



Leeds

Care Services Directory 2024

The essential guide to choosing and
paying for care and support

In association with



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— HEADINGLEY —

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Southlands

— ROUNDHAY —

Wetherby Road,
Roundhay, Leeds LS8 2JU
Telephone 0113 265 5876

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To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**. Alternatively, visit **www.carechoices.co.uk/order-copies-of-a-directory** to order a copy online.

Alternative formats

This Directory is available electronically at **www.carechoices.co.uk/** The e-book is also Recite Me compatible for those requiring information in the spoken word.





Outstanding care homes in England and Scotland, where exceptional care meets unmatched excellence.



Claremont Care Home

Nurturing hearts, embracing smiles, a care home
in Leeds where love resides.

New Street, Farsley, West Yorkshire, LS28 5BF

Email: claremont@parkhomesuk.co.uk

Telephone: **01132 360 200**



Claremont Nursing Home is situated in the picturesque West Yorkshire village of Farsley in Leeds. Claremont is a 63 bed predominately purpose built care home with en-suite rooms and en-suite shower rooms.

Situated in the heart of Farsley, next to the Park, Claremont has ties with all aspects of the local community. The Post Office, pharmacy, Village Hall, park and churches are all within easy reach, as are the dentist, opticians and public houses. The Home is easily accessible by public transport, and within easy access of the main railway line. Farsley is a beautiful conservation village located between Leeds and Bradford.

It is ideal for residents and families who have a requirement for convenient access. The Home is situated in extensive grounds consisting of lawned areas and a car park to the front.

Call us for a chat about yours or your loved ones care needs on **01132 360 200**

I have been visiting Claremont Care Home for the past 4 months as an essential visitor as a healthcare professional. Each time I attend I'm made to feel welcome by all the staffing team. The people who live there all seem very happy to do so despite the very difficult times we live in. At a time when the media is portraying care homes in such poor light as families struggle to see their loved ones, I wanted to post this message to reassure those with loved ones at Claremont, who need not worry as the home appears to be very well run, and those living there have a great sense of community. Thank you to all.

Health Care Professional



Discover a Place Where Dignity and Compassion Reside Unveiling A New
Chapter Of Care And Comfort

www.parkhomesuk.co.uk

01132 360 200

Introduction

Welcome to this edition of the independent Leeds Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing. If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services available.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 14. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 21 for those paying for care at home and page 48 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 8 and a list of local home care providers begins on page 25.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 37) or residential care. Comprehensive lists of care homes and care homes with nursing in Leeds start on page 55. There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 52), indicating the quality of care provided. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk**





9.7

Oulton Manor
Review score 2023
carehome.co.uk*

*carehome.co.uk scores are based on independent reviews with a maximum score of 10. Rating correct as at 20/11/2023.

Rated July 2023

Good



“Every member of staff has been nothing more than caring, polite, happy, friendly and there for my mum every hour of the day.”

Oulton Manor relative carehome.co.uk review quote

In a 2023 survey of all our care homes, when asked if
'I have confidence in the staff who look after me',

96% of our residents agreed.

Oulton Manor
OULTON | YORKSHIRE

**If you are considering care for a loved one at
Oulton Manor luxury care home,
3 Wakefield Road, Oulton, Leeds, West Yorkshire, LS26 8EL
Call **01135 117 866** | Visit www.OultonManor.org.uk**

Leeds Care Association



Welcome to this independent edition of the Leeds Care Services Directory. As the membership body for care providers in Leeds, we hope you find it useful.

Finding care services, whether that's a care home or home care agency, for yourself or a loved one is never easy. You may find that you don't have time, or you aren't sure what you should be looking for. This Directory and Leeds Care Association could help you.

Are you looking for a care provider?

Leeds Care Association (LCA) may be able to help. Many of the independent care providers in Leeds are members of LCA and as such, are committed to continuous improvement in the quality of the services they provide, the environment they create and the training and development of their staff. They cover a range of services, including care homes, care homes with nursing, intermediate care, domiciliary care, supported living and some can offer respite care.

Visit **www.leedscare.co.uk** for details of our member providers.

LCA can assist you in finding a provider

Email **info@leedscare.co.uk** with the type of service you are looking for and brief details of the care and support you need. LCA will find out for you where the vacancies are amongst members.

Aims and objectives

LCA has a number of main aims, including to:

- raise the profile and increase the status and recognition of the work of its members;
- maintain a strategic knowledge bank for the benefit of its members; and
- develop membership, member benefits and services across all areas of care provision to meet the needs of service users.

This is done by:

- supporting members in the effective management and development of their business; and
- providing impartial advice to those seeking care/housing options.

Funding

LCA distributes the Workforce Development Fund (WDF) on behalf of Skills for Care for accredited training. It also provides free support and guidance on how to access funding.

Disclosure and Barring Service (DBS)

LCA is a registered umbrella body for the DBS. Members benefit from a discounted rate for their staff disclosures and LCA offers a personal and efficient service which supports care employers in their recruitment and HR activities.

Website

A one-stop-shop for information on issues within the sector. LCA members are entitled to free advertising along with job vacancies and bed vacancies.

If you are a care provider and have any questions about **LCA** membership, or if you are looking for care in Leeds and need some support, please contact us.

Tel: **0113 287 3490**

Email: **info@leedscare.co.uk**

Web: **www.leedscare.co.uk**



Helping you to stay independent

Services developed in partnership with the voluntary sector

Adult social care works with voluntary and community organisations to supply preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples of services developed in partnership with the voluntary sector include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers; and
- handyperson schemes.

Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as

chiropody or hairdressing. There is a wide variety around the county, catering for older people and people with mental health conditions, learning disabilities and dementia. Centres can be as important for carers as those attending as they allow regular breaks from caring.

You can find local day opportunities by searching 'Day centre' at **www.leedsdirectory.org**

Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately. In Leeds, Meals on Wheels delivers this service as part of Leeds City Council.

For more information, visit **www.leeds.gov.uk** (search 'Meals on wheels' and select 'Presto'). You can also call **0113 378 3750** or email **prestocommunitymeals@leeds.gov.uk**

Alternatively, you could arrange to have meals delivered privately. You may find a service by word of mouth or using the internet – your local library may be able to help here.



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs and those who support them.



Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyman service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit **www.housingcare.org** or contact **Leeds City Council**.
Tel: **0113 222 4401**



Opticall Yorkshire is a West Yorkshire based independent optician, with over twenty years experience in providing premium eye care within your own home.

We welcome private and NHS patients. Sight tests are free of charge to those who cannot visit their High Street optician.

Established in 2020, we regularly visit care homes, and patient's own homes and we cover the whole of Leeds.

Our services include;

- Full sight test
- Eye pressure test
- Glaucoma screening
- Extensive stock of glasses frames to suit all budgets
- Glasses delivery and aftercare service



**Opticall
Yorkshire**
Eye Care at Home

Opticall Yorkshire is Caroline and Sarah, who both attend every appointment, giving continuity of care, a personalised approach and trust to every patient.

**To book an eye test in your home,
contact us today**

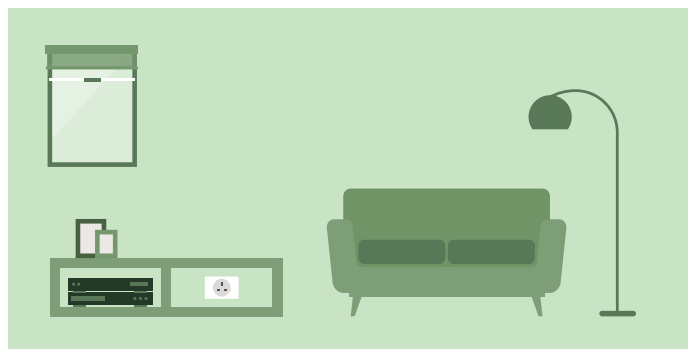
01274 085757

info@opticall-yorkshire.co.uk www.opticall-yorkshire.co.uk



Making life easier at home

If you're having difficulties with everyday tasks, these simple solutions could make life easier and enable you to retain your independence. These are a starting point; other solutions are available, which might better suit you.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit www.gov.uk/winter-fuel-payment

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available that turns your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Make a note of when you've taken them or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large-handled cutlery could help, as could non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Having tap turners fitted can make **using taps** easier. You could also consider changing to lever-style taps, which might be easier for you to use.



Handled plug



Chair raisers



Chopping board

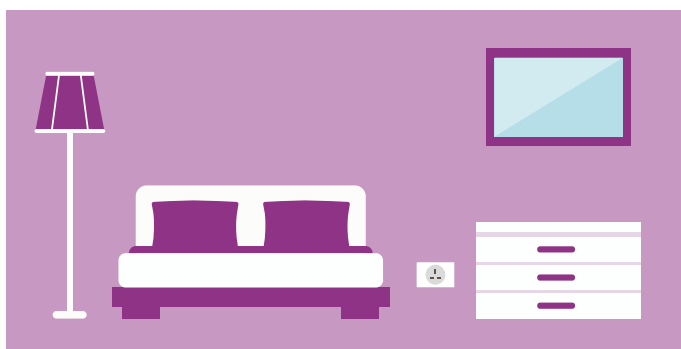


Level indicator



Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at www.carechoices.co.uk/staying-independent-at-home/ There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support – see pages 17 and 18.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**? You could learn new ways of moving around, purchase a leg lifter or a hoist, or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat or a seat with a built-in support frame if it's **hard to use your toilet**. Flush-lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath, or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Leeds City Council

Tel: **0113 222 4401**

Email: leedsadults@leeds.gov.uk

Web: www.leeds.gov.uk/adult-social-care



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online guided advice service called Living Made Easy, which can help anyone who finds they have difficulties with everyday tasks.

Visit <https://livingmadeeasy.org.uk> to learn more about possible solutions or see pages 10 to 11. Once you have identified equipment that might help with your support needs, use the checklist on page 13 to make sure it's right for you.

Care and Repair Leeds

Help and advice on the types of equipment that will make living at home easier.

Tel: **0113 240 6009**

Email: enquiries@care-repair-leeds.org.uk

Web: <https://care-repair-leeds.org.uk>

Leeds Community Equipment Service (LCES)

Leeds City Council's integrated supplier of daily living equipment.

Tel: **0113 378 3282**

Email: lcesadultequipment@leeds.gov.uk

William Merritt Disabled Living Centre and Mobility

Independent information and advice about specialist equipment.

William Merritt Centre, Aire House, 100 Town Street, Rodley LS13 1HP

Tel: **0113 350 8989**

Email: info@wmdlc.org

Web: www.wmdlc.org



Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent. Relatives and carers are also reassured, safe in the knowledge that, should an incident occur, they will know about it. Some devices can also help monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you're eligible through an assessment (see page 14), Leeds City Council may be able to provide it for you.

For further information, visit www.leeds.gov.uk (search 'Equipment to help you live at home').



It's a good idea to consider the following questions before buying any assistive technology. If you are unsure about what technology might help meet your needs, you can contact your council or visit <https://livingmadeeasy.org.uk>

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability

- Does the equipment support your specific needs? ☐
- Are you willing to use it? ☐
- Will it fit into your everyday life and routine? ☐
- Have you tried a demo of the equipment? ☐
- Do you understand what the equipment is for? ☐
- Do you need to take it with you when you leave the house? Is it transportable? ☐
- Does the equipment have any limitations that would make it unsuitable for you? ☐
- Will it work alongside any assistive technology you already have? ☐

Usability

- Is a simpler piece of equipment available (e.g. a pill case rather than an automated pill dispenser)? ☐
- Does the equipment need a plug socket and will any wires cause a trip hazard? ☐
- Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you? ☐
- Are you able to use it? Are there any aspects you don't understand? ☐

Notes

- Will it need to be installed by a professional? ☐
- Can the retailer provide you with training in using the equipment? ☐

Reliability

- Will it work if you have pets or live with other people (e.g. could someone else set off a sensor alarm by accident)? ☐
- Have you read reviews of the equipment you are looking at? Consider these before making your purchase. ☐
- Can you speak to someone who already uses it? ☐
- Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this. ☐
- Is it durable? If you drop it, is it likely to break? ☐

Cost

- Do you know how much it costs? ☐
- Will you need to pay a monthly charge? ☐
- Are there alternative solutions that might be free? ☐
- Is there a cost associated with servicing the equipment? ☐

Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe several ways in which eligible adults can receive a mixture of local authority and government money to pay for the care services

they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and

- any health and medical treatments you need.

You will need to contact adult social care to arrange an assessment. Call **0113 222 4401**.

Once adult social care understands your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment. Information on paying for care can be found on page 21 if you are receiving home care and page 48 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget. A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances.

The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose

to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council. If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of these options.

Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge,

adult social care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, usually up to six weeks.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it's about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you

money. For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. They may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses.

This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 49 for more information.

Personal Health Budgets

A Personal Health Budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.



Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for, and the help they give doesn't have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;
- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;

- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.

Anyone who is caring for someone in Leeds can contact Carers Leeds below for information and advice. There's a host of guidance on the website or carers can call, email or drop in for support with their specific needs.

Carers Leeds

6-8 The Headrow LS1 6PT

Tel: **0113 380 4300**

Email: **advice@carersleeds.org.uk**

Web: **www.carersleeds.org.uk**

Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell the council what they need as a carer and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at the following:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The assessment can also give lots of information

about other services that might help and other ideas for support. The carer's assessment will show if the carer qualifies for support from adult social care.

Carers' Personal Budgets

The carers' Personal Budget is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When adult social care considers a carer's Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by their carers' assessment. The money is not taxed, and it will not affect any benefits.

For more information about paying for care, see page 21 and 48.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed. Respite at home is considered to be

a service for the person who is being cared for. If they have a Personal Budget for their own needs (see page 14), they could use that money to pay for it. A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

Benefits

Carers may want to explore whether they are entitled to Carer's Allowance – currently £76.75 per week but this may change over the lifetime of this Directory. Carers may also qualify for Carer's Premium or Carer's Credit depending on their eligibility.

If the person you're caring for receives the severe disability premium (or severe disability addition in Pension Credit), this may be lost if you claim Carer's Allowance and/or Carer's Premium. Seek specialist independent advice before claiming Carer's Allowance.

Carer's Premium is an extra payment of up to £42.75 per week that can sometimes be added to the calculation of other benefits you might get on top of Carer's Allowance. Carers who do not qualify for Carer's Allowance may qualify for Carer's Credit.

The Government's website (www.gov.uk) has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation, which may be able to help undertake a benefit check. See page 69 or find other organisations supporting carers in Leeds at www.leedsdirectory.org

Resource for those supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance,

policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit www.myfamilyourneeds.co.uk

Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need

to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital, someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved

in looking at what will suit you best if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting adult social care is a good first step towards finding help. →

→ How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support. Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to

stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. See below for more information about live-in care. A list of all home care agencies operating in Leeds starts on page 25.

Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary.

The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 52.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 52), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Visit **www.carechoices.co.uk**

The Care Quality Commission (**www.cqc.org.uk**) is responsible for checking that any care provided meets essential standards of quality and safety.

Further information is on page 52.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too. The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, adult social care and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers' support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia and find out more about the condition. When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;
- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.

Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a

difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia.

Visit **www.dementiafriends.org.uk**

Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and

can involve the person with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break. Contact the council to see if you are eligible for support with arranging these services – see page 14 for information on assessments.

Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia

will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

Bespoke home care

Supporting people to live **independently**

We provide a range of services from regular and reliable visiting care to 24-hour live-in care. Whether it's a short daily visit or round-the-clock support, our dedicated care plans are centred around you or your loved one.

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Rothwell
01135 376 725

for more details visit: helpinghands.co.uk

• • • *Because, life is better at home* • • •



Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community. Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities.

Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers. Attendance at day centres can be offered from just a few hours a week to a number of days. Contact the council or your local Alzheimer's Society office for more details – see 'Useful local contacts' on page 69.

Alzheimer's Society

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 69 for contact details.

Alzheimer's Society's Dementia Connect support line is available on **0333 150 3456** and can provide information, support, guidance and signposting to other appropriate organisations. The helpline is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and

Friday; and 10.00am to 4.00pm, Saturday and Sunday. For more information on care homes for people with dementia, see page 47.



Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell adult social care when your savings are likely to fall below this amount.

The council calculates charges in accordance with national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adult social care can help you to identify these costs. They will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits.

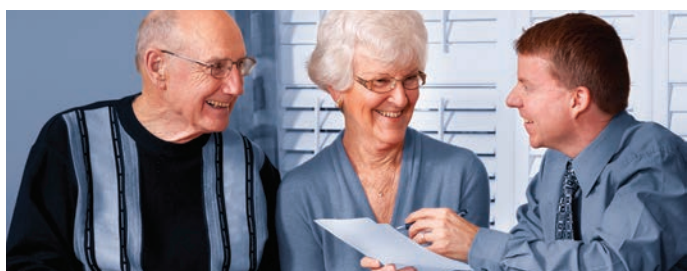
Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have.

AA is payable to people over State Pension age and PIP to those aged between 16 and State Pension age. There are different rates that can be awarded, dependent on the level and type of help you need.

These can be found at **www.gov.uk** and you can check your State Pension age at **www.gov.uk/state-pension-age**

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.



Money Helper

A free and impartial money advice service set up by the Government.

Tel: **0800 138 7777**

Web: **www.moneyhelper.org.uk**

Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

Tel: **0333 202 0454**

Email: **admin@societyoflaterlifeadvisers.co.uk**

Web: **<http://societyoflaterlifeadvisers.co.uk>**

Further information on paying for care begins on page 48.



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Tailored care for your wellbeing, home & happiness

Sometimes the small moments in life bring the most joy. That's why Audley Care is tailored to your individual needs, so you can continue to enjoy what matters most to you in life, all in the comfort of your own home.

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team for more details

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info@audleycare.co.uk

www.audleycare.co.uk



Live well, *your* way with care at home



Recovering from an operation, illness or fall takes time, especially when you first get back home. Home Instead provides personalised care in your own home to support with:

-  Companionship
-  Personal Care
-  Dementia Care
-  Home Help
-  Rehab and recovery
-  Live-In Care

For more information, please contact our specialists:

- For Wetherby and North Leeds, please call **01937 220510** or visit www.homeinstead.co.uk/Wetherby

- For Ilkley, Skipton and Settle, please call **01943 662188** or visit www.homeinstead.co.uk/Ilkley

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Agency 1

Agency 2

Agency 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

About the agency

How long has the agency been operating?

How long are staff allocated per visit?

Can you contact the agency in an emergency or outside office hours?

Does the agency have experience with your specific needs?

Staff

Are you likely to be visited by different staff each day?

Are all staff checked with the Disclosure and Barring Service?

Will you be notified in advance if your care worker is on holiday or sick?

Are staff matched to you specifically, based on your needs and preferences?

Can you meet your care worker(s) before they start?

Does the agency have both male and female staff?

Notes

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*See page 52.

Accommodating your needs

Can the agency accommodate your needs if they increase? Ask about the process for this.

Does the agency have a training scheme in place?

Are all staff trained to a certain level?

Are staff able to help with administering medication if required?

Is there a way for staff to communicate with each other about the support they provide when they visit you? How?

Regulation

Will your support plan be reviewed at regular intervals?

Can you see the agency's contract terms?

Can you lodge a complaint easily?

Are complaints dealt with quickly?

Can you see a copy of the agency's CQC registration certificate and quality rating?

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**Supporting Lives,
Inspiring
Independence.**



Who we are?
AV Support vision is we have developed our Supporting People, Connecting Communities plan for living and ageing well. We are passionate about caring for others.

We believe
"AS TWO PEOPLE WE CANNOT CHANGE THE WORLD, BUT WE CAN CHANGE THE WORLD OF ONE PERSON AT A TIME." (PAUL SHANE SPEAR)

Who we support:

- Learning or physical disabilities
- Mental Health, Dementia and Alzheimer
- Personal care
- Sensory impairment
- Respite care and Live in care
- Companionship
- Palliative and End of life care
- Spinal injuries

info@avsupport247.com • www.avsupport247.com

07931 436 276 – miriam.ugwuoke@nhs.net
07852 662 054 – mary.mapfumo1@nhs.net



Beekay Healthcare

Call us: 03335 777 244
24 hour Contact: 07734 458 896
Email us: admin@beekayhealthcare.co.uk

Beekay works to enhance the dignity and quality of life of individuals and families by promoting independence, eliminating barriers to continuously live in your home and helping service users reach their full potential through partnership working and good quality homecare.

Beekay Healthcare is a nurse-led company and the organisation's support workers have received specialist training to care for people with complex needs in their home. For example, the homecare team care for people with spinal and/or brain injuries and provide home ventilation support.

**Dementia Care • Elderly Care • Home From Hospital
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www.beekayhealthcare.co.uk

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Good
Care Quality Commission



“They're like our other family”

Care in your home, just as you like it.

You love your home and you feel safe there. Needing additional care and support shouldn't change that.

You may be in a situation where you need an extra pair of hands, or you may have complex needs that require more dedicated care. Our well-trusted care packages are built around you and your individual needs which means that you and your family can rest assured you'll receive care and support exactly as you need.

Our multi-award winning care team can provide anything from 30 minute visits through to 24 hour care, including night care and live in care.

Call our friendly team today.
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www.bluebirdcare.co.uk/leeds-north
0113 258 9677
leedsnorth@bluebirdcare.co.uk

Inspected and rated
Good
Care Quality Commission

Home
is where the heart is
Let's keep it there



Home care providers

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Leeds

Tel: 07401 301687

OP D PD SI YA

Adopt Healthcare Ltd

Leeds

Tel: 07856 522354

OP PD LDA MH SI YA AD

Advanced Medcare

Leeds

Tel: 07983 591002

OP D PD LDA MH SI YA AD

Aegis Care Solutions

Leeds

Tel: 0113 467 3545

OP D PD LDA MH SI YA

Affinity Trust

Leeds

Tel: 0113 242 1388

LDA

AJ Northern Blitz Ltd

Leeds

Tel: 0113 534 5339

OP D YA

Allied Hands Home Care and Support Service

Pudsey

Tel: 0113 873 0133

OP D PD LDA MH SI YA

Allied Health – Services Leeds

Seacroft

Tel: 0113 201 8281

OP D PD LDA MH SI YA AD

All-In-One MultiCare Service Ltd

Leeds

Tel: 07493 171424

OP D MH YA

Amblers Orchard (Office)

Leeds

Tel: 07990 583871

D PD LDA MH SI

Anchor Trust (The Laureates)

Guiseley

Tel: 01943 876228

Advert pages 6 & 44

OP YA

Angels Community Enterprises CIC

Leeds

Tel: 0113 277 2222

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Angels Healthcare Solutions Ltd

Leeds

Tel: 07723 719904

OP D YA

Appealing Care Services Ltd

Leeds

Tel: 07533 833857

OP D PD MH YA

Arch Healthcare Ltd

Leeds

Tel: 07515 726408

OP D PD LDA MH SI YA AD

AS Care Ltd

Leeds

Tel: 0113 242 8822

OP D PD

Aspire Specialised Supported Living Service

Leeds

Tel: 07545 604093

OP D PD LDA MH SI YA AD

Assisi Place

Leeds

Tel: 0113 200 8140

OP D PD LDA MH SI YA

At Home Specialists In Care

Leeds

Tel: 0113 512 2227

OP D PD MH SI YA

AV Support 24/7 LCA

Leeds

Tel: 07931 436276

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OP LDA SI YA

Azaba Healthcare Plus Ltd

Leeds

Tel: 07538 777552

OP D PD MH YA

BC Care Ltd

Leeds

Tel: 07776 442199

OP D YA

Be Caring Leeds

Leeds

Tel: 0113 277 7871

OP D PD LDA MH SI YA

Beekay Ltd

Leeds

Tel: 03335 777 244

Advert page 24

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Best Connection Healthcare Ltd

Seacroft

Tel: 07401 339764

OP D PD LDA MH SI YA

Bkind Care Ltd

Leeds

Tel: 07753 170268

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Blue Arrow Healthcare

Leeds

Tel: 07429 947994

OP PD YA

Bluebird Care (Leeds North)

Horsforth

Tel: 0113 258 9677

Advert page 24

OP D PD LDA MH SI YA AD

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted



Epoch Home Care is a local, reliable and independent home care agency who provide excellent care to assist you with continuing to live within your own home.

All aspects of care are undertaken by our fully trained Independent Living Assistants.

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- Shopping service • Food preparation & serve
- Palliative care • Mental health care
- Physical disability • High dependency care
- Hospital discharge • Companionship

☎ **0113 258 4294**
🌐 www.epochhomecare.co.uk

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Leeds Office

0113 258 1570

139 New Road Side, Horsforth,
Leeds LS18 4QD

Backstone Business Centre

Suite 2002, Blenwood Court
451 Cleckheaton Road, Low Moor, Bradford, West Yorkshire BD12 0NY

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www.carerstrustmidyorkshire.org.uk

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- What have you found useful?
- What could we do better?

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Tel: 0113 318 4843

OP D PD LDA MH SI YA

CareXtra24/7 Healthcare Ltd

Leeds

Tel: 07377 713073

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Caring Folk Ltd

Pudsey

Tel: 0113 213 6655

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Caring Heart and Hands Ltd

Yeadon

Tel: 0113 834 3787

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Caring Partnership Ltd

Leeds

Tel: 0113 426 0805

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Catholic Care – Diocese of Leeds

Headingley

Tel: 0113 388 5400

LDA

Chandos Walk, 2

Leeds

Tel: 07459 948506

OP D YA

Chriskepa Ltd

Leeds

Tel: 07473 900631

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City Force Healthcare Ltd

Leeds

Tel: 0113 263 8830

OP D PD SI YA

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Leeds

Tel: 07859 007992

OP D PD MH YA

Comfort Call – Leeds

Pudsey

Tel: 0113 205 2990

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Comforting Care

Leeds

Tel: 0113 322 9225

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Comforting Healthcare

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Complete Care Agency Ltd

Yeadon

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Complete Contemporary Care Triple “C” Ltd

Leeds

Tel: 07733 800660

OP D PD LDA MH YA

Connections Care Ltd

Leeds

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Cornerstone Healthcare Services Ltd

Leeds

Tel: 07881 745169

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Creative Support

Brandling Court

Tel: 0113 271 3246

LDA MH

Hall Lane

Tel: 0113 261 1600

LDA

Hampton Crescent

Tel: 0161 236 0829

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Wetherby

Tel: 0113 240 9940

OP D PD SI YA

Destiny Medical Ltd

Leeds

Tel: 07474 657957

OP D PD LDA MH SI YA

Detailed Care Ltd

Leeds

Tel: 0113 331 0287

OP D PD YA

Dynamic Social Support

Leeds

Tel: 0113 457 1646

OP D LDA MH

Edenom Care Ltd

Leeds

Tel: 07446 249239

OP PD SI YA

Edinburgh Support Services & Healthcare Training (Eng) Ltd

Leeds

Tel: 07716 352938

OP

Elmar Home Care Ltd – Horsforth

Leeds

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Advert page 26

OP D LDA MH SI YA

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**We work with the local council and NHS
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Personalised Care In Your Own Home

We appreciate that everyone has different needs and requirements, so we can create a care plan that works for you and your family's needs. From a half hour pop-in to 24 hours per day, tailoring a package of care and companionship to meet your individual needs. All of our staff have been checked with the Safeguarding Authority.



Our Services

A reliable, professional service available in Yorkshire as a whole. We aim to provide caring, responsive, person-centred care and support packages, including:

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- Social outing
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- Shopping
- Meal preparations
- Bathing and showering
- Medication management
- Etc

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- Hospital discharges
- Live-in-care
- Supported Live-in
- Learning Disability
- Adult and children care
- Palliative Care
- Specialist dementia care
- Acquired brain injuries
- Waking Nights

**To arrange a free, confidential
consultation, contact us on:**

Leeds Branch:

 **0113 831 3613 | 0747 828 3274**

 **admin@ils24healthcare.co.uk**

 **www.ils24healthcare.co.uk**

**We provide a range of services
which promote enjoyment,
independence, well-being, respect,
dignity, equality, diversity, opportunity
and choice, ensuring users and carers
rights come first.**

What our clients say:

"My father was cared for using this service. We had been allocated to other carers before! These folks are honest, pleasant, and professional at what they do, and I have to say that. They made our father's experience as pleasant as possible; they treated him with dignity and respect, and they have continued to assist us and him to this day; and the management is excellent, particularly in terms of financial management Georgiana, the office lady, is a consummate professional, and hearing her talk will leave you feeling content and reassured that she knows what she's doing. I wholeheartedly endorse this company. Thanks" **O. Eghosa**

Home care providers continued

Epoch Homecare Ltd

Leeds

Tel: 0113 258 4294

Advert page 26

OP PD MH SI YA

Ethical Homecare Solutions

Leeds

Tel: 0113 345 9492

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Ethicare

Pudsey

Tel: 0113 877 1234

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Extra Care Service

Leeds

Tel: 07891 276432

OP MH YA

Five Star Homecare Leeds Ltd

Leeds

Tel: 07824 770328

OP D YA

GAIN Care Ltd – Leeds LCA

Leeds

Tel: 0113 277 3103

OP D PD SI YA

Gloriavd Health Care Ltd

Leeds

Tel: 07594 397584

OP D

Glory House

Leeds

Tel: 0113 294 2963

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Goshen Social Care Ltd

Leeds

Tel: 0113 414 1113

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Grayson Home Care

Wetherby

Tel: 01937 918141

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Green Force Healthcare

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Green Pastures Services Ltd

Leeds

Tel: 07723 131242

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Greenmill Gardens

Leeds

Tel: 0845 155 1234

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Greenstar Health Care Ltd

Leeds

Tel: 0113 247 3835

OP D PD LDA MH SI YA

Hadi Healthcare Services

Leeds

Tel: 0113 249 9786

OP D PD MH YA

Haigh Care Ltd

Leeds

Tel: 07961 817708

OP D PD MH SI YA

Hales Group Ltd – Leeds LCA

Leeds

Tel: 0113 208 3346

OP D PD LDA MH SI YA AD

Happy Home Care Services Ltd

Leeds

Tel: 07761 529190

OP D PD MH SI

Healing Hands Care

Leeds

Tel: 07878 979701

OP D PD LDA MH YA

Health First Care Services Ltd

Leeds

Tel: 07548 759430

OP D YA

Hearts At Home HomeCare Ltd

Leeds

Tel: 01937 547 861

OP D PD LDA MH SI YA

Helping Hands Leeds

Leeds

Tel: 01138 687 293

Advert page 20

OP D PD LDA MH SI YA

Helping Hands Rothwell

Leeds

Tel: 01135 376 725

Advert page 20

OP D PD LDA SI YA

HF Trust – Leeds & Bradford DCA

Leeds

Tel: 07917 557487

OP LDA YA

High Healthcare

Leeds

Tel: 0113 450859

OP D PD YA

Hillcrest Community Ltd

Leeds

Tel: 0113 212 1783

OP D PD SI YA

Holistic Healthcare Leeds

Leeds

Tel: 07436 601564

OP YA

Holistic Quality Care Ltd

Leeds

Tel: 07590 913239

OP D YA

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted

Loving HomeCare Ltd is a Leeds based provider with high quality care given in the client's own home. We enable the client to live independently in the comforts of their home surrounded with their loved ones. We offer personalised tailored care plan package to meet the client's individual needs.

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info@merlinehealthcare.co.uk

www.merlinehealthcare.co.uk



We are a care provider that is dedicated to providing high-quality care and staff to care homes and to individuals in the comfort of their own home...

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- Individual Elderly
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NURSING & CARE

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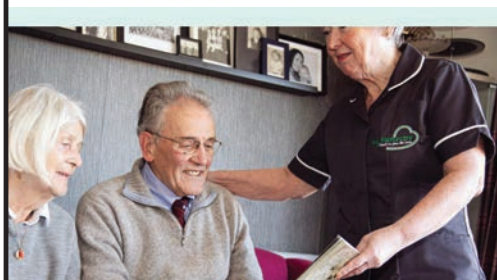
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Appointment
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0113 403 1270

yorkshire@myhomecare.co.uk

www.leedsnorthyorks.myhomecare.co.uk

Home care providers continued

Home Instead Central Leeds

Leeds

Tel: 0113 518 3005

OP D PD MH SI YA

Home Instead

Leeds

Tel: 01937 220510

Advert page 22

OP D PD LDA MH SI

Hope & Faith Healthcare Ltd

Leeds

Tel: 07930 134136

OP D

Hope Homestay Ltd

Leeds

Tel: 07511 332265

OP D PD MH YA

iCare World Ltd

Leeds

Tel: 07949 132322

OP D PD LDA MH SI YA AD

ILS24Health Care Ltd

Leeds

Tel: 07478 28 3274

Advert page 28

OP PD LDA MH SI YA

Integral Care Hub (Leeds Office), The

Leeds

Tel: 07921 455018

OP D PD MH YA AD

Ivegate House

Leeds

Tel: 0113 219 2053

OP YA

Jay and Noah Healthcare

Leeds

Tel: 07488 237675

OP D PD MH SI YA

Jayrima Care Ltd

Leeds

Tel: 0113 217 2366

OP D PD YA

Jays Homecare Ltd

Leeds

Tel: 0113 273 6457

OP D LDA MH SI YA AD

Kennores Healthcare Recruitment Ltd

Leeds

Tel: 0113 272 1839

OP D PD MH SI YA AD

Krystal Hope Ltd

Leeds

Tel: 07932 318528

OP D PD LDA MH SI YA

Leeds Learning Disability Community Support Service – East and North East Leeds

Potternewton

Tel: 0113 378 1035

OP PD LDA MH SI YA AD

Leeds Learning Disability Community Support Service – South and South East Leeds

Woodlesford

Tel: 07891 277031

OP LDA YA

Leeds Learning Disability Community Support Services – West and North West Leeds

Bramley

Tel: 0113 378 9951

OP PD LDA MH SI YA AD

Legacy Agency Ltd

Leeds

Tel: 07453 556505

OP D PD YA

Lifeway Care Ltd

Leeds

Tel: 07734 909829

OP D PD SI YA

Local Homecare

Leeds

Tel: 0113 320 6677

OP D PD LDA MH SI YA

Loidis Care Services Ltd

Leeds

Tel: 07916 505189

OP D PD SI YA

Lotus Home Care Leeds

Leeds

Tel: 0113 493 1993

OP YA

Love In Care

Leeds

Tel: 07539 022642

OP D PD LDA MH SI YA

Lovella Care Ltd

Leeds

Tel: 07806 669486

OP D PD SI YA

Loving Homecare Ltd

Leeds

Tel: 07904 620075 Advert page 30 OP D PD MH YA



Reflections | Community | Support

Reflections
Community Support

"Positively engaging with the community"

Reflections Community Support (RCS) provides person-centred care that promotes independence, dignity, and a sense of community & belonging for every individual they serve.

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M: 07794 624 851

www.reflections-care.org



24 hour Care | Community Engagement | Short/Long Respite Care | Dementia Care | Personal Care

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User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Tel: **0113 457 4772**

Email: **enquiries@surecarenorthleeds.co.uk**

Website: **www.surecare.co.uk/northleeds**

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HELP!**

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- Medication
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- Appointments
- Companionship
- Sleeping and Waking Nights
- Short Breaks



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or drop us an email at **admin@yhha.co.uk**

www.yhha.co.uk

Home care providers continued

Malachi Care Services

Leeds

Tel: 07956 560875

OP D PD MH YA

Medacs Healthcare PLC

Leeds

Tel: 0113 287 4612

OP D PD LDA MH SI YA AD

Mental Health Accommodation Based Services

Leeds

Tel: 0113 336 7732

OP D MH YA AD

Mental Health Accommodation Based Services – Cottingley Court

Leeds

Tel: 0113 336 7727

OP MH YA AD

Meridian Health and Social Care – Leeds

Leeds

Tel: 0113 278 2001

OP D PD LDA MH SI YA

Metis Care Ltd

Leeds

Tel: 0113 414 8939

OP D PD YA

Mexborough Grove, 55

Leeds

Tel: 07450 270179

OP PD MH YA

Miracle Care Centre

Bradford

Tel: 0113 251 2053

OP D PD MH SI YA

MK Care Services Ltd

Leeds

Tel: 0113 834 6703

OP D PD LDA MH YA

Moor Allerton Care Centre

Leeds

Tel: 0113 288 8355

OP D PD LDA MH SI

Moorcare

Leeds

Tel: 0113 268 4211

OP D PD MH SI

My Homecare Yorkshire

Leeds

Tel: 0113 403 1270 Advert page 30 OP D LDA MH YA

My Horizon Care Ltd

Leeds

Tel: 07460 472050

OP D PD LDA MH SI YA AD

Nefid Personnel

Leeds

Tel: 07859 327652

OP D PD LDA MH SI YA AD

NetCare Health Ltd

Leeds

Tel: 07949 053768

OP YA

Newcross Healthcare Solutions Ltd – North

Leeds

Tel: 0113 350 8791

OP D PD LDA MH SI YA

Newdon Care Services Ltd

Leeds

Tel: 0113 288 3006

OP D

Novo Healthcare Ltd

Leeds

Tel: 0208 187 7840

OP D PD LDA SI YA

Number 12 Chapeltown Enterprise Centre

Leeds

Tel: 07783 597254

OP D PD LDA MH SI YA AD

Olive Lodge

Leeds

Tel: 0113 259 3800

OP PD

OOJ Homecare Services Ltd

Leeds

Tel: 07735 579243

OP D PD LDA SI YA

Page Alliance Healthcare Ltd

Leeds

Tel: 0113 350 1185

OP D PD LDA MH SI YA

Park Lodge

Roundhay

Tel: 0113 265 9353

OP YA

Pennington Court Nursing Home LCA

Beeston

Advert inside front cover & page 42

Tel: 0113 228 4040

OP

People Matters

Leeds

Tel: 0113 234 6896

OP PD LDA YA

Personal Care Specialists

Leeds

Tel: 0113 345 0630

OP D PD MH SI YA

Personal Touch Healthcare Ltd

Leeds

Tel: 0113 887 3955

OP D PD YA

Phoenix Health Kare

Leeds

Tel: 07749 800849

OP D PD LDA MH SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Home care providers continued

Poplar Care Ltd

Leeds
Tel: 07487 632474

OP D SI YA

Positive OT & Case Management Ltd

Leeds
Tel: 0112 871 5975

OP PD LDA MH SI YA

Pre Care Services Ltd

Leeds
Tel: 07939 592110

OP D PD LDA MH YA

Prestige Nursing – Leeds

Leeds
Tel: 01924 970905

Advert page 30

OP D PD LDA MH SI YA AD

PRN Healthcare Staffing Ltd

Leeds
Tel: 0113 534 0046

OP D PD YA

Pro Healthcare Services

Leeds
Tel: 0113 824 2503

OP YA

Quodesh Healthcare Consultancy Ltd

Leeds
Tel: 07578 840367

OP D PD YA

Rani Care C.I.C.

Leeds
Tel: 07720 260209

OP YA

Rapid Healthcare & Recruitment Ltd

Leeds
Tel: 0113 534 5220

OP D PD YA

Reablement SKILs

Leeds
Tel: 0113 376 0445

OP D PD MH SI YA

Real Life Options – Yorkshire

Leeds
Tel: 0113 271 4100

OP D PD LDA MH SI YA

Reed Specialist Recruitment Ltd – Leeds

Leeds
Tel: 0113 394 2940

OP D PD LDA MH SI YA AD

Reflections Community Support

Guiseley
Tel: 01943 876649

Advert page 31

OP D PD MH SI YA

Regent Street Leeds, 22

Leeds
Tel: 0333 987 4688

OP D PD LDA MH SI YA

Relate Care Solutions Ltd

Leeds
Tel: 0800 689 3624

OP D PD MH SI YA

Rest Assured Homecare Services

Otley
Tel: 01943 466292

OP D PD LDA MH SI YA AD

Restore7 Ltd

Leeds
Tel: 0113 239 2151

OP D PD MH SI YA

Rift Solutions Ltd

Leeds
Tel: 0113 264 4466

Advert page 26

OP D LDA MH SI YA AD

Right at Home

– Leeds East, Roundhay to Rothwell

Leeds
Tel: 07967 239086

OP D PD YA

Rise and Shine Services Ltd

Leeds
Tel: 07460 687260

OP D YA

Roche Homecare (Community)

Leeds
Tel: 0113 270 3355

OP D PD SI YA

Rockwood Road, 42

Calverley
Tel: 07888 870 448

Advert page 30

OP YA

Rosecare Community Services Ltd

Leeds
Tel: 07737 335851

OP D PD LDA MH YA

Routes Healthcare Leeds

Leeds
Tel: 0113 532 4375

OP D PD LDA MH SI YA AD

Rumney Care and Ambulance Service Leeds

Leeds
Tel: 0113 426 5432

OP D PD YA

Sabin Care

Leeds
Tel: 07770 712133

OP D PD LDA MH SI YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Home care providers continued

Salem Community Services Ltd

Leeds **Advert outside back cover**
Tel: 07874 659058 **OP D PD SI YA**

Seeds Healthcare

Leeds
Tel: 07807 085000 **OP D PD MH SI YA**

Select Choice Community Support Ltd

Leeds
Tel: 0113 831 3663 **OP D PD LDA MH YA**

SENSE Community Services – West Yorkshire

Leeds
Tel: 0113 205 9500 **PD LDA SI YA**

Shield Health & Social Care Ltd

Pudsey
Tel: 0113 243 0344 **OP D PD YA**

Siban Ltd

Leeds
Tel: 07932 966540 **OP D PD LDA MH SI YA**

Southlands Retirement Apartments with Care and Support **LCA**

Leeds **Advert inside front cover & page 42**
Tel: 0113 265 5876 **OP YA**

Springfield Healthcare (Leeds and Wakefield) **LCA**

Garforth
Tel: 0113 287 6789 **OP D PD LDA MH SI YA AD**

St Anne's Community Services – Croft House

Leeds
Tel: 0113 258 0131 **OP D PD LDA MH YA**

St Anne's Community Services – Leeds DCA

Leeds
Tel: 0113 200 8347 **LDA**

St Anne's Community Services – Leeds DCA 2

Leeds
Tel: 0113 243 5151 **LDA**

St Anne's Leeds Domiciliary Care 3 (DCA 3)

Leeds
Tel: 0113 243 5151 **OP PD LDA SI YA**

St Gregory's Homecare Ltd

Leeds
Tel: 01524 720189 **OP D PD LDA MH SI YA**

Starcover Health & Social Care Ltd

Leeds
Tel: 07762 477654 **OP D PD LDA MH SI YA AD**

Step Ahead Home Care Services

Leeds
Tel: 07725 817157 **OP D PD LDA YA**

Sugarman Health and Wellbeing – Leeds

Leeds
Tel: 0113 457 3150 **OP D PD LDA MH SI YA AD**

Sure Healthcare (Leeds)

Leeds
Tel: 0113 350 2100 **OP D PD MH SI YA**

SureCare North Leeds Ltd

Leeds **Advert page 32**
Tel: 0113 457 4772 **OP D PD LDA MH YA**

Talbot Gardens

Leeds
Tel: 0113 249 1295 **OP D LDA MH SI YA AD**

Tate Care Ltd

Leeds
Tel: 07387 470334 **OP D LDA SI YA**

Total Care Nursing Ltd

Leeds
Tel: 0113 288 8728 **OP D PD LDA MH SI YA**

TPS Healthcare

Leeds
Tel: 0113 244 1584 **OP D PD LDA MH SI YA**

Triage Care Services Leeds

Leeds
Tel: 0113 322 2785 **OP D PD LDA YA**

Trust Life Care

Leeds
Tel: 0113 251 5009 **OP D PD LDA MH SI YA**

Unique Support Solutions

Leeds
Tel: 07960 131848 **OP PD LDA MH YA**

United Response – Leeds-Harrogate

Leeds
Tel: 01423 867109 **LDA YA**

Unity Plus Healthcare Leeds

Leeds **Inside back cover & page 39**
Tel: 0330 127 1848 **OP D PD LDA MH SI YA**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

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Home care providers continued

Valeo Domiciliary Care Service

Leeds

Tel: 0113 272 6020

PD LDA MH YA AD

Valley Care Wetherby

Leeds

Tel: 07523 916347

OP YA

Victoria Court

Leeds

Tel: 0113 278 7588

OP

Victorletticia Care Services

Leeds

Tel: 07897 930037

OP D PD LDA MH YA

Vive UK Social Care Ltd

Leeds

Tel: 0113 320 2222

OP D PD LDA MH SI YA

Voyage (DCA) Pennines

Leeds

Tel: 07547 953636

OP PD LDA MH SI YA AD

Westward Care Ltd

– Outreach Office

Headingley

Advert inside front cover & page 42

Tel: 0113 331 4834

OP

Wharfedale View

Leeds

Tel: 0113 250 7791

OP D PD SI YA

Willow Homecare Leeds Ltd

Leeds

Tel: 07511 261474

OP D

Winserve Care Services

Leeds

Tel: 07388 191702

OP D PD LDA MH SI YA

XL Care Services Ltd

Leeds

Tel: 07460 558781

OP D PD YA

Yorkshire and Humber Healthcare Alliance

Leeds

Advert page 32

Tel: 0113 262 1866

OP D PD LDA MH SI YA AD

Yorkshire and Humber Healthcare

Alliance (West)

Leeds

Advert page 32

Tel: 07865 463643

OP D PD SI

Yorkshire Homecare Ltd

Leeds

Tel: 07598 853964

OP D PD LDA SI YA

Your Life

(Leeds)

Leeds

Tel: 0113 269 8365

OP D SI

Your Safe Homecare Ltd

t/a Kare Plus Leeds

Leeds

Tel: 0113 447 0003

OP D PD LDA MH SI

Zariwezulu Ltd

Leeds

Tel: 07450 228918

OP D



Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

 CareChoices

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

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Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority,

voluntary organisations or private companies.

Properties may be available for rent, mixed tenure or to purchase.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation and extra care housing.

The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed earlier on page 12).

Contact **Leeds City Council** for more information.
Tel: **0113 222 4401**

Shared Lives

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and

families. Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site

or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

For further information, visit the **Elderly Accommodation Council (EAC)** website.
Web: **<https://eac.org.uk>**

Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities. In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact adult social care or visit the Elderly Accommodation Council (EAC) website at **<https://eac.org.uk>**



→ Extra care housing schemes in Leeds

Amblers Orchard

Westerton Walk, Tingley, Wakefield WF3 1FQ
Tel: **0300 131 7962**

Assisi Place

Belinda Street, Leeds LS10 2PR
Tel: **0113 200 8140**

Bedford Court/Olive Lodge

Bedford Court, Horsforth, Leeds LS8 2PL
Tel: **0113 259 3800**

Box Tree Court

Westwood Way, Boston Spa,
Wetherby LS23 6DX
Tel: **0370 192 4266**

Cardinal Court

Cardinal Walk, Beeston, Leeds LS11 8HP
Tel: **0113 376 0410**

Gascoigne House

Nightingale Court, Leeds LS10 4YA
Tel: **0113 535 0010**

Greenmill Gardens

Seacroft Crescent, Seacroft, Leeds LS14 6PA
Tel: **07423 510274**

Hampton Crescent

Upper Accommodation Road, Richmond Hill,
Leeds LS9 8NH
Tel: **0113 235 9459**

Headingley Hall Apartments with Care and Support

5 Shire Oak Road, Headingley, Leeds LS6 2DD
Tel: **0113 275 9950**

Hunslet Moor House (coming October 2024)

Hunslet Hall Road, Beeston, Leeds LS11 6NW
Tel: **0333 600 2500**

Independent Living Apartments

Wetherby Manor, St James Street,
Wetherby LS22 6NS
Tel: **01937 588001**

Lady Ida Lodge

Oak Park Lane, Cookridge, Leeds LS16 6FF
Tel: **0370 192 4208**

Mexborough Grange Retirement Apartments

Main Street, Methley, Leeds LS26 9JP
Tel: **01977 551701**

Pennington Court Extra Care Plus Apartments

Hunslet Hall Road, Beeston, Leeds LS11 6TT
Tel: **0113 228 4040**

Rossefield Manor

Rossefield Lawn, Bramley, Leeds LS13 3TG
Tel: **0113 290 9771** or **0800 731 2020**

Southlands Apartments with Care and Support

13 Wetherby Road, Roundhay, Leeds LS8 2JU
Tel: **0113 265 5876** or **0113 887 0589**

Thackrah Court

Squirrel Way, Shadwell, Leeds LS17 8FQ
Tel: **0113 269 8365**

The Laureates

Shakespeare Road, Guiseley, Leeds LS20 9BR
Tel: **01943 3876256**

The Sycamores (Opening early 2024)

Holmsley Lane, Woodlesford, Leeds LS26 8WB
Tel: **07917 350499** (temporary).

Victoria Court

224 Kirkstall Lane, Headingley, Leeds LS6 3FB
Tel: **0113 229 6200**

Wharfedale View Extra Care Scheme

Silver Lane, Yeadon, Leeds LS19 7FA
Tel: **0113 378 9439**

Woodview

Eastwood Drive, Swarcliffe, Leeds LS14 5HU
Tel: **0113 260 0777**

Yew Tree and Rosewood Court

Courts 2-4 Cranmer Close, Moor Allerton,
Leeds LS17 5PT
Tel: **0113 288 8355**



Specific care and support services

Learning disability

If you are living with a learning disability in Leeds, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you. The council aims to keep people living independently in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme – see page 37.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Leeds. Any learning disability providers are denoted with **LDA**. You may also find the following organisations useful.

Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included.

Tel: **0808 808 1111**

Email: **helpline@mencap.org.uk**

Web: **www.mencap.org.uk**

Scope

Offers free, impartial and expert information, advice and support to disabled people and their families. • Tel: **0808 800 3333**

Email: **helpline@scope.org.uk**

Web: **www.scope.org.uk**

Through the Maze

An information service for adults with learning disabilities, their family carers and professionals.

The service can also help you find events, activities and groups being run for people with learning disabilities.

Office 45, Sugar Mill Business Park,
Oakhurst Road LS11 7HL

Tel: **0113 270 3233**

Email: **ttm@citn.org.uk**

Web: **www.through-the-maze.org.uk**



UNITY PLUS
HEALTHCARE GROUP

UNITY PLUS SUPPORTED LIVING
Providing specialist care and support for young adults within their home

Covering all of Yorkshire, we pride ourselves on delivering specialist unique bespoke care and support to those with challenging behaviours and learning disabilities from the comfort of their own home.

Our professional holistic services are uniquely tailored to each individual to ensure they retain their independence for as long as they are able to.

We also provide quality, person-centred supported living care to individuals with dementia and mental health conditions.

Regulated by
 Care Quality Commission

Tel: **0330 127 1848**
www.unityplus.co.uk

Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have difficulties with their mental health and there's help and advice available in Leeds to support you.

Your GP should be your first point of contact if you want confidential advice or services. Alternatively, contact one of the following organisations for free

help and support.

Leeds Mind

Supporting people to stay in control and live their life the way they choose.

Clarence House, 11 Clarence Road,

Horsforth LS18 4LB • Tel: **0113 305 5800**

Email: **info@leedsmind.org.uk**

Web: **www.leedsmind.org.uk**



→ MindWell

Provides quick and easy access to the latest information on mental health for all adults in

Leeds, including GPs, employers and other professionals.

Web: www.mindwell-leeds.org.uk

Physical disability

If you have a physical disability or a long-term illness, adult social care and other organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you

with, a range of services to help you live as independently as possible. There are also services available to support someone who may be your carer.

Sensory services

BID Services is commissioned by Leeds City Council to assess people's sensory needs and support people with sensory impairments. The service provides flexible, reliable support to enable service users to maximise their independence, reduce social isolation and maintain their health and wellbeing. It provides:

- information, advice and guidance;
- assessment and support planning;
- communicator guides;
- equipment and assistive technology;

- employment advice and support;
- hearing aid repair service;
- social work for deaf adults;
- hospital-based Eye Clinic Liaison Service; and
- access to local social groups.

For more information, contact **BID Services**.

Tel: **0113 288 5750** • Email: leedsinfo@bid.org.uk

Web: www.bid.org.uk/leeds-local-services/leeds-hearing-sight-loss-support-service





- Short stays or long term care
- Physiotherapy
- Rehabilitation kitchen
- In-house Salon
- Sensory and games rooms
- Modern and tastefully decorated
- Wide range of activities
- Wi-fi and computer equipment
- Outdoor decking area

Staveley Birkleas Nursing Home

For young adults with physical disabilities

Staveley Birkleas provides registered nursing support with an active lifestyle, rehabilitation and atmosphere, supporting adults from the age of 18 to 65.

For more information regarding the range of services that we can provide please visit www.czajka.co.uk, call us on **01274 599564** or send us an email at info@czajka.co.uk

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions.

Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

Advonet

Unit A4, Unity Business Centre,
26 Roundhay Road LS7 1AB

Tel: **0113 244 0606**

Email: **office@advonet.org.uk**

Web: **www.advonet.org.uk**

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and

your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at **www.hospiceuk.org** (search 'How to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or the National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See 'Useful national contacts' on page 71 for details of organisations that may be able to help you plan for the end of your life or your funeral, so that you can ensure your wishes are considered when the time comes.

At Westward Care, each of our locations offer a flexible range of person-centred services.



Westward Care

We are one of Leeds' most respected health and social care providers with a proven track record in providing award-winning care and support to older people.

Our network of care homes and retirement apartments is small enough to provide quality and individual care, but large enough to provide care services that are right for you, even if your circumstances change.

Find out more online at westwardcare.co.uk or call 0113 331 4830



Southlands

ROUNDHAY



Apartments with Care & Support,
Respite Care and Holiday Stays



Headingley Hall

HEADINGLEY



Residential Care, Apartments
with Care & Support,
Dementia Care,
Respite Care & Holiday Stays



The Cedars

METHLEY



Residential Care, Dementia Care,
Respite Care & Holiday Stays



Pennington Court

BEESTON



Residential Care, Apartments
with Care & Support,
Dementia Care, Respite
Care & Holiday Stays

Outstanding care and support in later life

Headingley Hall

Shire Oak Road
Leeds LS6 2DD
Tel. 0113 275 9950

Southlands

Wetherby Road
Leeds LS8 2JU
Tel. 0113 265 5876

Pennington Court

Hunslet Hall Road
Leeds LS11 6TT
Tel. 0113 228 4040

The Cedars

Church Side
Leeds LS26 9BH
Tel. 01977 512993

 /WestwardCare
 @WestwardCare

Our facilities are proud to be associated with the following organisations.



Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at www.carechoices.co.uk/checklists

Staff

What is the minimum number of staff that are available at any time? ☐ ☐ ☐

Are staff respectful, friendly and polite? ☐ ☐ ☐

Do staff have formal training? ☐ ☐ ☐

Are the staff engaging with residents? ☐ ☐ ☐

Activities

Can you get involved in activities you enjoy? ☐ ☐ ☐

Is there an activities co-ordinator? ☐ ☐ ☐

Does the home organise any outings? ☐ ☐ ☐

Are residents escorted to appointments? ☐ ☐ ☐

Do the residents seem entertained? ☐ ☐ ☐

Does the home have a varied activities schedule? ☐ ☐ ☐

Life in the home

Is the home adapted to suit your needs? ☐ ☐ ☐

Can you bring your own furniture? ☐ ☐ ☐

Are there enough plug sockets in the rooms? ☐ ☐ ☐

Are there restrictions on going out? ☐ ☐ ☐

Is there public transport nearby? ☐ ☐ ☐

Does the home provide any transport? ☐ ☐ ☐

Can you make/receive calls privately? ☐ ☐ ☐

Can you decide when to get up and go to bed? ☐ ☐ ☐

Does the home allow pets? ☐ ☐ ☐

Does the home use Digital Care Planning accessible to families? ☐ ☐ ☐

Personal preferences

Is the home too hot/cold? Can you control the heating in your room? ☐ ☐ ☐

Is the décor to your taste? ☐ ☐ ☐

Are there restricted visiting hours? ☐ ☐ ☐

Is there somewhere you can go to be alone? ☐ ☐ ☐

Does the home feel welcoming? ☐ ☐ ☐

Catering

Can the home cater for any dietary requirements you may have? ☐ ☐ ☐

Does the menu change regularly? ☐ ☐ ☐

Can you eat when you like, even at night? ☐ ☐ ☐

Can you have food in your room? ☐ ☐ ☐

Is there a choice of food at mealtimes? ☐ ☐ ☐

Is alcohol available/allowed if you want it? ☐ ☐ ☐

Can visitors join you for meals? ☐ ☐ ☐

Fees

Do your fees cover all of the services and activities? ☐ ☐ ☐

Are fees likely to change regularly? ☐ ☐ ☐

Is the notice period for cancellation of the contract reasonable? ☐ ☐ ☐

Could you have a trial period? ☐ ☐ ☐

Can you keep your room if you go into hospital? ☐ ☐ ☐

Can you handle your own money? ☐ ☐ ☐

*See page 52.

9.7

Average Group
Review score 2023
carehome.co.uk*

*carehome.co.uk scores are based on independent reviews with a maximum score of 10. Rating correct as at 20/11/2023

Regulated by



Care Quality
Commission

They are professional, kind, hard-working and every day go the extra mile to make my mum more comfortable.

Berkeley Court relative carehome.co.uk review quote

In a 2023 survey of all our care homes, when asked if 'Staff treat them with kindness, dignity and respect',

98.2% of family and friends agreed.



anchor

Who Cares? We do, and we always will

If you are considering care for a loved one at

**Berkeley Court, Chatsworth Road,
Harehills, Leeds, LS8 3QJ | 01133 509 971**

**Oak Tree Lodge, Foundry Approach, Gipton,
Leeds, LS9 6BT | 01138 346 725**

**Simon Marks Court, Lynwood Garth, Lynwood View,
Leeds, LS12 4BE | 01135 117 969**

Visit www.anchor.org.uk/care-homes

Home 1

Home 2

Home 3

Fees per week	Quality rating*
£	
£	
£	

We suggest you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 43. You can download and print this checklist at www.carechoices.co.uk/checklists

Design

- Are there clear signs throughout the home? ☐ ☐ ☐
- Has the home been designed or adapted for people with dementia? ☐ ☐ ☐
- Are the home and grounds secure? ☐ ☐ ☐
- Are there prompts outside the residents' rooms to help people identify their own? ☐ ☐ ☐
- Is the décor familiar to your loved one? ☐ ☐ ☐

Choices

- Do residents get a choice in terms of what they wear each day? ☐ ☐ ☐
- Are residents encouraged to be independent? ☐ ☐ ☐
- Can residents decide what to do each day? ☐ ☐ ☐
- Can residents have a say in the décor of their room? ☐ ☐ ☐

Activities

- Are residents able to join in with household tasks like folding washing? ☐ ☐ ☐
- Are there activities on each day? ☐ ☐ ☐
- Can residents walk around outside on their own? ☐ ☐ ☐
- Are residents sitting in front of the TV or are they active and engaged? ☐ ☐ ☐
- Are there rummage boxes around? ☐ ☐ ☐

Health

- Can residents get help with eating and drinking? ☐ ☐ ☐
- How often does the home review residents' medication? ☐ ☐ ☐
- Does the home offer help if a resident needs assistance taking medication? ☐ ☐ ☐
- Do GPs visit the home regularly? ☐ ☐ ☐

Staff

- Are staff trained to identify when a resident might be unwell? ☐ ☐ ☐
- Are staff trained to spot when someone needs to go to the toilet? ☐ ☐ ☐
- Do the staff have any dementia-specific training/experience? ☐ ☐ ☐
- Will your loved one have a member of staff specifically responsible for their care? ☐ ☐ ☐

Approach to care

- Does the home follow a specific approach to dementia therapy, for example, validation therapy? ☐ ☐ ☐
- Will the home keep you informed about changes to your loved one's care? ☐ ☐ ☐
- Does the home have a specific approach to end of life care? ☐ ☐ ☐
- Does the home keep up to date with best practice in dementia care? ☐ ☐ ☐

*See page 52.

Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC). The CQC inspects every care home and home care agency, publishing a report

along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)

If you need someone to look after you 24 hours a day but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 14 for more on assessments.

Care homes with nursing

A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need.

This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £219.71 per week. This figure may change over the lifetime of this Directory – check with adult social care.

For help with finding care homes and care homes with nursing, visit www.carechoices.co.uk

Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision. Ensure you speak to any potential providers about the activities they provide in their care home.



Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 51 and 41 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 45.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment. Plenty of natural light and an easy way of navigating around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia. Ask about the Dementia Friends Ambassador and, if the home does not have a specific Dementia Lead, ask whether it has the necessary experience to support someone to live well with dementia.



Live Safe & Well

Avery Healthcare offers a safe and supportive environment where residents can flourish, make new friends, remain part of their local communities and live a life of possibility.

- Residential, dementia and respite care
- Nutritionally balanced seasonal menus
- Spacious, beautifully decorated bedrooms
- Stimulating schedule of daily activities and entertainment
 - Highly trained staff teams

Aire View
Kirkstall

☎ 0113 853 1635

Grove Park
Headingley

☎ 0113 853 1634

averyhealthcare.co.uk



Paying for care

When a local authority provides or arranges your care services, you may be asked to contribute

towards the cost of care at home or in a care home, depending on your personal circumstances.

Financial assessment

To determine whether you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income. Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home.

If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support. If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings of between £14,250 and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and a sliding scale

operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council, and you may be able to get some support with funding your care – see page 49.

If you are eligible for support from the council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs. If the home you choose charges a fee in excess of the local authority's funding limit, you will need to find someone else to meet the additional amount. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 50).

Running out of money

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will contribute.

If you become eligible for the council's support with funding your care, and the home you are living in charges more than the council's fee levels, you must find someone to help pay the difference. This is known as a 'top-up' or 'third party payment' – see page 50 for more information. If funds for a top-up are not available, you will need to find accommodation which can meet your needs at the local authority fee level.

Understanding your rights before moving into care is essential. There are several financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 50 for more information.



Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

Benefits

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits.

You cannot usually get Attendance Allowance if you live in a care home and your care is paid for by your local authority. You can still claim Attendance Allowance if you pay for all your care home costs yourself.

If you are entitled to the mobility component of

Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment. You may also want to consider applying for Universal Credit (if you are under pension age) or Pension Credit (if you are over pension age).

NHS Continuing Healthcare

This is fully funded care and support, provided and paid for by the NHS. To be eligible, your needs must be primarily health related and are likely to be severe. If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home. The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.

Self-funding your care

Paying for care can be an expensive and long-term commitment, so the council strongly recommends that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers – see page 50 for suggested contacts.

Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

Deferred Payment Agreements

After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement. This allows you to delay selling your former home during your lifetime. Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme, which covers all legal and administrative costs for the lifetime of the loan. The council may limit the amount of the loan,

depending on the equity in your property.

NHS Nursing Care Contribution

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.



Third party payments

If you are eligible for the council's support, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'.

You are not allowed to make this additional payment yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your additional non-care charge (top-up), they should be aware that the amount may increase, usually once a year, and they need to be confident that they can sustain the payments for as long as they are required. They will need to sign a contract with the council

to confirm that they are able to do this. If the additional payments stop being paid for any reason, then you should seek help and advice from your council or advocate. You may have to move to a cheaper home within the local authority's funding levels.

If you are already resident in a care home, and no additional non-care charge (top-up) was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority. This may happen if a change to your arrangements is made at your request or with your agreement, for example if you move to a nicer room.

It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, an additional non-care charge (top-up) should not be charged.

Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market. A list of independent financial advisers who are accredited by the Society of Later Life Advisers can be found at <https://societyoflaterlifeadvisers.co.uk> or you can call **0333 202 0454**.

There are also several organisations that will provide free advice about funding care and support.

These are a good place to start if you are looking for information and want to see what sort of options are available.

Age UK

Tel: **0800 678 1602**

Web: www.ageuk.org.uk/moneymatters

Citizens Advice

Tel: **0800 144 8848**

Web: www.citizensadvice.org.uk

Money Helper

Tel: **0800 138 7777**

Web: www.moneyhelper.org.uk



Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email.

They can also be saved and emailed to others. The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 52), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Visit **www.carechoices.co.uk**

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so.

The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit **www.citizensadvice.org.uk**

Comments, compliments and complaints

You should feel able to complain about any aspect of your support that affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served.

You should also feel free to make any comments and suggestions you wish to about possible improvements to your surroundings and the services provided to you.



➔ Making a complaint should not be made difficult for you and should not affect the standard of care that you receive, whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made.

If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see below for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to speak to your social care department. Call **0113 222 4405**, email **complaints.socs@leeds.gov.uk** or write to The Complaints Manager, Leeds City Council, Adults and Health Complaints, 5th Floor East, Merrion House, 110 Merrion Centre LS2 8BB.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman (LGSCO) on **0300 061 0614** and ask them to assist you.

The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service, and its job is to investigate complaints in a fair and independent way.

Inspecting and regulating care services



**CareQuality
Commission**

Health and social care services must be registered to show that

they meet a set of standards. The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service.

You can find reports and ratings on the CQC's website (**www.cqc.org.uk**). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next and what to look out for when it does. If you want to share your experience of care, visit **www.cqc.org.uk/share**

CQC assurance

A new CQC assurance process for adult social care functions is being launched. The CQC will visit local authorities to assess their processes. Local authorities in England could be visited any time from April 2023 to assess how they are making a difference to people's lives.

The CQC assessment

A key part of the updated CQC assessment is how local authorities place people's experiences at the heart of their decisions, and they should expect to be assessed across the following themes:

- working with people;
- providing support;

- ensuring safety; and
- leadership.

For more information, visit

www.cqc.org.uk/local-systems/local-authorities

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Write to: The Care Quality Commission, Citygate,
Gallowgate, Newcastle upon Tyne NE1 4PA

Out-of-county care

You can choose a care home outside your home county. You may want to be closer to friends and family members, or you may want to relocate to another part of the country. If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region.

Any home you choose must be suitable for your assessed needs and comply with the paying authority's terms and conditions. You should seek further advice before making your decision.

For help finding care providers in Leeds and other regions, visit **www.carechoices.co.uk**

Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary, from treating someone with disrespect in a way which significantly affects the person's quality of life to causing actual physical suffering. It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a paid care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;

- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, call adult social care on **0113 222 4401**. Your concerns will be taken seriously and will receive prompt attention, advice and support. The adult social care team is available Monday, Tuesday, Thursday and Friday, 9.00am to 5.00pm; and Wednesday, 10.00am to 5.00pm. Outside these hours you can:

- call **0113 378 0644**;
- email **leedsadults@leeds.gov.uk**; or
- call the police on **101**, or **999** if it is an emergency.

If the abuse is also a crime, such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused. If the police are involved, adult social care will work with them to support you. →



www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs and those who support them.

➔ If you are worried about contacting the police, you can contact adult social care on **0113 222 4401** to talk things over first. If immediate action is needed, dial **999**.

You can also:

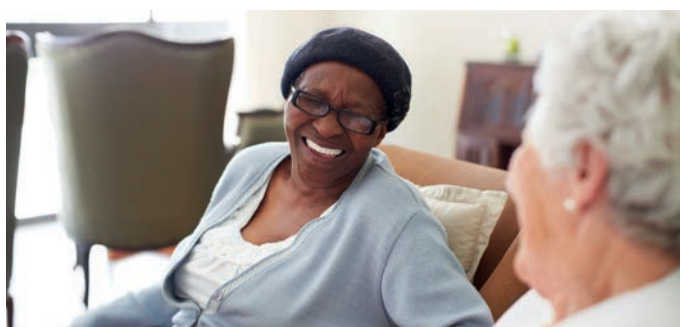
- contact the Care Quality Commission (CQC) on **0300 061 6161** if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse, know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work or working with children and vulnerable adults. This service combines the criminal records checking and barring functions. For disclosure information and services, visit www.gov.uk/dbc

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

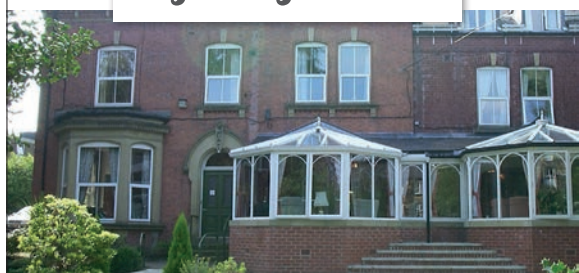
Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges, including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.



Greendown Trust

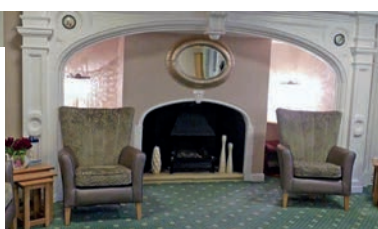
homes for living

Dyneley House



A home from home in the heart of Chapel Allerton

Here at Dyneley house we provide care for up to 23 residents in our small residential care setting. We continuously strive to improve outcomes by promoting the aims and objectives of our homes ethos and values, respecting the rights, wishes and aspirations of all our residents.



“Mum has always been treated with respect, courtesy and kindness as well as with professional competence and integrity.”

Daughter of Resident

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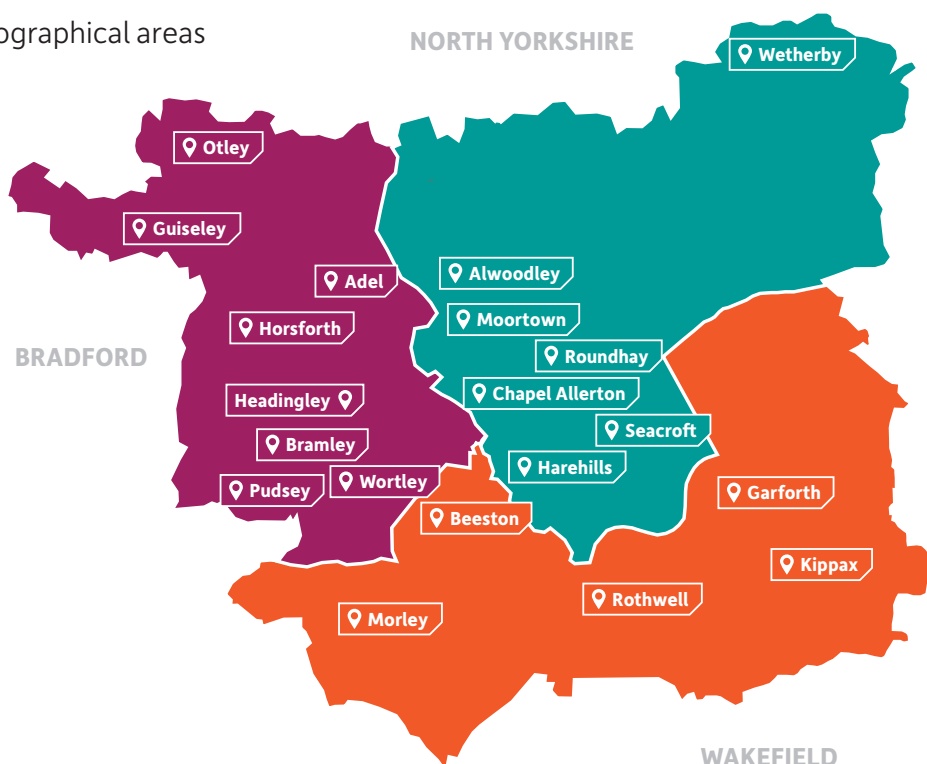


Residential care in Leeds

This Directory is divided into the geographical areas listed on this map.

Home care providers begin on page 25.

East/North East	55
West/North West	59
South/East	65



East/North East Leeds care homes

Adrian House – Leeds

15-17 Spencer Place, Leeds LS7 4DQ
Tel: 0113 249 0341

OP LDA

Berkeley Court

Chatsworth Road, Harehills, Leeds LS8 3QJ
Tel: 01133 509971 **Advert page 44**

OP D YA

Carr Croft Care Home

Stainbeck Lane, Chapel Allerton, Leeds LS7 2PS
Tel: 0113 278 2220

OP D

Cranmer Court

Cranmer Bank, Leeds LS17 5LD
Tel: 0113 237 0024

OP PD LDA SI

Cranmer Scheme

Lynda Cohen House, 1 Cranmer Road, Leeds LS17 5PX
Tel: 0113 237 1052

D LDA

Dyneley House LCA

10 Allerton Hill, Chapel Allerton, Leeds LS7 3QB
Tel: 0113 268 1812 **Advert page 54**

OP

Errol House

155 High Street, Boston Spa, Wetherby LS23 6BH
Tel: 01937 849392

PD LDA YA

House of Light

13 Allerton Park, Leeds LS7 4ND
Tel: 0113 268 1480

LDA

Leeds Jewish Welfare Board – 248 Lidgett Lane

Leeds LS17 6QH
Tel: 0113 268 1542

LDA

Millcroft House

Moresdale Lane, Seacroft, Leeds LS14 6TJ
Tel: 07494 078127

OP MH YA

Neville House

12 Montreal Avenue, Chapel Allerton, Leeds LS7 4LF
Tel: 0113 262 9764

OP D

Oak Tree Lodge

Foundry Approach, Gipton, Leeds LS9 6BT
Tel: 01138 346725 **Advert page 44**

OP D YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted

ideal carehomes

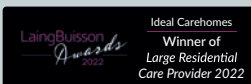
Luxury Care Homes In Leeds



ALL INCLUSIVE FEES

Person-Centred Care, Supporting You To Live An Aspirational Lifestyle

Residential and Dementia Care | Purpose Built Homes
Person-Centred Care | All Inclusive Fees | Daily Activities
Nutritious Food | Couples Welcome



hello@idealcarehomes.co.uk
idealcarehomes.co.uk

Ashworth Grange
Dewsbury, WF13 2SU
01924 869 970

Hepworth House
Wakefield, WF3 4NG
01924 973 699



Lydgate Lodge
Batley, WF17 6EZ
01924 355 020

Windsor Court
Wetherby, LS22 7DN
01937 586 651

East/North East Leeds care homes continued

Oakhaven Care Home

213 Oakwood Lane, Leeds LS8 2PE

Tel: 0113 240 2894 **OP D PD LDA MH YA**

Osman House

48 Station Road, Scholes, Leeds LS15 4BT

Tel: 0113 887 9765 **OP PD MH YA**

Paceys, The

1 Wakefield Road, Swillington, Leeds LS26 8DT

Tel: 0113 286 3050 **PD LDA YA**

RecoveryHub@EastLeeds

Seacroft Green, Seacroft, Leeds LS14 6JL

Tel: 0113 378 2203 **OP D**

Roundhay Wood Apartments

51-53 Gledhow Wood Road, Roundhay,
Leeds LS8 4DG

Tel: 01977 329623 **LDA MH YA**

Scott Hall Grove

83-85 Scott Hall Grove, Potternewton,
Leeds LS7 3HJ

Tel: 0113 262 6025 **OP PD LDA MH SI YA AD**

Springfield **LCA**

1 Lowther Avenue, Garforth, Leeds LS25 1EP

Tel: 0113 286 3415 **OP D MH YA**

St Anne's Community Services

– Cherry Tree Dispersed

71 Hallfield Lane, Wetherby LS22 6JS

Tel: 01937 586723 **LDA**

Terry Yorath House

18 Devonshire Close, Roundhay, Leeds LS8 1BF

Tel: 0113 266 2445 **OP PD LDA YA**

United Response

– 2a St Alban's Close

Harehills, Leeds LS9 6LE

Tel: 0113 240 1837 **PD LDA**

Wharfedale House

– Care Home Physical Disabilities

16 Wharfedale Lawns, Wetherby LS22 6PU

Tel: 01937 585667 **OP PD LDA YA**

Windsor Court

Sandbeck Way, Wetherby LS22 7DN

Tel: 01937 586651 **Advert page 56** **OP D**

Wykebeck Court Bupa

Care Home

543 York Road, Leeds LS9 6NH

Tel: 0113 5119688 **Advert page 58** **OP D YA**

East/North East Leeds care homes with nursing

Aberford Hall **LCA**

Oakwood Green, Roundhay, Leeds LS8 2QU

Tel: 0113 232 3225 **OP YA**

Ashfield Nursing and Residential Home **LCA**

3 Ashfield, Wetherby,

Leeds LS22 7TF

Tel: 01937 584724 **OP**

Brandon House

Tongue Lane, Meanwood,

Leeds LS6 4QD

Tel: 0113 278 7103 **OP D PD SI YA**

Copperfields

Cross Green Lane, East End Park,

Leeds LS9 0BA

Tel: 0113 531 2200 **OP D PD MH YA**

Elmwood Bupa Care Home

3 Wetherby Road, Oakwood, Leeds LS8 2JU

Tel: 0113 5116752

Advert page 58 **OP**

Embracing Independent Lifestyles (EIL)

– Thorn Mount Nursing Home

Thorn Mount, Leeds LS8 3LR

Tel: 0113 320 2937 **OP D PD LDA MH YA AD**

Gledhow

145 & 147 Brackenwood Road, Gledhow,
Leeds LS8 1SF

Tel: 0113 288 8805 **OP D**

Harewood Court Nursing Home

89 Harehills Lane, Chapel Allerton, Leeds LS7 4HA

Tel: 0113 226 9380 **OP D PD YA**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

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Advertisers are highlighted



Your local Bupa care homes in Leeds

We're here to help make your search for a care home easier. In our homes, you can expect a safe and welcoming environment. We encourage independence, while also offering a helping hand. We offer a range of sociable activities and really get to know everyone, so you know you have a place to call home.



Elmwood Care Home
Oakwood



Sunnyview House Care Home
Beeston



Wykebeck Court Care Home
Leeds

Call us for advice on care today
0113 511 4951

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday.
Closed Sunday and bank holidays. We may record or monitor our calls.

Look in
listings for
further
information



We follow strict UK infection control standards. Roll out available vaccines. Carry out regular tests and make sure our team always have PPE. **That's our Safety Promise you can rely on.**



All types of funding welcome



No health insurance needed

Q122069 CS 02455

**Everyone deserves
uncompromising care.
That's the passionate belief
of the experts in our care home.**

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

**These are the things that mean the most.
And because they matter to you, they matter to us.**



COOKRIDGE COURT

BARCHESTER HEALTHCARE

barchester.com/Cookridge

Iveson Rise, Cookridge, Leeds, LS16 6NB

Residential • Dementia • Respite

**Your care
matters**
with Barchester

Call Cookridge Court on 0113 2136 391 to find out how we can help

East/North East Leeds care homes with nursing continued

Harrogate Lodge Care Home

25 Harrogate Road, Chapel Allerton, Leeds LS7 3PD
Tel: 0113 239 2173 **OP**

John Sturrock

Walter Crescent, Richmond Hill,
Leeds LS9 8NG
Tel: 0113 249 1681 **OP D MH YA**

Kingston Nursing Home

7 Park Crescent, Roundhay, Leeds LS8 1DH
Tel: 0113 266 6520 **OP D PD YA**

Maplehurst

33 King Lane, Leeds LS17 5PP
Tel: 0161 638328 **YA**

Oakwood Hall

Oakwood Grange Lane, Leeds LS8 2PF
Tel: 0113 235 9079 **MH**

Park Avenue Care Home

8 Park Avenue, Leeds LS8 2JH
Tel: 0113 212 0602 **OP D PD LDA MH SI YA**

Park Lodge

10 Park Avenue, Roundhay, Leeds LS8 2JH
Tel: 0113 265 9353 **OP YA**

Seacroft Grange Care Village LCA

The Green, Seacroft, Leeds LS14 6JL
Tel: 0113 345 2300 **OP D PD YA**

Seacroft Green Care Village LCA

Seacroft Crescent, Seacroft, Leeds LS14 6PA
Tel: 0113 426 1230 **OP D PD SI YA**

St Anne's Community Services – Benedicts

Ashfield, Wetherby LS22 7TF
Tel: 01937 588895 **LDA**

Wetherby Manor

St James Street, Wetherby LS22 6RS
Tel: 01914 605219 **OP D**

Wykebeck Court Bupa Care Home

543 York Road, Leeds LS9 6NH
Tel: 0113 5119688 **Advert page 58**
OP D YA

West/North West Leeds care homes

Acacia Court LCA

Crawshall Hill, Pudsey, Leeds LS28 7BW
Tel: 0113 255 9933 **OP D**

Adel Grange Residential Home

Adel Grange Close, Adel, Leeds LS16 8HX
Tel: 0113 261 1288 **Advert page 60** **D**

Aire View Care Home LCA **Advert page 47**

29 Broad Lane, Kirkstall, Leeds LS5 3ED3
Tel: 0113 853 1635 **OP D PD**

Airedale Care Home

Church Lane, Pudsey, Leeds LS28 7RF
Tel: 0113 257 2138 **OP D PD MH SI YA**

Alexandra Court Residential Home

333 Spen Lane, West Park, Leeds LS16 5BB
Tel: 0113 274 3661 **OP D MH SI**

For more information about different types of care homes, see page 46.

Ashcroft House – Leeds LCA

18 Leeds Road, Bramhope,
Leeds LS16 9BQ
Tel: 0113 284 2822 **OP D**

Beech Hall

1 Far Fold Lane, Armley, Leeds LS12 3UE
Tel: 0113 224 4621 **Advert pages 6 & 44** **OP D**

Cookridge Court

Iveson Rise, Lawnswood, Leeds LS16 6NB
Tel: 0113 2136 391 **Advert page 58**
OP D PD

Farfield Drive

3a Farfield Drive, Farsley, Leeds LS28 5HN
Tel: 0113 262 6025 **OP PD LDA MH SI YA AD**

Grove Park Care Home LCA

100 Grove Lane, Headingley,
Leeds LS6 2BG
Tel: 0113 853 1634 **Advert page 47** **OP D PD MH SI YA**

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

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Advertisers are highlighted



PARKFIELD HEALTHCARE
NURSING & RESIDENTIAL
CARE SERVICES

*“The care given should be a benchmark
for other homes to follow”*



Adel Grange Residential Home

Adel Grange Close, Leeds LS16 8HX

Adel Grange is a period manor house set in Adel about ½ a mile from Leeds ring road. It offers care for up to 30 residents living with a variety of life changing and limiting conditions including Diabetes, Parkinson's Disease, and the long-term impact of strokes. The Home specialises in the care of Elderly residents living with mental health illnesses chief among these are Alzheimer's diseases and Dementia

- Situated in a residential area in Adel, North Leeds
- Family run Care Home established over 30 years
- Providing care for thirty older adults
- Two homes across the Leeds/Bradford area offering Nursing, Residential and Respite Care
- Inter-active Dementia friendly environment with outdoor space and quiet areas

Tel: 0113 261 1288 • Fax: 0113 2674398 • Email: adelgrange@parkfieldhealthcare.com

Westfield Manor Nursing Home

43 Westfield Lane, Idle, Bradford BD10 8PY

Westfield Manor is a small family run nursing home in the heart of Idle Village. It offers care for up to 25 residents living with a variety of life changing and limiting conditions including Diabetes, Parkinson's Disease, and the long-term impact of strokes. The Home specialises in the care of Elderly residents living with mental health illnesses chief among these are Alzheimer's diseases and Dementia.

- Situated in a residential area in Idle, Bradford
- Family run Care Home established over 30 years
- Providing care for twenty five older adults
- Two homes across the region offering Nursing, Residential and Respite Care
- Inter-active Dementia friendly environment with outdoor space and quiet areas



Tel: 01274 610442 • Email: westfieldmanor@parkfieldhealthcare.com

Adel Grange – 0113 261 1288 • Westfield Manor – 01274 610442

parkfieldhealthcare.com

Halcyon Court Care Home

55 Cliffe Road, Headingley,
Leeds LS6 2EZ

Tel: 0113 274 3006 **Advert pages 6 & 44** **OP D YA**

Headingley Hall Care Home **LCA**

5 Shire Oak Road, Headingley, Leeds LS6 2DD
Tel: 0113 275 9950

Advert inside front cover and pages 42 **OP**

Hillcrest Residential Home

12 Hill Top Road, Leeds LS12 3SG
Tel: 0113 263 9002

OP D YA

Hillside House

15 Wood Lane, Headingley, Leeds LS6 2AY
Tel: 0113 278 7401

LDA MH YA

Horsforth Manor Care Home

Manor Road, Horsforth, Leeds LS18 4DX
Tel: 01482 665063

OP D PD SI YA

Hutton Manor Care Home

Crawshaw Road, Pudsey LS28 7UB
Tel: 0113 831 4176

OP D PD SI YA

Kirkside House

1 Spen Lane, Kirkstall, Leeds LS5 3EJ
Tel: 0113 278 4131

OP LDA MH YA AD

Kirkside Lodge

1 Spen Lane, Kirkstall, Leeds LS5 3EJ
Tel: 0114 327 8683

LDA MH SI

Kirkstall Court

119-129 Vesper Road, Kirkstall, Leeds LS5 3LJ
Tel: 0113 259 1111

OP D PD YA

Manor House Residential Home

Hall Lane, Old Farnley, Leeds LS12 5HA
Tel: 0113 231 0216

OP D MH YA

Mineral Cottage Residential Home Ltd

520 Whitehall Road, New Farnley, Leeds LS12 5HZ
Tel: 0113 229 3561

LDA

Olive Lodge

Bedford Court, Broadgate Lane, Horsforth,
Leeds LS18 4EJ
Tel: 0113 259 3800

OP PD

Options, The Thicket

West Chevin Road, Otley LS21 3HA
Tel: 01943 851424

LDA YA

Outwood, The

12 Outwood Lane, Horsforth, Leeds LS18 4JA
Tel: 0113 258 6144

LDA MH YA

Primrose Court

Orchard Way, off Oxford Road, Guiseley,
Leeds LS20 9EP
Tel: 01943 875690

OP D

Raynel Drive

9 Raynel Drive, Cookridge, Leeds LS16 6BS
Tel: 0113 262 6025

OP PD LDA MH SI YA AD

RecoveryHub@NorthWestLeeds

Silver Lane Surgery, 1 Suffolk Court, Silver Lane,
Yeadon, Leeds LS19 7JN
Tel: 0113 378 3128

OP D PD MH SI YA



Search for care in your area

www.carechoices.co.uk 

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

 CareChoices

Service **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
User Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted

Red Court Care Home & The Grove Care Home, Pudsey



Exceptional, Personalised Care.



www.thegrove.org.uk

- Opened in November 2017.
- Unique Courtyard layout.
- 63 En-Suite bedrooms.
- 8 Dayrooms.
- Colourful decor.
- Latest technology.
- Luxurious furnishings.



**RED
COURT**
CARE HOME

www.redcourt.org.uk

- Same ownership since opening 40 years ago.
- Always had Good CQC rating.
- 39 bedrooms.
- Elegant building which oozes atmosphere.
- Homely and friendly ambiance.

Both Care Homes are located in the large park-like grounds of Grove House. This historic building, dating from the 18th Century, has been extensively refurbished and includes a **large function room and terrace** to be enjoyed by the residents of both Care Homes.



"To all the staff at Red Court, we would like to say thank you for all the exceptional care you have given mum over the last three years. It meant a great deal to us to know that she was safe, happy and well looked after. Thanks also for always supporting us and making us feel so welcome, we really appreciated it".

Tel: 0113 433 3020

Chapeltown, Pudsey, West Yorkshire, LS28 7RZ

West/North West Leeds care homes continued

Red Court Care Home & The Grove Care Home – Pudsey

Chapelton, Pudsey, Leeds LS28 7RZ

Tel: 0113 433 3020 **Advert page 62**

OP D

Rievaulx House Care Centre LCA

Thornhill Road, Wortley, Leeds LS12 4LL

Tel: 0113 220 5000

OP

Sense – 1 Ashley Green

Upper Wortley Road, Wortley, Leeds LS12 4LF

Tel: 0113 279 6027

PD LDA SI

Sense – 138 Bradford Road

Pudsey, Leeds LS28 6EP

Tel: 0113 239 3142

OP PD LDA SI

Sense – 509 Leeds and Bradford Road

Bramley, Leeds LS13 2AG

Tel: 0113 255 8215

OP PD LDA SI YA

Signhealth Constance Way

2 Constance Way, Leicester Place, Leeds LS7 1HX

Tel: 0113 245 7991

OP MH SI YA

Simon Marks Court

Lynwood Garth, Lynwood View, Wortley,

Leeds LS12 4BE

Tel: 01135 117 969

Advert page 44

OP D

Spinney Residential Home, The

21 Armley Grange Drive, Armley,
Leeds LS12 3QH

Tel: 0113 279 2571

OP

Spring Gardens

Westbourne Grove, Otley, Leeds LS21 3LJ

Tel: 01943 464497

OP

St Anne's Community Services – Cardigan Road

66 Cardigan Road, Leeds LS6 3BJ

Tel: 0113 275 2124

LDA

St Anne's Community Services – Croft House

155 Town Street, Leeds LS18 5BL

Tel: 0113 258 0131

OP D PD LDA MH YA

Summerfield Court

55b Summerfield Drive, Bramley,

Leeds LS13 1AJ

Tel: 0113 236 2229

PD MH SI YA AD

Weavers Court Care Home

Naylor Avenue, Rawdon, Yeadon, Leeds LS19 7FG

Tel: 0113 465 3000

OP D PD SI YA

Wharfeside

Westgate, Otley LS21 3AT

Tel: 0207 759 7272

OP D

West/North West Leeds care homes with nursing

Adel Manor Care Centre

Adel Manor Gardens, Adel, Leeds LS16 7FP

Tel: 01619 272940

OP D PD YA

Champion House

– Care Home with Nursing Physical Disabilities

Clara Drive, Calverley, Pudsey LS28 5QP

Tel: 01274 612459

OP D PD LDA MH YA

Charlton Court Nursing Home

477-479 Bradford Road, Pudsey, Leeds LS28 8ED

Tel: 01274 661242

OP D PD LDA

Claremont Care Home

New Street, Farsley LS28 5BF

Tel: 0113 236 0200 **Advert page 4**

OP D YA

Corinthian House LCA

Green Hill Lane, Upper Wortley,

Leeds LS12 4EZ

Tel: 0113 223 4602

OP D YA

Gables Nursing Home, The LCA

231 Swinnow Road, Pudsey LS28 9AP

Tel: 0113 257 0123

OP D PD

Ghyll Royd Nursing Home

New Ghyll Royd, Guiseley, Leeds LS20 9LT

Tel: 01943 870720 **Advert page 64**

OP D

Green Lane Intermediate Care Centre

Green Lane, New Wortley, Leeds LS12 1JZ

Tel: 0113 231 1755

OP D PD

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted

West/North West Leeds care homes with nursing continued

Headingley Nursing Home

15 Cardigan Road, Headingley,
Leeds LS6 3AE
Tel: 0113 230 4966

OP D PD YA

Mount St Joseph – Leeds

Shire Oak Road, Headingley,
Leeds LS6 2DE
Tel: 0113 278 4101

OP

Owlett Hall

Bradford Road, Drighlington,
Bradford BD11 1ED
Tel: 0113 285 9710

OP D PD YA

Paisley Lodge

Hopton Mews, Armley,
Leeds LS12 3UA
Tel: 0113 263 2488

OP D YA

RecoveryHub@NorthWestLeeds

Silver Lane Surgery, 1 Suffolk Court, Silver Lane,
Yeadon, Leeds LS19 7JN
Tel: 0113 378 3128

OP D PD MH SI YA

St Anne's Community Services – Rockhaven

57 Batchelor Lane, Leeds LS18 5NF
Tel: 0113 258 4984

LDA

St Luke's Care Home

Upper Carr Lane, Calverley,
Leeds LS28 5PL
Tel: 0113 256 3547

D PD MH

Sunningdale Nursing Home

Town Street, Rawdon,
Leeds LS19 6PU
Tel: 0113 250 5003

OP D YA



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk


✉ hello@myfamilyourneeds.co.uk • [@WeAreMFON](https://twitter.com/WeAreMFON)

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- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

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Review Score
carehome.co.uk

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2022
Inspected and rated
Good
Care Quality Commission

New Dementia Residential Community in Guiseley

Blossom is Ghyll Royd Care Home's new Residential Dementia Community.

Accommodating up to 14 residents, Blossom provides residents with a safe and secure environment with beautiful woodland and garden views.

01943 870720
enquiries@ghyllroydcarehome.co.uk
www.spellmancare.co.uk

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

South/East Leeds care homes

Alexander Residential Home LCA

Victoria Road, Morley, Leeds LS27 9JJ
Tel: 0113 253 2046

OP D

Ardsley House

55a Royston Hill, East Ardsley, Wakefield WF3 2HN
Tel: 01924 835220

LDA YA

Augustus Court LCA

Church Gardens, Church Lane, Garforth,
Leeds LS25 1HG
Tel: 0113 385 0000

OP D YA

Carlton House

24 Wakefield Road, Rothwell Haigh, Leeds LS26 0SF
Tel: 0113 282 7110

OP LDA YA

Cedars Care Home LCA

Church Side, Methley LS26 9BH
Tel: 01977 512993 **Advert page 42**

OP D MH

Coach House Care Home, The LCA

58 Lidgett Lane, Garforth, Leeds LS25 1LL
Tel: 0113 232 0884

OP

Cross Heath Grove

2 Cross Heath Grove, Beeston,
Leeds LS11 8UQ
Tel: 0113 271 8194

OP PD LDA MH SI YA AD

Daisy Vale House

Daisy Vale Terrace, Thorpe,
Wakefield WF3 3DS
Tel: 01924 822209

OP LDA YA

Daniel Yorath House

1 Shaw Close, Garforth, Leeds LS25 2HA
Tel: 0113 287 3871

OP YA

Dolphin Lane

1 Dolphin Lane, Thorpe,
Wakefield WF3 3DN
Tel: 01924 872080

OP LDA YA

Dolphin Manor

Stonebrigg Lane, Rothwell, Leeds LS26 0UD
Tel: 0113 282 4942

OP

Fairfax Road

19 Fairfax Road, Leeds LS11 8SY
Tel: 0113 277 8842

OP LDA YA

Ferndale Care Home LCA

Britannia Road, Morley, Leeds LS27 0DW
Tel: 0113 253 3196

OP D YA

Hembrigg Park

Bridge Street Close, Morley,
Leeds LS27 0EY
Tel: 0113 253 1544

PD LDA MH SI YA

Heathcotes (Morley)

Bridge Street Close, Morley, Leeds LS27 0EX
Tel: 0113 252 6406

PD LDA SI YA

Highfield Care Centre

1 Leeds Road, Allerton Bywater,
Castleford WF10 2DY
Tel: 01977 552601

OP D

Hollies, The LCA

27 Church Lane, Garforth, Leeds LS25 1NW
Tel: 0113 287 1808

OP D YA

Kirklands

Kirklands, Rooms Lane, Morley,
Leeds LS27 9PA
Tel: 0113 253 3917

PD LDA MH SI YA

Knowle Manor

Tennyson Avenue, Morley, Leeds LS27 8QB
Tel: 0113 253 4740

OP

Larchfield

Joseph Street,
Leeds LS10 2AD
Tel: 0113 277 2284

OP D MH YA

Lofthouse Grange and Lodge

340 Leeds Road, Lofthouse,
Wakefield WF3 3QQ
Tel: 01924 822272

OP D LDA YA

Meadowbrook Manor LCA

147-149 Wakefield Road, Garforth,
Leeds LS25 1NE
Tel: 0113 232 0054

OP

Morley Manor Residential Home

Brunswick Street, Morley,
Leeds LS27 9DL
Tel: 0113 253 0309

OP D

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LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted

Victoria House Care Home



Victoria House is one of the most reputable providers of Residential, Dementia, Transitional and Respite Care for the elderly in the South West of Leeds.

We have a dedicated, experienced and very caring team. The majority of staff have been with us since we opened. All our staff are selected not just for their professional skills but because they have a genuine interest in the welfare of others and are able to relate to older people.

Victoria House specialises in:

- Residential Care
- Dementia Care
- Transitional Care
- Respite Care

All our bedrooms are decorated to a high standard. The bedrooms are all fully furnished with en-suite and are equipped with call systems and TV aerial.



Victoria Care Leeds

**Low Grange Crescent, Belle Isle,
Leeds, West Yorkshire, LS10 3EB**

T: 0113 2708 529

E: jackie@victoriahouseleeds.co.uk

South/East Leeds care homes continued

Nesfield Lodge

45 Nesfield Road, Belle Isle, Leeds LS10 3LG
Tel: 0113 277 6880

OP D

Oaklands Residential Home LCA

14 Pinfold Lane, Mickeltown Methley,
Leeds LS26 9AB
Tel: 01977 515451

OP D PD SI YA

Oulton Manor

3 Wakefield Road, Oulton,
Leeds LS26 8EL
Tel: 0113 117 866

Advert page 6
OP D YA

Springfield House Retirement Home LCA

Springfield Avenue, Morley,
Leeds LS27 9PW
Tel: 0113 252 1969

OP

St Armands Court LCA

25 Church Lane, Garforth,
Leeds LS25 1NW
Tel: 0113 287 1808

OP D YA

St Philips Close

1 St Philips Close, Leeds LS10 3TR
Tel: 0113 277 8069

OP LDA YA

Stone Gables Care Home

Street Lane, Gildersome, Leeds LS27 7HR
Tel: 0113 252 9452

OP D PD SI

UBU – 67 Elland Road

Morley, Leeds LS27 7QS
Tel: 0113 252 6561

OP PD LDA SI

United Response – 14 Lingwell Approach

Middleton, Leeds LS10 4TJ
Tel: 0113 277 8517

PD LDA

Victoria House Residential Home

Low Grange Crescent, Belle Isle, Leeds LS10 3EB
Tel: 0113 2708 529

Advert page 66 OP D PD SI

Wakefield Road

7 Wakefield Road, Garforth, Leeds LS25 1AN
Tel: 0113 512 6852

LDA MH

Woodhouse Cottage

5 Woodhouse Lane, East Ardsley, Wakefield WF3 2JS
Tel: 01924 824119

LDA YA

Woodhouse Hall

14 Woodhouse Lane, East Ardsley, Wakefield WF3 2JS
Tel: 01924 870601

OP PD LDA YA

South/East Leeds care homes with nursing

Blencathra House

Church Street, Hunslet, Leeds LS10 2AY
Tel: 0113 277 1042

OP D PD SI YA

Colton Lodges Care Home LCA

2 Northwood Gardens, Colton, Leeds LS15 9HH
Tel: 0113 264 5288

OP D

Green Acres Care Home

Rigton Drive, Burmantofts, Leeds LS9 7PY
Tel: 0113 248 3334

Advert page 68 OP D YA

Ingleborough House

Church Street, Hunslet, Leeds LS10 2AY
Tel: 07960 290002

OP D PD SI YA

Middleton Park Lodge

Acre Close, Middleton, Leeds LS10 4HT
Tel: 0113 271 2307

OP D PD YA



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User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Member of the Leeds Care Association – see page 7

Advertisers are highlighted

Moorleigh Nursing Home

278 Gibson Lane, Kippax, Leeds LS25 7JN
Tel: 0113 286 3247

D PD SI

Mulgrave House Nursing Home

9-11 Springfield Street, Rothwell, Leeds LS26 0BD
Tel: 0113 282 1937

OP D PD MH SI

Nevis House

Church Street, Hunslet,
Leeds LS10 2AY
Tel: 0113 277 1042

OP D PD SI YA

Pearl Peak House

Church Street, Hunslet, Leeds LS10 2AY
Tel: 0113 277 1042

OP D PD SI YA

Pennington Court Nursing Home **LCA**

Hunslet Hall Road, Beeston, Leeds LS11 6TT
Tel: 0113 228 4040

Advert page 42

OP

Ravensdale

Naburn Walk, Whinmoor, Leeds LS14 2DA
Tel: 0113 273 9620

OP PD MH YA

RecoveryHub@SouthLeeds

Atha Crescent, Leeds LS11 7DB
Tel: 0113 843 5777

OP D PD MH SI

Rushmore House

Church Street, Hunslet,
Leeds LS10 2AY
Tel: 0113 277 1042

OP D PD SI YA

Sunnyside Nursing Home

41 Marshall Terrace, Crossgates,
Leeds LS15 8EA
Tel: 0113 260 2867

OP D PD MH YA

Sunnyview House

Bupa Care Home

Manor Field, Beeston, Leeds LS11 8QB
Tel: 0113 5116863 **Advert page 58**

OP D YA

Tryfan House

Church Street, Hunslet, Leeds LS10 2AY
Tel: 0113 277 1042

OP D PD SI YA

Willowbank Nursing Home **LCA**

5-7 Barwick Road, Leeds LS15 8SE
Tel: 0113 264 7924

OP YA

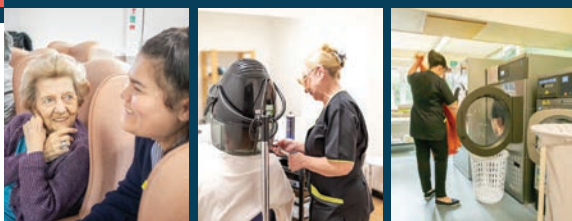
Green Acres Care Home

Green Acres, Rigton Drive, Burmantofts, Leeds, LS9 7PY

Located in the centre of Leeds, Green Acres Care Home is a purpose-built, 62-room care home with an excellent outdoor area for residents to enjoy. Staff at Green Acres offer 24/7 nursing care, 24/7 residential care, end of life care, mental health care and physical disability care. Length of stay at this care home includes long-term stay and respite care, giving residents the attention and support they need for however long is require

All rooms at Green Acres are single – with arrangements available for couples – and come with an ensuite toilet and sink. Internet connection is available throughout the centre for residents and family to use. Pets are welcome to visit, while the facility itself has a resident-friendly feline named Henry!

- 24/7 Residential Care
- Respite Care
- Mental Health Care
- Long-Term Stay
- Nursing Care
- Physical Disability Care
- End of Life Care
- Respite Care



Bondcare delivering the highest standard of assisted living to residents and service users across the UK



0113 248 3334

greenacresmanager@bondcare.co.uk

www.bondcare.co.uk/care-homes/green-acres-care-home

Useful local contacts

Adult Social Care – Leeds City Council

Tel: **0113 222 4401** or **0113 378 0644**

(out-of-hours).

Email: **leedsadults@leeds.gov.uk**

SignVideo: **www.leeds.gov.uk/accessibility/
british-sign-language-bsl**

Web: **www.leeds.gov.uk/adult-social-care**

Age UK Leeds

Works across Leeds and the district to support older people to enjoy later life.

Tel: **0113 389 3000** or **0113 389 3010**

Email: **info@ageukleeds.org.uk**

Web: **www.ageuk.org.uk/leeds**

Alzheimer's Society – Memory Support Worker Service

Supports people with a diagnosis of dementia, their carers and families, and professionals in health and social care.

Tel: **0113 231 1727**

Email: **leeds@alzheimers.org.uk**

Care and Repair Leeds

Provides services to help older and disabled people on low incomes to live independently. Services include home maintenance and minor repairs, home adaptations, support and advice and living aids.

Tel: **0113 240 6009**

Email: **enquiries@care-repair-leeds.org.uk**

Web: **https://care-repair-leeds.org.uk**

Carers Leeds

Provides support to unpaid adult carers in Leeds. An advice line runs Monday to Thursday, 9.00am to 5.00pm; and Friday, 9.00am to 4.30pm.

6-8 The Headrow LS1 6PT

Tel: **0113 380 4300**

Email: **advice@carersleeds.org.uk**

Web: **www.carersleeds.org.uk**

Citizens Advice Leeds

Provides free, independent advice and information to anyone living or working in the Leeds Metropolitan District and surrounding areas. Advice and information are given on a wide range of subjects, including welfare benefits, debt, housing and employment.

Tel: **0808 278 7878**

Web: **www.citizensadviceleeds.org.uk**

Community Hubs

Quick face-to-face queries can be made on topics such as documentation and ID, housing repairs, employment and library services. For a full list of hubs that are currently open, visit the following website.

Web: **www.leeds.gov.uk/community-hubs**

Feel Good Factor Leeds

Provides activities, projects and services to improve access to health opportunities.

53 Louis Street, Chapeltown LS7 4BP

Tel: **0113 350 4200**

Email: **office@fgfleeds.org**

Web: **www.fgfleeds.org**

Leeds Centre for Integrated Living

Aims to improve quality of life for people with disabilities, remove barriers that restrict choice and control, support people to meet their personal objectives and enable disabled people to develop their abilities and confidence. Can also support people to manage a Direct Payment.

Cartelli House, 2 Arthur Street, Stanningley LS28 6JY

Tel: **0113 231 1125**

Web: **www.leedscil.org.uk**

Leeds Care Association

The member body for care providers in Leeds.

Tel: **0113 287 3490**

Email: **info@leedscare.co.uk**

Web: **www.leedscare.co.uk**



→ Leeds Directory

An online directory offering information on a wide range of local services. The directory also has an 'activities calendar' which contains information on local groups and events. The directory is supported by a helpline, available Monday to Friday, 9.00am to 5.00pm.

Tel: **0113 378 4610**

Email: **leedsdirectory@leeds.gov.uk**

Web: **www.leedsdirectory.org**

Leeds Money Information Centre

Provides details of all the organisations and charities across Leeds providing free and independent debt advice.

Web: **www.leeds.gov.uk/leedsmic**



www.myfamilyourneeds.co.uk
For parents and carers of children with additional needs.

Neighbourhood Networks

Community-based, locally led organisations enabling people over 60 to live independently and take an active role within their communities. These groups aim to reduce social isolation, provide opportunities for volunteering, offer information and advice, promote health and wellbeing and improve people's quality of life. Details of your local Neighbourhood Network can be found on the Leeds Directory by searching 'Neighbourhood Networks' (see opposite).

William Merritt Disabled Living Centre and Mobility

Provides impartial information, advice and assessment on equipment and practical aspects of daily living for disabled people of all ages, their carers, professionals and older people.

Tel: **0113 350 8989**

Email: **info@wmdlc.org**

Web: **www.wmdlc.org**

Useful national contacts

Age UK

Tel: **0800 678 1602**

Web: **www.ageuk.org.uk**

Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.

Helpline: **0800 008 6811** (10.00am to 10.00pm).

Email: **helpline@al-anonuk.org.uk**

Web: **www.al-anonuk.org.uk**

Alzheimer's Society

Tel: **0333 150 3456** (Dementia Connect support line – Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm).

Web: **www.alzheimers.org.uk**

Association of Charitable Organisations

A national umbrella body for benevolent charities.

Tel: **0207 255 4480**

Email: **info@aco.uk.net**

Web: **www.aco.uk.net**

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.

Tel: **0121 415 6960**

Email: **enquiries@bild.org.uk**

Web: **www.bild.org.uk**

Care Choices

Free, independent assistance with finding care providers. Searchable website.

Web: **www.carechoices.co.uk**

Care Rights UK

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: **0207 359 8136** (9.30am to 1.00pm, Monday to Friday; and 6.00pm to 8.00pm on Thursdays).

Email: **helpline@carerightsuk.org**

Web: **www.carerightsuk.org**

Care Quality Commission

Independent regulator of care services in England.

Tel: **0300 061 6161**

Email: **enquiries@cqc.org.uk**

Web: **www.cqc.org.uk**

Have you considered all home care options? See the information beginning on page 25.

Carers Trust

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.

Tel: **0300 772 9600**

Email: **info@carers.org**

Web: **www.carers.org**

Carers UK

The voice of carers.

Tel: **0808 808 7777**

Email: **advice@carersuk.org**

Web: **www.carersuk.org**

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics.

Tel: **0800 144 8848**

Web: **www.citizensadvice.org.uk**

Dementia Adventure

Thinking differently about dementia, the charity believes that with the right support, everyone with dementia can get outdoors, experience the wellbeing benefits of nature and enjoy more active and fulfilled lives. Dementia Adventure offers supported holidays and dementia training for family and friends, professionals and organisations.

Tel: **01245 237548**

Email: **info@dementiaadventure.co.uk**

Web: **https://dementiaadventure.org**

Elderly Accommodation Counsel

Helps older people make informed choices about meeting their housing and care needs.

Web: **https://housingcare.org**

Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: **0207 730 8263**

Email: **enquiries@fote.org.uk**

Web: **www.fote.org.uk**

Homecare Association

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: **0845 646 1775** (direct) or

0208 661 8188 (option four).

Email: **helpline@homecareassociation.org.uk**

Web: **www.homecareassociation.org.uk**

Hourglass

Works to protect, and prevent the abuse of, vulnerable older adults.

Tel: **0808 808 8141** (helpline).

Text: **07860 052906**

Web: **www.wearehourglass.org**

Independent Age

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: **0800 319 6789**

Email: **helpline@independentage.org**

Web: **www.independentage.org**

My Family, Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: **www.myfamilyourneeds.co.uk**

National Activity Providers Association (NAPA)

Promotes the importance of activities for older people.

Tel: **01494 590421**

Email: **info@napa-activities.co.uk**

Web: **https://napa-activities.co.uk**

National Association of Funeral Directors

Web: **www.nafd.org.uk**

National Care Association

A respected voice of the independent care sector.

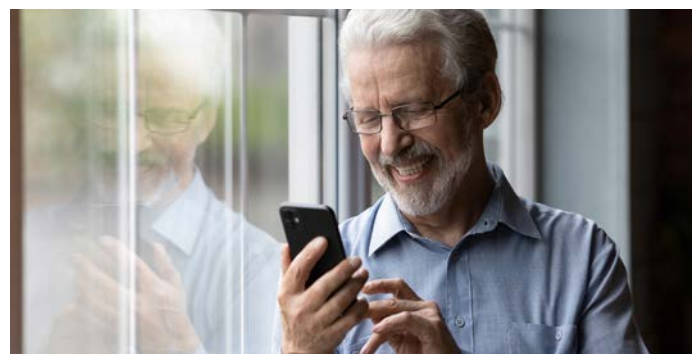
Tel: **01634 716615**

Email: **info@nationalcareassociation.org.uk**

Web: **https://nationalcareassociation.org.uk**

National Society of Allied and Independent Funeral Directors

Web: **https://saif.org.uk**



→ NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available on **18001 111** using the Relay UK app on your smartphone, tablet or computer, or via a traditional textphone.

Playlist for Life

A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music. It also provides training for health and social

care professionals looking to deliver person-centred care using personalised music.

Tel: **0141 404 0683**

Email: **info@playlistforlife.org.uk**

Web: **www.playlistforlife.org.uk**

SANE

Advice on mental health issues.

Tel: **0300 304 7000** (SANEline, open 4.00pm to 10.00pm, 365 days a year).

Email: **support@sane.org.uk**

Web: **www.sane.org.uk**

Silver Line, The

A 24-hour telephone befriending and advice line.

Tel: **0800 470 8090**

Web: **www.thesilverline.org.uk**

Veterans' Gateway

The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.

Tel: **0808 802 1212**

Text: **81212**

Web: **www.veteransgateway.org.uk**

Tell us what you think



- ⦿ What have you found useful?
- ⦿ What could we do better?

Share your feedback

Take our five minute survey



www.carechoices.co.uk/reader-survey



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

✉ hello@myfamilyourneeds.co.uk •  [@WeAreMFON](https://twitter.com/WeAreMFON)

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