



Lincolnshire

Care Services Directory 2024

The essential guide to choosing and
paying for care and support

HALCYON CARE

A TEAM THAT REALLY CARES

Halcyon Care has been established since 1989. It is a family owned company providing residential, nursing and dementia care. We pride ourselves in delivering care which focuses on the resident as an individual and recognises their unique characteristics, lifestyle preferences and care needs.

We aim to provide a friendly home environment with up to date facilities where visitors are welcome at any time.

- Respite and day care • GP visits to our homes • Home cooked meals and a wide range of social activities
- Special care for mental health-related problems • En-suite rooms • Visiting Chiropodist and Hairdresser



WAINFLEET CARE CENTRE

Rumbold Lane, Skegness,
Lincolnshire PE24 4DS

43 personal care beds including people with dementia

Tel: **01754 881849 SKEGNESS**

E: wainfleet@halcyoncare.co.uk



HOMER LODGE CARE CENTRE

23 – 26 Monson Street,
Lincoln LN5 7RZ

47 personal care beds

Tel: **01522 530108 LINCOLN**

E: homerlodge@halcyoncare.co.uk



NIGHTINGALE HOUSE CARE CENTRE

Main Road, Bucknall,
Woodhall Spa LN10 5DT

45 personal care beds, including people with dementia and physical disability

Tel: **01526 388261 BUCKNALL**

E: nightingalehouse@halcyoncare.co.uk



THE FOUNTAINS CARE CENTRE

Church Lane, Tetney,
Near Grimsby DN36 5JX

45 personal care beds, including people with dementia & physical disability

Tel: **01472 210456 TETNEY**

E: thefountains@halcyoncare.co.uk



OAKLANDS CARE CENTRE

North Street, Whaley Thorns, Nether
Langwith, Mansfield NG20 9BN

52 nursing and personal care beds, including people with dementia & physical disability

Tel: **01623 744412 MANSFIELD**

E: oaklands@halcyoncare.co.uk



MARTIN HALL CARE CENTRE

The Old Hall, High Street, Martin by
Timberland, Lincolnshire LN4 3QY

40 nursing and personal care beds, including people with dementia & physical disability

Tel: **01526 378251 MARTIN**

E: martinhall@halcyoncare.co.uk



MANOR CARE CENTRE

Fen Road, East Kirkby, Near Spilsby
PE23 4DB

41 personal care beds, including people with dementia & physical disability

Tel: **01790 763381 EAST KIRKBY**

E: manor@halcyoncare.co.uk



CLARENCE HOUSE CARE CENTRE

Albert Street, Brigg, Lincolnshire
DN20 8HS

33 personal care beds including people with dementia

Tel: **01652 650950 BRIGG**

E: clarencehouse@halcyoncare.co.uk



EASTWOOD HOUSE CARE CENTRE

Doncaster Road, Rotherham
S65 2BL

37 personal care beds including people with dementia

Tel: **01709 363093 ROTHERHAM**

E: eastwood@halcyoncare.co.uk

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All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.

To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**. Alternatively, visit **www.carechoices.co.uk/order-copies-of-a-directory** to order a copy online.

Alternative formats



This Directory is available electronically at **www.carechoices.co.uk**

The e-book is also Recite Me compatible for those requiring information in the spoken word.

Introduction

Welcome to this edition of the independent Lincolnshire Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 16. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 27 for those paying for care at home and 48 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 6 and a list of local home care providers begins on page 31.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 39) or residential care. Comprehensive lists of care homes and care homes with nursing in Lincolnshire start on page 46.

There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 53), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk**



Lincolnshire Care Association (LinCA)

A quality of life and a standard of living

LinCA is a not-for-profit organisation supporting adult care providers of domiciliary care, end of life care, learning disabilities, mental health, nursing homes, residential care homes and supported living within the independent and voluntary sectors in Lincolnshire.

LinCA does this by providing accessible information, advice, support and development opportunities to care providers to enable them to respond to changing needs through the provision of quality, innovative services. It also works in partnership with other agencies and organisations as part of whole system improvement in Lincolnshire.

LinCA exists to help its members get their voices heard, both locally and nationally, helping them to provide better care across Lincolnshire. It plays a key role in promoting a positive image of the care sector, ensuring there is quality and choice in the

provision of care services within the region. The association is managed by a voluntary Board of Directors appointed by its members, drawn from large and small organisations as well as individual professionals. Each Director represents a specific area of care and support across the county.

LinCA is part of the Lincolnshire Integrated Care System; representing its members at meetings with colleagues from the health, adult care and housing sectors locally, regionally and nationally to consider issues such as commissioning, service design, development and evaluation.

LinCA has established the Care Home Trusted Assessor project at acute hospitals across Lincolnshire which supports more effective and efficient discharge arrangements for patients returning to or moving into care homes.

Melanie Weatherley MBE

Chair of Lincolnshire Care Association

CareinLincs

With the help of care providers, and working in partnership with Lincolnshire County Council, NHS Lincolnshire Integrated Care Board, all local NHS Trusts, Health Education England, Skills for Care, further and higher education colleges and the Local Enterprise Partnership, CareinLincs with LinCA, has developed a workforce strategy to enable the sector to meet the needs of service users now and in the future.

The aim of CareinLincs is to showcase best practice through its unique programmes, workshops and conferences. CareinLincs works with Health colleagues to promote and deliver the best social care can offer to people.

CareinLincs offers a fully integrated service for every adult social care provider here in Lincolnshire that is supported by four pillars for growth, to deliver quality standards and improved services as well as business support:

1. A Workforce Development offer to support current and future pathways that meet the needs of today's employers and their employees.
2. Showcase opportunities to join the workforce through recruitment and careers support, including access to apprenticeships.
3. Allow providers to have a fully integrated digital footprint and open up opportunity to access central, regional and local funding.
4. Link into the Care Home Trusted Assessor Team, located at all local acute hospitals across Lincolnshire, which supports hospital discharge back into social care.

For further information about **LinCA** and **CareinLincs**, call **01522 581073**, email **helpdesk@linca.org.uk** or visit **www.linca.org.uk/CareinLincs.asp**

For all enquiries about CareinLincs, reference Mark Turton, Head of Workforce.

Helping you to stay independent

Services developed in partnership with the voluntary sector

Adult social care works with voluntary and community organisations to supply preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers; and
- handyperson schemes.

Connect to Support Lincolnshire is an online information and advice library, community directory and marketplace for adults in Lincolnshire. This website is intended for adults who want to find out about local groups, activities and services within the community.

Tel: **0300 303 8789**

Email: **CTSL@ageuklsl.org.uk**

Web: **<https://lincolnshire.connecttosupport.org>**



Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing. There is a wide variety around the county, catering for older people and people with

mental health conditions, learning disabilities and dementia.

Centres can be as important for carers as those attending, as they allow for a regular break from caring.

Every effort has been made to check the accuracy of the following information. However, it is subject to change during the lifetime of this Directory. For the latest information, contact the provider directly.



Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

 CareChoices

Boston

Ashridge ●

Boston Tel: 01205 366922

OP LDA YA

Manor Gate Care Home ●

Boston Tel: 01205 366260

OP D

Scott House

Boston Tel: 01205 357236 OP D PD LDA MH SI YA AD

Skirbeck Court (OSJCT) ●

Boston Tel: 01205 361444

OP

White Gables Care Home ●

Boston Tel: 01205 723874

OP D PD SI YA

East Lindsey

Ashtree House ●

Withern Tel: 01507 450373

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OP D

Bramhall ●

Tattershall Tel: 01526 342632

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OP D

Clovers Day Centre

Louth Tel: 07555 519367

OP D PD LDA MH SI YA

Eresby Hall (OSJCT) ●

Spilsby Tel: 01790 752495

OP D

Fotherby House ●

Louth Tel: 01507 607237

OP D

Linkage Choices – Grimsby ●

Grimsby Tel: 01790 755025

PD LDA

Linkage Choices – Toynton

Spilsby Tel: 01790 755025

PD LDA

County Care Independent Living Ltd (Lincolnshire Office)

Skegness Tel: 01754 611153

OP PD LDA MH SI YA

Manor Care Centre

East Kirkby Tel: 01790 763381

Advert inside front cover

OP D MH

Newhaven Residential Home ●

Huttoft Tel: 01507 490294

OP LDA YA

Orby Opportunity Centre

Spilsby Tel: 01754 811002

LDA YA

Old Hall Residential Care Home, The ●

Halton Holgate Tel: 01790 753503

OP D PD

Phoenix Care Centre ●

Chapel St Leonards Tel: 01754 872645

OP D

Orchard House Care Home

Mablethorpe Tel: 01507 472203

OP D PD YA

Skegness Day Centre

Skegness Tel: 01754 766763

OP D PD LDA MH

Summerfield Rest Home

Sutton-on-Sea Tel: 01507 441969

OP D

Virginia House

Louth Tel: 01522 550908

OP PD LDA

Wong Day Service, The

Horncastle

Tel: 01507 527047

OP D PD LDA MH SI YA AD

Wyngate Residential Care Home ●

Mablethorpe Tel: 01507 477531

OP D PD

Lincoln

181 Adult Day Activities Centre (Bspoke Social Care)

Lincoln Tel: 07495 050154

OP D PD LDA MH YA

Age UK Lincoln and South Lincolnshire ●

Lincoln Tel: 01522 696000

OP D PD MH SI YA

Allerton C&S NE Ltd ●

Lincoln Tel: 01522 539626

OP D PD LDA MH YA

Ancaster Day Centre

Lincoln Tel: 01522 870600

PD LDA

Point Day Service, The

Lincoln Tel: 01522 457214

OP D PD LDAMH YA

Bernadette House ●

Lincoln Tel: 01522 521926

Advert page 64

OP D PD SI YA

Boultham Park House (OSJCT) ●

Lincoln Tel: 01522 681500

OP D

Brantley Manor Care Home ●

Lincoln Tel: 01522 543866

Advert page 64

OP D

Busydays Daycare

Lincoln Tel: 07904 563794

LDA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Eccleshare Court ●

Lincoln Tel: 01522 695458

Ermine House (OSJCT) ●

Lincoln Tel: 01522 529093

Hartsholme House (OSJCT) ●

Lincoln Tel: 01522 683583

Linkage Choices – Lincoln ●

Lincoln -Tel: 01790 755025

Monson Retirement Home ●

Lincoln Tel: 01522 520643

Ruckland Court Day Centre ●

Lincoln Tel: 01522 530217

Swallow Lodge ●

Lincoln Tel: 01522 300430

OP D YA

Kirk House (Home from Home Care) ●

Dorrington Tel: 01526 833569

LDA

North Road Day Outreach

Sleaford

Tel: 01529 300754

OP D PD LDA MH SI YA AD

OP

OP D

South Holland

PD LDA

Capricorn Day Service

Holbeach Tel: 01406 307232

LDA

OP D YA

Chappell Centre

Spalding

Tel: 01522 554891

OP D PD LDA MH SI YA AD

OP D

Creativity@Tess (TESS CIC) ●

Lincoln Tel: 07907 162064

OP LDA MH SI YA

Field House

Spalding Tel: 01406 423257

OP D YA

Friday Friendship

Group (TESS CIC) ●

Spalding Tel: 07907 162064

LDA

Kimberley Care Village ●

Spalding Tel: 01406 364309

OP D

Meadows Day Centre, The

Spalding Tel: 01775 720305

OP

Patchett Lodge (OSJCT) ●

Holbeach Tel: 01406 422012

OP

Sense Centre – Pinchbeck

Spalding Tel: 01775 720826

PD LDA SI

OP

North Kesteven

Adults Supporting Adults ●

Sleaford Tel: 01529 416270

OP D PD LDA MH SI YA

Cottage Residential Home, The

Nocton Tel: 01526 320887

OP D PD

Glenholme Holdingham Grange ● Advert page 69

Sleaford Tel: 01529 406000

OP D YA

Greenacres Care Home ●

Heckington Tel: 01529 460935

OP D PD MH

Holmleigh Care Home

Navenby Tel: 01522 810298



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

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Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

South Kesteven

Age Concern Deepings

Deeping St James Tel: 01778 345558

OP

Five Bells Residential Care Home ●

Folkingham Tel: 01529 497412

OP D PD

Butterfield Centre, The

Bourne Tel: 01778 421422 OP D PD LDA MH SI YA

Gregory House (OSJCT) ●

Grantham Tel: 01476 562192

OP

Caythorpe Residential Home

Caythorpe Tel: 01400 272552

OP D

Rose Lodge ●

Market Deeping Tel: 01778 344454

OP D PD

Community Café & Garden Project (TESS CIC), The ●

Grantham Tel: 07732 061330

PD LDA MH

Stamford Day Centre

Stamford

Tel: 01522 843020

OP D PD LDA MH SI YA AD

Cree Day Centre (Grantham & District Mencap) ●

Grantham Tel: 01476 566050

PD LDA

Whitefriars (OSJCT) ●

Stamford Tel: 01780 765434

OP D

Digby Court (OSJCT) ●

Bourne Tel: 01778 422035

OP PD

Willows, The

Rippingale Tel: 01778 440773

OP D

West Lindsey

Drovers Call ●

Gainsborough

Tel: 01427 678300

OP D PD MH SI YA AD

FocusAbility – Dunholme

Advert page 20

Dunholme Tel: 01673 844423

LDA

FocusAbility – Market Rasen

Market Rasen

Tel: 01673 844423

Advert page 20

LDA

Poplars, The (OSJCT) ●

Market Rasen Tel: 01673 843319

OP D

Redcote Residential Home ●

Gainsborough Tel: 01427 615700

OP

Rock Foundation

Caistor Tel: 01472 859075

LDA

Willan House ●

Stainfield Tel: 01526 398785

Advert page 76

OP D

Foxby Court (OSJCT) ●

Gainsborough Tel: 01427 613376

OP

Wispington House Ltd ●

Saxilby Tel: 01522 703012

OP D PD

Foxby Hill Care Home ●

Gainsborough Tel: 01427 611231 OP D PD MH SI YA

Greenacres Care Home ●

Caistor Tel: 01472 851989

OP D PD

Grosvenor House

Day Care ●

Gainsborough Tel: 01427 616950

OP D PD YA

Little Brocklesby House

Limber Tel: 01469 561353

OP D PD LDA YA MH



Service

OP Older people (65+) D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

● Lincolnshire Care Association member – see page 5

Advertisers are highlighted

Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

You may find a service by word of mouth or using the internet – your local library may be able to help here. Search Connect to Support Lincolnshire for

local services. Visit

<https://lincolnshire.connecttosupport.org>

Adult social care can advise as well. Call

01522 782155 or check the Lincolnshire County

Council website for services in your area at

www.lincolnshire.gov.uk/help-live-home/get-meals-home

Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyman service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit **www.housingcare.org** or contact your local council.





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- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

 CareChoices

Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online equipment service called Living Made Easy, which can help anyone who finds that they have difficulties with everyday tasks.

Visit <https://livingmadeeasy.org.uk> to learn more about possible solutions or see pages 13 to 14.

Once you have identified equipment that might help with your support needs, use the checklist on page 15 to make sure it's right for you.

Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured, safe in the knowledge that, should an incident occur, they will know about it. Some devices can also help to monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you're eligible through an assessment (see page 16), Lincolnshire County Council may be able to provide support to help you access equipment.

For further information, visit www.lincolnshire.gov.uk/help-live-home/telecare

Useful contacts

Healthcare Pro

A national organisation offering thousands of daily living and disability aids to purchase privately.

Tel: **0345 121 8111**

Email: customerservice@healthcarepro.co.uk

Web: www.healthcarepro.co.uk

Lincolnshire Integrated Community Equipment Service (ICES)

Lincolnshire County Council's equipment service can provide a range of items, from walking frames to mobile hoists, to help you remain living independently. You may have to pay for some items provided by this service, depending on the outcome of an adult care assessment (see page 16).

Tel: **01522 782155**

NRS Telecare

Lincolnshire County Council's telecare and assistive technology provider.

Tel: **01476 852492**

Email: enquiries@nrstelecare.co.uk

Web: www.nrstelecare.co.uk/lincolnshire





The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

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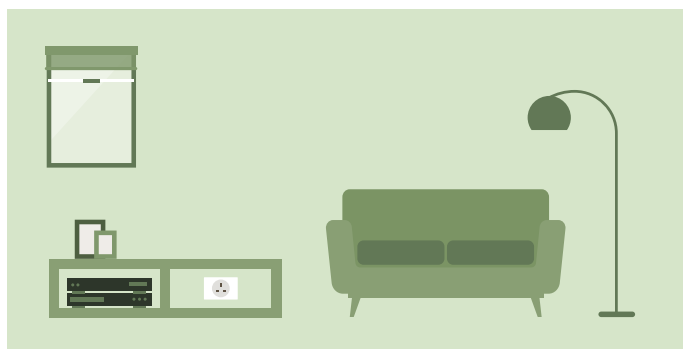
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Rollators · Shopping Trolleys · Sanitary Wear · Walking Sticks · Grab Rails and lots more!

1 Market Place | Grantham | NG31 6LQ | T: 01476 560044
Bentley Nursing Supplies | 2 Benedict Square | Peterborough | PE4 6GD | T: 01733 555838
www.primecomfort.co.uk



Making life easier at home

If you're having difficulties with everyday tasks, these simple solutions could make life easier and enable you to retain your independence. These are a starting point; other solutions are available, which might better suit you.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit www.gov.uk/winter-fuel-payment

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available that turns your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Make a note of when you've taken them or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large-handed cutlery could help, as could non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Having tap turners fitted can make **using taps** easier. You could also consider changing to lever-style taps, which might be easier for you to use.



Handled plug



Chair raisers



Chopping board



Level indicator



Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at: www.carechoices.co.uk/staying-independent-at-home/ There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support – see page 21.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist, or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat or a seat with a built-in support frame if it's **hard to use your toilet**. Flush-lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath, or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Lincolnshire County Council

Tel: **01522 782155** or **01522 782333**

(emergency out of hours).

Email: csc_socialcare@lincolnshire.gov.uk

Web: www.lincolnshire.gov.uk/adultcare



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

It's a good idea to consider the following questions before buying any assistive technology. If you are unsure about what technology might help meet your needs, you can contact your council or visit <https://livingmadeeasy.org.uk>

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

Does the equipment support your specific needs? ☐

Are you willing to use it? ☐

Will it fit into your everyday life and routine? ☐

Have you tried a demo of the equipment? ☐

Do you understand what the equipment is for? ☐

Do you need to take it with you when you leave the house? Is it transportable? ☐

Does the equipment have any limitations that would make it unsuitable for you? ☐

Will it work alongside any assistive technology you already have? ☐

Usability

Is a simpler piece of equipment available (e.g. a pill case rather than an automated pill dispenser)? ☐

Does the equipment need a plug socket and will any wires cause a trip hazard? ☐

Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? ☐

Are you able to use it? Are there any aspects you don't understand? ☐

Will it need to be installed by a professional? ☐

Can the retailer provide you with training in using the equipment? ☐

Reliability

Will it work if you have pets or live with other people (e.g. could someone else set off a sensor alarm by accident)? ☐

Have you read reviews of the equipment you are looking at? Consider these before making your purchase. ☐

Can you speak to someone who already uses it? ☐

Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this. ☐

Is it durable? If you drop it, is it likely to break? ☐

Cost

Do you know how much it costs? ☐

Will you need to pay a monthly charge? ☐

Are there alternative solutions that might be free? ☐

Is there a cost associated with servicing the equipment? ☐

Notes

Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe a number of ways in which eligible adults can receive a mixture of local authority and Government money to pay for the care services

they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services.

The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact adult social care to arrange an assessment. Call **01522 782155**.

Once adult social care understands your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found at **www.lincolnshire.gov.uk/adult-social-care/paying-care/3** or on page 27 if you are receiving home care and **www.lincolnshire.gov.uk/adult-social-care/paying-care/4** or on page 48 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget. A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people.

If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances. The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of these options.



Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, adult

social care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, usually up to six weeks.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it is about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on costly support services.

For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. They may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or adult social care if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses.

This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 49 for more information.

Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for, and the help they give doesn't have to be physical.

The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;
- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.



Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell the council what they need as a carer, and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else

would help; and

- what they would like their support to achieve.

The assessment can also give lots of information about other services that might help and other ideas for support. The carer's assessment will show if the carer qualifies for support from adult social care.



Carers' Personal Budgets

A carer's Personal Budget is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When adult social care considers a carer's

Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by their carers' assessment. The money is not taxed, and it will not affect any benefits.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for

the person who is being cared for. If they have a Personal Budget for their own needs (see page 16) they could use that money to pay for it.

A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

Benefits

Carers may want to explore whether they are entitled to Carer's Allowance – currently £76.75 per week but this may change over the lifetime of this Directory. Carers may also qualify for Carer's Premium or Carer's Credit depending on their eligibility.

If the person you're caring for receives the severe disability premium (or severe disability addition in Pension Credit), this may be lost if you claim Carer's Allowance and/or Carer's Premium. Seek specialist independent advice before claiming Carer's Allowance.

Carer's Premium is an extra payment of up to £42.75

per week that can sometimes be added to the calculation of other benefits you might get on top of Carer's Allowance. Carers who do not qualify for Carer's Allowance may qualify for Carer's Credit.

The Government's website (www.gov.uk) has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation which may be able to help undertake a benefit check.

You can find out more about the organisations supporting carers in Lincolnshire by exploring www.lincolnshire.gov.uk/support-carers

Resource for people supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs.

As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit www.myfamilyourneeds.co.uk or email hello@myfamilyourneeds.co.uk



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

Birth to Adulthood • Real life blogs
Directory • Ask the Experts • Monthly columnist



**Lincolnshire
Based Support
& Care Service**

FocusAbility

LEARNING DISABILITY CARE & SUPPORT

ABOUT US

Finding the **right support** and care provider can be quite scary and take up a lot of time. We can make the important job of finding the right care and support for you, or the person you care for, as simple and straightforward as possible.

At FocusAbility, we are proud to offer high quality Day care and Community Supported Living services to our clients in **Lincoln** and the surrounding area.

DAY OPPORTUNITIES

We offer social contact and activities for those wanting to meet new friends and learn new skills and promote their independence.

COMMUNITY SUPPORTED LIVING

FocusAbility's view of Community Supported Living is to encourage people to access the support and care they need to live as independently as possible.

 **01673 844 423**



Ryland Bridge, Welton, Lincoln, LN2 3RP



Rachael@focusability.co.uk

www.focusability.co.uk

Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need

to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself.

If this happens, contacting adult social care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. For more information about live-in care, see below. A list of all home care agencies operating in Lincolnshire starts on page 31.

Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary.

The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 53.



Tell us what you think

- ⦿ What have you found useful?
- ⦿ What could we do better?

Share your feedback

Take our five minute survey

www.carechoices.co.uk/reader-survey

Finding the right support

This Directory offers a website service allowing you to search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can be sent to you by post or email.

If you are searching online, the results can be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Whatever your care needs, this Directory and the Care Choices website service will be able to point you in the best direction, however you would like care information presented. Visit

www.carechoices.co.uk

The Care Quality Commission (**www.cqc.org.uk**) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 53.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity

and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, adult social care and voluntary agencies.

Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;

- community equipment;
- extra care sheltered housing; and
- carers' support groups.



Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia, and find out more about the condition.

When someone is living with dementia, they need:

- support to live their life;
 - reassurance that they are still valued and that their feelings matter;
 - freedom from as much external stress as possible; and
 - appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.
-

Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living

with dementia – from helping someone find the right bus to spreading the word about dementia.

See **www.dementiafriends.org.uk** for further information.

Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as ‘respite care’ and may be a regular break of a few hours a week or a period of a few weeks.

It may be planned or be required in an emergency

and can involve the person with dementia attending a day centre or a care worker visiting the person’s home to enable the carer to have a break.

Contact the council to see if you are eligible for support with arranging these services – see page 16 for information on assessments.

Care at home

It can often be best for a person living with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home to help them to continue to live well with dementia.

The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community.

Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities.

Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to several days. Contact the council or your local Alzheimer’s Society office for more details. See ‘Useful local contacts’ beginning on page 77.

Local dementia support groups

Joining in new activities and sharing experiences with other people can be a positive and rewarding experience for those with dementia.

Every effort has been made to check the accuracy of the following information. However, it is subject to change during the lifetime of this Directory. For the latest information, contact the provider directly.

Boston

Boston Caring Companions Carers Support Group

The Orchards, Causeway, Wyberton PE21 7BS

Tel: **01205 871465**

Email: alaninwrangle@gmail.com

Boston Dementia Café

Run by Alzheimer's Society.

Len Medlock Centre, St Georges Road PE21 8YB

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

Memory Lane Dementia Day Service

Mayfields Extra Care Scheme,

Broadfield Lane PE21 8DY

Tel: **0345 604 1472**

Email: memorylane@lincolnshirehp.com

East Lindsey

Alford Dementia Support Group

Alford War Memorial Hall, Chantry Road,

Alford LN13 9HW

Tel: **01507 463262**

Email: annedncn@gmail.com

Louth Dementia Friendly Support Group

Trinity Centre, Eastgate LN11 8DJ

Tel: **01507 610247**

Email: info@teamparishoflouth.org.uk

Still Me Dementia Support Project

Social activity sessions aimed at improving the experiences of people affected by dementia.

Tel: **01507 681816**

Email: tracey.wilkinson@mvtlc.org

Lincoln

Lincoln Dementia Café

Run by Alzheimer's Society.

Bracebridge Community Centre,

Maple Street LN5 8QS

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

North Kesteven

ONENK Dementia Hub

Moor Lane, North Hykeham, Lincoln LN6 9AX

Tel: **01522 701308**

Email: nkhealth@gll.org

Web: www.better.org.uk/nk-health-walks-and-dementia-walks

Sleaford Dementia Café

Run by Alzheimer's Society.

The Source, Southgate NG34 7RY

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

Sleaford Dementia Support

Tel: **07761 610664**

Email: sleafordds@gmail.com

Web: www.facebook.com/sleafordds2016

South Holland

Holbeach Here-4-U

WI Hall, Park Road PE12 7EE

Tel: **01775 421290** or **07443 628489**

Web: [www.facebook.com/Here-](http://www.facebook.com/Here-4-u-174773009944914)

[4-u-174773009944914](http://www.facebook.com/Here-4-u-174773009944914)

Long Sutton Outreach

Run by Royal British Legion.

West Street PE12 9BN

Email: graham.garrett@hotmail.co.uk

The Meadows Day Centre

1 The Meadows, Spalding PE11 1XR

Tel: **01775 720305**

Web: www.themeadowsspalding.co.uk

South Kesteven

Dementia Support South Lincs

Wake House, 41 North Street, Bourne PE10 9AE

Tel: **01778 426756**

Email: info@dementiasupportsouthlincs.co.uk

Web: www.dementiasupportsouthlincs.co.uk

Grantham Dementia Café

Run by Alzheimer's Society.

Belton Park Golf Club, Belton Park NG31 9SH

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

West Lindsey

Cherry Chums – Dementia Support

Tel: **01522 370164**

Email: contact@assistlincs.org.uk

Web: www.assistlincs.org.uk/cherry-chums

Gainsborough Memory Support Café

Run by Order of St John Care Trust.

Foxby Court, Middlefield Lane DN21 1QR

Tel: **01427 613376**

Nettleham Buddies Dementia Café

Nettleham Village Hall,

Brookfield Avenue LN2 2SS

Web: www.buddiesdementiacafe.co.uk

West Lindsey Dementia Support Group

Gainsborough Methodist Church,

North Street DN21 2HP

Tel: **01427 613033** or **01777 816751**

Email: gainsboroughmethodist@gmail.com

Web: www.gainsboroughmethodist.org.uk



Alzheimer's Society

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 77 for contact details.

Alzheimer's Society's National Dementia Connect support line is available on **0333 150 3456** and

can provide information, support, guidance and signposting to other appropriate organisations. The support line is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

For more information on care homes for people with dementia, see page 48.

Dementia Support Service Lincolnshire

The service, provided by the Lincolnshire Partnership NHS Foundation Trust, gives people access to a support worker who will provide guidance and advice throughout all stages of dementia. Support workers are based in the community, working from the different memory clinics across the county. The service accepts referrals from the public and professionals in health and social care, such as from GPs.

To make a referral, call **0303 123 4000**, email lpft.dementiasupportservice@nhs.net or visit www.lpft.nhs.uk/our-services/older-adults/dementia-support



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell Adult Social Care when your savings are likely to fall below this amount.

The council calculates charges in accordance with

national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adult social care can help you to identify these costs. They will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Figures mentioned here may change over the lifetime of this Directory.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits. Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have.

AA is payable to people over State Pension age and PIP to those aged between 16 and State Pension age. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at **www.gov.uk** and you can check your State Pension age at **www.gov.uk/state-pension-age**

Other ways to fund your care and support
It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers that focus specifically on care funding advice, often

referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

Money Helper

A free and impartial money advice service set up by the Government.

Tel: **0800 138 7777**

Web: **www.moneyhelper.org.uk**

Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 202 0454**

Email: **admin@societyoflaterlifeadvisers.co.uk**

Web: **www.societyoflaterlifeadvisers.co.uk**

Further information on paying for care begins on page 27.



Bespoke home care

Supporting people to live **independently**

We provide a range of services from companionship and housework to condition-led care. Whether it's a short daily visit or round-the-clock support, our dedicated care plans are centred around your loved one's individual needs and routines.



Regular and reliable
Visiting care



24-hour support
Live-in care

✓ Rated 4.7 on ★ Trustpilot

✓ Regulated by the CQC and CIW

✓ Free care assessments

✓ Providing care for over 30 years

• • • *Because, life is better at home* • • •

Contact your local branch today!

Lincoln
01522 254 221

for more details visit
helpinghands.co.uk



Agency 1

Agency 2

Agency 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

About the agency

- How long has the agency been operating? ☐ ☐ ☐
- How long are staff allocated per visit? ☐ ☐ ☐
- Can you contact the agency in an emergency or outside office hours? ☐ ☐ ☐
- Does the agency have experience with your specific needs? ☐ ☐ ☐

Staff

- Are you likely to be visited by different staff each day? ☐ ☐ ☐
- Are all staff checked with the Disclosure and Barring Service? ☐ ☐ ☐
- Will you be notified in advance if your care worker is on holiday or sick? ☐ ☐ ☐
- Are staff matched to you specifically, based on your needs and preferences? ☐ ☐ ☐
- Can you meet your care worker(s) before they start? ☐ ☐ ☐
- Does the agency have both male and female staff? ☐ ☐ ☐

Accommodating your needs

- Can the agency accommodate your needs if they increase? Ask about the process for this. ☐ ☐ ☐
- Does the agency have a training scheme in place? ☐ ☐ ☐
- Are all staff trained to a certain level? ☐ ☐ ☐
- Are staff able to help with administering medication if required? ☐ ☐ ☐
- Is there a way for staff to communicate with each other about the support they provide when they visit you? How? ☐ ☐ ☐

Regulation

- Will your support plan be reviewed at regular intervals? ☐ ☐ ☐
- Can you see the agency's contract terms? ☐ ☐ ☐
- Can you lodge a complaint easily? ☐ ☐ ☐
- Are complaints dealt with quickly? ☐ ☐ ☐
- Can you see a copy of the agency's CQC registration certificate and quality rating? ☐ ☐ ☐

Notes

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*See page 53.

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Home care providers

These listings are broken down into regions across Lincolnshire; however, please note that agencies may provide support outside of the area they are listed in. Contact the providers for more information.

Boston

Angels on Call, The

Boston

Tel: 07572 592471

OP D PD SI YA

Careshaw Ltd

Skegness

Tel: 01754 768029

OP D YA

Cera – Lincolnshire

Boston

Tel: 01205 631101

OP D PD MH SI YA AD

Flo's Friends ●

Boston

Tel: 07411 846692

OP D PD LDA YA

Healthy Homecare Services Ltd ●

Boston

Tel: 07951 548684

OP D PD LDA MH SI YA

Town and Country Care ●

Boston

Tel: 01205 354329

OP D PD SI YA

Walnut Care at Home ●

Boston

Tel: 01205 280101

Advert page 30

OP D PD LDA SI

For more information about different types of care homes, see page 45.

East Lindsey

Allways Care Community Support Agency

Skegness

Tel: 01754 612720

OP D PD LDA MH SI

Beeches, The

Louth

Tel: 01507 603862

OP

OP MH YA

Bluebird Care North East Lincolnshire & West Lindsey

Grimsby

Tel: 01472 601177

OP PD LDA MH SI YA

County Care Independent Living Ltd

Lincolnshire Office ●

Skegness

Tel: 01754 611153

OP PD LDA MH SI YA

CSL Mablethorpe

Mablethorpe

Tel: 01507 478482

LDA

East Midlands Care Agency Services (EMCAS) Ltd

Louth

Tel: 01507 499076

OP D PD SI YA

Great Care Company Lincolnshire North, The

Louth

Tel: 01507 389589

OP D PD MH SI YA

Libertas ●

Louth

Tel: 01507 206666

OP MH YA

Meadows Court Care Home ●

Skegness

Tel: 01754 872302

OP D PD MH YA

Russell Green Care Home

Woodhall Spa

Tel: 01526 352879

OP D PD



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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The people that care




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🌐 www.helpinghandnurses.org



Life at Home

Support for Independent Living at Home.

Life at Home provides local domiciliary care and social support for older persons and adults who would like to stay in their own home.

Our mission is to help and support our clients so that they can be as independent as possible and live a richer and fuller life.

The following are examples of our services:

- **Social home visits** for help, company and companionship.
- **Support with daily tasks at home**, including food preparation, household chores and personal admin tasks.
- **Leisure trips** outside the home, including visiting gardens and cafes, going on shopping trips or visiting other local places that are of interest to the client.
- Helping clients with **grocery shopping and attending appointments**.
- **Helping people get back on their feet** after time in hospital, or illness.
- **Helping and supporting clients who live with dementia**.
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OP D PD LDA MH YA

Annicare North

Lincoln
Tel: 01522 542387

OP D PD LDA MH SI YA

Ambassador Homecare Ltd ●

Lincoln
Tel: 01522 528455

OP D PD SI YA

AMG Nursing and Care Services Lincoln Branch

Lincoln
Tel: 01522 535660

OP D PD LDA MH SI YA AD

Annicare Ltd

Lincoln
Tel: 01522 542387

OP D PD LDA MH SI YA

Autism Care Community Services (Lincolnshire)

Lincoln
Tel: 01526 322444

LDA

Beech House

Lincoln
Tel: 01522 308824

OP D PD LDA MH SI YA AD

Bernadette House ●

Lincoln
Tel: 01522 521926

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OP D PD SI YA

Bluebird Care Lincoln ●

Lincoln
Tel: 01522 538656

OP D PD SI YA

Bspoke Social Care

Lincoln
Tel: 07495 050154

OP D PD LDA MH YA

Camli Care Ltd

Lincoln
Tel: 07387 710872

OP D PD YA

CICA Solutions Office

Lincoln
Tel: 07877 441704

OP D PD YA

Cottage Residential Home, The

Lincoln
Tel: 01526 320887

OP D PD

Dimensions Lincs & North Norfolk Domiciliary Care Office

Lincoln
Tel: 0300 303 9001

OP LDA

DS Care at Home Ltd

Lincoln
Tel: 01522 217035

OP D PD MH SI YA

EarlyBird Lifestyle Support Ltd

Lincoln
Tel: 01522 424161

OP D PD LDA MH SI YA AD

Fosse Healthcare – Lincoln

Lincoln
Tel: 01522 217367

OP D PD LDA MH SI YA AD

Fosse Healthcare – Lincoln South

Lincoln
Tel: 01522 440306

OP D PD LDA MH SI YA AD

H2H Community Care Ltd

Lincoln
Tel: 01522 684422

OP D PD MH SI YA

Holistic Healthcare Lincoln

Lincoln
Tel: 07400 388585 Advert page 32

OP YA

Home Instead Lincoln ●

Lincoln
Tel: 01522 301000 Advert page 32

OP D PD SI YA

Honeycomb Care

Lincoln
Tel: 07594 978421

OP D PD LDA MH YA

Headsmart Rehab Ltd

Lincoln
Tel: 01522 581754

OP PD SI YA

Helping Hands Lincoln

Lincoln
Tel: 01522 254 735

Advert page 28
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Helping Hands Nurses Agency (HHNA Lincoln) ●

Lincoln
Tel: 07772 741217

Advert page 32
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Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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HFHC Healthcare Ltd

Lincoln

Tel: 01522 246454 **OP D PD LDA MH SI YA****Housing and Support Solutions – Lincoln**

Lincoln

Tel: 01522 683857 **LDA****Kids Lincoln Office**

Lincoln

Tel: 01522 542937 **YA****Laurels, The**

Lincoln

Tel: 01522 532596 **OP PD MH SI YA****LJM – Homecare Lincoln ●**

Lincoln

Tel: 01522 700400 **OP D PD YA****MAK Community Care Lincolnshire**

Lincoln

Tel: 01522 457220 **D PD LDA MH SI YA AD****Minster Court Ltd**

Lincoln

Tel: 01522 521212 **OP PD SI****MSP Case Management Ltd**

Lincoln

Tel: 01673 885683 **OP D PD LDA MH SI YA AD****Namron Care Provider Ltd ●**

Lincoln

Tel: 01522 528820 **OP D LDA YA AD****Presious Healthcare Ltd**

Lincoln

Tel: 01522 262670 **Advert page 35**
OP D PD SI YA**Point Day Service, The**

Lincoln

Tel: 01522 457214 **D PD LDA MH YA****Sagecare (Lincoln)**

Lincoln

Tel: 01522 694927 **OP D PD LDA MH SI YA****Sagecare (Olsen Court)**

Lincoln

Tel: 01522 589856 **OP D PD LDA MH SI YA****St Katherine's Care Ltd ●**

Lincoln

Tel: 01522 437949 **OP D PD LDA MH SI YA****Unique Homecare Services (Lincoln) Ltd ●**

Lincoln

Tel: 01522 700274 **OP D PD MH YA****Witham Valley Care Group – DCA**

Lincoln

Tel: 01522 789354 **LDA****York House**

Lincoln

Tel: 01526 860378 **OP D PD SI****North Kesteven****Forget Me Not Home Care Ltd**

Sleaford

Tel: 01529 240335 **OP D PD SI YA****Prestige Nursing Sleaford**

Sleaford

Tel: 01529 350075 **Advert page 32**
OP D PD LDA MH SI YA AD**South Holland****Action Homecare**

Long Sutton

Tel: 01406 365793 **Advert page 35**
OP D MH**Assent Care and Support Services**

Spalding

Tel: 01406 704441 **OP D PD YA****Aphoenix Care**

Spalding

Tel: 0333 358 0221 **OP D PD MH SI YA****Atlas Care Services Ltd Lincolnshire ●**

Spalding

Tel: 01775 660189 **OP D PD LDA MH SI YA AD**

Direct Personnel Agency Ltd

Spalding

Tel: 01775 630411

OP D PD LDA MH SI YA

Domiciliary Care

Agency East Area

Spalding

Tel: 01406 490616

LDA YA

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Spalding Ltd

Spalding

Tel: 07824 443785

OP D PD SI YA

Libertas HBRS

Spalding

Tel: 01775 888340

OP D PD LDA MH SI YA AD

Lincolnshire Home Care Ltd

Spalding

Tel: 01775 722887

OP D PD LDA YA

Primrose

Spalding

Tel: 01227 454627

LDA YA

Procare Domiciliary

Services Ltd ●

Spalding

Tel: 01775 712270

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Sharon Brinkman

Care Services Ltd

Spalding

Tel: 07746 445519

OP D PD MH YA

Solafide Healthcare Ltd

Spalding

Tel: 07361 421282

OP D LDA MH YA

Southernwood House

Spalding

Tel: 01775 760563

OP D PD YA

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Spalding

Tel: 01406 259832

OP LDA MH SI YA

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Spalding

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- Palliative Care
- Parkinson's Disease
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Ansar Projects

Grantham
Tel: 0300 002 4040

OP LDA YA

Attention 2 Care

Grantham
Tel: 01476 512372

OP D PD YA

Bloomsbury Home Care – Lincolnshire

Bourne
Tel: 01778 218806

OP D PD LDA MH SI YA AD

Blossoming Hearts Care Agency Ltd

Grantham
Tel: 01476 210224

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Bluebird Care (Stamford & Rutland)

Stamford
Tel: 01780 480881

OP D PD LDA SI YA

Camden Society London, The

Grantham
Tel: 0208 485 8177

OP LDA YA

Caring Companions 4 U Ltd

Grantham
Tel: 07452 976226

OP D PD LDA MH SI YA AD

Charisma Services

Grantham
Tel: 07791 238742

OP D PD LDA MH SI YA

Compleat Care (UK) Ltd

Bourne
Tel: 01529 497001

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Eagles Wing Healthcare Solutions Ltd

Grantham
Tel: 07920 881360 OP D PD MH SI YA AD

Evergreen Care Trust Stamford ●

Stamford
Tel: 01780 765900

OP D PD MH SI YA

For You Healthcare Ltd ●

Peterborough
Tel: 01778 219062

OP D PD LDA MH SI YA AD

Greenwood Homecare Grantham ●

Grantham
Tel: 01476 849522

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Helping Hand

Grantham
Tel: 01476 512394

OP D PD LDA MH SI YA

Home Instead Senior Care – Bourne

Bourne
Tel: 01778 243100

OP D PD LDA MH SI YA

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Grantham
Tel: 01476 589456

OP D PD SI YA

LCMB Therahealth Homecare

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Tel: 01778 243110

OP D PD YA

Libertas Stamford & Bourne

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OP D PD MH YA

Lily Mae Homecare Ltd

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Tel: 01778 218157

OP D PD YA

Lincolnshire Domiciliary Care Branch

Grantham
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OP PD LDA MH SI YA

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OP D PD SI YA

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Royal Mencap Society

– Lincolnshire Domiciliary Care Agency

Bourne

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OP D LDA YA

Thera East

Grantham

Tel: 0300 303 1253

OP LDA YA

Thera East Anglia

Grantham

Tel: 0300 303 1281

OP LDA YA

Thera East Midlands ●

Grantham

Tel: 0300 303 1282

OP LDA YA

Thera North

Grantham

Tel: 0300 303 1283

OP LDA YA

Thera South Midlands

Grantham

Tel: 0300 303 1808

OP LDA YA

Thera South West

Grantham

Tel: 0300 303 1254

OP LDA YA

Time4Care Ltd

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Twinic Ltd

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Stamford

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OP D PD MH SI YA



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

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Market Rasen

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OP D PD LDA MH SI YA

Butterflies Care & Support Ltd

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Tel: 07538 742693

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OP PD LDA MH

Coulson the Bungalow

Market Rasen

Tel: 07484 132219

OP D PD LDA MH SI YA AD

CRT - Lincolnshire

Home Care

Gainsborough

Tel: 01522 308143

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Serenity Care Company

Home Care, The

Gainsborough

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OP D PD LDA MH YA

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Gainsborough

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Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority,

voluntary organisations or private companies.

Properties may be available for rent, mixed tenure or to purchase.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation, and extra care housing. The individual, a private landlord, a housing association,

a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 11).

For further information, contact **Lincolnshire County Council's Customer Service Centre** on **01522 782155** or email **csc_socialcare@lincolnshire.gov.uk**

Shared Lives

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families.

Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm

call service. A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities. In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers,

who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact adult social care.

Specific care and support services

Learning disability

If you are living with a learning disability in Lincolnshire, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you.

The council aims to keep people independent in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme – see page 39.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Lincolnshire, starting on page 56. Any learning disability providers are denoted with **LDA**.

For further information, contact Lincolnshire County Council's **Customer Service Centre** on **01522 782155** or email **csc_socialcare@lincolnshire.gov.uk**

Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have issues with their mental health and there's help and advice available in Lincolnshire to support you.



Lincolnshire Partnership NHS Foundation Trust

Provide a range of services for older adults with mental health related needs.

Web: **www.lpft.nhs.uk**

Lincolnshire Talking Therapies

You can self-refer without the need to contact your GP or other healthcare professional. If you prefer, you can speak to your GP first and they will refer you.

Web: **www.lincolnshiretalkingtherapies.nhs.uk**

Single Point of Access

The first point of contact for you, if you would like to access mental health services in Lincolnshire.

Tel: **0303 123 4000** • Email: **lincs.spa@nhs.net**

Shine Lincolnshire

Award-winning network of people and organisations involved in mental health. Room 25, Commerce House, Carlton Boulevard, Lincoln LN2 4WJ

Tel: **01522 300206**

Email: **info@shinelincolnshire.com**

Web: **www.lincsshine.co.uk**

Physical disability

If you have a physical disability or a long-term illness, adult social care and other organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range of

services to help you live as independently as possible.

There are also services available to support someone who may be your carer.

Sensory services

The sensory services team can provide information packs, advice and access to services as well as support from a network of national and local agencies for those who are blind or partially sighted or have a degree of sight loss.

The team offers a service to people with a significant sight loss in both eyes that is not correctable with surgery or glasses. If your sight loss is not as severe as this, the team can give you advice about appropriate support available from other organisations.

If you care for someone with a sensory need, the

sensory services team can carry out an assessment of your needs as a carer to help you to continue to support them. For more information or to make a referral, use the following contact details.

Lincolnshire Sensory Services

Wellingore Hall, Hall Street, Wellingore,
Lincoln LN5 0HX

Tel: **0333 320 2667**

Text: **07710 155104**

Email:

contact@lincolnshiresensoryservices.org.uk

Web: **www.lincolnshiresensoryservices.org.uk**

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your

views and make your own decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them. For all enquiries, contact VoiceAbility Lincolnshire.

Tel: **0300 303 1660**

Email: **helpline@voiceability.org**

Web: **www.voiceability.org/support-and-help/services-by-location/lincolnshire**

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like.

Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of

life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at **www.hospiceuk.org** (search 'How to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or the National Society of

Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See page 81 for details of organisations that may be able to help you plan for the end of your life or your funeral.

Search for care in your area

www.carechoices.co.uk



- Find care providers quickly and easily
- Search by location and care need

 CareChoices



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

 hello@myfamilyourneeds.co.uk

 @WeAreMFON

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Your care matters

with Barchester

**Everyone deserves uncompromising care.
That's the passionate belief of the experts
in our care homes.**

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

**These are the things that mean the most.
And because they matter to you, they matter to us.**



BARCHESTER
in Lincolnshire

**[barchester.com/](http://barchester.com/Lincolnshire)
Lincolnshire**

Call to arrange a visit or to find out how we can help:

Braeburn Lodge
Braeburn Road,
Deeping St James, PE6 8GP
01778 752 527

The Cedars
Church Walk,
Bourne, PE10 9UQ
01778 752 591

Newton House
148 Barrowby Road,
Grantham, NG31 8AF
01476 452 380

Tennyson Wharf
Park Lane,
Lincoln, LN1 2ZD
01522 844 151

Wood Grange
Westminster Lane,
Bourne, PE10 9TU
01778 752 570

Residential care • Nursing care • Dementia care • Respite care and short breaks
Hair & beauty salon • En-suite bedrooms • Landscaped gardens • Café

Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC).

The CQC inspects every care home and home care

agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)

If you need someone to look after you 24 hours a day, but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 16 for more on assessments.

Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need.

This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £219.71 per week. This figure may change over the lifetime of this Directory – check with adult social care.

For help with finding care homes and care homes with nursing in your area, visit www.carechoices.co.uk

Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision. Ensure you speak to any potential providers about the activities they provide in their care home.



Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

- What is the minimum number of staff that are available at any time? ☐ ☐ ☐
- Are staff respectful, friendly and polite? ☐ ☐ ☐
- Do staff have formal training? ☐ ☐ ☐
- Are the staff engaging with residents? ☐ ☐ ☐

Activities

- Can you get involved in activities you enjoy? ☐ ☐ ☐
- Is there an activities co-ordinator? ☐ ☐ ☐
- Does the home organise any outings? ☐ ☐ ☐
- Are residents escorted to appointments? ☐ ☐ ☐
- Do the residents seem entertained? ☐ ☐ ☐
- Does the home have a varied activities schedule? ☐ ☐ ☐

Life in the home

- Is the home adapted to suit your needs? ☐ ☐ ☐
- Can you bring your own furniture? ☐ ☐ ☐
- Are there enough plug sockets in the rooms? ☐ ☐ ☐
- Are there restrictions on going out? ☐ ☐ ☐
- Is there public transport nearby? ☐ ☐ ☐
- Does the home provide any transport? ☐ ☐ ☐
- Can you make/receive calls privately? ☐ ☐ ☐
- Can you decide when to get up and go to bed? ☐ ☐ ☐
- Does the home allow pets? ☐ ☐ ☐
- Does the home use Digital Care Planning accessible to families? ☐ ☐ ☐

Personal preferences

- Is the home too hot/cold? Can you control the heating in your room? ☐ ☐ ☐
- Is the décor to your taste? ☐ ☐ ☐
- Are there restricted visiting hours? ☐ ☐ ☐
- Is there somewhere you can go to be alone? ☐ ☐ ☐
- Does the home feel welcoming? ☐ ☐ ☐

Catering

- Can the home cater for any dietary requirements you may have? ☐ ☐ ☐
- Does the menu change regularly? ☐ ☐ ☐
- Can you eat when you like, even at night? ☐ ☐ ☐
- Can you have food in your room? ☐ ☐ ☐
- Is there a choice of food at mealtimes? ☐ ☐ ☐
- Is alcohol available/allowed if you want it? ☐ ☐ ☐
- Can visitors join you for meals? ☐ ☐ ☐

Fees

- Do your fees cover all of the services and activities? ☐ ☐ ☐
- Are fees likely to change regularly? ☐ ☐ ☐
- Is the notice period for cancellation of the contract reasonable? ☐ ☐ ☐
- Could you have a trial period? ☐ ☐ ☐
- Can you keep your room if you go into hospital? ☐ ☐ ☐
- Can you handle your own money? ☐ ☐ ☐

*See page 53.

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 46. You can download and print this checklist at www.carechoices.co.uk/checklists

Design

Are there clear signs throughout the home? ☐ ☐ ☐

Has the home been designed or adapted for people with dementia? ☐ ☐ ☐

Are the home and grounds secure? ☐ ☐ ☐

Are there prompts outside the residents' rooms to help people identify their own? ☐ ☐ ☐

Is the décor familiar to your loved one? ☐ ☐ ☐

Choices

Do residents get a choice in terms of what they wear each day? ☐ ☐ ☐

Are residents encouraged to be independent? ☐ ☐ ☐

Can residents decide what to do each day? ☐ ☐ ☐

Can residents have a say in the décor of their room? ☐ ☐ ☐

Activities

Are residents able to join in with household tasks like folding washing? ☐ ☐ ☐

Are there activities on each day? ☐ ☐ ☐

Can residents walk around outside on their own? ☐ ☐ ☐

Are residents sitting in front of the TV or are they active and engaged? ☐ ☐ ☐

Are there rummage boxes around? ☐ ☐ ☐

Health

Can residents get help with eating and drinking? ☐ ☐ ☐

How often does the home review residents' medication? ☐ ☐ ☐

Does the home offer help if a resident needs assistance taking medication? ☐ ☐ ☐

Do GPs visit the home regularly? ☐ ☐ ☐

Staff

Are staff trained to identify when a resident might be unwell? ☐ ☐ ☐

Are staff trained to spot when someone needs to go to the toilet? ☐ ☐ ☐

Do the staff have any dementia-specific training/experience? ☐ ☐ ☐

Will your loved one have a member of staff specifically responsible for their care? ☐ ☐ ☐

Approach to care

Does the home follow a specific approach to dementia therapy, for example, validation therapy? ☐ ☐ ☐

Will the home keep you informed about changes to your loved one's care? ☐ ☐ ☐

Does the home have a specific approach to end of life care? ☐ ☐ ☐

Does the home keep up to date with best practice in dementia care? ☐ ☐ ☐

*See page 53.

Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 51 and 41 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and the staff.

Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 47.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment.

Plenty of natural light and an easy way of finding one's way around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia.

Ask about the Dementia Friends Ambassador and, if the home does not have a specific dementia lead, ask whether staff members have the necessary experience to support someone to live well with dementia.

Paying for care

When a local authority provides or arranges your services, you may be asked to contribute towards

the cost of care at home or in a care home, depending on your personal circumstances.

Financial assessment

To determine whether or not you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income.

Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances.

It is not included if you are receiving care in your own home. If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support.

If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings of between

£14,250 and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and a sliding scale operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council, and you may be able to get some support with funding your care – see page 50. These figures may change

during the lifetime of this Directory.

If you are eligible for support from the council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs.

If the home you choose charges a fee in excess of the local authority's funding limit, you will need to find someone else to meet the additional amount. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 50).

Running out of money

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will make a contribution.

If you become eligible for the council's support with funding your care, and the home you are living in charges more than the council's fee levels, you must find someone to help pay the difference. This is known as a 'top-up' or 'third party payment'

– see page 50 for more information. If funds for a top-up are not available, you will need to find accommodation that can meet your needs at the local authority fee level.

Understanding your rights before moving into care is essential. There are several financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 51 for more information.

Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

Benefits

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits.

You cannot usually get Attendance Allowance if you live in a care home and your care is paid for by your local authority. You can still claim Attendance Allowance if you pay for all your care home costs yourself.

If you are entitled to the mobility component of the Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment.

You may also want to consider applying for Universal

Credit (if you are under State Pension age) or Pension Credit (if you are over State Pension age). Check at www.gov.uk/state-pension-age

NHS Continuing Healthcare

Fully funded care and support provided and paid for by the NHS. To be eligible, your needs must be primarily health related and are likely to be severe. If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home. The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.



Self-funding your care

Paying for care can be an expensive and long-term commitment, so the council strongly recommends that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers – see page 51 for suggested contacts.

Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

Deferred Payment Agreements

After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement.

This allows you to delay selling your former home during your lifetime.

Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme, which covers all legal and administrative costs for the lifetime of the loan. The council may limit the amount of the loan, depending on the equity in your property.

NHS Nursing Care Contribution

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.

Third party payments

If you are eligible for the council's support, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'.

You are not allowed to make this additional payment yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your top-up, they should be aware that the amount may increase, usually once a year, and they need to be confident that they can sustain the payments for as long as they are required. They will need to sign a contract with the council to confirm that they are able to do this.

If the additional payments stop being paid for any reason, then you should seek help and advice from your council. You may have to move to a cheaper home within the local authority's funding levels.

If you are already resident in a care home, and no top-up was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority.

This may happen if a change to your arrangements is made at your request or with your agreement, for example, if you move to a more expensive room. It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, a top-up should not be charged.



Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market. A list of independent financial advisers who are accredited by the Society of Later Life Advisers can be found at

www.societyoflaterlifeadvisers.co.uk or you can call **0333 202 0454**.

There are also several organisations that will provide free advice about funding care and support. These are a good place to start if you are looking for information and want to see what your options are.

Age UK

Tel: **0800 678 1602**

Web: **www.ageuk.org.uk/moneymatters**

Citizens Advice

Tel: **0800 144 8848**

Web: **www.citizensadvice.org.uk**

Money Helper

Tel: **0800 138 7777**

Web: **www.moneyhelper.org.uk**

Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be emailed to you.

The results can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 53), indicating the quality of care provided. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Visit **www.carechoices.co.uk**

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and

consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so.

The Court of Protection can issue Orders directing the management of a person's property and

financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit **www.citizensadvice.org.uk**

Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive, whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it.

However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made. Visit **www.lincolnshire.gov.uk/comments-feedback/make-complaint** for information about how to complain about council services.

If you have a complaint about a breach of

regulations, contact your local office of the Care Quality Commission (see page 53 for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to complain to your social worker/care manager or the department's designated complaints manager.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on **0300 061 0614** and ask them to assist you.

The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service, and its job is to investigate complaints in a fair and independent way.



Inspecting and regulating care services



Health and social care services must be registered to show

that they meet a set of standards. The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (www.cqc.org.uk). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information

to see where it should inspect next and what to look out for when it does. If you want to share your experience of care, visit www.cqc.org.uk/share

CQC assurance

A new CQC assurance process for adult social care functions is being launched. The CQC will visit local authorities to assess their processes. Local authorities in England could be visited any time from April 2023 to assess how they are making a difference to people's lives.

The CQC assessment

A key part of the updated CQC assessment is how local authorities place people's experiences at the heart of their decisions, and they should expect to be assessed across the following themes:

- working with people;
- providing support;
- ensuring safety; and
- leadership.

For more information, visit

www.cqc.org.uk/local-systems/local-authorities

Tel: **0300 061 6161**

Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk

Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA

Out-of-county care

You can choose a care home outside of your home county. You may want to be closer to friends and family members, or you may want to relocate to another part of the country.

If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be suitable for your assessed needs and comply with the paying authority's terms and conditions. You should seek further advice before making your decision.

For help finding care providers in Lincolnshire and in other regions, visit www.carechoices.co.uk with details of your requirements.



Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person's quality of life, to causing actual physical suffering.

It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, contact the Customer Service Centre on **01522 782155** (Monday to Friday, 8.00am to 6.00pm).

Outside of this time, you can contact the Emergency Duty Team on **01522 782333**. Your concerns will be taken seriously and will receive prompt attention, advice and support.

If the abuse is also a crime such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused. If the police are involved, adult social care will work with them to support you.

If you are worried about contacting the police, you can contact adult social care on **01522 782155** to talk things over first. If immediate action is needed, dial **999**.

You can also:

- contact the Care Quality Commission (CQC) on **0300 061 6161** if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work, or currently working with children and vulnerable adults. This service combines the criminal records checking and barring functions. For disclosure information and services, visit **www.gov.uk/dbs**

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed, or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk •  [@WeAreMFON](https://twitter.com/WeAreMFON)

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

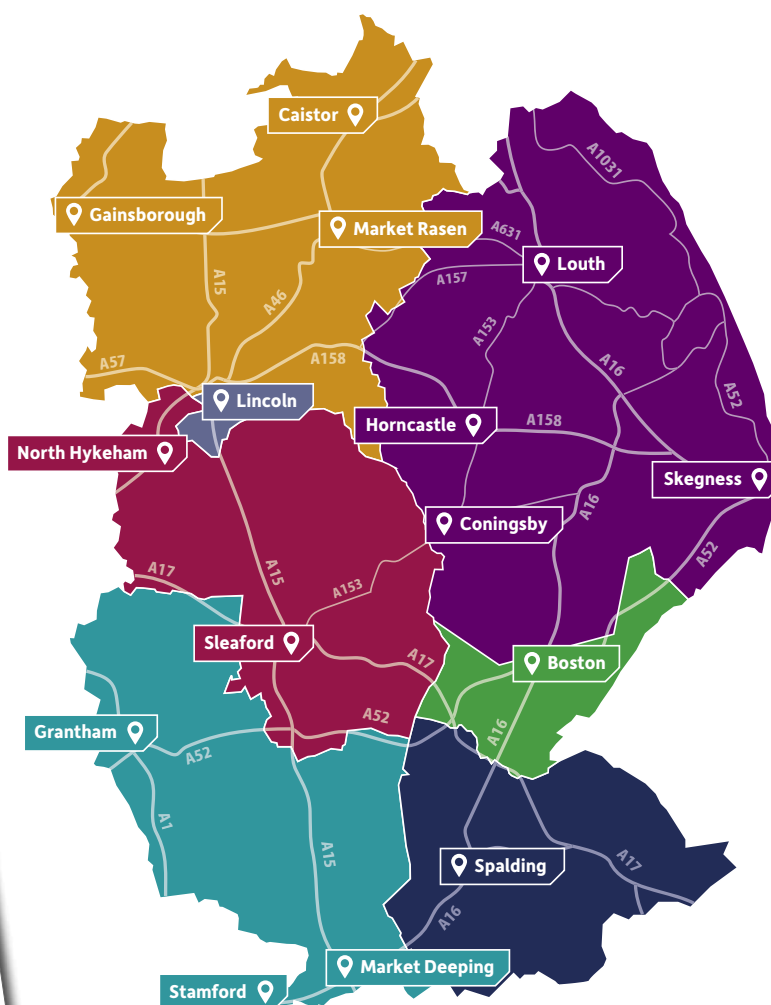
Join the family

Residential care in Lincolnshire

This Directory is divided into the geographical areas listed on this map.

Home care providers begin on page 31.

Boston	57
East Lindsey	59
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West Lindsey	74



Louth



Stamford

FRAMPTON HOUSE

Care for the elderly

- Frampton House Residential Care Home ————— Exceptional Care & Compassion ●



Frampton House is a residential care home, specialising in the care of older people, located in Frampton – a lovely village close to Boston in Lincolnshire. The home is situated in a central location, close to all local amenities.

We understand that choosing the right care home is a big decision and one that should be made with assistance from relatives and loved ones. We encourage prospective residents and family members to assist in visits to ensure they feel comfortable in our home.

At Frampton House we are committed to providing the highest standard of care. The dignity of our residents is a priority to us, the care we administer is always performed with respect, compassion and understanding.



Call us on: 01205 724 216
Email: framptonhousecare@gmail.com
Website: framptonhousecare.co.uk

Boston

Boston care homes

Ashridge

14 Tower Road,
Boston PE21 9AD
Tel: 01205 366922

OP LDA YA

Avocet House Care Home ●

Parkes Lane, Boston PE21 7NT
Tel: 01205 336897

OP D PD LDA MH SI YA

Frampton House Residential Care Home ●

West End Road, Frampton,
Boston PE20 1BT

Tel: 01205 724216 **Advert page 56**

OP D

Gardens Residential Home, The

88 Sleaford Road, Boston PE21 8EY
Tel: 01205 359797

OP D

Haven, The ●

White House Lane, Boston PE21 0BE
Tel: 01205 345005

OP

Manor Gate Care Home ●

190 Causeway, Wyberton, Boston PE21 7BS
Tel: 01205 366260

OP D

Minstrels Residential Home, The

Main Road, Wrangle, Boston PE22 9AJ
Tel: 01205 870910

OP D

Pickworth House

85 Norfolk Street, Boston PE21 6PE
Tel: 01205 356309

LDA MH YA

Ralphland Care Home

Ralphs Lane, Frampton West, Boston PE20 1QU
Tel: 01205 722332

OP D PD MH SI YA

Skirbeck Court (OSJCT) ●

55a Spilsby Road, Boston PE21 9NU
Tel: 01205 361444

OP

Vauxhall Court Care Home ●

Vauxhall House, Freiston Road,
Boston PE21 0JW
Tel: 01205 354911

OP D MH

White Gables Care Home ●

21 Willington Road, Kirton,
Boston PE20 1EP
Tel: 01205 723874

OP D PD SI YA

Boston care homes with nursing

Elmwood House Nursing Home ●

88 Sleaford Road, Boston PE21 8EY
Tel: 01205 369235

OP YA

Westfield Nursing Home ●

34 Sleaford Road, Boston PE21 8EU
Tel: 01205 365835

OP D LDA

Georgians (Boston) Ltd, The ●

50 Wide Bargate, Boston PE21 6RY
Tel: 01205 364111

OP D PD MH SI YA

Willoughby Grange Care Home

Willoughby Road, Boston PE21 9EG
Tel: 01205 357836

OP D PD MH YA

Hunters Creek Care Home with Nursing ●

130-134 London Road, Boston PE21 7HB
Tel: 01205 358034

OP D PD MH SI YA

Woodlands Court Care Home

Boston Road, Kirton, Boston PE20 1DS
Tel: 01205 723355

OP D YA

Meadows Edge Care Home Ltd ●

Wyberton West Road, Wyberton,
Boston PE21 7JU
Tel: 01205 353271

OP D YA



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted



**Built to last,
Made to care**

**Bramhall Residential Home is a beautiful
38 bedded home which is in peaceful
surroundings with picturesque gardens.**

Bramhall has been run by the owner's The Mercer Family since 1998. The Mercer's pride themselves on having a fully established well run home, with long standing staff, whose priority is the care for their residents.

We have light and spacious rooms with profiling beds where most have their own en-suite facilities for privacy, they have patio doors opening onto a landscaped garden with seating areas.

We offer nutritious and well balanced home cooked meals, with a daily choice of menu.

We also provide activities for our residents 7 days a week, with dedicated staff members.

Bramhall promotes a home from home environment, where our residents are classed as our extended family.

We pride ourselves on offering the following:

- **Specialists in Dementia Care with a dedicated wing**
- **Promoters of rehabilitation**
- **Day Care**
- **Respite Care**
- **Short breaks**
- **Convalescence**
- **A Quality of life**
- **CCTV in communal areas for the safety and security of our Residents**



Welcome to visit anytime. No appointment needed.

For enquiries call **01526 342632** or email **manager@mercercare.co.uk**

1 Butt Lane | Tattershall | Lincolnshire | LN4 4NL

www.mercercare.co.uk



East Lindsey

Horncastle care homes

See page 60 for the **Service User Bands** key

Bramhall ●

1 Butt Lane, Tattershall, Lincoln LN4 4NL
Tel: 01526 342632 **Advert page 58**

OP D

Cherry Tree House

Collum Avenue, Ashby,
Scunthorpe DN16 2TF
Tel: 01724 867879

OP D PD YA

Clarence House and The Granary

53 West Street, Horncastle LN9 5JE
Tel: 01507 524466

LDA YA

Glenholme Thimbleby Court

Thimbleby Road, Horncastle LN9 5RA
Tel: 01507 309999 **Advert page 70**

OP D PD YA

Edmund House

98-108 Everest Road, Ashby, Scunthorpe DN16 3EE
Tel: 01724 844495

OP D

Edmund House

98-108 Everest Road, Ashby, Scunthorpe DN16 3EE
Tel: 01724 844495

OP D

Grove Residential Care Home, The

Main Street, West Ashby, Horncastle LN9 5PT
Tel: 01507 522507

OP D SI

Heatherlea House Residential Care Home

109 Tor-O-Moor Road, Woodhall Spa LN10 6SD
Tel: 01526 353394

OP D YA

Netherlands

Spilsby Road, Horncastle LN9 6AL
Tel: 01507 522009

OP LDA YA

Nightingale House Care Centre

Main Road, Bucknall,
Lincoln LN10 5DT
Tel: 01526 388261

Advert inside front cover

OP D PD YA

Old Rectory, The

Main Road, Stickney, Near Boston PE22 8AY
Tel: 01205 480885

OP D PD

Pilgrimage Short Stay Recovery Unit

47 Punchbowl Lane, Boston PE21 8HU
Tel: 01205 612296

OP YA

Russell Green Care Home

11 Stanhope Avenue,
Woodhall Spa LN10 6SP
Tel: 01526 352879

OP D PD

Toray Pines Care Home ●

School Lane, Coningsby LN4 4SJ
Tel: 01526 344361

OP D PD MH SI YA

Westerley Residential Care Home for the Elderly – Woodhall Spa ●

Westerley, The Broadway,
Woodhall Spa LN10 6SQ
Tel: 01526 352231

OP

Horncastle care homes with nursing

South Wold Nursing Home ●

South Road, Tetford, Horncastle LN9 6QB
Tel: 01507 533393

OP D

Tanglewood Care Home ●

36 Louth Road, Horncastle LN9 5EN
Tel: 01507 527265

OP D PD MH SI YA

Louth care homes

Alderson House

Saltfleet Road, Theddlethorpe,
Mablethorpe LN12 1PH
Tel: 01507 338584

MH YA

Ashtree House ●

Church Lane, Withern, Alford LN13 ONG
Tel: 01507 450373 **Advert adjacent**

OP D



Ashtree House provides a homely environment in which the elderly with varying forms of dementia are cared for and enabled to maximize their capacity to enjoy life.

We provide:

- Day Care
- A Permanent Home
- Bookable Respite Care



Ashtree House

Church Lane, Withern
Alford, Lincs LN13 ONG
T: 01507 450 373

E: enquiries@ashtree-house.co.uk
Website: www.ashtree-house.co.uk

Louth care homes continued

Beeches, The

28 South Street, Louth LN11 9JT
Tel: 01507 603862

OP

Beech Lodge – Mablethorpe ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479781

LDA

Boulevard House

1 The Boulevard, Mablethorpe LN12 2AD
Tel: 01507 473228

LDA YA

Chimneys Care Home, The ●

1 Station Road, Alford LN13 9HY
Tel: 01507 462789

OP

Doulton Court Care Home

Alford Road, Sutton-on-Sea LN12 2HF
Tel: 01507 441026

OP D PD YA

Fir Close

2 Westgate, Louth LN11 9YH
Tel: 01507 603882

OP D

Fotherby House ●

Louth Road, Fotherby,
Louth LN11 0UG
Tel: 01507 607237

OP D

Fountains Care Centre, The

Church Lane, Tetney,
Grimsby DN36 5JX
Tel: 01472 210456

Advert inside front cover

OP D PD

Gables, The ●

Willoughby Road, Cumberworth,
Alford LN13 9LF
Tel: 01507 490171

OP D LDA SI YA

Link House

Main Road, Withern LN13 ONB
Tel: 01507 450403

LDA YA

Livingstone Court ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479333

LDA

Louth Manor Care Home

Legbourne Road, Louth LN11 8ER
Tel: 01507 203203

OP D PD SI YA

Madeira House

129-131 High Holme Road, Louth LN11 OHD
Tel: 01507 607452

OP D PD SI

Meadows Park Care Home ●

Daisy Way, Louth LN11 OFS
Tel: 01507 304344

OP D PD MH SI YA

Newhaven Residential Home ●

Mumby Road, Huttoft, Alford LN13 9RF
Tel: 01507 490294

OP LDA YA

Oak Lodge ●

Stanley Avenue, Mablethorpe LN12 1DP
Tel: 01507 479782

LDA

Orchard House Care Home

Grosvenor Road, Mablethorpe LN12 1EL
Tel: 01507 472203

OP D PD YA

Riverside ●

Ramsgate Road, Louth LN11 ONJ
Tel: 01507 608311

LDA

Rowans, The

266 Eastgate, Louth LN11 8DJ
Tel: 01507 608081

PD LDA YA

Sandpiper Care Home ●

16 South Street, Alford LN13 9AQ
Tel: 01507 462112

OP D PD MH SI YA

Seaton House ●

153 Eastgate, Louth LN11 9AJ
Tel: 01507 611071

LDA

Sense – 25 Old Mill Park

Louth LN11 ONY
Tel: 01507 608052

OP LDA SI YA

Sense – 54 Monks Dyke Road ●

Louth LN11 9AN
Tel: 01507 609332

PD LDA SI

Sense – 56 Monks Dyke Road

Louth LN11 9AN
Tel: 01507 610877

LDA SI

Summerfield Rest Home

10-12 Park Road East, Sutton-on-Sea,
Mablethorpe LN12 2NL
Tel: 01507 441969

OP D

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Louth care homes continued

Swallowdale ●

5 Bilsby Road, Alford LN13 9EW
Tel: 01507 463833

LDA

Waverley

164 High Street, Mablethorpe LN12 1EJ
Tel: 01507 473071

OP LDA

Sycamores, The ●

45 South Street, Alford LN13 9AN
Tel: 01507 463225

LDA

Willoughby House

Willoughby Road,
Sutton-on-Sea LN12 2NF
Tel: 01507 442555

LDA YA

Victoria House Residential Home

31 Station Road,
Alford LN13 9JB
Tel: 01507 463292

OP D PD

Wyngate Residential Care Home ●

Alford Road, Mablethorpe LN12 1PX
Tel: 01507 477531

OP D PD

Louth care homes with nursing

Apex Care Centre ●

Ruskin Road, Mablethorpe LN12 1BP
Tel: 01507 478856

OP D PD

Doulton Court Care Home

Alford Road,
Sutton-on-Sea LN12 2HF
Tel: 01507 623809

OP D PD YA

Elms Care Home, The

Elm Drive, Louth LN11 0DE
Tel: 01507 350100

OP D PD SI

Miramar Nursing Home ●

20 Trusthorpe Road, Sutton-on-Sea,
Mablethorpe LN12 2LT
Tel: 01507 442484 **Advert below right**

D LDA MH

Stewton House ●

28 Stewton Lane, Louth LN11 8RZ
Tel: 01507 602961

OP PD SI

Wolds Care Centre, The

North Holme Road, Louth LN11 0JF
Tel: 01507 602360

OP D PD MH SI YA



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For parents and carers of children with additional needs and those who support them.

Miramar Nursing Home

Nursing Care for Adults 30+ years, specialising Mental Health | Learning Disabilities

A range of conditions including:

- Schizophrenia • Anxiety and Depression • Bipolar
- Dissociative Disorders • Personality Disorders
- Autism • Aspergers • Down's Syndrome • Williams Syndrome

Dementia Care including:

- Vascular • Frontal Lobe • Alcohol & Drug Related
- Palliative Care • End of Life Care

Call for an informal discussion about your needs

01507 442 484 / 20 Trusthorpe Road, Sutton On Sea, LN12 2LT

Inspected and rated **Good** by Care Quality Commission

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

Skegness care homes

Ashby Court

1-6 Ashby Road, Spilsby PE23 5DR
Tel: 01790 753432

LDA YA

Aspen Lodge Care Home ●

Yarborough Road,
Skegness PE25 2NX
Tel: 01754 610320

OP D PD MH YA

Bumblebee Lodge

6 Hundleby Road, Hundleby, Spilsby PE23 5LP
Tel: 01754 811002

LDA YA

Byron House

104 Drummond Road, Seacroft, Skegness PE25 3EH
Tel: 01754 768909

MH YA

Desboro House ●

Toynton All Saints, Spilsby PE23 5AE
Tel: 01790 753049

LDA

Dunsford ●

24a Partney Road, Spilsby PE23 5EH
Tel: 01790 753106

LDA

Eresby Hall (OSJCT) ●

Ancaster Avenue, Spilsby PE23 5HT
Tel: 01790 752495

OP D

Keal View ●

Toynton All Saints, Spilsby PE23 5AE
Tel: 01790 754926

PD LDA YA

Manor Care Centre

Fen Road, East Kirkby,
Spilsby PE23 4DB
Tel: 01790 763381

Advert inside front cover

OP D MH

Meadows Court Care Home ●

West End, Hogsthorpe, Skegness PE24 5PA
Tel: 01754 872302

OP D PD MH YA

Melody Lodge ●

West Keal Hall, Hall Lane, West Keal, Spilsby PE23 4BJ
Tel: 01790 752700

LDA

Noss Mayo Residential Home ●

2 High Street, Burgh Le Marsh, Skegness PE24 5DY
Tel: 01754 810729

OP D YA

Old Hall Residential Care Home, The ●

Northorpe Road, Halton Hologate, Spilsby PE23 5NZ
Tel: 01790 753503

OP D PD

Orby House

Gunby Road, Orby PE23 5SW
Tel: 01754 811354

LDA YA

Palms, The ●

147 Drummond Road, Skegness PE25 3BT
Tel: 01754 768067

PD LDA MH

Phoenix Care Centre ●

Ancaster Avenue, Chapel St Leonards,
Skegness PE24 5SN
Tel: 01754 872645

OP D

Rayleigh House ●

17 Derby Avenue, Skegness PE25 3DH
Tel: 01754 764382

OP D

Rosslyn ●

41 Alghitha Road, Skegness PE25 2AJ
Tel: 01754 767106

LDA YA

Sandbeck House Residential Home ●

77-81 Sandbeck House, Skegness PE25 3JX
Tel: 01754 766585

OP D

Scremby Grange ●

Scremby, Near Spilsby PE23 5RW
Tel: 01754 890521

LDA

Seathorne Court Residential Home

Winthorpe Avenue, Winthorpe,
Skegness PE25 1RW
Tel: 01754 765225

OP

Spencers Lodge ●

Toynton All Saints, Spilsby PE23 5AE
Tel: 01790 752499

LDA

St Andrews Drive

87 St Andrews Drive, Skegness PE25 1DL
Tel: 01754 898858

PD LDA SI YA

Syne Hills Care Home Ltd ●

Syne Avenue, Skegness PE25 3DJ
Tel: 01754 764329

OP D LDA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted

Skegness care homes continued

Vale View ●

Toynnton All Saints, Spilsby PE23 5AE
Tel: 01790 755504

LDA YA

Welham House

Hundleby Road, Spilsby PE23 5LP
Tel: 01790 752989

LDA YA

Wainfleet Care Home

Rumbold Lane, Wainfleet,
Skegness PE24 4DS
Tel: 01754 881849

Advert inside front cover

OP D PD MH YA

Westcotes ●

70 South Parade,
Skegness PE25 3HP
Tel: 01754 610616

OP D

Skegness care homes with nursing

Aspen Lodge Care Home ●

Yarborough Road, Skegness PE25 2NX
Tel: 01754 610320

OP D PD MH YA

Seacroft Court Nursing Home

Seacroft Esplanade, Skegness PE25 3BE
Tel: 01754 610372

OP D



Search for care in your area

www.carechoices.co.uk

Q

With so many providers to choose from,
where do you start?

CareChoices

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

Brantley Manor

Brantley Manor is conveniently located close to the centre of the historic cathedral city of Lincoln, it is a well-established home providing high quality short and long term care.

- Respite Care
- Day Care
- Residential Care
- Highly Skilled Staff
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- Afternoon Teas
- Quiz Mornings
- Move it Mondays



Address: Brantley Manor Care Home, Brant Road, Lincoln, Lincolnshire, LN5 8RX

Telephone: 01522 543866

Web: www.pearlcare.co.uk

Email: brantleymanor@pearlcare.co.uk



The lifestyle site for parents and carers of children with additional needs and those who support them.



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BH BERNADETTE HOUSE



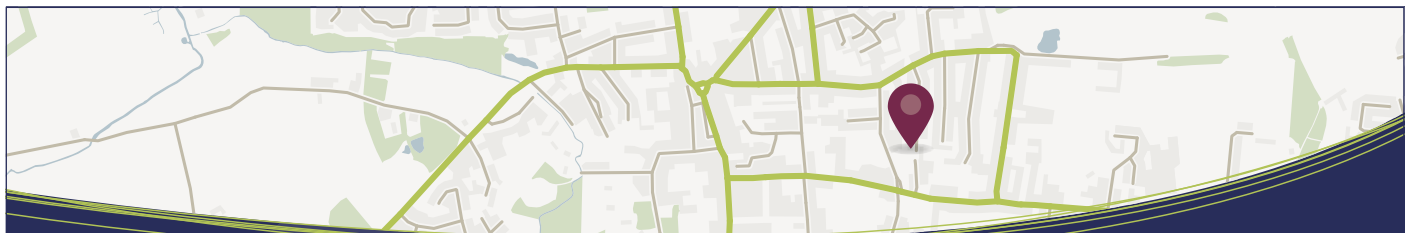
Residential Care • Home Care • Day Care

☎ 01522 521926

🌐 bernadettehouse.co.uk

Have you considered all housing options? See the information beginning on page 39.

See page 47 for a residential dementia care checklist.



Search for care in your area

www.carechoices.co.uk



With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Lincoln care homes

Ashley Court ●

Boundary Street, Lincoln LN5 8PQ
Tel: 01522 539247

OP PD YA

Bernadette House ●

The Old Vicarage, South Park, Lincoln LN5 8EW
Tel: 01522 521926 **Advert page 64**

OP D PD SI YA

Boultham Park House (OSJCT) ●

Rookery Lane, Lincoln LN6 7PH
Tel: 01522 681500

OP D

Brantley Manor Care Home ●

Brant Road, Lincoln LN5 8RX
Tel: 01522 543866 **Advert page 64**

OP D

Canwick Court Care Centre ●

78 South Park, Lincoln LN5 8ES
Tel: 01522 544595

OP D

Ermine House (OSJCT) ●

Laughton Way, Ermine Estate, Lincoln LN2 2EX
Tel: 01522 529093

OP

Hartsholme House (OSJCT) ●

Ashby Avenue, Lincoln LN6 OED
Tel: 01522 683583

OP D

Laurels, The

Sheridan Close, Lincoln LN2 4JX
Tel: 01522 532596

OP PD MH SI YA

Lindum Park House Care Home ●

1-2 Lindum Road, Lincoln LN2 1NN
Tel: 01522 545099

MH YA

Monson Retirement Home ●

9-11 Monson Street, Lincoln LN5 7RZ
Tel: 01522 520643

OP D

Redcote House Residential Care Home

Redcote Drive, Lincoln LN6 7HQ
Tel: 01522 500796

OP D YA

Ridgeway Care Centre ●

2-6 The Avenue, Lincoln LN1 1PB
Tel: 01522 530552

OP D

Roman Wharf Nursing Home ●

1 Roman Wharf, Lincoln LN1 1SR
Tel: 01522 524808

OP D PD SI YA

Ruckland Court ●

Ruckland Avenue, Ermine Estate, Lincoln LN1 3TP
Tel: 01522 530217

OP D

Scorer Street, 122

Lincoln LN5 7SX
Tel: 01522 804167

LDA

St Clare's Care Home

Birchwood Avenue, Doddington
Park, Lincoln LN6 OQT
Tel: 01522 684945

OP D PD YA

St Luke's Nursing Home ●

35 Main Street, Scothern,
Lincoln LN2 2UJ
Tel: 01673 862264

OP D PD SI YA

Stones Place

Skellingthorpe Road, Lincoln LN6 OPA
Tel: 01522 684325

OP

Swallow Lodge ●

Fen Lane, North Hykeham, Lincoln LN6 8UZ
Tel: 01522 300430

OP D PD LDA SI YA

Swanholme Court ●

40-64 Ashby Avenue, Lincoln LN6 OED
Tel: 01522 689400

OP D

Tamar House

5 Riseholme Road, Lincoln LN1 3SN
Tel: 01522 524093

LDA YA

Tigh Allene

2a Church Hill, Washingborough,
Lincoln LN4 1EH
Tel: 01522 797947

LDA

West Dean Care Home ●

77-79 Yarborough Road, Lincoln LN1 1HS
Tel: 01522 568248

MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

● Lincolnshire Care Association member - see page 5

Advertisers are highlighted



Hatzfeld care



EAGLE HOUSE

Eagle house residential care home,
Lincoln road, Eagle, LN6 9DL

 **01636 700077**

- ✓ Personality disorder
- ✓ Alcohol related disease
- ✓ Depression
- ✓ Aspergers and Autism
- ✓ Bipolar
- ✓ Schizophrenia
- ✓ Challenging behaviour
- ✓ Learning disability
- ✓ Challenging behaviour
- ✓ Obsessive compulsive disorder and eating disorders

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Lincoln care homes with nursing

Altham Court Care Home

Altham Terrace, Lincoln LN6 7SP
Tel: 01522 511373

OP PD YA

Bunkers Hill Care Home ●

1 Ross Close, off Carlton Boulevard,
Lincoln LN2 4WQ
Tel: 01522 575139

OP D PD MH YA

Cathedral Care Centre ●

23 Nettleham Road, Lincoln LN2 1RQ
Tel: 01522 526715

OP D YA

Cherry Tree Lodge Nursing Home

133 Macaulay Drive, Lincoln LN2 4ET
Tel: 01522 545580

OP LDA YA

Eastholme Care Home

74-75 South Park, Lincoln LN5 8ES
Tel: 01522 521956

OP D PD

Eccleshare Court ●

1-39 Ashby Avenue, Lincoln LN6 0ED
Tel: 01522 695458

OP D YA

Grosvenor Hall Care Home ●

Newark Road, Lincoln LN5 8QJ
Tel: 01522 528870

OP D PD

Homer Lodge Care Centre

23-26 Monson Street, Lincoln LN5 7RZ
Tel: 01522 530108 **Advert inside front cover**

OP

Tanglewood Cloverleaf ●

Long Leys Road, Lincoln LN1 1EW
Tel: 01522 440510

OP D PD MH SI YA

White Gables Care Home

Lincoln Road, Skellingthorpe,
Lincoln, LN6 5SA
Tel: 01522 693790

OP D YA

North Kesteven

North Hykeham care homes

An Caladh House

4 Church Hill, Washingborough, Lincoln LN4 1EH
Tel: 01522 790110

LDA YA

An Darach House

22 School Lane, North Scarle LN6 9EY
Tel: 01522 778851

LDA YA

Beckfield House Residential Home ●

Station Road, Heighington,
Lincoln LN4 1QJ
Tel: 01522 790314

OP D

Broughton House and College

12 High Street, Brant Broughton,
Lincoln LN5 0SL
Tel: 01400 272929

OP LDA YA

Canwick House Care Home ●

Hall Drive, Canwick, Lincoln LN4 2RG
Tel: 01522 522275

OP D PD MH SI

Cottage Residential Home, The

Nocton Hall, Nocton, Lincoln LN4 2BA
Tel: 01526 320887

OP D PD

Eagle House Residential Care Home ●

Lincoln Road, Eagle, Lincoln LN6 9DL
Tel: 01636 700077 **Advert page 66**

OP D MH YA

Grove Care Centre, The ●

14 Church Road, Skellingthorpe,
Lincoln LN6 5UW
Tel: 01522 500710

OP D PD

Haven Care Home, The

19 Lincoln Road, Metherringham,
Lincoln LN4 3EF
Tel: 01526 322051

OP D

Heathcotes The Gables

54-6 Newark Road, North Hykeham, Lincoln LN6 9NG
Tel: 01522 697162

PD LDA MH SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

North Hykeham care homes continued

Holmleigh Care Home

Lincoln Road, Navenby, Lincoln LN5 0LA
Tel: 01522 810298

OP

Neale Court ●

Neale Road, North Hykeham, Lincoln LN6 9UA
Tel: 01522 682201

OP D

St Michaels

High Street, Waddington, Lincoln LN5 9RF
Tel: 01522 723292

OP D

Tigh Coilean

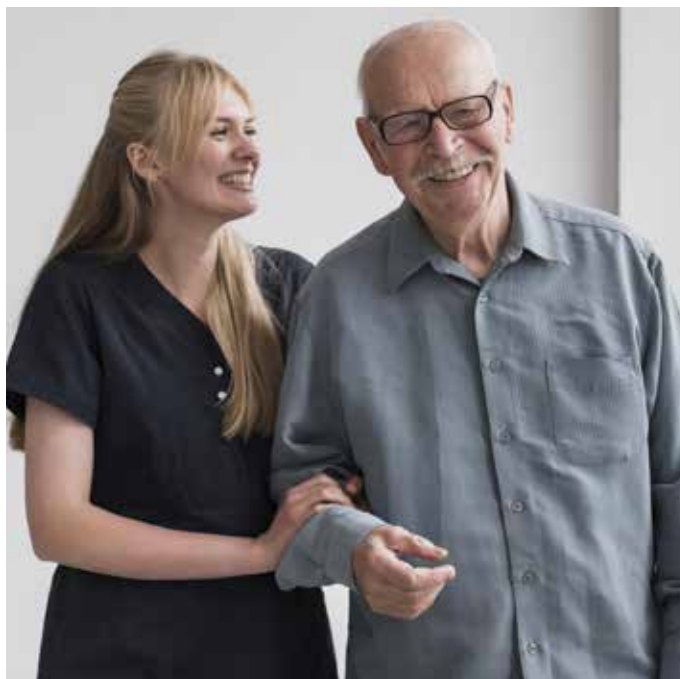
5 Thorpe Lane, South Hykeham, Lincoln LN6 9NW
Tel: 01522 690525

LDA YA

Welbourn Manor Care Centre ●

High Street, Welbourn, Lincoln LN5 0NH
Tel: 01400 272221

OP D LDA



North Hykeham care homes with nursing

Bassingham Care Centre

2 Lincoln Road, Bassingham, Lincoln LN5 9HE
Tel: 01522 788215

OP D PD MH YA

White Gables

Lincoln Road, Skellingthorpe, Lincoln LN6 5SA
Tel: 01522 693790

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Middle Street, North Hykeham,
Lincoln LN6 9QX
Tel: 01522 693461

OP

Woodview

127 Lincoln Road, Branston, Lincoln LN4 1NT
Tel: 01522 790604

OP D YA

Chesterfield House

411 Newark Road, North Hykeham,
Lincoln LN6 9SP
Tel: 01522 692607

LDA YA

Courtlands Lodge ●

25 Langley Road, North Hykeham,
Lincoln LN6 9RX
Tel: 01522 693800

MH

St Paul's Care Home ●

High Street, Waddington, Lincoln LN5 9RF
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OP D PD MH SI

Welbourn Hall Nursing Home ●

Hall Lane, Welbourn, Lincoln LN5 0NN
Tel: 01400 272771

OP D



Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

Ashdene Care Home ●

89 Eastgate, Sleaford NG34 7EE
Tel: 01529 304872

Ash Villa

Sleaford
Tel: 01529 488060

Barn, The

Heath Farm, Heath Road,
Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

Byards Keep

Greylees, Sleaford NG34 8XT
Tel: 01529 488931

Cherry Tree Lodge ●

34 Station Road, Ruskington,
Sleaford NG34 9DA
Tel: 01526 830803

Chestnuts Retirement Home ●

Station Road, Ruskington, Sleaford NG34 9DE
Tel: 01526 832174

Cottage, The

Heath Farm, Heath Road,
Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

Croft, The

Heath Farm, Heath Road,
Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

Farmhouse, The

Heath Farm, Heath Road,
Ashby de la Launde, Lincoln LN4 3JD
Tel: 01526 322444

Five Bells Residential Care Home ●

28 Market Place, Folkingham, Sleaford NG34 0SF
Tel: 01529 497412

Greenacres Care Home

71 Cameron Street, Heckington,
Sleaford NG34 9RP
Tel: 01529 460935

Holt, The

Heath Farm, Heath Road, Ashby de la Launde,
Lincoln LN4 3JD
Tel: 01526 322444

Kirk House ●

2 Lincoln Road, Dorrington, Lincoln LN4 3PT
Tel: 01526 833569

Orchard Lodge ●

Kirk House, 2 Lincoln Road, Dorrington,
Lincoln LN4 3PT
Tel: 01526 830805

Paddocks, The

Heath Farm, Heath Road, Ashby de la Launde,
Lincoln LN4 3JD
Tel: 01526 322444

Reeds, The ●

2 Lincoln Road, Dorrington, Lincoln LN4 3PT
Tel: 01526 833612

Roxholm Hall Care Centre ●

Roxholm, Sleaford NG34 8ND
Tel: 01526 832128

Suillean House

77 Sleaford Road, Heckington,
Sleaford NG34 9QP
Tel: 01529 461066

Village Farm

Newark Road, Norton Disney, Lincoln LN6 9JS
Tel: 01522 789354

York House

15 Waterside, Billingham, Lincoln LN4 4BU
Tel: 01526 860378

OP D YA

OP D PD MH

MH

OP LDA YA

LDA

LDA

LDA YA

LDA YA

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Sleaford care homes with nursing

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Skirth Road, Billinghay, Lincoln LN4 4AY
Tel: 01526 860432

OP LDA YA

Glenholme Holdingham Grange ●

Whittle Road, Holdingham, Sleaford NG34 8YU
Tel: 01529 406000 **Advert below**

OP D YA

Martin Hall Nursing Home

High Street, Martin by Timberland,
Lincoln LN4 3QY **Advert inside front cover**
Tel: 01526 378251

OP D PD MH YA AD

Oakdene Care Home ●

4 Eastgate, Sleaford NG34 7DJ
Tel: 01529 415253

OP

St Andrew's Nursing and Care Home

Main Street, Ewerby, Sleaford NG34 9PL
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OP D YA

See the checklist on page 45 for useful suggestions of questions to ask when looking at care homes with nursing.

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Tel: 01733 211429

OP

Brun Lea Care ●

21 Surfleet Road, Pinchbeck, Spalding PE11 3XY
Tel: 01775 680576

OP D

Abbeygate Retirement Home

High Street, Moulton, Spalding PE12 6QB
Tel: 01406 373343

OP

Bungalow Care Home, The ●

156 Park Road, Spalding PE11 1QZ
Tel: 01775 724995

OP D PD

Bancroft Residential Home Ltd, The ●

50 Market Street, Long Sutton, Spalding PE12 9DF
Tel: 01406 362734

OP D

Capricorn Cottage ●

88 Eastgate, Fleet, Holbeach, Spalding PE12 8ND
Tel: 01406 425067

OP D LDA MH YA

Bank House Care Home ●

Gosberton Bank, Gosberton, Spalding PE11 4PB
Tel: 01775 840297

OP D PD

Cedar House

Off Pinchbeck Road, Spalding PE11 1QF
Tel: 01775 761949

OP PD LDA SI YA

Bay Lodge

36 Fen Road, Holbeach PE12 8QA
Tel: 01406 424197

LDA YA

Fenchurch House ●

Spalding Common, Spalding PE11 3AS
Tel: 0843 506 9452

OP D

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Advertisers are highlighted

Spalding care homes continued

Field House

Fleet Hargate, near Holbeach, Spalding PE12 8LL

Tel: 01406 423257

OP D YA

Genesis Residential Home ●

2 Station Street, Donington,

Spalding PE11 4UQ

Tel: 01775 820431

OP D PD MH SI YA

Glenholme Halmer Court

108 Halmer Gate, Spalding PE11 2EL

Tel: 01775 662222 **Advert page 70**

OP D PD YA

Holbeach Meadows Care Home

12 Daisy Road, Holbeach, Spalding PE12 7NJ

Tel: 01406 431222

OP D PD MH SI YA

Kimberley Care Village ●

23 London Road, Long Sutton, Spalding PE12 9EA

Tel: 01406 364309

OP D

Mayfield Residential Home ●

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OP

Nutten Stoven Residential Home

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Patchett Lodge (OSJCT) ●

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Tel: 01775 821957

PD LDA SI

Sense – 21a & 21b Johnson Avenue

Spalding PE11 2QE

Tel: 01775 767472

LDA SI

Southernwood House

20 Matmore Gate, Spalding PE11 2PN

Tel: 01775 760563

OP D PD YA

Southfield House (OSJCT) ●

Woolram Wygate, Spalding PE11 1PS

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OP D

St John's Care Home ●

66 Hawthorn Bank,

Spalding PE11 1JQ

Tel: 01775 710567

OP D

Stonehaven ●

117 Main Road, Quadrang, Spalding PE11 4PJ

Tel: 01775 820885

OP D

Spalding care homes with nursing

Ashwood Nursing Home – Spalding ●

43 Spalding Common, Spalding PE11 3AU

Tel: 01775 723223

OP PD

Beech Lodge Nursing Home ●

Frogs Abbey Gate, Holbeach, Spalding PE12 8QJ

Tel: 01406 423396

OP D

Cedar Falls Care Home with Nursing ●

Little London, Spalding PE11 2UA

Tel: 01775 713233

OP D PD MH SI YA

Gosberton House Care Home ●

11 Westhorpe Road, Gosberton,

Spalding PE11 4EW

Tel: 01775 840581

OP PD YA

Holbeach and East Elloe

Hospital Trust ●

Boston Road North, Holbeach,

Spalding PE12 8AQ

Tel: 01406 422283

OP PD YA

Service

OP Older people (65+) D Dementia

PD Physical disability LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

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Advertisers are highlighted

South Kesteven

Grantham care homes

Apple Trees Care & Reablement Centre (OSJCT) ●

Arlington Gardens, Grantham NG31 7GQ

Tel: 01476 542700

OP D PD MH SI

Gregory House (OSJCT) ●

Welby Gardens, Grantham NG31 8BN

Tel: 01476 562192

OP

Ashley House

Beacon Lane, Grantham NG31 9DF

Tel: 07759 376043

OP MH

Harrow Street ●

18 Harrow Street, Grantham NG31 6HF

Tel: 01476 574429

OP PD LDA SI YA

Ayrshire House ●

24-26 Main Road, Long Bennington,

Newark NG23 5EH

Tel: 01400 281971

OP LDA YA

Kings Court Nursing Home ●

Church Street, Grantham NG31 6RR

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OP D PD SI YA

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Brownlow Street, Grantham NG31 8BE

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OP D PD

Millfield House ●

13 Back Lane, Colsterworth,

Grantham NG33 5NJ

Tel: 01476 860270

LDA SI YA

Castlegate House Residential Home

49 Castlegate, Grantham NG31 6SN

Tel: 01476 560800

OP D

Old Hall, The ●

1 High Street, Billingborough,

Sleaford NG34 0QA

Tel: 01529 240335

OP

Caythorpe Residential Home

77 High Street, Caythorpe,

Grantham NG32 3DP

Tel: 01400 272552

OP D

Options Hazel House ●

165 Manthorpe Road, Grantham NG31 8DH

Tel: 01476 565778

LDA YA

Fairview Farm ●

Gloucester Road,

Grantham NG31 8RJ

Tel: 01476 567600

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Richard House Care Home ●

Gorse Road, Grantham NG31 9LH

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OP D PD MH SI

Grantham care homes with nursing

Harrowby Lodge Nursing Home ●

4 Harrowby Lane, Grantham NG31 9HX

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OP D PD YA

Red Court Care Community ●

12 St Edmunds Court, Grantham NG31 8SA

Tel: 01476 576811

OP D PD YA

Newton House

148 Barrowby Road, Grantham NG31 8AF

Tel: 01476 452 380 **Advert page 44** OP D PD MH YA

Royal Windsor

Harlaxton Road, Grantham NG31 7SB

Tel: 01476 855799

OP D PD MH SI YA

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User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Braceborough Hall Retirement Home ●

Church Lane, Braceborough,
Stamford PE9 4NT
Tel: 01778 560649

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Chevington House ●

36 North Road, Bourne PE10 9AS
Tel: 01778 421821

OP D PD MH SI YA

Digby Court (OSJCT) ●

Christopher's Lane,
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Tel: 01778 422035

OP PD

Harrington House

Harrington Street, Bourne PE10 9HA
Tel: 01778 421821

OP D PD MH SI YA

Laurels, The ●

45 High Street, Market Deeping,
Peterborough PE6 8ED
Tel: 01778 344414

OP D PD MH SI

Phoenix, The ●

St. Helens Avenue,
Lincoln LN6 7RA
Tel: 01522 529258

PD LDA MH SI YA

Rose Lodge & Holland House Care Home ●

35a Church Street, Market Deeping,
Peterborough PE6 8AN
Tel: 01778 344454 **Advert page 52**

OP D PD

Sense – 25 Horsegate

Deeping St James, Peterborough PE6 8EW
Tel: 01778 347037

LDA SI

Sense – 32a Broadgate Lane

Deeping St James, Peterborough PE6 8NW
Tel: 01778 380522

OP LDA SI YA

Sense – 36 Bramley Road

36 Bramley Road, Market Deeping,
Peterborough PE6 8JG
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LDA SI YA

Sense – The Manor House

72 Church Street,
Market Deeping PE6 8AL
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OP D PD LDA MH SI YA

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St Georges Avenue,
Stamford PE9 1UN
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OP D

Willows, The

74 Station Street, Rippingale,
Bourne PE10 OSX
Tel: 01778 440773

OP D

Yew Tree Residential Care Home ●

60 Main Road, Dowsby, Bourne PE10 OTL
Tel: 01778 440247

OP D

Stamford care homes with nursing

Abbey Court Care Home

Falcon Way, Bourne,
Peterborough PE10 OGT
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Tel: 01780 668118

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OP D PD SI YA

Braeburn Lodge

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Peterborough PE6 8GP
Tel: 01778 752 527 Advert page 44

OP D PD SI YA

Priory Court

Priory Road, Stamford PE9 2EU
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OP D PD SI YA

Cedars, The ●

Church Walk, South Street, Bourne PE10 9UQ
Tel: 01778 752 591 Advert page 44

OP D PD YA

Wood Grange

Westminster Lane, West Road, Bourne PE10 9TU
Tel: 01778 752 570 Advert page 44

OP D PD MH YA

West Lindsey

Gainsborough care homes

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Tel: 01427 718272

MH YA

Redcote Residential House ●

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Tel: 01427 615700

OP

Foxby Court (OSJCT) ●

Middlefield Lane, Gainsborough DN21 1QR
Tel: 01427 613376

OP

St Oggs

14 Front Street, Morton, Gainsborough DN21 3AA
Tel: 01427 617173

OP MH YA

Foxby Hill Care Home ●

Foxby Hill, Gainsborough DN21 1PN
Tel: 01427 611231

OP D PD MH SI YA

Tigh Bruadair

Summer Hill, Gainsborough DN21 1HQ
Tel: 01427 611541

LDA YA

Kingsway Clayton House Residential Care Home ●

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Tel: 01427 613730

OP LDA

Wispington House Ltd ●

41 Mill Lane, Saxilby, Lincoln LN1 2QD
Tel: 01522 703012

OP D PD

Manor, The ●

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Tel: 01724 764884

OP D MH



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Gainsborough care homes with nursing

Blyton Court ●

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PD LDA MH YA

Drovers Call ●

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OP D PD MH SI YA AD

Eliot House ●

Crooked Billet Street, Morton,
Gainsborough DN21 3AH
Tel: 01427 617545

OP D PD MH

Ferndene Care Home

Parksprings Road,
Gainsborough DN21 1NY
Tel: 01427 810700

OP D YA

Gables Manor ●

Ingleby, Saxilby, Lincoln LN1 2PQ
Tel: 01522 704250

OP D PD LDA MH SI YA

Grosvenor House Care Home ●

19 Back Street, East Stockwith,
Gainsborough DN21 3DL
Tel: 01427 616950

OP D PD YA

Holly Tree Lodge Care Home ●

3 Eastgate, Scotton, Gainsborough DN21 3QR
Tel: 01724 762537

OP D PD LDA

Howson Care Centre ●

Marton Road, Willingham-by-Stow,
Gainsborough DN21 5JU
Tel: 01427 788283

OP D LDA MH YA

Middlefield House Nursing Home

Middlefield Lane, Gainsborough DN21 1TY
Tel: 01427 615577

LDA YA

Morton Manor

Dog & Duck Lane, Morton, Gainsborough DN21 3BB
Tel: 01427 612796

OP D PD MH SI YA

Market Rasen care homes

Blythe House

Lincoln Road, Faldingworth LN8 3SF
Tel: 01673 885911

LDA YA

Brambles ●

53 Station Road, Bardney, Lincoln LN3 5UD
Tel: 01526 398010

LDA YA

Cottage Specialist Residential Service, The

31 Norbeck Lane, Welton,
Lincoln LN2 3JP
Tel: 01673 862000

LDA YA

Glebe House

7 South Dale, Caistor, Market Rasen LN7 6LS
Tel: 01472 852282

MH YA

Glengarriff House

8 King Street, Market Rasen LN8 3BB
Tel: 01673 844091

OP LDA YA

Greenacres Care Home ●

17-19 Grimsby Road, Caistor,
Market Rasen LN7 6QY
Tel: 01472 851989

OP D PD

Hawthorns, The ●

53 Station Road, Bardney, Lincoln LN3 5UD
Tel: 01526 399868

LDA

Hollies, The ●

The Hawthorns, 53 Station Road, Bardney,
Lincoln LN3 5UD
Tel: 01526 398633

LDA YA

Little Brocklesby House

51 High Street, Great Limber, Grimsby DN37 8JL
Tel: 01469 561353

OP D PD LDA MH YA

Middlegate Lodge

Horncastle Road, Caistor,
Market Rasen LN7 6JG
Tel: 01472 852282

LDA MH YA AD

Oaks, The ●

51 Station Road, Bardney, Lincoln LN3 5UD
Tel: 01526 399683

PD LDA SI YA

Old Hall, The ●

Chapel Road, Fiskerton LN3 4HD
Tel: 01522 595395

LDA

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User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Poplars, The (OSJCT) ●

Chapman Street, Market Rasen LN8 3DS
Tel: 01673 843319

OP D

Waterloo House ●

Walesby Road, Market Rasen LN8 3EX
Tel: 01673 842343

OP D MH YA

Saxilby Care Service ●

9-15 Highfield Road, Saxilby LN1 2QP
Tel: 01522 704025

D PD MH

Willan House ●

Stainfield, Wragby,
Market Rasen LN8 5JL
Tel: 01526 398785 **Advert below**

OP D

Tennyson Wharf

Park Lane, Burton Waters,
Lincoln LN1 2ZD

Tel: 01522 844151 **Advert page 44**

OP D PD YA

For more information about different types of care homes, see page 45.

Market Rasen care homes with nursing

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Cliff Road, Welton, Lincoln LN2 3JN
Tel: 01673 861775

OP PD LDA MH SI YA

Nettleton Manor Nursing Home ●

Moortown Road, Nettleton,
Market Rasen LN7 6HX

Tel: 01472 851230 **Advert below**

OP D PD SI YA

Willow Court

Croft Lane, Cherry Willingham, Lincoln LN3 4JW
Tel: 01522 595391

OP D YA

Willan House
Residential Care Home

01526 398785
www.willanhouse.co.uk



Willan House is a small family run care home with accomplished caring staff providing **long or short term placements**, and **Respite Care** (subject to availability)

Experienced in care of the elderly and those with dementia.

Easy access from Fiskerton, Bardney, Cherry Willingham, Langworth and Wragby.



Nettleton Manor Nursing Home is renowned for delivering exceptional care to both residential and nursing clients, catering to individuals aged 18 and above. Our specialised services are designed to support those living with dementia and Huntington's disease.

Our comprehensive 24-hour nursing and residential care is overseen by a team of exceptionally skilled Nurses, Care Assistants, and dedicated support staff. We take pride in our expertise in providing **specialised dementia and Huntington's disease care**, offering holistic services and ensuring easy access to comprehensive healthcare resources. **Our primary goal is to empower our residents to lead a fulfilling and enriching life.** With a dedicated team of activities professionals, we ensure an engaging and vibrant environment, fostering a sense of vitality and well-being among our residents.

Nettleton Manor Nursing Home: Moortown Road, Nettleton, Market Rasen LN7 6HX
Telephone: 01472 851 230 • Mobile: 07780 685075 • Email: nettletonmanor@gmail.com



Tell us what you think

Share your feedback

Take our five minute survey

⊙ What have you found useful?

⊙ What could we do better?

CareChoices

www.carechoices.co.uk/reader-survey

Useful local contacts

Adult social care – Lincolnshire County Council

For all enquiries and referrals relating to adult social care, contact the Customer Service Centre.

Tel: **01522 782155** (Monday to Friday, 8.00am to 6.00pm).

Email: csc_socialcare@lincolnshire.gov.uk

Web: www.lincolnshire.gov.uk/adultcare

Emergency out of hours

Tel: **01522 782333**

Adults Supporting Adults (ASA)

Charitable organisation offering a range of community-based services, including daytime provision, respite and extended-stay visits to learn new skills.

Office 2, Kesteven Business Centre, Kesteven Street, Sleaford NG34 7DT

Tel: **01529 416270**

Web: www.asaorg.co.uk

Age Care Advice

An independent social worker-led company specialising in the care and support of individuals and families living with dementia.

Tel: **01778 219639** or **07930 125081**

Email: agecareadvice.team@nhs.net

Web: www.agecareadvice.co.uk

Age UK

The country's largest charity dedicated to helping everyone make the most of later life.

Boston

Chantry House, 3 Lincoln Lane PE21 8RU

Tel: **0345 556 4144**

Lincoln and South Lincolnshire

36 Park Street LN1 1UQ

Tel: **0345 556 4144**

Web: www.ageuk.org.uk/lincolnsouthlincolnshire

Lindsey

The Old School House, Manor House Street, Horncastle LN9 5HF

Tel: **01507 524242**

Email: info@ageuklindsey.co.uk

Web: www.ageuk.org.uk/lindsey

Alzheimer's Society – Dementia Support Lincolnshire

Dementia Support Lincolnshire holds various support groups and services across the county.

Tel: **01522 692681**

Email: lincoln.enquiries@alzheimers.org.uk

Web: www.alzheimers.org.uk

Butterfly Hospice Trust, The

Provides palliative care to anyone over the age of 18 in the Boston area with a progressive life-limiting illness. The Hospice provides palliative care and holistic support to patients and their families.

Rowan Way, Boston PE21 9DH

Tel: **01205 311222**

Email: enquiries@butterflyhospice.org.uk

Web: www.butterflyhospice.org.uk

Connect to Support Lincolnshire

An online, telephone, email and live chat information and signposting service.

Tel: **0300 303 8789**

Email: CTSL@ageuklsl.org.uk

Web: <https://lincolnshire.connecttosupport.org>

District, borough and city councils

Boston Borough Council

Tel: **01205 314200** • Web: www.mybostonuk.com

City of Lincoln Council

Tel: **01522 881188** • Web: www.lincoln.gov.uk

East Lindsey District Council

Tel: **01507 601111** • Web: www.e-lindsey.gov.uk

North Kesteven District Council

Tel: **01529 414155** • Web: www.n-kesteven.gov.uk

South Holland District Council

Tel: **01775 761161** • Web: www.sholland.gov.uk

South Kesteven District Council

Tel: **01476 406080**

Web: www.southkesteven.gov.uk

West Lindsey District Council

Tel: **01427 676676**

Web: www.west-lindsey.gov.uk

Headway Lincolnshire

The UK's leading brain injury charity.
The Len Medlock Centre, St George's Road,
Boston PE21 8YB
Tel: **07546 592526**
Email: info@headwaylincolnshire.org.uk
Web: www.headwaylincolnshire.org.uk

Healthwatch Lincolnshire

Rooms 33-35, The Len Medlock Centre, St George's
Road, Boston PE21 8YB
Tel: **01205 820892**
Email: info@healthwatchlincolnshire.co.uk
Web: www.healthwatchlincolnshire.co.uk

Lincoln and Lindsey Blind Society

Enhances the quality of life of blind, partially sighted
and visually impaired people whatever their age or
circumstances in life.
Bradbury House, Ramsgate, Louth LN11 0NB
Tel: **01507 605604**
Email: info@llbs.co.uk
Web: www.llbs.co.uk

Lincolnshire Autistic Society

A hub for anyone looking for information and
support about Autism.
Lincolnshire Chamber of Commerce, Commerce
House, Carlton Boulevard, Lincoln LN2 4WJ
Web: www.lincolnshireautisticsociety.org.uk

Lincolnshire Care Association (LinCA)

Representing the interests of providers of
care and support within the independent and
voluntary sector.
Greetwell Place, 2 Lime Kiln Way, Greetwell,
Lincoln LN2 4US
Tel: **01522 581073**
Email: helpdesk@linca.org.uk
Web: www.linca.org.uk

Lincolnshire Carers Service

For all referrals and general enquiries regarding
support for carers, contact Lincolnshire County
Council Carers Support Service from 8.00am
to 6.00pm, Monday to Friday (except on
public holidays).
Tel: **01522 782224** or **01522 782333** (emergency
out of hours).
Email: carersservice@lincolnshire.gov.uk
Web: www.lincolnshire.gov.uk/support-carers/information-advice-support-carers

Lincolnshire Independent Living Partnership

A consortium of four local charitable organisations
working at the heart of the local community to
promote independent living.
Web: www.ageuk.org.uk/lincolnsouthlincolnshire/about-us/lilp

Lincolnshire Integrated Community Equipment Service (ICES)

Providing equipment to use in the home, to help you
remain as independent as possible.
Tel: **01522 782155**
Web: www.lincolnshire.gov.uk/help-live-home/home-equipment

Lincolnshire Sensory Services

Wellingore Hall, Hall Street, Wellingore,
Lincoln LN5 0HX
Tel: **0333 320 2667**
Text: **07710 155104**
Email:
contact@lincolnshiresensoryservices.org.uk
Web: www.lincolnshiresensoryservices.org.uk

Macmillan

Improves the lives of people affected by cancer.
Provides practical, medical, emotional and financial
support and pushes for better cancer care.
Email: macmillan.infosupport@ulh.nhs.uk
Web: www.ulh.nhs.uk/services/macmillan

Boston

Pilgrim Hospital, Sibsey Road PE21 9QS
Tel: **01205 446392**

Grantham

Outpatients Department, Grantham and District
Hospital, 101 Manthorpe Road NG31 8DG
Tel: **01476 464978**

Lincoln

Lincoln County Hospital, Greetwell Road LN2 5QY
Tel: **01522 573799**

Mencap

A national charity dedicated to supporting people
with a learning disability, and their families
and carers.
Web: www.mencap.org.uk

Grantham and District

Cree Centre, Aire Road NG31 7QP
Tel: **01476 570507**
Email: karena.brooks@granthammencap.co.uk

Horncastle, Spilsby and Louth Getaway Club

Horncastle Community Centre, Manor House Street,
Lincoln LN9 5HF

Tel: **01526 343600**

Email: **peteval252@gmail.com**

Multiple Sclerosis Society

The UK's leading MS charity. Since 1953, it has been providing information and support, funding research and fighting for change.

Web: **www.mssociety.org.uk**

Boston and South Holland

Tel: **01775 725106**

Email: **bostonsholland@mssociety.org.uk**

Skegness and District

Tel: **07791 279815**

Patient and Advice Liaison Service (PALS)

Email: **pals@ulh.nhs.uk**

Web: **www.ulh.nhs.uk/patients/pals**

Grantham and District Hospital

Tel: **01476 464861**

Lincoln County Hospital

Located near Main Reception.

Tel: **01522 707071**

Pilgrim Hospital

Located in Main Reception.

Tel: **01205 446243**

Penderels Trust Lincolnshire

Aims to assist people with all aspects of independent living.

Haverholme Priory Offices, Haverholme Park,
Haverholme, Ewerby, Sleaford NG34 9PF

Tel: **01526 833803**

Email: **lincolnshire@penderelstrust.org.uk**

Web: **www.penderelstrust.org.uk/lincolnshire.php**

Shine Lincolnshire

Award-winning network of people and organisations involved in mental health.

Room 25, Commerce House, Carlton Boulevard,
Lincoln LN2 4WJ

Tel: **01522 300206**

Email: **info@shinelincolnshire.com**

Web: **https://shinelincolnshire.com**

South Lincolnshire Blind Society (SLBS)

A major provider of services for blind and partially sighted people and their carers, who live in the districts of North Kesteven, South Kesteven, Boston Borough and South Holland.

11a Finkin Street, Grantham NG31 6QZ

Tel: **01476 592775**

Email: **slbs@blind-society.org.uk**

Web: **www.blind-society.org.uk**

St Barnabas Hospices

Provides specialist palliative and end of life care so that everyone can access and receive the support they need to live well and ease the process of dying.

Inpatient Unit, 36 Nettleham Road, Lincoln LN2 1RE

Tel: **0300 020 0694**

Email: **enquiries@stbarnabashospice.co.uk**

Web: **www.stbarnabashospice.co.uk**

Total Voice Lincolnshire

Tel: **0300 303 1660**

Email: **helpline@voiceability.org**

Web: **www.voiceability.org/support-and-help/services-by-location/lincolnshire**

Wellbeing Service, The

Designed to promote confidence in living independently.

Tel: **01522 782140**

Web: **www.lincolnshire.gov.uk/wellbeingservice**

With You

One of the UK's leading mental health, drug and alcohol charities.

Web: **www.wearewithyou.org.uk**

Boston

70-74 Wide Bargate PE21 6RY

Tel: **01205 319920**

Grantham

71 High Street NG31 6NR

Tel: **01476 512950**

Lincoln

The New Avenue, 26-30 Newland LN1 1XG

Tel: **01522 305518**

Spalding

Unit 5, Broadgate House, Westlode Street PE11 2AD

Tel: **01775 666638**

Skegness

30 Roman Bank PE25 2SG

Tel: **01754 809823**

Useful national contacts

Age UK

Tel: **0800 678 1602**

Web: **www.ageuk.org.uk**

Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811** (10.00am to 10.00pm).

Email: **helpline@al-anonuk.org.uk**

Web: **www.al-anonuk.org.uk**

Alzheimer's Society

Dementia Connect support line: **0333 150 3456**

(Monday to Wednesday, 9.00am to 8.00pm;

Thursday and Friday, 9.00am to 5.00pm; and

Saturday and Sunday, 10.00am to 4.00pm).

Web: **www.alzheimers.org.uk**

Association of Charitable Organisations (ACO)

A national umbrella body for benevolent charities.

Tel: **0207 255 4480**

Email: **info@aco.uk.net**

Web: **www.aco.uk.net**

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.

Tel: **0121 415 6960**

Email: **enquiries@bild.org.uk**

Web: **www.bild.org.uk**

British Red Cross

The British Red Cross provides a wide range of services including first aid, emergency response, mobility aids, finding missing family, preparing for disasters, refugee support and support at home.

Tel: **0344 871 1111**

Web: **www.redcross.org.uk**

Care Choices

Free, independent assistance with finding care providers. Searchable website.

Web: **www.carechoices.co.uk**

Care Quality Commission

Independent regulator of care services in England.

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Care Rights UK

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: **0207 359 8136**

Email: **helpline@carerightsuk.org**

Web: **www.carerightsuk.org**

Carers Trust

Works to improve support, services and recognition for anyone who is caring, unpaid, for a family member or friend.

Tel: **0300 772 9600**

Email: **info@carers.org**

Web: **<https://carers.org>**

Carers UK

The voice of carers.

Tel: **0808 808 7777**

Email: **advice@carersuk.org**

Web: **www.carersuk.org**

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics.

Tel: **0800 144 8848**

Web: **www.citizensadvice.org.uk**

Dementia Adventure

Thinking differently about dementia, the charity believes that with the right support, everyone with dementia can get outdoors, experience the wellbeing benefits of nature and enjoy more active and fulfilled lives. Dementia Adventure offers supported holidays and dementia training for family and friends, professionals and organisations.

Tel: **01245 237548**

Email: **info@dementiaadventure.co.uk**

Web: **<https://dementiaadventure.org>**

Dementia UK

A national charity committed to improving quality of life for all people affected by dementia. Provides mental health nurses specialising in dementia care, called Admiral Nurses.

Tel: **0800 888 6678**

Email: **info@dementiauk.org**

Web: **www.dementiauk.org**

Elderly Accommodation Counsel

Help older people make informed choices about meeting their housing and care needs.

Web: **www.housingcare.org**

Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: **0207 730 8263** • Email: **enquiries@fote.org.uk**

Web: **www.fote.org.uk**

Homecare Association

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: **0208 661 8188**

Email: **helpline@homecareassociation.org.uk**

Web: **www.homecareassociation.org.uk**

Hourglass

Works to protect, and prevent the abuse of, vulnerable older adults.

Helpline: **0808 808 8141** • Text: **07860 052906**

Web: **www.wearehourglass.org**

Independent Age

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: **0800 319 6789**

Email: **advice@independentage.org**

Web: **www.independentage.org**

My Family Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: **www.myfamilyourneeds.co.uk**

National Association for Providers of Activities for Older People (NAPA)

Promotes the importance of activities for older persons.

Tel: **01494 590421**

Email: **info@napa-activities.co.uk**

Web: **<https://napa-activities.co.uk>**

National Association of Funeral Directors

Tel: **0121 711 1343** • Email: **info@nafed.org.uk**

Web: **www.nafed.org.uk**

National Care Association (NCA)

The NCA and Registered Nursing Home Association

(RNHA) have merged to become the largest social care trade association in the country.

Web: **<https://nationalcareassociation.org.uk>**

Kent office

Suite 4 Beaufort House, Beaufort Court, Sir Thomas Longley Road, Rochester ME2 4FB

Tel: **01634 716615**

Email: **info@nationalcareassociation.org.uk**

Birmingham office

Derek Whittaker House, 50 Tunnel Lane, Kings Norton B30 3JN

Tel: **0121 451 1088** • Email: **info@rnha.co.uk**

National Society of Allied and Independent Funeral Directors

Tel: **0345 230 6777** • Web: **www.saif.org.uk**

NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' **18001 111**.

Parkinson's UK

Tel: **0808 800 0303**

Textphone: **18001 0808 800 0303**

Email: **hello@parkinsons.org.uk**

Web: **www.parkinsons.org.uk**

Playlist for Life

A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music. It also provides training for health and social care professionals looking to deliver person-centred care using personalised music.

Tel: **0141 404 0683**

Email: **info@playlistforlife.org.uk**

Web: **www.playlistforlife.org.uk**

Rethink Mental Illness

Support for families living with mental ill health. Carers' support services. Supported living for people with mental ill health.

Tel: **0808 801 0525**

Email: **advice@rethink.org**

Web: **www.rethink.org**

Samaritans

Available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress, despair or suicidal thoughts.

Tel: **116 123**

Email: **jo@samaritans.org**

Web: **www.samaritans.org**

SANE

Advice on mental health issues.

Tel: **0300 304 7000**

Email: **support@sane.org.uk**

Web: **www.sane.org.uk**

Silver Line, The

A 24-hour telephone befriending and advice line.

Tel: **0800 470 8090**

Web: **www.thesilverline.org.uk**

Society of Later Life Advisers (SOLLA)

Helping people and their families find trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 202 0454**

Email: **admin@societyoflaterlifeadvisers.co.uk**

Web: **https://societyoflaterlifeadvisers.co.uk**

Stroke Association

Provides practical advice, essential information and emotional support for stroke survivors, carers and families.

Tel: **0303 303 3100** • Email: **helpline@stroke.org.uk**

Web: **www.stroke.org.uk**

Veterans' Gateway

The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.

Tel: **0808 802 1212**

Web: **www.veteransgateway.org.uk**



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

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Director of Creative Operations: Lisa Werthmann.

Director of Policy and Communications: Jo Dovey.

Director of Sales: David Werthmann.

Distribution: Gemma Seaber-Shinn.

Sales Manager: Paul O'Callaghan.

Regional Sales Supervisor: Vanessa Ryder.

Senior Sales Executives: Tony Boyce, Hannah O'Neill, Susan Speaight.

Studio Manager: Jamie Harvey.

Lead Designer: Ruth Keating.

Graphic Designers: Rebecca Mendil, Tyler Smith.

Lead Editor: Henry Thornton.

Editors: Olivia Hubbard, Angharad Burnham.

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www.grandviewcarehome.co.uk

