

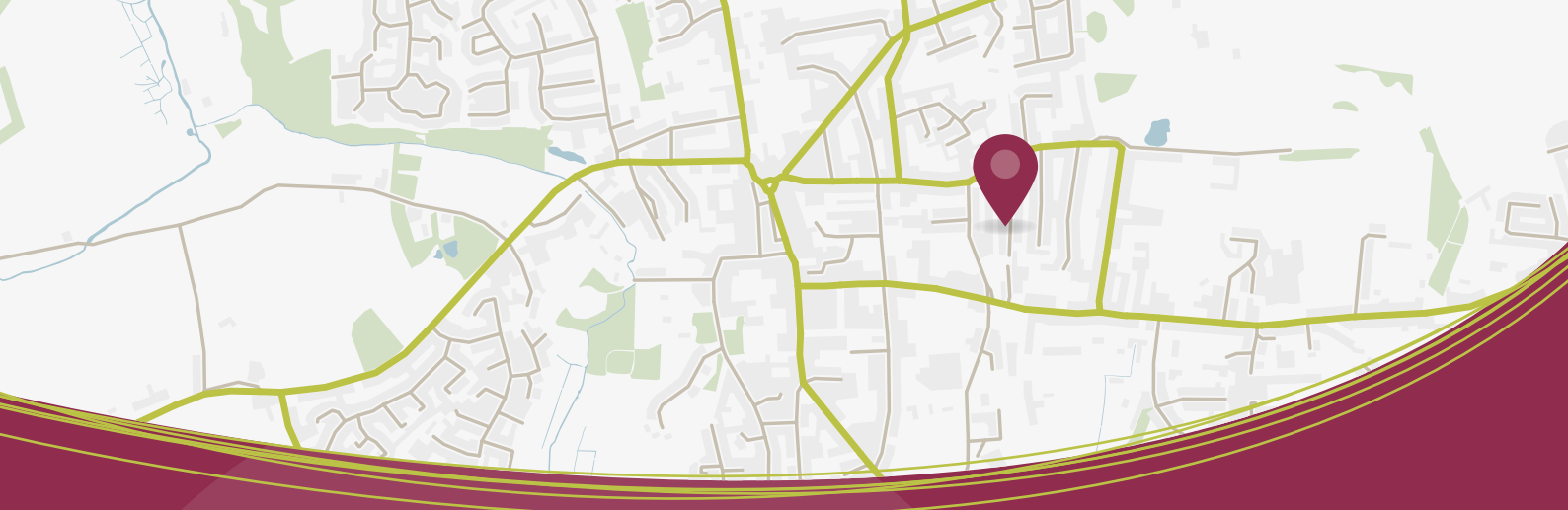


Live Well Oxfordshire

Support and Care Guide for Adults 2023/24

Your guide to support and care
services in Oxfordshire

In association with



www.carechoices.co.uk



Search for care in your area

**With so many providers
to choose from,
where do you start?**

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Welcome from Oxfordshire County Council 4

An introduction to care and support in Oxfordshire

Health and wellbeing 5

Maintaining a healthy lifestyle

Community activities 10

Getting involved with the community, day centres and advice on transport

Keeping safe 13

Advice on protecting vulnerable people and staying safe at home

Support and care – where do I start? 15

How to get an assessment

What is a Direct Payment? 16

Take control of your own care

Looking after someone 16

Support for carers

Living at home 18

Remaining independent, improving your home plus support and care at home

Support and care at home providers 31

Home care providers



Housing options 47

How sheltered housing, extra care or residential care might suit you

Money and paying for support and care 53

How social care is paid for plus benefits advice

Having your say 55

How to voice your opinions plus organisations to help you

Care home listings 61

Care home and care home with nursing providers

Index 76

To obtain extra copies of this guide, call Oxfordshire County Council's **Social and Health Care Team** on **0345 050 7666**.



Oxfordshire County Council's distribution of this publication does not constitute their support or recommendation of any of the products or services advertised or listed within. The listings in this publication are supplied by the Care Quality Commission and neither Oxfordshire County Council nor Care Choices can be held responsible for any errors or omissions.

Alternative formats



This guide is available electronically at **www.oxfordshire.gov.uk** and **www.carechoices.co.uk/** For those requiring the information in spoken word, there is also a Recite Me option. If you would like a copy of the text in this leaflet in large print, Braille, audio tape or in another language, please call Oxfordshire County Council's **Social and Health Care team** on **0345 050 7666**.

Welcome from Oxfordshire County Council

Welcome to the Live Well Oxfordshire Support and Care Guide for Adults 2023/24. This edition contains a wealth of information on health and social care options across the county.

We know that people want to remain living independently in their own homes, connected to their communities and enjoying the best possible quality of life for as long as possible. We aim to support this by enabling people to receive care closer to home. It is something we call 'The Oxfordshire Way'.

Behind the scenes, we are working with our partners in the NHS and voluntary and community sector to make sure our services are more joined up, so our residents are better supported. This includes organisations like Age UK Oxfordshire, Active Oxfordshire, Restore and other groups who deliver all kinds of community-based activity that supports people to stay well and independent.

We know that finding the right support can sometimes be a challenge and we hope this guide helps you to make the choices that are right for you. Everyone is different and we hope by providing the right information and advice to people when they need it, it will enable them to take control of their own health and care, potentially without relying on more formal social care and health services.

Of course, for people who do need extra support, we will remain strongly focused on delivering it in a way that enables people in Oxfordshire to live as independently as possible, with access to good-quality services within their community.

Our Live Well Oxfordshire online directory provides the most up-to-date information about community and voluntary organisations in the county. More than just a directory, there is a calendar so you can see what's on in your local area and you can search for useful information on a range of subjects. It's all aimed at connecting you to your community and giving you greater choice and control over the support and services you need. Visit **www.oxfordshire.gov.uk/livewell**

Please note that the information contained within the directory is subject to change.

For the latest information regarding availability, contact the provider directly.

If you have any feedback about this guide or information you would like to see included in the next edition, contact **socialandhealthcare@oxfordshire.gov.uk**



Martin Reeves
Chief Executive
Email: **martin.reeves@oxfordshire.gov.uk**



Cllr Tim Bearder
Cabinet Member for Adult Social Care
Email: **tim.bearder@oxfordshire.gov.uk**

Advertisement



Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Care home and care home with nursing providers

Cherwell

Care homes	61
Care homes with nursing	61

Oxford

Care homes	64
Care homes with nursing	65

South Oxfordshire

Care homes	67
Care homes with nursing	67

Vale of White Horse

Care homes	69
Care homes with nursing	71

West Oxfordshire

Care homes	71
Care homes with nursing	73



Health and wellbeing

Better Health



Modern life can sometimes make it hard to be healthy. But it's never too late to improve your health – making small lifestyle changes such as eating well, drinking less alcohol, dealing with stress, can

double your chances of being healthy at 70 and beyond. Our busy lives often mean that our own

health is at the bottom of our list of priorities. Better Health is here to remind you that your health matters. Visit www.nhs.uk/better-health

A good way to start is to take the free health quiz, 'How Are You'. This provides personalised recommendations based on your results and directs you to tools and offers to help you take action where it's most needed. Visit

www.nhs.uk/better-health/how-are-you-quiz

Keeping healthy and fit

Staying active

Being regularly active helps to prevent diseases such as diabetes, heart disease and stroke. Other benefits of staying active:

- Improves co-ordination, flexibility and muscle strength, which can help to reduce the risk of falls.
- Helps to ease depression and anxiety and

improves sleep patterns.

- Helps to reduce high blood pressure.
- Helps you maintain an ideal weight and can help with weight loss.

Make activity part of your daily routine; once it's a habit it's easy to maintain and there are several ways to get active. →

➔ Health walks are short, organised walks, led by trained volunteers from the local community. Health walks can improve both physical and mental health by offering a safe, friendly and supported environment where everyone can walk at their own pace. Visit www.nhs.uk (search 'walking for health').

Age UK Oxfordshire can support you to maintain health, mobility and independence, and keep doing what you love for longer. You can access a variety of group exercise classes, both in-person and online, along with options to support you to be active at home, all of which are tailored to support people in later life. Visit www.ageuk.org.uk/oxfordshire/our-services/exerciseandwellbeing or call **01235 849403**.

Move Together can help you to move more and feel better. Starting to move more, in a way that works for you, is hugely beneficial. It can help with mood, energy levels, sleep and weight management, as well as helping to manage long-term conditions. Visit



www.getoxfordshireactive.org/move-together

If you would like more information on fitness activities available across Oxfordshire, or a Move Together Activity Pack, visit www.getoxfordshireactive.org

Stopping smoking

Quitting is the single biggest thing you can do for your health. The Stop For Life Oxfordshire service provides free support to help people who want to quit smoking. Visit www.stopforlifeoxon.org, call **0800 122 3790** or text 'STOPOXON' to **60777**.

Alcohol and drug addiction

For advice and information on drug and alcohol services for adults aged 18 and over, visit the Turning Point Roads to Recovery website (www.turning-point.co.uk/services/oxfordshire) or call **01865 261690**.

Alternatively, drop in to one of the hubs – no appointment needed. Call or look online for hub addresses and exact opening times.

NHS Health Checks

What is an NHS Health Check?

A free preventative programme for adults in England aged 40 to 74. It's designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions. This check finds ways to lower this risk. Visit www.nhs.uk/conditions/nhs-health-check

What happens at the NHS Health Check?

The check usually takes about 20 to 30 minutes. A health professional – often a nurse or healthcare assistant – will ask you questions about your lifestyle and family history, measure your height and weight, take your blood pressure and do a blood test to check cholesterol levels.

Your results are used to calculate your risk of getting heart disease, stroke, kidney disease and diabetes. Everyone will also be told the signs and symptoms of dementia to look out for. You will then receive personalised advice to reduce your risk. This could include:

- Improving your diet and increasing physical activity levels.

- Taking medicines to lower your blood pressure or cholesterol.
- Losing weight or stopping smoking.

How do I get an NHS Health Check?

There are two ways to get your free NHS Health Check:

1. Via your GP. If you're aged 40 to 74 without a pre-existing condition, you should receive a letter from your GP inviting you for a free check every five years. You can also call your GP to book a check if you're eligible.
2. In the community. You can now have a free NHS Health Check in the community via Health Checks Oxfordshire (www.healthchecksoxfordshire.org). This is a new service designed to support GPs and will be taking place around Oxfordshire in libraries, shopping centres and community hubs, to name a few. You will be asked some preliminary questions to establish that you are eligible before the health check takes place but there's no need to book, you can just turn up at one of the regular settings.

Dementia support

Age UK Oxfordshire's support service, Dementia Oxfordshire, provides specialist support for people of all ages with a dementia diagnosis, and their families and carers on their dementia journey whilst they live in the community. The service doesn't discharge, it supports people from the point of diagnosis until a move to residential care, or end of life. Dementia Advisers keep in regular contact with people and become a single, trusted point of contact for advice and support. Dementia Oxfordshire aims to help people to live as well as possible for as long as possible in their communities.



Tel: **01865 410210**
(9.00am to 5.00pm, Monday to Friday).
Email: **info@dementiaoxfordshire.org.uk**
Web: **www.dementiaoxfordshire.org.uk**

For out of hours support, call the **Dementia UK** helpline on **0800 888 6678** and speak to a dementia specialist Admiral Nurse. The helpline is open Monday to Friday, 9.00am to 9.00pm; and weekends, 9.00am to 5.00pm.

Become a Dementia Friend

Dementia Friends raise awareness and understanding so that people living with dementia can continue to live the way they want. Dementia Friends help people living with dementia by taking actions – big and small. Being a Dementia Friend could be visiting someone you know with dementia or being more patient in a shop queue. You could also get involved in things like volunteering, campaigning or wearing a badge to raise awareness. Visit **www.dementiafriends.org.uk**



Mental wellbeing

Mental wellbeing describes your mental state – how you are feeling and how well you can cope with day-to-day life. One in four of us will experience mental ill health each year, and people from all walks of life can be affected. Poor mental wellbeing can lead to issues such as depression and anxiety. Five simple actions can support positive mental wellbeing:



1. Connect – with people, friends, neighbours and communities around you.
2. Give – do something nice for others – a smile or helping with a task, volunteer with a local group.
3. Take notice – of your surroundings and experiences.
4. Keep learning – try something new, re-discover an old hobby, visit the library.
5. Be active – walking, dancing, cycling, gardening.

Find ideas to support positive mental wellbeing at **www.oxfordshire.gov.uk/livewell**

Local and national mental health support **CALM**

United against suicide. • Tel: **0800 585858**

NHS Oxfordshire Talking Therapies

A free NHS service for people living with depression or anxiety in Oxfordshire.

Tel: **01865 901222**

Email:

oxon-talking-therapies@oxfordhealth.nhs.uk
(general enquiries).

Web:

www.oxfordhealth.nhs.uk/oxon-talking-therapies

Oxford Cruse

Bereavement support. • Tel: **01865 245398**

Oxfordshire Mind

Runs a wide range of services for anyone over 16 affected by mental health conditions.

Tel: **01865 247788**

Email: **info@oxfordshiremind.org.uk**

Web: **www.oxfordshiremind.org.uk**

PAPYRUS

Support for young people.

Tel: **0800 068 4141**



→ Restore

An Oxfordshire-based charity that supports people to take control of their recovery, develop skills and lead meaningful lives.

Tel: **01865 455821**

Email: **information@restore.org.uk**

Web: **www.restore.org.uk**

Rethink Mental Illness

Offers support to people affected by mental illness. Provides services in Oxfordshire to support carers looking after people with mental illness.

Tel: **01865 904499**

Email: **oxfordshirecarers@rethink.org**

Web: **www.rethink.org**

Samaritans

Offers emotional support and someone to talk to when you need it.

Tel: **116 123**

Support After Suicide Partnership

A national partnership of suicide and bereavement organisations.

Web: **www.supportaftersuicide.org.uk**

Switchboard LGBT+ helpline

A safe space for anyone to discuss anything, including sexuality, gender identity, sexual health and emotional wellbeing.

Tel: **0800 011 9100**

Topaz LGBT Oxford

A safe space for young people seeking support who are Lesbian, Gay, Bisexual or Transgender.

Web: **www.topazoxford.org.uk**

Breathing Space Scheme

The scheme will help take the pressure off people with debt issues while they are receiving mental health crisis treatment and up to 30 days after. Referrals can be made by a nurse, social worker, care co-ordinator, the patient's informal carer or the person in crisis themselves, but they must be certified by an Approved Mental Health Professional.

If you would like to speak with a member of staff about the scheme, call **0808 801 0745**. People facing debt with a mental health condition but who aren't in crisis may be eligible to apply for the standard Breathing Space Scheme, preventing creditors from enforcing debts and adding interest and charges for up to 60 days.

Reading Well (Books on Prescription)

Books and reading can have a great effect on your health and wellbeing. From self-help books to health information and creative reading, your library can help you to get well and keep well in several ways. To find your local library, visit

www.oxfordshire.gov.uk and search 'find a library'.

Or find out more at **www.oxfordshire.gov.uk** by searching 'health and reading well'. Many titles are now available as eBooks for free loan. Visit

www.oxfordshire.gov.uk and search 'eBooks and eAudio'.



The Home Library Service

Offered in partnership with Age UK to people who are unable to visit the library themselves because of frailty, infirmity or a disability and who have no other means of accessing reading materials. Full-time carers and those who might need the service on a short-term basis following debilitating illness or hospitalisation can apply too. The Home Library Service is free of charge, and there is no charge for requests or late returns.

Contact the service to discuss the kind of books,

DVDs, music CDs or audio books that you like to read or enjoy. It will then arrange for a library volunteer to deliver these to your home. The volunteers wear identification badges and provide a helpful and friendly service. Wherever possible, the service will try and arrange for the same volunteer to visit you each time. Your library materials will be delivered and collected every three weeks. To register for this service, or if you are interested in becoming a volunteer, call **01865 810259** or email **homelibraryservice@oxfordshire.gov.uk**

Oxfordshire Reablement Service

Allows you to leave hospital once your medical needs are stable, or to remain at home following a minor accident or illness, rather than being admitted into hospital or residential care. Reablement is short-term support provided by a group of specialists to help a patient, who is at home,

regain their independence. It is centred around helping with practical daily tasks and activities. An assessment will be completed to see what you can do now, what you would like to achieve and how the service can help get you there. If you require the reablement service, this will all be arranged for you.

NHS Continuing Healthcare

Some people with long-term, complex health needs qualify for free care arranged and funded solely by the NHS. This is known as NHS Continuing Healthcare and is provided to people aged 18 or over to meet significant and complex physical or mental health needs that have arisen as a result of disability, accident or illness. It is free of charge for those who are assessed as eligible.

NHS Continuing Healthcare support may be provided in a care home, a hospice or in a person's own home.

Getting NHS Continuing Healthcare can be a difficult process to understand, and NHS England has commissioned Beacon to provide independent information and advice. Visit www.beaconchc.co.uk or call **0345 548 0300**.

NHS 111

This number gives you access to local NHS healthcare services 24 hours a day, 365 days a year. Calls from landlines and mobiles to **111** are free.

The service is part of a national programme to make it easier for the public to access urgent health services.

MyHSN – Health Service Navigator

If you are having difficulties knowing which forms, phone calls and appointments need to be made to get the NHS healthcare you need, MyHSN aims to

tell you exactly how the system works and how you can get the best out of it. It is not there to give you medical or health advice. Visit www.myhsn.co.uk

Advertisement



Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

 CareChoices

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Community activities

The Live Well Oxfordshire website

This website brings together over 2,300 services and activities in one easy-to-search online directory: from care services to help you stay living at home, to things to do in your community and the community support to help you do these things. The services and activities are supported by information pages which can help you get the most out of your search and support you going forward.

You'll find a calendar letting you know what's on in your community (such as exercise classes, singing groups, support groups and IT sessions), as well as a news section keeping you up to date with local stories and events.



To find information to connect you to your community, visit the Live Well Oxfordshire website at www.oxfordshire.gov.uk/livewell or if you aren't online or need some help navigating the website, call **01235 849410**.

Community Links Oxfordshire

Linking you into what matters to you,

Community Links Oxfordshire is an

established local service available to all adults living in the county. It listens and talks through what could make a difference to your life.



At your pace, the service will work with you to get the information you need to make informed choices and connect you to any activities or services that will support you in living well.

Call **01235 849434** or email community@ageukoxfordshire.org.uk

Social prescribing

A service provided by your local GP surgery and can link you with a range of local, non-medical activities, opportunities and support that can improve your life and help you live life to the full. Whether you need help at home, want to discover more about local activities or find out about benefits and support services, Social Prescribers can help you. Each GP surgery will have a Social Prescriber as part of its team, also known as a Community Link Worker or a Community Connector. Speak to your surgery and ask to be put in contact.



Good Neighbour Schemes

Local voluntary groups that offer a service in their community for those in need of help and support – whether it's transport, collecting repeat prescriptions, walking the dog, tidying up the garden, taking someone to hospital, doing a bit of shopping or changing a light bulb,

Good Neighbour Schemes can help you to stay independent, safe and well.

Call **01993 776277**, email **oxfordshiregns@vlu.org.uk** or visit **www.oxfordshire.gov.uk/livewell** (search 'good neighbour scheme').

Voluntary organisations

Headway Oxfordshire provides support and guidance to anyone affected by brain injury, along with their families and carers. Headway offers a range of services to support and help speed up recovery; from physical and mental therapy, to vocational support and training. Call **01865 326263**, email **admin@headway-oxford.org.uk** or visit **https://headwayoxfordshire.org.uk**

Age UK Oxfordshire works within communities to support older people to stay independent and live life to the full. The charity provides advice, information, services and support. There are opportunities for older people to take part in activities and volunteer. Call **0345 450 1276**, email **contactus@ageukoxfordshire.org.uk** or visit **www.ageuk.org.uk/oxfordshire**

Age UK's national helpline is open 8.00am to 7.00pm, seven days a week, including bank holidays. Call **0800 678 1602**.

Alzheimer's Society Oxfordshire, alongside partnership agencies, runs dementia cafés, carers' support groups and singing for the brain groups, COVID-19 restrictions permitting. For more information, visit **www.alzheimers.org.uk** or call **0333 150 3456**.

Autism Oxford raises awareness of the realities of living with autism and supports the development of autism services. The organisation offers training sessions and speaker events featuring people on the autism spectrum, family members and expert professionals in the field. Autism Oxford provides the Autism Alert Card Scheme, which offers a free card to anyone on the autism spectrum in Oxfordshire. The card can be used to let people know if you are autistic. For more information, visit **www.autismoxford.org.uk**

LGBT+Oxon can help you find to connections to local community and support services.

Call **07875 515499** or email **hello@lgbtoxon.uk**

Unlimited Oxfordshire is a user-led charity committed to the empowerment and social inclusion of people living with physical or sensory impairments in Oxfordshire. Volunteers can help with practical advice and support individuals with challenges they may face in their everyday lives, helping them to help themselves. Unlimited Oxfordshire is always looking for members to grow its voice in Oxfordshire. Call **01865 376478** or email **info@unltdox.org.uk**

My Vision Oxfordshire supports children and adults who are visually impaired, advising on and providing services and equipment that enable visually impaired people to live independent lives. Call **01865 725595** (Monday to Friday, 10.00am to 4.00pm), email **info@myvision.org.uk** or visit **www.myvision.org.uk**



Day centres and daytime activities

There is a wide variety of daytime support activities and day centres available in Oxfordshire for adults of all ages and with differing needs. Often organised by voluntary and community groups, they provide places where people can receive support and have fun socialising, learning new skills and retaining their independence. They also provide a valuable break for carers.

There are also many smaller-scale community activities around Oxfordshire such as lunch clubs, tea dances, church cafés, book clubs, exercise classes, film clubs, computer classes and walking groups. You can explore the different groups and find out more about community activities on Live Well Oxfordshire.

Visit **www.oxfordshire.gov.uk/livewell**

Oxfordshire County Council has seven Community Support Services centres which offer bespoke support activities for adults who have a learning disability, health needs relating to their age, a physical disability, dementia or mental health needs.



Adult learning

Whether you are looking to learn a new skill, take up a new hobby, or progress at work, Oxfordshire Adult Learning at Abingdon and Witney College offers a wide range of courses designed to fit in with your lifestyle so that you can study in a way which suits you.

Call **01235 555585**, email **enquiries@abingdon-witney.ac.uk** or visit **www.abingdon-witney.ac.uk/oxfordshire-adult-learning**

Abingdon

Audlett Drive OX14 3GD

Tel: **01865 897104**

Email: **abingdoncss@oxfordshire.gov.uk**

Banbury

Neithrop Avenue OX16 2NT

Tel: **01865 897101**

Email: **banburycss@oxfordshire.gov.uk**

Bicester

Launton Road OX26 6DJ

Tel: **01865 897105**

Email: **bicestercss@oxfordshire.gov.uk**

Oxford

Awgar Stone Road, Horspath Driftway OX3 7JQ

Tel: **01865 897102**

Email: **oxfordcss@oxfordshire.gov.uk**

Wallingford

51 High Street OX10 0DB

Tel: **01865 897106**

Email: **wallingfordcss@oxfordshire.gov.uk**

Wantage

Charlton Village Road OX12 7HG

Tel: **01865 897103**

Email: **wantagecss@oxfordshire.gov.uk**

Witney

6 Moorland Road OX28 6LF

Tel: **01865 897107**

Email: **witneycss@oxfordshire.gov.uk**

The University of the Third Age is an organisation of retired 'but not retiring' people who come together to learn. It does not run formal courses and no qualifications are necessary to join. Visit **www.u3aoxford.org.uk**



Travelling in Oxfordshire

Community Transport

Many groups across Oxfordshire provide transport services, from small volunteer car schemes to larger minibus schemes offering timetabled services. They are run largely by volunteers and do not make a profit but may make a charge to cover expenses.

Contact Community First Oxfordshire on **01865 883488**, visit **www.communityfirstoxon.org** to find out more information about community transport groups and services in the county or search the Live Well Oxfordshire website at **www.oxfordshire.gov.uk/livewell**

Bus passes

There are several different types of bus pass available, subject to eligibility criteria. To find out more, visit **www.oxfordshire.gov.uk** and search 'bus passes'.

Blue Badge parking permits

The national Blue Badge Scheme helps people with severe walking difficulties who travel as drivers or passengers to park close to their destinations. For more information on the scheme and to apply, visit **www.oxfordshire.gov.uk/disabledparking**

Public toilets – including accessible toilets

District councils have a list of all public toilets in your area and can tell you how accessible they are. They'll also let you know about local shops and businesses which have accessible toilets. A list of contact details for local district councils begins on page 47.

The Changing Places website has a map of toilets that are fully accessible and have the equipment that disabled people may need.

Visit **www.changing-places.org**

Keeping safe

Trusted traders

The 'Buy With Confidence' Scheme provides a list of reputable local businesses. Oxfordshire County Council's Trading Standards staff have

checked local member businesses to ensure their trustworthiness and compliance with the law. Visit **www.buywithconfidence.gov.uk**

Scams and doorstep crime

Scams are more common than most people realise. Every day, Oxfordshire County Council's Trading Standards Team hear from people who have lost money to a scam-artist or rogue trader. Some scams are one-offs that persuade you to part with a lump sum, while others go after your personal details so they can access your money or copy your identity. Cold calls, high-pressure sales tactics and automated voicemails asking for people's details are just some of the tricks scammers are using.

If you have been a victim of a scam or know someone who has and would like advice, contact the Citizens Advice Consumer Helpline on **0808 223 1133**, or call Action Fraud on **0300 123 2040**

to report a scam. Unfortunately, there are also a number of traders that want to cheat us out of our money. A rogue trader may persuade a homeowner to have work carried out on their property. This work is often unnecessary, may be charged at inflated prices, may be poorly done and often the trader will charge for work that hasn't been completed.

If you think a rogue trader has called in your area, report it immediately to the Citizens Advice Consumer Helpline on **0808 223 1133**. For more information, visit **www.oxfordshire.gov.uk** (search 'scams'). If you are over 50 and would like face to face advice about staying safe from scams, contact Age UK Oxfordshire on **0345 450 1276**.

Fire and rescue

To reduce the chance of having a fire in your home, you need to be aware of the risks, how to prevent them and what to do should a fire occur. Oxfordshire County Council's Fire and Rescue Service offers free 'Safe and Well' visits to vulnerable members of the

community. Your home will be assessed for fire risk, and if required, free smoke alarms will be fitted.

The visit will also cover home escape plans and provide advice to lower fire risk. Visit **www.365alive.co.uk**

Keeping warm in winter

It's important to stay safe and keep warm in winter. The Age UK website has some excellent tips on preparing for and coping with cold weather; visit **www.ageuk.org.uk** (search 'keep well this winter').

Better Housing Better Health (BHBH) is a one stop shop for a range of free services aimed at helping Oxfordshire residents reduce energy bills and keep warm and well at home. Call **0800 107 0044** or visit **www.bhbh.org.uk**

Safeguarding and protecting vulnerable adults

Sadly, some adults suffer abuse and neglect, sometimes at the hands of relatives or people in trusted positions. The abuse can be physical, sexual, psychological, emotional or financial, or it can arise from neglect. Organisational abuse may occur within an institution or specific care setting such as a hospital or care home, or where care is provided in a person's own home. It may range from a one-off incident to ongoing ill-treatment.

If you are worried about contacting the police, contact Oxfordshire County Council's Social and Health Care Team on **0345 050 7666** (option two). Further information is also available on the

Oxfordshire Safeguarding Adults Board website at **www.osab.co.uk/** If someone is in immediate danger, call **999**.

Domestic abuse

Oxfordshire Domestic Abuse services offer emotional and practical support to victims of domestic abuse. Call the helpline on **0800 731 0055**, 10.00am and 7.00pm, Monday to Friday; or visit **www.reducingtherisk.org.uk/oxfordshire**

There is also a National Domestic Abuse Helpline which is open 24-hours, call **0808 200 0247**.

Protecting children and young people

If you are worried about a child or young person's wellbeing or think they may be at risk of harm or being abused or neglected, let someone know. There are various organisations you can speak to but if you think a child is in immediate danger, call **999**. You can also get advice and help from the National Society for the Prevention of Cruelty to Children helpline on **0808 800 5000** or via email on **help@nspcc.org.uk**

Contact Oxfordshire County Council if you are a concerned member of the public, a child or young person who is being harmed or a parent or carer who feels at risk of harming a child.

Oxfordshire County Council's Multi-Agency Safeguarding Hub (MASH)

Monday to Thursday, 8.30am to 5.00pm; and Friday, 8.30am to 4.00pm.

Tel: **0345 050 7666**

Emergency Duty Team

Outside office hours, for emergencies only.

Tel: **0800 833 408**

Advertisement

**my family
our needs**

www.myfamilyourneeds.co.uk
For parents and carers of
children with additional needs.

Support and care – where do I start?

This guide is a good starting point to help you think about your options and provide you with information to help you remain independent and well.

There is a wide range of local support services and activities across the county, and a broad network of voluntary, community and faith organisations. These can increase your social connections and help you to live well in your community.

Search the Live Well Oxfordshire directory at **www.oxfordshire.gov.uk/livewell** or contact the Community Link Oxfordshire (see page 10). Family, friends and neighbours can often be an invaluable source of help and support, as well as care homes and providers of care and support in your own home. Oxfordshire County Council's Adult Social Care pages at **www.oxfordshire.gov.uk** also have further information and advice to support you.

Assessment

Anyone who thinks they may have a need for social care support can ask the Council for an assessment of their needs. If you need help to manage day-to-day activities, such as getting washed and dressed or getting yourself something to eat, and as a result there is a significant impact on your health and wellbeing, then you may be eligible for support from Oxfordshire County Council.

The Council uses national eligibility criteria for both adults with care and support needs and carers with support needs to work out if you are eligible. You have the right to have an assessment regardless of your ability to pay for the support you may need. The assessment may be over the telephone or face-to-face and you may also be able to complete some assessments online.

Your assessment will involve talking with you, your carer, and other people who know you well about different aspects of your life, which may include your physical health, your emotional health, how you manage to look after yourself, and your current family and support networks.

The assessment is an opportunity to understand your situation, the needs you may have and your strengths and capabilities. It should take your personal wishes into account in deciding what sort of care, advice or information you need. You can arrange an assessment either for yourself or for someone else:

- Via the Oxfordshire County Council website (**www.oxfordshire.gov.uk**).
- By phone on **0345 050 7666** (option two).
- By email (**socialandhealthcare@oxfordshire.gov.uk**).

If you know you will not get financial support from us, the assessment may waste your time. There is currently a very long waiting list for a needs assessment from the Council, which could be up to six months. However, you can get an assessment privately without the wait. My Care My Home can carry out your care needs and capacity assessments. Call **0800 731 8470** or visit **www.mycaremyhome.co.uk**

Planning your support

If your assessment shows that you are not eligible for help from the Council, you will be told about other organisations that can help you. If you have eligible needs, the Council will tell you how much money you are likely to need to cover the costs of your assessed needs – known as a Personal Budget.

A Personal Budget helps you have control over your life, identify your needs and the things you want to do and, if you wish, manage your support.

If you are eligible for financial support from the Council, you can choose to have your Personal Budget paid to you as a Direct Payment, which means you can plan exactly how to use it to meet the eligible needs agreed in your assessment.

Contact Oxfordshire County Council's **Social and Health Care Team** on **0345 050 7666** (option two) or visit **www.oxfordshire.gov.uk**

What is a Direct Payment?

An agreed amount of money allocated to meet your support needs and allows you to spend the money allocated to purchase your own care and support in a way that best suits you, so that you can be as independent as possible. You will then be able to choose how the total sum of money is spent and take control of your own care.

You can choose to have:

- A Direct Payment.
- Services that are provided or arranged by Oxfordshire County Council.
- A mixture of a Direct Payment and the services the Council can provide or arrange.

Having a Direct Payment

You can receive your Direct Payment in different ways:

- Direct Payment Online Account (DPOA).
- Self-Managed Account.
- Managed Account Service.

Considering a Direct Payment?

To find out more or to discuss which option might be best for you, contact the Direct Payments Team on **01865 898989** or email **directpaymentadvice@oxfordshire.gov.uk**

Oxfordshire County Council's approved provider list

The approved provider list includes providers offering support specific to Managed Accounts, Payroll and recruitment support for you to purchase to help you meet your support needs; the cost of which will be included in your agreed Personal Budget amount.

Access the approved provider list at **www.oxfordshire.gov.uk** (search 'direct payments').

Looking after someone

You may not see yourself as a 'carer' – you see yourself as a son, daughter, partner, friend or neighbour. But if you regularly support and care for someone who could not manage without you then you are a carer and there is help available to support you to carry on with this vital work and consider your own wellbeing. The law says you have the right to have your own needs assessed, even if the person you care for has refused support services or an assessment of their own needs.

A carers' assessment gives you the chance to say what you need as a carer, and to find out

what support might be available to help you to continue in your caring role while still being able to pursue your own interests or lifestyle. Your physical and emotional wellbeing and quality of life are at the heart of the assessment. Your carer's assessment will result in a personalised support plan. You can also talk to a specialist carer support worker.

Complete a carers' assessment form at **www.carersoxfordshire.org.uk** (search 'carers' assessment'). If you would like support in completing the assessment, contact Carers Oxfordshire. See page 17.

Respite care and short breaks

Respite is alternative care or support for a 'cared-for' person so the carer can have a break from caring. It can range from some assistance with

chores, or a break of a few hours during the day so that the carer can go out, to a longer break of a week or more. A respite service may be provided in

the home, for example a care worker comes in to look after the cared-for person, or in another place such as a care home or respite centre.

Respite is considered to be a service for the person

being cared for. If they have a Personal Budget for their own needs (see page 16), they could use that money to pay for it. A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

Carers Oxfordshire



Here to support unpaid adult carers in Oxfordshire. That means if you are 18 or over, and a child, another adult or both relies on you to do something they are unable to do for themselves, Carers Oxfordshire can help you find solutions that can make caring easier. Carers Oxfordshire aims to help you recognise your vital role as a carer. Whilst you care because you are a parent, family member or friend, you may not recognise yourself as a carer. Doing so can be the first step to getting the information, advice and the support that you need.

Caring for someone else shouldn't come at the cost of caring for yourself. Carers Oxfordshire will support you to find ways to care for yourself as you care for another – whatever that looks like for you. Carers Oxfordshire wants you to know that you are brilliant. The service will be here to encourage you when times are tough and celebrate your wins with you. Carers Oxfordshire will be here to listen to your needs and work together on solutions.

Call **01235 424715**,
email **carersinfo@carersoxfordshire.org.uk**
or visit **www.carersoxfordshire.org.uk**

Young carers

Someone under the age of 18 who may be physically or emotionally caring for someone in their family because of an illness or disability, including mental health conditions like depression and addiction. Being a young carer can have a positive impact on some children, for example, they may acquire new skills, or be safely independent. However, being a young carer may also have a negative impact on a child and for some children, providing care to another person can cause them to have

support needs, or put their health, development or education at risk.

If you have emerging concerns for a young carer, consider Early Help and the Locality Community Support Service (LCSS). Visit **www.oscb.org.uk** (search 'early help'). If you have concerns that a young carer may be at risk of significant harm, contact the **Multi-Agency Safeguarding Hub (MASH)** on **0345 050 7666**.

Carers' benefits

Carer's Allowance

If you care for someone for at least 35 hours a week and you are over 16, you may be entitled to Carer's Allowance. However, you cannot claim it if you are in full-time education or employment, and it can affect other benefits or pension you receive.

Carer Premium

If you are over 65 and you can claim Carer's Allowance, you may be able to get extra money added to your existing benefits or credits. This is called Carer Premium.

Carer's Credit

Carer's Credit is a National Insurance credit which will let carers build up qualifying years for the basic State Pension and additional State Pension. This means that there will be no gaps in your National Insurance record if you have to take on caring responsibilities. Visit **www.gov.uk** for more information about benefits.



Resource for those supporting children with additional needs

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance, policy and signposting, there is a

lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships.

Visit www.myfamilyourneeds.co.uk

Living at home

For many people, it's important to stay in their own familiar surroundings near to friends and family and to retain their independence. But some of us may need a little extra help. Adaptations to your home, trying different ways of doing things or equipment may make your life easier and safer.

An occupational therapist can work with you to identify changes that could help in your day-to-day life, from simple solutions such as walking aids;

to major adaptations such as walk-in showers. Occupational therapists, social workers and co-ordinators can all assess for items of assistive technology, for example memory clocks to help remind someone of daily events and to take their medication.

Call Oxfordshire County Council's Social and Health Care Team on **0345 050 7666** (option two) or visit www.oxfordshire.gov.uk/equipmentaidsadaptations

Equipment, aids and gadgets

Telecare

Sensors in your home that are linked through a base unit connected to a 24-hour staffed monitoring centre. This base unit will connect to the monitoring centre via your phone line or a roaming sim card. If the sensor detects a potential danger, such as smoke, flood or fall, or the person presses their pendant alarm, a call will automatically be put through to the monitoring centre. Staff at the monitoring centre will then phone the person and if necessary, can request further help from their family, friend, neighbour or the emergency services.

Standalone assistive technology (AT)

Can increase your independence, safety and help you with day-to-day tasks. It can also reduce carer stress. This equipment ranges from providing you with memory prompts for day-to-day tasks, to alerting a family member or carer living in the property that you need help. Standalone equipment is not linked to a staffed monitoring centre. The following are some ways that AT may support you.

Reduce risk of falling:

- Sensors/lights may help, particularly at night, for

example, when getting up from bed to go to the toilet.

- Sensors can be placed inside the home to alert a carer or family member, such as if a person gets out of bed at night.

Support to remember important things:

- Remembering to take medication on time and remembering doctor's appointments.
- Knowing the date and time and distinguishing between day and night.
- Remembering to eat and drink regularly or at specific times.
- Remembering to take your mobility aid, keys or purse when going out.

Manage/reduce the risk when going out:

- Locating systems using GPS/mobile phone technology can be used to find somebody outdoors.

Activity monitoring:

- An assessment tool which involves the installation of infrared sensors. The sensors

detect a person's movements within their own home, and this helps to show the person's routine to see how well they are managing tasks and daily living activities. These sensors are normally installed for a short period of time to collect information as part of a social care assessment.

Will I have to pay?

If you have an eligible need for Telecare, and a referral is made via Oxfordshire County Council to its Telecare provider, a financial assessment will be undertaken to work out what contribution you need to make towards the cost of your Telecare service. There are other providers available on the market and you can approach these companies privately.

Standalone AT is provided based on your need for

the equipment and some items are free. However, other items will require a financial assessment where there is an ongoing subscription, such as GPS trackers.

How can I find out more and get an assessment of my needs?

Oxfordshire County Council can tell you about the full range of options available. Visit

www.oxfordshire.gov.uk/equipmentaidsadaptations

If you can't get online, call the Social and Health Care Team on **0345 050 7666** (option two) and let them know that you're interested in AT. Once you've identified equipment that might help with your support needs, use the checklist on page 21 to make sure it's right for you.

Improving your home

Each district council in Oxfordshire provides the following assistance to help residents remain safe, secure, independent and warm in their own homes. There is also information available online at

www.oxfordshire.gov.uk

(search 'improving your home').

Disabled Facilities Grants (DFG)

If you have a permanent and substantial disability you may be eligible for a DFG. This grant is administered by your local district or city council and is subject to a financial assessment. This means you may have to pay something towards the cost of the work. If you rent your property from the Council or a housing association, they may directly fund work to adapt your home. If not, you can still apply for a DFG.

Essential Repairs Grants (ERG)

This is a means-tested grant for homeowners. An ERG of up to £5,000 can be made available to eligible people to help with essential repairs to the home.

Flexible Home Improvement Loans

This loan scheme for owners and occupiers aged 60 and over is designed to help improve the comfort, safety and security of your home.

Small Repairs Service (SRS)

Available to owners, occupiers and tenants who

are aged 60 and over (aged 55 and over in Oxford), disabled and suffering from a long-term health condition. This service covers small plumbing, electrical and basic household repairs. There will be a labour charge as well as the cost of any materials used.

Insulating and heating your home efficiently

If you are struggling with your fuel bills or need information on how to keep warm, call the Better Housing, Better Health helpline on **0800 107 0044** for free, impartial advice on:

- Reducing your energy bills.
- Heating your home affordably and efficiently.
- Grants and financial assistance.

Contact your district council to find out more about these schemes. See page 47.

Oxfordshire County Council – Social and Health Care Team

Tel: **0345 050 7666** (option two).

Emergency Duty Team: **0800 833 408**

Web: **www.oxfordshire.gov.uk/livewell**



Falls prevention

The Oxfordshire Falls Prevention Service helps people to avoid falls and regain confidence following a fall. Specialist nurses offer a detailed assessment and make recommendations about medication, physiotherapy and home adaptations. For more information, call **01865 903400**, email **falls@oxfordhealth.nhs.uk** or visit **www.oxfordhealth.nhs.uk** (search 'falls prevention').

Age UK Oxfordshire, in collaboration with Move Together, offers a free introductory exercise and information programme, Stay Strong and Steady, which is specifically designed for people who are concerned about their balance.

Call **01235 849403** or visit **www.ageuk.org.uk/oxfordshire/our-services/exerciseandwellbeing**

Support and care at home

Get the help you need to stay safe in familiar surroundings whilst retaining your independence. You can receive assistance to carry out a range of tasks, for example, helping you to get dressed, cook or go out. You can choose to:

- Purchase your own care privately.
- Have a Direct Payment to arrange your own care.
- Have services provided or arranged by Oxfordshire County Council.
- Have a mixture of a Direct Payment and services

the Council can provide or arrange.

Most home care providers are regulated and inspected by the Care Quality Commission (CQC) which publishes inspection reports and quality ratings on its website (**www.cqc.org.uk**). When considering a service, it's a good idea to check the CQC report. If you hire a care and support worker (sometimes called personal assistant), you may become an employer and there are responsibilities that come with this. Care and support workers/ personal assistants employed directly by you are exempt from CQC registration. →

Advertisement

Taylor-Made Mobility

Adapt your home for independent living
Specialists in home mobility adaptations and support

Stair Lifts
Home Lifts
Walk-in Showers
Wetrooms

For a no obligation consultation, give us a call today on 01235 428 090 or visit www.taylormademobility.co.uk

DBS CHECKED
ASBESTOS AWARENESS CERTIFIED
COVID-19 SAFE
Taylor-Made Mobility

Tell us what you think ✓

⊙ What have you found useful?
⊙ What could we do better?

Share your feedback
Take our five minute survey

www.carechoices.co.uk/reader-survey

CareChoices

It's a good idea to consider the following questions before buying any assistive technology. If you are unsure about what technology might help meet your needs, you can contact your council or visit <https://asksara.livingmadeeasy.org.uk>

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

Does the equipment support your specific needs? ☐

Are you willing to use it? ☐

Will it fit into your everyday life and routine? ☐

Have you tried a demo of the equipment? ☐

Do you understand what the equipment is for? ☐

Do you need to take it with you when you leave the house? Is it transportable? ☐

Does the equipment have any limitations that would make it unsuitable for you? ☐

Will it work alongside any assistive technology you already have? ☐

Usability

Is a simpler piece of equipment available (e.g. a pill case rather than an automated pill dispenser)? ☐

Does the equipment need a plug socket and will any wires cause a trip hazard? ☐

Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? ☐

Are you able to use it? Are there any aspects you don't understand? ☐

Notes

Will it need to be installed by a professional? ☐

Can the retailer provide you with training in using the equipment? ☐

Reliability

Will it work if you have pets or live with other people (e.g. could someone else set off a sensor alarm by accident)? ☐

Have you read reviews of the equipment you are looking at? Consider these before making your purchase. ☐

Can you speak to someone who already uses it? ☐

Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this. ☐

Is it durable? If you drop it, is it likely to break? ☐

Cost

Do you know how much it costs? ☐

Will you need to pay a monthly charge? ☐

Are there alternative solutions that might be free? ☐

Is there a cost associated with servicing the equipment? ☐

➔ Other care and support workers/personal assistants are self-employed, and by hiring them you will not become an employer. They will be able to show you their HMRC self-employment status, insurance certificates and will invoice you for their services. Before you make any decisions regarding care, be sure to contact several providers and ask for a service user's guide, their charges and a draft contract between you and the provider.

Community Links Oxfordshire can help you remain as independent as possible through its knowledge of local voluntary and other support organisations. Email **community@ageukoxfordshire.org.uk** or call **01235 849434**. You can also contact My Care My Home, which provides people who pay for their own care with advice about their care and support options over the phone, or in person. Visit **www.mycaremyhome.co.uk**

Age UK Oxfordshire's Homeshare service brings together an older person, or couple, who might be looking for practical help or companionship at home, with a carefully matched person who is happy to lend a hand in return for an affordable place to live. Call **01865 410670**, email **homeshare@ageukoxfordshire.org.uk** or visit **www.homeshareoxfordshire.org.uk**

Local support in your area

People want care and support at times and in ways that suits them. Local people helping other local people is good for everyone and for communities. Very small organisations can offer great care and

be imaginative and responsive. You can find a list of these smaller local micro enterprises on Live Well Oxfordshire website at **www.oxfordshire.gov.uk/livewell** (search 'micro enterprises').

Paying for support and care at home

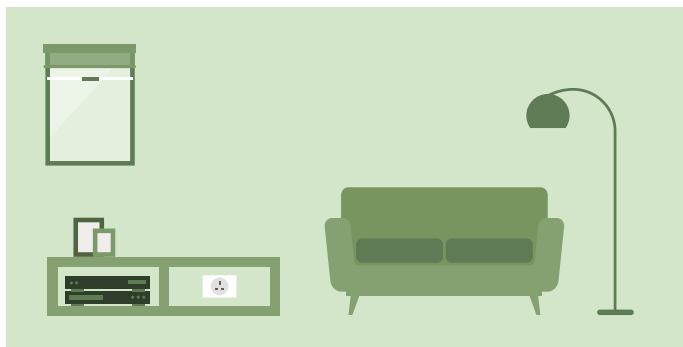
Depending on your personal financial circumstances, you may have to pay for some or all of the cost of support and care you need at home. Most people are likely to have to contribute something towards the cost of their care. The Council will carry out a financial assessment to work out whether you have to contribute. This will look at your capital, savings and income. Capital assets could include additional property, shares and other relevant assets. The assessment will be based on the current upper threshold limit of £23,250. This figure does not include the value of the home in which you live if you are receiving care at home but may include any other properties you own.

If you have savings or other capital assets over £23,250 then you would be expected to pay for the full cost of your care and support. If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support. If you would like to arrange your own care and support, you may wish to receive a Direct Payment. Visit **www.oxfordshire.gov.uk/payingcare** or contact Oxfordshire County Council's Social and Health Care Team on **0345 050 7666** (option two). More information on paying for care can be found on page 53. ➔



Making life easier at home

If you're having difficulties with everyday tasks, these simple solutions could make life easier and enable you to retain your independence. These are a starting point; other solutions are available, which might better suit you.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit www.gov.uk/winter-fuel-payment

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available that turns your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Make a note of when you've taken them or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large-handed cutlery could help, as could non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Having tap turners fitted can make **using taps** easier. You could also consider changing to lever-style taps, which might be easier for you to use. ➔



Handled plug



Chair raisers



Chopping board

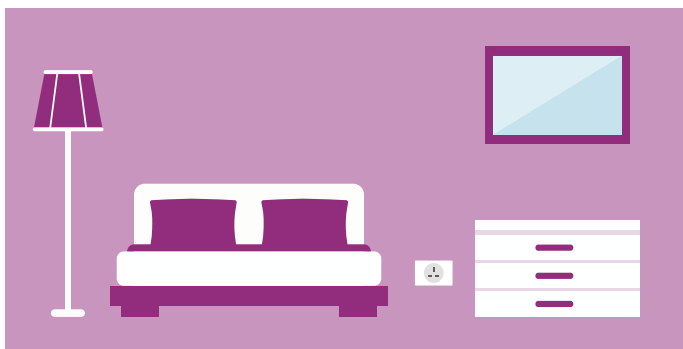


Level indicator



Teapot tipper

➔ More information on staying independent and ideas to help you live at home can be found online at www.carechoices.co.uk/staying-independent-at-home/ There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support – see page 17.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist, or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat or a seat with a built-in support frame if it's **hard to use your toilet**. Flush-lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath, or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Oxfordshire County Council – Social and Health Care team

Tel: **0345 050 7666** • Email: **0800 833 408**

Web: www.oxfordshire.gov.uk/livewell



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

➔ The standards you should expect

If you receive support at home from a care provider, these standards will set out what you should expect. Oxfordshire County Council uses these standards to monitor the quality of services. Home care staff should:

- Introduce themselves when they arrive.
- Know you and your support plan.
- Be trained to deliver the support you need.
- Always deliver support to a good standard.

When your home care worker visits you, they should:

- Focus their attention on you.
- Be pleasant and treat you with dignity and respect.
- Do their best to arrive on time and let you know by phone if they will be late.
- Tell you when they are leaving.
- Check to see how they can best support you at the start of each visit.
- Not rush you – they should help you at a pace that suits you.
- Carry out all agreed tasks.
- Make sure that you are always comfortable.
- Communicate and discuss topics that interest you.
- Check you are happy with the support you are given and encourage you to feed back where they can improve.
- Show you your care record if you ask for it.
- Be aware that their visit may affect other household members.

These standards have been jointly written by people who receive care in their home and home care support providers. If you have any compliments, comments and/or complaints about the support you receive, contact your care provider; usually, talking to someone in the service can put it right. If not, call Oxfordshire County Council on **01865 323589**, email **commentsandcomplaints@oxfordshire.gov.uk** or write to Comments and Complaints Service, Freepost RRYR-XTBE-GBTZ, County Hall, New Road, Oxford OX1 1ND.

Advertisement

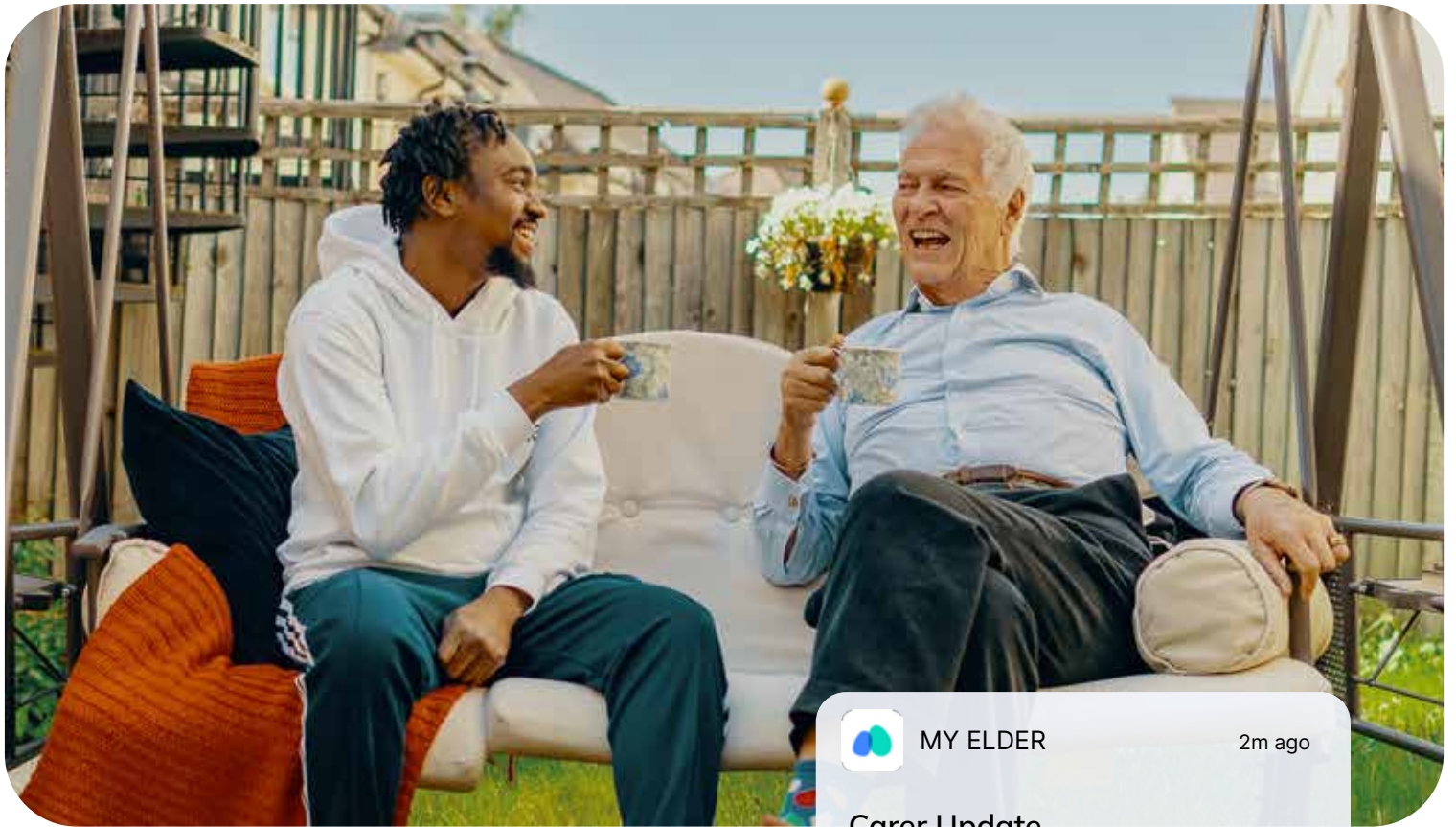


Oxford Aunts
HOME CARE SPECIALISTS

**Why leave the home
you love to receive
the care you need?**

Stay safe in your own home,
on your own terms. Our service
is fully managed, and worry-free.
Exceptional care since 1967.

Call **01865 521 658** for
more information or visit
oxfordaunts.co.uk



MY ELDER

2m ago

Carer Update

Anthony has confirmed their placement

Care with more choice & more control

People across Oxford are choosing to stay in the comfort of their own homes with Elder live-in care.

We work with both families and local authorities to find a skilled and vetted carer who can move into the home, and help transform later life.

- Avoid the upheaval of moving into a care home
- Personalised, one-to-one care and companionship
- Supports a range of needs from personal care to housekeeping
- Protects a person's way of life
- Helps older couples to stay together
- Can be arranged in as little as 24 hours

Find out if live-in care is right for your situation.

Speak to a Senior Care Advisor today on **0330 057 2151**



www.elder.org

 **elder**

Proud to Care Oxfordshire

Would you be interested in a career in care? Care work is one of the most fulfilling jobs and offers fantastic career opportunities. Proud to Care Oxfordshire helps local people find rewarding jobs in adult social care. Visit www.proudtocareoxfordshire.org.uk



Community Catalysts

Are you interesting in working for yourself, offering care and support to older or disabled people in your community? Community Catalysts is funded by Oxfordshire County Council to provide free professional advice to help you get set up.

You don't need business or care experience to get support, but need to know what good care looks like and want to help people near you. Visit www.communitycatalysts.co.uk (search 'love your work').

Advertisement

Bespoke home care

Supporting people to live **independently**

We provide a range of services from regular and reliable visiting care to 24-hour live-in care. Whether it's a short daily visit or round-the-clock support, our dedicated care plans are centred around you or your loved one.

✓ Rated 4.7 on ★ Trustpilot

✓ Regulated by the CQC and CIW

✓ Free care assessments

✓ Providing care for over 30 years

Contact your local branch today!

Wantage 01235 330 609	Oxford 01865 521 858
--	---------------------------------------

for more details visit: helpinghands.co.uk

• ● ○ *Because, life is better at home* ○ ● •

To find more information about care and support services visit www.oxfordshire.gov.uk/livewell

27



Bluebird Care

Care and Live-in support
in your own home

Bluebird Care is your alternative to residential care. We can help you remain in your own home while enjoying a fulfilling life with dignity and enjoyment. We can help you with personal care, shopping, cleaning, social visits and round the clock live in care.

Our care assistants are supported and trained to exceptional standards. We are experts at providing compassionate care.

"The advantages of working with a managed care provider for live-in care rather than an 'introductory' service were clear: peace of mind and backup. A care company should provide qualified carers, take care of all the employment issues, and ensure that there is backup if the carer has to have time off, or has questions. In the end it was a clear choice to go with Bluebird Care."

Home
is where the heart is
Let's keep it there



Get in touch:

01865 704 035

oxford@bluebirdcare.co.uk

www.bluebirdcare.co.uk/oxford


Abicare
Achieving Better Independence

**There are care homes...
and then there's care
in your own home**

Your familiar home comforts, your favourite tea cup, your well loved chair and your fondest memories - all possible with 24/7 Live-in care.

**Please contact us today and one of our friendly
team will be happy to discuss all your care needs.**



 **0330 128 9094**

 **enquiries@abicare.co.uk**

 **www.abicare.co.uk**

Agency 1

Agency 2

Agency 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with support and care at home providers so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

About the provider

How long has the provider been operating? ☐ ☐ ☐

How long are staff allocated per visit? ☐ ☐ ☐

Can you contact the provider in an emergency or outside office hours? ☐ ☐ ☐

Does the provider have experience with your specific needs? ☐ ☐ ☐

Staff

Are you likely to be visited by different staff each day? ☐ ☐ ☐

Are all staff checked with the Disclosure and Barring Service? ☐ ☐ ☐

Will you be notified in advance if your care worker is on holiday or sick? ☐ ☐ ☐

Are staff matched to you specifically, based on your needs and preferences? ☐ ☐ ☐

Can you meet your care worker(s) before they start? ☐ ☐ ☐

Does the provider have both male and female staff? ☐ ☐ ☐

Accommodating your needs

Can the provider accommodate your needs if they increase? Ask about the process for this. ☐ ☐ ☐

Does the provider have a training scheme in place? ☐ ☐ ☐

Are all staff trained to a certain level? ☐ ☐ ☐

Are staff able to help with administering medication if required? ☐ ☐ ☐

Is there a way for staff to communicate with each other about the support they provide when they visit you? How? ☐ ☐ ☐

Regulation

Will your support plan be reviewed at regular intervals? ☐ ☐ ☐

Can you see the provider's contract terms? ☐ ☐ ☐

Can you lodge a complaint easily? ☐ ☐ ☐

Are complaints dealt with quickly? ☐ ☐ ☐

Can you see a copy of the provider's CQC registration certificate and quality rating? ☐ ☐ ☐

Notes

.....

.....

.....

.....

.....

*See page 20.



Making living at home easier and more enjoyable



For individual care from 30 minutes up to 24 hours in your own home please call

01865 601010

 **acquire care**
helpful friendly care for you

www.acquirecare.co.uk info@acquirecare.co.uk

Est. 1986
Agincare
Caring in your community



Ask us about
24-hour
live-in care

Affordable care in the comfort of your own home in Oxford

- Personal Care
- Companionship
- Housekeeping
- Shopping
- Trips Out
- Specialist Care

01993 221641
carehub.agincare.com/careinoxford

Inspected and rated
Good




 **1st Homecare**

 **Supporting you with first class care**

Compassionate and Independent care agency providing individual tailor-made packages to meet all of your care needs in the home.

- Live-In care
- Personal Care
- Dementia Care
- Sensory Impairment Care
- Palliative Care
- Mental Health
- Physical Disabilities

Inspected and rated
Good


For more information please contact us: Tel **01865 744 174** Web www.1st-homecare.com

Support and care at home providers

1 To 1 Care Ltd **OACP**

Oxford

Tel: 01865 343134

OP D PD LDA MH SI YA

1st Homecare (Oxford) Ltd **OACP**

Oxford

Tel: 01865 744174

Advert page 30

OP D PD LDA MH SI YA

7 Thistledown Close

Oxford

Tel: 07547 296084 **Advert page 44**

OP YA

A Caring Hand Ltd **OACP**

Witney

Tel: 01993 708703

OP YA

Abi-Support Ltd

Didcot

Tel: 07837 626557

OP D PD LDA YA

Acquire Care Ltd **OACP**

Oxford

Tel: 01865 601010

Advert page 30

OP D LDA MH YA AD

Affinity Trust Luton PBS and Support

Thame

Tel: 01844 267800

OP LDA YA

Age UK Oxfordshire – Foot Care Home Service **OACP**

Abingdon

Tel: 0345 450 1276

OP D PD SI YA

Agincare Oxford

Oxford

Tel: 01993 221641

Advert page 30

OP D PD LDA MH SI

Alina Homecare Banbury

Banbury

Tel: 01295 793222

OP D PD LDA MH SI YA AD

Allied Health-Services Ltd Oxfordshire

Carterton

Tel: 01865 370707

OP D PD LDA MH SI YA AD

Angel Care Group Ltd **OACP**

Witney

Tel: 07496 817762

OP D PD LDA YA

Autumn Years Care

Thame

Tel: 01844 447026

OP D YA

Be Well Care Ltd

Henley-on-Thames

Tel: 07876 474554

OP D PD SI YA

BelleVie Abingdon, Oxford, Witney, Wantage, Henley-on-Thames **OACP**

Abingdon

Tel: 01235 330 826

Advert page 32

OP D PD LDA MH SI YA

Bicester Care and PA Ltd **OACP**

Bicester

Tel: 01869 400000

OP D PD LDA SI YA

Bloomfield Care Oxfordshire **OACP**

Wallingford

Tel: 01202 099699

OP D MH YA

Blue Angel Care Ltd

Didcot

Tel: 01235 242432

OP D PD LDA SI YA

Bluebird Care (Cherwell)

Bicester

Tel: 01869 324293

Advert page 33

OP D PD SI YA

Bluebird Care Oxford **OACP**

Oxford

Tel: 01865 704035

Advert page 28

OP D PD YA

Bolff Healthcare Services Ltd **OACP**

Oxford

Tel: 01865 910162

OP D PD LDA MH YA

Bridges Home Care Ltd **OACP**

Henley-on-Thames

Tel: 01491 578758

OP D PD LDA MH SI YA

Brownbill Associates Ltd

Thame

Tel: 01844 212153

PD LDA YA

Care Bridge Specialists Ltd

Henley-on-Thames

Tel: 01491 714060

OP LDA MH SI

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

Multi-award winning home care provider



We're passionate about helping people lead the life they love from the comfort of their home. We offer **everything you'd expect from home care and lots more** - all delivered by our award winning local teams.

Winner of **four** 2023 Home Care Awards



Outstanding
Independent Home
Care Provider



Innovative
Technology
Expertise



Palliative/End
of Life Care
Expertise



Team
Support



Top 20 UK
Home Care Group
2021 & 2022



How could I manage without your wonderful team? The care you give to our mother is respectful, kind, professional and very loving. She feels in safe hands and we know that we can rely on the wonderful team to enable mum to enjoy life still at her great age.



Care Bureau Ltd, The – Domiciliary Care – Banbury

Banbury

Tel: 01295 340010

OP D PD LDA MH SI YA

Care Compassion and Conversation Ltd

Chipping Norton

Tel: 01608 656188

OP D PD SI YA

Care Hearted Oxfordshire Office OACP

Banbury

Tel: 0330 113 9571

OP YA

Care Outlook (Oxford)

Oxford

Tel: 01865 771348

OP D PD MH SI YA

Care Time UK – Main Office

Oxford

Tel: 01865 570024

OP D PD YA

Care With Care

Witney

Tel: 01865 882219

OP D PD SI

Care With Dignity Partnerships

Abingdon

Tel: 01235 522738

OP D LDA YA

Advertisement**Care@home Oxfordshire**

Witney

Tel: 01993 647012

OP D PD MH SI YA AD

Care with Heart Ltd – 66 Bradstocks Way OACP

Abingdon

Tel: 07870 727289

LDA

Care Workshop, The OACP

Banbury

Tel: 01216 380740

OP D LDA MH YA

Carefront Care Services Ltd OACP

Thame

Tel: 01844 617315

Advert below left

OP D PD MH YA

Caremark (West Oxfordshire & Cherwell) OACP

Woodstock

Tel: 01993 810918

OP D PD LDA MH SI YA AD

Carestream Home Care

Abingdon

Tel: 01235 617181

OP D PD LDA MH SI YA

Caretree Ltd OACP

Abingdon

Tel: 01235 828296

OP D PD MH YA AD



CAREFRONT CARE SERVICES
Leading ways in Quality Care

COMPLEX CARE
LIVE-IN CARE
PALLIATIVE CARE
RESPIRE CARE
VISITING/COMPANION
SLEEP-IN/NIGHT CARE
DEMENTIA CARE

01844 617 315 | admin@carefrontservices.co.uk

We are a care provider based in Thame – a town within the border of Oxfordshire and Buckinghamshire – committed to giving our clients personalized, improved and safe way of living in their own homes, using highly dedicated and trained staff. As well as in Buckinghamshire and Oxfordshire, we also operate in Hertfordshire and Berkshire areas of the country.

We have three core pillars that underpin our goals of providing clients, whether Local Authorities or private, with first-class quality care:

- We only provide quality care
- We deliver person-centred care with dignity and respect
- We seek to improve care

Our home care service means that you can maintain your independence in your own home, but with that extra support you could need on a regular basis. We have a range of carers with specialist experience to ensure that you have the best care for your situation.



30A, Upper High St, Thame OX9 3EX.
www.carefrontservices.co.uk

Regulated by


CARE VISITS AT HOME

Good Old Fashioned Service





We offer everything from:

- personal care
- getting up and helping to bed
- assisting with medication
- cleaning or social visits
- live-in care

Support for older people, adults with learning disabilities, physical disabilities and/or mental health issues.

For many people the questions about care don't arise until, suddenly, there is a need.

Call us on:
01869 324293
Bicester, Banbury & Kidlington

www.bluebirdcare.co.uk/cherwell

Inspected and rated
Outstanding ★




Outstanding for Caring ☆

Rated **Good** Overall

Inspected and rated by
**Care Quality
Commission**
2022



Quality Care In The Community

At Chamomile we provide services to people in their own homes, the environment that they are most comfortable with. Our packages of care are tailor made to the Service User, recognising their individuality and diversity.

Domiciliary Care

Residential care support services such as personal care, medication visits, domestic services and companionship visits.

Dementia and End of Life Care

Whether physical disabilities, diseases or end of life care, we will provide the support you need.

Reablement

We provide post-operative care and post-discharge care for you at home to support your recovery and re-gaining your independence.

Chamomile Care aims to provide services which safeguard and promote the health, welfare and life of vulnerable people living in their own homes.

We cover Abingdon, Oxford and the surrounding areas



For more information, please call **01235 617737**
info@chamomilecare.com **www.chamomilecare.com**

Support and care at home providers continued

Caring Company, The (Oxon)

Didcot

Tel: 01235 206117

OP D PD LDA SI

CaringPlus Healthcare Services Ltd OACP

Faringdon

Tel: 01367 560755

OP D PD LDA MH SI YA

Ceeda Care Services

Oxford

Tel: 07936 884032

OP D PD YA

Centurion House (OSJCT) OACP

Bicester

Tel: 01235 538387

OP D PD LDA MH SI YA

Chamomile Care Ltd OACP

Abingdon

Tel: 01235 617737

Advert page 34
OP D PD MH SI YA

Cherry Care Services Oxfordshire Ltd OACP

Witney

Tel: 01993 402200

OP D PD LDA MH SI YA

Clarissa's Home Healthcare Services Ltd OACP

Oxford

Tel: 01865 338053

OP D PD YA

Clark Care Services

Reading

Tel: 07725 972580

OP YA

Countywide Caring Ltd OACP

Wallingford

Tel: 01865 858895

Advert below
OP D PD MH SI YA

Crossroads Care (Oxford) OACP

Oxford

Tel: 01865 260280

Advert below left
OP D PD LDA MH SI YA AD

Advertisement



CROSSROADS CARE
Oxfordshire



WE ARE HERE TO SUPPORT YOU AND YOUR FAMILY TO LIVE WELL AT HOME



Crossroads Care provides support and services for unpaid carers and people with care needs. We specialise in tailor made home care delivery.

We always do a **FREE** care needs assessment, so you can tell us exactly what you want.



care@oxfordshirecrossroads.org.uk
(01865) 260280

Charity reg: 1131261 Company reg: 06908734

A Network Partner of
CARERS TRUST



COUNTYWIDE CARING LIMITED



Inspected and rated
Outstanding ★
Care Quality Commission

We provide person centred home care packages to meet your individual requirements. Our outstanding organisation respects your dignity and privacy whilst working to maximise your independence.

We support your choices, wishes and preferences within your own home environment. We provide services and support which is delivered by a qualified and experienced Care Team 7 days a week (7am – 10pm). Our Service also supports you in a professional, confidential way and we adapt to the current situation with the use of PPE at all times in line with government guidelines.

**01865 858895 • manager@countywidecaringltd.co.uk
www.countywidecaringltd.co.uk**



Direct Link Care
The Holistic Care Providers

The Holistic Care Providers
for Oxford and Surrounding Areas

At Direct Link Care, we work with the NHS, Local Authorities, the private sectors across Oxfordshire and surrounding Local Authorities to deliver high quality personal care and supported living services for children and Adults in the comfort of their own homes.

Care Services

- Home Care
- Supported Living Services
- Semi independent Living
- Mother and Baby support
- Live in Care
- Companionship
- Complex Care

0186 533 8111 • 0186 533 8112
info@directlinkcare.com



Inspected and rated
Good
Care Quality Commission

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted



Live In Care
Providing 24hr
Live-in Care
in the comfort
of your own home

Live In Care provides a professional and friendly, fully managed live-in care service that allows you or your loved one to continue to live independently in the comfort of your home, supported by fully trained, experienced and trusted live in carers.

We provide live in care packages which include:

- ♥ 24 hour Live in care ♥ Respite Care
- ♥ Waking nights ♥ End of life/ Palliative care
- ♥ Dementia care ♥ Holiday Companionship

T: 01865 238 241 E: info@livein.care

Live In Care
www.livein.care

Regulated by
Care Quality Commission

ENABLE HEALTH LTD



Inspected and rated
Good
Care Quality Commission

At Enable Health we pride ourselves on providing the best care possible. We treat all of our clients with the respect and dignity they deserve. With our fully trained carers we are able to offer a wide range of services including:

- Home Care
- Shopping
- Sitting Service
- Live In Care
- Overnight Waking Visits
- Complex Care And more...

For more information on how we can help you or a loved one, please contact us.

01865 771550 • admin@enablehealth.org
www.enablehealth.org



Home Instead
To us, it's personal

Live well *your way*

Your home is where you feel the most comfortable and the happiest. It is the place you know the best. If you want to stay living well at home,

Home Instead can help make that possible.

- Home Help
- Personal Care
- Companionship
- Dementia Care

Inspected and rated
Good
Care Quality Commission

Home Instead Oxford
Tel: **01865 680 267** • www.homeinstead.co.uk/oxford

Inspected and rated
Outstanding
Care Quality Commission

Home Instead Swindon & Vale of White Horse
Tel: **01793 234308** • www.homeinstead.co.uk/swindon

Inspected and rated
Outstanding
Care Quality Commission

Home Instead North Oxfordshire
Tel: **01295 237237** • www.homeinstead.co.uk/north-oxfordshire

www.homeinstead.co.uk

Multi award winning support from hourly care to live-in



TOP 20 HOME CARE GROUP
Awards 2022
homecare.co.uk

Support and care at home providers continued

Crystal Business Solutions Ltd T/A Everycare Oxford
Oxford
Tel: 01865 778300 **OP D PD LDA MH SI YA**

Day and Nightcare Assistance OACP
Banbury
Tel: 01295 252277 **OP D PD MH SI YA**

Day and Nightcare Assistance (HO) OACP
Witney
Tel: 01993 708905 **OP D PD**

Day and Nightcare Live-in Care Ltd OACP
Oxford
Tel: 01865 715780 **OP D PD SI YA**

Direct Link Care Ltd – Oxfordshire OACP
Oxford **Advert page 35**
Tel: 01865 338111 **OP D PD LDA MH YA**

Eleanor Nursing and Social Care Ltd – Oxford Office
Oxford
Tel: 01865 985618 **D PD LDA MH SI**

Elite Care Agency OACP
Bicester
Tel: 01869 247779 **OP D PD MH SI YA**

Elmthorpe Convent Domiciliary Care
Oxford
Tel: 01865 773471 **OP D PD**

Enable Health Ltd OACP
Oxford **Advert page 36**
Tel: 01865 771550 **OP D YA**

Eniro Care Ltd
Didcot
Tel: 07861 368698 **OP D PD LDA YA**

FiNN Homecare Ltd – Head Office OACP
Wantage
Tel: 01235 428080 **OP D PD MH SI YA**

Flexi Direct Ltd
Oxford
Tel: 01865 338022 **OP D PD LDA YA**

Flexicare OACP
Wantage
Tel: 01865 321881 **PD LDA SI**

Gain Healthcare Ltd
Bicester
Tel: 01869 225890 **OP D LDA MH YA**

Genesees Ltd
Bicester
Tel: 07907 185882 **OP D PD LDA MH YA**

Genuine Carers – Cherwell OACP
Banbury
Tel: 01295 722853 **OP D PD LDA MH SI YA**

Genuine Carers – Oxford OACP
Oxford
Tel: 01865 985382 **OP D LDA MH SI YA**

George Springall Homecare Partnership
Oxford
Tel: 07720 781037 **OP D YA**

Get Care OACP
Bicester
Tel: 01908 522679 **OP D PD LDA MH SI YA**

Golden Services Care Ltd OACP
Wantage
Tel: 01235 764422 **OP D PD MH YA**

Goldsmith Personnel Ltd (Oxfordshire) OACP
Chipping Norton
Tel: 01608 642064 **OP D PD LDA MH SI YA**

Good Oaks Home Care – Abingdon and Didcot OACP
Didcot
Tel: 07494 927930 **OP D PD MH SI YA**

Greigcare Ltd
Banbury
Tel: 01295 266224 **OP D PD MH SI AD**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted



01869 242 665
enquiries.happycare@gmail.com

WE PRIDE OURSELVES IN PROVIDING HIGHLY QUALIFIED STAFF.

- **LIVE IN CARE** 5+ YEARS OF HEALTH CARE EXPERIENCE
- **DOMICILIARY CARE**
- **COMPANIONSHIP** NATIONWIDE COVERAGE
- **COMPLEX CARE** SPECIALIST NURSING AND CARE AGENCY
- **PALLIATIVE CARE**

Happy Care Services is a leading Health and Social Care staffing provider. We pride ourselves in providing highly qualified staff to meet the needs of our clients.

Approved by  **Care Quality Commission**

WWW.HAPPYCARESERVICES.COM




Jes Care Services www.jescare.uk



You can't always be there, but we can.

Jes Care Services is committed to being your shoulder to lean on and providing honest advice for your loved one's situation during this delicate time.

We specialise in around the clock home care to help you or your loved one live well at home. We are the trusted referral choice for home care services by healthcare professionals. Our unique approach to home care promotes a healthy spirit, mind and body!

Live-in Care 🏠 Palliative Care 🏠 End of life Care 🏠 Sit-in Home Care
Companion Care 🏠 Hospital to Home Care

Please, contact us for more information. We will be happy to help!

01865 776 908
info@jescare.uk
support@jescare.uk



Laurel Leaf Support
A Care and Support Provider

T: 01993 358 060
E: admin@laurelleaf.co.uk
W: www.laurelleaf.co.uk

Laurel Leaf Support, 4 Spinners Court,
53 West End, Witney, Oxfordshire OX28 1NH



 **2019 NATIONAL Winner**





Inspected and rated
Outstanding ☆
 **Care Quality Commission**

Happy Care Services Ltd

Bicester

Tel: 01869 242665

Advert page 38

OP PD SI YA

Healthcare Access Ltd Oxford OACP

Banbury

Tel: 07746 895715

OP D PD LDA MH YA

Helping Hands Oxford

Oxford

Tel: 01865 692 446

Advert page 27

OP D PD LDA SI YA

Helping Hands Wantage

Wantage

Tel: 01235 330 789

Advert page 27

OP D PD SI YA

Henley Care Ltd

Henley-on-Thames

Tel: 01491 412511

OP D PD MH YA

HF Trust – South Oxfordshire & Berks DCA OACP

Abingdon

Tel: 07776 100871

OP LDA YA

Home Helpers Care Ltd OACP

Abingdon

Tel: 01235 848822

OP D PD MH SI YA

Home Instead Senior Care North Oxfordshire OACP

Banbury

Tel: 01295 237237

Advert page 36

OP D PD LDA MH SI YA

Home Instead Oxford OACP

Kidlington

Tel: 01865 680267

Advert page 36

OP D YA

Home Instead Swindon and Vale of White Horse OACP

Swindon

Tel: 01793 234308

Advert page 36

OP D PD LDA MH SI YA

I Healthcare Ltd

Oxford

Tel: 01865 688322

OP D PD LDA MH YA

ICE Centre, The

Witney

Tel: 01993 846240

LDA YA

Inspiratus Senior Care Ltd OACP

Swindon

Tel: 01793 232585

OP D PD LDA MH SI YA

Isis Court (OSJCT) OACP

Donnington

Tel: 01865 748301

O PD PD LDA MH SI YA

Jeff Jen Care Head Office OACP

Oxford

Tel: 07554 572378

Advert below

OP D PD MH YA

JEN Care Solutions

– Main Office

Banbury

Tel: 01295 577536

OP D PD MH YA

Jes Care Services Ltd OACP

Oxford

Tel: 01865 776908

Advert page 38

OP D PD LDA MH YA

John Eccles House

Science Park

Oxford

Tel: 07824 341269

OP D PD LDA SI YA

Joining Hands Healthcare OACP

Bicester

Tel: 07501 268720

OP D PD SI YA

Advertisement

JEFF JEN CARE PLUS LTD
Safe, compassionate care

07554572378
07787161203

As a care service provider, Jeff Jen Care Plus is dedicated to providing **Safe, Compassionate and Consistent** Care to clients in their own homes, nursing and residential care homes across Oxfordshire.

- Dementia Care
- Supported Living
- Elderly Care
- Domiciliary Care
- Mental Health
- One to One Cover
- Learning Disabilities
- P.A. Care
- End of Life Care
- Adult Autism

Training Provider - Healthcare mandatory trainings

Support in setting up your own Care Agency

info@jeffjencareplus.co.uk
www.jeffjencareplus.co.uk

CPD OAC
Care Quality Commission



CARE AT HOME ACROSS BANBURY, BICESTER AND BRACKLEY

OUR HOME CARE SERVICES INCLUDE

- Expert nurse-led care
- Sensitive personal care
- Considerate companionship
- Facilitation of hospital discharge
- Palliative / End-of-life care
- Condition-led care

Contact us today
to discuss your care needs

01295 500 291
banbury@prestige-nursing.co.uk

Prestige
NURSING & CARE
prestige-nursing.co.uk



TrustonTap
Quality Care at Home

Better quality home care for a better **quality of life.**

Our wonderful local carers provide hourly, overnight, and live-in care to help elderly people live comfortably at home.

The care you need, when you need it most

Personal Care & Hygiene • Dementia Care •
General Home Help • Companionship • Cancer Care •
Food Preparation & Shopping •

Hourly Care • Overnight Care • Live-in Care

Call 01865 951 357 or visit trustontap.com



www.ryneshealthcare.co.uk

07361 822842 / 01491 756249
info@ryneshealthcare.co.uk

Rynes Healthcare Ltd is a nurse based homocare providing company based in Woodcote, Oxfordshire, delivering services across the county.

We provide a comprehensive range of high-quality care services from frailty of old age care to complex care including palliative care, sensory impairment and dementia.

The team members are caring, kind, compassionate and dedicated to providing high quality, reliable care services that are tailored to individual needs. This enhances the quality of life and wellbeing for clients in our care, while enabling them to remain safely in the comfort of their homes.



Our Care workers are recruited for their empathetic and caring nature. They are trained to the highest standards to enable them to provide a superior service.

Services include domiciliary, long sits, waking nights, returning home from hospital, respite care, companionship and live-in-care.

Improve the quality of your life
24 HOUR HOMECARE AGENCY

Regulated by
Care Quality Commission



RINGSTEAD HEALTHCARE LTD
LEGACY OF EXCELLENCE

We Put You In Control And Centre Of What We Do

Ringstead Healthcare Ltd offers a variety of services tailored to meet individual needs and preferences. Our services help you to make your wish of staying in your own home, amongst your family and friends, a reality.

We offer a variety of Home Care services tailored to meet individual needs for people living in Oxford and the surrounding areas. These include:

- Food / meals preparation
- Sitting and companionship support
- Laundry and general housework
- Shopping / collecting prescriptions
- Attend appointments
- Administrative tasks
- Escorted outings
- A sleeping/waking night service (10pm-7am)
- Help with learning, physical and sensory disabilities.




info@ringsteadcare.co.uk
01865 376660 | 07936 509190   

Regulated by
Care Quality Commission

www.ringsteadcare.co.uk

Kare Plus Oxford

Cowley

Tel: 01865 922449

OP D PD SI YA

Kcare

Cowley

Tel: 01865 779455

OP D PD LDA MH SI YA AD

Kwikfix Recruitment Services Ltd

Oxford

Tel: 07861 214258

OP D PD LDA MH SI YA

LA Care Ltd OACP

Abingdon

Tel: 01235 606200

OP D PD MH SI YA

Laurel Leaf Support Ltd OACP

Witney

Tel: 01993 358060

Advert page 38

OP PD LDA SI YA

MacIntyre Central England Support OACP

Oxford

Tel: 07917 080992

LDA YA

Mayott House (OSJCT) OACP

Abingdon

Tel: 01235 538387

OP D PD LDA SI YA

Merewood Healthcare**Services Ltd**

Oxford

Tel: 07856 018442

OP D

Moorside Place (OSJCT) OACP

Kidlington

Tel: 07971 972877

OP D PD LDA SI YA

Mumby's Live-in Care OACP

Frilford

Tel: 01865 391187

OP D PD LDA MH SI YA AD

My Carer OACP

Faringdon

Tel: 01367 244014

D PD MH SI YA AD

Oasis Private Care Ltd

Oxford

Tel: 01235 821223

OP D PD LDA MH SI YA AD

Olive Tree Services

Witney

Tel: 07432 031268

Advert below

OP D PD LDA MH SI YA

Advertisement

Need **Help, Care or Assistance** at home?
We are here to help **you!**

Providing **outstanding care services** throughout Oxfordshire, we pride ourselves on doing things to an excellent standard.

Our care services are directed by experienced registered nurses and our care staff are selected for their caring nature, kindness, gentleness and friendly, helpful outlook.

Our care packages vary and we are very flexible, working with you to meet your individual needs on your terms. We work on an appointment basis and we always introduce the staff so you will never open the door to a stranger.



For more information, contact us:
57-59 High Street,
Witney OX28 6JA
07432 031 268
carolyn@olivetreeservices.co.uk
www.olivetreeservices.co.uk





SylvianCare in Cherwell and West Oxfordshire offers exceptional, personalised care to meet your specific needs. Whether you need help with daily tasks, medication management, or desire companionship and emotional support, we're here to assist you every step of the way.

Our wide range of services includes:

- ♥ Home/Domiciliary Care ♥ Companionship ♥ Respite Care
- ♥ Reablement ♥ End of Life Care ♥ Live-in Care
- ♥ Night Care ♥ Dementia and Alzheimer's Care
- ♥ Daily Living/Social Activities ♥ Home Help

We are committed to meeting your unique needs and ensuring your comfort and well-being.

Contact us for more information

01295 591 051
banbury@sylviancare.co.uk
www.sylviancare.co.uk/cherwell-and-west-oxfordshire

Regulated by
CareQuality Commission

 **Dementia Friends**

Inspected and rated
Good
CareQuality Commission

EMF
AMBASSADOR



Clinician-led Care to help you live happily at home

Saint Catherine's Care is committed to providing specialist-led, proactive, and compassionate care at home for those with care needs. We support you to remain in your own home with dignity and control. Our hand-picked staff are trained to fit around your daily life to help make your day safer, brighter, and happier.

- ✓ Live-in Care
- ✓ Daytime Care
- ✓ Respite Care

- ✓ Hourly Care
- ✓ Palliative Care
- ✓ Holiday Care

- ✓ Overnight Care
- ✓ End of Life
- ✓ Companionship

Our care is designed and led by health and care professionals ensuring it meets your individual need, including health conditions like Dementia, Stroke, MND, MS, Alzheimers, COPD, Parkinson's, and other age-related, physical or neurological conditions. Our care management team can answer any questions you may have about how your care can be specialised to fit around you.



Contact us now:
01865 364 446
 or hello@saintcatherinescare.co.uk

www.saintcatherinescare.co.uk



With the passion of working with adults living in their own homes, Trinity will take pride to support the quality of people's lives

www.trinitycaresservices.co.uk

barbra@trinitycaresservices.co.uk | Info@trinitycaresservices.co.uk

About Us

Trinity carers services is a home support service that aims to provide help and support to people to stay in their own homes and minimise hospital admissions.

The company helps the NHS to offload unblock the bedding crisis by discharging patients quicker to their own homes once they become medically fit for discharge. Home is always home, that is where everyone's heart is and every person feels more comfortable, heals better and feels more confident in their own familiar environment.

Trinity carers services come in handy with our experience of qualified nurses to aid and support these patients to go home and stay safely at home. We are always handy as we operate locally which gives our clients the assurance of good services.



Here To Help

No matter what your requirements are, you can rest assured that each and every live-in carer is appropriately skilled and experienced to fit in effortlessly with your home life and situation.

Get in touch with us today **07568 735043 / 01367 246011**

Dementia Care | Learning disabilities | End of life | Companionship
Hospital / Dentist appointment/pick ups | Respite for families / carers

Support and care at home providers continued

Orchard Meadows (OSJCT) OACP

Banbury

Tel: 01295 230124

OP D PD YA

Oxford Aunts OACP

Oxford

Tel: 01865 521658

Advert page 25

OP D PD SI YA

Oxford Private Care OACP

Oxford

Tel: 01865 861944

OP D PD YA

Oxfordshire Children – Young People & Families

Kidlington

Tel: 01865 256600

PD LDA SI

Oxfordshire DCA

Wantage

Tel: 01235 772551

LDA MH YA

Paterson Health and Social Care OACP

Bicester

Tel: 01869 325530

OP D PD LDA MH SI YA

PB Moinville Care OACP

Kidlington

Tel: 0330 333 7468

OP D PD LDA MH SI YA AD

Pechiv Care Services

Abingdon

Tel: 01235 798202

OP D PD MH SI YA

Pioneering Care Bicester Ltd OACP

Bicester

Tel: 07395 572320

OP D PD MH YA

PLL Care Services OACP

Witney

Tel: 01993 866144

OP PD LDA SI YA

Premier Personal Care Ltd

Henley-on-Thames

Tel: 01491 411144

OP D PD LDA MH SI YA

Prestige Nursing Banbury

Banbury

Tel: 01295 500291

Advert page 40

OP D PD LDA MH SI YA AD

Procure Healthcare Ltd OACP

Oxford

Tel: 03301 225260

OP D PD LDA YA

Reable Health Ltd OACP

Wantage

Tel: 07850 598040

OP D PD LDA SI YA

Real Life Options – Oxfordshire OACP

Oxford

Tel: 01865 987860

OP D PD LDA MH SI YA

Response OACP

Oxford

Tel: 01865 410591

OP D PD LDA MH SI YA

Richmond Village Letcombe Regis DCA

Letcombe Regis

Tel: 01235 773970

Advert page 70

OP

Richmond Village Witney DCA

Witney

Tel: 01993 894000

Advert page 70

OP D YA

Right at Home Oxford OACP

Oxford

Tel: 01865 988899

Outside back cover

OP D PD SI YA

Ringstead Healthcare Ltd

Abingdon

Tel: 01866 376660

Advert page 40

OP D PD LDA MH SI YA

Risborough Carers Ltd

Thame

Tel: 01844 212271

OP D PD LDA MH SI YA

Roses Care Services

Banbury

Tel: 01295 810711

OP D LDA MH SI YA

Rynes Healthcare Ltd OACP

Reading

Tel: 07361 822842

Advert page 40

OP D LDA SI YA

Safetynet Care Oxford OACP

Reading

Tel: 07795 573855

OP D PD MH YA

Saint Andrews Ltd OACP

Witney

Tel: 01865 841362

OP D YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

Saint Catherine's Care Oxford **OACP**

Oxford

Tel: 01865 364446

Advert page 42

OP D PD LDA MH SI YA

Same Ways Care Ltd **OACP**

Oxford

Tel: 01865 985342

OP D PD MH SI YA

Seabrook Services Ltd **OACP**

Oxford

Tel: 01865 606212

OP D PD MH YA

Season Healthcare Living

Bicester

Tel: 01869 229506

OP D PD LDA MH YA

SeCareServe

Swindon

Tel: 0345 548 1189

Advert below

OP D PD YA

SeeAbility – Bicester Support Service

Bicester

Tel: 01869 369843

OP PD LDA MH SI YA

Advertisement

Providing personalised care that meets your specific preferences and ensuring that your voice is heard.

We understand that searching for the right care can be daunting, but don't worry - we're here to help! Our friendly and highly trained team specialises in Home Care, Live-in Support, and Advocacy.

Our goal at SECARESERVE is to make every service we're involved in better, and we're dedicated to making a positive difference in your life and the lives of your loved ones.

Contact us today to learn more about how we can help you live life to the fullest with reliable and compassionate services.

☎ **0345 548 1189** or **0773 713 7133**
 ✉ **office@secareserve.com**

📍 **23 Curtis Close, Watchfield, SN6 8RP**
 🌐 **www.secareserve.com**

SECARESERVE - Refining Health and Social Care

SeeAbility Oxfordshire Support Service **OACP**

Banbury

Tel: 01295 268543

OP PD LDA MH SI YA

Shotover View (OSJCT) **OACP**

Oxford

Tel: 01865 415116

OP D PD SI YA

Siete Care Services

Banbury

Tel: 07832 791284

OP D PD LDA MH SI YA

Style Acre **OACP**

Wallingford

Tel: 01491 838760

LDA

SureCare Oxfordshire **OACP**

Abingdon

Tel: 01235 798867

OP D PD MH YA

SylvianCare Banbury **OACP**

Banbury

Tel: 01295 591051

Advert page 42

OP D PD SI YA



TD SUPPORTED LIVING SERVICES

07596 876 021

Discover compassionate and reliable home care services tailored to your needs. Our dedicated team of caregivers is committed to providing personalised support that allows you or your loved one to maintain independence and quality of life in the comfort of home.

With a focus on dignity, respect, and compassionate care, we offer assistance with daily activities, medication management, companionship, and more.

Experience peace of mind knowing that our trusted professionals are here to ensure your well-being and safety.

HEMOCARE | LIVE IN CARE | SUPPORTED LIVING | RESPITE CARE

Contact us today to learn how our exceptional home care services can enhance your life.

ADMIN@TDSUPPORTEDLIVING.CO.UK

BOOK A SERVICE CALL 07596876021



Regulated by
Care Quality Commission



WWW.TDSUPPORTEDLIVING.CO.UK

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

Support and care at home providers continued

Thames Valley & North

– Domiciliary Care

Didcot

Tel: 01235 359388

OP LDA YA

Trinity Carers Service

Faringdon

Tel: 07568 735043

Advert page 42

OP D PD LDA MH SI YA

Vine Living OACP

Didcot

Tel: 01235 604952

OP PD LDA MH YA

Walfinch Oxfordshire OACP

Wantage

Tel: 01235 352776

OP D PD LDA MH YA

We Care (TJ) Ltd

Bicester

Tel: 07975 707621

OP D PD SI YA

We-Care

–Recruitment Ltd

Oxford

Tel: 01865 987571

OP D PD LDA SI YA

Xperience Recruitment Ltd OACP

Oxford

Tel: 07583 179627

OP D PD LDA MH SI YA AD

YoD Care Services (Oxfordshire) OACP

Oxford

Tel: 01865 986897

Advert adjacent

OP D PD LDA SI YA

Your Life (Didcot)

Didcot

Tel: 01235 816295

OP D PD SI

Yourlife

(Chipping Norton)

Chipping Norton

Tel: 01608 645854

OP D PD SI

YourLife

(Henley on Thames)

Henley-on-Thames

Tel: 01491 572062

OP D PD SI

Zenith Integrity Care Ltd

Oxford

Tel: 01865 238325

OP D PD YA



Advertisement

LIVE INDEPENDENTLY IN YOUR OWN HOME

01865 986897

07398 705524 / 07432 100838



WWW.YODCARESERVICES.COM

At YoD Care Services we pride ourselves on quality and encourage independence whilst maintaining dignity and respect.

We only deliver to the level of care that we would expect for our own relatives, loved ones and vulnerable friends.

We will always be there to advise you on the best way to fulfil your care needs and understand that everyone is different and therefore will want different things within their care arrangements.

A staff member will visit you to discuss your needs, listening to what you want and will draw up your care plan according to your needs and wishes.

We also have local carers situated throughout Finchley, which is an area we operate heavily in. Having that local knowledge really gives us an edge over other care agencies and our professional carers are able to assist you or your loved ones with travelling around this historic market town to really give you that feeling of freedom.



IF YOU WOULD LIKE TO HAVE A CONFIDENTIAL DISCUSSION ABOUT ANY OF OUR SERVICES, PLEASE CONTACT US ON 01865 986897 OR SEND US AN EMAIL TO INFO@YODCARESERVICES.COM

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

ARIA CARE

Looking

FOR A LIFE LESS
ORDINARY?

Imagine a place where you can be as independent as you choose, where everything is designed with your enjoyment, health and well-being in mind. There are clubs and activities or you can simply catch up over a cuppa. At Aria Care, our care is from the heart and shows in all that we do.



HUNTERCOMBE HALL
HENLEY-ON-THAMES



OAKEN HOLT
FARMOOR



TALL TREES
CHIPPING NORTON



WYTHAM HOUSE
FARMOOR

Freephone to find out more about our homes in Oxfordshire

0808 223 5356 | ariacare.co.uk



Housing options

Sheltered or retirement housing

Sheltered or retirement housing is provided by housing associations and some district councils. Sheltered housing, which is mostly available

for rent only, is a practical step if you would like more security and companionship and, for some, additional help and support.

Homeshare Oxfordshire



Homeshare
Oxfordshire

Age UK Oxfordshire's Homeshare service supports older people to continue living independently at home by bringing together an older person, or couple, who might be looking for practical help or companionship, with a carefully matched person who is happy to lend a hand in return for an affordable place to live.

The householder receives 10 hours of help each week, combining companionship and practical support. This may involve cooking, light housework, help with technology, odd jobs and errands, gardening or even the odd trip out. The reassuring presence of another person in the house overnight

is often an important benefit to the householder. Homeshare cannot involve any personal care but can sit comfortably alongside other care provision.

The Homeshare matching process is robust. It involves interviews, DBS checks and full references. Each Homeshare arrangement is individual and underpinned with a carefully drawn up agreement. The Homeshare Team maintains close involvement and provides regular, in-person support for the duration of the Homeshare.

Call **01865 410670**, email **homeshare@ageukoxfordshire.org.uk** or visit **www.homeshareoxfordshire.org.uk**

Extra Care housing

Allows older and disabled people with care needs to rent, part-buy or buy their own home with round-the-clock care if needed. For many people, Extra Care housing is an alternative to residential care. The look of the accommodation varies enormously; some are new, purpose-built retirement villages, others are modernised sheltered housing schemes with extra services on site. Many offer a choice of accommodation such as flats or bungalows.

What all residents of Extra Care housing have in common is the security of owning or renting your own home, control over your finances and the peace of mind that goes with having 24-hour care and support available on site. In most cases, Extra Care housing is accessed via an assessment of your care needs from a social worker and an assessment of your housing needs by a housing officer. Some apartments are available for full market sale and buyers do not normally require an assessment of their needs; they just need to be over 55 to qualify. If you wish to refer yourself or someone else for

assessment, arrange an assessment online or call the Social and Health Care Team on **0345 050 7666** (option two). To find out more about Extra Care housing, including how to apply, visit **www.oxfordshire.gov.uk** (search 'extra care').

District council contacts

Cherwell District Council

Bodicote House, Bodicote, Banbury OX15 4AA
Tel: **01295 227001** • Web: **www.cherwell.gov.uk**

Oxford City Council

Town Hall, St Aldate's OX1 1BX
Tel: **01865 249811** • Web: **www.oxford.gov.uk**

South Oxfordshire District Council and Vale of White Horse District Council

Abbey House, Abbey Close, Abingdon OX14 3JE
Tel: **01235 422422** • Web: **www.southoxon.gov.uk** and **www.whitehorsedc.gov.uk**

West Oxfordshire District Council

3 Welch Way, Witney OX28 6JH
Tel: **01993 861000** • Web: **www.westoxon.gov.uk**



Your care matters

with Barchester

**Everyone deserves uncompromising care.
That's the passionate belief of the experts
in our care homes.**

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

**These are the things that mean the most.
And because they matter to you, they matter to us.**



BARCHESTER
in Oxfordshire

barchester.com/Ox

Call to arrange a visit or to find out how we can help:

Chacombe Park

Banbury Road, Chacombe,
Banbury, OX17 2JL
01295 641 712

Glebefields

Stratford Road, Drayton,
Banbury, OX15 6EH
01295 641 807

Hempton Field

36 Lower Icknield Way, Chinnor,
Oxfordshire, OX39 4EB
01844 809 301

Middletown Grange

Middletown, Hailey near
Witney, OX29 9UB
01993 627 810

Oxford Beaumont

Bayworth Lane,
Boars Hill, Oxford, OX1 5DF
01865 565 461

Southerndown

Worcester Road,
Chipping Norton, OX7 5YF
01608 433 192

Waterside Court

26 Winterbrook,
Wallingford, OX10 9EG
01491 455 208

Residential care • Nursing care • Dementia care • Respite care and short breaks
Hair & beauty salon • En-suite bedrooms • Landscaped gardens • Café

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

What is the minimum number of staff that are available at any time? ☐ ☐ ☐

Are staff respectful, friendly and polite? ☐ ☐ ☐

Do staff have formal training? ☐ ☐ ☐

Are the staff engaging with residents? ☐ ☐ ☐

Activities

Can you get involved in activities you enjoy? ☐ ☐ ☐

Is there an activities co-ordinator? ☐ ☐ ☐

Does the home organise any outings? ☐ ☐ ☐

Are residents escorted to appointments? ☐ ☐ ☐

Do the residents seem entertained? ☐ ☐ ☐

Does the home have a varied activities schedule? ☐ ☐ ☐

Life in the home

Is the home adapted to suit your needs? ☐ ☐ ☐

Can you bring your own furniture? ☐ ☐ ☐

Are there enough plug sockets in the rooms? ☐ ☐ ☐

Are there restrictions on going out? ☐ ☐ ☐

Is there public transport nearby? ☐ ☐ ☐

Does the home provide any transport? ☐ ☐ ☐

Can you make/receive calls privately? ☐ ☐ ☐

Can you decide when to get up and go to bed? ☐ ☐ ☐

Does the home allow pets? ☐ ☐ ☐

Does the home use Digital Care Planning accessible to families? ☐ ☐ ☐

Personal preferences

Is the home too hot/cold? Can you control the heating in your room? ☐ ☐ ☐

Is the décor to your taste? ☐ ☐ ☐

Are there restricted visiting hours? ☐ ☐ ☐

Is there somewhere you can go to be alone? ☐ ☐ ☐

Does the home feel welcoming? ☐ ☐ ☐

Catering

Can the home cater for any dietary requirements you may have? ☐ ☐ ☐

Does the menu change regularly? ☐ ☐ ☐

Can you eat when you like, even at night? ☐ ☐ ☐

Can you have food in your room? ☐ ☐ ☐

Is there a choice of food at mealtimes? ☐ ☐ ☐

Is alcohol available/allowed if you want it? ☐ ☐ ☐

Can visitors join you for meals? ☐ ☐ ☐

Fees

Do your fees cover all of the services and activities? ☐ ☐ ☐

Are fees likely to change regularly? ☐ ☐ ☐

Is the notice period for cancellation of the contract reasonable? ☐ ☐ ☐

Could you have a trial period? ☐ ☐ ☐

Can you keep your room if you go into hospital? ☐ ☐ ☐

Can you handle your own money? ☐ ☐ ☐

*See page 52.

9.7

Average Group
Review score 2023
carehome.co.uk*

*carehome.co.uk scores are based on independent reviews with a maximum score of 10. Rating correct as at 24/04/2023.



Read David's story

Regulated by



TRUST US TO ARRANGE A WONDERFUL WELCOME

Our care team know what every resident will love



Who Cares? We do, and we always will

Ferendune Court care home, Ash Close, Oxfordshire, SN7 8ER | 01367 480 108
The Ridings care home, Calder Close, Off Daventry Road, Oxfordshire, OX16 3WR
01295 500 359

Visit anchor.org.uk/care-homes

Image does not represent face mask guidance followed in our locations

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 49. You can download and print this checklist at www.carechoices.co.uk/checklists

Design

- Are there clear signs throughout the home? ☐ ☐ ☐
- Has the home been designed or adapted for people with dementia? ☐ ☐ ☐
- Are the home and grounds secure? ☐ ☐ ☐
- Are there prompts outside the residents' rooms to help people identify their own? ☐ ☐ ☐
- Is the décor familiar to your loved one? ☐ ☐ ☐

Choices

- Do residents get a choice in terms of what they wear each day? ☐ ☐ ☐
- Are residents encouraged to be independent? ☐ ☐ ☐
- Can residents decide what to do each day? ☐ ☐ ☐
- Can residents have a say in the décor of their room? ☐ ☐ ☐

Activities

- Are residents able to join in with household tasks like folding washing? ☐ ☐ ☐
- Are there activities on each day? ☐ ☐ ☐
- Can residents walk around outside on their own? ☐ ☐ ☐
- Are residents sitting in front of the TV or are they active and engaged? ☐ ☐ ☐
- Are there rummage boxes around? ☐ ☐ ☐

Health

- Can residents get help with eating and drinking? ☐ ☐ ☐
- How often does the home review residents' medication? ☐ ☐ ☐
- Does the home offer help if a resident needs assistance taking medication? ☐ ☐ ☐
- Do GPs visit the home regularly? ☐ ☐ ☐

Staff

- Are staff trained to identify when a resident might be unwell? ☐ ☐ ☐
- Are staff trained to spot when someone needs to go to the toilet? ☐ ☐ ☐
- Do the staff have any dementia-specific training/experience? ☐ ☐ ☐
- Will your loved one have a member of staff specifically responsible for their care? ☐ ☐ ☐

Approach to care

- Does the home follow a specific approach to dementia therapy, for example, validation therapy? ☐ ☐ ☐
- Will the home keep you informed about changes to your loved one's care? ☐ ☐ ☐
- Does the home have a specific approach to end of life care? ☐ ☐ ☐
- Does the home keep up to date with best practice in dementia care? ☐ ☐ ☐

*See page 52.

Shared Lives

The scheme offers long-term accommodation, short breaks, respite care and daytime support to adults with care and support needs. Shared Lives carers receive training and share their family and

community life with the person needing support.

Call **01865 897971** or visit
www.oxfordshire.gov.uk/sharedlives

Residential care

All care providers in the country must be registered with the Care Quality Commission. All services are inspected by the Commission, which reports on its findings and awards quality ratings. These inspection reports are available at **www.cqc.org.uk**

Care homes

Provide accommodation, meals and help with personal care, such as washing, dressing, bathing, getting in and out of bed, getting around and eating.

Care homes with nursing

Offer the same personal care as care homes, but with qualified nursing staff on duty 24 hours a day. If a care home providing nursing is the best

solution for you, a specially trained nurse will assess your nursing needs to determine the level of nursing care the NHS will fund.

This is known as Funded Nursing Care (FNC), sometimes referred to as Registered Nursing Care Contribution (RNCC) and is paid directly to the care home. The amount the NHS will contribute towards your support in a care home with nursing is limited. It is important to get this assessment done before you move into a care home. The assessment might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning your care needs.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this guide, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be emailed to you.

The results can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see above), indicating the quality of care provided. You can also view an electronic version of this guide on the site and have it read to you by using the 'Recite Me' function.

Visit **www.carechoices.co.uk**



Money and paying for support and care

Care funded by the Council

Figures mentioned in this section are subject to change annually. Check with your local authority for the latest information.

Do I qualify for local authority financial assistance?

If you have been assessed as having eligible care needs and your capital is below £23,250, you may be entitled to financial assistance from your local authority. The Council will complete an assessment of your finances to determine how much you can afford to contribute towards the cost of your care. This assessment will differ depending on whether you receive care and support in your own home or in a care home. To find out more, contact Oxfordshire County Council's Social and Health Care Team on **0345 050 7666** (option two) or visit **www.oxfordshire.gov.uk/payingcare**

Do I have a choice of care home if the Council is paying?

Yes, and it can even be in a different county. The home you choose must be suitable for your assessed needs, comply with any terms and conditions set by your Council and not cost any more than it would usually pay for someone with your needs.

What if I want to choose a home that costs more than the Council is prepared to pay?

The Council will allow a third party to top-up your fees if the third party is able to do so for the long term. You are not allowed to top-up the fees yourself from capital below £23,250, except in limited circumstances. Speak to the Council for more information.

Paying for your own care

Paying for care can be an expensive and long-term commitment, so the Council strongly recommends that you seek specialist information and advice before entering any arrangements. If you are funding your own care because you are not eligible for local authority funding, there are other forms of financial assistance you may be entitled to. The important thing is not to try to do it alone, always seek professional advice.

My Care My Home

Offers a free advice service through home visits aimed at helping people find a suitable care provider.



As well as offering a professional assessment of needs to people who fund their own care, and helping them to source suitable providers, My Care My Home can refer you to an independent financial adviser. If you wish to arrange your own financial adviser, My Care My Home can give you the necessary details to enable you to do this.

For more information, visit **www.mycaremyhome.co.uk** or call **0800 731 8470**.

The following organisations can also offer help and advice.

The **Society of Later Life Advisers (SOLLA)** aims to help people to find trusted accredited financial advisers who understand financial needs in later life. The Later Life Adviser Accreditation Scheme is audited and endorsed by the standard-setting body, the Financial Skills Partnership (FSP). The website offers an online search of SOLLA accredited advisers. Call **0333 202 0454**, email **admin@societyoflaterlifeadvisers.co.uk** or visit **www.societyoflaterlifeadvisers.co.uk**

The Saga Care Funding Advice Service

specialises in providing care funding advice for people who need to pay for their own support. A free guide to paying for care is available on its website or you can request it by post. Phone **0800 096 8703** to speak to an adviser or visit **www.saga.co.uk/money/care-funding**

Money Helper provides free, impartial money advice, including pensions and paying for care. Call **0800 138 7777** or visit **www.moneyhelper.org.uk**

The **Mental Health Access to Breathing Space Scheme** supports people with debt issues while they are receiving treatment for a mental health condition. See page 7 for more information.

Benefits advice

You can find out more about the benefits you might be entitled to by visiting

www.gov.uk/benefits-calculators which features reliable advice on how to make a claim and what to do if your circumstances change.



How solicitors can help

A solicitor can give you impartial advice about wills, making gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so.

The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs

careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law.

Solicitors for the Elderly is an independent, national organisation of lawyers who provide specialist legal advice for older and vulnerable people, their families and carers.

Call **0844 567 6173** or visit **www.sfe.legal**



The Oxfordshire Specialist Advice Service

Age UK Oxfordshire, Citizens Advice Oxford, Citizens Advice West Oxfordshire and Oxfordshire Welfare Rights have come together to provide a free, comprehensive and independent advice service. The service helps with advice on benefits, money, budgeting and other welfare issues and will link you with services that can provide further support.

The service is free and is focused on meeting the needs of people living in Oxfordshire who are struggling with their day-to-day lives due to disability or ill health. However, you don't have to have a carer or anyone looking after you. The service can help you if you:

- Have a disability or long-term illness.
- Have someone in your family household with a disability or long-term illness.

- Are caring for someone with a disability or long-term illness.
- Are a young person transitioning from children's care services.

The Oxfordshire Specialist Advice Service provides a dedicated advice line and email service. This is backed up by a team of specialist advisers, who can meet face-to-face with people unable to access advice by phone, email or in their local community. The service also supports social care professionals, through comprehensive and responsive training opportunities and a consultancy line for specialist case support.

Tel: **01865 410660**

(9.00am to 5.00pm, weekdays).

Email: **advice@oxfordshiresas.org.uk**

Having your say

How to make a complaint or comment

If you are unhappy or worried about any adult social care service, it is important to let someone know. Usually, talking to someone in the service can put it right. You can talk to the people who provide your care or their managers. They will have a process for managing complaints and listening to concerns that are raised.

Wherever you raise a concern, it should be listened to and taken seriously. The good and bad things people raise can help improve services for everyone. You will not be treated unfairly because of anything you raise. It is never wrong to give the service a call. The Comments and Complaints Team will help you decide what to do – you do not have to make a formal complaint to talk things through.



Tel: **01865 323589**

Email:

commentsandcomplaints@oxfordshire.gov.uk

Write to: Comments and Complaints Service,
Freepost RRYR-XTBE-GBTZ, County Hall,
New Road, Oxford OX1 1ND

The NHS Complaints Advocacy Service in Oxfordshire can support you to use the NHS complaints system. Call **0300 200 0082**, email **oxfordshireadvocacyhub@pohwer.net** or visit **www.pohwer.net/oxfordshire**.

Complaints about care that you pay for yourself

You can ask the Local Government and Social Care Ombudsman to take up your case if you are not happy about how a care service dealt with your complaint about care that you pay for yourself. Call **0300 061 0614** or visit **www.lgo.org.uk**

Call the County Council's Comments and Complaints Service aforementioned for advice about what to do or to raise a concern about a service.

Healthwatch Oxfordshire

Aims to enable local voices to influence the delivery and design of local health and social care services in the county, both for the people who use them now, and for anyone who might need to in future. It does this by:

- Gathering information about people's experiences of health and social care services in Oxfordshire and making this available to the public.
- Using this information to make recommendations to relevant organisations

about how local services, policies and strategies need to improve.

- Helping local people hold those in charge of local health and social care services to account for improving services – and doing this in a way that is visible to the public.
- Providing advice and information to help individuals to access health and social care services in Oxfordshire.

For more information, call **01865 520520** or visit **www.healthwatchoxfordshire.co.uk**

Patient Advice and Liaison Service (PALS)

A free and confidential service that provides help to the public when dealing with the NHS. It acts independently when handling patient and family concerns, liaising with staff, managers and relevant organisations to negotiate immediate or prompt solutions. If the team cannot answer your questions, it will put you in contact with someone who can help. There is a PALS at each NHS Trust.



Churchill Hospital

Tel: **01865 235855**

Horton General Hospital

Tel: **01295 229259**

John Radcliffe Hospital

Tel: **01865 221473**

Nuffield Orthopaedic Centre

Tel: **01865 221473**

Oxford Health

Tel: **0800 328 7971**

Email: **PALS@oxfordhealth.nhs.uk**

Integrated Care Board

Tel: **0800 052 6088**

Email: **bobicb-ox.palscomplaints@nhs.net**

Unless stated otherwise, email **PALS@ouh.nhs.uk**

Get involved

Co-production

Working together as equals and making best use of each other's resources and strengths to find ways of doing things that benefit the community. Co-production can improve the way health and social care services are designed and delivered by putting an emphasis on a more equal partnership between professionals and people using services.

Working together as equals builds better relationships (based on trust, respect and understanding) and helps to create services that work for the people using them.

Co-production Oxfordshire is a group of people committed to doing co-production or working together. By working together, co-production can

make local services better and more sustainable, and communities stronger and healthier. Members include:

- Families and carers using health and social care services.
- People from the voluntary and community sector.
- Council staff (and partners) working across Social and Health Care.

Visit **www.oxfordshire.gov.uk** (search 'co-production').

Health and Wellbeing Board

A partnership between Oxfordshire County Council, the NHS, district councils, local Healthwatch and the people of Oxfordshire. It is designed to ensure that we all work together to improve our health and wellbeing, especially those of us with health issues or in difficult circumstances. Visit

www.oxfordshire.gov.uk/healthandwellbeingboard

Volunteering

Ami makes it easy to be more connected to people in your community, helping you to feel happier and healthier. You can use Ami to find someone in your community who needs a little neighbourly help or who would enjoy a friendly visit and a chat. Ami will show you exactly what's needed near you and

help you register with a voluntary organisation. Call **01865 305200**, email **hello@withami.co.uk** or visit **www.withami.co.uk**

The **Oxfordshire Volunteers website** is run as a partnership by Oxfordshire's three volunteer centres and is a 'one stop shop' for a wide variety of volunteering opportunities across Oxfordshire. Visit **<http://oxonvolunteers.org>**

Volunteer Connect provides community transport and a volunteering brokerage service throughout Cherwell. The service matches volunteers to opportunities and works with public and private sector organisations to increase volunteering. Call **0300 303 0126** or email **info@volunteerconnect.org.uk**

The **Volunteer Centre Oxfordshire** offers a service to people wanting to volunteer and organisations looking for volunteers in Oxford City, South Oxon and the Vale of White Horse. Call **01865 251946**, email **vol@ocva.org.uk** or visit **www.vcoxfordshire.org**

Volunteer Link Up offers community transport, befriending and practical help in West Oxfordshire. Call **01993 776277**, email **office@vlu.org.uk** or visit **www.vlu.org.uk**

Advocacy

Someone to support you to get your views across. We all need help to get our views across sometimes, and to understand the information we are given. Advocacy can help support people of all ages to:

- Have their voices heard on issues that are important to them.
- Safeguard and defend their rights.
- Have their views and wishes genuinely considered when decisions are being made about their lives and services.
- Gain personal skills which can also be used elsewhere, thus promoting their independence across their life.

There are different types of advocacy which include:

- Family, friends or someone else speaking on behalf of an individual or supporting them to

speak for themselves.

- The person advocating for themselves by developing 'speaking up skills.'
- Formal advocacy on behalf of one person provided on a paid or voluntary basis with a qualified, independent advocate.

An independent advocate is someone who supports you to understand information, express your needs and wishes, secure your rights, represent your interests and enables you to be fully involved in planning your care and support. Formal advocacy services are delivered via the Oxfordshire Advocacy Hub – visit **www.pohwer.net/oxfordshire** or contact Oxfordshire County Council's Social and Health Care Team by emailing **socialandhealthcare@oxfordshire.gov.uk** or calling **0345 050 7666** (option two).

Oxfordshire Association of Care Providers



A membership organisation that represents and supports a diverse range of care providers operating across Oxfordshire. Most care providers work with adults, but some provide services for young people and children.

OACP represents all types of adult social care services, across all settings and conditions. These include residential and nursing care homes, home care companies, learning disability and supported living providers, community mental health services, housing-related support, day-time support and respite services. Some members also provide advocacy, information and support.

OACP is a go-to point of contact for all adult social care providers in Oxfordshire, sharing and promoting excellence in professional practice through its networks and learning exchanges, providing updated information and advice on funding, all whilst keeping a bird's eye view on business development opportunities for Oxfordshire's care and support providers. OACP truly believes that its strength is your involvement.

OACP also provides regular news updates covering local, regional and national news for the whole sector. In addition, OACP project manages and delivers on a variety of projects to support the care sector in Oxfordshire. Recent and ongoing projects include:

- Trusted Assessor Service – to aid the discharge of people from hospital assessed as medically fit to go home.
- The Data Security and Protection Toolkit – an online self-assessment tool that allows health and social care organisations to provide assurance that they are undertaking good data security and that personal information is handled correctly.
- Proud to Care Oxfordshire website – promoting careers in care and workforce recruitment.

Benefits of OACP membership for care providers include:

- Guidance, support and advice on all aspects of adult social care delivery, employment of staff and meeting CQC regulations, plus interaction with the Berkshire, Oxfordshire and Berkshire West Integrated Care System.
- Regular weekly newsletters, online weekly and monthly forums and webinars.
- Promotion of OACP members' services via the OACP website.
- Members' use of the OACP logo on their website and in their PR and communications.
- A free job matching scheme – matching job seekers to care provider vacancies.
- The opportunity to advertise job vacancies for free on the OACP website and via Indeed.
- Discounted offers and special deals from our commercial suppliers.
- A collective voice representing the adult social care sector locally and nationally.
- The annual Oxfordshire Care Awards – Inspiration for All, celebrating best practice in Oxfordshire.
- OACP's Annual General Meeting.

Oxfordshire Association of Care Providers

30 St Giles', Oxford OX1 3LE

Email: info@oacp.org.uk

Web: www.oacp.org.uk

Twitter: [@OxonACP](https://twitter.com/OxonACP)

Facebook: www.facebook.com/oacp.org.uk

Advertisement

A dark blue rectangular graphic with a large, light green checkmark on the right side. The text 'Tell us what you think' is in white at the top left. Below it, 'Share your feedback' is in yellow, followed by 'Take our five minute survey' in white. On the right, two questions are listed with radio button icons: 'What have you found useful?' and 'What could we do better?'. At the bottom, the 'CareChoices' logo is on the left and the URL 'www.carechoices.co.uk/reader-survey' is on the right.

Tell us what you think

Share your feedback

Take our five minute survey

Ⓐ What have you found useful?

Ⓐ What could we do better?

CareChoices www.carechoices.co.uk/reader-survey

Notes

[illegible]

Launton Grange Luxury Care Home



ALL INCLUSIVE FEE



Purpose Built Home



Person-Centred Care

All Inclusive Fee



Daily Activities



Nutritious Food

“

Launton Grange is a lovely home for my father-in-law. He gets excellent care and enjoys the activities organised, he particularly likes the cinema.

Daughter-in-law of resident, carehome.co.uk review

”

Skimmingdish Lane, Bicester OX26 4AE

01869 227 150



hello@idealcarehomes.co.uk | idealcarehomes.co.uk

Care home listings

Cherwell care homes

Cherwood House Care Centre

Buckingham Road, Caversfield,
Bicester OX27 8RA
Tel: 01869 245005

OP D PD LDA MH SI

Fairholme House

Church Street, Bodicote, Banbury OX15 4DW
Tel: 01295 266852

OP D PD

Featherton House

Chapel Square, Deddington, Banbury OX15 0SG
Tel: 01869 227122

OP

Gosford Lodge OACP

95 Bicester Road, Kidlington OX5 2LD
Tel: 01865 371405

LDA YA

Holt Farm Care Ltd OACP

Hopcroft Holt, Steeple Aston, Bicester OX25 5QQ
Tel: 01869 347600

OP LDA MH YA

Lake House (OSJCT) OACP

The Green, Lake Walk, Adderbury,
Banbury OX17 3NG
Tel: 01295 811183

OP D

Launton Grange Care Home

Skimmingdish Lane, Bicester OX26 4XJ
Tel: 01869 227150 **Advert 60**

OP D MH SI

Ridings, The

Calder Close, Daventry Road, Banbury OX16 3WR
Tel: 01295 500359 **Advert page 50**

OP D

Short Term Breaks – 69 Neithrop Avenue OACP

Banbury OX16 2NT
Tel: 01295 269646

OP D PD LDA SI YA

St Anne's Residential Care Home OACP

Clifton, Banbury OX15 0PA
Tel: 01869 338295

OP D PD MH SI YA

Cherwell care homes with nursing

Agnes Court

– Care Home with Nursing Physical Disabilities
Warwick Road, Banbury OX16 2AB
Tel: 01295 673760

OP PD YA

Banbury Heights Nursing Home

11 Old Parr Road, Banbury OX16 5HT
Tel: 01295 262083

OP D PD LDA MH SI

Cherwood House Care Centre

Buckingham Road, Caversfield, Bicester OX27 8RA
Tel: 01869 245005

OP D PD LDA MH SI

Fewcott House Nursing Home OACP

Fritwell Road, Fewcott, Bicester OX27 7NZ
Tel: 01869 345501

OP D PD LDA MH SI YA

Glebefields Care Home

Stratford Road, Drayton, Banbury OX15 6EH
Tel: 01295 641 807 **Advert page 48**

OP

Godswell Park OACP

Church Street, Bloxham, Banbury OX15 4ES
Tel: 01295 724000

OP PD SI

Seccombe Court

Gardner Way, Adderbury,
Banbury OX17 3PL
Tel: 01295 230898

OP D PD YA

Green Pastures Christian Nursing Home OACP

Bath Road, Banbury OX16 0TT
Tel: 01295 279963

OP D PD LDA SI YA

Heathfield House Nursing Home

Heathfield, Bletchington, Kidlington OX5 3DX
Tel: 01869 350940

OP D YA

Highmarket House OACP

North Bar Place, Banbury OX16 0TD
Tel: 01295 297689

OP D PD MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

WARDINGTON HOUSE

Outstanding care for a person with dementia and peace of mind for the whole family

Wardington House is a long-established family-run home specialising in caring for people with dementia, including Alzheimer's disease, without the use of routine tranquillising medication. It has an excellent team of experienced staff and beautiful gardens and grounds where residents may stroll wherever they like.



Residents are free to spend their day as they choose. We offer a range of activities and music for people to enjoy. The doors to our gardens are open during the day. Paths, with plenty of flowerbeds, lead through the rose garden and lawns making an interesting walk. For the less active there is a conservatory from which to enjoy the views. Bedrooms are light and airy and most have excellent views. We encourage people to bring their own furniture. If you are looking for somewhere with the staffing, expertise, and facilities to care for a person, no matter what the future may hold, then call or email George Tuthill, the Managing Partner, who will be pleased to answer your questions or arrange for you to look around the home.



Homely spacious rooms

For more information, contact us:

Direct line: 07785 250590

Phone : 01295 750622

Web : www.wardington.com

Email: george.tuthill@wardington.com

Wardington, Banbury, Oxon OX17 1SD



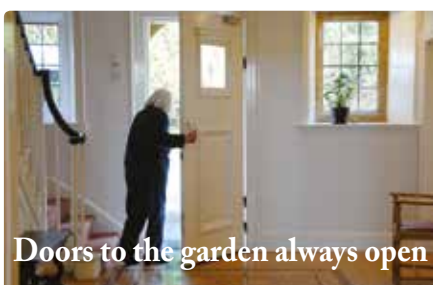
Beautiful views



Large grounds to enjoy



A peaceful garden



Doors to the garden always open



Beautiful secure grounds with lovely views over open countryside

Cherwell care homes with nursing continued

Julie Richardson Nursing Home, The

14 Dashwood Road, Banbury OX16 5HD

Tel: 01295 268522

OP D PD LDA MH SI

Langford View (OSJCT) OACP

Coach House Mews, Bicester OX26 6EW

Tel: 01869 252343

OP D PD SI

Larkrise Care Centre (OSJCT) OACP

Prescott Close, Banbury OX16 ORD

Tel: 01295 521200

OP D YA

Lincroft Meadow Care Home OACP

The Moors, Kidlington OX5 2AA

Tel: 01865 950 596 **Advert page 74**

OP D YA

Southerndown

Worcester Road, Chipping Norton OX7 5YF

Tel: 01608 433 192 **Advert page 48**

OP D MH YA

Sycamore

Sycamore Resource Centre,

66 Oxford Road, Banbury OX16 9AN

Tel: 01295 263317

PD LDA SI

Wardington House Nursing Home

Wardington, Banbury OX17 1SD

Tel: 07785 250590 **Advert page 62**

OP D

Wyndham Hall Care Home

Skimmingdish Lane, Launton, Bicester OX26 5AF

Tel: 01869 722767

OP D PD MH SI YA

Yarnton Residential and Nursing Home OACP

Rutten Lane, Yarnton, Kidlington OX5 1LW

Tel: 01865 849195

OP D PD MH SI YA



Advertisement



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk  @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

Oxford care homes

Eden House Residential Home I

50 Horspath Road, Oxford OX4 2QT

Tel: 01865 776012

OP D

Oxford Respite Service – The Brandon Trust OACP

43 Saxon Way, Headington, Oxford OX3 9DD

Tel: 01865 751115

OP PD LDA MH YA

Fairfield Residential Home

115a Banbury Road, Oxford OX2 6LA

Tel: 01865 558413

OP D

St Andrew's Residential Care Home Ltd OACP

184 London Road, Headington, Oxford OX3 9EE

Tel: 01865 741752

OP D MH

Ferendune Court

Ash Close, Faringdon, Oxford SN7 8ER

Tel: 01367 480108 **Advert page 50**

OP D YA

St John's Home OACP

St Marys Road, Oxford OX4 1QE

Tel: 01865 247725

OP D PD MH SI YA

Lady Nuffield Home, The OACP

165 Banbury Road, Oxford OX2 7AW

Tel: 01865 888500 **Advert below**

OP

Townsend House (OSJCT) OACP

Bayswater Road, Headington OX3 9NX

Tel: 01865 762232

OP D

Longlands (OSJCT) OACP

Balfour Road, Blackbird Leys, Oxford OX4 6AJ

Tel: 01865 779224

OP D

Marston Court (OSJCT) OACP

Marston Road, Oxford OX3 0DJ

Tel: 01865 241526

OP D



Advertisement

The Lady Nuffield Home

The Lady Nuffield Home is situated in Summertown with easy access to Oxford and with good transport links to nearby towns. The Home is Victorian in origin with modern purpose built extensions added over recent years giving an air of light, spacious accommodation. We provide care for 30 older people.

We place the rights of the resident at the forefront of our philosophy of care, treating each resident as a valued individual. We encourage our residents to maintain their independence, whilst experienced care staff provide assistance with daily living activities in accordance with their needs.



165 Banbury Rd, Oxford, Oxfordshire OX2 7AW

T: 01865 888500

E: enquiries@ladynuffieldhome.co.uk

www.ladynuffieldhome.co.uk

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

Oxford care homes with nursing

Albany Care Home, The

7 London Road, Headington,
Oxford OX3 7SN
Tel: 01865 744444

OP D PD SI

Brookfield

Little Bury, Oxford OX4 7UY
Tel: 01865 779888

OP

Green Gates Bupa Care Home

2 Hernes Road, Summertown,
Oxford OX2 7PT
Tel: 01865 985660 **Advert below**

OP

Headington Care Home, The

Roosevelt Drive, Headington,
Oxford OX3 7XR
Tel: 01865 760075

OP D MH YA

Iffley Residential and Nursing Home OACP

Anne Greenwood Close, Iffley,
Oxford OX4 4DN
Tel: 01865 718402

OP D

Isis House Care & Retirement Centre (OSJCT) OACP

Cornwallis Road,
Donnington OX4 3NH
Tel: 01865 397980

OP D PD LDAMH SI YA AD

St Luke's Hospital – Oxford OACP

4 Latimer Road, Headington, Oxford OX3 7PF
Tel: 01865 228800

OP YA

Triangle Care Home, The

Old London Road, Wheatley, Oxon OX33 1YW
Tel: 01865 875596

OP D YA

Viking House

45-47 Saxon Way, Northway Estate, Oxford OX3 9DD
Tel: 01865 762506

PD LDA SI



Advertisement



Welcoming new residents at Green Gates

With care, safety and friendship

We're here to help make your search for a care home easier. In our home, you can expect a safe, welcoming environment, where we encourage independence while offering a helping hand. We get to know everyone, offer a range of sociable activities, and most of all, a place to call home.

Nursing | Residential | Short stay care



Call for advice on care today

01865 985 764

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday. Closed Sundays and bank holidays. Calls are charged at no more than local rate and count towards any inclusive minutes from mobiles. We may record or monitor our calls.

Green Gates Care Home, 2 Hernes Road, Summertown, Oxford OX2 7PT



We follow strict UK infection control standards. Roll out available vaccines. Carry out regular tests and make sure our team always have PPE.
That's our Safety Promise you can rely on.



All types of funding welcome



No health insurance needed

Q122060 MAR22 CS 02469

Service

OP Older people (65+)

D Dementia

PD Physical disability

LDA Learning disability, autism

User Bands

MH Mental health

SI Sensory impairment

YA Younger adults

AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted



Welcome to Cuttlebrook Hall, Thame



Cuttlebrook Hall care home, opening this Summer in Thame, will provide high quality care to its residents in luxurious and comfortable surroundings.

- ♥ Hair and beauty salon
- ♥ Café
- ♥ Cinema and bar



Trusted to care.



Marketing suite now open

01844 700165
careuk.com/cuttlebrook-hall

Scan to register your interest.



South Oxfordshire care homes

Amber House – Didcot

25-27 Norreys Road, Didcot OX11 0AT
Tel: 01235 512509

MH AD

Brook House Residential Care Home

19 Ockley Brook, Didcot OX11 7DR
Tel: 01235 818926

PD LDA MH

Chiltern Centre, The OACP

Greys Road, Henley-on-Thames RG9 1QR
Tel: 01491 575575

PD LDA SI YA

Cleeve Lodge OACP

11 Elmhurst Road, Goring-on-Thames,
Reading RG8 9BN
Tel: 01491 873588

OP D

Disabilities Trust – 4 Pages Orchard

Sonning Common, Reading RG4 9LW
Tel: 0118 972 2928

LDA YA

Disabilities Trust – 22 Woodlands Road

Sonning Common, Reading RG4 9TE
Tel: 0118 972 1460

LDA YA

Grange, The

Grange Close, Goring, Reading RG8 9EA
Tel: 01491 872853

OP D

Lyndhurst Residential Care Home

Lyndhurst Road, Goring-on-Thames RG8 9BL
Tel: 01491 871325

OP D

Meylan House OACP

136 Loyd Road, Didcot OX11 8JR
Tel: 01235 817773

LDA YA

Old Vicarage Residential, The – Nursing and Dementia Care Home

Moulsford, Wallingford OX10 9JB
Tel: 01491 651429

OP D

Orchard House

High Street, Harwell,
Didcot OX11 0EX
Tel: 01235 834704

OP PD MH SI YA

Sotwell Hill House

Brightwell-cum-Sotwell,
Wallingford OX10 0PS
Tel: 01491 836685

OP

Tower House OACP

Reading Road, Shiplake,
Henley-on-Thames RG9 3JN
Tel: 0118 940 1197

OP

Waterside Court Care Home

26 Winterbrook, Wallingford OX10 9EG
Tel: 01491 455 208 **Advert page 48**

OP D YA

Woodview

96 Wantage Road, Didcot OX11 0AF
Tel: 01235 814939

OP D PD LDA SI YA

South Oxfordshire care homes with nursing

Abbeycrest Nursing Home

Essex Way, Sonning Common, Reading RG4 9RG
Tel: 0118 970 9000

OP D YA

Acacia Lodge OACP

Quebec Road, Henley-on-Thames RG9 1EY
Tel: 01491 579100

OP D PD SI YA

Alma Barn Lodge

Didcot Road, Harwell, Didcot OX11 6DN
Tel: 01235 248824

OP D PD SI YA

Benson House Care Home

1 Churchfield Lane, Benson, Wallingford OX10 6SH
Tel: 01491 522930

OP D YA

Chilterns Court Care Centre (OSJCT) OACP

York Road, Henley-on-Thames RG9 2DR
Tel: 01491 526900

OP D PD SI YA

Close Care Home, The

Abingdon Road, Burcot, Abingdon OX14 3DP
Tel: 01865 407343

OP D PD YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted



HAMBERLEY

CARE HOMES



CHAWLEY GROVE

A luxury care home with a heart



RESIDENTIAL CARE | DEMENTIA CARE | NURSING CARE | SHORT BREAKS

Chosen as Best New Care Home in 2020, and rated as 'Good' in all areas by the Care Quality Commission, Chawley Grove offers a vibrant community where residents enjoy a busy and active lifestyle with support where needed from our award-winning Homemakers.

"When I first visited I was struck by the beautiful setting, furnishings and facilities. However, it is the professionalism and warmth of the Homemakers and all the staff at Chawley Grove that has made my mother's stay so happy. The attitude of staff is exemplary"

– DAUGHTER OF A CHAWLEY GROVE RESIDENT

Come and meet with our experienced team, find out more about our award-winning model of care, and see the superb features and facilities which set Chawley Grove apart from the standard care home – book your tour today:

Chawley Grove: **01865 957 650** | Chawley Grove, Cumnor Hill, Oxfordshire OX2 9PJ

enquiries@hamberleycarehomes.co.uk | www.hamberleycarehomes.co.uk

SPACIOUS EN-SUITE BEDROOMS | AN ELEGANT CAFÉ AND BAR | WELLBEING AND BEAUTY SALON
DELUXE CINEMA | RESIDENT CHEF AND COMPLETE NUTRITIONAL SUPPORT | LANDSCAPED GARDENS



South Oxfordshire care homes with nursing continued

Hempton Field Care Home

36 Lower Icknield Way, Chinnor OX39 4EB

Tel: 01844 809 301 **Advert page 48**

OP

Henley Manor Care Home **OACP**

Mill Lane, Henley-on-Thames RG9 4HD

Tel: 01277 655655

OP D PD SI YA

Huntercombe Hall Care Home **OACP**

Huntercombe Place, Nuffield,

Henley-on-Thames RG9 5SE

Tel: 0808 223 5356 **Advert page 46**

OP D

John Masefield House – Care Home with Nursing Physical Disabilities

Burcot Brook, Lodge Burcot,

Abingdon OX14 3DP

Tel: 01865 340324

OP D PD LDA MH YA

Lashbrook House

Mill Road, Shiplake,

Henley-on-Thames RG9 3LP

Tel: 0118 940 1770

OP D YA

Meadowcroft (OSJCT) **OACP**

78 Queens Road, Thame OX9 3NQ

Tel: 01844 212934

OP D

Meadows, The (OSJCT) **OACP**

Britwell Road, Didcot OX11 7JN

Tel: 01235 518440

OP D

Rush Court **OACP**

Shillingford Road, Wallingford OX10 8LL

Tel: 01491 837223 **Advert page 73**

OP

Valerian Court

Lower Broadway, Didcot OX11 8ET

Tel: 01628 662888

OP D PD MH

Watlington and District Nursing Home **OACP**

Hill Road, Watlington OX49 5AE

Tel: 01491 613400

OP D PD MH SI YA

Westgate House (OSJCT) **OACP**

Millington Road, Wallingford OX10 8FE

Tel: 01491 836332

OP D

Vale of White Horse care homes

Framland **OACP**

Naldertown, Wantage OX12 9DL

Tel: 0300 303 1470

OP D LDA

Holder House

35-37 Oxford Road, Abingdon OX14 2EE

Tel: 01235 521850

OP MH YA

Iris Hayter House

43 Sandford Road, Littlemore, Oxford OX4 4XL

Tel: 01865 749560

OP MH YA

Khiron Clinics

Wantage

Tel: 0203 668 1606

OP MH YA AD

Kirlena House **OACP**

18 Kennington Road, Kennington,

Oxford OX1 5NZ

Tel: 01865 739223

OP D PD SI YA

Leafield Residential Care Home **OACP**

32a Springfield Drive, Abingdon OX14 1JF

Tel: 01235 530423

OP D PD LDA MH SI YA

Mon Choisy **OACP**

128 Kennington Road, Kennington,

Oxford OX1 5PE

Tel: 01865 739223

OP D PD SI YA

Old Station House (OSJCT) **OACP**

Old Station Yard, Abingdon OX14 3US

Tel: 01235 536226

OP D

Oxford House **OACP**

The Glebe, Cumnor, Oxford OX2 9RL

Tel: 01865 865116

OP D PD MH SI

Stirlings (OSJCT) **OACP**

Garston Lane, Wantage OX12 7AX

Tel: 01235 762444

OP D

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

RICHMOND
VILLAGES

Part of Bupa



Richmond Villages Letcombe Regis & Witney Care Homes

Whether you're looking for long-term nursing or dementia care, respite or post operation / illness recovery, Richmond Villages are here to support you and your loved one with personalised care in a warm and friendly environment.

NURSING, RESIDENTIAL AND DEMENTIA CARE

*More than
a care home*

FIND OUT MORE

at richmond-villages.com or call
Letcombe Regis **01235 773 970**
or Witney **01993 894 000**

Vale of White Horse care homes with nursing

Abingdon Court Care Home

Marcham Road, Abingdon OX14 1AD
Tel: 01235 535405

OP D YA

Bridge House OACP

Thames View, Abingdon OX14 3UJ
Tel: 01235 425479

OP D PD

Chawley Grove OACP

Cumnor Hill, Oxford OX2 9PJ
Tel: 01865 957650 **Advert page 68**

OP D PD YA

Coxwell Hall and Mews Nursing Home

Fernham Road, Faringdon SN7 7LB
Tel: 01367 242985

OP D PD SI YA

Cumnor Hill House OACP

Breeches End, Cumnor Hill, Oxford OX2 9FW
Tel: 01865 638856

OP D

Elmbrook Court Care Home OACP

Grove Rd, Wantage OX12 7BY
Tel: 01235 617617

OP D PD SI YA

Grange Care Centre, The

25 Church Green, Stanford in the Vale,
Faringdon SN7 8HU
Tel: 01367 718836

OP PD

Oaken Holt Nursing and Residential Home OACP

Eynsham Road, Farmoor, Oxford OX2 9NL
Tel: 0808 223 5356 **Advert page 46**

OP D

Oxford Beaumont

Bayworth Lane, Bayworth Corner,
Boars Hill, Oxford OX1 5DF
Tel: 01865 565 461 **Advert page 48**

OP D YA

Richmond Village Letcombe Regis

South Street, Letcombe Regis OX12 9JY
Tel: 01235 773970 **Advert page 70**

OP D

Shrublands OACP

Faringdon Road, Cumnor,
Oxford OX2 9QY
Tel: 01865 865363

OP D PD

St Katharine's House OACP

Ormond Road, Wantage OX12 8EA
Tel: 01235 762739

OP D YA

Stowford House Care Home OACP

Faringdon Road, Shippon,
Abingdon OX13 6LN
Tel: 01235 538623

OP D PD SI

Vale House OACP

Sandford Road, Littlemore,
Oxford OX4 4XL
Tel: 01865 718467

OP D YA

Wantage Nursing Home OACP

Garston Lane, Wantage OX12 7AR
Tel: 01235 774320

OP D PD MH SI YA

West Oxfordshire care homes

Beech Haven OACP

77 Burford Road, Chipping Norton OX7 5EE
Tel: 01608 642766 **Advert page 73**

OP D

Enstone House OACP

Cox Lane, Chipping Norton OX7 4LF
Tel: 01608 677375

OP D

Hawthorns

2 Bushey Ground, Minster Lovell OX29 0SW
Tel: 01993 776336

LDA YA

Henry Cornish Care Centre (OSJCT) OACP

Rockhill Farm Court, Chipping Norton OX7 5AU
Tel: 01608 642364

OP D PD SI

Homestead, The

24 Flax Crescent, Carterton OX18 1NA
Tel: 01993 845754

OP D

Madley Park House (OSJCT) OACP

Madley Way, Witney OX28 1AT
Tel: 01993 890720

OP D

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

INDIVIDUAL CARE FOR INDIVIDUAL PEOPLE

Outstanding care homes in Oxfordshire

Rosebank & Churchfields CQC Outstanding sister care homes are welcoming new residents. At our homes in Bampton and Cassington we specialise in dementia care and nursing care and pride ourselves on our homely and person-centred approach.



We have a jam-packed calendar of dementia-friendly activities and exercises organised by our activities coordinators and beautiful gardens for our residents to enjoy.



We provide respite care, ongoing care and end of life care too, so we can support your loved one wherever they may be along their care journey.

FIND US ON FACEBOOK 



ROSEBANK CARE HOME

High Street, Bampton, Oxfordshire, OX18 2JR

01993 850308

manager@rosebankcarehome.co.uk

www.rosebankcarehome.co.uk



Churchfields Care Home

Pound Lane, Cassington, Oxford, OX29 4BN

01865 881440

manager@churchfieldscarehome.co.uk

www.churchfieldscarehome.co.uk



Millers Grange

Curbridge Road, Witney OX28 5HR
Tel: 01993 223260

OP D YA

Newland House

50 Newland, Witney OX28 3JG
Tel: 01993 702525

OP

Short Term Breaks – April Cottage OACP

Ducklington Lane, Witney OX28 4TJ
Tel: 01993 773832

OP D PD LDA SI YA

Spencer Court (OSJCT) OACP

Union Street, Woodstock OX20 1JG
Tel: 01993 812725

OP D SI YA

Rosebank Care Home OACP

High Street, Bampton OX18 2JR
Tel: 01993 850308 **Advert page 72**

OP D



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs.

West Oxfordshire care homes care homes with nursing

Beech Court Nursing Home

37 Newland Street, Eynsham, Witney OX29 4LB
Tel: 01865 883611

OP D PD SI

Beech Haven OACP

77 Burford Road, Chipping Norton OX7 5EE
Tel: 01608 642766 **Advert below left**

OP D

Advertisement

Home made care.

We're a family run nursing home with well-trained friendly staff. We look forward to you becoming a part of our family.

77 Burford Road, Chipping Norton, Oxfordshire, OX7 5EE
T: 01608 642766 F: 01608 644290
E: Beechhaven@maricare.co.uk
www.maricare.co.uk

Burford Nursing Home OACP

White Hill, Burford OX18 4EX
Tel: 01993 822088

OP D PD MH SI YA

Cedar Court Care Home OACP

60 Moorland Road, Witney OX28 6LG
Tel: 01993 703536

OP D PD YA

Churchfields Care Home OACP

Pound Lane, Cassington OX29 4BN
Tel: 01865 881440 **Advert page 72**

OP D PD SI

Advertisement

Introducing our stunning Oxfordshire residences



Elizabeth Finn Homes

A wholly-owned subsidiary of the charity Turn2us

A home from home for guests who appreciate comfort, quality and exceptional care.

The Cotswold Home, located in Bradwell Village just outside the attractive town of Burford, is built in traditional Cotswold style and has 50 en suite bedrooms.

Rush Court is an elegant, Queen Anne style house standing in its own grounds amidst the beautiful Oxfordshire countryside offering 47 en suite rooms.

Both homes provide nursing and personal care, on a long-term or short stay basis, as well as offering end of life care.



The Cotswold Home Woodside Drive, Bradwell Village, Burford OX18 4XA

For more information or to arrange a visit, contact the Cotswold Home General Manager Jessica Point

T: 01993 824225

E: enquiries.cotswold@efhl.co.uk



Rush Court Shillingford Road, Wallingford, OX10 8LL

For more information or to arrange a visit, contact the Rush Court General Manager Cliff Hutchings

T: 01491 837223

E: enquiries.rushcourt@efhl.co.uk

www.efhl.co.uk

LINCROFT MEADOW

KIDLINGTON
A PORTHAVEN CARE HOME

PENHURST GARDENS

CHIPPING NORTON
A PORTHAVEN CARE HOME



Live well in our care

at Porthaven Care Homes

Lincroft Meadow Care Home
The Moors, Kidlington
Tel 01865 950 596

Penhurst Gardens Care Home
New Street, Chipping Norton
Tel 01608 698 058

Book a visit and find out more at porthaven.co.uk

NURSING • RESIDENTIAL • DEMENTIA



West Oxfordshire care homes care homes with nursing continued

Cotswold, The

Woodside Drive, Bradwell Village,
Burford OX18 4XA

Tel: 01993 824225 **Advert page 73**

OP YA

Freeland House Nursing Home OACP

Wroslyn Road, Freeland,
Witney OX29 8AH

Tel: 01993 881258

OP D YA

Henry Cornish Care Centre (OSJCT) OACP

Rockhill Farm Court,
Chipping Norton OX7 5AU

Tel: 01608 642364

OP D PD SI

Langston, The

Station Road, Kingham,
Chipping Norton OX7 6UP

Tel: 01608 658233 **Advert below**

OP D PD YA

Meadowview Nursing Home

48 Rackend, Standlake OX29 7SB

Tel: 01865 300205

OP D

Merryfield House Nursing Home OACP

33 New Yatt Road, Witney OX28 1NX

Tel: 01993 775776

OP D PD LDA SI YA

Middletown Grange

Middletown, Hailey Nr Witney OX29 9UB

Tel: 01993 627 810 **Advert page 48**

OP D YA

Mill House

30-32 Bridge Street, Witney OX28 1HY

Tel: 01993 775907

OP YA

Old Prebendal House, The OACP

Station Road, Shipton-under-Wychwood,
Chipping Norton OX7 6BQ

Tel: 01993 831888

OP D PD MH YA

Penhurst Gardens Care

Home OACP

New Street, Chipping Norton OX7 5ED

Tel: 01608 698058 **Advert page 74**

OP D YA

Richmond Village Witney

Village Centre, Coral Springs Way,
Richmond Village, Witney OX28 5DG

Tel: 01993 894000 **Advert page 70**

OP D

Tall Trees OACP

Burford Road, Shipton-under-Wychwood,
Chipping Norton OX7 6DB

Tel: 0808 223 5356 **Advert page 46**

OP D YA

Wytham House OACP

Eynsham Road, Farmoor,
Oxford OX2 9NL

Tel: 0808 223 5356 **Advert page 46**

OP D PD YA

Advertisement



www.myfamilyourneeds.co.uk

For parents and carers of
children with additional needs
and those who support them.

Advertisement

The Langston Nursing Home offers Day Care, Palliative, Short/Long Term Respite, Dementia, Nursing & Residential Care. We are proud of the varied activities daily.

- latest CQC grading is overall 'Good' and in all aspects of inspection
- recently, we have also been awarded 'Gold Standard Framework for Palliative and End of Life Care'
- fees depend on the needs of the resident



Please ring the manager on **01608 658233**

Email: manager@thelangston.uk

Website: www.thelangston.uk



Service

OP Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism

User Bands

MH Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

OACP Member of OACP – see page 58. This provider list has been sourced from the Care Quality Commission.

Advertisers are highlighted

Support and care at home providers

1 To 1 Care Ltd	31	Caretree Ltd	35	Happy Care Services Ltd	39
1st Homecare (Oxford) Ltd	31	Caring Company, The (Oxon)	35	Healthcare Access Ltd Oxford	39
7 Thistledown Close	31	CaringPlus Healthcare		Helping Hands Oxford	39
A Caring Hand Ltd	31	Services Ltd	35	Helping Hands Wantage	39
Abi-Support Ltd	31	Ceeda Care Services	35	Henley Care Ltd	39
Acquire Care Ltd	31	Centurion House (OSJCT)	35	HF Trust – South Oxfordshire &	
Affinity Trust Luton PBS and		Chamomile Care Ltd	35	Berks DCA	39
Support	31	Cherry Care Services		Home Helpers Care Ltd	39
Age UK Oxfordshire – Foot		Oxfordshire Ltd	35	Home Instead Senior Care	
Care Home Service	31	Clarissa's Home Healthcare		North Oxfordshire	39
Agincare Oxford	31	Services Ltd	35	Home Instead Oxford	39
Alina Homecare Banbury	31	Clark Care Services	35	Home Instead Swindon and	
Allied Health-Services Ltd		Countywide Caring Ltd	35	Vale of White Horse	39
Oxfordshire	31	Crossroads Care (Oxford)	35	I Healthcare Ltd	39
Angel Care Group Ltd	31	Crystal Business Solutions		ICE Centre, The	39
Autumn Years Care	31	Ltd T/A Everycare Oxford	37	Inspiratus Senior Care Ltd	39
Be Well Care Ltd	31	Day and Nightcare Assistance	37	Isis Court (OSJCT)	39
BelleVue Abingdon, Oxford,		Day and Nightcare Assistance		Jeff Jen Care Head Office	39
Witney, Wantage,		(HO)	37	JEN Care Solutions	
Henley-on-Thames	31	Day and Nightcare Live-in		– Main Office	39
Bicester Care and PA Ltd	31	Care Ltd	37	Jes Care Services Ltd	39
Bloomfield Care Oxfordshire	31	Direct Link Care Ltd		John Eccles House Science Park	39
Blue Angel Care Ltd	31	– Oxfordshire	37	Joining Hands Healthcare	39
Bluebird Care (Cherwell)	31	Eleanor Nursing and Social		Kare Plus Oxford	41
Bluebird Care Oxford	31	Care Ltd – Oxford Office	37	Kcare	41
Bolff Healthcare Services Ltd	31	Elite Care Agency	37	Kwikfix Recruitment	
Bridges Home Care Ltd	31	Elmthorpe Convent		Services Ltd	41
Brownbill Associates Ltd	31	Domiciliary Care	37	LA Care Ltd	41
Care Bridge Specialists Ltd	31	Enable Health Ltd	37	Laurel Leaf Support Ltd	41
Care Bureau Ltd, The –		Eniro Care Ltd	37	MacIntyre Central England	
Domiciliary Care – Banbury	33	FiNN Homecare Ltd		Support	41
Care Compassion and		– Head Office	37	Mayott House (OSJCT)	41
Conversation Ltd	33	Flexicare	37	Merewood Healthcare	
Care Outlook (Oxford)	33	Flexi Direct Ltd	37	Services Ltd	41
Care Hearted Oxfordshire		Gain Healthcare Ltd	37	Moorside Place (OSJCT)	41
Office	33	Genesees Ltd	37	Mumby's Live-in Care	41
Care Time UK – Main Office	33	Genuine Carers – Cherwell	37	My Carer	41
Care With Care	33	Genuine Carers – Oxford	37	Oasis Private Care Ltd	41
Care With Dignity Partnerships	33	George Springall Homecare		Olive Tree Services	41
Care with Heart Ltd – 66		Partnership	37	Orchard Meadows (OSJCT)	43
Bradstocks Way	33	Get Care	37	Oxford Aunts	43
Care Workshop, The	33	Golden Services Care Ltd	37	Oxford Private Care	43
Carefront Care Services Ltd	33	Goldsmith Personnel Ltd		Oxfordshire Children – Young	
Care@home Oxfordshire	33	(Oxfordshire)	37	People & Families	43
Caremark (West Oxfordshire &		Good Oaks Home Care		Oxfordshire DCA	43
Cherwell)	33	– Abingdon and Didcot	37	Paterson Health and	
Carestream Home Care	33	Greigcare Ltd	37	Social Care	43

Support and care at home providers continued

Advertisers in bold

PB Moinville Care	43	Roses Care Services	43	SureCare Oxfordshire	44
Pechiv Care Services	43	Rynes Healthcare Ltd	43	SylvianCare Banbury	44
Pioneering Care Bicester Ltd	43	Safetynet Care Oxford	43	Thames Valley & North –	
PLL Care Services	43	Saint Andrews Ltd	43	Domiciliary Care	45
Premier Personal Care Ltd	43	Saint Catherine's Care Oxford	44	Trinity Carers Service	45
Prestige Nursing Banbury	43	Same Ways Care Ltd	44	Vine Living	45
Procure Healthcare Ltd	43	Seabrook Services Ltd	44	Walfinch Oxfordshire	45
Reable Health Ltd	43	Season Healthcare Living	44	We Care (TJ) Ltd	45
Real Life Options – Oxfordshire	43	SeCareServe	44	We-Care-Recruitment Ltd	45
Response	43	SeeAbility – Bicester Support		Xperience Recruitment Ltd	45
Richmond Village Letcombe		Service	44	YoD Care Services	
Regis DCA	43	SeeAbility Oxfordshire Support		(Oxfordshire)	45
Richmond Village Witney DCA	43	Service	44	Your Life (Didcot)	45
Right at Home Oxford	43	Shotover View (OSJCT)	44	Yourlife (Chipping Norton)	45
Ringstead Healthcare Ltd	43	Siete Care Services	44	YourLife (Henley on Thames)	45
Risborough Carers Ltd	43	Style Acre	44	Zenith Integrity Care Ltd	45

Care homes and care homes with nursing

Abbeycrest Nursing Home	67	Disabilities Trust – 22		Huntercombe Hall Care Home	69
Abingdon Court Care Home	71	Woodlands Road	67	Iffley Residential and Nursing	
Acacia Lodge	67	Eden House Residential Home	64	Home	65
Agnes Court – Care Home with		Elmbrook Court Care Home	71	Iris Hayter House	69
Nursing Physical Disabilities	61	Enstone House	71	Isis House Care & Retirement	
Albany Care Home, The	65	Fairfield Residential Home	64	Centre (OSJCT)	65
Alma Barn Lodge	67	Fairholme House	61	John Masefield House – Care	
Amber House – Didcot	67	Featherton House	61	Home with Nursing Physical	
Banbury Heights Nursing Home	61	Ferendune Court	64	Disabilities	69
Beech Court Nursing Home	73	Fewcott House Nursing Home	61	Julie Richardson Nursing	
Beech Haven	71, 73	Framland	69	Home, The	63
Benson House Care Home	67	Freeland House Nursing Home	75	Khiron Clinics	69
Bridge House	71	Glebefields Care Home	61	Kirlena House	69
Brookfield	65	Godswell Park	61	Lady Nuffield Home, The	64
Brook House Residential		Gosford Lodge	61	Lake House (OSJCT)	61
Care Home	67	Grange Care Centre, The	71	Langford View (OSJCT)	63
Burford Nursing Home	73	Grange, The	67	Langston, The	75
Cedar Court Care Home	73	Green Gates Bupa Care Home	65	Larkrise Care Centre (OSJCT)	63
Chawley Grove	71	Green Pastures Christian		Lashbrook House	69
Cherwood House Care Centre	61	Nursing Home	61	Launton Grange Care Home	61
Chiltern Centre, The	67	Hawthorns	71	Leafield Residential Care Home	69
Chilterns Court Care Centre		Headington Care Home, The	65	Lincroft Meadow Care Home	63
(OSJCT)	67	Heathfield House		Longlands (OSJCT)	64
Churchfields Care Home	73	Nursing Home	61	Lyndhurst Residential	
Cleeve Lodge	67	Hempton Field Care Home	69	Care Home	67
Close Care Home, The	67	Henley Manor Care Home	69	Madley Park House (OSJCT)	71
Cotswold, The	75	Henry Cornish Care Centre		Marston Court (OSJCT)	64
Coxwell Hall and Mews		(OSJCT)	71, 75	Meadowcroft (OSJCT)	69
Nursing Home	71	Highmarket House	61	Meadows, The (OSJCT)	69
Cumnor Hill House	71	Holder House	69	Meadowview Nursing Home	75
Disabilities Trust – 4 Pages		Holt Farm Care Ltd	61	Merryfield House	
Orchard	67	Homestead, The	71	Nursing Home	75

Meylan House	67	Richmond Village Witney	75	Sycamore	63
Middletown Grange	75	Ridings, The	61	Tall Trees	75
Mill House	75	Rosebank Care Home	73	Tower House	67
Millers Grange	73	Rush Court	69	Townsend House (OSJCT)	64
Mon Choisy	69	Seccombe Court	61	Triangle Care Home, The	65
Newland House	73	Short Term Breaks	61	Vale House	71
Oaken Holt Nursing and Residential Home	71	– 69 Neithrop Avenue	61	Valerian Court	69
Old Prebendal House, The	75	Short Term Breaks	73	Viking House	65
Old Station House (OSJCT)	69	– April Cottage	71	Wantage Nursing Home	71
Old Vicarage Residential, The	67	Shrublands	67	Wardington House	
– Nursing and Dementia Care Home	67	Sotwell Hill House	63	Nursing Home	63
Orchard House	67	Southerndown	73	Waterside Court Care Home	67
Oxenford House	69	Spencer Court (OSJCT)	64	Watlington and District Nursing Home	69
Oxford Beaumont	71	St Andrew's Residential Care Home Ltd	61	Westgate House (OSJCT)	69
Oxford Respite Service – The Brandon Trust	64	St Anne's Residential Care Home	64	Woodview	67
Penhurst Gardens Care Home	75	St John's Home	71	Wyndham Hall Care Home	63
Richmond Village Letcombe Regis	71	St Katharine's House	65	Wytham House	75
		St Luke's Hospital – Oxford	69	Yarnton Residential and Nursing Home	63
		Stirlings (OSJCT)	71		
		Stowford House Care Home			

Other advertisers

Abicare	28	Cuttlebrook Hall	66	Porthaven Care Homes	74
Anchor	50	Elder	26	Protection & Investment Ltd	
Aria Care	46	Elizabeth Finn Homes	73	Inside back cover	
Barchester	48	Hamberley Care Homes	68	Richmond Villages	70
Bupa	65	Ideal Care Homes	60	Right at Home	
Care Choices Ltd	Inside front cover, 4, 9, 20, 45, 58	Live in Care	36	Outside back cover	
Care UK	66	Maricare	73	Taylor Made Mobility	20
Chacombe Park	48	My Family, Our Needs	14, 63, 73, 75	Tonre	44
				Trust on Tap	40



Care Choices Limited has taken every care to ensure that the information contained in this guide is accurate at the time of print. The company cannot accept responsibility for any errors or omissions in the publication, including if an organisation varies from the information included in an advertisement, the editorial or the listings. Care Choices Limited does not endorse or support any particular organisation included in the guide. ©2023 Care Choices Limited. Care Choices Limited reserves all rights in the titles Care Choices and HOMES Directories and their design.

Care Choices™ is a trademark of Care Choices Limited.

Ref. No: 4001/Oxfordshire12/0723. Reproduction of any part of this publication in any form without the written permission of Care Choices Limited is prohibited.

Published by: Care Choices Limited, Valley Court, Lower Road, Croydon, Nr Royston, Hertfordshire SG8 0HF. Tel: 01223 207770.

Director of Policy and Communications: Jo Dovey. **Director of Sales:** David Werthmann. **Lead Editor:** Henry Thornton.

Editors: Olivia Hubbard, Angharad Burnham. **Content Editor:** Aislinn Thompson. **Sales Manager:** Paul O'Callaghan.

Regional Sales Supervisor: Vanessa Ryder. **Senior Sales Executives:** Tony Boyce, Hannah O'Neill, Susan Speaight.

Sales Executive: Gemma Kelly. **Director of Creative Operations:** Lisa Werthmann. **Studio Manager:** Jamie Harvey.

Lead Designer: Ruth Keating. **Graphic Designers:** Rebecca Mendil, Tyler Smith. **Distribution:** Gemma Seaber-Shinn.

Planning For Long Term Care Fees?

Speak to a
specialist who can
guide you
through the
maze of red tape

**With prudent planning
care fees do not need
to be a problem**

We look to provide you with:

- A guaranteed income for life
- The ability to live in the home of your choice
- No fear that your money will run out
- The provision for rising care costs
- Peace of mind for you and your family

Please call **01344 636374** or
0118 9821710 to speak to
our specialist advisor
Daniel Kasaska or visit our
website: **www.pil.uk.com**
for more information. If you
prefer you can email
Daniel@pil.uk.com, or simply
cut out and return the attached coupon.



Protection & Investment Ltd

an Independent Financial Adviser that
understands the needs of elderly people

Authorised and Regulated by the Financial Conduct Authority
Registered address Chandlers House, Ganders Business
Park, Kingsley, GU35 9LU

Please send me information about
Protection & Investment Ltd and the
services it provides for Long Term
Care Planning

Name

Address

.....

.....

Postcode

Tel Number

Return to:
Protection & Investment Ltd
Index House, St. George's Lane,
Ascot, Berkshire SL5 7ET

Our mission is to deliver "OUTSTANDING" quality of care and be the best home care provider in Oxfordshire by exceeding your expectations

We provide **Hourly** and **Live-in Care Services:**

- Elderly and Young Adult Care
- We are Dementia Specialists
- Personal Care
- Medication
- Moving and Handling
- Companionship and Support
- Complex Care
- Respite Care
- Hospital to Home

and much more

Inspected and rated

Outstanding



**CareQuality
Commission**

What makes us different:

- We're rated "CQC OUTSTANDING" for three years running. CQC OUTSTANDING for Caring and Well Led.
- Our Services are Person Centred and Outcome Based
- We are Dementia Specialists and we train all our carers to handle dementia clients with confidence
- We prefer minimum 1 hour visits to maximise outcomes without rushing
- Our Carers are our GEMS, they always "Go the Extra Mile" as part of the daily routine
- We carefully select our carers based on their caring nature and empathetic ways
- We provide industry leading face to face training to our carers, and treat them like "Care Professionals"
- You receive the full time you pay for, we travel in our own time
- Carers are carefully matched and always introduced before they begin delivering care. We provide a consistent care team
- We have a professional dress code but do not wear a uniform, allowing us to provide a discreet service
- We are responsive, vigilant in our duty of care and always aim to raise a smile
- We arrive On time at the agreed visit time



Join the Team



rightathomeoxford



@rahoxford



rahoxford

www.rightathome.co.uk/oxford/ Email: InfoOxford@rightathome.co.uk

01865 988899