Road, Ashford TN24 8PL
Tel: 01233 643555

Service User Bands

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<tr>
<th>Service</th>
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Member of the Kent Integrated Care Alliance (KICA)
Adverters are highlighted

Visit www.carechoices.co.uk for further assistance with your search for care
Breton Court is a delightful residential care home, located in the town of Tenterden, in the beautiful Weald of Kent countryside.

Breton Court offers so much more than just a place for older people to live. We are a vibrant, senior living community that offers care, companionship, comfort and a wide selection of activities, that match individual interests. When people come to Breton Court, they lead richer lives, moving from isolation to a community.

The principle objective of the home is to create a caring, homely atmosphere where our clients can maintain as much independence as possible with dignity and respect while living a full active life. Whether they choose to play a competitive game of bingo, take part in morning exercise or just relax with friends, residents discover a second family and a home in which to thrive, both in body and spirit.

“Recognising the challenges of ageing we are dedicated to encouraging a fulfilling lifestyle with independence.”

- Parveen and Priyanka Goyal, proprietors of Breton Court

For more information please contact the manager Janice on:

01580 762 797
www.bretoncourt.co.uk
admin@bretoncourt.co.uk
Breton Court Residential Care Home, Grange Road, Tenterden, Kent TN30 6EE
Ashford care homes with nursing continued

Halden Heights Care Community
Ashford Road, High Halden, Ashford TN26 3BP
Tel: 01233 851136

Hothfield Manor Acquired Brain Injury Centre
Bethersden Road, Hothfield, Ashford TN26 1EL
Tel: 01233 643272

Montfort Manor
Kennington Road, Willesborough, Ashford TN24 0YS
Tel: 01233 886126 Advert page 46

Park View Care Centre
Field View, Park Farm, Ashford TN23 3NZ
Tel: 01233 501748

Singleton Nursing and Residential Home Ltd
Hoxton Close, Singleton, Ashford TN23 5LB
Tel: 01233 666768

Warren Lodge Bupa Care Home
Warren Lane, Ashford TN24 8UF
Tel: 01233 885 848 Advert page 78

Woodchurch House
Brook Street, Woodchurch, Ashford TN26 3SN
Tel: 01233 861600

Tenterden care homes

Breton Court
Grange Road, St Michaels, Tenterden TN30 6EE
Tel: 01580 762797 Advert page 66

A countywide list of home care providers starts on page 25.

Canterbury care homes

Adisham House
Pond Hill, Adisham, Canterbury CT3 3LH
Tel: 01304 840170

Beeches Residential Home, The
35 Ethelbert Road, Canterbury CT1 3NF
Tel: 01227 769654

Bridge Haven
Conyngham Lane, Bridge, Canterbury CT4 5JX
Tel: 01227 831607 Advert page 50

Canterbury Adult Support Unit
88 Whitstable Road, Canterbury CT2 8ED
Tel: 01227 454020

Chase, The
53 Ethelbert Road, Canterbury CT1 3NH
Tel: 01227 453483

Connors House
Craddock Road Canterbury CT1 1YP
Tel: 01227 769774 Advert outside back cover

Service User Bands
OP Older people (65+), D Dementia, PD Physical disability, LDA Learning disability, autism, YA Younger adults, AD People who misuse alcohol or drugs, MH Mental health, SI Sensory impairment, OP D

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Visit www.carechoices.co.uk for further assistance with your search for care
Littlebourne House Residential Care Home
2 High Street, Littlebourne, Canterbury CT3 1UN
Tel: 01227 721527

Advert below left

OAKFIELD HOUSE CARE LTD
Oakfield House High St, Wingham, Canterbury, Kent CT3 1BU

UNDER NEW OWNERSHIP AND MANAGEMENT, WE LOOK FORWARD TO WELCOMING YOU TO OAKFIELD HOUSE

- We offer respite and permanent residential care.
- Single and double rooms are all ensuite with 24-hour nurse call, Television and Telephone points.
- Regular visits from Chiropodist/Podiatrist, Hairdresser and Optician.
- A wide range of activities, outings and events offered throughout the year.
- Well maintained and fully accessible garden and patio area.
- Visitors are always welcome; we aim to support you and your family to ensure that your stay at Oakfield House is a happy one.

Tel: 01227 721107 • oakfieldhousecare@hotmail.com

Elizabeth House
68 Island Road, Upstreet, Canterbury CT3 4DD
Tel: 01227 860516

Family Investment (Four) Ltd
Bridge House, Greenhills, Barham, Canterbury CT4 6LE
Tel: 01227 832512

Footprints
Stodmarsh Road, Canterbury CT3 4AP
Tel: 01227 373292

Greenbanks
Greenhills, Barham, Canterbury CT4 6LE
Tel: 01227 831731

Hamilton’s Residential Home
26 Island Road, Upstreet, Canterbury CT3 4DA
Tel: 01227 860128

Highland House
Littlebourne Road, Canterbury CT3 4AE
Tel: 01227 462921

King Edward House
77-79 New Street, Ash, Canterbury CT3 2BW
Tel: 01304 812953

Kingston House
10 The Street, Kingston, Canterbury CT4 6HZ
Tel: 01227 832981

L’Arche Kent Faith House
21-23 Redwood Close, Canterbury CT2 7TH
Tel: 01227 459133

L’Arche Kent The Rainbow
5 Victoria Road, Canterbury CT1 3SG
Tel: 01227 455745

Littlebourne House
2 High Street, Littlebourne, Canterbury CT3 1UN
Tel: 01227 721527

Meadow View Residential Care Home
Blackthorne Road, Hersden, Canterbury CT3 4GB
Tel: 01227 207117

OAKFIELD HOUSE CARE LTD
Oakfield House High St, Wingham, Canterbury, Kent CT3 1BU

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- We offer respite and permanent residential care.
- Single and double rooms are all ensuite with 24-hour nurse call, Television and Telephone points.
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- Well maintained and fully accessible garden and patio area.
- Visitors are always welcome; we aim to support you and your family to ensure that your stay at Oakfield House is a happy one.

Tel: 01227 721107 • oakfieldhousecare@hotmail.com

Littlebourne House
Your Home from Home
A friendly family run home, specialising in short & long term care including dementia, providing companionship & independence.

- 56 spacious en suite rooms
- All weather conservatory
- Beautiful setting in rural village community
- Activities co-ordinator for your individual needs
- Delicious home prepared food, all dietary needs catered for
- 24 hour care
- 5 near care apartments
- Day community centre

Tel: 01227 721 527

2 High Street, Littlebourne, Canterbury, Kent CT3 1UN
www.littlebournecarehome.co.uk
info@littlebournecarehome.co.uk

Canterbury care homes continued

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Service
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism

User Bands
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

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Advertisers are highlighted
Newlands ●
4 Church Lane, Westbere, Canterbury CT2 0HA
Tel: 01227 713883  OP LDA YA

Oakfield House ●
High Street, Wingham, Canterbury CT3 1BU
Tel: 01227 721107 Advert page 68 D OP

Old Farm House Residential Home, The
48 Hollow Lane, Canterbury CT1 3SA
Tel: 01227 453685  OP D PD SI

Old Rectory Retirement Home, The
Lanfranc Gardens, Summerhill, Canterbury CT2 8NJ
Tel: 01227 768004  OP

RNID Action on Hearing Loss Roper House
St Dunstans Street, Canterbury CT2 8BZ
Tel: 01227 462155  OP D PD LDA MH SI YA

Robert House
95-103 Island Road, Upstreet, Canterbury CT3 4DE
Tel: 01227 860704  OP D MH YA AD

Saxon Lodge Residential Home Ltd
30 Western Avenue, Bridge, Canterbury CT4 5LT
Tel: 01227 831737  OP D

Smock Acre ●
Hollow Lane, Hoath, Canterbury CT3 4LF
Tel: 0208 308 2900  PD LDA

Strode Park Foundation – Redwalls
Stodmarsh Road, Canterbury CT3 4AP
Tel: 01227 785067  PD LDA SI YA

Sussex Avenue, 26A
Canterbury CT1 1RT
Tel: 01227 785270  OP PD LDA YA

Valley House in the Vineyard Ltd
Elham Valley Vineyard Breach, Canterbury CT4 6LN
Tel: 01227 832230  LDA

Whitstable Road ●
94 Whitstable Road, Canterbury CT2 8ED
Tel: 01227 471980  LDA

Woodville Respite Centre
Woodville Close, Canterbury CT1 3TX
Tel: 01227 780965  PD LDA SI YA

Canterbury care homes continued

Canterbury care homes with nursing

Barham House Nursing Home
The Street, Barham, Canterbury CT4 6PA
Tel: 01227 833400  OP D PD MH SI

Chaucer House
St Martin’s Hill, Littlebourne Road, Canterbury CT1 1PS
Tel: 01227 671985 Advert page 50 OP D PD SI YA

Harbledown Lodge ●
Upper Harbledown, Canterbury CT2 9AP
Tel: 01227 458116

Highfield
Bekesbourne Lane, Bekesbourne, Canterbury CT4 5DX
Tel: 01227 831941  OP PD YA

Red House Nursing Home, The
London Road, Canterbury CT2 8NB
Tel: 01227 464171 Advert page 70 OP PD SI

Willow Tree Lodge
126-128 Old Dover Road, Canterbury CT1 3PF
Tel: 01227 760213  OP D

Service
User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs
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Red House
Nursing Home

At The RedHouse we aim to provide our residents with an outstanding level of care, which is tailored to each individual's specific needs. It is our wish that our residents consider The RedHouse to be their home and their happiness here is of paramount importance. The opinions and input of our residents and their family are valued and respected.

Tel: 01227 464171 • Fax: 01227 788084 • Email: admin@redhousenursing.com
www.redhousenursing.com
The Red-House Nursing Home, London Road, Canterbury, CT2 8NB

Delivering Quality Care for over 30 Years

• 24 hour personalised Nursing Care
• Most rooms single en-suite with WiFi access
• Patient own choice of G.P.
• Special diets catered for
• Visiting chiropodist and hairdresser
• Organised activities and entertainment
• Lift and specially equipped bathrooms
• Nurse call and colour TV in all rooms
• Short/long term respite care
• No visiting restrictions
• Full on-site laundry service
• Wheelchair access throughout

The Hailey

The Hailey is a large residential care home situated on 'the downs' with stunning sea views and a short walk from the town centre.
It provides accommodation for up to 40 adults with mental health difficulties.
• Single & En-suite deluxe bedrooms
• Hair salon
• Client kitchen
• On site Daycentre providing numerous activities, skills coaching & promoting independence
• Direct view out onto the sea
• Long term, short stay & respite care offered

For details & a brochure contact Michelle Abbott, Registered Manager 01227 742366
7/8 The Downs, Beacon Hill, Herne Bay, Kent CT6 6AU
Email: Michelle@all-about-care.co.uk
Web: www.all-about-care.co.uk

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www.carechoices.co.uk

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• Search by location and care need
• Information on care quality
• Links to inspection reports
• Additional information, photos and web links
• Brochure requests

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Herne Bay care homes

Broomfield Lodge ●
1 Hunters Forstal Road, Herne Bay CT6 7DN
Tel: 01227 740417 Advert page 74
OP D

Cedar Oaks
68 Cavendish Road, Herne Bay CT6 5BB
Tel: 01227 370158
LDA

Coach House, The
Strode Park House, Lower Herne Road, Herne Bay CT6 7NE
Tel: 01227 740871
PD LDA SI YA

Cumberland, The ●
9-11 Beltinge Road, Herne Bay CT6 6DB
Tel: 01227 375301 Advert page 72
OP D

Elliott House
22 Reculver Road, Herne Bay CT6 6NA
Tel: 01227 374084
OP D

Favorite House Residential Home
28 Canterbury Road, Herne Bay CT6 5DJ
Tel: 01227 374166
OP D

Grange, The
75 Reculver Road, Herne Bay CT6 6LQ
Tel: 01227 741357
LDA

H M T Care – 48 Albany Drive
Herne Bay CT6 8PX
Tel: 01227 742992
PD YA

Hailey Residential Care Home, The ●
7-8 The Downs, Beacon Hill, Herne Bay CT6 6AU
Tel: 01227 742366 Advert page 70
OP MH YA

Harbour Care Home ●
139 The Broadway, Herne Bay CT6 8HY
Tel: 01227 741940
LDA MH YA

Herne Place
Parkland Road, Herne Bay CT6 5DN
Tel: 01227 934 182 Advert page 48
OP D YA

Heron House
St Augustines, Sweechbridge Road, Herne Bay CT6 6TB
Tel: 01227 368932
PD LDA SI YA

High Pines Residential Home Ltd
47 Pigeon Lane, Herne, Herne Bay CT6 7ES
Tel: 01227 368454
OP D

Kimberley Residential Home ●
40 Mickleburgh Hill, Herne Bay CT6 6DT
Tel: 01227 374568
D

Kingsley
28 Downs Park, Herne Bay CT6 6BZ
Tel: 01227 367577
LDA

Laleham, The
117-121 Central Parade, Herne Bay CT6 5JN
Tel: 01227 374898
OP D

Optima Care Ltd – 37 Spenser Road ●
Herne Bay CT6 5QP
Tel: 01227 741114
OP PD LDA SI YA

Orchard House
Underdown Lane, Herne Bay CT6 5UD
Tel: 01227 373586
PD YA

Rivendell, The
6 Beacon Road, Herne Bay CT6 6DH
Tel: 01227 363137
LDA

Roselands
50 Reculver Drive, Beltinge, Herne Bay CT6 6QF
Tel: 01227 360738
OP LDA YA

Seymour House
9 Queenbridge Drive, Herne Bay CT6 8HE
Tel: 01227 361395
LDA

Sovereign House ●
30 Canterbury Road, Herne Bay CT6 5DJ
Tel: 01227 368796 Advert page 72
OP

St Brelades ●
5-6 Beacon Hill, Herne Bay CT6 6AU
Tel: 01227 375301 Advert page 72
OP D

St Peter’s Care Home
15 St Georges Terrace, Herne Bay CT6 8RQ
Tel: 01227 744 000 Advert page 72
OP

Service User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

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Advertisers are highlighted

Visit www.carechoices.co.uk for further assistance with your search for care
St Brelades is situated overlooking the sea with panoramic views across the Downs. Cumberland is situated close to the seafront and local amenities. Both homes have good road and rail links to London and the rest of the country.

We have been established for 40 years, and offer specialised care to ladies living with Dementia. We have had excellent outcomes in CQC reviews and were rated as GOOD in all categories in the last inspection. Our overarching aim is to give our service users a meaningful life that meets their personal wishes.

**We provide**

- 24 hour care in a room of your choice (many with en-suite)
- A variety of dining and communal areas to suit your needs
- Delicious home-style food, prepared in-house using local produce
- Recreational activities and support with spiritual wellbeing
- Contracted local GP offering in-house consultation and other health care services as needed

For more information, please contact us

01227 375301 | 01227 365203
www.stbreladescarehomes.org.uk
stbrelades@btconnect.com

St Brelades Care Home, 5/6 Beacon Hill, Herne Bay CT6 6AU
Cumberland Care Home, 9/11 Beltinge Road, Herne Bay CT6 6DB

---

**Residential Care Home for the Elderly**

A detached property situated only two minutes from the beach and High Street, Sovereign House is registered to provide personal care and support for up to 10 older people with dementia.

The well decorated and maintained accommodation is spread over three floors with eight en-suite rooms and two rooms with adjoining bathrooms. The home has a lift, a grassed front garden and a concreted rear garden with plants and shrubs.

Contact us for further information:
Tel: 01227 368796 Email: sovereignhouse@talktalk.net
Herne Bay care homes continued

**Strode Park House**
Lower Herne Road, Herne Bay CT6 7NE
Tel: 01227 370909

**Tarrys Residential Home**
86-88 Grand Drive, Herne Bay CT6 8LL
Tel: 01227 367045

Herne Bay care homes with nursing

**Coach House, The**
Strode Park House, Lower Herne Road,
Herne Bay CT6 7NE
Tel: 01227 740871

**Haydon-Mayer**
54 Albany Drive, Herne Bay CT6 8PX
Tel: 01227 374962

**Whitebirch Lodge**
102-104 Canterbury Road, Herne Bay CT6 5SE
Tel: 01227 374633

**Wimbledon House Residential Care Home**
58 Selsea Avenue, Herne Bay CT6 8SD
Tel: 01227 370909

---

**Wimbledon House**

The home provides an excellent comfortable atmosphere with very high standards of accommodation for long term residents and for people who need respite or day care.

*102-104 Canterbury Road, Herne Bay, Kent, CT6 5SE*

For more information please do not hesitate to contact us on
(01227) 374633 or 362312

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Service: **OP** Older people (65+), **D** Dementia, **PD** Physical disability, **LDA** Learning disability, autism
User Bands: **MH** Mental health, **SI** Sensory impairment, **YA** Younger adults, **AD** People who misuse alcohol or drugs

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Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
St Martins and Broomfield Lodge

Providing excellent care for dementia focusing on clients’ individual needs.
We offer a high standard of accommodation with 24 hour care by professional trained staff.

- Respite care
- Regular entertainment
- Visiting hairdresser, chiropodist & aromatherapist
- Seasonal menu
- Lift
- Friendly run Homes with a warm and welcoming atmosphere

St Martins Care Home
3 Joy Lane, Whitstable, Kent CT5 4LS
Email: stmartins@huinvestments.co.uk
Tel: 01227 261340
www.stmartinscarehome.co.uk

Broomfield Lodge Care Home
1 Hunters Forstal Road, Broomfield, Herne Bay, Kent CT6 7DN
Email: broomfield@huinvestments.co.uk
Tel: 01227 740417
www.broomfieldlodgecarehome.co.uk

Owned and operated by H U Investments Limited, a company that is committed to Investing In Care.
The Coach House, The Oasts Business Village, Red Hill, Wateringbury, Maidstone, Kent ME18 5NN
Tel: 07733 177553 Email: gill@huinvestments.co.uk

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Search for care at www.carechoices.co.uk to find support in your area
Whitstable care homes

**Bradbury Grange**
74 Canterbury Road, Whitstable CT5 4HE
Tel: 01227 273209 **Advert below**

**St Martins**
3 Joy Lane, Whitstable CT5 4LS
Tel: 01227 261340

**Fiveways**
Kingsdown Park East, Tankerton, Whitstable CT5 2DT
Tel: 0208 531 5885

**Lyndhurst Rest Home**
42-43 Marine Parade, Tankerton, Whitstable CT5 2BE
Tel: 01227 275290

**Marine Parade**
18 Marine Parade, Tankerton, Whitstable CT5 2BG
Tel: 01227 772824

**Maylands**
Grosvener Road, Whitstable CT5 4NN
Tel: 01227 770232

**Tralee Rest Home**
38-40 Tankerton Road, Whitstable CT5 2AB
Tel: 01227 276307

**Bradbury Grange, Whitstable**
Residential care

MHA is a charity with over 75 years’ experience providing quality care and supporting families.

**We offer full-time and respite care:**
- Personalised care in a safe environment
- En suite bedrooms and home cooked food
- A dedicated chaplain
- Beautiful gardens, a hair salon and coffee shop

Call or visit us online to arrange a visit
01227 273209  www.mha.org.uk/bradburygrange

**Service User Bands**

<table>
<thead>
<tr>
<th>Service</th>
<th>User Bands</th>
</tr>
</thead>
<tbody>
<tr>
<td>OP</td>
<td>Older people (65+)</td>
</tr>
<tr>
<td>D</td>
<td>Dementia</td>
</tr>
<tr>
<td>PD</td>
<td>Physical disability</td>
</tr>
<tr>
<td>LDA</td>
<td>Learning disability, autism</td>
</tr>
<tr>
<td>SI</td>
<td>Sensory impairment</td>
</tr>
<tr>
<td>YA</td>
<td>Younger adults</td>
</tr>
<tr>
<td>AD</td>
<td>People who misuse alcohol or drugs</td>
</tr>
</tbody>
</table>

**Member of the Kent Integrated Care Alliance (KICA)**

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
Gardenia House
Keeping those you love nearby in Dartford

Gardenia House is an intimate 25 bed home with a warm and friendly environment. Providing 24 hour residential and respite care for older people.

Contact us to find out more or to arrange a visit:
01322 290837
GardeniaHse@ambient.org.uk

Darenth Grange Residential Home
Registered for 29 Elderly Clients • Established since 1952

The home is reached by a long private drive, standing in over six acres of green belt on the hill, overlooking beautiful Darenth Valley. We aim to respect the privacy and dignity of the clients in a homely atmosphere where care comes first.

Contact: Debbie Myatt
Provider: DFA Care Ltd

19 Pilgrims Court, Temple Hill, Dartford, Kent DA1 5LZ
www.ambient.org.uk

DESIGNED WITH YOU IN MIND

The Home
It’s our aim to make residents feel like Hazelwood is their home through a warm, welcoming and friendly environment. We want residents to feel settled from day one, no matter what their individual needs are – providing a life-long service.

Prior to admission, our Home Manager, George Joseph, will be delighted to have a full consultation with you, to discuss your needs and requirements, and tell you more about life at Hazelwood. For those who so wish, we are pleased to offer a four-week trial stay period for you to assess our services.

• Residential and Nursing Care
• 50 bedrooms with en-suite
• On-site Chef
• Dining & private dining areas
• Cinema room
• Beauty salon
• Sensory room and garden
• Library
• Varied activities programme
• Private garden
• Lift access

Contact: George Joseph
Provider: DFA Care Ltd

01474 573 800
E. info@hazelwoodcarehome.com
W. hazelwoodcarehome.com

Search for care at www.carechoices.co.uk to find support in your area
Whitstable care homes with nursing

Chestfield House
The Ridge Way, Chestfield, Whitstable CT5 3JT
Tel: 01227 792281
**OP D**

Harrier Lodge
Thanet Way, Whitstable CT5 3FS
Tel: 01227 806414  **Advert page 46**  **OP D PD MH YA**

St John Home
1 Gloucester Road, Whitstable CT5 2DS
Tel: 01227 273043  **OP PD MH SI YA**

Whitstable Nursing Home
28 West Cliff, Whitstable CT5 1DN
Tel: 01227 265443  **OP D**

Dartford care homes

Blossoms Care Home Ltd
Mounts Road, Greenhithe DA9 9ND
Tel: 01322 381642  **OP D PD**

Bramblings Residential Home
Bramblefield Close, Hartley DA3 7PE
Tel: 01474 702332  **OP**

Charton Manor
Gorse Hill, Farningham DA4 0JQ
Tel: 01322 863116  **OP YA**

Darenth Grange Residential Home
Darenth Hill, Dartford DA2 7QR
Tel: 01322 224423  **Advert page 76**  **OP D SI**

Fairby Grange
Ash Road, Longfield DA3 8ER
Tel: 01474 702223  **OP D MH**

Gardenia House
19 Pilgrims Court, Temple Hill, Dartford DA1 5LZ
Tel: 01322 290837  **Advert page 76**  **OP D PD LDA MH SI YA**

Harmonia Village
Harmonia Village Hub 42 Randolph Road, Dover CT17 0FZ
Tel: 01304 225658  **OP D**

Haslington Lodge Care Home
Bean Road, Greenhithe DA9 9JB
Tel: 01322 383229  **OP D**

Old Downs Dementia Residential Care Home, The Castle Hill, Hartley, Dartford DA3 7BH
Tel: 01474 702146  **OP D**

Rosewood Residential Care Home
Cobham Terrace, Bean Road, Greenhithe DA9 9JB
Tel: 01322 385880  **OP D**

Shakti Lodge
208-212 Princes Road, Dartford DA1 3HR
Tel: 01322 288070  **OP D**

Shore Lodge – Care Home Learning Disabilities
Bow Arrow Lane, Dartford DA2 6PB
Tel: 01322 220965  **OP LDA YA**

Sonya Lodge Dementia Residential Care Home
10 High Road, Wilmington, Dartford DA2 7EG
Tel: 01322 289768  **OP D**

St James House
53-55 Spital Street, Dartford DA1 2DX
Tel: 01322 600510  **PD LDA MH SI YA AD**

St James Mews
2-3 St James Place, Dartford DA1 2ED
Tel: 01322 600511  **PD LDA MH YA AD**

Turnbull Close
Walsingham, Stone, Dartford DA9 9EB
Tel: 01322 381568  **OP PD LDA YA**

---

**Service User Bands**

- **OP** Older people (65+)
- **D** Dementia
- **PD** Physical disability
- **LDA** Learning disability, autism
- **MH** Mental health
- **SI** Sensory impairment
- **YA** Younger adults
- **AD** People who misuse alcohol or drugs

**Member of the Kent Integrated Care Alliance (KICA)**

**Advertisers are highlighted**

Visit www.carechoices.co.uk for further assistance with your search for care
Dartford care homes with nursing

Beechcare incorporating the Peter Gidney Neurological Centre
Darenth Road South,
Dartford DA2 7QT
Tel: 016241 7800

Broad Oak Manor Bupa Care Home
Broad Oak Close, off Arnolds Lane,
Sutton at Hone, Dartford DA4 9HF
Tel: 01322 515 679 Advert below

Eglantine Villa Bupa Care Home
Eglantine Lane, Horton Kirby,
Dartford DA4 9JL
Tel: 01322 517 530 Advert below

Emerson Grange
Emerson Park, Rowhill Road, Hextable,
Swanley BR8 7FP
Tel: 01233 224040

Hazelwood Care Home
Brickfield Farm, Main Road,
Longfield DA3 7PW
Tel: 01474 573 800 Advert page 76

Kentwood House
Darenth Road South, Darenth, Dartford DA2 7QT
Tel: 01322 279771

Priory Mews Care Home
Watling Street, Dartford DA2 6EG
Tel: 01322 292514

Russell Court Nursing Home
Russell Square, Longfield DA3 7RY
Tel: 01474 708151

Wilmington Manor Bupa Care Home
Common Lane, Wilmington, Dartford DA2 7BA
Tel: 01322 517 527 Advert below

Woodford House
Watling Street, Dartford DA2 6EG
Tel: 01322292514

Wombwell Hall Care Home
Wombwell Gardens, Northfleet DA11 8BL
Tel: 01474 569699

Call us for advice or to arrange a visit
0808 250 9429

Look in the listings for our homes

Your local Bupa care homes in Kent.

If you’re considering care for an elderly loved one, a warm, welcoming place close to family and friends means a lot. That’s why our choice of long and short-term care options in Kent could be something for you to think about, whether you’ve got our insurance or not.

For information on different types of care home, see page 47.

See page 77 for the Service User Bands key.
Deal care homes

**Anro House**
17 Cambridge Road, Walmer, Deal CT14 7HG
Tel: 01304 367178

**Aspen Lodge**
London Road, Sholden, Deal CT14 0AD
Tel: 01304 367985

**Avondale Castlemount Lodge**
Castle Mount Lodge, Taswell Street, Dover CT16 1SG
Tel: 01304 212835

**Bon Secours**
250 Middle Deal Road, Deal CT14 9SW
Tel: 01304 366325

**Bradfield Residential Home**
Hawksdown Road, Walmer, Deal CT14 7PW
Tel: 01304 360960

**Brook Lodge**
68 London Road, Deal CT14 9TF
Tel: 01304 371126

**Cameron Lodge**
142 Church Path, Middle Deal Road, Deal CT14 9TU
Tel: 01304 373650

**Channel Lea, 12**
Walmer, Deal CT14 7UG
Tel: 01304 367131

**Chitty Barn**
Salisbury Road, Dover CT16 1EU
Tel: 01303 276000

**Generals Meadow**
St Clare Road, Walmer, Deal CT14 7PY
Tel: 01304 360965

**Glendale Lodge**
Glen Road, Kingsdown, Deal CT14 8BS
Tel: 01304 363449

**Goodwins, The**
3 St Richards Road, Deal CT14 9JR
Tel: 01304 389149

**Grove Villa Care**
24 Mill Road, Deal CT14 9AD
Tel: 01304 364454

**Homeleigh**
3 Sondes Road, Deal CT14 7BW
Tel: 01304 380040

**Meadowside**
Liverpool Road, Walmer, Deal CT14 7NW
Tel: 01304 363445

**Milestone House**
188 London Road, Deal CT14 9PW
Tel: 01304 381201

**Old Vicarage, The**
Vicarage Lane, Tilmanstone, Deal CT14 0JG
Tel: 01304 611241

**Phoenix House**
The Drove, Northbourne, Deal CT14 0LN
Tel: 01304 379917

**Seahaven**
110 Wellington Parade, Kingsdown, Deal CT14 8AF
Tel: 01304 364704

**Sholden Hall Residential Retreat**
London Road, Sholden, Deal CT14 0AB
Tel: 01304 375445

**St Winifred’s Dementia Residential Care Home**
236 London Road, Deal CT14 9PP
Tel: 01304 375758

**Turning Point – Chilton Way**
33 Chilton Way, Dover CT17 0QA
Tel: 01612 385230

<table>
<thead>
<tr>
<th>Service User Bands</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
<th>MH Mental health</th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Notes</strong></td>
<td></td>
<td></td>
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<td></td>
<td>Member of the Kent Integrated Care Alliance (KICA)</td>
</tr>
</tbody>
</table>
**Deal care homes continued**

<table>
<thead>
<tr>
<th>Upton House</th>
<th>Deal Road, Worth, Deal CT14 0BA</th>
<th>01304 612365</th>
<th>OP D</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walmer Care Centre</td>
<td>8-10 Marine Road, Walmer, Deal CT14 7DN</td>
<td>01304 374928</td>
<td>OP D</td>
</tr>
<tr>
<td>Wellington House</td>
<td>371 Dover Road, Walmer, Deal CT14 7NZ</td>
<td>01304 379950</td>
<td>LDA MH YA</td>
</tr>
<tr>
<td>Westbury House</td>
<td>2 Blenheim Road, Deal CT14 7DB</td>
<td>01304 360696</td>
<td>LDA YA</td>
</tr>
</tbody>
</table>

**Deal care homes with nursing**

<table>
<thead>
<tr>
<th>Knoll Nursing Home, The</th>
<th>196 Dover Road, Walmer, Deal CT14 7NB</th>
<th>01304 371126</th>
<th>OP D</th>
</tr>
</thead>
<tbody>
<tr>
<td>Martha House</td>
<td>Martha Trust, Homemead Lane, Deal CT14 OPG</td>
<td>01304 371126</td>
<td>PD LDA</td>
</tr>
<tr>
<td>St Anselm's Nursing Home</td>
<td>St Clare Road, Walmer, Deal CT14 7QB</td>
<td>01304 365644</td>
<td>OP D MH</td>
</tr>
<tr>
<td>St Winifred's Dementia Residential Care Home</td>
<td>236 London Road, Deal CT14 9PP</td>
<td>01304 375758</td>
<td>OP D PD YA</td>
</tr>
<tr>
<td>Sonia Lodge</td>
<td>5-7 Warwick Road, Walmer, Deal CT14 7JF</td>
<td>01304 361894</td>
<td>OP D</td>
</tr>
</tbody>
</table>

**A countywide list of home care providers starts on page 25.**

**Dover care homes**

<table>
<thead>
<tr>
<th>Alandale Residential Home</th>
<th>9 The Drove, Whitfield, Dover CT16 3JB</th>
<th>01304 824904</th>
<th>OP D</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alexander House – Dover</td>
<td>140-142 Folkestone Road, Dover CT17 9SP</td>
<td>01304 212949</td>
<td>OP D</td>
</tr>
<tr>
<td>Alison Crescent</td>
<td>65 Alison Crescent, Whitfield, Dover CT16 3LP</td>
<td>01612 385230</td>
<td>OP LDA YA</td>
</tr>
<tr>
<td>Ashgold House</td>
<td>Church Whitfield, Whitfield, Dover CT16 3HZ</td>
<td>01304 823966</td>
<td>PD LDA SI</td>
</tr>
<tr>
<td>Ashingham House</td>
<td>London Road, Temple Ewell, Dover CT16 3DJ</td>
<td>01304 826842</td>
<td>LDA MH</td>
</tr>
<tr>
<td>Brambling House</td>
<td>46 Eythorne Road, Shepherdswell, Dover CT15 7PG</td>
<td>01304 830276</td>
<td>OP D PD SI YA</td>
</tr>
<tr>
<td>Brambling Lodge</td>
<td>48 Eythorne Road, Shepherdswell, Dover CT15 7PG</td>
<td>01304 830775</td>
<td>OP D PD SI</td>
</tr>
<tr>
<td>Felbrigg House</td>
<td>St Alphege Road, Dover CT16 2PU</td>
<td>01304 204760</td>
<td>LDA YA</td>
</tr>
<tr>
<td>Glen, The</td>
<td>162 Folkestone Road, Dover CT17 9SN</td>
<td>01303 276000</td>
<td>LDA</td>
</tr>
<tr>
<td>Hillbrow</td>
<td>150 Crabble Hill, Dover CT17 0SE</td>
<td>01304 827411</td>
<td>LDA MH YA</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Service</strong></th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
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</thead>
<tbody>
<tr>
<td><strong>User Bands</strong></td>
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<td>SI Sensory impairment</td>
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</tr>
</tbody>
</table>

● Member of the Kent Integrated Care Alliance (KICA)
<table>
<thead>
<tr>
<th>Ivy Bank Residential Care Home</th>
<th>Swerford House</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wellington Road, Temple Ewell, Dover CT16 3DB</td>
<td>The Avenue, Temple Ewell, Dover CT16 3AW</td>
</tr>
<tr>
<td>Tel: 01304 449032</td>
<td>Tel: 01304 821432</td>
</tr>
<tr>
<td>L’Arche Kent Cana</td>
<td>Thorndene</td>
</tr>
<tr>
<td>Chapel Hill, Eythorne, Dover CT15 4AY</td>
<td>Canterbury Road, Swingfield, Dover CT15 7HZ</td>
</tr>
<tr>
<td>Tel: 01304 831739</td>
<td>Tel: 01303 892244</td>
</tr>
<tr>
<td>Laureston House Residential Home</td>
<td>Twyford House</td>
</tr>
<tr>
<td>Laureston Place, Dover CT16 1QU</td>
<td>Whitfield Avenue, Dover CT16 2AG</td>
</tr>
<tr>
<td>Tel: 01304 204283</td>
<td>Tel: 01304 241804</td>
</tr>
<tr>
<td>Little Glen</td>
<td>United Response – 1 St Alphege Road</td>
</tr>
<tr>
<td>60 Church Road, Dover CT17 9SN</td>
<td>Dover CT16 2PU</td>
</tr>
<tr>
<td>Tel: 01303 276000</td>
<td>Tel: 01304 225252</td>
</tr>
<tr>
<td>Reddington House</td>
<td>White Cliffs Lodge</td>
</tr>
<tr>
<td>2 Park Avenue, Dover CT16 1ER</td>
<td>Primrose Road, Dover CT17 0JA</td>
</tr>
<tr>
<td>Tel: 01303 276000</td>
<td>Tel: 01304 219213</td>
</tr>
<tr>
<td>Riverlea House</td>
<td>Whitfield</td>
</tr>
<tr>
<td>105b-107 Lower Road, River, Dover CT17 0QY</td>
<td>107 Sandwich Road, Whitfield, Dover CT16 3JP</td>
</tr>
<tr>
<td>Tel: 01304 823935</td>
<td>Tel: 01304 820236</td>
</tr>
<tr>
<td>Sandwich Road, 55</td>
<td>Wolverton Court</td>
</tr>
<tr>
<td>Whitfield CT16 3LT</td>
<td>Alkham Valley Road, Alkham, Dover CT15 7DS</td>
</tr>
<tr>
<td>Tel: 01304 820803</td>
<td>Tel: 01304 825544</td>
</tr>
<tr>
<td>Shakespeare House</td>
<td>Woodside Residential Care Home</td>
</tr>
<tr>
<td>218 Folkestone Road, Dover CT17 9JF</td>
<td>Whitfield Hill, Dover CT16 3BE</td>
</tr>
<tr>
<td>Tel: 01304 202664</td>
<td>Tel: 01304 825713</td>
</tr>
<tr>
<td>St Michaels</td>
<td>For information on different types of care home, see page 47.</td>
</tr>
<tr>
<td>166 London Road, Temple Ewell, Dover CT16 3DE</td>
<td></td>
</tr>
<tr>
<td>Tel: 01304 826414</td>
<td></td>
</tr>
</tbody>
</table>

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
Our aim is to provide high quality personalised nursing care to meet the needs of the individual whilst encouraging choice and independence in a friendly, relaxing and homely environment. We are sensitive to our resident’s requirements for privacy, confidentiality and personal dignity.

Fresh meals, regular activities and a full complement of highly trained nursing and care staff help us to maintain the best possible care and comfort for our residents. Refurbishments to our home and improvements to our service are in process and ongoing.

If you or your loved one is considering the need for residential or nursing care, please feel free to contact us or come and visit us to see what we can offer.

We look forward to welcoming you to our home.

---

Temple Ewell Nursing Home
Wellington Road, Temple Ewell, Dover, Kent CT16 3DB

Contact us for more information
01304 822206 (Office)
01304 822246 (Nurses)
01304 822208 (Fax)

www.temple-ewell.co.uk
admin@temple-ewell.co.uk
gillian@temple-ewell.co.uk

---

THE CHESTNUTS
Residential Care Home for the Elderly
Wrotham Road, Meopham, Kent DA13 9AH

- Family run care home
- Located in a village setting with spacious grounds
- Short and long term residents welcome
- 24 hour individual attention by thoughtful, caring staff
- Single rooms
- En suite facilities
- Lifts to all floors

For further help and advice please contact Mrs Lesley Plumb on:
Meopham (01474) 812152
Email: manager@chestnutscarehome.co.uk
www.chestnutscarehome.co.uk

---

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

---

RESIDENTIAL CARE FOR OLDER PEOPLE
(01474) 824122
42 VILLA ROAD
HIGHAM
ROCHESTER
KENT
ME3 7BX
Dover care homes with nursing

Ami Court
198 Dover Road, Deal CT14 7NB
Tel: 01304 371126  

Applecroft Care Home
Sanctuary Close, River, Dover CT17 0ER
Tel: 01304 821331  

Harmonia Village
Harmonia Village Hub 42 Randolph Road, Dover CT17 0FZ
Tel: 01304222568  

Melvyn & Jan John
3 Portland Terrace, Church Lane, Ripple CT14 8JJ
Tel: 01304 368276  

St Stephens Nursing Home
Godwyne Road, Dover CT16 1SW
Tel: 01304 202864  

Temple Ewell Nursing Home
Wellington Road, Temple Ewell, Dover CT16 3DB
Tel: 01304 822206  

Willow Park Lodge Care Home
57 Coombe Valley Road, Dover CT17 0EX
Tel: 01304 898989  

See page 53 for more information on paying for care homes in Kent.

Sandwich care homes

Eastry House
High Street, Eastry, Sandwich CT13 0HE
Tel: 01304 613791  

Eastry Villa’s
High Street, Eastry, Sandwich CT13 0HE
Tel: 01304 619976  

Gate House
High Street, Eastry, Sandwich CT13 0HE
Tel: 01304 620177  

Wayfarers
St Barts Road, Sandwich CT13 0AW
Tel: 01304 614155  

Gravesham

Gravesend care homes

Benham Lodge
42 Pelham Road, Gravesend DA11 0HZ
Tel: 01474 533108  

Chestnuts Care Home, The
Wrotham Road, Meopham, Gravesend DA13 9AH
Tel: 01474 812152  

Copperfields Residential Home
42 Villa Road, Higham ME3 7BX
Tel: 01474 824122  

Dale Lodge
Dale Road, Southfleet DA13 9NX
Tel: 01474 834877  

Dale Mount
Dale Road, Southfleet DA13 9NX
Tel: 01474 832461  

Dene Holm
Deneholm Road, Northfleet DA11 8JY
Tel: 01474 567532  

Visit www.carechoices.co.uk for further assistance with your search for care
Sherwood House

Sherwood House is a newly opened 32 bed care home specialising in caring for those with Dementia of varying degrees. The home has been furnished to a high standard with specialist input from a team of designers to ensure we are Dementia friendly.

We provide
- Home cooked nutritionally balanced meals
- A range of refreshments
- Activities tailored to the individual
- Assistance with personal care needs such as bathing & showering
- Manicure & pampering
- Social stimulation – making new friends
- Seasonal events
- Invitation to outings and local events
- Outdoor garden activities
- Utilising visiting professionals such as the Hairdresser and Podiatrist

Let us help you care for your loved one living with dementia

01634 326865
sherwoodhouserochester.co.uk
info@sherwoodhouserochester.co.uk
Sherwood House, 209-211 Maidstone Road, Rochester, Kent ME1 3BU

Regulated by
CareQualityCommission  carehome.co.uk
Gravesend care homes continued

Echo Square House
70 Parrock Road,
Gravesend DA12 1QH
Tel: 01179 748480

Kesson House Care Home
Council Avenue, Northfleet,
Gravesend DA11 9HN
Tel: 01474 335241

Edward Moore House
Trinity Road, Gravesend DA12 1LX
Tel: 01474 321360 Advert outside back cover

Larchwood Grove
60 Parrock Road, Gravesend DA12 1QH
Tel: 01474 352722

Edwin Therapeutic Unit
82 Edwin Street, Gravesend DA12 1EJ
Tel: 01474 323891

Orchard Cottage
78 Old Road East, Gravesend DA12 1PE
Tel: 01474 321127

Gravesash Place Integrated Care Centre
22-22a Stuart Road,
Gravesend DA11 0BZ
Tel: 01474 360500

Overcliffe House
30-31 Overcliffe, Gravesend DA11 0EH
Tel: 0117 974 8400

Heather Lodge
65 Armoury Drive,
Gravesend DA12 1LZ
Tel: 01474 331004

Pelham Manor
31 Pelham Road, Gravesend DA11 0HU
Tel: 0117 974 8400

Hevercourt
Goodwood Crescent, Singlewell,
Gravesend DA12 5EY
Tel: 01474 363690

Sheringham House
54 Old Road East, Gravesend DA12 1NR
Tel: 01474 329807

Hollies Residential Home, The
86-90 Darnley Road,
Gravesend DA11 0SE
Tel: 01474 568998

Welcome House – Ruby Lodge
58 Pelham Road, Gravesend DA11 0HZ
Tel: 01474 355594

Gravesend care homes with nursing

Ashley Down Nursing Home
29 Clarence Place,
Gravesend DA12 1LD
Tel: 01474 363638

Winchester House
180 Wouldham Road,
Rochester ME1 3TR
Tel: 01634 624 164 Advert page 48

Mayflower Care Home
Hartshill Road, Northfleet,
Gravesend DA11 7DX
Tel: 01474 531030

Withens Nursing Home, The
Hook Green Road,
Southfleet DA13 9NP
Tel: 01474 685001

<table>
<thead>
<tr>
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<td>PD</td>
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<td>AD</td>
<td>People who misuse alcohol or drugs</td>
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</tbody>
</table>

Member of the Kent Integrated Care Alliance (KICA)

Visit www.carechoices.co.uk for further assistance with your search for care
The Grove is an exceptional home that is independently owned and has recently undergone significant refurbishment. It stands in extensive landscaped grounds, has a beautiful dining room and a choice of spacious lounges where residents can relax, socialise and enjoy a variety of activities and entertainment.

A wide range of bedrooms is available including several suites. For maximum comfort, we have bathrooms with swing/tilt baths, and shower rooms.

Our dedicated staff are carefully selected and trained. They take pride in providing the highest standards of individual care to residents in a warm and supportive manner; making it a very happy home. Our cooks ensure that they provide a selection of high quality, wholesome meals, and cater for all dietary requirements. Visitors can prepare light refreshments and relax with their resident in our ‘dinettes’.

Our door is always open to family and friends.

Home with the support and care you need

Visit us at: 6 Bower Mount Road Maidstone Kent ME16 8AU
Contact the Manager: Tel: 01622 755 292 Fax: 01622 662 414 Email: thegroverh@hotmail.co.uk
Maidstone care homes

Abbeyrose House
1 St Michaels Road, Maidstone ME16 8BS
Tel: 01622 762369

Avenues South East – 492 Maidstone Road
Blue Bell Hill, Chatham ME5 9QN
Tel: 01634 869716

Birling House
89 High Street, Snodland ME6 5AN
Tel: 01634 244689

Bowercroft Care Ltd
5 Bower Mount Road, Maidstone ME16 8AX
Tel: 01622 672623

Cedardale Residential Home
Queens Road, Maidstone ME16 0HX
Tel: 01622 755338

Chippendayle Lodge Residential Care Home
10 Chippendayle Drive, Harrietsham, Maidstone ME17 1AD
Tel: 01622 859230

Church Lane
21 Church Lane, Bearsted, Maidstone ME14 4EF
Tel: 01622 730867

Dickley Court
Dickley Lane, Lenham, Maidstone ME17 2DD
Tel: 01622 859216

Eastfield
76 Sittingbourne Road, Maidstone ME14 5HY
Tel: 01622 755153

Fairlawn Residential Home
327 Queens Road, Maidstone ME16 0ET
Tel: 01622 751620

Forge House
2 Podkin Wood, Walderslade, Chatham ME5 9LY
Tel: 01634 566552

Greenbanks Care Home
31 Buckland Road, Maidstone ME16 0SL
Tel: 01622 755859

Grove Residential Home, The
6 Bower Mount Road, Maidstone ME16 8AU
Tel: 01622 755292 Advert page 86

Haven Care Home, The
17 Church Road, Tovil, Maidstone ME15 6QX
Tel: 01622 686865

Hillbeck Residential Care Home
Roundwell, Bearsted, Maidstone ME14 4HN
Tel: 01622 737847

Invicta Court
Invicta Court, Gidds Pond Way, Weavering, Maidstone ME14 5FY
Tel: 01622 80876 Advert page 46

Loose Court
Rushmead Drive, Maidstone ME15 9UD
Tel: 01622 747406

Lower Robin Hood Lane, 146
Walderslade, Chatham ME5 9LB
Tel: 01634 200335

Lulworth House Dementia Residential Care Home
Queens Avenue, Maidstone ME16 0EN
Tel: 01622 683231

Magnolia House
1 Cripple Street, Loose, Maidstone ME15 6BA
Tel: 01622 747677

Melanie Ann Trust Residential Home, The
251 Saltings Road, Snodland ME6 5HR
Tel: 01634 320894

Mont Calm Residential Home
72-74 Bower Mount Road, Maidstone ME16 8AT
Tel: 01622 752117

Oast, The
2 Plains Avenue, Maidstone ME15 7AT
Tel: 01622 752969

---

Service User Bands

Op Older people (65+)
D Dementia
MH Mental health
SI Sensory impairment
PD Physical disability
LDA Learning disability, autism
YA Younger adults
AD People who misuse alcohol or drugs

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Adverters are highlighted

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A CHOICE OF 2 FANTASTIC NURSING CARE CENTRES IN KENT

24-hour nursing care for ages 55 to 100 years and over. Respite, post-operative and Dementia care.

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● 24 hour nursing ● Dementia care ● Highly trained staff ● Crisis intervention/emergency admission ● Daily activities/entertainment ● End of life/continuing care ● Non planned assessments

Visit us to see just why our clients and their families are so happy to be cared for by us.

GRACE MANOR CARE CENTRE 348 Grange Road, Gillingham, Kent ME7 2UD
Call 01634 570 230 or email gracemanor@foresthc.com www.foresthc.com

THE POPLARS CARE CENTRE 158 Tonbridge Road, Maidstone, Kent ME16 8SJ
Call 01622 752 872 or email poplars@foresthc.com www.foresthc.com

Calls charged at a maximum of 4p per minute from UK land lines. Mobile charges vary.
## Maidstone care homes with nursing

**Ashley Gardens Care Centre**  
419 Sutton Road, Maidstone ME15 8RA  
Tel: 01622 761310  
[OP D YA]

**Barty House Nursing Home**  
Roundwell, Bearsted, Maidstone ME14 4HN  
Tel: 01622 737025

**Betsy Clara Nursing Home**  
Courtenay Road, Tovil, Maidstone ME15 6UW  
Tel: 01622 687523  
[OP D MH]

**Gavin Astor House Nursing Home**  
Royal British Legion Industries, Royal British Legion Village, Aylesford ME20 7NF  
Tel: 01622 791056  
[OP D PD LDA SI YA]

**Loose Valley Nursing Home**  
15 Linton Road, Loose, Maidstone ME15 0AG  
Tel: 01622 745959

**Lukestone Dementia Nursing Home**  
7 St Michaels Road, Maidstone ME16 8BS  
Tel: 01622 755821  
[OP D]

**Maidstone Care Centre**  
259 Boxley Road, Maidstone ME14 2AR  
Tel: 01622 672292  
[OP D]

**Pilgrims Way Care Home with Nursing**  
10 Bower Mount Road, Maidstone ME16 8AU  
Tel: 01622 756635  
[D OP MH YA]

**Poplars Care Centre**  
158 Tonbridge Road, Maidstone ME16 8SU  
Tel: 01622 752 872  
[OP D PD LDA MH SI AD]

**Prince Charles House**  
Royal British Legion Village, Aylesford ME20 7NF  
Tel: 01622 791056  
[OP PD SI YA]

**Sutton Valence Care Home**  
North Street, Sutton Valence, Maidstone ME17 3LW  
Tel: 01622 843999

---

## Staplehurst care homes

**Abbotsleigh Dementia Nursing and Residential Care Home**  
George Street, Staplehurst TN12 0RB  
Tel: 01580 891314  
[OP D]

**Gresham House**  
Station Road, Staplehurst TN12 0PZ  
Tel: 01580 895150  
[LDA SI YA]

**Hedgerows, 1 and 2**  
1-2 Station Road, Staplehurst TN12 0QQ  
Tel: 01580 893269  
[LDA YA]

**Sobell Lodge – Care Home Physical Disabilities**  
High Street, Staplehurst TN12 0BJ  
Tel: 01580 893729  
[OP PD YA]

---

## Staplehurst care homes with nursing

**Abbotsleigh Dementia Nursing and Residential Care Home**  
George Street, Staplehurst TN12 0RB  
Tel: 01580 891314

**Iden Manor Nursing Home**  
Cranbrook Road, Staplehurst, Tonbridge TN12 0ER  
Tel: 01580 891261  
[OP D PD SI YA]

**Lukestone Dementia Nursing Home**  
7 St Michaels Road, Maidstone ME16 8BS  
Tel: 01622 755821  
[OP D]

**Staplehurst Manor Bupa Care Home**  
Frittenden Road, Staplehurst, Tonbridge TN12 ODG  
Tel: 01580 848 685  
[Advert page 78]  
[OP PD]

See page 53 for more information on paying for care homes in Kent.

---

**Service User Bands**  
- OP Older people (65+)  
- D Dementia  
- PD Physical disability  
- MH Mental health  
- SI Sensory impairment  
- YA Younger adults  
- LDA Learning disability, autism  
- AD People who misuse alcohol or drugs

- Member of the Kent Integrated Care Alliance (KICA)

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QUALITY ELDERLY CARE
WITHIN AN
ELEGANT SETTING

Baycroft Grays Farm Road is our elegant yet homely care home in Bromley, providing expert 24-hour residential, nursing and dementia care.

We are creating homes that feel like home, where you can truly feel at ease. As much thought has been invested into the dining experience, the engaging social activities and the high quality facilities as the exemplary standards of care.

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info@baycroft.co.uk
baycroft.co.uk

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- Choice of spacious lounges
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Call 01732 882 282 and ask about our special introductory periods designed to help you settle in.

At Harpwood...we really do care

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Search for care at www.carechoices.co.uk to find support in your area
### Edenbridge care homes

**Falconer’s Court**  
High Street, Edenbridge TN8 5NW  
Tel: 01732 866407  
**OP D PD LDA MH SI YA**

**HF Trust – Philippines Close**  
Philippines Close, Edenbridge TN8 5GN  
Tel: 01732 782700  
**OP LDA YA**

See page 93 for the Service User Bands key

### Sevenoaks care homes

**Alpine Care Home**  
10 Bradbourne Park Road, Sevenoaks TN13 3LH  
Tel: 01732 455537  
**OP D PD SI**

**Chipstead Lake – Care Home Physical Disabilities**  
Chevening Road, Chipstead, Sevenoaks TN13 2SD  
Tel: 01732 459510  
**OP PD YA**

**Emily Jackson Close, 1-3**  
Eardley Road, Sevenoaks TN13 1XH  
Tel: 01732 465987  
**OP PD LDA**

**Harpwood Care Home**  
Seven Mile Lane, Wrotham Heath, Sevenoaks TN15 7RY  
Tel: 01732 882 282  
**Advert pages 90 & 110 OP D PD**

**Lavender Fields**  
High Street, Seal, Sevenoaks TN15 0AE  
Tel: 020 7793 3674  
**OP D PD SI**

**Rivermere Retirement and Care Home**  
64-70 Westerham Road, Bessels Green, Sevenoaks TN13 2PZ  
Tel: 01732 492025  
**Advert page 60 OP D PD MH SI YA**

**Rockdale House**  
Rockdale Lodge, Rockdale Road, Sevenoaks TN13 1JT  
Tel: 01732 454763  
**OP**

**Westerham Place Residential Care Home**  
Westerham Place, Quebec Square, Westerham TN16 1TD  
Tel: 01959 565805  
**OP**

### Sevenoaks care homes with nursing

**Abbey Court Nursing Home – West Kingsdown**  
School Lane, West Kingsdown, Sevenoaks TN15 6JB  
Tel: 01474 854136  
**OP PD**

**Emily Jackson House**  
34 Eardley Road, Sevenoaks TN13 1XH  
Tel: 01732 622 687  
**Advert page 48 OP D**

**Gloucester House**  
Lansdowne Road, Sevenoaks TN13 3XU  
Tel: 01732 741488  
**OP D PD SI YA**

**Holywell Park**  
Hodsoll Street, Ash-cum-Ridley, Sevenoaks TN15 7LE  
Tel: 01732 822215  
**OP**

**Kippingtons Nursing Home**  
Grange Road, Oak Lane, Sevenoaks TN13 2PG  
Tel: 01732 451829  
**OP D**

**Manordene**  
Forge Lane, West Kingsdown, Sevenoaks TN15 6JD  
Tel: 01474 855519  
**OP D PD YA**

**Nesbit House Care Home**  
Orpington By Pass, Badgers Mount, Sevenoaks TN14 7AG  
Tel: 01959581350  
**OP D**

**Pinehurst Care Home**  
Sevenoaks TN14 5AQ  
Tel: 01732 762871  
**OP**

**Weald Heights**  
Bourchier Close, Sevenoaks TN13 1PD  
Tel: 01732 809262  
**Advert page 46 OP D YA**
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Hotel style  Landscaped garden  Modern building  Respite care
Beautiful bedrooms  Excellent facilities  Gourmet meals  Comfortable lounges

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01303 258 227 | www.bramptonlodge.com | info@bramptonlodge.com
### Folkestone care homes

<table>
<thead>
<tr>
<th>Service User Bands</th>
<th>Address</th>
<th>Telephone</th>
<th>Notes</th>
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<td><strong>Arthur Court</strong></td>
<td>22-24 Christ Church Road, Folkestone CT20 2SL</td>
<td>01303 258777</td>
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<td><strong>Ashley Avenue, 95</strong></td>
<td>Folkestone CT19 4PJ</td>
<td>01303 266453</td>
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<tr>
<td><strong>Ashley House</strong></td>
<td>6 Julian Road, Folkestone CT19 5HP</td>
<td>01303 241024</td>
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<tr>
<td><strong>Blythson Ltd – 3 Ashley Avenue</strong></td>
<td>Folkestone CT19 4PX</td>
<td>01303 252787</td>
<td>LDA</td>
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<td><strong>Blythson Ltd – 5 Ashley Avenue</strong></td>
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<td>01303 252787</td>
<td>LDA</td>
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<tr>
<td><strong>Blythson Ltd – 33 St John’s Church Road</strong></td>
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<td>01303 252787</td>
<td>LDA</td>
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<tr>
<td><strong>Brampton Lodge</strong></td>
<td>4 Dixwell Road, Folkestone CT20 2LG</td>
<td>01303 258227</td>
<td>Advert page 92</td>
</tr>
<tr>
<td><strong>Broadmeadow</strong></td>
<td>Park Farm Road, Folkestone CT19 5DN</td>
<td>0300 041 2626</td>
<td>OP D PD YA</td>
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<tr>
<td><strong>Broadstreet House</strong></td>
<td>Broadstreet, Lyminge, Folkestone CT18 8DZ</td>
<td>01303 862448</td>
<td>LDA</td>
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<tr>
<td><strong>Burnham</strong></td>
<td>19 Julian Road, Folkestone CT19 5HW</td>
<td>01303 222335</td>
<td>OP PD LDA YA</td>
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<tr>
<td><strong>Camelot Lodge</strong></td>
<td>19 Christchurch Road, Folkestone CT20 2SL</td>
<td>01303 251215</td>
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<tr>
<td><strong>Carlile Lodge</strong></td>
<td>17 Grimston Avenue, Folkestone CT20 2QE</td>
<td>01303 250183</td>
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<tr>
<td><strong>Cherries, The</strong></td>
<td>30 Julian Road, Folkestone CT19 5HW</td>
<td>01303 259561</td>
<td>LDA YA</td>
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<tr>
<td><strong>Cumbria House Care Home</strong></td>
<td>84-86 Shorncliffe Road, Folkestone CT20 2PG</td>
<td>01303 254019</td>
<td>Advert inside front cover</td>
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<tr>
<td><strong>Finn Farm Lodge</strong></td>
<td>2 Bathurst Road, Folkestone CT20 2NJ</td>
<td>01303 252821</td>
<td>LDA YA</td>
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<tr>
<td><strong>Grange Care Home, The</strong></td>
<td>22 Cornwallis Avenue, Folkestone CT19 5JB</td>
<td>01303 252394</td>
<td>Advert inside front cover</td>
</tr>
<tr>
<td><strong>Grimston House</strong></td>
<td>16 Grimston Gardens, Folkestone CT20 2PU</td>
<td>01303 244958</td>
<td>OP</td>
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<tr>
<td><strong>Grosvenor Court</strong></td>
<td>15 Julian Road, Folkestone CT19 5HP</td>
<td>01303 221480</td>
<td>LDA</td>
</tr>
<tr>
<td><strong>Hatfield Lodge</strong></td>
<td>1-3 Trinity Gardens, Folkestone CT20 2RP</td>
<td>01303 253253</td>
<td>OP D</td>
</tr>
<tr>
<td><strong>Laburnum House</strong></td>
<td>41 Grimston Avenue, Folkestone CT20 2QD</td>
<td>01303 227192</td>
<td>LDA YA</td>
</tr>
</tbody>
</table>

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care.
Supported living for people with nursing needs

Choice of Social Groups
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

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Tel: 01303 890100 • Fax: 01303 890103 • Email: enquiries@hawkingehouse.co.uk
Hurricane Way, Hawkinge, Kent CT18 7SS
Folkestone care homes continued

Magenta
31 St Johns Church Road, Folkestone CT19 5BH
Tel: 01303 252787

Mandalay Care Home
10-14 Julian Road, Folkestone CT19 5HP
Tel: 01303 258095

Maple House
32 Julian Road, Folkestone CT19 5HW
Tel: 01303 251618

Millfield House
16 Millfield, Folkestone CT20 1EU
Tel: 01303 226446

Pelham House
5-6 Pelham Gardens, Folkestone CT20 2LF
Tel: 01303 252145

Radnor House
139 Canterbury Road, Hawkinge, Folkestone CT18 7AX
Tel: 01303 894693

Ravenlea
11 Ravenlea Road, Folkestone CT20 2JU
Tel: 01303 255729

Sandgate Manor
46 Military Road, Sandgate, Folkestone CT20 3BH
Tel: 01303 244428

Seaview
23 Old Dover Road, Chapel-le-Ferne, Folkestone CT18 7HW
Tel: 01303 246404

St Claire's Care Home
18-24 Claremont Road, Folkestone CT20 1DQ
Tel: 01303 254897

St Heliers Hotel
25-26 Clifton Gardens, Folkestone CT20 2EF
Tel: 01303 254980

Tanglewood
252 Canterbury Road, Hawkinge, Folkestone CT18 7AY
Tel: 020 3137 2273

Tristford
7 Radnor Park West, Folkestone CT19 5HJ
Tel: 01303 241720

Tudor Lodge
18-20 Manor Road, Folkestone CT20 2SA
Tel: 01303 251195

Turketel Road
8 Turketel Road, Folkestone CT20 2PA
Tel: 01303 256516

Westview
2 Marten Road, Folkestone CT20 2JR
Tel: 01303 245629

Folkestone care homes with nursing

Folkestone Care Centre
52-56 Shorncliffe Road, Folkestone CT20 2NB
Tel: 01303 765700

Hawkinge House
Hurricane Way, Hawkinge, Folkestone CT18 7SS
Tel: 01303 890100 Advert page 94 OP D PD SI YA

Wells House Nursing Home
Radnor Cliff Crescent, Folkestone CT20 2JQ
Tel: 01303 850 727

Wells Lodge Nursing Home
60 Earls Avenue, Folkestone CT20 2HA
Tel: 01303 850898

Service User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

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Advertisers are highlighted

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Elm Lea Residential Care Home
Hythe Care Home providing unique Residential Care

Why choose Elm Lea?
Because, we’re passionate about FULFILLING residents’ LIVES and appreciate that choosing a care home can be stressful for all involved.

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elmleacare@ymail.com
www.elmleacarehome.com

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Email: bmakins@cedar-respite.co.uk

Highfield Residential Care Home
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Kent CT21 5QP
Tel: 01303 267036
Website: www.highfieldresthome.com

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01303 265 175
www.abbeyresthome.co.uk

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- All single room occupancy with the exception of couples
- Wholesome varied meals, all diets catered for
- In-house activities
- Attractive gardens
- Three lounges and all facilities

Search for care at www.carechoices.co.uk to find support in your area
### Hythe care homes

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Telephone</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abbey Lodge Residential Home</td>
<td>91 Seabrook Road, Hythe CT21 5QP</td>
<td>01303 265 175</td>
<td>96</td>
</tr>
<tr>
<td>Bradwell House</td>
<td>14 Brockhill Road, Hythe CT21 4AQ</td>
<td>01303 239439</td>
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<tr>
<td>Cedar House Residential Care Home</td>
<td>93 Seabrook Road, Hythe CT21 5QP</td>
<td>01303 267065</td>
<td>96</td>
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<tr>
<td>Cornerways Residential Home</td>
<td>1 Tanners Hill, Hythe CT21 5UE</td>
<td>01303 268737</td>
<td></td>
</tr>
<tr>
<td>Elm Lea Residential Care Home</td>
<td>17 Bartholomew Lane, Hythe CT21 4BX</td>
<td>01303 269891</td>
<td>96</td>
</tr>
<tr>
<td>HF Trust – Lympne Place</td>
<td>Aldington Road, Lympne, Hythe CT21 4PA</td>
<td>01303 260453</td>
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<tr>
<td>Highfield Private Rest Home</td>
<td>77 Seabrook Road, Hythe CT21 5QW</td>
<td>01303 267036</td>
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</tr>
<tr>
<td>Seabrook Road, 24</td>
<td>Hythe CT21 5NA</td>
<td>01303 230772</td>
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<td>Seabrook Road, 26</td>
<td>Hythe CT21 5NA</td>
<td>01303 266453</td>
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<tr>
<td>Tynwald Residential Home</td>
<td>Hillside Street, Hythe CT21 5DJ</td>
<td>01303 267629</td>
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<tr>
<td>Villa Maria</td>
<td>53 Seabrook Road, Hythe CT21 5QY</td>
<td>01303 266723</td>
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</table>

A countywide list of home care providers starts on page 25.

### Hythe care homes with nursing

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Telephone</th>
<th>Page</th>
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<tr>
<td>Balgowan Nursing Home</td>
<td>46 Bartholomew Lane, Hythe CT21 4BX</td>
<td>01303 266782</td>
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<tr>
<td>Hythe View</td>
<td>91 North Road, Hythe CT21 5ET</td>
<td>01303 265441</td>
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<tr>
<td>Saltwood Care Centre</td>
<td>Tanners Hill, Hythe CT21 5UQ</td>
<td>01303 262421</td>
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<tr>
<td>St Margaret’s Nursing Home</td>
<td>20 Twiss Avenue, Hythe CT21 5NU</td>
<td>01303 267557</td>
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### Romney Marsh care homes

<table>
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<tr>
<th>Name</th>
<th>Address</th>
<th>Telephone</th>
<th>Location</th>
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<tbody>
<tr>
<td>Beechcare</td>
<td>99 Dunes Road, Greatstone, New Romney TN28 8SW</td>
<td>01797 362121</td>
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<tr>
<td>Brightcare</td>
<td>20 Taylors Lane, St Mary’s Bay, Romney Marsh TN29 0EU</td>
<td>01797 366866</td>
<td></td>
</tr>
<tr>
<td>Bungalow, The</td>
<td>Dennes Lane, Lydd TN29 9PU</td>
<td>01797 321612</td>
<td></td>
</tr>
<tr>
<td>Cotswold Lodge</td>
<td>Coast Road, Littlestone, New Romney TN28 8QY</td>
<td>01797 367453</td>
<td></td>
</tr>
</tbody>
</table>

Visit www.carechoices.co.uk for further assistance with your search for care
The Old Rectory

The Old Rectory is a private residential home, with a caring family atmosphere

• Two large lounges and conservatories overlooking patio & gardens
• Library • Purpose-built property • En-suite rooms
• Located in a quiet residential area, close to church, beach and local amenities
• Aidcall system • Hairdresser • Chiropodist • Aromatherapist
• Optician • Weekly entertainment • Home-cooked food • Lifts
• A local quality home with excellent recommendations
• Private and local authority residents welcome
• Single and Couples rooms

Great British National Care Awards Winners

Our family run, independent home is proud of our excellent reputation, please ring for advice and viewing.
T: 01303 874470 E: info@oldrectoryresidential.co.uk
www.oldrectoryresidential.co.uk
New Hall Close, Dymchurch, Kent, TN29 0LE

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

• Find care providers quickly and easily
• Search by location and care need
• Information on care quality
• Links to inspection reports
• Additional information, photos and web links
• Brochure requests

Tynwald Charitable Residential Home is a vibrant home supporting the needs of older people within the CT21 post code and surrounding areas.
Tynwald was recently rated a GOOD home by CQC where Established Staff support person centred care. Tynwald is a unique place to live where there is always something to look forward to.

See our reviews on carehome.co.uk

T: 01303 267629 E: rm@tynwaldhythe.org.uk
www.tynwald.org.uk
Hillside Street, Hythe, Kent CT21 5DJ

With so many providers to choose from, where do you start?

• Find care providers quickly and easily
• Search by location and care need
• Information on care quality
• Links to inspection reports
• Additional information, photos and web links
• Brochure requests
### Fairways Residential Home
Madeira Road, Littlestone, New Romney TN28 8QX
Tel: 01797 362336

Fairways Residential Home specialises in providing the care that you require. Staff are available to assist with whatever you need but to also leave you to remain as independent as you wish. You are free to relax in your room or in one of the three lounges, where you can take part in daily activities if you wish.

- **Telephone:** 01797 362336
- **Email:** enquiries@fairwaysresidentialhome.com
- **Website:** www.fairwaysresidentialhome.com

- **Address:** Fairways Residential Home, Madeira Road, New Romney, TN28 8QX

### Rose Cottage
Oak Lodge Road, New Romney TN28 8BG
Tel: 01797 362842

### Rosecroft
71 Meehan Road, Greatstone, New Romney TN28 8NZ
Tel: 01797 361601

### Sandbanks Care Home
Coast Road, Littlestone-on-Sea, New Romney TN28 8RA
Tel: 01797 366810

### Seabourne House
61 Seabourne Way, Dymchurch, Romney Marsh TN29 0PX
Tel: 01303 875154

### Seabreezes
61 Meehan Road, Greatstone, New Romney TN28 8NZ
Tel: 01797 369150

### St Brannocks
Dymchurch Road, New Romney TN28 8UF
Tel: 01797 366663

### Stepping Stones
Stepping Stones, Church Road, New Romney TN28 8EY
Tel: 01797 367274

### Tamarisk
48 Leonard Road, Greatstone, New Romney TN28 8RX
Tel: 01797 364562

### Service User Bands

- **Service:** Independent care home by the sea
- **User Bands:** OP Older people (65+), D Dementia, PD Physical disability, LDA Learning disability, autism, MH Mental health, SI Sensory impairment, YA Younger adults, AD People who misuse alcohol or drugs

- **Member of the Kent Integrated Care Alliance (KICA)**

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
Bethany Lodge and Bethany House, part of the Active Care Group, provide specialist care for young adults with disabilities.

The Active Care Group is the UK’s leading national provider of complex care.

Bethany Lodge has 24 single ground floor rooms. Bethany House, with 15 ensuite rooms, is purpose built for clients with disabilities. Additional facilities include: hydro-therapy pool, multi-sensory room and a large arts and crafts room.

We believe that better quality care leads to a better quality of life

01732 779353 referrals@activecaregroup.co.uk activecaregroup.co.uk

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Search for care at www.carechoices.co.uk to find support in your area
Romney Marsh care homes with nursing

See page 99 for the Service User Bands key

<table>
<thead>
<tr>
<th>Bethany House Care Home</th>
<th>Carnalea Residential Home</th>
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<tr>
<td>30 Eastbridge Road, Dymchurch TN29 0PG</td>
<td>5-9 London Road, Faversham ME13 8TA</td>
</tr>
<tr>
<td>Tel: 01732 779353 Advert page 100</td>
<td>Tel: 01795 532629 Advert below right</td>
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<tr>
<td><strong>PD</strong></td>
<td><strong>OP D YA</strong></td>
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<table>
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<tr>
<th>Creedy House</th>
<th>Lindau Residential Home</th>
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<tbody>
<tr>
<td>Nether Avenue, Littlestone-on-Sea, New Romney TN28 8NB</td>
<td>104 Littlestone Road, New Romney TN28 8NH</td>
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<td>Tel: 01797 362248</td>
<td>Tel: 01797 364371</td>
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<tr>
<td><strong>OP D PD</strong></td>
<td><strong>OP</strong></td>
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Swale

Faversham care homes

<table>
<thead>
<tr>
<th>Ashurst House</th>
<th>Kent Autistic Trust, The – 9 Perrys Close</th>
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<tbody>
<tr>
<td>9 Briton Road, Faversham ME13 8QH</td>
<td>Faversham ME13 7BX</td>
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<tr>
<td>Tel: 01795 590022</td>
<td>Tel: 01634 405168</td>
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<td><strong>OP PD LDA</strong></td>
<td><strong>LDA</strong></td>
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<table>
<thead>
<tr>
<th>Bethany Lodge</th>
<th>Lady Dane Farmhouse</th>
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</thead>
<tbody>
<tr>
<td>35 Eastbridge Road, Dymchurch, Romney Marsh TN29 0PG</td>
<td>Lady Dane Farmhouse, Love Lane, Faversham ME13 8BJ</td>
</tr>
<tr>
<td>Tel: 01732 779353 Advert page 100</td>
<td>Tel: 01227 538299</td>
</tr>
<tr>
<td><strong>PD</strong></td>
<td><strong>OP PD LDA SI YA</strong></td>
</tr>
</tbody>
</table>

Carnalea Residential Home

Quality Residential Care for the Elderly in Faversham

Carnalea is a warm friendly caring home, tastefully decorated with well-tended spacious gardens. Our dedicated staff provides 24 hour high quality care and support, helping you achieve a comfortable degree of independence whilst preserving your privacy and dignity. Meals are prepared by our own experienced chef who caters for special dietary needs.

- Well-appointed rooms
- Choice of sitting rooms/conservatory
- Library facilities
- Assisted baths/showers
- Lift to all floors
- Seasonal menu
- In-house entertainment
- Activities co-ordinator
  - Doctors
  - Dentist
  - Optician
  - Chiropodist
  - Hairdresser
  - Attending clergy

Carnalea has a well-deserved good reputation and is conveniently situated for approach by both road and rail. We welcome your personal inspection at any time.

Long and Short Stay or Respite Care

5-9 London Road, Faversham, Kent ME13 8TA
Tel: 01795 532629 Fax: 01795 532653
Email: eldercare@carnalea.com www.carnalea.com

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Visit www.carechoices.co.uk for further assistance with your search for care
Faversham care homes with nursing

**Cooksditch House Nursing and Residential Home**
East Street, Faversham ME13 8AN
Tel: 01795 530156

**Older people (65+)**
**Dementia**
**PD**
**SI**
**YA**

See the checklist on page 49 for useful suggestions of questions to ask when looking at care homes.

---

Sheerness / Isle of Sheppey care homes

**Alma Residential Home**
19-23 Alma Road, Sheerness ME12 2NZ
Tel: 01795 665051

**OP D**

**Barton Court**
New Road, Minster-on-Sea, Sheerness ME12 3PX
Tel: 01795 875394

**OP D LDA MH**

**Blackburn Lodge**
The Broadway, Sheerness ME12 1TS
Tel: 0300 042 0998

**OP**

**Bromfield House Residential Home**
316 Minster Road, Minster-on-Sea, Sheerness ME12 3NR
Tel: 01795 875663

**OP**

**Island Residential Home, The**
114 Leysdown Road, Leysdown-on-Sea, Isle of Sheppey ME12 4LH
Tel: 01795 510271

**OP D PD YA**

**Little Oyster Residential Home**
Seaside Avenue, Minster-on-Sea, Sheerness ME12 2NJ
Tel: 01795 870608

**PD LDA MH SI**

**Moordean**
Oak Lane, Minster-on-Sea, Sheerness ME12 3QH
Tel: 01795 351641

**LDA YA**

**Neptune House**
8-10 Neptune Terrace, Sheerness ME12 2AW
Tel: 01795 581660

**LDA**

**Oak Avenue, 23**
Minster-on-Sea, Sheerness, Isle of Sheppey ME12 3QT
Tel: 01795 351641

**LDA YA**

**Oakdene Rest Home**
165 Minster Road, Minster-on-Sea, Sheerness ME12 3LH
Tel: 01795 874985

**OP D**

**St. Helens House**
21 St. Helens Road, Sheerness ME12 2QY
Tel: 07882 710854

**OP D PD LDA MH YA**

**Sunnyfields**
241 Queenborough Road, Minster-on-Sea, Sheerness ME12 3EW
Tel: 01795 665077

**OP PD LDA MH SI YA**

<table>
<thead>
<tr>
<th>Service</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
<th>MH Mental health</th>
<th>SI Sensory impairment</th>
<th>YA Younger adults</th>
<th>AD People who misuse alcohol or drugs</th>
</tr>
</thead>
</table>

Member of the Kent Integrated Care Alliance (KICA)
Sheerness / Isle of Sheppey care homes continued

Vibrant Residential Care Home
58 Volante Drive, Sittingbourne ME10 2JJ
Tel: 01233 513937  LDA

Welcome Home
Cliff View Gardens, Warden Bay,
Sheerness ME12 4NH
Tel: 01795 510884  OP D PD LDA SI YA

Willows Residential Care Home
The Broadway, Minster-on-Sea, Sheerness ME12 2DE
Tel: 01795 874975  OP D SI

Winchester House
455 Minster Road, Minster-on-Sea,
Sheerness ME12 3NS
Tel: 01795 871160  LDA

Sittingbourne care homes

Aspley House
204 London Road, Sittingbourne ME10 1QA
Tel: 01795 438856  LDA

Beechfields
Conyer Road, Teynham, Sittingbourne ME9 9ET
Tel: 01795 520580  OP

Berkeley House
Lynsted Lane, Lynsted, Sittingbourne ME9 0RL
Tel: 01795 522540  LDA

Blair Park Residential Care Home
2 Beechwood Avenue, Crown Road, Milton Regis,
Sittingbourne ME10 2AL
Tel: 01795 423695  OP D

Bridge House
115 Grovehurst Road,
Sittingbourne ME10 2TA
Tel: 01795 477966  LDA YA

Byfield Court
Sheppey Way, Bobbing, Sittingbourne ME9 8PJ
Tel: 01795 431685  LDA

Cartref House
22 London Road, Sittingbourne ME10 1NA
Tel: 01795 477966  LDA YA

Court Regis
Middletune Avenue, Milton Regis,
Sittingbourne ME10 2HT
Tel: 01795 423485 Advert page 50  OP D

Ellens Court Care Home
Lady Margaret Manor Road, Doddington,
Sittingbourne ME9 0NT
Tel: 01795 651061  OP D PD LDA MH SI YA AD

Hanningfield Retirement Home Ltd
99 London Road,
Sittingbourne ME10 1NR
Tel: 01795 479587  OP

Hill Farm
15 Keycol Hill, Bobbing, Sittingbourne ME9 8LZ
Tel: 01795 841220  OP PD LDA MH SI YA

Insight SBS Ltd – 201 London Road
Sittingbourne ME10 1PA
Tel: 01795 438856  LDA YA

Insight Teynham
5 London Road, Teynham, Sittingbourne ME9 9QW
Tel: 01795 521122  LDA YA

Pine Lodge Care
26-32 Key Street, Sittingbourne ME10 1YU
Tel: 01795 423052 Advert page 104  OP D

Service:  OP Older people (65+)
User Bands:  D Dementia
           PD Physical disability
           LDA Learning disability, autism
           MH Mental health
           SI Sensory impairment
           YA Younger adults
           AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)

Visit www.carechoices.co.uk for further assistance with your search for care
PINE LODGE CARE CENTRE
26-32 KEY STREET, ME10 1YU
ONE OF THE FINEST HOMES IN KENT

We are one Kent's finest care homes, providing care for the elderly and people with dementia. In addition to permanent care we also offer respite care for persons suffering from Parkinson's disease.

Our Carers take great pride in the close relationships they build with the residents to create a truly homely atmosphere. Residents are the people who matter the most and the team recognise their right to be treated as individuals with personal choices, and a need to have their privacy and dignity respected. Each en-suite room is equipped with all the modern conveniences to make your stay a comfortable and most enjoyable experience.

At Pine Lodge, we are proud to offer the following services and amenities:

- RESIDENTIAL AND DEMENTIA CARE
- MAINLY SINGLE EN-SUITE BEDROOMS, MANY WITH THEIR OWN FRENCH DOORS OPENING ONTO LANDSCAPED GARDENS WITH WATER FEATURES
- A CHOICE OF BEAUTIFUL LOUNGES
- SHORT WALK TO PARK & PUB
- BUS STOPS OUTSIDE
- LIBRARY
- HAIRDRESSING SALON
- SHOWER ROOMS & SPECIALISED BATH CHAIRS
- REGULAR ENTERTAINMENT, OUTINGS & ACTIVITIES
- LONG SHORT TERM & RESPITE CARE
- PRIVATE & SOCIAL SERVICE CLIENTS WELCOME

FOR MORE INFORMATION PLEASE CONTACT EVE FIELDING ON 01795 423052 OR COME VISIT US

Web: www.pinelodgecare.com  
Email: pine.lodge@btconnect.com

PROFESSIONAL CARE WITHIN A HOMELY ENVIRONMENT
Sittingbourne care homes continued

Rhyme House
9-11 Chaucer Road, Sittingbourne ME10 1EZ
Tel: 01795 439744

School Lane
35 School Lane, Iwade,
Sittingbourne ME9 8SE
Tel: 01634 869200

Sheerstone, 6a
6a Sheerstone Iwade, Sittingbourne ME9 8RN
Tel: 01634 869200

Ulcomb House
24 London Road, Sittingbourne ME10 1NA
Tel: 01795 412230

Welcome House – The Cedars
2 Hartlip Hill, Hartlip, Sittingbourne ME9 7PA
Tel: 01795 843837

Woodstock Dementia and Residential Care Home
80 Woodstock Road,
Sittingbourne ME10 4HN
Tel: 01795 420202

Sittingbourne care homes with nursing

Elvy Court Care Home
200 London Road, Sittingbourne ME10 1QA
Tel: 01795 374 478 Advert page 52

School Lane
35 School Lane, Iwade,
Sittingbourne ME9 8SE
Tel: 01634 869200

Sheerstone, 6a
6a Sheerstone Iwade, Sittingbourne ME9 8RN
Tel: 01634 869200

Hengist Field Care Centre
Hengist Field, Borden, Sittingbourne ME9 8FH
Tel: 01795 473880

Newington Court
Keycol Hill, Newington, Sittingbourne ME9 7LG
Tel: 01795 334 085 Advert page 48

For information on different types of care home, see page 47.

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Visit www.carechoices.co.uk for further assistance with your search for care
Thanet

Birchington care homes

**Beach House**
1 Beach Avenue, Birchington CT7 9JS
Tel: 01843 845922

**Grenham Bay Court**
Cliff Road, Birchington CT7 9JX
Tel: 01843 841008

**Highfield Residential Home**
51 Alpha Road, Birchington CT7 9EG
Tel: 01843 842116

**Spencer House**
Spencer Road, Birchington CT7 9EZ
Tel: 01843 841460

**Springfield House**
81 Epple Bay Road, Birchington CT7 9EW
Tel: 01843 842574

A countywide list of home care providers starts on page 25.

Broadstairs care homes with nursing

**Bradstowe Lodge**
22 Victoria Parade, Broadstairs CT10 1QL
Tel: 01843 861962

**Cleveland House**
20-22 Granville Road, Broadstairs CT10 1QB
Tel: 01843 866609

**Deer Park Care Centre**
Detling Avenue, Broadstairs CT10 1SR
Tel: 01843 868666

**Dumpton Lodge**
11 Western Esplanade, Broadstairs CT10 1TG
Tel: 01843 865877

**Kent House Residential Home**
Fairfield Road, Broadstairs CT10 2JZ
Tel: 01843 602720

**Port Regis**
Convent Road, Broadstairs CT10 3PR
Tel: 01843 602266

**Wychdene**
19 Callis Court Road, Broadstairs CT10 3AF
Tel: 01843 865282

Here at Wychdene Care Home, we provide a range of services and facilities for the elderly. We understand the need for individual care and dignity in old age. The importance of privacy cannot be overstated, and we respect the needs and desires of all those that we care for. Let the people you love live a normal lifestyle; all in one place, at Wychdene.

19 Callis Court Road,
Broadstairs, Kent CT10 3AF
Tel: 01843 865282  Fax: 01843 863282
Email: vasan.wychdene@btconnect.com
Web: www.wychdene.co.uk

<table>
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<tr>
<th>Service</th>
<th>User Bands</th>
<th>Advert adjacent</th>
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<td>Sensory impairment</td>
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<tr>
<td>Physical disability</td>
<td>Learning disability, autism</td>
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</tr>
<tr>
<td>OP</td>
<td>YA</td>
<td>LDA</td>
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</table>

Advertisers are highlighted

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Search for care at www.carechoices.co.uk to find support in your area
Broadstairs care homes with nursing continued

Maurice House
Callis Court Road, Broadstairs CT10 3AH
Tel: 01843 603323

See the checklist on page 49 for useful questions to ask when looking at care homes.

Margate care homes

Aquarius Lodge
20 Approach Road, Cliftonville, Margate CT9 2AN
Tel: 01843 292323

Homeville
Basement Flat, 95 Victoria Road, Margate CT9 1RD
Tel: 01843 223455

OP D
LDA YA

Avenues South East – 39 Beresford Gardens
Cliftonville, Margate CT9 3AG
Tel: 0208 308 2900

LDA

L and S Care Homes Ltd – 3 York Terrace
Birchington CT7 9AZ
Tel: 01843 843486

PD LDA

Avenues South East – 87 Westbrook Avenue
Margate CT9 5HB
Tel: 0208 308 2900

OP

Maltreath Residential Care Home
23-25 Warwick Road, Cliftonville, Margate CT9 2JU
Tel: 01843 221677

PD LDA

Carettech Community Services (No 2) Ltd
– 22 Prices Avenue
Cliftonville, Margate CT9 2NT
Tel: 01843 293927

LDA

Mont Calm Margate
13 Shottendane Road, Margate CT9 4NA
Tel: 01843 221600

D

North Lodge Care Home
47 St Peters Road, Margate CT9 1TJ
Tel: 01843 229390

OP

Claremont Care Home
6 Lower Northdown Avenue, Margate CT9 2NJ
Tel: 01843 225117

OP D

Redcot Lodge Residential Care Home
1 Lower Northdown Avenue, Cliftonville, Margate CT9 2NJ
Tel: 01843 220131

D

George V Avenue, 5
Westbrook, Margate CT9 5QA
Tel: 01843 227003

D PD LDA SI YA

Rosedene Residential Care Ltd
29-31 Westonville Avenue, Margate CT9 5DY
Tel: 01843 220087

OP

Graywood Care Home
10 Northdown Avenue, Cliftonville, Margate CT9 2NL
Tel: 01843 220797

MH

Sense – 89 Hastings Avenue
Margate CT9 2SQ
Tel: 01843 232767

PD LDA SI

Green Gables
6 Northdown Avenue, Margate CT9 2NL
Tel: 01843 227770

OP

Summerville
39 Prices Avenue, Margate CT9 2NT
Tel: 01843 295703

LDA YA

Gresham Residential Care Home
47-49 Norfolk Road, Cliftonville, Margate CT9 2HU
Tel: 01843 220178

OP

Terrance House
7-19 Belgrave Road, Margate CT9 1XQ
Tel: 01843 224879

OP D MH SI YA AD

Grosvenor Court, The
1-5 First Avenue, Cliftonville, Margate CT9 2LF
Tel: 01843 228761

OP D MH

Service User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)

Visit www.carechoices.co.uk for further assistance with your search for care
Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Caring for an elderly relative or neighbour?
Do you need a break . . . or do they?

Respite care for the elderly available at . . .
Yoakley House, Drapers Close, Margate, Kent CT9 4AH
For details or to arrange a visit: Tel: 01843 223652
Email: admin@yoakleycare.co.uk
www.yoakleycare.co.uk

Facilities & Services:
• Palliative Care • Respite Care • Convalescent Care • Own GP if required • Own Furniture if required • Pets by arrangement • Smoking not permitted • Stair lift • Wheelchair access • Gardens for residents • Television point in own room • Residents Internet Access

For more information please call 01843 589191
2 Cliftonville Avenue, Ramsgate, Kent CT12 6DS

Gordon Lodge
Quality care in a homely environment
• Well established family run care home • Long term or respite stay • Quality care provided by dedicated staff • Friends & family always welcome • Home cooked food using local produce • Close to local amenities and the sea front
Contact Diane or Debbie 01843 831491

Newlyn Residential Home aspires to provide our residents with a ‘home from home’ experience.

We provide professional, compassionate care in a friendly, homely environment for up to 13 older people who require varying degrees of assistance and may also have a diagnosis of dementia. We aim to treat all our residents as we would wish to be treated ourselves. Our overall aim is to provide dedicated, personal care, tailored to individual needs. We provide support to relatives/friends and encourage them to visit anytime.

For more information please call 01843 589191
2 Cliftonville Avenue, Ramsgate, Kent CT12 6DS

Search for care at www.carechoices.co.uk to find support in your area
## Margate care homes continued

### Willows Care Centre, The
5-13 Second Avenue, Margate CT9 2LL
Tel: 01843 228570

### Yoakley House Care Home ●
Drapers Close, Margate CT9 4AH
Tel: 01843 223652

---

## Margate care homes with nursing

### Ashcroft Nursing Home ●
Fairview Close, Cliftonville, Margate CT9 2QE
Tel: 01843 296626

### St Peters Home
26-28 St Peters Road, Margate CT9 1TH
Tel: 01843 291363

### Shotendane Nursing Home ●
Shotendane Road, Margate CT9 4BS
Tel: 01843 291888

### Westbrook House Integrated Care Centre
150 Canterbury Road, Westbrook, Margate CT9 5DD
Tel: 01843 254100

---

## Ramsgate care homes

### Ashdene House
50-50a St Mildreds Road, Ramsgate CT11 0EF
Tel: 01843 592045

### Brenan House Residential Home
21 Vale Square, Ramsgate CT11 9DE
Tel: 01843 592546

### Ebbsfleet House
Tubbs Lane, Ebbsfleet Lane, Ramsgate CT12 5DJ
Tel: 01304 613004

### Keele House ●
176-178 High Street, Ramsgate CT11 9TS
Tel: 01843 591735

### Martins
2 Ebbsfleet Lane, Ramsgate CT12 5DJ
Tel: 01843 823010

### Montague House
10 Brockenhurst Road, Ramsgate CT11 8ED
Tel: 01843 599660

### Newlyn Residential Home, The
2 Cliftonville Avenue, Ramsgate CT12 6DS
Tel: 01843 589191

### Ramsgate Care Centre
66-68 Boundary Road, Ramsgate CT11 7NP
Tel: 01843 585444

### Rose Farm House
Haine Road, Ramsgate CT12 5AG
Tel: 01843 583380

### Sense – 163 Newington Road
Ramsgate CT12 6QB
Tel: 01843 596896

### Springville
49A Manston Road, Apartment 1, Ramsgate CT11 0RH
Tel: 01843 223455

### Wantsum Lodge
32 St Mildreds Road, Ramsgate CT11 0EF
Tel: 01843 582666

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<table>
<thead>
<tr>
<th>Service User Bands</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
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<td>● Member of the Kent Integrated Care Alliance (KICA)</td>
<td>Advertisers are highlighted</td>
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</table>
**Ocean Swell**

A friendly residential home facing the sea at St.Mildred’s Bay, Close to all local amenities. Caring specifically for both disabled and elderly people. Our care group also includes physically disabled clients under 65. Facilities include single and double rooms, ground floor rooms & two TV lounges.

Call Denise or Martin Rose on 01843 832362 oceanswellcare@btinternet.com

33 Sea Road, Westgate-On-Sea, Kent, CT8 8SB KCC Registered

---

**Capel Grange**

Private Residential Home

“home from home in the Kent countryside”

Set in two acres of beautiful landscaped gardens, Capel Grange is an elegant country house offering homely accommodation with care tailored to your requirements. We offer: Long term, convalescent, respite and day care in single or double en suite bedrooms. Excellent cuisine, visiting professionals, activities and entertainment. The Cottage Wing offers a safe and calm environment for those with dementia.

Call us to arrange a visit or request a brochure 01892 834225

Capel Grange, Maidstone Rd, Five Oak Green, Kent TN12 6SQ Email: Capelgrange@safequarter.com www.safequarter.com

---

**At Harpwood…we really do care**

Set in four acres of landscaped grounds, we answer the needs of those seeking spacious quality accommodation.

The home is designed with an easy to use lift, gentle stairways and wide corridors allowing a high degree of independence and room to roam.

**Facilities available include:**

- 24 hour care
- Choice of spacious lounges
- Conversation parlour
- Cuisine of the highest standard
- Assistance with bathing, dressing and personal grooming
- Monitoring & supervision of medications
- Flexible visiting including luncheon guests
- Lift and easy to manage stairs
- Day-care facilities
- Short and long stays
- Planned social, cultural & spiritual activities
- Telephone outlets for private use (installation at resident’s cost)
- Choice of en-suite rooms
- On-site professional hairdressing salon

Call 01732 882 282 and ask about our special introductory periods designed to help you settle in.

www.harpwood.co.uk

---

Search for care at www.carechoices.co.uk to find support in your area
Westgate-on-Sea care homes

**Avondale House**
25 Roxburgh Road, Westgate-on-Sea CT8 8RX
Tel: 01843 833973

**Chilterns, The**
5-9 Sea Road, Westgate-on-Sea CT8 8SA
Tel: 01843 832628

**Dane End House**
1 Dane End Road, Westgate-on-Sea CT8 8PH
Tel: 01843 832750

**Gordon Lodge Rest Home**
43 Westgate Bay Avenue, Westgate-on-Sea CT8 8AH
Tel: 01843 831491 [Advert page 108]

**Ocean Swell**
33 Sea Road, Westgate-on-Sea CT8 8SB
Tel: 01843 832362 [Advert page 110]

**Roxburgh House**
29-31 Roxburgh Road, Westgate-on-Sea CT8 8RX
Tel: 01843 832022

**St Gabriel’s House – Apartments**
44 Elm Grove, Westgate-on-Sea CT8 8LB
Tel: 01843 832750

**Westcliffe Villa**
37a Sea Road, Westgate-on-Sea CT8 8QW
Tel: 01843 835669

**Windsor House**
18-20 St Mildreds Road, Westgate-on-Sea CT8 8RE
Tel: 01843 836055

Westgate-on-Sea care homes with nursing

**Eaton Lodge Nursing Home**
62 Westgate Bay Avenue, Westgate-on-Sea CT8 8SN
Tel: 01843 832184

**Lourdes Community Nursing and Residential Care Home, The**
The Ursuline Convent, 225 Canterbury Road, Westgate-on-Sea CT8 8LX
Tel: 01843 833242

**St Michael’s Nursing Home**
Elm Grove, Westgate-on-Sea, Margate CT8 8LH
Tel: 01843 834917

**West Gate, The**
2-4 Canterbury Road, Westgate-on-Sea, Margate CT8 8JJ
Tel: 01843 831585

Tonbridge and Malling

Tonbridge care homes

**Avenues South East – 288 Shipbourne Road**
Tonbridge TN10 3EX
Tel: 0208 308 2900

**Barnes Lodge**
Tudeley Lane, Tonbridge TN11 0QJ
Tel: 01732 369171

**Capel Grange Residential Home**
Maidstone Road, Five Oak Green, Tonbridge TN12 6SQ
Tel: 01892 834225 [Advert page 110]

**Chestnut Lodge Care Home**
18-20 London Road, Tonbridge TN10 3DA
Tel: 01732 362440

Visit www.carechoices.co.uk for further assistance with your search for care

<table>
<thead>
<tr>
<th>Service User Bands</th>
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</tr>
</tbody>
</table>

Member of the Kent Integrated Care Alliance (KICA)
Tonbridge care homes continued

Grange, The – Benenden
The Green, Benenden, Cranbrook TN17 4DN
Tel: 01580 240118  
**OP LDA YA**

Hadlows, The
128-130 Hadlow Road, Tonbridge TN9 1PA
Tel: 01732 770981  
**LDA YA**

Hale Place Farmhouse
79 Old Road, East Peckham, Tonbridge TN12 5EN
Tel: 01622 871081  
**OP D**

Lavenders
Lavenders Road, West Malling ME19 6HP
Tel: 01732 844744  
**OP**

Tonbridge care homes with nursing

Ashurst Park Care Home
Fordcombe Road, Fordcombe, Tunbridge Wells TN3 ORD
Tel: 01892 709000  
**OP**

Barnes Lodge
Tudeley Lane, Tunbridge TN11 0QJ
Tel: 01732 369171  
**OP D MH SI**

Fountains Lodge Bupa Care Home
13-17 London Road, Southborough, Tunbridge Wells TN4 0RJ
Tel: 01892 886 238  
**Advert page 78**

High View Oast Care Home
Poulton Lane, Ash, Canterbury CT3 2HN
Tel: 01304 813333  
**OP PD YA**

Tonbridge House Care Home
36 Quarry Hill Road, Tonbridge TN9 2RS
Tel: 01732 497596  
**Advert page 54**

Westbank Care Home
64 Sevenoaks Road, Borough Green, Sevenoaks TN15 8AP
Tel: 01732 780066  
**OP D PD YA**

Tonbridge House Care Home
36 Quarry Hill Road, Tonbridge TN9 2RS
Tel: 01732 497596  
**Advert page 54**

Tonbridge care homes continued

Miramar Care Home
165 Reculver Road, Beltinge, Herne Bay CT6 6PX
Tel: 01227 235348  
**Advert page 60**

St Peters Row Delarue Close
1-3 St Peters Row Delarue Close, Shipbourne Road, Tonbridge TN11 9NN
Tel: 01732 771593  
**LDA**

Wheatfield Drive
17 Wheatfield Drive, Cranbrook TN17 3LU
Tel: 01580 715249  
**OP LDA YA**

Tunbridge Wells

Tunbridge Wells care homes

Ashurst Place
Lampington Row, Langton Green, Tunbridge Wells TN3 0JG
Tel: 01892 863298  
**OP**

Beulah Lodge Rest Home Ltd
1 Beulah Road, Tunbridge Wells TN1 2NP
Tel: 01892 543055  
**OP**

Birchwood House Rest Home 📚
Stockland Green Road, Speldhurst, Tunbridge Wells TN3 0TU
Tel: 01892 863559  
**Advert page 114**

Cornford House 📚
Cornford Lane, Pembury, Tunbridge Wells TN2 4QS
Tel: 01892 820100  
**Advert page 113**

Service: OP Older people (65+)
User Bands: MH Mental health, SI Sensory impairment, PD Physical disability, LDA Learning disability, autism, YA Younger adults, AD People who misuse alcohol or drugs

Member of the Kent Integrated Care Alliance (KICA)
Supported living for people with nursing needs

Choice of Social Groups
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

Social Programme
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.cornfordhouse.co.uk
Tel: 01892 820100 • Fax: 01892 820590 • Email: enquiries@cornfordhouse.co.uk
Cornford Lane, Pembury, Tunbridge Wells TN2 4QS
Crossways Community ●
8 Culverden Park Road,
Tunbridge Wells TN4 9QX
Tel: 01892 529321

dementia, physical disability

Garland House ●
2 Garlinge Road, Southborough,
Tunbridge Wells TN4 0NR
Tel: 01892 532707

dementia, physical disability

Garlinge Lodge Residential Home
6 Garlinge Road, Southborough,
Tunbridge Wells TN4 0NR
Tel: 01892 528465

dementia, physical disability

Hartley House Care Home ●
Hartley Road, Cranbrook TN17 3QN
Tel: 01580 713139

dementia, physical disability

Hazeldene House
Romford Road, Pembery, Tunbridge Wells TN2 4AY
Tel: 01892 826500 Advert page 115
dementia, physical disability

Hollies Rest Home, The ●
14-16 Park Road, Southborough TN4 0NX
Tel: 01892 535346
dementia, physical disability

Mental Health Residential Ltd – 71 London Road
Southborough, Tunbridge Wells TN4 0NS
Tel: 01892 515520
mental health

Milward House
6 Madeira Park, Tunbridge Wells TN2 5SZ
Tel: 0300 303 1460
dementia

Mount Ephraim House
Mount Ephraim,
Tunbridge Wells TN4 8BU
Tel: 01892 520316

dementia, physical disability

Pepenbury
Cornford Lane, Pembery,
Tunbridge Wells TN2 4QU
Tel: 01892 822168

dementia, physical disability

Rusthall Respite
Middle Field Court, Edward Road, Rusthall,
Tunbridge Wells TN4 8RP
Tel: 01892 616408
dementia, physical disability, learning disability

Seven Springs – Care Home Physical Disabilities
Pembery Road,
Tunbridge Wells TN2 4NB
Tel: 01892 531138

dementia, learning disability

Birchwood House

Care is at the centre of everything we do
We are an independent family-run care home offering exceptional client-centred care for over 30 years. Birchwood House, a former manor house, is set in stunning grounds in Speldhurst and is known for its welcoming feel.

Our dedicated experienced staff provide a safe environment enabling residents to live fulfilling lives through engaging activities. All our residents are treated with kindness, dignity and respect.

Find out more about life at Birchwood House.

Offering residential, respite and convalescent care
01892 863559 birchwoodhouse.org.uk
Supported living for people with nursing needs

Choice of Social Groups
There are three separate floors for various levels of physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

Social Programme
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.hazeldenehouse.com
Tel: 01892 826500 • Email: enquiries@hazeldenehouse.com
Romford Road, Pembury, Tunbridge Wells, Kent TN2 4AY
Search for care in your area

Search for care at www.carechoices.co.uk to find support in your area
Supported living for people with nursing needs

Choice of Social Groups
There are separate areas for physical frailty and dementia so that people can live together in socially compatible groups.

Staffing
All staff have specialised care training and are supported to provide personalised care in a “family” atmosphere.

Social Programme
As part of our Relationship Centred Care ethos, we work with residents and their families to document their life stories. This forms the base for a tailored programme of activities and social interaction with families and friends.

Specialist Equipment
Alternating pressure mattresses, profiling beds, disabled baths, manual handling aids, etc.

Please visit our website or contact us for more information

www.hawkhursthouse.com
Tel: 01580 239170 • Email: enquiries@hawkhursthouse.com
Cranbrook Road, Hawkhurst, Cranbrook, Kent TN18 5EF
Useful local contacts

Kent County Council
County Hall, Maidstone ME14 1XQ
Tel: 03000 416161
Text relay: 18001 03000 416161
Email: social.services@kent.gov.uk
Web: www.kent.gov.uk

Advocacy for All
The Civic Centre, St Mary’s Road, Swanley BR8 7BU
Tel: 0345 310 1812
Email: info@advocacyforall.org.uk
Web: www.advocacyforall.org.uk

Age UK in Kent
Age UK provides information and advice for the elderly about benefits, care, age discrimination and computer courses, amongst other things.

Age UK Ashford
The Joe Fagg Community Centre, Stanhope Road TN23 5RF
Tel: 01233 668765
Web: www.ageuk.org.uk/ashford

Age UK Faversham
2 Middle Row ME13 7AJ
Tel: 01795 532766
Web: www.ageuk.org.uk/favershamandsittingbourne

Age UK Maidstone
7 Mill Street ME15 6XW
Tel: 01622 753618
Web: www.ageuk.org.uk/maidstone

Age UK Sittingbourne
Avenue of Remembrance ME10 4NN
Tel: 01795 477520
Web: www.ageuk.org.uk/favershamandsittingbourne

Age UK Tunbridge Wells
Wood Street TN1 2QS
Tel: 01892 522591
Web: www.ageuk.org.uk/tunbridgewells

Alzheimer’s Society
National Helpline: 0300 222 1122
Customer Care Team: 0330 333 0804
Dementia Connect Support Line: 0333 150 3456

Maidstone and rural communities
1 Dairy Court, Fair View Farm, Linton Road, Loose ME15 0AL
Tel: 01622 747181
Email: maidstone@alzheimers.org.uk

West Kent
1-7 Commercial Road, Paddock Wood, Tonbridge TN12 6YT
Tel: 01892 835498
Email: westkent@alzheimers.org.uk

Gateways to council services and advice
Ashford Gateway Plus
Church Road TN23 1AS
Tel: 03000 416666

Dover
69-71 Castle Street CT16 1PD
Tel: 01304 872199

Edenbridge
The Eden Centre, Four Elms Road TN8 6BY
Tel: 03000 414010

Gravesham
Civic Centre, Windmill Street DA12 1AU
Tel: 01474 337000

Sheppey
38-42 High Street ME12 1NL
Tel: 01795 417850

Swanley Link
London Road BR8 7AE
Tel: 03000 421281

Tenterden
2 Manor Row, High Street TN30 6HP
Tel: 03000 416666
Visit www.carechoices.co.uk for further assistance with your search for care

Thanet Gateway Plus
Cecil Street,
Margate CT9 1RE
Tel: 01843 577000

Tonbridge
Castle Street TN9 1BG
Tel: 01732 876271

Tunbridge Wells
8 Grosvenor Road TN1 2AB
Tel: 03000 414141

Healthwatch Kent
Aims to ensure that the views of the public are taken into account when health and social care services are planned for and provided.
Tel: 0808 801 0102
Email: info@healthwatchkent.co.uk
Web: www.healthwatchkent.co.uk

Kent 24-hour Dementia Helpline
A confidential freephone service for people with dementia, their carers, families and friends.
Tel: 0800 500 3014
Email: helpline@alz-dem.org
Web: www.alz-dem.org/urgent-support

Kent District Councils

Ashford Borough Council
Web: www.ashford.gov.uk

London Borough of Bexley
Web: www.bexley.gov.uk

London Borough of Bromley
Web: www.bromley.gov.uk

Canterbury City Council
Web: www.canterbury.gov.uk

Dartford Borough Council
Web: www.dartford.gov.uk

Dover District Council
Web: www.dover.gov.uk

Folkstone & Hythe District Council
Web: www.folkestone-hythe.gov.uk

Gravesham Borough Council
Web: www.gravesham.gov.uk

Maidstone Borough Council
Web: www.maidstone.gov.uk

Medway Council
Web: www.medway.gov.uk

Sevenoaks District Council
Web: www.sevenoaks.gov.uk

Swale Borough Council
Web: www.swale.gov.uk

Thanet District Council
Web: www.thanet.gov.uk

Tonbridge and Malling Borough Council
Web: www.tmbc.gov.uk

Tunbridge Wells Borough Council
Web: www.tunbridgewells.gov.uk

Live Well Kent
A free service to help you improve your mental and physical health and wellbeing.
Tel: 0800 567 7699
Web: www.livewellkent.org.uk

Patient Experience Teams (PETs)
Information for patients, their families and carers about health and local health services.

East Kent PET
Tel: 01227 783145
Email: ekh-tr.patientexperienceteam@nhs.net

West Kent PET
Tel: 0800 587 6757
Useful national contacts

**Action on Elder Abuse (AEA)**
Works to protect, and prevent the abuse of, vulnerable older adults.
Tel: 0808 808 8141
Email: enquiries@elderabuse.org.uk
Web: www.elderabuse.org.uk

**Age UK**
Tel: 0800 055 6112
Web: www.ageuk.org.uk

**Al-Anon Family Groups**
Worried about someone’s drinking? Help and hope for families and friends of alcoholics.
Helpline: 0800 008 6811 (10.00am to 10.00pm).
Email: enquiries@al-anonuk.org.uk
Web: www.al-anonuk.org.uk

**Alzheimer’s Society**
Tel: 0300 222 1122
Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm.
Web: www.alzheimers.org.uk

**Association of Charitable Organisations**
A national umbrella body for benevolent charities.
Tel: 0207 255 4480
Email: info@aco.uk.net • Web: www.aco.uk.net

**British Institute of Learning Disabilities (BILD)**
Committed to improving the quality of life for people with a learning disability.
Tel: 0121 415 6960
Email: enquiries@bild.org.uk
Web: www.bild.org.uk

**Care Choices**
Free, independent assistance with finding care providers. Searchable website.
Web: www.carechoices.co.uk

**Care Quality Commission**
Independent regulator of care services in England.
Tel: 03000 616161
Email: enquiries@cqc.org.uk
Web: www.cqc.org.uk

**Carers Trust**
Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.
Web: www.carers.org

**Carers UK**
The voice of carers.
Tel: 0808 808 7777
Web: www.carersuk.org

**Citizens Advice**
Practical, reliable, up-to-date information on a wide range of topics.
Tel: 03444 111444
Web: www.citizensadvice.org.uk

**Dementia Adventure**
Provides supported holidays for people with dementia as an alternative to traditional respite where partners, family, friends or carers can enjoy an outdoor break together. Holidays are usually five days long, can be bespoke, are subsidised and are available to anyone across the UK.
Tel: 01245 237548
Email: info@dementiaadventure.co.uk
Web: www.dementiaadventure.co.uk

**Elderly Accommodation Counsel**
Helps older people make informed choices about meeting their housing and care needs.
Web: www.housingcare.org

**Friends of the Elderly**
A charity that supports older people who have a range of practical needs.
Tel: 0207 730 8263
Email: enquiries@fote.org.uk
Web: www.fote.org.uk

**Independent Age**
Produce a wide range of guides and factsheets for older people, their families and carers.
Tel: 0800 319 6789
Email: advice@independentage.org
Web: www.independentage.org
My Family Our Needs
The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs. • Web: www.myfamilyourneeds.co.uk

National Association for Providers of Activities for Older People (NAPA)
Promotes the importance of activities for older persons.
Tel: 0207 078 9375
Email: info@napa-activities.co.uk
Web: www.napa-activities.co.uk

National Association of Funeral Directors
Web: www.nafd.org.uk

National Society of Allied and Independent Funeral Directors
Web: www.saif.org.uk

NHS 111
You should call NHS 111 if you:

• need medical help fast, but it is not a 999 emergency;
• do not know who to call for medical help or you do not have a GP to call; or
• require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via ‘Typetalk’ 18001 111.

Relatives and Residents Association, The
Exists for older people needing, or living in, residential care and the families and friends left behind.
Tel: 0207 359 8136
Email: info@relres.org
Web: www.relres.org

SANE
Saneline: for advice on mental health issues.
Tel: 0300 304 7000, between 4.30pm and 10.30pm daily.
Email: support@sane.org.uk
Web: www.sane.org.uk

Silver Line, The
A 24-hour telephone befriending and advice line.
Tel: 0800 470 8090
Web: www.thesilverline.org.uk

United Kingdom Home Care Association (UKHCA)
Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.
Tel: 0208 661 8188
Email: helpline@ukhca.co.uk
Web: www.ukhca.co.uk

Veterans’ Gateway
The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.
Tel: 0808 802 1212 • Web: veteransgateway.org.uk

Index

Home care providers

121 Care & Mobility Ltd 25
3H Fund Office 25
4life Healthcare Services 25
57 Shamrock Road 25
60 St Peters Road 25

A-D
Abbey Medical Services Ltd 25
Absolute Home Care Kent Ltd 25
Acare 25

Accessible Care 25
Acclaimed Care – Head Office 25
Active Assistance – Sevenoaks 25
Adejom Staffing Care 25
Affinity Trust – Domiciliary Care Agency West Kent 25
Age UK Faversham and Sittingbourne (Formerly Age Concern Faversham) 25

Age UK Maidstone 25
Age UK North West Kent 25
Agincare UK 25
Alina Homecare Specialist Care – Kent 25
All About Home Care (Kent) 27
All Seasons Community Support Two Ltd 27
Allendale Care 27

Visit www.carechoices.co.uk for further assistance with your search for care 121
<table>
<thead>
<tr>
<th>Home care providers continued</th>
<th>Advertisers in bold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alzheimer’s and Dementia Support Services, Safeharbour Memory Wellbeing Centre</td>
<td>27</td>
</tr>
<tr>
<td>Angels Home Care (Kent) Ltd – 5 Premier Parade</td>
<td>27</td>
</tr>
<tr>
<td>Angy Care Ltd</td>
<td>27</td>
</tr>
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<td><strong>Apex Prime Care – Kent 27</strong></td>
<td></td>
</tr>
<tr>
<td>ApproCare</td>
<td>27</td>
</tr>
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<td>Ashford Personnel and Solutions Ltd</td>
<td>27</td>
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<tr>
<td>Aspirations Kent</td>
<td>27</td>
</tr>
<tr>
<td>Aspire Home Carers Ltd</td>
<td>27</td>
</tr>
<tr>
<td>Athlone Care</td>
<td>27</td>
</tr>
<tr>
<td><strong>Audley Care – Audley Care Willicombe Park 27</strong></td>
<td></td>
</tr>
<tr>
<td>Audley Care Ltd – Audley Care Mote House</td>
<td>27</td>
</tr>
<tr>
<td>Austen Allen Homecare - Dartford</td>
<td>27</td>
</tr>
<tr>
<td>- Gravesham</td>
<td>27</td>
</tr>
<tr>
<td>Avantecare Services Ltd</td>
<td>27</td>
</tr>
<tr>
<td>AZ Caring Services Ltd</td>
<td>29</td>
</tr>
<tr>
<td>B.A.C. Care Ltd – Sittingbourne</td>
<td>29</td>
</tr>
<tr>
<td>Base Business Park, The</td>
<td>29</td>
</tr>
<tr>
<td>Beach House</td>
<td>29</td>
</tr>
<tr>
<td>Beech Tree Total Care</td>
<td>29</td>
</tr>
<tr>
<td>Beeches Homecare Services (Kent)</td>
<td>29</td>
</tr>
<tr>
<td>Betterliving Care Ltd</td>
<td>29</td>
</tr>
<tr>
<td><strong>Birchwood Care Services 29</strong></td>
<td></td>
</tr>
<tr>
<td>Blossoms Care Services Ltd DCA</td>
<td>29</td>
</tr>
<tr>
<td><strong>Bluebird Care</strong></td>
<td>29</td>
</tr>
<tr>
<td>- Ashford</td>
<td>29</td>
</tr>
<tr>
<td>- Gravesham &amp; Dartford</td>
<td>29</td>
</tr>
<tr>
<td>- Maidstone</td>
<td>29</td>
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<tr>
<td>- Sevenoaks</td>
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<tr>
<td>- Sittingbourne</td>
<td>29</td>
</tr>
<tr>
<td>- Tunbridge &amp; Tunbridge Wells</td>
<td>29</td>
</tr>
<tr>
<td>Bluebird Care - Canterbury &amp; Thanet</td>
<td></td>
</tr>
<tr>
<td>Braeburn Care Ltd - Dartford, Gravesend &amp; Swanley</td>
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<td>- Sevenoaks</td>
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<tr>
<td>- Tunbridge Wells &amp; Tonbridge</td>
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<td>Brambling House</td>
<td></td>
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<tr>
<td>Brooklands Homecare Ltd – Edenbridge</td>
<td></td>
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<tr>
<td>Brownfields Services Ltd</td>
<td></td>
</tr>
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<td>Burham Court</td>
<td></td>
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<tr>
<td>Callquest for Care</td>
<td></td>
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<tr>
<td>Camelot Lodge</td>
<td></td>
</tr>
<tr>
<td>Care 24x Ltd Care 77 Ltd</td>
<td></td>
</tr>
<tr>
<td>Care at Home Services (South East) Ltd - Herne Bay</td>
<td></td>
</tr>
<tr>
<td>- Tunbridge Wells Care Company, The</td>
<td></td>
</tr>
<tr>
<td><strong>Care in Kent Ltd</strong></td>
<td></td>
</tr>
<tr>
<td>Caremark - Deal - Gravesend - Maidstone - Margate - Tunbridge Wells</td>
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</tr>
<tr>
<td>Carers Choice Carewatch (Maidstone – Ashford)</td>
<td></td>
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<tr>
<td><strong>Caring Companions at Watling Court</strong></td>
<td></td>
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<tr>
<td>Cartref Homes Supported Living Scheme</td>
<td></td>
</tr>
<tr>
<td>CCK Support Ltd</td>
<td></td>
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<tr>
<td>CCMS Ltd Nursing &amp; Care Agency</td>
<td></td>
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<tr>
<td><strong>Chameleon Care</strong></td>
<td></td>
</tr>
<tr>
<td>- Dartford - Dover</td>
<td></td>
</tr>
<tr>
<td>Choice Support - Hermitage Court Clarity Homecare ComCare Community Lifeline</td>
<td></td>
</tr>
<tr>
<td>Community Support Services</td>
<td>31</td>
</tr>
<tr>
<td>Consultus Care and Nursing Ltd</td>
<td>31</td>
</tr>
<tr>
<td>Continuity of Care Services Ltd</td>
<td>31</td>
</tr>
<tr>
<td>Courtyard Mews</td>
<td>31</td>
</tr>
<tr>
<td>Craegmoor Supporting You in the South East</td>
<td>31</td>
</tr>
<tr>
<td>Crossroads Care Kent</td>
<td>31</td>
</tr>
<tr>
<td>CRW Consultancy Ltd – Kings Hill</td>
<td>32</td>
</tr>
<tr>
<td>Dimensions Kent Domiciliary Care Office</td>
<td>32</td>
</tr>
<tr>
<td>Direct Care (Kent)</td>
<td>32</td>
</tr>
<tr>
<td>DMC Consulting Services Ltd – Gravesend</td>
<td>32</td>
</tr>
<tr>
<td>Domus Extra Care Ltd</td>
<td>32</td>
</tr>
<tr>
<td>Domus Live-in Care Ltd</td>
<td>32</td>
</tr>
<tr>
<td><strong>E-H</strong></td>
<td></td>
</tr>
<tr>
<td>31 East Kent Mencap Domiciliary Service</td>
<td>32</td>
</tr>
<tr>
<td>31 Ellens Court Care Home</td>
<td>32</td>
</tr>
<tr>
<td><strong>31 Elysium Supported Living Ltd</strong></td>
<td>32</td>
</tr>
<tr>
<td>Enabling Care for You Ltd</td>
<td>32</td>
</tr>
<tr>
<td>Head Office</td>
<td>32</td>
</tr>
<tr>
<td>Ethical Care Services</td>
<td>32</td>
</tr>
<tr>
<td>Everlasting Arms3327</td>
<td>32</td>
</tr>
<tr>
<td>Care Pvt Ltd</td>
<td>32</td>
</tr>
<tr>
<td>Everycare (West Kent) Ltd</td>
<td>32</td>
</tr>
<tr>
<td>Exclusive Care Services</td>
<td>32</td>
</tr>
<tr>
<td>Expertise Homecare (Ashford)</td>
<td>32</td>
</tr>
<tr>
<td>Expertise Homecare (Central &amp; West Kent) Ltd</td>
<td>32</td>
</tr>
<tr>
<td><strong>Expertise Homecare (South East Coast)</strong></td>
<td>32</td>
</tr>
<tr>
<td>Expertise Homecare (UK)</td>
<td>32</td>
</tr>
<tr>
<td>Fam Daily Care Ltd</td>
<td>32</td>
</tr>
<tr>
<td>Fash Villa</td>
<td>32</td>
</tr>
<tr>
<td>Figtree Care Services Ltd</td>
<td>32</td>
</tr>
<tr>
<td>First Class Healthcare Ltd</td>
<td>32</td>
</tr>
<tr>
<td><strong>31 Folkestone Home Care 33</strong></td>
<td></td>
</tr>
<tr>
<td>31 Future Home Care Ltd Kent</td>
<td>33</td>
</tr>
<tr>
<td>Garden of Kent Homescare Ltd, The T/A – The Garden of England Homescare</td>
<td>33</td>
</tr>
<tr>
<td>31 Genuine Care Homescare Services Ltd</td>
<td>33</td>
</tr>
</tbody>
</table>
Giles Care Ltd
Gravesend Care Services
Great Prospects Care
Hale Place Farmhouse
Hall, The
Hand To Hand Care Ltd
Hawkinge House
Hazeldene House
Head First (Assessment, Rehabilitation and Case Management) LLP
Health & Life Care UK
Helping Hand Care Company Ltd
Helping Hands
- Dartford
- Folkestone
- Maidstone
- Ramsgate
- Tunbridge Wells
Here2Care (Dartford)
HF Trust – Kent DCA
HF Trust – Kent North DCA
Hilton Nursing Partners Ltd
HLC Care Agency Ltd
Home Instead Senior Care
- Broadstairs, Ramsgate & Margate
- Dartford
- Folkestone, Hythe & Ashford
- Maidstone
- Shoreham, Petts Wood & Longfield
- Tunbridge Wells, Sevenoaks & Edenbridge
Home Service Complete Care LLP
Homecare Unique Ltd

I - M
Inchwater Home Care
Jasmine Care South East Ltd
Joymac Healthcare Services
Kare Plus Ashford
K D Care Ltd
Kare Plus Maidstone
Kent Carers Ltd – Head Office
Kent & Medway Domiciliary Care Agency
Kent Enablement at Home
- Ashford
- Broadstairs
- Gravesend
- Sittingbourne
- West Malling
Kent Home Care Ltd
Kent PBS Service
Kent SCP (Bowles Lodge)
Kent Social Care Professionals Domiciliary Service
Krystal Solutions Ltd
L’Arche Kent
LANH
Lauriem Complete Care Ltd
Liberty Lodge Ltd
Lilicares Ltd
Maidstone Home Care Ltd
Marbleside Care
Marjon Home Support Agency
McNeil Homecare Ltd
Mears Care Ltd
Meridian Community Care Ltd
- Canterbury
- Dover
Meritum Integrated Care LLP
- Ashord
- Folkestone
- Maidstone
MiHomecare – Ramsgate
Milestones Outreach Support Team – MOST
Mrs Lynne Weatherly
My Homecare Tonbridge
My Life Living Assistance (Kent)

N - R
New Horizons Broad Oak Ltd
Resource Centre
No Place Like Home
North Home Care
Norwyn Community Services
Nurse Plus and Carer Plus (UK) Ltd
- Folkestone
- Maidstone
Nurseplus UK
- Canterbury
- Dover
Oak Tree Lodge
Old Exchange, The
One 2 One Private Care Services
One Step South Domiciliary Care Agency
Orchard House
Papillon Home Care
Park View Domiciliary Care
PCAS Kent Ltd
Phoenix Support Ltd
Prepare4care Ltd
Prestige Nursing Ltd Dartford
PSA Home Care Ltd
Pure Life Homecare
Queen Elizabeth Court
QuilterCare
Regus House
Retons Care and Training Services Ltd
Right at Home Medway
RNID Action on Hearing Loss
Northdown Road
Royal Care

S - U
Safe Choice Care
Sanctuary Home Care Ltd
- Gravesend
SAP Care Services Ltd
SCP Complex Care
SeeAbility – Kent Support Service
Seeds Care Ltd – 60 St Peters Road
Sentinel Care
Seren Home Care Ltd
Share The Care Ltd Office
Skilled Care Ltd
- 1 Hammerton Close
St. Helens House 40, 102
Summervile 40
Sunnybanks Home Care Service 40
Superior Healthcare 40
Swanborough Services 40
Tamarisk 40
Tender Loving Carers 40
TerraBlu Homecare 40
Town & Country Homecare Ltd 40
Turning Point – Kent DCA 40
United Response – Kent DCA 40

Unity Care Solutions (Maidstone)

V - Y
Victory Way
Viking Care
Vitality Home Health
Gravesham & Dartford
Wave Hill
Welcome Home
Welcome Support
West Malling

Westminster Homecare Ltd
Wood Street Day Care Centre, The
Woodchurch House 41
Xtracare Ltd 41
Yoakley House Care Home 41
Your Care 41
Your Choice 41
Your Life (Tunbridge Wells) 41
Your Life Supported Living Services 41
Your Life Your Home 41

A - D
Abbey Court Nursing Home – West Kingsdown 91
Abbey Lodge Residential Home 97
Abbeyrose House 87
Abbotsleigh Dementia Nursing and Residential Care Home 89
Acacia House – Tenterden 67
Adisham House 67
Alandale Residential Home 80
Alexander House – Dover 80
Alison Crescent 80
Alma Residential Home 102
Alpine Care Home 91
Ami Court 83
Anderida 63
Anro House 79
Applecroft Care Home 83
Aquarius Lodge 107
Arthur Court 93
Ashcroft Nursing Home 109
Ashdene House 109
Ashford Lodge 63
Ashgold House 80
Ashingham House 80
Ashlea House 63
Ashley Avenue, 95
Ashley Down Nursing Home 85
Ashley Gardens Care Centre 89
Ashley House
Ashminster House
Ashurst House
Ashurst Park Care Home
Ashurst Place
Aspen Lodge
Aspley House
Avenues South East – 39 Beresford Gardens
Avenues South East – 87 Westbrook Avenue
Avenues South East – 288 Shipbourne Road
Avenues South East – 492 Maidstone Road
Avondale Castlemount Lodge
Avondale House
Balgowan Nursing Home
Barham House Nursing Home
Barnes Lodge 111, 112
Barton Court 102
Barty House Nursing Home 89
Beach House 106
Beechcare
Beechcare incorporating the Peter Gidney Neurological Centre 78
Beeches Residential Home, The 67
Beechfields 103
Belmont 63
Benham Lodge 83
Birchwood House Rest Home 112
Birken Lodge 116
Birling House 87
Blackburn Lodge 102
Blair Park Residential Care Home 103
Blossoms Care Home Ltd 77
Blythson Ltd – 3 Ashley Avenue 93
Blythson Ltd – 5 Ashley Avenue 93
Blythson Ltd – 33 St John’s Church Road 93
Boldshaves Oast 63
Bonal Secours 79
Bowercroft Care Ltd 87
Brabourne Care Centre 65
Bradbury Grange 75
Bradfield Residential Home 79
Bradstowe Lodge 106
Bradwell House 97
Brambles Care Home 63
Brambling House 80
Bramling House 80
Bramblings Residential Home 77
Brampton Lodge 93
Care homes and care homes with nursing continued

Brenan House Residential Home 109
Breton Court 67
Bridge Haven 67
Bridge House 103
Brightcare 97
Broadmeadow 93
Broad Oak Manor Care Home 78
Broadstreet House 93
Bromfield House Residential Home 102
Brook Lodge 79
Broomfield Lodge 71
Bungalow, The 97
Burnham 93
Byfield Court 103
Camelot Lodge 93
Cameron Lodge 79
Canterbury Adult Support Unit 67
Capel Grange Residential Home 111
Caretech Community Services (No 2) Ltd – 22 Prices Avenue 107
Carlile Lodge 93
Carnahea Residential Home 101
Cartref House 103
Cedardale Residential Home 87
Cedar House Residential Care Home 97
Cedar Bungalows 63
Cedar Oaks 71
Chamberlain Court 116
Channel Lea, 12 79
Charing Court Residential Home 63
Charton Manor 77
Chase, The 67
Chaucer House 69
Cherries, The 93
Cheffield House 77
Chesnut Lodge Care Home 111
Chestnuts Care Home, The 83
Chilterns, The 111
Chippendale Lodge Residential Care Home 87
Chipstead Lake – Care Home Physical Disabilities 91
Chitty Barn 79
Church Lane 87
Claremont Care Home 107
Cleveland House 106
Coach House, The 71, 73
Connors House 67
Cooksditch House Nursing and Residential Home 102
Copperfields Residential Home 83
Cornerways Residential Home 97
Cornford House 112, 116
Cosy Lodge 63
Cotswold Lodge 97
Court Lodge 63
Court Regis 103
Cranmore 99
Creedy House 101
Croft, The 63
Crossways Community 114
Cumberland, The 71
Cumbria House Care Home 93
Dale Lodge 83
Dale Mount 83
Dane End House 111
Darenth Grange Residential Home 77
Deer Park Care Centre 106
Dene Holm 83
Dickley Court 87
Dumpton Lodge 106

E-H
Eastfield 87
Eastry House 83
Eastry Villa’s 83
Eaton Lodge Nursing Home 111
Ebbsfleet House 109
Echo Square House 85
Eden Cottage 99
Edward Moore House 85
Edwin Therapeutic Unit 85
Eglantine Villa Care Home 78
Elizabeth House 68
Ellens Court Care Home 103
Elliott House 71
Elm Lea Residential Care Home 97
Elvy Court Care Home 105
Emerson Grange 78
Emily Jackson Close, 1-3 91
Emily Jackson House 91
Fairby Grange 77
Fairlawn Residential Home 87
Fairways Residential Home 99
Falconer’s Court 91
Family Investment (Four) Ltd 68
Farm House 63
Favorite House Residential Home 71
Felbrigg House 80
Finn Farm Lodge 93
Firtree House Nursing Home 116
Fiveways 75
Foam, The 99
Folkestone Care Centre 95
Footsteps 68
Forge House 87
Fountains Lodge Care Home 112
Gardenia House 77
Garland House 114
Garlinge Lodge Residential Home 114
Gate House 83
Gavin Astor House Nursing Home 89
Generals Meadow 79
George V Avenue, 5 107
Glendale Lodge 79
Glen, The 80
Gloucester House 91
Glover House 63
Goodwins, The 79
Gordon Lodge Rest Home 111
Grange Care Home, The 93
Grange, The 63, 71
Grange, The – Benenden 112
Graveshame Place Integrated Care Centre 85

Visit www.carechoices.co.uk for further assistance with your search for care 125
<table>
<thead>
<tr>
<th>Graywood Care Home</th>
<th>107</th>
<th>Greenbank</th>
<th>68</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greenbanks Care Home</td>
<td>87</td>
<td>Greenbanks</td>
<td>107</td>
</tr>
<tr>
<td>Green Gables</td>
<td>89</td>
<td>Grenham Bay Court</td>
<td>106</td>
</tr>
<tr>
<td>Gresham House</td>
<td>89</td>
<td>Gresham Residential Care Home</td>
<td>107</td>
</tr>
<tr>
<td>Grimston House</td>
<td>93</td>
<td>Grosvenor Court</td>
<td>93</td>
</tr>
<tr>
<td>Grosvenor Court, The</td>
<td>107</td>
<td>Grove Residential Home, The</td>
<td>87</td>
</tr>
<tr>
<td>Grove Villa Care</td>
<td>79</td>
<td>Hadlow</td>
<td>112</td>
</tr>
<tr>
<td>Haldens, The</td>
<td>71</td>
<td>Hall</td>
<td>63</td>
</tr>
<tr>
<td>H M T Care – 48 Albany Drive</td>
<td>71</td>
<td>Hamilton's Residential Home</td>
<td>68</td>
</tr>
<tr>
<td>Hailey Residential Care Home</td>
<td>71</td>
<td>Halden Heights Care Community</td>
<td>67</td>
</tr>
<tr>
<td>Hale Place Farmhouse</td>
<td>112</td>
<td>Halliwell</td>
<td>116</td>
</tr>
<tr>
<td>Hall, The</td>
<td>63</td>
<td>Hamilton's Residential Home</td>
<td>68</td>
</tr>
<tr>
<td>Hamilton's Residential Home</td>
<td>68</td>
<td>Hanningfield Retirement Home Ltd</td>
<td>103</td>
</tr>
<tr>
<td>Harbledown Lodge</td>
<td>69</td>
<td>Harbour Care Home</td>
<td>71</td>
</tr>
<tr>
<td>Harrow Lodge</td>
<td>71</td>
<td>Harmonia Village</td>
<td>83</td>
</tr>
<tr>
<td>Harrow Lodge</td>
<td>77</td>
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<td>77</td>
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<td>Hazeldene House</td>
<td>91</td>
<td>Havens Court, The</td>
<td>87</td>
</tr>
<tr>
<td>Hazeldene House</td>
<td>116</td>
<td>Hawkhurst House</td>
<td>116</td>
</tr>
<tr>
<td>Hazeldene House</td>
<td>78</td>
<td>Hawkinge House</td>
<td>95</td>
</tr>
<tr>
<td>Hazelwood Care Home</td>
<td>77</td>
<td>Haydon-Mayer</td>
<td>73</td>
</tr>
<tr>
<td>Harrier Lodge</td>
<td>114</td>
<td>Hazeldene House</td>
<td>114</td>
</tr>
<tr>
<td>Harrier Lodge</td>
<td>77</td>
<td>Hazeldene House</td>
<td>116</td>
</tr>
<tr>
<td>Hartley House Care Home</td>
<td>114</td>
<td>Hazelwood Care Home</td>
<td>78</td>
</tr>
<tr>
<td>Hatfield Lodge</td>
<td>93</td>
<td>Heathfield Residential Home</td>
<td>85</td>
</tr>
<tr>
<td>Haver Court, The</td>
<td>87</td>
<td>Hedgerows, 1 and 2</td>
<td>63</td>
</tr>
<tr>
<td>Hedgerows, 1 and 2</td>
<td>89</td>
<td>Hengist Field Centre</td>
<td>105</td>
</tr>
<tr>
<td>Highfield</td>
<td>71</td>
<td>Herne Place</td>
<td>71</td>
</tr>
<tr>
<td>Highfield</td>
<td>87</td>
<td>Heron House</td>
<td>71</td>
</tr>
<tr>
<td>Highfield Private Rest Home</td>
<td>97</td>
<td>Herne Place</td>
<td>71</td>
</tr>
<tr>
<td>Highfield</td>
<td>106</td>
<td>Hevercourt</td>
<td>85</td>
</tr>
<tr>
<td>Highfield</td>
<td>68</td>
<td>HF Trust – Lympne Place</td>
<td>97</td>
</tr>
<tr>
<td>Highfield</td>
<td>69</td>
<td>HF Trust – Philippines Close</td>
<td>91</td>
</tr>
<tr>
<td>Highfield</td>
<td>71</td>
<td>Highfield Private Rest Home</td>
<td>97</td>
</tr>
<tr>
<td>High View Oast Care Home</td>
<td>112</td>
<td>Hill Farm</td>
<td>103</td>
</tr>
<tr>
<td>Hillbeck Residential Care Home</td>
<td>87</td>
<td>Hilltown</td>
<td>80</td>
</tr>
<tr>
<td>Holly Cottage</td>
<td>63</td>
<td>Hollies Residential Home, The</td>
<td>85</td>
</tr>
<tr>
<td>Holywell Park</td>
<td>63</td>
<td>Hollies Rest Home, The</td>
<td>114</td>
</tr>
<tr>
<td>Holmeleigh</td>
<td>79</td>
<td>Holly Cottage</td>
<td>63</td>
</tr>
<tr>
<td>Homeleigh Farm</td>
<td>99</td>
<td>Holywell Park</td>
<td>91</td>
</tr>
<tr>
<td>Homeville</td>
<td>107</td>
<td>Homeleigh Farm</td>
<td>63</td>
</tr>
<tr>
<td>Hothfield Manor Acquired Brain Injury Centre</td>
<td>71</td>
<td>Homeleigh</td>
<td>99</td>
</tr>
<tr>
<td>Hythe View</td>
<td>97</td>
<td>Larchmere House Nursing Home</td>
<td>116</td>
</tr>
<tr>
<td>I - P</td>
<td>89</td>
<td>Iden Manor Nursing Home</td>
<td>89</td>
</tr>
<tr>
<td>Insight SBS Ltd – 201 London Road</td>
<td>89</td>
<td>Insight Teynham</td>
<td>103</td>
</tr>
<tr>
<td>Invicta Court</td>
<td>87</td>
<td>Invicta Court</td>
<td>103</td>
</tr>
<tr>
<td>Island Residential Home, The</td>
<td>102</td>
<td>Ivy Bank Residential Care Home</td>
<td>81</td>
</tr>
<tr>
<td>Ivy Cottage</td>
<td>63</td>
<td>Ivy Cottage</td>
<td>63</td>
</tr>
<tr>
<td>Juniper</td>
<td>109</td>
<td>Keele House</td>
<td>109</td>
</tr>
<tr>
<td>Kent Autistic Trust, The – 9 Perrys Close</td>
<td>101</td>
<td>Kent Autistic Trust, The – 118 Beaver Lane</td>
<td>101</td>
</tr>
<tr>
<td>Kent Autistic Trust, The – 165 Jemmett Road</td>
<td>101</td>
<td>Kent Autistic Trust, The – 118 Beaver Lane</td>
<td>101</td>
</tr>
<tr>
<td>Kent House Residential Home</td>
<td>106</td>
<td>Kent House Residential Home</td>
<td>106</td>
</tr>
<tr>
<td>L and S Care Homes Ltd</td>
<td>107</td>
<td>L'Arche Kent Cana</td>
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</table>
Specialist indices

These indices will assist you in your search for care. Specialist providers are listed by care category.

### Learning disability providers

<table>
<thead>
<tr>
<th>A-D</th>
<th>Brightcare</th>
<th>Broadstreet House</th>
<th>Bungalow, The</th>
<th>Burnham</th>
<th>Byfield Court</th>
<th>Cameron Lodge</th>
<th>Canterbury Adult Support Unit Caretech Community Services (No 2) Ltd – 22 Prices Avenue107</th>
<th>Carlile Lodge</th>
<th>Cartref House</th>
<th>Cedar Bungalows</th>
<th>Cedar Oaks</th>
<th>Channel Lea, 12</th>
<th>Cherries, The</th>
<th>Chitty Barn</th>
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<td>107</td>
<td>Avenues South East – 87 Westbrook Avenue</td>
<td>107</td>
<td>Avenues South East – 288 Shipbourne Road</td>
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<td>Beches Residential Home, The</td>
<td>67</td>
<td>Belmont</td>
<td>63</td>
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<th>Echo Square House</th>
<th>Eden Cottage</th>
<th>Edwin Therapeutic Unit</th>
<th>Ellens Court Care Home</th>
<th>Emily Jackson Close, 1-3</th>
<th>Falconer’s Court</th>
<th>Family Investment (Four) Ltd</th>
<th>Farm House</th>
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<tr>
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<td>93</td>
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<td>75</td>
<td>Foam, The</td>
<td>99</td>
<td>Footprints</td>
<td>68</td>
</tr>
</tbody>
</table>

Visit www.carechoices.co.uk for further assistance with your search for care
Learning disability providers continued

Advertisers in bold

Juniper
Kent Autistic Trust, The – 165 Jemmott Road
Kent Autistic Trust, The – 118 Beaver Lane
Kent Autistic Trust, The – 9 Perrys Close
King Edward House
Kingsley
Kingston House
L and S Care Homes Limited - 3 York Terrace
Laburnum House
Lady Dane Farmhouse
Larchwood Grove
L’Arche Kent Cana
L’Arche Kent Faith House
L’Arche Kent The Rainbow
Little Glen
Little Oyster Residential Home
Littlecroft
Lower Robin Hood Lane, 146
Lyndhurst House

M-P
Magenta
Magnolia House
Maple House
Marshlands
Martha House
Martins
May Lodge
May Morning
Maylands
Meadowside
Melanie Ann Trust Residential Home, The
Melvyn & Jan John
Milestone House
Millfield House
Moordean
Neptune House
New Bungalow, The
Newlands
Oak Avenue, 23
Oaklands
Old School House
Optima Care Limited - 37 Spenser Road
Orchard House
Overcliffe House
Paddock, The Palm Care
Pelham Manor
Pepenbury

Poplars Care Centre
R-T
Radnor House
Ravenlea
Rectory House
Reddington House
Rhyme House
Richardson Court
Rivendell, The RNID Action on Hearing Loss Roper House
Rose Cottage
Rose Cottage
Rose Farm House
Rosecroft
Roselands
Rosemary Cottage
Rusthall Respite
Sandgate Manor
Sandwich Road, 55
Sapphire House
School Lane
Seabourne House
Seabreezes
Seabrook Road, 24
Seabrook Road, 26
Seahaven
Seaview
SENSE - 163 Newington Road
SENSE - 89 Hastings Avenue
Seymour House
Sheerstone, 6a

102
101
107
93
101
85
81
68
68
81
102
99
87
65

109
65
65
75
79
87
83
79
95
102
102
65
69

102
65
99
88
81
81
105
65
71
114
89

77
77
83
40, 102
81
99
88
69
65
107
102
69
81
99
95
95
73
81
95
88
95
77
79
81

109
95
81
99
95
73
81
95
88
95
77
79
81

U-W
Ulcomb House
Valley House in the Vineyard Ltd
Welcome Home
Wellington House
Westbury House

105
69
103
80
80

Search for care at www.carechoices.co.uk to find support in your area
Physical disability providers

A-D

Abbey Court Nursing Home - West Kingsdown 91
Acacia House - Tenterden 67
Alpine Care Home 91
Ashcroft Nursing Home 109
Ashdene House 109
Ashgold House 80
Ashley Avenue, 95 93
Ashurst House 101
Avenues South East - 87 Westbrook Avenue 107
Barham House Nursing Home 69
Beechcare 97
Beechcare incorporating the Peter Gidney Neurological Centre 78
Bethany House Care Home 101
Bethany Lodge 101
Beulah Lodge Rest Home Ltd 112
Birling House 87
Blossoms Care Home Ltd 77
Brambling House 80
Brambling Lodge 80
Broad Oak Manor Care Home 78
Broadmeadow 93
Brook Lodge 79
Burnham 93
Cameron Lodge 79
Chamberlain Court 116
Chaucer House 69
Chipstead Lake - Care Home Physical Disabilities 91
Chitty Barn 79
Church Lane 87
Coach House, The 71, 73
Coachditch House Nursing & Residential Home 102
Cornford House 112, 116
Creedy House 101
Dane End House 111
Dickley Court 87
White Cliffs Lodge 81
Whitstable Road
Winchester House 85
Windmill Lodge 85

E-H

Eastry House 83
Eaton Lodge Nursing Home 111
Elvys Court Care Home 103
Elvy Court Care Home 105
Emerson Grange 78
Emily Jackson Close, 1-3 91
Falconer’s Court 91
Foam, The 99
Folkstone Care Centre 95
Footprints 68
Fountains Lodge Care Home 112
Gardenia House 77
Gate House 83
Gavin Astor House Nursing Home 89
George V Avenue, 5 107
Gloucester House 91
Glover House 63
Greenbanks 68
H M T Care - 48 Albany Drive 71
Harpwood Care Home 91
Harrier Lodge 77
Hawkhurst House 116
Hawkinge House 95
Heathfield Residential Home 63
Hedgerows, 1 and 2 89
Hengist Field Care Centre 105
Heron House 71
Hercurcourt 85
High View Oast Care Home 112
Highfield 69
Hill Farm 103
Hollies Rest Home, The 114
Hothfield Manor Acquired Brain Injury Centre 67

I-L

Iden Manor Nursing Home 89
Island Residential Home, The 102

M-P

Manordene 91
Martha House 80
Meadow View Residential Care Home 68
Meadowside 79
Milestone House 79
Millfield House 95
Miramar Care Home 112
Montfort Manor 67
Mount Ephraim House 114
New Bungalow, The 65
Newington Court 105
Newlyn Residential Home, The 109
Ocean Swell 111
Old Farm House Residential Home, The 69
Old Rectory Residential Home, The 99
Optima Care Limited - 37 Spenser Road 71
Orchard House 65, 71
Poplars Care Centre 89
Prince Charles House 89

R-T

Ravenlea 95
Rectory House 88
Red House Nursing Home, The 69

Visit www.carechoices.co.uk for further assistance with your search for care
## Physical disability providers continued

<table>
<thead>
<tr>
<th>Advertisers in bold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rhyme House 105</td>
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<tr>
<td>Rivermere Retirement and Care Home 91</td>
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<tr>
<td>RNID Action on Hearing Loss Roper House 69</td>
</tr>
<tr>
<td>Rosemary Cottage 65</td>
</tr>
<tr>
<td>Roxburgh House 111</td>
</tr>
<tr>
<td>Russell Court Nursing Home 78</td>
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<tr>
<td>Rusthall Lodge Care Home 116</td>
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<td>Rusthall Respite 114</td>
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<tr>
<td>Saltwood Care Centre 97</td>
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<tr>
<td>Sandgate Manor 95</td>
</tr>
<tr>
<td>Sapphire House 88</td>
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<tr>
<td>School Lane 105</td>
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<tr>
<td>Seabrook Road, 26 97</td>
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<td>SENSE - 89 Hastings Avenue 107</td>
</tr>
<tr>
<td>Seven Springs - Care Home Physical Disabilities 114</td>
</tr>
<tr>
<td>Smock Acre 69</td>
</tr>
<tr>
<td>Sobell Lodge - Care Home Physical Disabilities 89</td>
</tr>
<tr>
<td><strong>Staplehurst Manor Care Home 89</strong></td>
</tr>
<tr>
<td>St Gabriel’s House - Apartments 111</td>
</tr>
<tr>
<td>St James House 77</td>
</tr>
<tr>
<td>St James Mews 77</td>
</tr>
<tr>
<td>St Winifred’s Dementia Residential Care Home 79, 80</td>
</tr>
<tr>
<td>St. Helens House 40, 102</td>
</tr>
<tr>
<td>St. John House 77</td>
</tr>
<tr>
<td>Strode Park Foundation - Redwells 69</td>
</tr>
<tr>
<td>Strode Park House 73</td>
</tr>
<tr>
<td>Sunnyfields 102</td>
</tr>
<tr>
<td>Sussex Avenue, 26a 69</td>
</tr>
<tr>
<td>Tamarisk 99</td>
</tr>
<tr>
<td>Thorndene 81</td>
</tr>
<tr>
<td>Tristford 95</td>
</tr>
<tr>
<td>Turnbull Close 77</td>
</tr>
</tbody>
</table>

### Dementia care providers

#### A-D

<table>
<thead>
<tr>
<th>Advertisers in bold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abbeyrose House 87</td>
</tr>
<tr>
<td>Abbotsleigh Dementia Nursing and Residential Care Home 89</td>
</tr>
<tr>
<td>Alexander House - Dover 80</td>
</tr>
<tr>
<td>Alma Residential Home 102</td>
</tr>
<tr>
<td>Alpine Care Home 91</td>
</tr>
<tr>
<td>Applecroft Care Home 83</td>
</tr>
<tr>
<td>Aquarius Lodge 107</td>
</tr>
<tr>
<td>Ashcroft Nursing Home 109</td>
</tr>
<tr>
<td>Ashley Gardens Care Centre 93</td>
</tr>
<tr>
<td>Ashley House 93</td>
</tr>
<tr>
<td><strong>Ashminster House 65</strong></td>
</tr>
<tr>
<td>Aspen Lodge 79</td>
</tr>
<tr>
<td>Barham House Nursing Home 69</td>
</tr>
<tr>
<td><strong>Barnes Lodge 111</strong></td>
</tr>
<tr>
<td><strong>Barnes Lodge 112</strong></td>
</tr>
<tr>
<td>Barton Court 102</td>
</tr>
<tr>
<td>Beechcare incorporating the Peter Gidney Neurological Centre 78</td>
</tr>
<tr>
<td>Betsy Clara Nursing Home 89</td>
</tr>
<tr>
<td>Beulah Lodge Rest Home Ltd 112</td>
</tr>
<tr>
<td>Blair Park Residential Care Home 103</td>
</tr>
<tr>
<td>Blossoms Care Home Ltd 77</td>
</tr>
<tr>
<td>Bowercroft Care Ltd 87</td>
</tr>
<tr>
<td>Brabourne Care Centre 65</td>
</tr>
<tr>
<td><strong>Bradbury Grange 75</strong></td>
</tr>
<tr>
<td>Brambling Lodge 80</td>
</tr>
<tr>
<td><strong>Bridge Haven 67</strong></td>
</tr>
<tr>
<td>Broadmeadow 93</td>
</tr>
<tr>
<td><strong>Broomfield Lodge 71</strong></td>
</tr>
<tr>
<td><strong>Capel Grange Residential Home 111</strong></td>
</tr>
<tr>
<td>Carnalea Residential Home 101</td>
</tr>
<tr>
<td>Cedardale Residential Home 87</td>
</tr>
<tr>
<td>Chamberlain Court 116</td>
</tr>
<tr>
<td>Chase, The 67</td>
</tr>
<tr>
<td><strong>Chaucer House 69</strong></td>
</tr>
<tr>
<td>Chestfield House 77</td>
</tr>
<tr>
<td>Chestnut Lodge Care Home 111</td>
</tr>
<tr>
<td>Chippendale Lodge Residential Care Home 87</td>
</tr>
<tr>
<td>Chitty Barn 79</td>
</tr>
<tr>
<td>Claymont Care Home 107</td>
</tr>
<tr>
<td><strong>Connors House 67</strong></td>
</tr>
<tr>
<td><strong>Copperfields Residential Home 83</strong></td>
</tr>
<tr>
<td>Cornerways Residential Home 97</td>
</tr>
<tr>
<td><strong>Cornford House 112, 116</strong></td>
</tr>
<tr>
<td>Court Regis 103</td>
</tr>
<tr>
<td>Creedy House 101</td>
</tr>
<tr>
<td><strong>Cumberland, The 71</strong></td>
</tr>
<tr>
<td>Dale Lodge 83</td>
</tr>
<tr>
<td>Dale Mount 83</td>
</tr>
<tr>
<td>Darent Grange Residential Home 77</td>
</tr>
<tr>
<td><strong>Dene Holm 83</strong></td>
</tr>
<tr>
<td>Dickley Court 87</td>
</tr>
</tbody>
</table>

#### E-H

<table>
<thead>
<tr>
<th>Advertisers in bold</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eastfield 87</td>
</tr>
<tr>
<td>Eastry House 83</td>
</tr>
<tr>
<td><strong>Edward Moore House 85</strong></td>
</tr>
<tr>
<td><strong>Eglantine Villa Care Home 78</strong></td>
</tr>
<tr>
<td>Elizabeth House 68</td>
</tr>
<tr>
<td>Ellens Court Care Home 103</td>
</tr>
<tr>
<td>Elliott House 71</td>
</tr>
<tr>
<td><strong>Elvy Court Care Home 105</strong></td>
</tr>
<tr>
<td>Emerson Grange 78</td>
</tr>
<tr>
<td>Emily Jackson House 91</td>
</tr>
<tr>
<td>Fairby Grange 77</td>
</tr>
<tr>
<td><strong>Fairways Residential Home 99</strong></td>
</tr>
<tr>
<td>Falconer’s Court 91</td>
</tr>
<tr>
<td>Favorita House Residential Home 71</td>
</tr>
<tr>
<td>Folkestone Care Centre 95</td>
</tr>
<tr>
<td><strong>Fountains Lodge Care Home 112</strong></td>
</tr>
<tr>
<td>Gardenia House 77</td>
</tr>
<tr>
<td>Gavin Astor House Nursing Home 89</td>
</tr>
</tbody>
</table>
Dementia care providers continued

George V Avenue, 5 107
Gloucester House 91
Gravesham Place Integrated Care Centre 85
Greenbanks 68
Greenbanks Care Home 87
Grosvenor Court, The 107
Halden Heights Care Community 67
Hale Place Farmhouse 112
Hamilton’s Residential Home 68
Harbledown Lodge 69
Harmonia Village 77
Harmonia Village 83
Harpwood Care Home 91
Harrier Lodge 77
Hartley House Care Home 114
Hastington Lodge Care Home 77
Hatfield Lodge 93
Haven Care Home, The 87
Hawkhurst House 116
Hawkinge House 95
Haydon-Mayer 73
Hazeldene House 114, 116
Hazelwood Care Home 78
Hedgerows, 1 and 2 89
Hengist Field Care Centre 105
Herne Place 71
Hevercourt 85
High Pines Residential Home Ltd 71
Hillbeck Residential Care Home 87
Hollies Rest Home, The 114

I-L
Iden Manor Nursing Home 89
Invicta Court 87
Island Residential Home, The 102
Ivy Bank Residential Care Home 81
Keele House 109
Kent House Residential Home 106
Kesson House Care Home 85
Kimberley Residential Home 71
King Edward House 68
Kingston House 68
Kippingtons Nursing Home 91
Laleham, The 71
Laureston House Residential Home 81
Lavender Fields 91
Littlebourne House Residential Care Home 68
Loose Court 87
Lukestone Dementia Nursing Home 89
Lulworth House Dementia Residential Care Home 87
Lyndhurst Rest Home 75

M-P
Madeira Lodge Care Home 99
Maidstone Care Centre 89
Manordene 91
Marshlands 99
Mayflower Care Home 85
Meadow View Residential Care Home 68
Millard House 114
Miramar Care Home 112
Mont Calm Margate 107
Mont Calm Residential Home 87
Montfort Manor 67
Mount Ephraim House 114
Nesbit House Care Home 91
Newington Court 105
Newlyn Residential Home, The 109
North Lodge Care Home 107
Oakdene Rest Home 102
Oakfield House 69
Old Downs Dementia Residential Care Home, The 77
Old Farm House Residential Home, The 69
Old Rectory Residential Home, The 99
Old Vicarage, The 79
Park View Care Centre 67
Pilgrims View 88
Pilgrims Way Care Home with Nursing 89
Pilgrims Way Care Home with Nursing 89
Pine Lodge Care 103
Poplars Care Centre 89
Port Regis 106
Priory Mews Care Home 78

R-T
Rectory House 88
Rivermere Retreat and Care Home 91
RNID Action on Hearing Loss 91
Roper House 69
Robert House 69
Rosewood Residential Care Home 77
Rushall Respite 114
Saltwood Care Centre 97
Sandbanks Care Home 99
Saxon Lodge Residential Home Ltd 69
Shakti Lodge 77
Sholden Hall Residential Retreat 79
Sonia Lodge 80
Sonya Lodge 77
Dementia Residential Care Home 77
Springville 109
St Anselm’s Nursing Home 80
St Brelades 71
St Clare’s Care Home 95
St Martins 75
St Michael’s Nursing Home 111
St Peters Home 109
St Stephens Nursing Home 83
St Valery Care Home 65
St Winifred’s Dementia Residential Care Home 79, 80
St. Helens House 40, 102
Tarry’s Residential Home 73
Temple Ewell Nursing Home 83
Terrance House 107
Tonbridge House Care Home 112
Tralee Rest Home 75
Tudor Lodge 95
Tunbridge Wells Care Centre 116

U-W
Upton House 80
Uxbridge Residential Care Home, The 88
Vibrant Residential Care Home 103
Villa Maria 97
Walmer Care Centre 80
Wantsum Lodge 109
Warren Lodge Care Home 67
Weald Heights 91

Visit www.carechoices.co.uk for further assistance with your search for care
## Dementia care providers

| Welcome Home                                      | 103 |
| West Gate, The                                    | 111 |
| West View Integrated Care Centre                 | 67  |
| Westbank Care Home                                | 112 |
| Westbrook House Integrated Care Centre           | 109 |
| Whitfield                                         | 81  |
| Whitstable Nursing Home                           | 77  |
| Willow Park Lodge Care Home                       | 83  |
| Willow Tree Lodge                                 | 69  |
| Willows Care Centre, The                          | 109 |
| Willows Residential Care Home                     | 103 |

## Mental health care providers

### A-D

| Abbeyrose House                                  | 87  |
| Anderida                                          | 63  |
| Anro House                                        | 79  |
| Arthur Court                                      | 93  |
| Ashdene House                                     | 109 |
| Ashingham House                                   | 80  |
| Ashley Avenue, 95                                 | 93  |
| Aspen Lodge                                       | 79  |
| Avondale Castlmount Lodge                         | 79  |
| Avondale House                                    | 111 |
| Barham House Nursing Home                         | 69  |
| **Barnes Lodge**                                 | 111 |
| **Barnes Lodge**                                 | 112 |
| Barton Court                                      | 102 |
| Beach House                                       | 106 |
| Beeches Residential Home, The                     | 67  |
| Betsy Clara Nursing Home                          | 89  |
| Beulah Lodge Rest Home Ltd                        | 112 |
| Camelot Lodge                                     | 93  |
| Cameron Lodge                                     | 79  |
| Cedar Bungalows                                   | 63  |
| Chilterns, The                                    | 111 |
| Chitty Barn                                       | 79  |
| Cleveland House                                   | 106 |
| **Cornford House**                               | 112 |
| **Cornford House**                               | 116 |
| Crossways Community                               | 114 |
| Dane End House                                    | 111 |
| Deer Park Care Centre                             | 106 |

### E-L

| Edwin Theraupetic Unit                            | 85  |
| Elizabeth House                                   | 68  |

### M-P

| Madeira Lodge Care Home                           | 99  |
| Maltreath Residential Care Home                   | 107 |

**Advertisers in bold**

| Winchester House                                  | 85  |
| Woodchurch House                                  | 65,67|
| Woodford House                                    | 78  |
| Woodside Residential Care Home                    | 81  |
| Woodstock Dementia and Residential Care Home      | 105 |
| Marine Parade                                     | 75  |
| Marshlands                                        | 99  |
| May Morning                                       | 65  |
| Mayflower Care Home                               | 85  |
| Mental Health Residential Ltd                     | 114 |
| Old Rectory Residential Home, The                 | 99  |
| Phoenix House                                     | 79  |
| Pilgrims Way Care Home with Nursing               | 88  |
| Pilgrims Way Care Home with Nursing               | 89  |
| Poplars Care Centre                               | 89  |
| Rectory House                                     | 88  |
| Rivermere Retirement and Care Home               | 91  |
| RNID Action on Hearing Loss                      | 69  |
| Roper House                                       | 80  |
| Roberta House                                     | 79  |
| Sandbanks Care Home                               | 99  |
| Sapphire House                                    | 88  |
| School Lane                                       | 105 |
| Seabrook Road, 24                                 | 97  |
| Seabrook Road, 26                                 | 97  |
| Seaview                                          | 95  |
| Springville                                      | 109 |
| St Anselm’s Nursing Home                          | 80  |
| St Brannocks                                     | 99  |
| St Gabriel’s House - Apartments                   | 111 |
| St James House                                    | 77  |
| St James Mews                                     | 77  |
### Mental Health Care Providers Continued

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th>U-W</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>United Response</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- 1 St Alphege Road</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Welcome House - Ruby Lodge</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Welcome House - The Cedars</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Wellington House</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>West Gate, The</td>
<td></td>
</tr>
</tbody>
</table>

**Other Advertisers**

<table>
<thead>
<tr>
<th>Advertising Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adelaide Care Home</td>
<td>52</td>
</tr>
<tr>
<td>Agincare</td>
<td>24</td>
</tr>
<tr>
<td>All About Care</td>
<td>70, 73</td>
</tr>
<tr>
<td>Ambient</td>
<td>76</td>
</tr>
<tr>
<td>Amherst Court</td>
<td>50</td>
</tr>
<tr>
<td>Ashwood Healthcare Inside Front Cover</td>
<td></td>
</tr>
<tr>
<td>Audley Care</td>
<td>22</td>
</tr>
<tr>
<td>Avante Care &amp; Support</td>
<td>24, 50</td>
</tr>
<tr>
<td>Avery Healthcare</td>
<td>52, 60</td>
</tr>
<tr>
<td>Barchester</td>
<td>48</td>
</tr>
<tr>
<td>Baycroft Care Homes and Senior Villages</td>
<td>90</td>
</tr>
<tr>
<td>Baycroft Grays Farm Road</td>
<td>90</td>
</tr>
<tr>
<td>Bluebird Care</td>
<td>28</td>
</tr>
<tr>
<td>Bluebird Care Dover &amp; Folkstone</td>
<td>28</td>
</tr>
<tr>
<td>Bupa</td>
<td>78</td>
</tr>
<tr>
<td>Care Choices Ltd</td>
<td>5, 17, 22, 41, 43, 50, 57, 61, 62, 70, 74, 81, 82, 86, 98, 100, 101, 105, 108, 116</td>
</tr>
<tr>
<td>Care Enterprises</td>
<td>82</td>
</tr>
<tr>
<td>Care in Kent</td>
<td>30</td>
</tr>
<tr>
<td>Caring Companions Outside Back Cover</td>
<td></td>
</tr>
<tr>
<td>CareUK</td>
<td>46</td>
</tr>
<tr>
<td>Chameleone Care</td>
<td>30</td>
</tr>
<tr>
<td>Clarkson Wright &amp; Jakes</td>
<td>57</td>
</tr>
<tr>
<td>DFA Care Ltd</td>
<td>76</td>
</tr>
<tr>
<td>Forest Healthcare</td>
<td>88</td>
</tr>
<tr>
<td>Foxbridge House</td>
<td>46</td>
</tr>
<tr>
<td>Friston House</td>
<td>48</td>
</tr>
<tr>
<td>Furley Page Solicitors</td>
<td>57</td>
</tr>
<tr>
<td>Grace Manor Care Centre</td>
<td>88</td>
</tr>
<tr>
<td>Graham Care Group</td>
<td>64, 90, 94, 110, 113, 115, 117</td>
</tr>
<tr>
<td>Helping Hands</td>
<td>33</td>
</tr>
<tr>
<td>Home Service Complete Care</td>
<td>33</td>
</tr>
<tr>
<td>HU Investments Ltd</td>
<td>74</td>
</tr>
<tr>
<td>Kare Plus</td>
<td>36</td>
</tr>
<tr>
<td>Kent Home Care</td>
<td>36</td>
</tr>
<tr>
<td>Kent Integrated Care Alliance</td>
<td>6</td>
</tr>
<tr>
<td>Meridian Care</td>
<td>37</td>
</tr>
<tr>
<td>MHA</td>
<td>75</td>
</tr>
<tr>
<td>My Family, Our Needs</td>
<td>14, 18, 42, 61</td>
</tr>
<tr>
<td>No Place Like Home</td>
<td>38</td>
</tr>
<tr>
<td>Porthaven</td>
<td>54</td>
</tr>
<tr>
<td>Rapport Housing &amp; Care</td>
<td></td>
</tr>
<tr>
<td>Sherwood House</td>
<td>84</td>
</tr>
<tr>
<td>Smyth Lodge</td>
<td>46</td>
</tr>
<tr>
<td>Tender Loving Care</td>
<td>40</td>
</tr>
<tr>
<td>Tonbridge House</td>
<td>54</td>
</tr>
</tbody>
</table>
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