Leeds
Care Services Directory 2020

The essential guide to choosing and paying for care and support

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To obtain extra copies of this Directory, free of charge, call Care Choices on 01223 207770.

Alternative formats
This Directory is available electronically at www.carechoices.co.uk. The e-book is also Recite Me compatible for those requiring information in the spoken word.

Visit www.carechoices.co.uk for further assistance with your search for care
Claremont Care Home with Nursing, Farsley, Leeds
Claremont Gardens, New Street, Farsley, Leeds LS28 5BF. T: 0113 236 0200. F: 0113 236 0742

Claremont Care Home offers 24 hour personalised nursing care in a friendly and comfortable atmosphere. This is a beautifully converted former mill-owner’s house, purpose built to give excellent accommodation and set in the heart of the Farsley Conservation Area, with extended links to all aspects of the community. Open grounds are on all sides with beautiful views over Farsley Park.

- Fully trained, committed nurses and care and support staff.
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- Choice of single or double rooms with en-suite facilities.
- Delicious, wholesome food served fresh every day with menu choices. Special diets are catered for.
- Ideally situated for Leeds and Bradford, with good transport links. Plenty of parking.
- Close to local shops, amenities and Farsley Park.
- TV/Internet in all rooms.
(Sky TV/Internet chargeable 3rd party package.)
- “Home is where the heart is” at Claremont Care Home.

All our homes offer the quality of care you’d expect for your loved ones. We employ dedicated, well trained staff to provide 24 hour care in a professional respectful way. Nutritional and mental / physical stimulation is a key element of care, so menu choices are carefully planned to make meal times special and each home has an activities organiser to support our residents to continue their hobbies and fulfilled lives. Residents often enjoy local excursions in our minibus. Each resident has a personal care plan which is the base for developing a new lifestyle and allowing families to remain involved in the life of the resident wherever possible.

Please contact our homes directly to request a brochure, arrange a visit or just some advice. You are welcome to visit at anytime and you can find more information on our website: www.parkhomesuk.co.uk or email us at: info@parkhomesuk.co.uk
Introduction

Welcome to this edition of the independent Leeds Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There’s a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local Adult Social Care department to establish your specific needs. This is free, irrespective of your income and available to all those who appear to need care and support. More details are provided on page 15. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a ‘self-funder’, with the means to pay for your care. This is discussed on page 23 for those paying for care at home and 48 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 8 and a list of local home care providers begins on page 25.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 33) or residential care. Comprehensive lists of care homes and care homes with nursing in Leeds start on page 55.

There’s also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you’re considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service’s latest CQC inspection report and rating (see page 52), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function. Visit www.carechoices.co.uk

Visit www.carechoices.co.uk for further assistance with your search for care
Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests
Welcome to this independent edition of the Leeds Care Services Directory. As the membership body for care providers in Leeds, we hope you find it useful.

Finding care services, whether that’s a care home or home care agency, for yourself or a loved one is never easy. You may find that you don’t have time, or you aren’t sure what you should be looking for. This Directory and Leeds Care Association could help you.

Are you looking for a care provider?
Leeds Care Association (LCA) may be able to help. Many of the independent care providers in Leeds are members of LCA and as such, are committed to continuous improvement in the quality of the services they provide, the environment they create and the training and development of their staff. They cover a range of services, including care homes, care homes with nursing, intermediate care, domiciliary care, supported living and some can offer respite care.

Visit www.leedscare.co.uk for details of our member providers.

LCA can assist you in finding a provider
Email info@leedscare.co.uk with the type of service you are looking for and brief details of the care and support you need. LCA will find out for you where the vacancies are amongst members.

Aims and objectives
LCA has a number of main aims, including to:

- raise the profile and increase the status and recognition of the work of its members;
- maintain a strategic knowledge bank for the benefit of its members; and
- develop membership, member benefits and services across all areas of care provision to meet the needs of service users.

This is done by:

- supporting members in the effective management and development of their business; and
- providing impartial advice to those seeking care/housing options.

Funding
LCA distributes the Workforce Development Fund (WDF) on behalf of Skills for Care for accredited training. It also provides free support and guidance on how to access funding.

Disclosure and Barring Service (DBS)
LCA is a registered umbrella body for the DBS. Members benefit from a discounted rate for their staff disclosures and LCA offers a personal and efficient service which supports care employers in their recruitment and HR activities.

Website
A one-stop-shop for information on issues within the sector. LCA members are entitled to free advertising along with job vacancies and bed vacancies.

If you are a care provider and have any questions about LCA membership, or if you are looking for care in Leeds and need some support, please contact us.
Tel: 0113 287 3490
Email: info@leedscare.co.uk
Web: www.leedscare.co.uk
Helping you to stay independent

**Services developed in partnership with the voluntary sector**

Adult Social Care works with voluntary and community organisations to supply preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions. Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers; and
- handyperson schemes.

**Day care centres**

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing. There is a wide variety around the county, catering for older people, people with mental health conditions, learning disabilities and dementia.

Centres can be as important for carers as those attending as they allow for a regular break from caring.

You can find local day opportunities by searching ‘day centre’ at [www.leedsdirectory.org](http://www.leedsdirectory.org)

**Meals on wheels**

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately. In Leeds, Meals on Wheels delivers this service as part of Leeds City Council.

For more information, visit [www.leeds.gov.uk](http://www.leeds.gov.uk) and search ‘meals on wheels’. You can also email mealsonwheels@leeds.gov.uk or call 0113 378 3750.

Alternatively, you could arrange to have meals delivered privately. You may find a service by word of mouth or using the internet – your local library may be able to help here.
Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn’t become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)
HIAs are local organisations funded and supported by local and central government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs. Most HIAs provide three main services, including:

- information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free;
- a handyperson service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and
- a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed, and they will normally offer to get estimates from one or more of their regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit www.housingcare.org or contact Leeds City Council.
Tel: 0113 222 4401
Making life easier at home

If you’re having difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which might better suit your needs.

Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise.

If you can’t **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to keep **warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit [www.gov.uk/winter-fuel-payment](http://www.gov.uk/winter-fuel-payment)

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there’s even technology available so that you can turn your lights on and off using speech.

Use subtitles if you **can’t hear the TV**, or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.

Do you **forget to take your tablets**? Try making a note of when you’ve taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large handled cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

**Using taps** can be made easier by fitting tap turners. You could also consider changing to lever-style taps which might be easier for you to use.
If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it’s lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handed shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 19.

Clocks are available with large numbers or lights if you **can’t read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.

If it’s **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built in support frame if it’s **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handed sponges and flannel straps. You could also consider a slip resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

**Leeds City Council** • Tel: 0113 222 4401
Email: feedback@leeds.gov.uk
Web: www.leeds.gov.uk/residents/health-and-social-care/adult-social-care

More information on staying independent and ideas to help you live at home can be found online at www.carechoices.co.uk/helping-you-to-stay-independent/ There is also information on making larger adaptations to your home.
Welcome to Van Os Medical, the leading supplier of intelligent mobility solutions since 1971. We strive to help people to live independently for longer, despite disabilities. Using our innovative and reliable equipment they can again enjoy daily life and participate in society.

To achieve our aims, we always work according to the following core values, Quality, Trust, Innovation and Creativity.

Here at Van Os Medical we stock a variety of brands including Excel, Caremart, Travelux, 2GOability and Celebrity. We also offer a selection of modern mobility products both manual and electrical, to suit every users needs.

- Manual Wheelchairs
- Mobility Scooters
- Powered Wheelchairs
- Paediatric Products
- Celebrity Rise Recline Chairs
- Powerpacks
- Rollators
Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as ‘simple aids for daily living’.

The Disabled Living Foundation (DLF) provides a quick and easy to use online guided advice service called AskSARA, which can help anyone who finds that they have difficulties with everyday tasks.

Visit www.asksara.org.uk to learn more about possible solutions or see pages 10 to 11. Once you have identified equipment that might help with your support needs, use the checklist on page 14 to make sure it’s right for you.

Leeds Community Equipment Service
Leeds City Council’s integrated supplier of daily living equipment.
Tel: 0113 378 3282

Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured, safe in the knowledge that should an incident occur, they will know about it. Some devices can also help monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you’re eligible through an assessment (see page 15), Leeds City Council may be able to provide it for you. For further information, please visit www.leeds.gov.uk and search ‘equipment for the home’.

Tell us what you think

 próxima What have you found useful?
 próxima What could we do better?
 próxima Share your feedback – take our five minute survey

www.carechoices.co.uk/reader-survey
Assistive technology checklist

We suggest you consider the following questions before buying any assistive technology. If you are in any doubt about what technology might help meet your needs, you can contact your council or visit www.asksara.org.uk

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

Does the equipment support your specific needs?

Are you willing to use it?

Will it fit into your everyday life and routine?

Have you tried a demo of the equipment?

Do you understand what the equipment is for?

Do you need to take it with you when you leave the house? Is it transportable?

Does the equipment have any limitations that would make it unsuitable for you?

Will it work alongside any assistive technology you already have?

Will it need to be installed by a professional?

Can the retailer provide you with training in using the equipment?

Reliability

Will it work if you have pets or live with other people, e.g. could someone else set off a sensor alarm by accident?

Have you read reviews of the particular piece of equipment you are looking at? Consider these before making your purchase.

Can you speak to someone who already uses it?

Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this.

Is it durable? If you might drop it, is it likely to break?

Usability

Is a simpler piece of equipment available, e.g. a pill case rather than an automated pill dispenser?

Does the equipment need a plug socket, and will its wire cause a trip hazard?

Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you?

Are you able to use it? Are there any aspects you don’t understand?

Is it portable?

Notes

Cost

Do you know how much it costs?

Will you need to pay a monthly charge?

Are there alternative solutions that might be free?

Is there a cost associated with servicing the equipment?
Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe a number of ways in which eligible adults can receive a mixture of local authority and government money to pay for the care services they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact Adult Social Care to arrange an assessment. Call 0113 222 4401.

Once Adult Social Care understands your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them.

The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found on page 23 if you are receiving home care and page 48 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget.

A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances. The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget.

Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a ‘suitable person’;
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of the above.

Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers’ officers, mental health workers and housing officers.

Whatever services you need on discharge, Adult
Social Care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

**Reablement**

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, usually up to six weeks.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you, it’s about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you money. For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. They may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

**Intermediate care**

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses. This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

**NHS Continuing Healthcare**

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person’s own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a ‘primary health need’ and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 49 for more information.
Personal health budgets

A personal health budget is an amount of money to support a person’s identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn’t be able to manage everyday life without their help. A carer doesn’t have to be living with the person they care for, and the help they give doesn’t have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

• is over 60;
• is living with dementia;
• has a physical or learning disability or a mental health condition;
• has sight, hearing or communication difficulties;
• has a long-term health condition; or
• misuses drugs or alcohol.

The carer may be helping with:

• personal care, such as washing and dressing;
• going to the toilet or dealing with incontinence;
• eating or taking medicines;
• getting about at home or outside;
• practical help at home and keeping someone company; or
• emotional support or communicating.

Anyone who is caring for someone in Leeds can contact Carers Leeds for information and advice. There’s a host of guidance on the website, or carers can call, email or drop in for support with their specific needs.

Carers Leeds
6-8 The Headrow, Leeds LS1 6PT
Tel: 0113 380 4300
Email: advice@carersleeds.org.uk
Web: www.carersleeds.org.uk

Having a carers’ assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs. A carers’ assessment is an opportunity for people to tell the council what they need as a carer, and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at:

• the care the carer provides and how this affects their life;
• any support they are getting now and what else would help; and
• what they would like their support to achieve.

The assessment can also give lots of information about other services that might help, and other ideas for support. The carer’s assessment will show if the carer qualifies for support from Adult Social Care.

Carers’ Personal Budgets

The carers’ Personal Budget is a single payment that can be used towards the cost of something
specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When Adult Social Care considers a carer’s Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by their carer’s assessment. The money is not taxed, and it will not affect any benefits.

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**Respite at home**

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the person who is being cared for. If they have a Personal Budget for their own needs (see page 15), they could use that money to pay for it. A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

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**Benefits**

Carers may want to explore whether they are entitled to Carer’s Allowance – currently £66.15 per week but this may change over the lifetime of this Directory.

Carers may also qualify for Carer’s Premium or Carer’s Credit depending on their eligibility. The Government’s website, [www.gov.uk](http://www.gov.uk) has more information on benefits, including carers’ benefits. Alternatively, contact a local carers’ organisation which may be able to help undertake a benefit check.

You can find out more about what organisations support carers in Leeds by exploring [www.leedsdirectory.org](http://www.leedsdirectory.org)

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**Resource for those supporting disabled children**

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit [www.myfamilyourneeds.co.uk](http://www.myfamilyourneeds.co.uk)

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The lifestyle site for parents and carers of children with additional needs and those who support them.

[www.myfamilyourneeds.co.uk](http://www.myfamilyourneeds.co.uk)

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Subscribe today
Care in your own home

Carefully chosen home care with a good quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you’d like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting Adult Social Care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night.

A list of all home care agencies operating in Leeds starts on page 25.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you’re considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service’s latest CQC inspection report and rating (see page 52), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function. Visit [www.carechoices.co.uk](http://www.carechoices.co.uk)

The Care Quality Commission ([www.cqc.org.uk](http://www.cqc.org.uk)) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 52.

The United Kingdom Homecare Association (UKHCA) requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handymen or gardeners. However, some home care agencies are increasingly providing staff who can...
help meet these needs too.

The benefits of using a regulated agency include:

• assessing your care needs and tailoring a plan to meet those needs;
• advertising, interviewing and screening suitability of workers;
• arranging necessary insurance cover;
• providing training and development for care workers;
• managing workers’ pay, including compliance with the National Minimum Wage;
• managing employment relationships, including sickness, absence and disciplinary matters; and
• managing health and safety issues.

Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, Adult Social Care and voluntary agencies. Some examples of services and support to help people living with dementia include:

• specialist day centres;
• respite care or short breaks;
• assistive technology and community alarms;
• home care;
• meals at home;
• community equipment;
• extra care sheltered housing; and
• carers’ support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition.

When someone is living with dementia, they need:

• support to live their life;
• reassurance that they are still valued and that their feelings matter;
• freedom from as much external stress as possible; and
• appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.

Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia.

Visit www.dementiafriends.org.uk for more.
Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as ‘respite care’ and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can involve the person with dementia attending a day centre or a care worker visiting the person’s home to enable the carer to have a break. Contact the council to see if you are eligible for support with arranging these services, see page 15 for information on assessments.

Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

This may mean that they require some support services at home.

Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community. Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities. Attendance at day centres can be offered from just a few hours a week to a number of days. Contact the council or your local Alzheimer’s Society office for more details, see ‘Useful local contacts’ on page 74.

Alzheimer’s Society

This leading charity works to improve the quality of life of people affected by dementia.

If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 74 for contact details.

Alzheimer’s Society’s National Dementia Helpline is available on 0300 222 1122 and can provide information, support, guidance and signposting to other appropriate organisations. The helpline is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

For more information on care homes for people with dementia, see page 46.
Home care agency checklist

Agency 1
Agency 2
Agency 3

Fees per week

<p>| | | |</p>
<table>
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Quality rating*

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</thead>
</table>

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

About the agency

How long has the agency been operating? ☐ ☐ ☐
How long are staff allocated per visit? ☐ ☐ ☐
Can you contact the agency in an emergency or outside office hours? ☐ ☐ ☐
Does the agency have experience with your specific needs? ☐ ☐ ☐

Staff

Are you likely to be visited by different staff each day? ☐ ☐ ☐
Are all staff checked with the Disclosure and Barring Service? ☐ ☐ ☐
Will you be notified in advance if your care worker is on holiday or sick? ☐ ☐ ☐
Are staff matched to you specifically, based on your needs and preferences? ☐ ☐ ☐
Can you meet your care worker(s) before they start? ☐ ☐ ☐
Does the agency have both male and female staff? ☐ ☐ ☐

Accommodating your needs

Can the agency accommodate your needs if they increase? Ask about the process for this. ☐ ☐ ☐
Does the agency have a training scheme in place? ☐ ☐ ☐
Are all staff trained to a certain level? ☐ ☐ ☐
Are staff able to help with administering medication if required? ☐ ☐ ☐
Is there a way for staff to communicate with each other about the support they provide when they visit you? How? ☐ ☐ ☐

Regulation

Will your support plan be reviewed at regular intervals? ☐ ☐ ☐
Can you see the agency’s contract terms? ☐ ☐ ☐
Can you lodge a complaint easily? ☐ ☐ ☐
Are complaints dealt with quickly? ☐ ☐ ☐
Can you see a copy of the agency’s CQC registration certificate and quality rating? ☐ ☐ ☐

Notes

*See page 52.
Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell Adult Social Care when your savings are likely to fall below this amount.

The council calculates charges in accordance with national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adult Social Care can help you to identify these costs. They will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Figures mentioned here may change over the lifetime of this Directory.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse.

Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support you may be eligible to claim Attendance Allowance (AA), or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have. AA is payable to people over the age of 65 and PIP to those aged 16 to 64. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at www.gov.uk

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers that focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

The Money Advice Service
A free and impartial money advice service set up by the Government.
Tel: 0800 138 7777
Web: www.moneyadviceservice.org.uk

The Society of Later Life Advisers (SOLLA)
Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.
Web: www.societyoflaterlifeadvisers.co.uk

Further information on paying for care can be found beginning on page 48.
At Bluebird Care, we are committed to providing the highest quality homecare in Leeds, it’s our passion!

Our services enable customers to remain in the comfort and familiarity of their own homes. We deliver homecare and support services from 30 minutes to Live in Care and everything in between.

We provide the same standard of care that customers would expect from their own loved ones. This means treating our customers with kindness, dignity, valuing each person’s unique qualities and respecting their individuality. Our customers are much more than just their care needs. We work alongside individuals and their families to tailor our services to help our customers stay in control of their own care, for as long as they are able to. Live in Care provides a realistic and safe alternative to a care home for customers who require frequent care and wish to remain at home.

Contact us to find out more:

0113 258 9677
telephone number
leedsnorth@bluebirdcare.co.uk
email address
www.bluebirdcare.co.uk/leeds-north
Bluebird Care Leeds North

We're with you every step of the way

Search for care at www.carechoices.co.uk to find support in your area

Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Search for care at www.carechoices.co.uk to find support in your area
## Home care providers

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Location</th>
<th>Contact Details</th>
<th>User Bands</th>
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<tbody>
<tr>
<td>Adlington House – Otley</td>
<td>Otley</td>
<td>Tel: 01943 854720</td>
<td>OP PD SI YA</td>
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<tr>
<td>Aegis Care Solutions</td>
<td>Leeds</td>
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<td>Affinity Trust</td>
<td>Leeds</td>
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<td>All Seasons</td>
<td>Garforth</td>
<td>Tel: 0113 287 4221</td>
<td>OP D PD SI</td>
</tr>
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<td>Allied Health – Services Leeds</td>
<td>Seacroft</td>
<td>Tel: 0113 201 8281</td>
<td>OP D PD LDA MH SI YA</td>
</tr>
<tr>
<td>Anchor Trust (The Laureates)</td>
<td>Guiseley</td>
<td>Tel: 01943 876228</td>
<td>Advert pages 42 &amp; 43 OP YA</td>
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<tr>
<td>Angel Wings Healthcare Ltd</td>
<td>Leeds</td>
<td>Tel: 0333 987 4688</td>
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<tr>
<td>Angelic Care Services</td>
<td>Leeds</td>
<td>Tel: 0113 388 0055</td>
<td>OP D LDA MH YA</td>
</tr>
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<td>Angels Community Enterprises CIC</td>
<td>Leeds</td>
<td>Tel: 0113 277 2222</td>
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<tr>
<td>Ashlar House – Leeds</td>
<td>Leeds</td>
<td>Tel: 0113 226 2700</td>
<td>LDA YA</td>
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<td>Aspire Specialised Supported Living Service</td>
<td>Leeds</td>
<td>Tel: 0113 378 1919</td>
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<td>Assisi Place</td>
<td>Leeds</td>
<td>Tel: 0113 200 8140</td>
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<td>Astha Ltd – Leeds</td>
<td>Leeds</td>
<td>Tel: 07900 048748</td>
<td>OP D PD LDA MH SI YA AD</td>
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<td>Avanta Care Ltd</td>
<td>Pudsey</td>
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<tr>
<td>Bluebird Care (Leeds North)</td>
<td>Horsforth</td>
<td>Tel: 0113 258 9677</td>
<td>Advert page 24 OP D PD LDA MH SI YA AD</td>
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<tr>
<td>Burley Hill Leeds</td>
<td>Leeds</td>
<td>Tel: 07809 428407</td>
<td>OP D PD LDA MH YA AD</td>
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<td>Cardinal Care Services Ltd</td>
<td>Leeds</td>
<td>Tel: 0113 262 9168</td>
<td>OP D PD YA</td>
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<tr>
<td>Care Signature Christian Homecare Services Ltd</td>
<td>Leeds</td>
<td>Tel: 07783 597254</td>
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<tr>
<td>Cared4Leeds</td>
<td>Leeds</td>
<td>Tel: 0113 318 4843</td>
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<tr>
<td>Caremark (Leeds) LCA</td>
<td>Leeds</td>
<td>Tel: 0113 264 4466</td>
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<td>Carewatch Leeds &amp; Wakefield</td>
<td>Leeds</td>
<td>Tel: 0113 242 8822</td>
<td>OP D PD</td>
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<tr>
<td>Caring Folk Ltd</td>
<td>Pudsey</td>
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<td>OP D PD MH YA</td>
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<table>
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<th>PD</th>
<th>LDA</th>
<th>MH</th>
<th>SI</th>
<th>YA</th>
<th>AD</th>
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<tr>
<td>Older people (65+)</td>
<td>Leeds Care Association member – see page 7</td>
<td>Dementia</td>
<td>Physical disability</td>
<td>Learning disability, autism</td>
<td>Mental health</td>
<td>Sensory impairment</td>
<td>Younger adults</td>
<td>People who misuse alcohol or drugs</td>
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</tr>
</tbody>
</table>
Home care providers continued

Caring Heart and Hands Ltd
Yeadon
Tel: 0113 834 3787

Caring Partnership Ltd
Leeds
Tel: 0113 426 0805

CASA Leeds
Leeds
Tel: 0113 277 7871

Catholic Care – Diocese of Leeds
Headingley
Tel: 0113 388 5400

Clarriots Care Leeds
Leeds
Tel: 0333 200 5831

Comfort Call – Leeds
Pudsey
Tel: 0113 205 2990

Comforting Healthcare
Leeds
Tel: 0113 418 2801

Community Support SkILs – Central
Leeds
Tel: 0113 247 7620

Complete Care Agency Ltd
Yeadon
Tel: 0333 200 0441

Complete Contemporary Care
Leeds
Tel: 07733 800660

Do you need a helping hand?

With care visits available from 30 minutes all the way up to full-time live-in care, we provide personalised home care packages to support you in Leeds.

With over 30 years’ experience, we’ll support you with anything you need to live independently in the home you know and love, including:

- Personal care
- Getting out and about
- Housekeeping
- Short-term care

Looking for care? 0808 274 2935

For more information www.helpinghands.co.uk

Service  OP  Older people (65+)
User Bands  MH  Mental health
D  Dementia
SI  Sensory impairment
PD  Physical disability
LDA  Learning disability, autism
YA  Younger adults
AD  People who misuse alcohol or drugs

LCA  Leeds Care Association member – see page 7

Search for care at www.carechoices.co.uk to find support in your area
Home care providers continued

Connections Care Ltd
Leeds
Tel: 0113 277 2272

Creative Support – Hampton Crescent
Leeds
Tel: 0161 236 0829

Creative Support – Leeds Service (Brandling Court)
Leeds
Tel: 0113 271 3246

Creative Support Leeds Service
Cookridge
Tel: 0113 261 1600

Dale Care – Complex
Leeds
Tel: 0113 390 8888

Dovetail Care Ltd
Horsforth
Tel: 0113 258 7373

Dynamic Social Support
Leeds
Tel: 0113 457 1646

EcoClean Community Care
Leeds
Tel: 0113 267 5444

Elmar Home Care Ltd – Horsforth
Leeds
Tel: 0113 258 1570

EPOCH Homecare Ltd
Leeds
Tel: 0113 258 4294

Ethical Homecare Solutions
Leeds
Tel: 0113 345 9492

Express Healthcare UK Ltd Domiciliary Care Agency
Leeds
Tel: 0113 249 4799

Extra Care Service
Leeds
Tel: 07595 218258

First Angels Healthcare Ltd
Leeds
Tel: 0113 277 1299

Goshen Social Care Ltd
Leeds
Tel: 0113 414 1113

Grace Homecare Ltd
Leeds
Tel: 0113 831 3625

Grayson Home Care
Wetherby
Tel: 01937 918141

Hadi Healthcare Services
Wetherby
Tel: 0113 249 9786

Hales Group Ltd – Leeds
Leeds
Tel: 0113 208 3346

Hales Group Ltd – Leeds West
Leeds
Tel: 0113 250 9964

Healing Hands Care
Leeds
Tel: 07878 979701

Helping Hand Care Services Ltd
Leeds
Tel: 0113 225 2777

Helping Hands Leeds
Garforth
Tel: 0808 274 2935

HF Trust – Leeds DCA
Leeds
Tel: 07917 557487

Service

OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

Visit www.carechoices.co.uk for further assistance with your search for care
Domiciliary care, Live-in care and Support in your own home

We believe in trust, transparency & your independence

At ILS24 Health Care, we go the extra mile to care for our clients. Providing personal care that is client-controlled, consistent and delivered by friendly and familiar Caregivers, we ensure that each and every Client receives the help they need, want and deserve.

It’s the way home care should be.

Care Partnerships
Collaborating with health care professionals to ensure Clients receive transparent, flexible and reliable long-term care strategies.

24/7 Complex Care
We enable adults with high care and complex medical needs to experience a lifestyle similar to others of their age in the comfort of their own home. Our highly trained complex care team have a professional approach when it comes to delivering highly complex care needs. Training attained includes hands on, face to face, using real medical equipment.

Hospital Discharge
Giving you the additional support and assistance you need to get you back at home and back to your usual lifestyle after your time in hospital.

Live-in Care
We will provide you with short term or long term live in care; whatever you need to help you to continue to live comfortably in your own home. This could be because you had an accident, you are now elderly and need more support than before for you to live an independent life, or maybe because you are recovering following hospitalisation or illness. Whatever your needs we will do our best to provide you with the care which will meet your circumstances.

To arrange a free, confidential consultation, contact us on:

Leeds
0113 831 3613 | 0747 828 3274
admin@ils24healthcare.co.uk
www.ils24healthcare.co.uk

Wakefield
0192 492 8451 | 0738 308 0903
wcc@ils24healthcare.co.uk
www.ils24healthcare.co.uk
Home care providers

Hillcrest Community
Leeds
Tel: 0113 263 9002
OP D PD SI YA

Hillside House Domiciliary Care
Headingley
Tel: 07970 810947
LDA MH YA

Homelife (Leeds) Ltd
Leeds
Tel: 0113 387 6333
OP D LDA MH SI AD

Human Support Group Ltd – West Leeds
Farsley
Tel: 0113 447 0092
OP D LDA MH YA

iCare World Ltd
Leeds
Tel: 07949 132322
OP D PD LDA MH SI YA AD

ILS24Health Care Ltd
Leeds
Tel: 0113 831 3613
OP PD LDA MH SI YA

Interserve Healthcare – Yorkshire
Leeds
Tel: 07483 171955
OP D PD LDA MH SI YA AD

Jayrima Care Ltd
Leeds
Tel: 0113 217 2366
OP D PD YA

Kare Plus Leeds
Leeds
Tel: 0113 320 6677
OP D PD LDA MH SI YA

Kenneores Healthcare Recruitment Ltd
Leeds
Tel: 0113 272 1839
OP D PD LDA MH SI YA AD

Kloay’s Care
Leeds
Tel: 07710 227384
OP D LDA MH YA

Leader Care
Leeds
Tel: 07484 101038
OP D PD YA

Leeds Learning Disability Community Support Service – East and North East Leeds
Potternewton
Tel: 0113 378 1035
OP PD LDA MH SI YA AD

Leeds Learning Disability Community Support Service – South and South East Leeds
Woodlesford
Tel: 07891 277031
OP LDA YA

Leeds Learning Disability Community Support Services – West and North West Leeds
Bramley
Tel: 0113 378 1014
OP PD LDA MH SI YA AD

Local Care Force
Leeds
Tel: 0113 244 4644
PD LDA MH YA

Loidis Care Services Ltd
Leeds
Tel: 0113 450 1081
OP D PD SI YA

Lotus Home Care Leeds
Leeds
Tel: 0113 493 1993
OP YA

Love In Care
Leeds
Tel: 07507 766242
OP D PD LDA MH SI YA

Mears Care Ltd Leeds
Leeds
Tel: 0333 200 1723
OP D PD LDA MH SI YA AD

Medacs Healthcare PLC
Leeds
Tel: 0113 387 4612
OP D PD LDA MH SI YA AD

Mental Health Accommodation Based Services
Leeds
Tel: 0113 336 7709
OP D MH YA AD

MK Care Services Ltd
Leeds
Tel: 0113 469 4213
OP D LDA MH YA

Visit www.carechoices.co.uk for further assistance with your search for care
Do you know anyone who may need a little extra care or support? Someone who is lonely or isolated? Someone who struggles with everyday tasks?

Kare Plus are here to help. Our home care services are highly recommended by existing customers and we have well trained and most importantly friendly Home Care Workers, who are trained to assist you with anything as simple as meal times, shopping, cleaning, hospital appointments, companionship or outings...to things as complex as personal care, or medication.

If you know someone who could use our help, please don’t hesitate to call us on 0113 320 6677 or 07809 735959. We Care!

www.kareplus.co.uk/leeds The Trusted Specialists in Home Care

Acclaimed across the UK, we take special pride in supplying the very best health and social care staff and personnel to hospitals, care homes and residences.

On top of this, we provide a range of home care services including Palliative care, Waking nights, Personal care, Medication support and Home support visits.

0113 272 1839 www.kennoreshealthcarerecruitment.com info@kennoreshealthcarerecruitment.com

Rated ‘Good’ by CQC Safe • Effective • Caring
Responsive • Well-led

0113 457 4772 www.surecare.co.uk/northleeds enquiries@surecarenorthleeds.co.uk @surecarenorthleeds

CALL NOW TO SPEAK TO AN EXPERT ABOUT YOUR CARE

My carers have always provided a most friendly and professional service. I cannot recommend them highly enough.” – Ms V. Taylor, Client

A Home Care Service you will Love

From companionship and general assistance to emergency, palliative, long-term live in care and specialist Care, at Page Alliance Health Care we arrange and manage Home Care that is completely unique to you and your situation.

0113 350 1185 www.pagealliance.co.uk info@pagealliance.co.uk

Search for care at www.carechoices.co.uk to find support in your area
<table>
<thead>
<tr>
<th>Service User Bands</th>
<th>advertisers are highlighted</th>
<th>LCA Leeds Care Association member – see page 7</th>
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<td>D Dementia</td>
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<tr>
<td>OP Older people (65+)</td>
<td>D Dementia</td>
<td>AD People who misuse alcohol or drugs</td>
</tr>
</tbody>
</table>

### Home care providers continued

**Moor Allerton Care Centre**  
Leeds  
Tel: 0113 288 8355  
OP D PD LDA MH SI

**Moorcare**  
Leeds  
Tel: 0113 268 4211  
OP D PD MH SI

**MTS24 Healthcare Ltd – Leeds**  
Leeds  
Tel: 0113 323 0672  
OP D PD LDA MH YA

**My Homecare Yorkshire**  
Leeds  
Tel: 0333 920 9500  
OP D LDA MH YA

**Northern Case Management Leeds Office**  
Leeds  
Tel: 0113 277 5595  
OP D PD LDA MH SI AD

**Olive Lodge**  
Leeds  
Tel: 0113 259 3800  
OP D PD SI

**OOJ Homecare Services Ltd**  
Leeds  
Tel: 07735 579243  
OP D PD LDA SI YA

**Options The Thicket**  
Otley  
Tel: 01943 851424  
LDA YA

**Page Alliance Healthcare Ltd**  
Leeds  
Tel: 0113 350 1185  
Advert page 30  
OP D PD LDA MH SI YA

**Park Lodge**  
Roundhay  
Tel: 0113 265 9353  
OP YA

**Pennington Court Nursing Home**  
Leeds  
Tel: 0113 228 4040  
Advert pages 38 & 39  
OP

**People Matters**  
Leeds  
Tel: 0113 234 6896  
OP PD LDA YA

**Personal Care Specialists**  
Leeds  
Tel: 0113 345 0630  
OP D PD MH SI YA

**Prestige Nursing – Leeds**  
Leeds  
Tel: 0113 275 2555  
OP D PD LDA MH SI YA AD

**Rani Care C.I.C.**  
Leeds  
Tel: 07720 260209  
OP YA

**Real Life Options – Yorkshire**  
Leeds  
Tel: 0113 271 4100  
OP D PD LDA MH SI YA

**Reed Specialist Recruitment Ltd – Leeds**  
Leeds  
Tel: 0113 394 2940  
OP D PD LDA MH SI YA AD

**Reflections Community Support**  
Guiseley  
Tel: 01943 876649  
OP D PD MH SI YA

**Rest Assured Homecare Services**  
Otley  
Tel: 01943 466292  
OP D PD LDA MH SI YA AD

**Roche Caring Solutions**  
Leeds  
Tel: 0113 271 9456  
OP D PD LDA MH SI

**Siban Ltd**  
Leeds  
Tel: 07932 966540  
OP D PD MH SI YA

**Southlands Retirement Apartments with Care and Support LCA**  
Leeds  
Advert pages 38 & 39  
Tel: 0113 265 5876  
OP YA

**Springfield Homecare (Leeds and Wakefield)**  
Garforth  
Advert page 60  
Tel: 0113 287 6789  
OP D PD LDA MH SI YA AD

**St Anne’s Community Services – Leeds DCA**  
Leeds  
Tel: 0113 200 8347  
LDA

Visit www.carechoices.co.uk for further assistance with your search for care
## Home care providers continued

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Contact</th>
<th>User Bands</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>St Anne’s Leeds Domiciliary Care 3 (DCA3)</strong></td>
<td>Leeds</td>
<td>Tel: 0113 243 5151</td>
<td>OP PD LDA SI YA</td>
</tr>
<tr>
<td><strong>Starcover Health &amp; Social Care Ltd</strong></td>
<td>Leeds</td>
<td>Tel: 07762 477654</td>
<td>D PD MH SI</td>
</tr>
<tr>
<td><strong>Step Ahead Home Care Services</strong></td>
<td>Leeds</td>
<td>Tel: 07725 817157</td>
<td>OP YA</td>
</tr>
<tr>
<td><strong>Sugarman Health and Wellbeing – Leeds</strong></td>
<td>Leeds</td>
<td>Tel: 0113 457 3150</td>
<td>OP D PD LDA SI YA AD</td>
</tr>
<tr>
<td><strong>SureCare North Leeds Ltd</strong></td>
<td>Leeds</td>
<td>Tel: 0113 457 4772</td>
<td>Advert page 30 OP D PD LDA MH YA</td>
</tr>
<tr>
<td><strong>Synergy Homecare – Leeds</strong></td>
<td>Leeds</td>
<td>Tel: 0113 274 1900</td>
<td>OP D PD LDA MH SI AD</td>
</tr>
<tr>
<td><strong>Team Personnel Solutions Ltd – West Yorkshire LCA</strong></td>
<td>Leeds</td>
<td>Tel: 0113 244 1584</td>
<td>OP D PD LDA MH SI</td>
</tr>
<tr>
<td><strong>Total Care Nursing Ltd</strong></td>
<td>Leeds</td>
<td>Tel: 0113 288 8728</td>
<td>OP D PD LDA MH YA</td>
</tr>
<tr>
<td><strong>Trust Life Care</strong></td>
<td>Leeds</td>
<td>Tel: 0113 823 2858</td>
<td>OP D PD MH SI YA</td>
</tr>
<tr>
<td><strong>United Response – Leeds-Harrogate DCA</strong></td>
<td>Leeds</td>
<td>Tel: 01423 867109</td>
<td>LDA YA</td>
</tr>
<tr>
<td><strong>Valeo Domiciliary Care Service</strong></td>
<td>Leeds</td>
<td>Tel: 0113 272 6020</td>
<td>PD LDA MH YA AD</td>
</tr>
<tr>
<td><strong>Victoria Court</strong></td>
<td>Leeds</td>
<td>Tel: 0113 278 7588</td>
<td>OP</td>
</tr>
<tr>
<td><strong>Victorlelticia Care services</strong></td>
<td>Leeds</td>
<td>Tel: 03333 440855</td>
<td>OP D PD LDA MHYA</td>
</tr>
<tr>
<td><strong>Vive UK Social Care Ltd</strong></td>
<td>Leeds</td>
<td>Tel: 0113 320 2222</td>
<td>OP D PD LDA MH SYA</td>
</tr>
<tr>
<td><strong>Voyage (DCA) Pennines</strong></td>
<td>Leeds</td>
<td>Tel: 07841 071327</td>
<td>OP PD LDA MH SYA AD</td>
</tr>
<tr>
<td><strong>Westward Care Ltd – Outreach Office LCA</strong></td>
<td>Headingley</td>
<td>Tel: 0113 331 4830</td>
<td>Advert pages 38 &amp; 39 OP</td>
</tr>
<tr>
<td><strong>Wharfedale View</strong></td>
<td>Yeadon</td>
<td>Tel: 0113 250 7791</td>
<td>OP D PD LDA MH SI YA AD</td>
</tr>
<tr>
<td><strong>Woodleigh Care</strong></td>
<td>Yeadon</td>
<td>Tel: 0113 239 1507</td>
<td>OP LDA MH YA</td>
</tr>
<tr>
<td><strong>Yorkshire and Humber Healthcare Alliance</strong></td>
<td>Leeds</td>
<td>Tel: 0113 262 1866</td>
<td>OP D PD LDA MH SI YA AD</td>
</tr>
<tr>
<td><strong>Yorkshire Care Solutions Ltd</strong></td>
<td>Pudsey</td>
<td>Tel: 0113 322 1792</td>
<td>OP D PD YA</td>
</tr>
<tr>
<td><strong>Yorkshire Homecare Ltd</strong></td>
<td>Leeds</td>
<td>Tel: 07451 056391</td>
<td>OP D PD LDA SI YA</td>
</tr>
<tr>
<td><strong>Yorkshire Senior Care T/A Home Instead Senior Care</strong></td>
<td>Wetherby</td>
<td>Tel: 01937 220510</td>
<td>OP D PD LDA MH SI</td>
</tr>
<tr>
<td><strong>Your life (Leeds)</strong></td>
<td>Leeds</td>
<td>Tel: 01524 60142</td>
<td>OP D SI</td>
</tr>
</tbody>
</table>

**For information on home care and how it could help you, see page 19.**

<table>
<thead>
<tr>
<th>Service</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
</tr>
</thead>
<tbody>
<tr>
<td>User Bands</td>
<td>MH Mental health</td>
<td>SI Sensory impairment</td>
<td>YA Younger adults</td>
<td>AD People who misuse alcohol or drugs</td>
</tr>
</tbody>
</table>

LCA Leeds Care Association member – see page 7

Advertisers are highlighted

Search for care at [www.carechoices.co.uk](http://www.carechoices.co.uk) to find support in your area

32
Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority, voluntary organisations or private companies. Properties may be available for rent, mixed tenure or to purchase.

**Supported Living**

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation, and extra care housing. The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 13).

Contact Leeds City Council for more information.
Tel: 0113 222 4401

**Shared Lives**

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

**Sheltered housing**

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially-adapted facilities.

For further information, please see the Elderly Accommodation Council (EAC) website at www.eac.org.uk.
**Extra care housing**

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities. In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact Adult Social Care or visit the Elderly Accommodation Council (EAC) website at [www.eac.org.uk](http://www.eac.org.uk).

<table>
<thead>
<tr>
<th>Extra care housing schemes in Leeds</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assisi Place</strong></td>
<td>Belinda Street, Leeds LS10 2PR Tel: <strong>0113 200 8140</strong></td>
</tr>
<tr>
<td><strong>Bedford Court/Olive Lodge</strong></td>
<td>Bedford Court, Horsforth, Leeds LS8 2PL Tel: <strong>0800 587 0211</strong></td>
</tr>
<tr>
<td><strong>Box Tree Court (Opening Spring 2020)</strong></td>
<td>Westwood Way, Boston Spa, Wetherby LS23 6DX Tel: <strong>0370 192 4000</strong></td>
</tr>
<tr>
<td><strong>Cardinal Court</strong></td>
<td>Cardinal Walk, Beeston, Leeds LS11 8HP Tel: <strong>0113 270 0436</strong></td>
</tr>
<tr>
<td><strong>Hampton Crescent</strong></td>
<td>Upper Accommodation Road, Richmond Hill, Leeds LS8 8NH Tel: <strong>0800 020 9516</strong></td>
</tr>
<tr>
<td><strong>Headingley Hall Apartments with Care and Support</strong></td>
<td>5 Shire Oak Road, Headingley, Leeds LS6 2DD Tel: <strong>0113 275 9950</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Independent Living Apartments</th>
<th>Wetherby Manor, St James Street, Wetherby LS22 6NS Tel: <strong>01937 588001</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Lady Ida Lodge (Opening October 2020)</strong></td>
<td>Cookridge Tel: <strong>0345 608 4021</strong></td>
</tr>
<tr>
<td><strong>Pennington Court Extra Care Plus Apartments</strong></td>
<td>Hunslet Hall Road, Beeston, Leeds LS11 6TT Tel: <strong>0113 228 4040</strong></td>
</tr>
<tr>
<td><strong>Rossefield Manor</strong></td>
<td>Rossefield Lawn, Bramley, Leeds LS13 3TG Tel: <strong>0800 280 2575</strong></td>
</tr>
<tr>
<td><strong>Southlands Apartments with Care and Support</strong></td>
<td>13 Wetherby Road, Roundhay, Leeds LS8 2JU Tel: <strong>0113 265 5876</strong></td>
</tr>
<tr>
<td><strong>Thackrah Court</strong></td>
<td>Squirrel Way, Shadwell, Leeds LS17 8FQ Tel: <strong>0113 269 8365</strong></td>
</tr>
<tr>
<td><strong>The Laureates</strong></td>
<td>Shakespeare Road, Guiseley, Leeds LS20 9BR Tel: <strong>0800 020 9516</strong></td>
</tr>
<tr>
<td><strong>Victoria Court</strong></td>
<td>224 Kirskall Lane, Headingley, Leeds LS6 3FB Tel: <strong>0113 229 6200</strong></td>
</tr>
<tr>
<td><strong>Wharfedale View Extra Care Scheme</strong></td>
<td>Silver Lane, Yeadon, Leeds LS19 7FA Tel: <strong>0113 378 3696</strong></td>
</tr>
<tr>
<td><strong>Woodview</strong></td>
<td>Eastwood Drive, Swarcliffe, Leeds LS14 5HU Tel: <strong>0113 260 0777</strong></td>
</tr>
<tr>
<td><strong>Yew Tree and Rosewood</strong></td>
<td>Courts 2-4 Cranmer Close, Moor Allerton, Leeds LS17 5PT Tel: <strong>0113 288 8355</strong></td>
</tr>
</tbody>
</table>
Specialist services

Learning disability

If you are living with a learning disability in Leeds, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you.

The council aims to keep people living independently in their own homes wherever possible, but if you need to move somewhere with care and support, you might like to consider a housing with care scheme, see page 33.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Leeds. Any learning disability providers are denoted with LDA.

You may also find the organisations listed here useful.

Mencap
Supporting people with learning disabilities to feel valued equally, listened to and included.
Tel: 0808 808 1111

Email: hotline@mencap.org.uk
Web: www.mencap.org.uk

Scope
Offers free, impartial and expert information, advice and support to disabled people and their families.
Tel: 0808 800 3333
Email: hotline@scope.org.uk
Web: www.scope.org.uk

Through the Maze
An information service for adults with learning disabilities, their family carers and professionals. The service can also help you find events, activities and groups being run for people with learning disabilities. To speak to someone face-to-face, drop in sessions run every Monday, 12.30pm to 3.00pm.
Office 42, Sugar Mill Business Park, Oakhurst Road LS11 7HL
Tel: 0113 270 3233
Web: www.through-the-maze.org.uk

Mental health

If you are worried about your mental health, it’s important to remember that you aren’t alone. Lots of people have issues with their mental health and there’s help and advice available in Leeds to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the organisations listed here for free help and support.

Leeds Mental Health Recovery Service
Supporting people to stay in control and live their life the way they choose.
Tel: 0113 336 7709

MindWell
Provides quick and easy access to the latest information on mental health for all adults in Leeds, including GPs, employers and other professionals.
Web: www.mindwell-leeds.org.uk

Physical disability

If you have a physical disability or a long-term illness, Adult Social Care and other organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range of services to help you stay living independently.

There are also services available to support someone who may be your carer.

Visit www.carechoices.co.uk for further assistance with your search for care
Sensory services

BID Services is commissioned by Leeds City Council to assess people’s sensory needs and support people with sensory impairments.

The service provides flexible, reliable support to enable service users to maximise their independence, reduce social isolation and maintain their health and wellbeing. It provides:

- a single point of access;
- assessment and enablement services;
- communicator guide services for individuals affected by dual sensory loss;
- assistive technology;
- employment, volunteering and peer support;
- deaf specialist social work team;
- social groups;
- emotional support and information for those newly diagnosed with an eye condition, based at St James and Seacroft Hospital;
- transition services for young people aged 16 and over;
- home visits for vulnerable individuals with sensory loss;
- Hear to Help – hearing aid support outreach team;
- health and wellbeing services; and
- small items of equipment.

For more information, contact BID Services. Leeds Hearing & Sight Loss Service, Gallery House, 5th Floor, 123-131 Headrow LS1 5RD Tel: 0113 288 5750 • Mobile: 07702 940888 Email: leedsinfo@bid.org.uk

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

Advonet
Unity Business Centre,
26 Roundhay Road LS7 1AB
Tel: 0113 244 0606
Text: 07397 939820
Web: www.advonet.org.uk

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is
vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is also important to know that all health and social care staff must be trained in communication regarding end of life care and will be trained in assessing the needs of individuals and carers.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral
While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don’t need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Things to consider are included in ‘My Funeral Wishes’, a form produced by Dying Matters and the National Association of Funeral Directors. Visit www.dyingmatters.org/page/my-funeral-wishes

You do not have to instruct a funeral director, but if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or The National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See page 77 for details of organisations that may be able to help you plan for the end of your life or your funeral.

Guaranteed Funeral Plan from £1,425*

For a Funeral Plan that will protect you and your loved ones from rising funeral costs, and will provide peace of mind, contact us today for your FREE, no obligation brochure.

We also arrange tailor-made plans, which are priced individually.

Contact us for:
• End of life planning • Memorial keepsakes and masonry
• Transportation of ashes • Funeral repatriation
• 24 hour emergency call-out

0113 210 7998
GOODINGFUNERALSERVICES.CO.UK
A Good Funeral Guide recommended funeral service, helping families throughout West Yorkshire.

OUR FAMILY, HONOURING YOURS

* Our Golden Charter funeral plan range begins with the Classic Private Cremation, at £1,425
A care home that truly cares

As soon as Freda visited us, she knew that her hunt for a care home was over. We asked her what she wanted from us, then, tailored her care and support around her.

Find out more at www.westwardcare.co.uk or call 0113 331 4830

Freda thought choosing a care home would be the hardest decision she’d ever make. Turned out to be the easiest.
At Westward Care, each of our locations offer a flexible range of person centred services including:

### Headingley Hall
- Residential Care
- Apartments with Care and Support
- Respite Care and Holiday Stays

### Southlands
- Apartments with Care and Support
- Respite Care and Holiday Stays

### Pennington Court
- Nursing Care
- Residential Care
- Apartments with Care and Support
- Respite Care and Holiday Stays

Our facilities are proud to be associated with the following organisations.

- 5 Shire Oak Road, Headingley, Leeds LS6 2DD
  - Telephone 0113 275 9950

- Wetherby Road, Roundhay, Leeds LS8 2JU
  - Telephone 0113 265 5876

- Hunslet Hall Road, Beeston, Leeds LS11 6TT
  - Telephone 0113 228 4040

CQC ratings correct at time of print.
Avery Healthcare invites you to two of the city’s premium care communities, where outstanding care is delivered alongside luxurious living. These two high quality retirement and care homes, Aire View and Grove Park are both rated Good in all Categories by the Care Quality Commission (CQC) and share the same values for excellence and deliver the same first class care.

Life is centred on resident well-being, which includes a comprehensive range of daily activities and events at both homes to support mind, body and soul. We ensure that residents can maintain their favourite hobbies as well as trying new interests, and we have plenty of trips and outings in our own private minibuses. It’s a life full of experiences as well as maintaining contact with the wider community.

Both homes offer beautifully decorated en-suite rooms, quality restaurant style dining, quiet lounges and lovely outdoor areas for relaxing in. They have cinema rooms for film enthusiasts, hair salons and barbers, and cafés where residents can meet friends and family every day.

An active and fulfilling life, supporting your independence, but security in knowing support is always on hand.

Come and see for yourself.

Aire View Care Home
0113 3885440
Search ‘Aire View Care’ online or on f
29 Broad Lane | Kirkstall | Leeds | Yorkshire | LS5 3ED

Grove Park Care Home
0113 2789612
Search ‘Grove Park Care’ online or on f
100 Grove Lane | Headingley | Leeds | LS6 2BG
Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator’s premises and on its website. You can also find inspection reports and ratings for all services on the CQC’s website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)
If you need someone to look after you 24 hours a day, but don’t need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs, see page 15 for more on assessments.

Care homes with nursing
A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need. This visit might be in your own home, or in hospital if you’ve been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £165.56 per week. This figure may change over the lifetime of this Directory, check with Adult Social Care.

Activities in care homes

The word ‘activity’ can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities they provide in their care home.

For help with finding care homes and care homes with nursing in your area, visit www.carechoices.co.uk
The best things in life are the people you love and the memories you cherish. At our Leeds care homes, we’re here to support you to create more special moments.

Beech Hall care home, Armley LS12 3UE (LS12 3LF for sat. nav.)
Berkeley Court care home, Leeds LS8 3QJ
Halcyon Court care home, Headingley LS6 2EZ
Oak Tree Lodge care home, Gipton LS9 6BT
Oulton Manor care home, Oulton LS26 8EL
Wetherby Manor care home, Wetherby LS22 6RS

Call 0808 102 5190
Visit anchor.org.uk/our-care

Precious moments everyday
The best things in life are the people you love and the memories you cherish. At our Leeds care homes, we’re here to support you to create more special moments.

**Beech Hall** care home, Armley LS12 3UE (LS12 3LF for sat. nav.)

**Berkeley Court** care home, Leeds LS8 3QJ

**Halcyon Court** care home, Headingley LS6 2EZ

**Oak Tree Lodge** care home, Gipton LS9 6BT

**Oulton Manor** care home, Oulton LS26 8EL

**Wetherby Manor** care home, Wetherby LS22 6RS

Call **0808 102 5190**

Visit [anchor.org.uk/our-care](http://anchor.org.uk/our-care)
Staveley Birkleas Nursing Home

For young adults with physical disabilities

Staveley Birkleas provides registered nursing support with an active lifestyle, rehabilitation and atmosphere, supporting adults from the age of 18 to 65.

For more information regarding the range of services that we can provide please visit www.czajka.co.uk, call us on 01274 599564 or send us an email at enq@czajka.co.uk

Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

Search for care at www.carechoices.co.uk to find support in your area
We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff
What is the minimum number of staff that are available at any time? □ □ □
Are staff respectful, friendly and polite? □ □ □
Do staff have formal training? □ □ □
Are the staff engaging with residents? □ □ □

Activities
Can you get involved in activities you enjoy? □ □ □
Is there an activities co-ordinator? □ □ □
Does the home organise any outings? □ □ □
Are residents escorted to appointments? □ □ □
Do the residents seem entertained? □ □ □
Does the home have a varied activities schedule? □ □ □

Life in the home
Is the home adapted to suit your needs? □ □ □
Can you bring your own furniture? □ □ □
Are there enough plug sockets in the rooms? □ □ □
Are there restrictions on going out? □ □ □
Is there public transport nearby? □ □ □
Does the home provide any transport? □ □ □
Can you make/receive calls privately? □ □ □
Can you decide when to get up and go to bed? □ □ □
Does the home allow pets? □ □ □
Does the home use Digital Care Planning accessible to families? □ □ □

Personal preferences
Is the home too hot/cold? Can you control the heating in your room? □ □ □
Is the décor to your tastes? □ □ □
Are there restricted visiting hours? □ □ □
Is there somewhere you can go to be alone? □ □ □
Does the home feel welcoming? □ □ □

Catering
Can the home cater for any dietary requirements you may have? □ □ □
Does the menu change regularly? □ □ □
Can you eat when you like, even at night? □ □ □
Can you have food in your room? □ □ □
Is there a choice of food at mealtimes? □ □ □
Is alcohol available/allowed if you want it? □ □ □
Can visitors join you for meals? □ □ □

Fees
Do your fees cover all of the services and activities? □ □ □
Are fees likely to change regularly? □ □ □
Is the notice period for cancellation of the contract reasonable? □ □ □
Could you have a trial period? □ □ □
Can you keep your room if you go into hospital? □ □ □
Can you handle your own money? □ □ □

*See page 52.
Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities of Care. For more information on the last two topics, see pages 51 and 37 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist adjacent.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment.

Plenty of natural light and an easy way of finding one’s way around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia. Ask to speak with the Dementia Champion and question the placement if the home does not have a specific Dementia Lead.
# Residential dementia care checklist

<table>
<thead>
<tr>
<th>Home 1</th>
<th>Fees per week</th>
<th>Quality rating*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<table>
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<tr>
<th>Home 2</th>
<th>Fees per week</th>
<th>Quality rating*</th>
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<tbody>
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<td>£</td>
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<tr>
<th>Home 3</th>
<th>Fees per week</th>
<th>Quality rating*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
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</tbody>
</table>

We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 45. You can download and print this checklist at [www.carechoices.co.uk/checklists](http://www.carechoices.co.uk/checklists).

## Design
- Are there clear signs throughout the home? [ ] [ ] [ ]
- Has the home been designed or adapted for people with dementia? [ ] [ ] [ ]
- Are the home and grounds secure? [ ] [ ] [ ]
- Are there prompts outside the residents’ rooms to help people identify their own? [ ] [ ] [ ]
- Is the décor familiar to your loved one? [ ] [ ] [ ]

## Health
- Can residents get help with eating and drinking? [ ] [ ] [ ]
- How often does the home review residents’ medication? [ ] [ ] [ ]
- Does the home offer help if a resident needs assistance taking medication? [ ] [ ] [ ]
- Do GPs visit the home regularly? [ ] [ ] [ ]

## Staff
- Are staff trained to identify when a resident might be unwell? [ ] [ ] [ ]
- Are staff trained to spot when someone needs to go to the toilet? [ ] [ ] [ ]
- Do the staff have any dementia specific training/experience? [ ] [ ] [ ]
- Will your loved one have a member of staff specifically responsible for their care? [ ] [ ] [ ]

## Choices
- Do residents get choice in terms of what they wear each day? [ ] [ ] [ ]
- Are residents encouraged to be independent? [ ] [ ] [ ]
- Can residents decide what to do each day? [ ] [ ] [ ]
- Can residents have a say in the décor of their room? [ ] [ ] [ ]

## Activities
- Are residents able to join in with household tasks like folding washing? [ ] [ ] [ ]
- Are there activities on each day? [ ] [ ] [ ]
- Can residents walk around outside on their own? [ ] [ ] [ ]
- Are residents sitting in front of the TV or are they active and engaged? [ ] [ ] [ ]
- Are there rummage boxes around? [ ] [ ] [ ]

*See page 52.
Paying for care

When a local authority provides or arranges services for you, you may be asked to contribute towards the cost of care at home or in a care home, depending on your personal circumstances.

Financial assessment

To determine whether or not you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income. Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home.

If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support.

If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings between £14,250 and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and a sliding scale operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council and you may be able to get some support with funding your care, see page 49.

These figures may change during the lifetime of this Directory.

If you are eligible for support from the council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs. If the home you choose charges a fee in excess of the local authority’s funding limit, you will need to find someone else to meet the additional amount. This is often referred to as a ‘third party payment’ or ‘top-up’ (explained further on page 50).

Running out of money

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will make a contribution.

If you become eligible for the council’s support with funding your care, and the home you are living in charges more than the council’s fee levels, you must find someone to help pay the difference. This is known as a ‘top-up’ or ‘third party payment’, see page 50 for more information. If funds for a top-up are not available, you will need to find accommodation which can meet your needs at the local authority fee level.

Understanding your rights before moving into care is essential. There are a number of financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 50 for more information.
Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

Benefits

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits, however, they will not be paid if you are, or become, a permanent resident in a care home.

If you are entitled to the mobility component of Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment.

You may also want to consider applying for Universal Credit (if you are under pension age) or Pension Credit (if you are over pension age).

NHS Continuing Healthcare

NHS Continuing Healthcare is fully-funded care and support, provided and paid for by the NHS. To be eligible, your needs must be primarily health-related and are likely to be severe. If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home. The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.

Self-funding your care

Paying for care can be an expensive and long-term commitment, so the council strongly recommends that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers, see page 50 for suggested contacts.

Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

Deferred Payment Agreements

After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement. This allows you to delay selling your former home during your lifetime. Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme which covers all legal and administrative costs for the lifetime of the loan.

The council may limit the amount of the loan, depending on the equity in your property.

NHS Nursing Care Contribution

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.
Third party payments

If you are eligible for the council’s support, you will be offered a choice of homes that meet the local authority’s funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between the its rate and the amount the home charges. This additional payment is called a ‘top-up’ or ‘third party payment’.

You are not allowed to make this additional payment yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your additional non-care charge (top-up), they should be aware that the amount may increase, usually once a year, and they need to be confident that they can sustain the payments for as long as they are required. They will need to sign a contract with the council to confirm that they are able to do this.

If the additional payments stop being paid for any reason, then you should seek help and advice from your council or advocate. You may have to move to a cheaper home within the local authority’s funding levels.

If you are already resident in a care home, and no additional non-care charge (top-up) was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority. This may happen if a change to your arrangements is made at your request or with your agreement, for example you move to a nicer room.

It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, an additional non-care charge (top-up) should not be charged.

Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market.

A list of independent financial advisers who are accredited by the Society of Later Life Advisers can be found at [www.societyoflaterlifeadvisers.co.uk](http://www.societyoflaterlifeadvisers.co.uk) or you can call 0333 202 0454.

There is also a number of organisations that will provide free advice about funding care and support. These are a good place to start if you are looking for information and want to see what sort of options are available.

- **Age UK**
  - Tel: 0800 055 6112
  - Web: [www.ageuk.org.uk/moneymatters](http://www.ageuk.org.uk/moneymatters)

- **Citizens Advice**
  - Web: [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

- **Money Advice Service**
  - Tel: 0800 138 7777
  - Web: [www.moneyadviseservice.org.uk](http://www.moneyadviseservice.org.uk)
Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you’re considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service’s latest CQC inspection report and rating (see page 52), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the ‘Recite Me’ function. Visit www.carechoices.co.uk

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and Powers of Attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable.

The Court of Protection can issue Orders directing the management of a person’s property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An ‘advance directive’ allows you to communicate your wishes in respect of future medical treatment but it is not legally binding. You may instead wish to make a living will, properly known as an ‘advance decision’, setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don’t have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It’s important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area.
Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy to use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made.

If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see below for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to speak to your social care department. Call 0113 222 4405 or write to The Complaints Manager, Leeds City Council, Adults and Health Complaints, 4th Floor East, Merrion House, 110 Merrion Centre LS2 8BB.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on 0300 061 0614 and ask them to assist you.

The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service and its job is to investigate complaints in a fair and independent way.

Inspecting and regulating care services

Health and social care services must be registered to show that they meet a set of standards. The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC’s five key questions: Is the service safe? Effective? Caring? Responsive to people’s needs? Well-led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well, and where it needs to improve.

It’s always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC’s website (www.cqc.org.uk). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next, and what to look out for when it does. If you want to share your experience of care, visit www.cqc.org.uk/share

Tel: 03000 616161 • Email: enquiries@cqc.org.uk
Web: www.cqc.org.uk
Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA
Out-of-county care

You can choose a care home outside your home county. You may want to be closer to friends, family members or you may want to relocate to another part of the country.

If your care home place is state-funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be suitable for your assessed needs and comply with the paying authority’s terms and conditions.

You should seek further advice before making your decision.

For help finding care providers in Leeds and other regions, visit www.carechoices.co.uk

Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?
Abuse is mistreatment that violates a person’s human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person’s quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service’s management.

Who might be causing the abuse?
The person who is responsible for the abuse may be known to the person abused and could be:

- a paid care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, call Adult Social Care on 0113 222 4401. Your concerns will be taken seriously and will receive prompt attention, advice and support. The Adult Social Care team is available Monday, Tuesday, Thursday and Friday, 9.00am to 5.00pm; and Wednesday, 10.00am to 5.00pm. Outside these hours you can:

- call the Emergency Duty team on 07712 106378;
- call the police on 101, or 999 if it is an emergency.
If the abuse is also a crime such as assault, racial harassment, rape or theft you should involve the police to prevent someone else from being abused. If the police are involved, Adult Social Care will work with them to support you.

If you are worried about contacting the police, you can contact Adult Social Care on 0113 222 4401 to talk things over first. If immediate action is needed dial 999.

You can also:

- contact the Care Quality Commission (CQC) on 03000 616161 if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse know your concerns. They have responsibilities under the county’s adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)
There is a barring system for all those intending to work or working with children and vulnerable adults.

This service combines the criminal records checking and barring functions. For disclosure information and services, visit www.gov.uk/dbs

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.
Residential care in Leeds

This Directory is divided into the geographical areas listed on this map.

Home care providers can be found beginning on page 25.

East/North East Leeds care homes

Adrian House – Leeds
15-17 Spencer Place, Leeds LS7 4DQ
Tel: 0113 249 0341

Ashlar House – Leeds
76 Potternewton Lane, Chapel Allerton, Leeds LS7 3LW
Tel: 0113 226 2700

Berkeley Court
Chatsworth Road, Harehills, Leeds LS8 3QJ
Tel: 0113 249 9170 Advert pages 42 & 43

Carr Croft Care Home
Stainbeck Lane, Chapel Allerton, Leeds LS7 2PS
Tel: 0113 278 2220

Cranmer House
Cranmer Bank, Leeds LS17 5LD
Tel: 0113 237 0024

Cranmer Scheme
Lynda Cohen House, 1 Cranmer Road, Leeds LS17 5PX
Tel: 0113 237 1052

Dyneley House LCA
10 Allerton Hill, Chapel Allerton, Leeds LS7 3QB
Tel: 0113 268 1812

Errol House
105 High Street, Boston Spa, Wetherby LS23 6BH
Tel: 01937 849392

Gledhow Lodge
51-53 Gledhow Wood Road, Gledhow, Leeds LS8 4DG
Tel: 0113 266 7806

Harewood Court Nursing Home
89 Harehills Lane, Chapell Allerton, Leeds LS7 4HA
Tel: 0113 226 9380

Service
user bands
LCA
OP
Older people (65+)
MH
Mental health
PD
Physical disability
SI
Sensory impairment
YA
Younger adults
AD
People who misuse alcohol or drugs
LDA
Learning disability, autism
OP
D
Dementia
LDA
SI
Seacroft
YA

Advertisers are highlighted

Visit www.carechoices.co.uk for further assistance with your search for care
Windsor Court makes a real difference to the lives of our residents. Offering 24 hour residential and dementia care with an inclusive fee offer, Windsor Court’s caring and highly trained staff cherish our residents, assisting them to remain independent and ensuring they enjoy an active lifestyle.

“I was made to feel very welcome by everyone. The care, support and friendliness I have received has outweighed my expectations.”

Resident at Windsor Court, carehome.co.uk

Contact our friendly team to find out more...

01937 586 651
windsor.court@idealcarehomes.co.uk
idealcarehomes.co.uk
Sandbeck Way, Wetherby, LS22 7DN
House of Light  
13 Allerton Park, Leeds LS7 4ND  
Tel: 0113 268 1480  

Leeds Jewish Welfare Board – 248 Lidgett Lane  
Leeds LS17 6QH  
Tel: 0113 268 1542  

Leeds Mencap – The Rookery  
Woodland Lane, Leeds LS7 4PD  
Tel: 0113 268 9598  

Millcroft House  
177 Moresdale Lane, Leeds LS14 6XJ  
Tel: 0113 264 0337  

Neville House  
12 Montreal Avenue, Chapel Allerton, Leeds LS7 4LF  
Tel: 0113 262 9764  

Oak Tree Lodge  
Foundry Approach, Gipton, Leeds LS9 6BT  
Tel: 0113 201 9021  

Oakhaven Care Home  
213 Oakwood Lane, Leeds LS8 2PE  
Tel: 0113 240 2894  

Osman House  
48 Station Road, Scholes, Leeds LS15 4BT  
Tel: 0113 887 9765  

Paceys, The  
1 Wakefield Road, Swillington, Leeds LS26 8BT  
Tel: 0113 286 3050  

RecoveryHub@EastLeeds  
Seacroft Green, Seacroft, Leeds LS22 6JL  
Tel: 0113 378 2203  

Scott Hall Grove  
83-85 Scott Hall Grove, Patternewton, Leeds LS7 3HJ  
Tel: 0113 262 6025  

Springfield Care Home  
1 Lowther Avenue, Garforth, Leeds LS25 1EP  
Tel: 0113 286 3415  

St Anne’s Community Services – Cherry Tree Dispersed  
71 Hallfield Lane, Wetherby LS22 6JG  
Tel: 01937 586723  

Terry Yorath House  
18 Devonshire Close, Roundhay, Leeds LS8 1BF  
Tel: 0113 266 2445  

United Response – 2a St Alban’s Close  
Harehills, Leeds LS9 6LE  
Tel: 0113 240 1837  

Wharfedale House – Care Home Physical Disabilities  
16 Wharfedale Lawns, Wetherby LS22 6PU  
Tel: 01937 585667  

Windsor Court  
Sandbeck Way, Wetherby LS22 7DN  
Tel: 01937 586651  

Wykebeck Court Care Home  
543 York Road, Leeds LS9 6NH  
Tel: 0113 350 8275  

Visit www.carechoices.co.uk for further assistance with your search for care.
As you can see our care team represent a wide cross section of cultures and individual personalities and are well able to make anyone feel at home.

Our Care team take the time to get to know each resident, tailoring the care we provide to best suit their individual needs. We provide 24 hour nursing cover for residents with more complex needs whilst our activities coordinators encourage residents to participate in a range of physical and mental activities. This ensures each resident maintains as much independence for as long as possible.

Our chefs prepare all meals in house and cater for a wide range of specialist diets and palettes. Our bedrooms vary in size with some having en suite wet rooms and the rest having standard en suites.

You’ll find Park Avenue close to the transport links and local amenities of Roundhay, overlooking Soldiers Field and close to Roundhay Park with its stunning 700 acres of parkland and gardens. We also have a lovely enclosed courtyard area with a fountain, which is the perfect place for residents to entertain guests in the warmer months.

“I would like to say right from the management, nursing, care and cleaning teams, I have always found them to be very pleasant and helpful at all times. Nothing is too much trouble for them and always asked how I was too. The manager’s door was always open if I needed a chat.”

- Barbara H., Daughter of Resident

T: 0113 265 5890
E: parkavenuecarehome@outlook.com
8 Park Avenue, Leeds, LS8 2JH
East/North East Leeds care homes with nursing

See page 61 for the Service User Bands Key.

Aberford Hall
Oakwood Green, Roundhay, Leeds LS8 2QU
Tel: 0113 232 3225

Ashfield Nursing and Residential Home LCA
3 Ashfield, Wetherby, Leeds LS22 7TF
Tel: 01937 584724 Advert below

Brandon House
Tongue Lane, Meanwood, Leeds LS6 4QD
Tel: 0113 278 7103

Donisthorpe Hall LCA
Shadwell Lane, Leeds LS17 6AW
Tel: 0113 268 4248

Elmwood Care Home
3 Wetherby Road, Oakwood, Leeds LS8 2JU
Tel: 0113 834 3981 Advert page 61

Embracing Independent Lifestyles – The Sycamores Nursing Home
131-133 Harehills Lane, Leeds LS8 4HZ
Tel: 0113 240 6446

Embracing Independent Lifestyles (EIL) – Thorn Mount Nursing Home
Thorn Mount, Leeds LS8 3LR
Tel: 0113 320 2937

Gledhow
145 & 147 Brackenwood Road, Gledhow, Leeds LS8 1SF
Tel: 0113 288 8805 Advert page 62

Harewood Court Nursing Home
89 Harehills Lane, Chapell Allerton, Leeds LS7 4HA
Tel: 0113 226 9380

Harrogate Lodge Care Home
25 Harrogate Road, Chapel Allerton, Leeds LS7 3PD
Tel: 0113 239 2173

John Sturrock
Walter Crescent, Richmond Hill, Leeds LS9 8NG
Tel: 0113 249 1681

Kingston Nursing Home
7 Park Crescent, Roundhay, Leeds LS8 1DH
Tel: 0113 266 6520 Advert below

Kingston Nursing Home
7 Park Crescent, Roundhay, Leeds, LS8 1DH
Tel: 0113 266 6520

For more information, visit our website, or contact us:

01937 584 724 (9am-5pm Mon-Fri)
01937 583 123 (open 24/7)
www.ashfieldcarehome.com
3 Ashfield, Wetherby, West Yorkshire LS22 7TF

Residents are supported to have maximum choice and control of their lives and staff support them in the least restrictive way possible; the policies and systems in the service support this practice.”
Care Quality Commission, August 2017

“Ashfield has a lovely, warm atmosphere. The staff are caring and professional. Strong procedures in place to keep residents safe. A warm welcome was given when I visited.”
Facebook, April 2018

For more information, visit our website, or contact us:

01937 584 724 (9am-5pm Mon-Fri)
01937 583 123 (open 24/7)
www.ashfieldcarehome.com
3 Ashfield, Wetherby, West Yorkshire LS22 7TF

Kingston Nursing Home is a family run nursing home set in beautiful gardens situated to the rear of Roundhay’s famous Canal Gardens and Park.
The home is registered to care for 47 residents requiring nursing, residential, dementia, respite, day or convalescence care which is provided around the clock by our excellent, dedicated and experienced team of nurses and care assistants.

- Traditional home cooking with a varied menu
  - special diets also catered for
- Choice of lounges to suit individual requirements and needs
- Large and spacious communal lounges for daily activities and entertainment
- Range of activities provided in-house and regular trips arranged
- Visiting GP, Dentists, Optician, Hairdresser and Foot Health Specialist

Visitors are welcome anytime
Please contact the Manager Mrs Kim Mahachi or Deputy Manager Mr Robin Mahachi
7 Park Crescent, Roundhay, Leeds, LS8 1DH
Tel: 0113 266 6520
Fax: 0113 268 5286
Email: kingstonnursinghome@gmail.com

Visit www.carechoices.co.uk for further assistance with your search for care
Yorkshire based Springfield Healthcare Group offers a wide range of community care solutions from home care, assisted living apartments and live-in care services to exceptional Care Villages offering kind and compassionate residential, nursing and dementia care.

▶ A deluxe care village
Seacroft Grange is an exceptional care village, combining beautiful surroundings with the latest technology and care expertise, all set within the heart of an established local community. Seacroft Grange offers an impressive choice of care services for a wide range of age groups, with modern accommodation including its own cinema room, spa suite and bistro.

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t: 0113 426 1230 | w: seacroftgreen.com

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Springfield Healthcare offer a wide range of home care services across North and West Yorkshire, Humberside and the North East. Offering as much or as little support as you or your loved ones need at home. We are immensely proud of our award winning teams of dedicated and professional carers who help us offer round the clock care solutions to suit individual needs.

t: 0113 287 6789 | www.springfieldhomecare.com

▶ A sense of community and belonging
At Springfield residential care home our aim is quite simple... to make people feel at home. All of our professional expertise is harnessed in caring for each person with the sensitivity, compassion and respect that they deserve in a place that they can call home. We understand that each of our residents is unique and our carers work hard incorporating the latest care techniques to enhance the wellbeing and quality of life of each and every resident.

t: 0113 286 3415 | www.springfieldgarforth.com

▶ Contact us for further information or to book an appointment with one of our team.
info@springfieldhealthcare.com

2 Fusion Court, Aberford Road, Garforth, Leeds LS25 2GH
## East/North East Leeds care homes with nursing (continued)

<table>
<thead>
<tr>
<th>Home Name</th>
<th>Address</th>
<th>Tel No</th>
<th>User Bands</th>
<th>Advert Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Moorfield House Nursing Home</strong></td>
<td>Fieldhouse Walk, off Stonegate Rd, Leeds LS17 6HW</td>
<td>0113 266 9991</td>
<td>OP D PD YA</td>
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<tr>
<td><strong>Oakwood Hall</strong></td>
<td>Oakwood Grange Lane, Leeds LS8 2PF</td>
<td>0113 235 9079</td>
<td>MH</td>
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<tr>
<td><strong>Park Avenue Care Home</strong></td>
<td>8 Park Avenue, Leeds LS8 2JH</td>
<td>0113 265 5890</td>
<td>OP D PD SI</td>
<td>Advert 58</td>
</tr>
<tr>
<td><strong>Park Lodge</strong></td>
<td>10 Park Avenue, Roundhay, Leeds LS8 2JH</td>
<td>0113 265 9353</td>
<td>OP YA</td>
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<tr>
<td><strong>Sabourn Court Care Home</strong></td>
<td>Oakwood Grove, Leeds LS8 2PA</td>
<td>0113 265 8398</td>
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<tr>
<td><strong>Seacroft Grange Care Village LCA</strong></td>
<td>The Green, Seacroft, Leeds LS14 6JL</td>
<td>0113 345 2300</td>
<td>OP D PD YA</td>
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<tr>
<td><strong>Seacroft Green Care Centre LCA</strong></td>
<td>Seacroft Crescent, Seacroft, Leeds LS14 6PA</td>
<td>0113 426 1230</td>
<td>OP D PD LDA SI YA</td>
<td>Advert page 60</td>
</tr>
<tr>
<td><strong>St Anne’s Community Services – Benedicts</strong></td>
<td>Ashfield, Wetherby LS22 7TF</td>
<td>01937 588895</td>
<td>LDA</td>
<td></td>
</tr>
<tr>
<td><strong>Wetherby Manor LCA</strong></td>
<td>St James Street, Wetherby LS22 6RS</td>
<td>01914 605219</td>
<td>OP D</td>
<td>Advert pages 42 &amp; 43</td>
</tr>
<tr>
<td><strong>Wykebeck Court Care Home</strong></td>
<td>543 York Road, Leeds LS9 6NH</td>
<td>0113 350 8275</td>
<td>OP D YA</td>
<td></td>
</tr>
</tbody>
</table>

---

**Bupa**

*For care homes. For Living*

Your local Bupa care homes in Leeds.

If you’re considering care for an elderly loved one, a warm, welcoming place close to family and friends means a lot. That’s why our choice of long and short-term care options in Leeds could be something for you to think about, whether you’ve got our insurance or not.

Call us for advice or to arrange a visit

**0113 350 7865**

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday. Closed Sunday and bank holidays. We may record or monitor our calls.

---

<table>
<thead>
<tr>
<th>Service User Bands</th>
<th>OP Older people (65+)</th>
<th>D Dementia</th>
<th>PD Physical disability</th>
<th>LDA Learning disability, autism</th>
<th>SI Sensory impairment</th>
<th>YA Younger adults</th>
<th>AD People who misuse alcohol or drugs</th>
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<tr>
<td><strong>LCA</strong></td>
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</tr>
</tbody>
</table>

Advertisers are highlighted

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Gledhow, Leeds
Nursing Care Home

Putting care at the heart of your decision.

- Purpose built home
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- Landscaped gardens
- Pet therapy
- Activities coordinators and chaplain

Find out more: www.mha.org.uk/gledhow  Tel: 0113 2888805  gledhow@mha.org.uk

Adel Grange
Residential Home

Adel Grange Close, Leeds, LS16 8HX
T: 0113 261 1288  F: 0113 2674398
adelgrange@ilkleyhealthcare.com

- Situated in a residential area in Adel, North Leeds
- Family run Care Home established over 30 years
- Registered to provide personal care for thirty older people with Dementia
- Two homes across the Leeds/Bradford area offering Nursing, Residential and Respite Care
- Working closely with CQC and Councils ensuring all standards are met

Ashcroft House
Residential Care Home

18 Leeds Road, Bramhope, Leeds LS16 9BQ
0113 2842822
www.ashcroft-house.co.uk
enquiries@ashcroft-house.co.uk

Our comfortable home is staffed by committed, well trained, well motivated care staff providing quality 24 hour care in a warm, friendly environment.

A varied menu of wholesome home cooked food catering for individual dietary requirements.

We offer a range of regular activities and outings for our residents and there are two lounges and a beautiful conservatory to relax in.

Why not give us a call to arrange a visit and see for yourself if Ashcroft House is the place for you.
West/North West Leeds care homes

<table>
<thead>
<tr>
<th>Care Home</th>
<th>Address</th>
<th>Telephone</th>
<th>Advert Pages</th>
<th>Service User Bands</th>
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<tbody>
<tr>
<td>Acacia Court</td>
<td>Crawshall Hill, Pudsey, Leeds LS28 7BW</td>
<td>0113 255 9933</td>
<td></td>
<td>OP D</td>
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<tr>
<td>Adel Grange Residential Home</td>
<td>Adel Grange Close, Adel, Leeds LS16 8HX</td>
<td>0113 261 1288</td>
<td>Advert page 62</td>
<td>D</td>
</tr>
<tr>
<td>Aire View Care Home</td>
<td>29 Broad Lane, Kirkstall, Leeds LS5 3ED</td>
<td>0113 388 5440</td>
<td>Advert page 40</td>
<td>OP D PD</td>
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<tr>
<td>Airedale Care Home</td>
<td>Church Lane, Pudsey, Leeds LS28 7RF</td>
<td>0113 257 2138</td>
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<tr>
<td>Alexandra Court Residential Home</td>
<td>333 Spen Lane, West Park, Leeds LS16 5BB</td>
<td>0113 274 3661</td>
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<tr>
<td>Amber Lodge – Leeds</td>
<td>Thornhill Road, Wortley, Leeds LS12 4LL</td>
<td>0113 263 3231</td>
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<tr>
<td>Ashcroft House Leeds</td>
<td>18 Leeds Road, Bramhope, Leeds LS16 9BQ</td>
<td>0113 284 2822</td>
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<tr>
<td>Beech Hall</td>
<td>1 Far Fold Lane, Armley, Leeds LS12 3UE</td>
<td>0113 224 4621</td>
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<td>OP D</td>
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<td>Cookridge Court</td>
<td>Iveson Rise, Lawnswood, Leeds LS16 6NB</td>
<td>0113 267 2377</td>
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<td>Farfield Drive</td>
<td>3a Farfield Drive, Farsley, Leeds LS25 5HN</td>
<td>0113 262 6025</td>
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<tr>
<td>Grove Park Care Home</td>
<td>100 Grove Lane, Headingley, Leeds LS6 2BG</td>
<td>0113 278 9612</td>
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<tr>
<td>Halcyon Court Care Home</td>
<td>55 Cliff Road, Headingley, Leeds LS6 2EZ</td>
<td>0113 274 3006</td>
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<td>OP D</td>
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<tr>
<td>Headingley Hall Care Home</td>
<td>5 Shire Oak Road, Headingley, Leeds LS6 2DD</td>
<td>0113 275 9950</td>
<td>Advert pages 38 &amp; 39</td>
<td>OP</td>
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<tr>
<td>Hillcrest Residential Home</td>
<td>12 Hill Top Road, Leeds LS12 3SG</td>
<td>0113 263 9002</td>
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<tr>
<td>Hillside House</td>
<td>15 Wood Lane, Headingley, Leeds LS6 2AY</td>
<td>0113 278 7401</td>
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<tr>
<td>Kirkside House</td>
<td>1 Spen Lane, Kirkstall, Leeds LS5 3EJ</td>
<td>0113 278 4131</td>
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<tr>
<td>Kirkside Lodge</td>
<td>1 Spen Lane, Kirkstall, Leeds LS5 3EJ</td>
<td>0113 278 6834</td>
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<td>LDA MH SI</td>
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<tr>
<td>Kirkstall Court</td>
<td>119-129 Vesper Road, Kirkstall, Leeds LS5 3LJ</td>
<td>0113 259 1111</td>
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<tr>
<td>Manor House Residential Home</td>
<td>Hall Lane, Old Farnley, Leeds LS12 5HA</td>
<td>0113 231 0216</td>
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<tr>
<td>Mineral Cottage Residential Home Ltd</td>
<td>520 Whitehall Road, New Farnley, Leeds LS12 5HZ</td>
<td>0113 229 3561</td>
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<tr>
<td>Olive Lodge</td>
<td>Bedford Court, Broadgate Lane, Horsforth, Leeds LS18 4EJ</td>
<td>0113 259 3800</td>
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<td>OP D PD SI</td>
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<tr>
<td>Options The Thicket</td>
<td>West Chevin Road, Otley LS21 3HA</td>
<td>01943 851424</td>
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<td>LDA YA</td>
</tr>
</tbody>
</table>

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
Red Court Care Home & The Grove Care Home, Pudsey

Exceptional, Personalised Care.

www.thegrove.org.uk

• Opened in November 2017.
• Unique Courtyard layout.
• 63 En-Suite bedrooms.
• 8 Dayrooms.
• Colourful decor.
• Latest technology.
• Luxurious furnishings.

www.redcourt.org.uk

• Same ownership since opening 35 years ago.
• Always had Good CQC rating.
• 39 bedrooms.
• Elegant building which oozes atmosphere.
• Homely and friendly ambiance.

Both Care Homes are located in the large park-like grounds of Grove House. This historic building, dating from the 18th Century, has been extensively refurbished and includes a large function room and terrace to be enjoyed by the residents of both Care Homes.

“To all the staff at Red Court, we would like to say thank you for all the exceptional care you have given mum over the last three years. It meant a great deal to us to know that she was safe, happy and well looked after. Thanks also for always supporting us and making us feel so welcome, we really appreciated it”.

Tel: 0113 433 3020

Chapeltown, Pudsey, West Yorkshire, LS28 7RZ
Outwood, The
12 Outwood Lane, Horsforth,
Leeds LS18 4JA
Tel: 0113 239 1507

Paisley Lodge
Hopton Mews, Armley,
Leeds LS12 3UA
Tel: 0113 263 2488 Advert page 72

Primrose Court
Orchard Way, off Oxford Road, Guiseley,
Leeds LS20 9EP
Tel: 01943 875690 Advert pages 42 & 43

Raynel Drive
9 Raynel Drive, Cookridge,
Leeds LS16 6BS
Tel: 0113 262 6025 OP PD LDA MH SI YA AD

RecoveryHub@NorthWestLeeds
Silver Lane Surgery, 1 Suffolk Court, Silver Lane,
Yeadon, Leeds LS19 7JN
Tel: 0113 250 9540 OP D PD MH SI

Red Court Care Home and The Grove Care Home – Pudsey
Chapeltown, Pudsey, Leeds LS28 7RZ
Tel: 0113 433 3020 Advert page 64

Richmond House
Richmond Road, Farsley, Pudsey LS28 5ST
Tel: 0113 378 3303 OP YA

Rievaulx House Care Centre
Thornhill Road, Wortley,
Leeds LS12 4LL
Tel: 0113 220 5000 OP

Sense – 1 Ashley Green
Upper Wortley Road, Wortley, Leeds LS12 4LF
Tel: 0113 279 6027 PD LDA SI

Sense – 138 Bradford Road
Pudsey, Leeds LS26 8EP
Tel: 0113 239 3142 PD LDA SI

Sense – 509 Leeds and Bradford Road
Bramley, Leeds LS13 2AG
Tel: 0113 255 8215 PD LDA SI

Signhealth Constance Way
2 Constance Way, Leicester Place,
Leeds LS7 1HX
Tel: 0113 245 7991 MH SI YA

Simon Marks Court
Lynwood Garth, Lynwood View, Wortley,
Leeds LS12 4BE
Tel: 0113 231 0454 Advert pages 42 & 43 OP D

Spinney Residential Home, The
21 Armley Grange Drive, Armley,
Leeds LS12 3QH
Tel: 0113 279 2571 OP

Spring Gardens
Westbourne Grove, Otley, Leeds LS21 3LJ
Tel: 01943 464497 OP

St Anne’s Community Services – Cardigan Road
66 Cardigan Road, Leeds LS6 3BJ
Tel: 0113 275 2124 LDA

St Anne’s Community Services – Croft House
155 Town Street, Leeds LS18 5BL
Tel: 0113 258 0131 LDA

Summerfield Court
55b Summerfield Drive, Bramley,
Leeds LS13 1AJ
Tel: 0113 236 2229 PD LDA MH SI YA AD

Tealbeck House
Tealbeck Approach, Crow Lane, Otley,
Leeds LS21 1RJ
Tel: 0800 085 4329 Advert pages 42 & 43 OP D

See the checklist on page 45 for useful suggestions of questions to ask when looking at care homes.

Service User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7

Advertisers are highlighted

Visit www.carechoices.co.uk for further assistance with your search for care
Sunningdale Nursing Home
Town Street, Rawdon, Leeds, LS19 6PU
Tel: 0113 2505003
E: office.sunningdale@greenwoodcare.net

Sunningdale Nursing Home provides nursing and dementia care. It is located in the centre of Rawdon, a suburb in the west of Leeds. It is a small, homely nursing home which seeks to match the experience of the Residents living in their own homes as much as possible. The majority of Residents, their relatives and staff are from the local area.

The home has a long standing well respected reputation, it is at the heart of the village of Rawdon fostering strong links with the local community.

While complying with all modern requirements for residential nursing and care accommodation, our home believes above all in traditional values for enhancing the quality of life for the elderly.

Ghyll Royd House Nursing Home
New Ghyll Royd, Guiseley LS20 9LT
Tel: 01943 870720 Fax: 01943 871212

Ghyll Royd House is a purpose-built home which has been designed to the highest specifications, great care has been taken to provide a homely, warm and welcoming atmosphere.

★ 61 general nursing beds ★ 15-bedded Dementia unit
★ Tastefully furnished rooms ★ Personal items welcome
★ Nurse call system, TV aerial point and pay phone socket in each room ★ Choice of lounge to suit your personal requirements ★ Varied menu with special diets catered for ★ Activities co-ordinator ★ Physiotherapist

We understand that people are unique and everyone we care for is one of a kind.

No one wants to think about the time when a loved one needs care. But we’re here to help if that time comes.

- En-suite bedrooms
- Free Wifi
- Secure gardens
- Communal & quiet lounges

Corinthian House
Green Hill Lane,
Upper Wortley, LS12 4EZ
Tel: 0113 2234602

Willow Bank
5–7 Barwick Road,
Leeds, LS15 8SE
Tel: 0113 2234603

Nursing | Dementia | Residential | Respite

Maria Mallaband Care Homes
www.mmcg.co.uk

West/North West Leeds care homes with nursing

Champion House – Care Home with Nursing  
**Physical Disabilities**  
Clara Drive, Calverley, Pudsey LS28 5QP  
Tel: 01274 612459  
OP PD YA

Charlton Court Nursing Home  
477-479 Bradford Road, Pudsey,  
Leeds LS28 8ED  
Tel: 01274 661242  
OP D PD LDA

Claremont Care Home  
New Street, Farsley LS28 5BF  
Tel: 0113 236 0200 **Advert page 4**  
OP D YA

Corinthian House **LCA**  
Green Hill Lane, Upper Wortley,  
Leeds LS12 4EZ  
Tel: 0113 223 4602 **Advert page 66**  
OP D YA

Gables Nursing Home, The **LCA**  
231 Swinnow Road, Pudsey LS28 9AP  
Tel: 0113 257 0123  
OP D PD

Ghyll Royd House Nursing Home  
New Ghyll Royd, Guiseley,  
Leeds LS20 9LT  
Tel: 01943 870720 **Advert page 66**  
OP D

Green Lane Intermediate Care Centre  
Green Lane, New Wortley,  
Leeds LS12 1JZ  
Tel: 0113 231 1755  
OP D PD

Grove Court Nursing Home  
15 Cardigan Road, Headingley,  
Leeds LS6 3AE  
Tel: 0113 230 4966  
OP YA

Mayfield View Care Home  
Mayfield View, Lower Railway Road,  
Ilkley LS29 8WH  
Tel: 01943 889900  
OP D PD LDA SI YA

Mount St Joseph – Leeds  
Shire Oak Road, Headingley, Leeds LS6 2DE  
Tel: 0113 278 4101  
OP

Owlell Hall  
Bradford Road, Drighlington, Bradford BD11 1ED  
Tel: 0113 285 9710  
OP PD

RecoveryHub@NorthWestLeeds  
Silver Lane Surgery, 1 Suffolk Court, Silver Lane,  
Yeadon, Leeds LS19 7JN  
Tel: 0113 250 9540  
OP D PD MH SI

St Anne’s Community Services  
– Rockhaven  
57 Batchelor Lane, Leeds LS18 5NF  
Tel: 0113 258 4984  
LDA

St Lukes Care Home  
Upper Carr Lane, Calverley,  
Leeds LS28 5PL  
Tel: 0113 256 3547  
D PD MH

Staveley Birkleas Nursing Home  
8-10 Staveley Road, Nab Wood,  
Shipley BD18 4HD  
Tel: 01274 599564 **Advert page 44**  
PD SI YA

Sunningdale Nursing Home  
Town Street, Rawdon,  
Leeds LS19 6PU  
Tel: 0113 250 5003 **Advert page 66**  
OP D

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**Service**  
OP Older people (65+)  
D Dementia  
PD Physical disability  
LDA Learning disability, autism

**User Bands**  
MH Mental health  
SI Sensory impairment  
YA Younger adults  
AD People who misuse alcohol or drugs

**LCA** Leeds Care Association member – see page 7

Adverters are highlighted

Visit [www.carechoices.co.uk](http://www.carechoices.co.uk) for further assistance with your search for care
Highfield Care Centre

Highfield Care Centre is a bright and spacious care home in Allerton Bywater, near Castleford, providing residential care for the elderly, with a separate Lodge which offers additional support and care for those living with dementia.

A purpose-built care home with separate lounges and dining areas, all the rooms are single and en-suite, and can accommodate personal possessions and furniture to make residents feel more at home.

There are a number of separate areas for people with a diagnosis of dementia, a reminiscence lounge and space to walk, potter or undertake activities, crafts or games.

Highfield also has a large enclosed garden with chickens and beautiful views of the countryside.

Our Chefs provide nutritional, home-cooked meals, with a varied menu that can include residents own favourites.

For more information please call us on 01977 552601 or visit www.burlingtoncare.com

The Coach House

Tel: 0113 232 0884

Our aim is to provide all the necessary care and attention for those who wish to spend their retirement in a secure and caring atmosphere.

The Coach House care home is a family run business that specialises in caring for the elderly. We offer you a safe, secure and pleasant environment where highly trained staff are available 24 hours a day.

Facilities and Services:
- Small, friendly care home for 21 ladies and gentlemen
- Dentist, optician, chiropodist and hairdresser visit the home regularly
- Home cooked food with all diets catered for
- Meals can be served in your room
- Planned weekly activities
- Local GPs and district nurses make routine visits or when required
- Monthly religious services
- Regular outings
- Entertainment is provided from local organised groups and entertainers
- Day care
- Respite care

58 Lidgett Lane, Garforth, Leeds
LS25 1LL
Email: garforthch@aol.com

www.hilltopmanorcare.co.uk/the-coach-house

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www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Search for care at www.carechoices.co.uk to find support in your area
South/East Leeds care homes

Alexander Residential Home
Victoria Road, Morley, Leeds LS27 9Jj
Tel: 0113 253 2046

Ardsley House
55a Royston Hill, East Ardsley, Wakefield WF3 2HN
Tel: 01924 835220

Augustus Court
Church Gardens, Church Lane, Garforth, Leeds LS25 1HG
Tel: 0333 999 8727

Carlton House
24 Wakefield Road, Rothwell Haigh, Leeds LS26 0SF
Tel: 0113 282 7110

Cedars Care Home LCA
Church Side, Methley LS26 9BH
Tel: 01977 512993

Coach House Care Home, The LCA
58 Lidgett Lane, Garforth, Leeds LS25 1LL
Tel: 0113 232 0884 Advert page 68

Cross Heath Grove
2 Cross Heath Grove, Beeston, Leeds LS11 8UQ
Tel: 0113 271 8194 OP PD LDA MH SI YA AD

Daisy Vale House
Daisy Vale Terrace, Thorpe, Wakefield WF3 3DS
Tel: 01924 822209 OP LDA YA

Daniel Yorath House
1 Shaw Close, Garforth, Leeds LS25 2HA
Tel: 0113 287 3871 PD YA

Dolphin Lane
1 Dolphin Lane, Thorpe, Wakefield WF3 3DN
Tel: 01924 872080 LDA YA

Dolphin Manor
Stonebrigg Lane, Rothwell, Leeds LS26 0UD
Tel: 0113 282 4942 OP

Fairfax Road
19 Fairfax Road, Leeds LS11 8SY
Tel: 0113 277 8842 OP LDA YA

Ferndale Care Home LCA
Britannia Road, Morley, Leeds LS27 0DW
Tel: 0113 253 3196 OP D YA

Heathcotes (Hembrigg Park)
Bridge Street Close, Morley, Leeds LS27 0EY
Tel: 0113 253 1544 PD LDA SI YA

Heathcotes (Kirklands)
Kirklands, Rooms Lane, Morley, Leeds LS27 9PA
Tel: 0113 253 3917 PD LDA MH SI YA

Heathcotes (Morley)
Bridge Street Close, Morley, Leeds LS27 0EX
Tel: 01246 556453 PD LDA SI YA

Highfield Care Centre
1 Leeds Road, Allerton Bywater, Castleford WF10 2DY
Tel: 01977 552601 Advert page 68 OP

Hollies, The LCA
27 Church Lane, Garforth, Leeds LS25 1NW
Tel: 0113 287 1808 OP D

Home Lea House
137 Wood Lane, Rothwell, Leeds LS26 0PH
Tel: 0113 282 3218 OP

Knowle Manor
Tennyson Avenue, Morley, Leeds LS27 8QB
Tel: 0113 253 4740 OP

Larchfield
Joseph Street, Leeds LS10 2AD
Tel: 0113 277 2284 Advert pages 42 & 43 OP D MH YA

Service User Bands
OP Older people (65+)
D Dementia
PD Physical disability
LDA Learning disability, autism
MH Mental health
SI Sensory impairment
YA Younger adults
AD People who misuse alcohol or drugs
LCA Leeds Care Association member – see page 7

Advertisers are highlighted

Visit www.carechoices.co.uk for further assistance with your search for care
Victoria House is one of the most reputable providers of Residential, Dementia, Transitional and Respite Care for the elderly in the South West of Leeds.

We have a dedicated, experienced and very caring team. The majority of staff have been with us since we opened. All our staff are selected not just for their professional skills but because they have a genuine interest in the welfare of others and are able to relate to older people.

**Victoria House specialises in:**
- Residential Care
- Dementia Care
- Transitional Care
- Respite Care

All our bedrooms are decorated to a high standard. The bedrooms are all fully furnished with en-suite and are equipped with call systems and TV aerial.

There are regular outings ranging from Fish & Chips at the Mermaid Restaurant to afternoon tea at Roundhay Park.

**Victoria Care Leeds**
Low Grange Crescent, Belle Isle, Leeds, West Yorkshire, LS10 3EB

T: 0113 2712 491
T: 0113 2708 529
E: edd@victoriahouseleeds.co.uk

www.victoriacareleeds.co.uk
Ledston Avenue, 27
Garforth, Leeds LS25 2BP
Tel: 0113 286 3741
OP YA

Lee Beck Mount
108 Leeds Road, Lofthouse,
Wakefield WF3 3LP
Tel: 01924 824065
LDA

Lofthouse Grange & Lodge
340 Leeds Road, Lofthouse,
Wakefield WF3 3QO
Tel: 01924 822285 Advert page 72
OP D

Meadowbrook Manor LCA
147-149 Wakefield Road, Garforth,
Leeds LS25 1NE
Tel: 0113 232 0054
OP

Morley Manor Residential Home
Brunswick Street, Morley,
Leeds LS27 9DL
Tel: 0113 253 0309
OP

Nesfield Lodge
45 Nesfield Road, Belle Isle, Leeds LS10 3LG
Tel: 0113 277 6880 Advert page 72
OP D

Oaklands Residential Home LCA
14 Pinfold Lane, Mickletown Methley,
Leeds LS26 9AB
Tel: 01977 515451
OP D PD SI YA

Oulton Manor LCA
3 Wakefield Road, Oulton,
Leeds LS26 8EL
Tel: 01914 605219 Advert pages 42 & 43
OP D

Pennington Court LCA
Hunslet Hall Road, Beeston, Leeds LS11 6TT
Tel: 0113 228 4040 Advert pages 38 & 39
OP

Springfield House Retirement Home LCA
Springfield Avenue, Morley,
Leeds LS27 9PW
Tel: 0113 252 1969
OP

St Armands Court LCA
25 Church Lane, Garforth, Leeds LS25 1NW
Tel: 0113 287 1808
OP

St Philips Close
1 St Philips Close, Leeds LS10 3TR
Tel: 0113 277 8069
LDA YA

Stone Gables Care Home
Street Lane, Gildersome, Leeds LS27 7HR
Tel: 0113 252 9452
OP D

UBU – 67 Elland Road
Morley, Leeds LS27 7Q5
Tel: 0113 252 6561
PD SI

United Response
– 14 Lingwell Approach
Middleton, Leeds LS10 4TJ
Tel: 0113 277 8517
PD LDA

Victoria House Residential Home
Low Grange Crescent, Belle Isle,
Leeds LS10 3EB
Tel: 0113 270 8529
Advert page 70
OP D

Woodhouse Cottage
5 Woodhouse Lane, East Ardsley,
Wakefield WF3 2JS
Tel: 01924 824119
LDA YA

Woodhouse Hall
14 Woodhouse Lane, East Ardsley,
Wakefield WF3 2JS
Tel: 01924 870601
PD LDA YA

Visit www.carechoices.co.uk for further assistance with your search for care
Beds available for long or short term stays

**Nesfield Lodge Residential and Dementia Care Home**
45 Nesfield Road, Belle Isle, Leeds LS10 3LG
Telephone: **0113 277 6880**

**Paisley Lodge Residential and Dementia Care Home**
Hopton Mews, Armley, Leeds, LS12 3UA
Telephone: **0113 263 2488**

**Lofthouse Grange & Lodge Residential and Dementia Care Home**
340 Leeds Road, Lofthouse, WF3 3QQ
Telephone: **01924 822 285**

**Middleton Park Lodge Care Home**
Acre Close, Middleton, Leeds, LS10 4HX
Telephone: **0113 271 2307**

**Castleford Lodge Care Home**
Oxford Street, Castleford, West Yorkshire, WF10 5DF
Telephone: **01977 668 448**

For more information call
**01423 859 859**
or visit [www.orchardcarehomes.com](http://www.orchardcarehomes.com)
[www.facebook.com/orchardcarehome](http://www.facebook.com/orchardcarehome)
South/East Leeds care homes with nursing

Aspen Hill Village
Church Street, Hunslet,
Leeds LS10 2AY
Tel: 0113 277 1042

Atkinson Court Care Home
Ings Road, Cross Green,
Leeds LS9 9EJ
Tel: 0113 391 8800

Colton Lodges Care Home
2 Northwood Gardens, Colton,
Leeds LS15 9HH
Tel: 0113 264 5288

Green Acres Care Home
Rigton Drive, Burmantofts,
Leeds LS9 7PY
Tel: 0113 248 3334

Middleton Park Lodge
Acre Close, Middleton,
Leeds LS10 4HX
Tel: 0113 271 2307 Advert page 72

Moorleigh Nursing Home
278 Gibson Lane, Kippax,
Leeds LS25 7JN
Tel: 0113 286 3247

Mulgrave House Nursing Home
9-11 Springfield Street, Rothwell,
Leeds LS26 0BD
Tel: 0113 282 1937

Pennington Court LCA
Hunslet Hall Road, Beeston, Leeds LS11 6TT
Tel: 0113 228 4040 Advert pages 38 & 39

Ravensdale
Naburn Walk, Whinmoor, Leeds LS14 2DA
Tel: 0113 273 9620

RecoveryHub@SouthLeeds
Atha Crescent, Leeds LS11 7DB
Tel: 0113 843 5777

Sunnyside Nursing Home
41 Marshall Terrace, Crossgates, Leeds LS15 8EA
Tel: 0113 260 2867

Sunnyview House Care Home LCA
Manorfield, off Beeston Road,
Leeds LS11 8QB
Tel: 0113 350 3656 Advert page 61

Willow Bank Nursing Home LCA
5-7 Barwick Road,
Leeds LS15 8SE
Tel: 0113 223 4603 Advert page 66

Tell us what you think

○ What have you found useful?
○ What could we do better?

Share your feedback – take our five minute survey

www.carechoices.co.uk/reader-survey

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OP

Care Choices

Visit www.carechoices.co.uk for further assistance with your search for care
Useful local contacts

**Adult Social Care**
Use the contact details here or drop in to a One Stop Centre, listed on page 75.
Tel: **0113 222 4401**
Email: feedback@leeds.gov.uk
Out-of-hours emergencies: **07712 106378**
Web: [www.leeds.gov.uk](http://www.leeds.gov.uk)

**Age UK Leeds**
Works across Leeds and the district to support older people to enjoy later life.
Tel: **0113 389 3000**
Email: frontofhouse@ageukleeds.org.uk
Web: [www.ageuk.org.uk/leeds](http://www.ageuk.org.uk/leeds)

**Alzheimer’s Society Leeds – Local Office**
Supports people with a diagnosis of dementia.
Hillside Beeston Road LS11 8ND
Tel: **0113 231 1727**
Email: leeds@alzheimers.org.uk

**Assisted Living Leeds**
Supports people with physical, learning and care needs to live safely and independently. This includes the Leeds Community Equipment Service, which provides equipment for people at home, the telecare service, which provides 24-hour monitoring using sensors and alarms (see page 13), and the Blue Badge assessment service.
81 Clarence Road LS10 1LZ
Tel: **0113 378 3282**
Web: [www.leeds.gov.uk/assistedliving/assisted-living](http://www.leeds.gov.uk/assistedliving/assisted-living)

**Care and Repair Leeds**
Provides services to help older and disabled people on low incomes to live independently. Services include home maintenance and minor repairs, home adaptations, support and advice and living aids.
Tel: **0113 240 6009**
Email: enquiries@care-repair-leeds.org.uk

**Carers Leeds**
Provides support to unpaid adult carers in Leeds.
A drop-in service is available Monday to Friday, 9.30am to 3.30pm and the advice line runs Monday,

Tuesday, Thursday and Friday, 9.00am to 4.30pm; and
Wednesday, 8.00am to 6.30pm.
6-8 The Headrow LS1 6PT
Tel: **0113 380 4300**
Email: advice@carersleeds.org.uk
Web: [www.carersleeds.org.uk](http://www.carersleeds.org.uk)

**Citizens Advice Leeds**
Provides free, independent advice and information to anyone living or working in the Leeds Metropolitan District and surrounding areas. Advice and information are given on a wide range of subjects, including welfare benefits, debt, housing and employment.
Westminster Buildings, 31 New York Street LS2 7DT
Tel: **0113 223 4400**
Web: [www.citizensadviceleeds.org.uk](http://www.citizensadviceleeds.org.uk)

**Feel Good Factor Leeds**
Provides activities, projects and services to improve access to health opportunities.
53 Louis Street, Chapeltown LS7 4BP
Tel: **0113 350 4200**
Email: office@fgfleeds.org
Web: [www.fgfleeds.org](http://www.fgfleeds.org)

**Leeds Centre for Integrated Living**
Aims to improve quality of life for people with disabilities, remove barriers that restrict choice and control, support people to meet their personal objectives and enable disabled people to develop their abilities and confidence. Can also support people to manage a Direct Payment.
Armley Grange Drive LS12 3QH
Tel: **0113 231 1125**
Web: [www.leedscil.org.uk](http://www.leedscil.org.uk)

**Leeds Care Association**
The member body for care providers in Leeds.
Tel: **0113 287 3490**
Email: info@leedscare.co.uk
Web: [www.leedscare.co.uk](http://www.leedscare.co.uk)

**Leeds Directory**
An online directory offering information on a wide range of local services. The directory also has an ‘activities calendar’ which contains information on
local groups and events. The directory is supported by a helpline, available Monday to Friday, 9.00am to 5.00pm.
Tel: 0113 378 4610
Email: leedsdirectory@leeds.gov.uk
Web: www.leedsdirectory.org

**Leeds Money Information Centre**
Provides details of all the organisations and charities across Leeds providing free and independent debt advice.
Web: www.leeds.gov.uk/leedsmic

**Neighbourhood Networks**
Community-based, locally-led organisations enabling people over 60 to live independently and take an active role within their communities. These groups aim to reduce social isolation, provide opportunities for volunteering, offer information and advice, promote health and wellbeing and improve people’s quality of life.

Details of your local Neighbourhood Network can be found on the Leeds Directory by searching ‘neighbourhood networks’. (see page 74).

**One Stop Centres**

**Armley**
2 Stocks Hill, Armley LS12 1UQ

**City Centre**
Merrion House, Woodhouse Lane LS2 8LX

**Dewsbury Road**
190 Dewsbury Road LS11 6PF

**Garforth**
Lidgett Lane LS25 1EH

**Hawsworth**
6 Broadway, Hawsworth Wood LS5 3PR

**Headdingley**
North Lane LS6 3HG

**Horsforth**
Town Street LS18 5BL

**Hunslet**
Waterloo Street LS10 2NS

**Kippax**
Westfield Lane LS25 7LY

**Moor Allerton**
Moor Allerton Centre, King Lane LS17 5NY

**Morley**
Commercial Street LS27 8HZ

**North Seacroft**
Deacon House, 1 Seacroft Avenue LS14 6JD

**Osmondthorpe**
81a Wykebeck Mount LS9 0JE

**Otley**
Nelson Street (Library Building) LS21 1EZ

**Pudsey**
Church Lane LS28 TTY

**Rothwell**
Marsh Street LS26 0AE

**South Seacroft**
91-95 Moresdale Lane LS14 6GG

**St George’s**
St George’s Road, Middleton LS10 4UZ

**The Compton Joint Service Centre**
Harehills Lane LS9 7BG

**The Reginald Joint Service Centre**
263 Chapeltown Road LS7 3EX

**Wetherby**
17 Westgate LS22 6LL

**Yeadon**
Town Hall Square LS19 7PP

**William Merritt Disabled Living Centre and Mobility**
Provides impartial information, advice and assessment on equipment and practical aspects of daily living for disabled people of all ages, their carers, professionals and older people.
Tel: 0113 350 8989
Email: info@wmdlc.org
Web: www.wmdlc.org
Useful national contacts

**Action on Elder Abuse (AEA)**
Works to protect, and prevent the abuse of, vulnerable older adults.
Helpline: 0808 808 8141
Email: enquiries@elderabuse.org.uk
Web: www.elderabuse.org.uk

**Age UK**
Tel: 0800 055 6112
Web: www.ageuk.org.uk

**Al-Anon Family Groups**
Worried about someone’s drinking? Help and hope for families and friends of alcoholics.
Helpline: 0800 008 6811 (10.00am to 10.00pm).
Email: enquiries@al-anon.org.uk
Web: www.al-anonuk.org.uk

**Alzheimer’s Society**
National Helpline: 0300 222 1122
Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; Saturday and Sunday, 10.00am to 4.00pm.
Web: www.alzheimers.org.uk

**Association of Charity Officers**
A national umbrella body for benevolent charities.
Tel: 0207 255 4480 • Email: info@aco.uk.net
Web: www.aco.uk.net

**British Institute of Learning Disabilities (BILD)**
Committed to improving the quality of life for people with a learning disability.
Tel: 0121 415 6960 • Email: enquiries@bild.org.uk
Web: www.bild.org.uk

**Care Choices**
Free, independent assistance with finding care providers. Searchable website.
Web: www.carechoices.co.uk

**Care Quality Commission**
Independent regulator of care services in England.
Tel: 03000 616161
Email: enquiries@cqc.org.uk
Web: www.cqc.org.uk

**Carers Trust**
Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.
Tel: 0300 772 9600 • Email: info@carers.org
Web: www.carers.org

**Carers UK**
The voice of carers.
Tel: 0808 808 7777 • Email: advice@carersuk.org
Web: www.carersuk.org

**Citizens Advice**
Practical, reliable, up-to-date information on a wide range of topics.
Tel: 0344 411 1444
Web: www.citizensadvice.org.uk

**Dementia Adventure**
Provides supported holidays for people with dementia as an alternative to traditional respite where partners, family, friends or carers can enjoy an outdoor break together. Holidays are usually five days long, can be bespoke, are subsidised and are available to anyone across the UK.
Tel: 01245 237548
Email: info@dementiaadventure.co.uk
Web: www.dementiaadventure.co.uk

**Elderly Accommodation Counsel**
Help older people make informed choices about meeting their housing and care needs.
Web: www.housingcare.org

**Friends of the Elderly**
A charity that supports older people who have a range of practical needs.
Tel: 0207 730 8263 • Email: enquiries@fote.org.uk
Web: www.fote.org.uk

**Independent Age**
Produce a wide range of guides and factsheets for older people, their families and carers.
Tel: 0800 319 6789
Email: advice@independentage.org
Web: www.independentage.org

**Search for care at www.carechoices.co.uk to find support in your area**
My Family, Our Needs
The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.
Web: www.myfamilyourneeds.co.uk

National Activity Providers Association (NAPA)
Promotes the importance of activities for older people.
Tel: 0207 078 9375
Email: info@napa-activities.co.uk
Web: www.napa-activities.co.uk

National Association of Funeral Directors
Web: www.nafd.org.uk

National Society of Allied and Independent Funeral Directors
Web: www.saif.org.uk

NHS 111
You should call NHS 111 if you:

• need medical help fast, but it is not a 999 emergency;

• do not know who to call for medical help or you do not have a GP to call; or

• require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via ‘Typetalk’ 18001 111.

Registered Nursing Home Association (RNHA)
Campaigns for high standards in nursing home care.
Tel: 0121 451 1088 • Email: info@rnha.co.uk
Web: www.rnha.co.uk

Relatives and Residents Association, The
Exists for older people needing, or living in, residential care and the families and friends left behind.
Tel: 0207 359 8136 • Email: info@relres.org
Web: www.relres.org

SANE
SANEline: for advice on mental health issues.
Tel: 0300 304 7000, every day between 4.30pm and 10.30pm.
Web: www.sane.org.uk

Silver Line, The
A 24-hour telephone befriending and advice line.
Tel: 0800 470 8090
Web: www.thesilverline.org.uk

United Kingdom Home Care Association (UKHCA)
Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.
Tel: 0208 661 8188 • Email: helpline@ukhca.co.uk
Web: www.ukhca.co.uk

Veterans’ Gateway
The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.
Tel: 0808 802 1212 • Web: veteransgateway.org.uk
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Home care providers

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Angels Community Enterprises CIC
Ashlar House – Leeds
Aspiire Supported Living Service
Assisi Place
Asthad Ltd – Leeds
Avanta Care Ltd

B
Bluebird Care (Leeds North)
Burley Hill Leeds

C
Cardinal Care Services Ltd
Care Signature Christian Homecare Services Ltd – Number 12 Chapeltown Enterprise Centre
Cared4Leeds
Caremark (Leeds)
Carewatch Leeds & Wakefield
Caring Folk Ltd
Caring Heart and Hands Ltd
Caring Partnership Ltd
CASA Leeds
Catholic Care – Diocese of Leeds
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Comfort Call – Leeds
Comforting Healthcare
Community Support Skills – Central
Complete Care Agency Ltd
Complete Contemporary Care Connections Care Ltd
Creative Support – Hampton Crescent
Creative Support – Leeds Service (Brandling Court)
Creative Support Leeds Service

D
Dale Care – Complex
Dovetail Care Ltd
Dynamic Social Support

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EcoClean Community Care
Elmar Home Care Ltd – Horsforth
EPOCH Homecare Ltd
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Extra Care Service

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First Angels Healthcare Ltd

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