

Birmingham

Care Services Directory 2023

The essential guide to choosing and paying for care and support

In association with





Looking for a care home?

We offer a **free** service, to help you make the right choice



How to Find a Care Home has successfully helped hundreds of families and with over 10 years experience in the industry we are here to make the process of finding a care home a lot easier. We have a vast knowledge of the care home sector and we offer a large portfolio of care homes to choose from. We will always match the care home to the needs of the client.

Our advisors appreciate the need for confidentiality, sensitivity and reassurance at all times, and are available at a time to suit you, including evenings and weekends.



The Service

At How to Find a Care Home you will find that all our Advisors have a high level of experience and a great understanding of the problems you face when looking for a care home. The personalised support we provide will enable you to choose the right care home whether it is for yourselves, your family or a friend.



Funding Advice

How to Find a Care Home works with self funding clients, and clients that are funded by Social Services and the NHS. Our Advisors are able to give information about the implications of these types of funding and what benefits are applicable, so that an informed choice can be made.



Care Homes

How to Find a Care Home works extensively with hundreds of care homes in Worcestershire, the West Midlands and nationwide. Whether you are looking for Residential, Nursing or Dementia Care, we can help you.

Call the number below to speak to one of our Advisors

0800 193 0443

E: findacarehome@btinternet.com W: www.howtofindacarehome.uk

We are here to make a difficult decision easier.

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To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**. Alternatively, visit **www.carechoices.co.uk/order-copies-of-a-directory** to order a copy online.

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Alternative formats

Types of homes and activities explained

Care homes

This Directory is available electronically at **www.carechoices.co.uk/** The e-book is also Recite Me compatible for those requiring information in the spoken word.



Introduction

Welcome to this edition of the independent Birmingham Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing.

If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services that could help you.

If you think you need more formal care and support, arrange an assessment with Adults Social Care and Health Services to establish your specific needs. This is free, irrespective of your income, and available to all those who appear to need care and support. More details are provided on page 12. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 23 for those paying for care at home and page 49 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 5 and a list of local home care providers begins on page 25.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 38) or residential care. Comprehensive lists of care homes and care homes with nursing in Birmingham start on page 57.

There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Birmingham City Council – Adults Social Care and Health Services

Tel: **0121 303 1234**

Textphone: 0121 303 6230

Email: csadultsocialcare@birmingham.gov.uk
Web: complete the online referral form at
www.birmingham.gov.uk/info/20018/adult_
social_care

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. The results can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 53), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit

www.carechoices.co.uk

West Midlands Care Association

West Midlands Care West Midlands Care Association

Association (WMCA)

is pleased to be associated with this publication produced by Care Choices. The association hopes you find this Directory useful in your search for appropriate care in Birmingham.

WMCA is a not-for-profit organisation which represents the care industry in Birmingham, from small independent suppliers to national providers. WMCA also represents service providers in the voluntary sector. The association champions the principles of a fair fee for quality care.

WMCA prides itself on offering the crucial support care providers require to deliver sustainable excellence within community, nursing, special needs and residential care settings. In particular, WMCA has been working with care providers to ensure they offer a COVID-19 safe service.

The strength of the association lies in its membership, drawn from eight regions across the West Midlands, embracing learning disability, mental health, nursing care, supported living, dementia, residential care and physical disability.

Members work together to help each other and share best practice, talking to the local authorities as a group to ensure each voice is heard.

The WMCA also runs conferences for care and support providers to help share best practice and learn from one another, with an aim to improve the quality of care across the West Midlands.

WMCA works closely with other associations around the country and nationally. This helps to spread the local message to the Government and national organisations. It also helps to gather best practice and learning from around the country.

Tel: **01384 943000**

Email: enquiries@wmca.care

Web: www.wmca.care

WMCA, Park Lane, Halesowen B63 2RA

Helping you to stay independent

Services developed in partnership with the voluntary sector

Adults Social Care and Health Services works with voluntary and community organisations to supply preventative care services.

These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services:
- support schemes to help people being discharged from hospital;

- support for carers; and
- handyperson schemes.

Birmingham Connect to Support

An online resource supported by Birmingham City Council, designed to help residents search for services to enable them to remain living independently in their own homes.

Web: https://birmingham.connecttosupport.org

Route2wellbeing

An online portal providing a wealth of information about community-based health, wellbeing and social care services for residents of Birmingham.

Web: www.r2wbirmingham.info

Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody or hairdressing. There are several around the county, catering for older people and people living with mental health conditions, learning disabilities and dementia. Centres can be as important for carers as those attending, as the centres allow for a regular break from caring.

You can find local day opportunities by exploring **Birmingham Connect to Support** at https://birmingham.connecttosupport.org or Route2wellbeing at www.r2wbirmingham.info

Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately.

You may find a service by word of mouth or using the internet – your local library may be able to help here.

Or you can refer to one of the following resources.

Birmingham Connect to Support

Web: https://birmingham.connecttosupport.org

Route2wellbeing

Web: www.r2wbirmingham.info

Adapting your home

To remain living in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)

HIAs are local organisations funded and supported by local and central Government. HIAs work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering — this usually entails a visit to your home and is often free; a handyperson service for small jobs and repairs — typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need.

HIAs can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit **www.housingcare.org** or contact the council using the following details.

Adults Social Care and Health Services

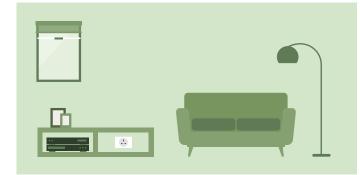
Tel: **0121 303 1234**

Textphone: 0121 303 6230

Email: csadultsocialcare@birmingham.gov.uk

Making life easier at home

If you're having difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which might better suit your needs.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise to improve your mobility.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit **www.gov.uk/winter-fuel-payment**

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available so that you can turn your lights on and off using your speech.

Use subtitles if you **can't hear the TV** or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Try making a note of when you've taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also longhandled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is eating and drinking becoming difficult?

Large-handled cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Using taps can be made easier by fitting tap turners. You could also consider changing to leverstyle taps which might be easier for you to use.



Handled plug



Chair raisers



Chopping board



Level indicator



Teapot tipper

→ More information on staying independent and ideas to help you live at home can be found online at www.carechoices.co.uk/staying-independent-at-home/ There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 16.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you struggle to get in and out of bed?

You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options. If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built-in support frame if it's **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip-resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Adults Social Care and Health Services

Tel: **0121 303 1234**

Textphone: 0121 303 6230

Email: csadultsocialcare@birmingham.gov.uk



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online guided advice service

called AskSARA, which can help anyone who finds that they have difficulties with everyday tasks.

Visit https://asksara.livingmadeeasy.org.uk to learn more about possible solutions or see pages 7 to 8. Once you have identified equipment that might help with your support needs, use the checklist on page 11 to make sure it's right for you.

Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. Operators will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent.

Relatives and carers are also reassured, safe in the knowledge that should an incident occur, they will know about it. Some devices can also help to monitor particular health conditions and reduce the need for hospital admission. You can buy telecare and assistive technology from private companies and organisations, or the council may be able to provide you with the means to apply for telecare services yourself.

Birmingham Connect to Support

Web: https://birmingham.connecttosupport.org

Careline

A 24-hour emergency contact service operated by Birmingham City Council. Apply for a careline alarm by visiting the following website.

Tel: **0121 303 3826** or **0121 303 4205** Email: **careline@birmingham.gov.uk**

Web: **www.birmingham.gov.uk** (search 'careline emergency alarm').

Route2wellbeing

Web: www.r2wbirmingham.info









Medequip work with Birmingham City Council and NHS Birmingham and Solihull to provide assistive living equipment in your area, through the Birmingham Community Equipment Loan Service (BCELS). Medequip also provide a retail service for those who wish to purchase or rent equipment themselves.

Community engagement is important to us:

- · We give our employees paid leave to volunteer
- We work to increase the recruitment of disabled and disadvantaged people
- · We donate equipment and raise funds for charities



Return Recycle Reuse

Help your Local Authority and NHS services by returning equipment you no longer need

Contact Medequip now to request a collection

Call **0121 503 8850**

Email birmingham@medequip-uk.com

Return Recycle Reuse Copyright © 2017 by West Suffolk NHS Foundation Trust – used with permission

If you would prefer to return equipment yourself, you can drop-off at a return location.

Find your nearest return location:



Scan the QR code or visit: mq-uk.com/return-birmingham

**** 0800 910 1313

Manage Home

Manage At Home's range of products are designed to promote independence at home and manage daily living more easily. We stock a wide selection of mobility and disability aids.





@ManageAtHome

Call us or visit our website to request a free catalogue

Shop mobility aids at www.manageathome.co.uk





Lease a Care Alarm which is monitored 24 hours a day for as little as £3.44 per week

www.medequip-connect.com

0800 910 1390

We suggest you consider the following questions before buying any assistive technology. If you are in any doubt about what technology might help meet your needs, you can contact your council or visit https://asksara.livingmadeeasy.org.uk

You can download and print this checklist at www.carechoices.co.uk/checklists

Suitability	Will it need to be installed by a professional?					
Does the equipment support your specific needs?	Can the retailer provide you with training in using the equipment?					
Are you willing to use it? Will it fit into your everyday life and routine? Have you tried a demo of the equipment? Do you understand what the equipment is for? Do you need to take it with you when you leave the house? Is it transportable? Does the equipment have any limitations	Reliability Will it work if you have pets or live with other people, e.g. could someone else set off a sensor alarm by accident? Have you read reviews of the particular piece of equipment you are looking at? Consider these before making your purchase.					
that would make it unsuitable for you? Will it work alongside any assistive technology you already have?	Can you speak to someone who already uses it Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this.					
Usability Is a simpler piece of equipment available, e.g. a pill case rather than an automated pill dispenser? Does the equipment need a plug socket, and	Is it durable? If you might drop it, is it likely to break? Cost					
will its wire cause a trip hazard? Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you?	Do you know how much it costs? Will you need to pay a monthly charge? Are there alternative solutions that might					
Are you able to use it? Are there any aspects you don't understand? Is it portable?	be free? Is there a cost associated with servicing the equipment?					
Notes						

Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe several ways in which eligible adults can receive a mixture of local authority and Government money to pay for the care services they need without direct council involvement.

If you approach the council for social care support, your needs and finances will be assessed.

If you have a carer, they can be involved and have their needs assessed too. See page 14 for more information about services for carers.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact Adults Social Care and Health Services to arrange an assessment. See page 4.

Once Adults Social Care and Health Services understand your care and financial needs, the next stage is to determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment.

Information on paying for care can be found on page 23 if you are receiving home care and page 49 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget. A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances.

The money should be spent in line with a support plan agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council.

If you are eligible, a Personal Budget may be taken:

 in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';

- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of these options.

Direct Payments can only be used to pay for the care and support agreed in your care and support plan. If you are eligible and you choose a Direct Payment, the council is likely to provide you with a prepaid card to pay for your care and support.

Managing a Direct Payment

If you are eligible for a Direct Payment from Adults Social Care and Health Services, you can contact one of the following organisations to help you.

These organisations can help you to organise, buy and manage the care and services you need, including building your own support plan and helping you to employ personal assistants.

Adults Social Care and Health Services

Tel: 0121 303 1234

Textphone: 0121 303 6230

Email: csadultsocialcare@birmingham.gov.uk

Compass Independent Living

Tel: **01823 255905**

Email: info@compassindependentliving.org.uk Web: www.compassindependentliving.org.uk

Ideal for all

Tel: **0121 558 5555 •** Email: **dps@idealforall.co.uk** Web: **www.idealforall.co.uk/Direct-Payments**

Penderels Trust

Tel: 0121 707 1817

Email: birmingham@penderelstrust.org.uk

Web:

www.penderelstrust.org.uk/birmingham.php

Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, Adults

Social Care and Health Services will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible.

Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

Enablement

Enablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible.

If you are eligible, an enablement worker will support you for a limited period, usually up to six weeks. The actual length of the enablement depends on your needs and progress towards your goals.

Enablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it's about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that could cost you money. For example, an enablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook.

Enablement workers may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or Adults Social Care and Health Services if you think you might benefit from enablement. These people can put you in touch with the right services if it is felt that enablement will help you.



Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses.

This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 50 for more information.

Personal health budgets

A personal health budget is an amount of money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.

Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for, and the help the carer gives doesn't have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;

- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.

Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without it has the right to have their own needs assessed, even if the person they care for has refused support services or their own assessment.

A carers' assessment is an opportunity for people to tell the council what they need as a carer, and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at:

- the care the carer provides and how this affects their life:
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The assessment can also give lots of information about other services that might help and other ideas

for support. The carer's assessment will show if they qualify for support from Adults Social Care and Health Services.

Carers' Personal Budgets

The carers' Personal Budget is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When Adults Social Care and Health Services considers a carer's Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by their carers' assessment. The money is not taxed and it will not affect any benefits.

Respite at home

Home-based respite services give carers a break from their caring responsibilities.

A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed. Respite at home is considered to be a service for the person who is being cared for. If the person being cared for has a Personal Budget for their own needs (see page 12), they could use that money to pay for it.

A financial assessment of the cared-for person will confirm if they need to pay towards the cost.

Benefits

Carers may want to explore whether they are entitled to Carer's Allowance – currently £69.70 per week but this may change over the lifetime of this Directory.

Carer's May also qualify for Carer's Premium or Carer's Credit depending on their eligibility. If the person you're caring for receives the severe disability premium (or severe disability addition in Pension Credit), this may be lost if you claim Carer's Allowance and/or Carer's Premium. Seek specialist independent advice before claiming Carer's Allowance.

Carer's Premium is an extra payment of up to £38.85 per week that can sometimes be added to the calculation of other benefits you might get on top of Carer's Allowance. Carers who do not qualify for

Carer's Allowance may qualify for Carer's Credit.

The Government's website (**www.gov.uk**) has more information on benefits, including carers' benefits. Alternatively, you could contact a local carers' organisation which may be able to help you undertake a benefit check.

You can find out more about the organisations supporting carers in Birmingham by exploring the following websites.

Connect to Support Birmingham

Web: https://birmingham.connecttosupport.org

Route2wellbeing

Web: www.r2wbirmingham.info

Resource for those supporting disabled children



My Family, Our Needs is an online resource providing impartial information for parents,

carers and practitioners supporting children from

birth to 25 years with additional needs. As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit **www.myfamilyourneeds.co.uk**

Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared you had lost.

Why choose home care?

Reasons for choosing home care can vary.

Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate.

Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital, someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what options will suit you best if you'd like them to be. Alternatively, you or those close to

you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself. If this happens, contacting Adults Social Care and Health Services is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. See below for more information about live-in care.

A list of all home care agencies operating in Birmingham starts on page 25.

Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary.

The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 53.



Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be sent to you by email. The results can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 53), indicating the quality of care that is provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.

Visit www.carechoices.co.uk

The Care Quality Commission (**www.cqc.org.uk**) is responsible for checking that any care provided meets essential standards of quality and safety.

Further information is on page 53.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too.

The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.



Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, Adults Social Care and Health Services and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers' support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person living with dementia, and find out more about the condition.

When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;
- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.



Dementia Friends

People living with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia.

See **www.dementiafriends.org.uk** for further information about the initiative.



Respite care

Spouses, partners and relatives who care for a person living with dementia may require a break from their caring responsibilities. This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can

involve the person living with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break. Contact the council to see if you are eligible for support with arranging these services. See page 12 for information on assessments.

Care at home

It can often be best for a person living with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person living with dementia to retain skills and remain part of their local community.

Specialist day centres for people living with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities. Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers.

Attendance at day centres can be offered from just a few hours a week to several days.

Contact the council or your local Alzheimer's Society office for more details. See 'Useful local contacts' beginning on page 73.

Alzheimer's Society

This leading charity works to improve the quality of life of people affected by dementia.

If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 73 for contact details.

Alzheimer's Society's Dementia Connect support line is available on **0333 150 3456** and can provide

information, support, guidance and signposting to other appropriate organisations.

It is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

For more information on care homes for people living with dementia, see page 48.



• What have you found useful?

• What could we do better?

Share your feedback – take our five minute survey www.carechoices.co.uk/reader-survey





Keeping the life they love, while getting the care they need

People across Birmingham are choosing to stay in the comfort of their own homes with Elder live-in care. We work with both families and local authorities to find a skilled and vetted carer who can move in, and help transform later life.

- Provides personalised, one-to-one care
- Supports a range of needs from personal care to housekeeping
- Protects a person's way of life
- Provides a better continuity of care
- Can support recovery and health outcomes
- Helps older couples to stay together
- Affordable alternative to the care home
- · Care can be arranged quickly
- Every carer is DBS checked, assessed, and referenced

At Elder we offer:

- Companionship
- On-going or short-term care
- Respite care
- Palliative care
- Dementia care

Elder provides choice and matches carers to the specific needs of my patients and their families. The service is always responsive and in some cases the request for a carer has been arranged within 48 hours - I couldn't recommend Elder more highly.

Dr Mashkur Khan, Consultant Geriatrician

Find out if live-in care is right for your situation - speak to a Senior Care Advisor today on 0330 134 2879 | partnerships@elder.org | elder.org

Agency 1			Fees per week	Quality rating*		
Agency 2			£			
Agency 3			£			
We suggest that you have paper with You can download and print this check	•		-	can make notes.		
About the agency		Accommodat	ing your needs	;		
How long has the agency been operating?		Can the agency accommodate your needs if they increase? Ask about the process for this.				
How long are staff allocated per visit?		•	, baya a training			
Can you contact the agency in an emergency or outside office hours?		Does the agency scheme in place	•			
Does the agency have experience		Are all staff trained to a certain level?				
with your specific needs?		Are staff able to administering m	ed?			
Staff		-	r staff to commun			
Are you likely to be visited by different staff each day?			about the support ey visit you? How?			
Are all staff checked with the Disclosure and Barring Service?		Regulation				
Will you be notified in advance if your care worker is on holiday or sick?		Will your suppor regular intervals	J at			
Are staff matched to you specifically,		Can you see the a	agency's contract t	erms?		
based on your needs and preferences?		Can you lodge a				
Can you meet your care worker(s)		Are complaints o	dealt with quickly?	,		
before they start? Does the agency have both male and female staff?		Can you see a co CQC registration quality rating?	opy of the agency's n certificate and	5		
Notes						
40 50						

^{*}See page 53.



www.carechoices.co.uk

Q

Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- · Links to inspection reports
- Additional information, photos and web links
- Brochure requests



Paying for care in your home

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell Adults Social Care and Health Services when your savings are likely to fall below this amount.

The council calculates charges in accordance with national eligibility criteria set by the Government.

This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adults Social Care and Health Services can help you to identify these costs.

The department will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Figures mentioned here may change over the lifetime of this Directory.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge. If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits.

Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have. AA is payable to people over State Pension age and PIP to those aged between 16 and State Pension age. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at **www.gov.uk** and you can check your State Pension age at

www.gov.uk/state-pension-age

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. These advisers are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any recommended product.



Money Helper

A free and impartial money advice service set up by the Government.

Tel: **0800 138 7777**

Web: www.moneyhelper.org.uk

Society of Later Life Advisers (SOLLA)

Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.

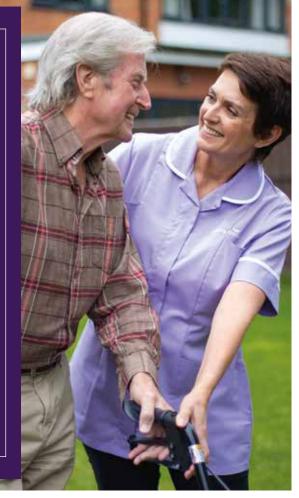
Web: www.societyoflaterlifeadvisers.co.uk

Further information on paying for care can be found beginning on page 49.









Home care providers

4 Seasons Healthcare Professionals Ltd

Birmingham

Tel: 0330 124 3750 OP D PD LDA MH SI YA

24-7 Care Services

Birmingham

Tel: 0121 783 3400 OP D PD LDA SI YA

3D Healthcare Solutions Ltd

Sutton Coldfield

YA Tel: 0121 414 2019

A Peel Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 0121 382 3106

Activo Care

Birmingham

OP D PD LDA MH YA Tel: 07771 456778

Actual Care Services Ltd

Birmingham Advert page 24 **OP D LDA MH YA**

Tel: 0121 507 0088

Addcare Ltd

Handsworth

Tel: 07508 295770 OP D PD LDA MH SI YA AD

Added Care Ltd

Birmingham

Tel: 0121 238 3121 **OP PD YA**

Agape Healthcare Ltd

Birmingham

OP D PD LDA MH SI Tel: 0121 455 9654

All Care In One Ltd

Birmingham

OP YA Tel: 0121 296 7184

All Seasons Care Ltd

Birmingham

OP D PD LDA MH SI Tel: 0121 443 2121

Alliance Care Ltd

Birmingham

OP D LDA MH SI YA Tel: 0121 449 4337

Alpine House

Birmingham

Tel: 0121 200 1170 OP D PD LDA MH SI YA AD **Annix Care Ltd**

Birmingham

Tel: 0121 554 3909 OP D PD SI YA

Antoine Care Ltd

Birmingham

OP PD LDA MH SI YA Tel: 07999 019407

Aregon Care

Birmingham

LDA MH YA Tel: 07440 092177

Ascension Care Services Ltd

Birmingham

Tel: 07880 311679 OP D PD LDA SI

Ash Grove

Birmingham

OP D PD YA Tel: 0845 111 0000

Ashmill Residential Care Home

Birmingham

OP D PD LDA MH SI YA AD Tel: 0121 358 6280

Aspect Supported Living Ltd

Birmingham

MHYA Tel: 07850 480291

Aspects Care Ltd

Birmingham

OP D PD LDA MH SI Tel: 0121 433 2500

Assisted Lives (Birmingham)

Birmingham

OP D PD LDA MH SI YA Tel: 0121 663 6977

Audley Care Ltd – Audley Care St George's Place

Birmingham Advert page 26

Tel: 0121 238 0252 OP D PD MH SI YA

Autism West Midlands – Outreach and Supported **Living South Midlands**

Birmingham

LDA YA Tel: 0121 450 7582

Ave Maria Care (Edgbaston)

Birmingham

Tel: 0121 314 4465 OP D YA

Ave Maria Care Services

Sutton Coldfield

OP D PD LDA SI YA Tel: 0121 353 7296

PD Physical disability LDA Learning disability, autism Service OP Older people (65+) D Dementia

Our homecare service is tailormade to suit your loved one's needs

Our caregivers have the right mix of skills to provide quality home care

Services offered:

- Companion & Social Care
- **Personal Care**
- Dementia & Alzheimer's Care
- * Post-Hospital Stay Care

Visiting Angels Birmingham East Call now on **0121 461 8491** www.visiting-angels.co.uk/birminghameast





Your reliable care provider of choice and acclaim

BSI Healthcare provides personal care services to individuals with personal care and other complex care needs within the backdrop of person-centred approaches to care and support in ways that promote your

personal dignity, respect, independence, equality, diversity, inclusion and compassion.

OUR SERVICES • Healthcare recruitment Healthcare training • Domiciliary care Supported living • Business Consulting

WWW.BSIHEALTHCARE.CO.UK 07475 947445 / 0121 454 5985







Dove Home Care aim to keep individuals in their own homes for as long as possible, giving them one-on-one care to keep them independent, happy and safe.

We offer home care visits as well as live-in home care so whether you need a weekly pop-in visit; a 30-minute visit for companionship and personal care services; or 24 hours a day / 365 days a year of uninterrupted care, we can build a care package to meet the needs of your loved ones, affordably and professionally.

Get in touch with our experienced team:

Tel: 0800 783 7672
Email: info@dovehomecare.com
www.dovehomecare.com

Dove Home Care gives a brilliant service, caring for my mum over the last 6 months. I can rest easy knowing she is being cared for by total professionals. Thanks team!

Relative of client



AUDLEY CARE ST GEORGE'S PLACE

We support you in your own home

Our dedicated team of highly trained carers will support you based on your individual needs. With a Good CQC rating, we will help you with as little or as much as you want. You only pay for the time you use.

We go the extra mile to ensure your needs are met in a safe way with all the correct protections in place.

Personal support | Companionship Housekeeping | Specialist care

Contact us to find out more 0121 238 0252

info@audleycare.co.uk www.audleycare.co.uk





Balm Care Services Ltd

Birmingham

Tel: 01384 671511 OP D PD LDA MH SI YA

Birmingham

Birmingham

Tel: 0121 478 1847 **OP** YA

Brain Injury Rehabilitation Trust – Bristol Road

Baobab Care UK Ltd

Birmingham

Tel: 07736 771367 PD LDA MH SI YA

Brightside Carers Ltd

Tel: 07956 088099 **OP D PD LDA MH SI YA AD**

Benedon Healthcare Ltd

Birmingham

Tel: 07832 529059 **OP D PD LDA MH SI YA AD**

Brindley Medical Ltd

Birmingham

Tel: 0121 752 7550 **OP D PD MH YA**

Biliv Care Ltd

Birmingham

Tel: 0121 777 8821 **OP D PD LDA MH SI YA**

Brindleys Quality Care Ltd

Birmingham

Tel: 07818 400608 **OP D LDA YA**

Birmingham Business Associate Ltd

Birmingham

Tel: 0121 359 7757 OP D PD LDA MH SI YA

BSI Healthcare Ltd

Birmingham Advert page 26
Tel: 0121 454 5985 OP PD YA

Birmingham Multi-Care Support Services Ltd

Birmingham

Tel: 0121 472 8220 PD LDA SI YA

Calvic Enterprises Ltd

Birmingham

Tel: 0121 716 1504 OP D PD LDA SI YA

Birmingham Rathbone

Birmingham

Tel: 0121 449 1011 **OP D PD LDA MH SI YA**

Cardun Care

Birmingham

Tel: 0121 389 1311 MH YA

Blessed Hearts Home Care

Birmingham

Tel: 0121 769 1383 **OP D PD LDA MH SI YA**

Care & GraceBirmingham

Tel: 07742 582311 **OP PD**

Blue Diamonds Professional Services Ltd Office

Birmingham

Tel: 0121 726 2949 **OP D PD LDA MH SI YA**

Care 4 U

Birmingham

Tel: 0121 356 5032 **OP D PD LDA MH SI**

Bluebirdcare Birmingham East and North

Birmingham

Tel: 0121 389 3500 **OP D PD YA**

Care Avenues Ltd

Birmingham

Tel: 0121 455 8008 **OP D LDA MH YA**

Bluoak Housing and Healthcare Consultancy Ltd

Birmingham

Tel: 0121 454 0779 OP D PD LDA MH SI YA

Care Never Sleeps Ltd

Birmingham

Tel: 0121 572 5705 **OP D PD LDA MH SI YA**

Bolingo Care Ltd

Birmingham

Tel: 07533 841257 **OP D PD MH**

Care Packages UK Ltd

Birmingham

Tel: 0121 505 6136 **OP**

Bournville Gardens Village

Birmingham
Tel: 0121 227 9000 OP YA

Handsworth

Care Plus Direct Ltd

Tel: 07903 186979 **OP D PD LDA SI YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

Contact us today on **01903 560 161** or **07308 979 767** (available 24-hours a day) info@jwcompassionatecare.co.uk
WWW.JWCOMPASSIONATECARE.CO.UK



We are an established national care agency providing services to adults, children and young people whilst in the comfort of their own home. Our teams, based across Birmingham, have been delivering services within their local communities for many years. We offer mulitple services:

- SUPPORTED LIVING
- DOMICILIARY CARE
- * DEMENTIA ALZHEIMER'S CARE
- ELDERLY CARE
- LIVE IN CARE
- RECREATIONAL CALLS
- COMPANIONSHIP

We welcome applications for Care workers locally and from abroad. If interested send you CV to the email above.





Walfinch

www.walfinch.com

Flexible home care for independence and peace of mind

Hourly and live-in homecare in Halesowen and Redditch

We provide care for a range of specialist conditions to enable elderly and vulnerable people to continue living independently at home.



Contact us to find out how Walfinch care can work for you.

Call: 0121 824 2100 — Email: sally-ann@walfinch.com





Our care

- ✓ Home help
- ✓ Personal care
- ✓ Live-in care

- Companionship
- ✓ Dementia care
- ... and more!

Thinking about a change of career or a return to work? Contact a local care provider now

We're Recruiting

- ✓ Kind & compassionate people
- ✓ People with or without
- ✓ Great people skills
- experience

Visit our website to apply for a care professional role.

Contact us for more information

Telephone: 0121 323 4200

Email: aman.gill@suttoncoldfield.homeinstead.co.uk

Website: www.homeinstead.co.uk/sutton-coldfield
2nd Floor Plantsbrook House. 94 The Parade. Sutton Coldfield West Midlands B72 IPH





We believe in putting the needs and welfare of the client first and foremost

We are one of Birmingham's leading and successful home care, personal care and dementia care specialists

Our services provide care and support to vulnerable adults to enjoy the benefits of independent-living in their homes as a direct alternative to residential care.

Your Local Extended Family

Our free, no obligation home care assessment gives you an excellent opportunity to find out how we can meet your care needs.

In the cycle of life, the youth and old age are only a matter of time, for the one who is young, must surely grow old one day. Care and Compassion are the best human qualities one can have towards others and Clarence Care strive to encompass this at its very heart.

Directors Statement







Why Clarence Care

- Local, friendly & fully trained Care Assistants (DBS verified)
- See Google Review for testimonials
- Your interests and hobbies, likes and dislikes
- Regulated by the Care Quality Commission
- Providing Highly Trained and Motivated Staff
- Strong Emphasis on Quality Assurance

Tel: **0121 458 2197**

Email: manager@clarencecare.co.uk

Web: www.clarencecare.co.uk

91 The Green, Kings Norton, Birmingham, B38 8RS











Care2Home Ltd

Birmingham

Tel: 0121 271 0299 OP D PD LDA MH SI YA

Care4Less Ltd

Birmingham

Tel: 0121 455 9301 OP D PD LDA MH SI YA

Caregenics Healthcare

Birmingham

Careplex Domiciliary Services

Birmingham

Tel: 0121 384 7288 **OP D PD LDA MH YA**

Carers Forward Head Office

Birmingham

Tel: 0121 744 8061 OP D PD LDA MH SI YA AD

Caring Professionals Ltd

Birmingham

Tel: 07476 353480 **OP D PD LDA MH**

Cayon Care Service

Birmingham

Tel: 0121 679 6580 **OP D PD**

Central Carers Services

Birmingham

Tel: 07720 292141 **OP MH YA**

Cera Birmingham North

Sutton Coldfield

Tel: 0121 820 8850 OP D PD LDA MH SI YA

Cera Birmingham South

Birmingham

Tel: 07960 271606 OP D PD LDA MH SI YA

Cherish Home Care Ltd

Sutton Coldfield

Tel: 0121 354 5500 **OP D PD LDA MH SI**

Choice Health Care – Birmingham

Birmingham

Tel: 07832 812888 **OP PD LDA MH YA**

Choices Care Ltd

Birmingham

Tel: 0121 663 1773 **OP D PD LDA MH SI YA**

Clarence Care Ltd

Birmingham Advert page 28

Tel: 0121 458 2197 **OP D PD LDA MH SI AD**

Clover Care

Birmingham

Tel: 07540 453470 **OP LDA MH YA**

CM Community Care Services Birmingham

Birmingham

Tel: 0121 289 4542 **OP D PD MH SI YA**

Cmichaels Healthcare

Birmingham

Tel: 0121 663 1104 **OP D PD LDA MH YA**

Cobalt Square

Birmingham

Tel: 0121 387 8700

Comfort Homes and Care Ltd

Birmingham

Tel: 0121 271 0085 **OP D PD LDA MH YA**

Community Bridgers CIC – Head Office

Birmingham

Tel: 0121 605 3629 **OP D YA**

Compassion 4 Care

Birmingham

Tel: 07412 560015 **OP D LDA MH YA**

Copthorne Complete Home Care Ltd

Birmingham

Tel: 0121 408 8313 **OP D**

Cornerstone Professional Care Ltd

Birmingham

Tel: 0121 243 3780 OP D PD MH SI

Creative Support – Birmingham & Bromsgrove

Personalised Services

Birmingham

Tel: 0121 426 1666 **OP LDA YA**

Creative Support – Sandwell & Dudley Service

Birmingham

Tel: 0121 426 1666 **OP PD LDA SI YA**

Danos Elite Care

Birmingham

Tel: 07392 780133 **OP D PD LDA YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

Deeveet Care Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 07429 505794

Birmingham

Tel: 0121 771 2459 OP MH YA

Desired Care 4 U Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 0121 565 4664

Embec Care Ltd

Sutton Coldfield

Tel: 0121 308 1700 OP D PD MH SI YA

Diamond Care Partnership Ltd, The

Birmingham

OP D PD LDA SI YA Tel: 0121 448 8155

Enabling Lives – Birmingham

Elite Care and Support Services

Birmingham

OP PD LDA MH SI YA Tel: 0121 688 3684

Diverse Care Services

Birmingham

OP D PD MH SI YA Tel: 0121 448 8590

EroHealthCare Ltd

Birmingham

Tel: 07533 890925 OP D PD LDA MH SI YA

Diverse City Care Ltd

Birmingham

Tel: 07895 923935 OP D PD LDA MH SI YA **Esmero Care Services Ltd**

Birmingham

Tel: 0121 293 4232 **OP D PD YA**

Divine Intervention Home Care Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 0121 702 0180

ETE Home Care Services

Sutton Coldfield

Tel: 07787 422675 OP D PD LDA MH SI YA

Dolphin Healthcare Services

Birmingham

OP D PD LDA MH SI YA AD Tel: 0121 243 3384

Evergreen Care Provider Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 0121 439 9380

Dresden Care Services Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 07830 507121

Excellence Healthcare

Birmingham

OP D PD LDA SI YA Tel: 0121 707 2976

DT Care Services

Birmingham

OP D PD LDA SI Tel: 0121 733 5816

Expressway Business Service

Birmingham

OP D PD MH SI Tel: 07568 201993

Dwell Homecare Ltd

Birmingham

OP D PD LDA SI YA Tel: 07931 940861

Fairway Homecare Ltd

Sutton Coldfield

Faith & Hope Ltd

OP D PD LDA MH SI YA AD Tel: 0330 024 1370

Edgbaston Beaumont DCA

Birmingham Advert page 42 Tel: 0121 514 7543 OP

Birmingham

OP D PD MH YA Tel: 07960 835433

Elegant Living Care Office

Birmingham

OP D PD LDA MH YA Tel: 0121 294 4391

First Practice Healthcare Ltd

Birmingham

OP D PD LDA MH SI YA AD Tel: 0121 359 0566

Elite Care 24/7

Birmingham

OP YA Tel: 0121 582 2582

FirstLink Healthcare Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 07578 354967

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment YA Younger adults

AD People who misuse alcohol or drugs

Four Oaks Healthcare Ltd

Birmingham

Tel: 0333 772 0156 **OP** YA

Freedom and Lifestyle Ltd (T/A Midlands Community Homecare)

Birmingham

Tel: 0121 227 5546 **OP D PD LDA YA**

Future Care & Support Service

Birmingham

Tel: 0121 265 2650 **OP D MH YA**

Generation Healthcare Ltd

Birmingham

Tel: 0121 616 0101 **OP D PD LDA MH YA**

Ghulab Ashram

Birmingham

Tel: 0121 778 6208 OP D PD LDA MH SI

Global Excellence Services Ltd

Birmingham

Tel: 07855 017649 **OP D PD LDA YA**

GND Care Ltd

Birmingham

Tel: 07973 322667 **OP D PD MH SI**

Great Barr Business Park

Birmingham

Tel: 0121 357 9933 **OP D PD LDA YA**

Grosvenor House

Birmingham

Tel: 0330 124 3750 **OP PD**

Guardian Supported Living Ltd

Birmingham

Tel: 0121 448 6130 D PD LDA MH SI YA

Hafod Care in the Community

Sutton Coldfield

Tel: 0121 354 5607 **OP D PD SI YA AD**

Hasbury Home Care Services Ltd

Birmingham

Tel: 0121 459 2234 OP D PD LDA MH SI YA AD

Health Matters

Birmingham

Tel: 0121 246 8071 OP D PD LDA MH SI YA

Hebe Healthcare Ltd

Birmingham

Tel: 0121 448 3835 **OP D PD LDA MH YA**

Helping Hands Birmingham

Birmingham Advert page 24
Tel: 01217 562 099 OP D PD LDA MH SI YA

Helping Hands Sutton Coldfield

Sutton Coldfield Advert page 24
Tel: 01217 565 615 OP D PD LDA SI

Hillside Care Services CIC

Birmingham

Tel: 0121 794 3298 **OP D LDA MH YA**

Holistic Social Care Birmingham

Birmingham

Tel: 0121 661 6504 **OP D PD LDA MH SI YA**

Home Heroes

Birmingham

Tel: 0121 602 6511 OP D PD LDA MH SI YA

Home Instead Birmingham

Birmingham

Tel: 0121 456 5559 OP D PD LDA MH SI YA

Home Instead Care

Sutton Coldfield Advert page 28
Tel: 0121 323 4200 OP D PD LDA MH SI

Housing 21 – Saxon Court

Northfield

Tel: 0370 192 4536 **OP D PD MH SI**

Housing 21 – Westhall Court

Yardley

Tel: 0370 192 4695 **OP D PD LDA MH SI**

iCare Living Ltd

Birmingham

Tel: 0800 107 3034 **OP D PD LDA MH SI YA AD**

Icare Services

Birmingham

Tel: 0121 749 3832 OP D PD LDA SI

ICARE24 Homecare

Birmingham

Tel: 0844 823 6888 **OP YA**

Iconic Care Ltd

Birmingham

Tel: 0121 293 1382 **OP D MH YA**

IHI Care Services Ltd

Birmingham

Tel: 0800 007 6747 **OP D PD LDA MH SI YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

IMPACT

Birmingham

Tel: 0121 679 4564 **OP**

Impacting Lives Care and Support

Birmingham

Tel: 0121 357 5509 **OP D PD LDA MH SI YA**

Impacting Lives Ltd – Unit 1, Tamebridge

Industrial Estate

Birmingham

Tel: 0121 357 5509 PD LDA MH YA

Inn Care Ltd

Birmingham

Tel: 07411 428148 **OP PD YA**

Innovate Domiciliary Care Ltd

Birmingham

Tel: 07506 599005 **OP D PD LDA YA**

Inspire You Care Ltd

Birmingham

Tel: 07508 114960 **OP D PD LDA MH YA**

Jaffray Domiciliary Care Services

Birmingham

Tel: 0121 377 2420 **OP PD LDA MH SI YA**

Jaika Healthcare Ltd

Sutton Coldfield

Tel: 0121 306 0156 OP PD LDA MH SI YA

Jira House

Birmingham

Tel: 07956 651758 **OP D PD LDA MH SI YA**

Jireh Homecare

Birmingham

Tel: 0121 448 1180 OP D PD SI YA

Jubilee Citizens UK

Sutton Coldfield

Tel: 0121 362 3664 **OP D PD SI YA**

Just Call 4 Care Services

Birmingham

Tel: 0121 565 3005 OP D PD LDA MH SI YA

Justlove Care Services

Birmingham

Tel: 07913 604689 **OP D PD LDA SI YA AD**

JW Compassionate Care Services Ltd

Birmingham Advert page 28

Tel: 07883 530689 **OP D PD LDA MH SI YA**

Karva Care Services Ltd

Birmingham

Tel: 07963 516914 **OP D PD LDA MH SI YA**

Kensington Community Care Birmingham

Birmingham

Tel: 0121 200 8930 **OP PD LDA MH SI YA**

Knightley Homes GB Ltd

Birmingham

Tel: 0121 716 8099 OP D MH SI YA

Laura Care Agency Ltd

Birmingham

Tel: 0121 459 9393 **OP D PD LDA MH SI YA**

Leaf Complex Care Midlands

Birmingham

Tel: 0121 661 0244 **OP PD LDA MH SI YA AD**

Leighton House

Birmingham

Tel: 0121 457 7541 PD LDA

Limitless Home Care

Sutton Coldfield

Tel: 0121 351 1321 **OP** YA

Linday Multi Services Ltd – Linday Office

Birmingham

Tel: 0330 122 7018 **OP LDA MH YA AD**

Linelife Care

Birmingham

Tel: 0121 792 0152 OP D PD MH SI YA

Litania Healthcare Professional Services Ltd

Birmingham

Tel: 0121 630 3318 **OP D PD MH YA**

Littleton House

Birmingham

Tel: 0121 453 0500 **OP PD LDA MH YA**

Living Glory Social Care

Birmingham

Tel: 0121 679 6452 **OP LDA YA**

Livingwell Care – 301 Vicarage Road

Birmingham

Tel: 0121 444 6047 **OP D PD LDA MH SI YA**

Longbridge Village

Birmingham

Tel: 0121 227 8020 **OP YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

Home care providers continued

Longhurst Group Ltd - Domiciliary Care Service

Birmingham

Tel: 07918 941204 OP D PD LDA MH SI YA AD

Luma Homecare

Birmingham

Tel: 0121 296 9228 OP D PD LDA SI YA

M&N Healthcare Edgbaston

Birmingham

Tel: 0121 296 9496 OP D LDA MH SI YA AD

M&S Care Services

Birmingham

Tel: 0121 702 0830 OP D PD LDA MH SI YA

Mach Care Solutions (Birmingham)

Birmingham

Tel: 0121 706 3945 OP D PD LDA MH SI YA

Mcare24 Ltd

Birmingham

Tel: 07713 849823 OP D LDA MH SI YA

MH Quality Care Ltd

Birmingham

Tel: 07583 222833 OP D PD MH SI YA

Midian Care

Birmingham

Tel: 0330 124 6299 OP PD LDA MH SI YA

Midland Care (UK) Ltd

Birmingham

Tel: 0330 111 1327 **D PD LDA YA**

Midland Care Service Ltd

Birmingham

Tel: 0121 743 2200 OP D PD MH SI YA AD

Midland Care Support & Enablement Ltd

Birmingham

Tel: 0121 280 3013 OP D PD LDA MH SI YA

Midland Mencap

Birmingham

Tel: 0121 442 2944 OP D PD LDA MH SI YA AD

Midlands Medicare Agency Ltd

Birmingham

Tel: 0121 448 7377 **OP D PD LDA MH SI YA**

Midway Care Midway Support Services

Birmingham

Tel: 0121 706 9902 PD LDA MH SI YA

MK Executive Care Midlands

Birmingham

Tel: 07931 359586 OP D PD LDA MH YA

Mulbury Care Services Ltd

Birmingham

Tel: 0121 244 1837 **OP D PD LDA MH YA AD**

Multicare Group Ltd

Birmingham

Tel: 0121 296 4956 OP D PD SI YA

My Door Care Ltd

Birmingham

Tel: 07885 611828 **OP D PD LDA YA**

Nationwide Care Services

(Erdington)

Birmingham

Tel: 0121 271 0300 OP D PD MH SI YA

Nationwide Care Services Ltd (Birmingham and Solihull)

Birmingham

Tel: 0121 707 0121 OP D PD LDA MH SI YA AD

Nationwide Care Services Ltd

Birmingham

Tel: 0121 271 0333 **OP D YA**

NDH Care (Edgbaston)

Birmingham

Tel: 07877 253501 **OP D PD MH SI YA AD**

NDH Care Ltd

Birmingham

Tel: 0121 448 0568 **OP D PD LDA MH SI YA AD**

Nexus Care Services

Sutton Coldfield

Tel: 0121 308 2906 OP D PD YA

North Home Care

Birmingham

Tel: 0121 303 8800 OP D PD LDA SI YA

Norwood House

Birmingham

Tel: 0121 448 8616 **OP MH YA**

Nurse International Ltd, The

Birmingham

Tel: 0121 270 9483 **OP D PD MH YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

Home care providers continued **Nurseline Community Services Midlands Palmlove Care** Birmingham Birmingham OP MH YA OP D PD YA Tel: 0121 661 0315 Tel: 07867 011583 **Obatos Care Services Ltd Passion 4 Care** Birmingham Birmingham OP D PD LDA MH YA OP D PD LDA MH SI YA Tel: 0121 389 4919 Tel: 0121 384 3035 **Oceans Care Services Ltd PBL Care Ltd** Birmingham Birmingham OP D PD LDA MH YA OP D PD LDA MH SI YA AD Tel: 0121 572 5505 Tel: 0121 270 5852 Olivet **Peacocks Care Services Ltd** Birmingham Birmingham **OP D PD MH YA** Tel: 0121 683 8700 OP D PD MH YA Tel: 07961 826410 **Pharos Supported Services** Omnia Support Ltd (Northfield) Birmingham Birmingham Tel: 0121 622 4053 OP D PD LDA MH SI YA Tel: 0121 706 9902 LDA YA **One Care Services Ltd** Phemacare Ltd Birmingham Birmingham OP D PD MH SI YA AD OP D PD LDA MH SI YA AD Tel: 0121 824 7003 Tel: 0121 454 7727 **One Touch Quality Kare Pleasant Valley Care Ltd** Birmingham Birmingham OP D PD LDA MH SI YA AD OP D PD LDA MH YA AD Tel: 0121 454 1124 Tel: 0121 604 0218 **Precious Homes Birmingham** Orchid Supported Living - Birmingham Birmingham Birmingham MH YA **LDA YA** Tel: 0121 769 1215 Tel: 0121 726 7350 **Orcone Care Ltd Premium Community Care Ltd** Birmingham Birmingham D PD **OP D PD SI AD** Tel: 0121 616 0122 Tel: 0121 643 9808 **Orion Healthcare Solutions Ltd Prime Home Care** Birmingham Birmingham OP D PD SI YA OP D PD MH SI YA Tel: 07730 662262 Tel: 07877 253501 **Otang Care Ltd Prime Way Care Ltd Birmingham** Birmingham Birmingham OP D PD MH SI YA AD Tel: 0121 306 4274 OP D PD LDA MH YA Tel: 0121 271 0108

P&N Healthcare Services – 29 Oscott Road

Birmingham Tel: 0121 572 9466 OP D PD LDA MH YA

Packington Avenue, 306-308 Birmingham Tel: 0121 749 3739 LDA MH YA Birmingham **OP D PD LDA MH SI YA** Tel: 0121 366 8855 **Priority Care Services and Housing Head Office** Birmingham

OP PD YA

Primera Assisted Living Ltd

Tel: 07432 597361

PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia

Home care providers continued

Priority Plus Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 0121 706 1100

Relax Care Ltd Birmingham

OP LDA MH YA Tel: 0333 011 5221

Proactive Life Midlands

Birmingham

OP LDA MH YA Tel: 0121 240 0982

Reliance Care Solutions Ltd Birmingham

OP D PD LDA MH YA AD Tel: 0121 706 0032

Proline Care Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 0121 647 6450

Right Trust Care Ltd

Birmingham

OP D PD YA Tel: 0121 608 3048

Pure Care Support Birmingham

Birmingham

Tel: 0121 355 2232 OP D PD LDA MH SI YA Rings Homecare Service Ltd – Midlands

Birmingham

Tel: 07811 467967 OP D PD LDA MH SI YA AD

Pure Care Today Ltd

Birmingham

OP D SI YA Tel: 0121 238 8812

River of Care Ltd

Birmingham

Tel: 0800 002 5467 OP D PD LDA MH SI YA

Purple Flower Care Ltd – Francis Road

Birmingham

OP LDA MH YA Tel: 0121 728 5546

Romie Care Services Ltd

Birmingham

OP D PD LDA SI Tel: 0121 354 8136

Quality Health and Homecare Services Ltd

Birmingham

Tel: 07956 171610 **OP PD YA** **S&S Care**

Birmingham

OP PD MH SI YA Tel: 0121 702 0184

Quality Living Care Ltd

Birmingham

Tel: 07852 252480 OP D PD MH **Sapphire Support Services Ltd**

Birmingham

Tel: 01217776655 OP D PD LDA MH SI YA

Queensway Homes Ltd

Birmingham

OP PD LDA MH YA Tel: 07783 157339

Saroia Staffing Services Ltd

Birmingham

Tel: 07496 303940 OP D PD SI YA

Rabiannah Care Birmingham

Birmingham

Tel: 0121 468 0111 OP D PD YA SCS Care Ltd - Main Office

Birmingham

OP D PD YA Tel: 0121 293 3141

Radiant 247 Ltd

Birmingham

OP D PD LDA MH SI YA Tel: 07917 145262

Sentricare Birmingham

Birmingham

OP D PD LDA MH SI YA Tel: 0121 272 1233

Rainbow Staffing Services

Birmingham

OP D PD MH SI YA Tel: 07585 846074

Sevacare - Birmingham Central

Birmingham

OP D PD LDA SI YA Tel: 0121 455 6655

Ray of Sunshine Care Ltd

Birmingham

OP D PD MH YA Tel: 0121 817 8588

Sevacare - Hall Green

Birmingham

OP D PD LDA MH SI YA Tel: 0121 777 2763

Service

OP Older people (65+) D Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment YA Younger adults

AD People who misuse alcohol or drugs

Home care providers continued

Sevacare – Kingstanding

Birmingham

Tel: 0121 386 1034 **OP D PD LDA MH SI YA**

Sevacare - Sutton Coldfield

Birmingham

Tel: 0121 386 1034 **OP** YA

Shepards Care Services Ltd

Birmingham

Tel: 07983 985737 **OP D PD MH YA**

Simply HomeCare Ltd

Birmingham

Tel: 07494 497402 OP D PD LDA MH SI YA

Sisters Care Services CIC

Birmingham

Tel: 0121 257 4370 OP D PD LDA MH SI YA AD

Solid Global Ltd

Birmingham

Tel: 07495 436516 OP D PD LDA MH SI YA

Solitaire Homecare Services Ltd

Birmingham

Tel: 0121 605 0084 OP D PD MH SI YA AD

Solution2care Services Ltd

Birmingham

Tel: 0121 667 2111 **OP D PD LDA MH SI YA**

South Birmingham Home Care

Birmingham

Tel: 0121 303 0900 OP D PD MH SI YA

Starlight Support Services

Birmingham

Tel: 07527 693590 **OP D PD LDA MH YA**

Stella Maris Healthcare Ltd

Birmingham

Tel: 07365 261058 **OP LDA MH YA AD**

Support Asia Ltd

Birmingham

Tel: 0121 523 6611 **OP D PD LDA MH SI YA AD**

Supportive Care Services Ltd

Birmingham

Tel: 0121 753 5897 **OP PD LDA MH YA**

Sutton Rose Care Home Ltd

Sutton Coldfield

Tel: 0121 716 7117 OP PD YA

Tawchapps Medicare Ltd

Birmingham

Tel: 0121 809 2024 OP D PD LDA SI

Team Locum Ltd

Birmingham

Tel: 0121 451 2707 **OP D PD SI YA**

Testimony Assembly Care Ltd

Birmingham

Tel: 0121 554 6950 OP D PD LDA MH SI YA

TheSignLife

Birmingham

Tel: 07555 676913 **OP D PD LDA MH SI YA**

Thornton Homecare Ltd

Birmingham

Tel: 0121 776 7245 **OP D PD LDA SI YA**

Three Counties Care Services Ltd

Birmingham

Tel: 01905 829860 LDA MH YA

TMR Care Ltd

Birmingham

Tel: 0121 725 2777 **OP D PD LDA MH SI YA AD**

Total Quality Care Services Ltd Birmingham

Birmingham

Tel: 0121 707 6252 **OP D PD LDA MH SI**

Touchheart Healthcare Main Office

Birmingham

Tel: 07498 909626 **OP YA**

Trident Reach Domiciliary Care

- Birmingham Branch

Birmingham

Tel: 0121 226 5807 **OP D PD LDA MH SI YA**

Tripple Tee Ltd

Birmingham

Tel: 07785 527840 **OP D PD LDA MH SI YA**

Trust Quality Care Ltd

Birmingham

Tel: 0121 753 7777 **OP D PD LDA MH SI YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

Unity Care

Birmingham

Tel: 0121 551 3079 LDA MH YA

Universal Care Services

Sutton Coldfield

Tel: 0121 313 0612

Visiting Angels Birmingham East

Birmingham Advert page 26

Tel: 0121 461 8491 OP D PD MH SI YA

Walfinch Birmingham South

Birmingham

Tel: 0121 820 9000 **OP D PD SI YA**

Walfinch Halesowen and Redditch

Birmingham Advert page 28

Tel: 0121 824 2100 OP D PD MH SI YA

Walfinch Solihull

Birmingham

Tel: 0121 820 5858 **OP D PD MH SI YA**

Watra Care Birmingham

Birmingham

Tel: 0121 454 7999 OP D PD LDA MH SI YA AD

Watra Ltd

Birmingham

Tel: 0121 389 2488 OP D PD LDA MH SI YA

William Waterford Ltd

Sutton Coldfield

Tel: 07555 474409 **OP D PD LDA MH SI YA**

Willows Transitional Service

Birmingham

Tel: 0121 794 4038 **OP LDA MH YA**

Wisteria Care Agency Ltd

Sutton Coldfield

Tel: 07957 582683 **OP PD LDA YA**

WMHC Ltd

Birmingham

Tel: 0121 794 2424 OP D LDA MH SI YA

Yenaa Care Services

Birmingham

Tel: 0121 523 3369 **OP D PD MH SI YA AD**

Your Care Services Brain Injury Specialists Ltd

Birmingham

Tel: 0121 359 0297 OP D PD LDA MH SI YA

Your Life (Edgbaston)

Birmingham

Tel: 0121 455 7863 **OP D PD SI**

Your Life (Sutton Coldfield)

Sutton Coldfield

Tel: 0121 355 2903 **OP D**

Your Support

Birmingham

Tel: 07877 325074 **OP D PD LDA MH SI YA**

Zatthu Healthcare Ltd

Birmingham

Tel: 0121 820 8133 **OP D LDA MH YA**



The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk



Mello@myfamilyourneeds.co.uk • 9 @WeAreMFON

Birth to adulthood

Real life blogs

Directory

Ask the experts

Monthly columnist

Ask questions

Get involved

Join the family

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority, voluntary organisations or private companies.

Properties may be available for rent, mixed tenure or to purchase. For more information and to find housing with care schemes in Birmingham, visit

www.housingcare.org/guides/extra-care-housing

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses,

clusters of self-contained flats on the same site, shared accommodation and extra care housing. The individual, a private landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed on page 9).

Shared Lives

Shared Lives is a service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families.

Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Birmingham Shared Lives Service

Tel: **07592 586475** or **07592 586485** Email: sharedlives@birmingham.gov.uk

Person Shaped Support (PSS)

Offers Shared Lives in the Midlands, including a

Shared Days service and a Shared Lives: Home from Hospital service. Contact the Midlands Service Manager using the following details for more information about PSS.

Tel: 01543 448380

Email: midlandssharedlives@pss.org.uk Web: www.psspeople.com/help-for-professionals (select 'Shared Lives').



Sheltered housing

Sheltered (or retirement) housing is provided by local authorities and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service. A scheme manager is either based at the site or visits

regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

Refer to the following details for local sheltered housing options.

Birmingham City Council Housing Register

Web: www.birminghamchoice.co.uk

HousingCare

Web: www.housingcare.org/elderly-uk-

sheltered-housing

Support Services for Older People

Tel: **0121 303 3637**

Textphone: 0121 303 1119

Email: housheltered@birmingham.gov.uk

Web: **www.birmingham.gov.uk** (search 'sheltered housing schemes').

Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities.

In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation.

Birmingham City Council Housing Register

Web: www.birminghamchoice.co.uk

Extra Care Charitable Trust, The

Offers an extensive range of extra care schemes available to buy, part-buy (shared ownership) and rent.

Tel: 0247 650 6011

Web: www.extracare.org.uk

Support Services for Older People

Tel: **0121 303 3637 •** Textphone: **0121 303 1119**

Email: housheltered@birmingham.gov.uk

Web: **www.birmingham.gov.uk** (search 'sheltered housing schemes').



Specific care and support services

Learning disability

If you are living with a learning disability in the Birmingham area, you should contact the council for support. The council might be able to signpost you to local services and assess your needs in case help is available to you.

The council aims to keep people living independently in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme – see page 38.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Birmingham. Any learning disability providers are denoted with **LDA**.

You may also find the following organisations useful to refer to.

Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included.

Tel: **0808 808 1111**

Email: helpline@mencap.org.uk
Web: www.mencap.org.uk

Scope

Offers free, impartial and expert information, advice and support to disabled people.

Tel: 0808 800 3333

Email: helpline@scope.org.uk
Web: www.scope.org.uk

Mental health

If you are worried about your mental health, it's important to remember that you aren't alone. Lots of people have issues with their mental health and there's help and advice available across Birmingham to support you.

Your GP should be your first point of contact if you want confidential advice or services, or you can contact one of the following organisations for free help and support.

Birmingham and Solihull Mental Health NHS Foundation Trust

For existing service users and their carers who would like information and advice on any mental health issue, contact the Patient Advice and Liaison Service (PALS) using the details below.

Tel: **0800 953 0045 •** Text: **07985 883509** Email: **bsmhft.customerrelations@nhs.net**

Web: www.bsmhft.nhs.uk

Birmingham Healthy Minds

Offers guidance, knowledge and useful strategies for people aged 16 and over who are living with mental health conditions.

Tel: **0121 301 2525**

Text: text 'BHM' to **60777** and you will be

called back.

Web: **www.bsmhft.nhs.uk** (search 'healthy minds').

Urgent mental health helpline

If urgent mental health help is needed, call the following number for advice and support. This line is available 24/7 and can be used whether you are known to the Trust or not.

Tel: 0121 262 3555 or 0800 915 9292

Birmingham MIND

Provides advice and support to empower anyone experiencing a mental health condition. Also campaigns to improve services, raise awareness and promote understanding.

Tel: 0121 262 3555

Email: help@birminghammind.org Web: www.birminghammind.org

Forward Thinking Birmingham

Birmingham-based provider of mental health services for people up to the age of 25.

Helpline: **0300 300 0099**

Web: https://forwardthinkingbirmingham.nhs.uk

Physical disability

If you have a physical disability or a long-term illness, Adults Social Care and Health Services and other organisations in the independent and not-for-profit sectors may be able to signpost you

to, or provide you with, a range of services to help you live as independently as possible. There are also services available to support someone who may be your carer.

Sensory services

Rehabilitation services offer guidance to help people with sensory impairments to do more things for themselves and have a better quality of life. Support for people with sight impairments may include help with:

- daily living;
- communicating with others; and
- getting around your home and community safely.

Services do not offer medical advice or treatment,

hearing aids or glasses.

Rehabilitation services work with anyone with a visual impairment and those with multiple disabilities. Information can be given about mobility, communication, independent living skills, assessment and specialist equipment and adaptations.

Contact Adults Social Care and Health Services using the details on page 4. From here, you can be advised on any sensory services in your area.

Advocacy

Advocates can give advice, support and information to people of any age. Advocates help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions.

Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

Advocacy Matters

Offering help and guidance to enable you to make important decisions about the care and support you receive yourself.

Tel: 0121 321 2377

(Monday to Friday, 9.00am to 5.00pm). Web: **www.advocacymatters.org.uk**

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like.

Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is worth asking care providers whether they are working towards The Gold Standards Framework.

This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. Your family may appreciate knowing your wishes and that they can make sure they are considered at your funeral.

By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at **www.hospiceuk.org** (search 'how to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or the National Society of Allied and Independent Funeral Directors. These associations have strict guidelines that members must adhere to.

See the 'Useful national contacts' section on page 74 for the contact details of two organisations that may be able to help you and your loved ones plan for the end of your life or your funeral.



Everyone deserves uncompromising care. That's the passionate belief of the experts in our care homes.

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

These are the things that mean the most.

And because they matter to you, they matter to us.



barchester.com/ Birmingham

Call to arrange a visit or to find out how we can help:

Broadway Halls Care Home

The Broadway, Dudley, DY1 3EA **01384 382 268** **Edgbaston Beaumont Care Home**

32 St James Road, Edgbaston, Birmingham, B15 2NX **0121 514 7543** **Fountains Care Home**

1355 Stratford Road, Shirley, Solihull, B90 4EF **0121 514 1158**

Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC). The CQC inspects every care home and home care agency, publishing a report

along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. Inspection reports and ratings for all services are also listed on the CQC's website (www.cqc.org.uk).

Types of care home

Care homes (personal care only)

If you need someone to look after you 24 hours a day, but don't need nursing care, a care home offering only personal care may be the best option.

Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 12 for more on assessments.

Care homes with nursing

This provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care, you will need to be visited by a social worker or a care manager to work out what you will need. This visit might be in your own home, or in hospital if you've been ill, or in a care home.

You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home with nursing is the best option for you, a social worker will give you information to help you find a suitable home. The cost of your nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £209.19 per week. This figure may change over the lifetime of this Directory. Check with Adults Social Care and Health Services.

For more information about different types of care home and for help with finding care homes and care homes with nursing, visit the Care Choices website.

Care Choices

Web: www.carechoices.co.uk

Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. Activities can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. Activities should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. The role of an activity co-ordinator varies from one home to another. Increasingly, activity co-ordinators are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision.

Ensure you speak to any potential providers about the activities provided in their care home.

Join our Family

Welcoming new residents at

Lucton House

Bournville, B30 1HT

Manor House

Kingstanding, B44 9AL





Respite Care



Residential Care



Dementia Care



Palliative Care

Speak to our friendly team today

01213 873 460

Enquiries@goldcarehomes.com www.goldcarehomes.com



Home 1	Fees per week Quality rating*
Home 2	<u>£</u>
Home 3	6
We suggest that you take paper with you when visiting download and print this checklist at www.carechoices .	-
Staff	Personal preferences
What is the minimum number of staff that are available at any time?	Is the home too hot/cold? Can you control the heating in your room?
Are staff respectful, friendly and polite?	Is the décor to your taste?
Do staff have formal training?	Are there restricted visiting hours?
Are the staff engaging with residents?	Is there somewhere you can go to be alone?
Activities	Does the home feel welcoming?
Can you get involved in activities you enjoy?	Catering
Is there an activities co-ordinator?	Can the home cater for any dietary
Does the home organise any outings?	requirements you may have?
Are residents escorted to appointments?	Does the menu change regularly?
Do the residents seem entertained?	Can you eat when you like, even at night?
Does the home have a varied	Can you have food in your room?
activities schedule?	Is there a choice of food at mealtimes?
Life in the home	Is alcohol available/allowed if you want it?
Is the home adapted to suit your needs?	Can visitors join you for meals?
Can you bring your own furniture?	
Are there enough plug sockets in the rooms?	Fees De your fees sever all of the services
Are there restrictions on going out?	Do your fees cover all of the services and activities?
Is there public transport nearby?	Are fees likely to change regularly?
Does the home provide any transport?	Is the notice period for cancellation of
Can you make/receive calls privately?	the contract reasonable?
Can you decide when to get up and	Could you have a trial period?
go to bed?	Can you keep your room if you go
Does the home allow pets?	into hospital?
Does the home use Digital Care Planning accessible to families?	Can you handle your own money? *See page 53.

Towerview care VERONICA HOUSE

Part of the

Towerview
care
GROUP

At Towerview Care, we find new and better ways to help people with complex care needs live their own lives. We see people as individuals: we want to realise each person's potential to enjoy life spent with people they like and love, whatever their circumstances.

Our homes are welcoming, relaxed, and happy places to live and make new friends. Our highly trained multidisciplinary teams strive to provide care and a life that's full of choices and opportunities for our ladies and gentlemen.

We're open to new ideas to continually improve our clinical and well-being standards so those we care for achieve excellent outcomes.

Veronica House is a purpose-built, three-storey home situated on the Tipton and Wednesbury border within easy access to the M6, M5 and main bus routes from West Bromwich, Walsall, Dudley, Wolverhampton and Birmingham.

We provide specialist care for working-aged and older adults living with various complex care needs. These may include mental health, neurological disorders, complex behaviours that may be triggered by stress or distress, dementia and or physical/sensory disabilities. We provide this care in a welcoming and friendly home with comfortable communal areas and spacious, fully furnished en suite accommodation. Spread over three floors, with lift access for those with impaired mobility. Each level has accessibility with spaces for quiet reflection, activities and events. Veronica House benefits from a large hydrotherapy pool, physiotherapy room, large communal lounges and dining rooms on each floor with a safe, enclosed garden with a patio and shaded area.

At Veronica House, we provide person-centred holistic care, treating everyone with dignity, respect, and compassion. Before anyone joins us, we put together detailed, bespoke care support plans with the input of our ladies and gentlemen, or if needed, with families' and professionals'

involvement. Our ladies and gentlemen are encouraged to maintain their independence and pursue active, meaningful lives amongst friends.

Towerview Care Group's approach to caring for people living with mental health, complex care, dementia and or physical care needs is modern, innovative, and forward-thinking. Our standards of personal service are exceptional, and our knowledge-led care teams are highly trained. We are committed to providing a 'home from home' environment.

Veronica House offers the very best professional 24-hour care in an inviting and safe environment. We are determined to make a difference in the lives of those we support, both in the quality of our home and the care we provide.

We are passionate about supporting our ladies and gentlemen to enjoy meaningful and stimulating daily activities and experiences. For more information or to arrange a visit, please get in touch with our registered manager or the deputy manager on 0121 505 1110. Please visit our website for more information at www.veronica-house.com. To see what our ladies and gentlemen are up to, check out our Facebook page www.facebook.com/



Home 1			ality rating*	
Home 2		<u>£</u>		
Home 3				
We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 45. You can download and print this checklist at www.carechoices.co.uk/checklists				
Design		Health		
Are there clear signs throughout the home?		Can residents get help with eating and drinking?		
Has the home been designed or adapted for people with dementia?		How often does the home review residents' medication?		
Are the home and grounds secure? Are there prompts outside the residents' rooms to help people identify their own?		Does the home offer help if a resident needs assistance taking medication? Do GPs visit the home regularly?		
Is the décor familiar to your loved one?		Staff		
Choices Do residents get a choice in terms of what they wear each day?		Are staff trained to identify when a resident might be unwell? Are staff trained to spot when someone		
Are residents encouraged to be independent? Can residents decide what to do each day?		needs to go to the toilet? Do the staff have any dementia-specific training/experience? Will your loved one have a member of staff specifically responsible for		
Can residents have a say in the décor of their room?		their care?		
Activities		Approach to care		
Are residents able to join in with household tasks like folding washing? Are there activities on each day?		Does the home follow a specific approach to dementia therapy, for example, validation therapy? Will the home keep you informed		
Can residents walk around outside on their own?		about changes to your loved one's care Does the home have a specific	?	
Are residents sitting in front of the TV or are they active and engaged? Are there rummage boxes around?		approach to end of life care? Does the home keep up to date with best practice in dementia care?		
Are there runninge boxes around:		sest praetice in dementia care:		

^{*}See page 53.

Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people living with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning. The person living with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should also identify a named care co-ordinator.

The person living with dementia must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 52 and 41 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and the staff.

Does the home provide an environment that enables a person living with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 47.

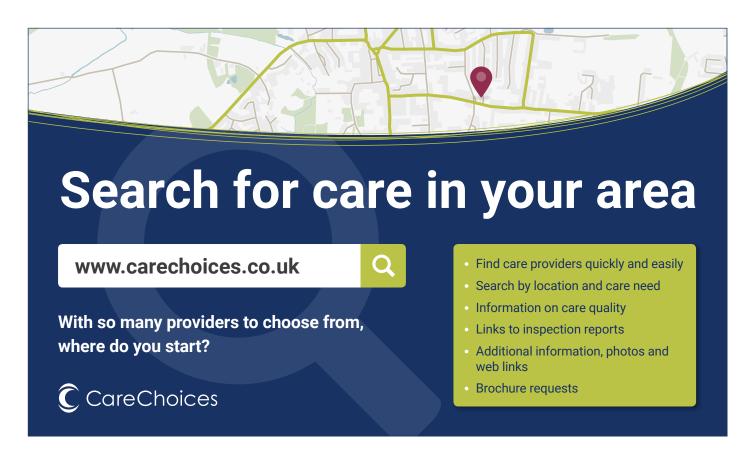
Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment. Plenty of natural light and an easy way of finding one's way around the building and grounds are essential for minimising disorientation.

Staff training

Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people living with dementia.

Ask about the Dementia Friends Ambassador and if the home does not have a specific Dementia Lead, ask whether it has the necessary experience to support someone to live well with dementia.



Paying for care

When a local authority provides or arranges your care services, you may be asked to contribute

towards the cost of care at home or in a care home, depending on your personal circumstances.

Financial assessment

To determine whether you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income. Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home. If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support.

If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings of between £14,250 and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and a sliding scale

operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure. If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council, and you may be able to get some support with funding your care – see below. These figures may change during the lifetime of this Directory.

If you are eligible for support from the council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs.

If the home you choose charges in excess of the local authority's limit, you will need to find someone else to meet the difference. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 50).

Running out of money

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will contribute.

If you become eligible for the council's support with funding your care, and the home you are living in charges more than the council's fee levels, you must find someone to help pay the difference. This is known as a 'top-up' or 'third party payment'. See page 50 for more information. If funds for a top-up are not available, you will need to find accommodation which can meet your needs at the local authority fee level.

Understanding your rights before moving into care

is essential. There are several financial products and specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 51 for more information.



Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

Benefits

Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits. You cannot usually get Attendance Allowance if you live in a care home and your care is paid for by your local authority. You can still claim Attendance Allowance if you pay for all your care home costs yourself.

If you are entitled to the mobility component of Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment.

You may also want to consider applying for Universal Credit (if you are under pension age) or Pension Credit (if you are over pension age).

NHS Continuing Healthcare

NHS Continuing Healthcare is fully funded care and support, provided and paid for by the NHS. To be eligible, your needs must be primarily health related and are likely to be severe.

If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home. The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.

Self-funding your care

Paying for care can be an expensive and long-term commitment, so it is strongly recommended that you seek specialist advice before entering into any arrangements. It is important that you speak to appropriately qualified and regulated financial advisers. See page 51 for suggested contacts.

Twelve-week property disregard

If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

Deferred Payment Agreements

After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement. This allows you to delay selling your former home

during your lifetime. Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme, which covers all legal and administrative costs for the lifetime of the loan.

The council may limit the amount of the loan, depending on the equity in your property.

NHS Nursing Care Contribution

Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-meanstested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.

Third party payments

If you are eligible for the council's support, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'.

You cannot make this additional payment yourself,

except in limited circumstances, so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your top-up, they should be aware that the amount may increase, usually once a year, and they need to be confident that they can sustain the payments for as long as they are required. The responsible person will need to sign a contract with the council to confirm that they are able to do this. If the additional payments stop being paid for any reason, then you should seek help and advice from the council. You may have to move to a cheaper home within the local authority's funding levels.

If you are already resident in a care home, and no top-up was required at the time you became a resident, the care home may seek to introduce one at a later date, which would need to be agreed first with the local authority. This scenario may materialise if a change to your arrangements is made at your request or with your agreement. For example, you may move to a nicer room that is more expensive.

It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, a top-up should not be charged.

Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may help to identify the most suitable and cost-effective solution. Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any recommended product.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market.

A list of independent financial advisers who are accredited by the Society of Later Life Advisers can be found at **www.societyoflaterlifeadvisers.co.uk**

or you can call **0333 202 0454**.

There are also several organisations that will provide free advice about funding care and support. These organisations are a good place to start if you are looking for information and want to see what sort of options are available.

Age UK

Tel: 0800 055 6112

Web: www.ageuk.org.uk/moneymatters

Citizens Advice

Web: www.citizensadvice.org.uk

Money Helper

Tel: 0800 138 7777

Web: www.moneyhelper.org.uk



Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs. Your search can be refined by the type of care you are looking for and the results can be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 53), indicating the quality of care that is provided.

You can also view an electronic version of this Birmingham Care Services Directory on the Care Choices website and have it read to you by using the 'Recite Me' function.

Visit www.carechoices.co.uk

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs.

An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so. The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody

sufficiently trustworthy to appoint as your attorney. An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result. Any proposed gift from your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms you contact will make home visits if necessary and will adapt their communications to meet your specific needs.

It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit **www.citizensadvice.org.uk**

Comments, compliments and complaints

You should feel able to complain about any aspect of your support which affects your happiness or comfort. This might be anything from the way

you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible

improvements to your surroundings and the services provided.

Making a complaint should not be made difficult for you and should not affect the standard of care that you receive, whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure to refer you to.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once the manager is made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. The owners have a duty to respond to any complaints made.

If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see below).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to speak to the council.

Birmingham City Council

Complaints Team, PO Box 16465, Birmingham B2 2DG

Email: **complaintsadults@birmingham.gov.uk**Web: **www.birmingham.gov.uk** (search 'adults complaints, comments and compliments').

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman on **0300 061 0614** and ask for assistance.

The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service, and its job is to investigate complaints in a fair and independent way.

Inspecting and regulating care services



Health and social care services must be registered to show that

they meet a set of standards.

The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of its findings, looking at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well, and where it needs to improve. It's always a good idea to check inspection reports and ratings when choosing a care service. You can find reports and ratings on the CQC's website (**www.cqc.org.uk**). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next and what to look out for when it does. If you want to share your experience of care, visit

www.cqc.org.uk/share

Care Quality Commission

Tel: 0300 061 6161

(Monday to Friday, 8.30am to 5.30pm, excluding bank holidays).

Email: enquiries@cqc.org.uk

Web: www.cqc.orq.uk

Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA

Out-of-county care

You can choose a care home outside of your home county. You may want to be closer to friends or family members, or you may want to relocate to another part of the country.

If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region. Any home you choose must be suitable for your assessed needs and comply with the paying authority's terms and conditions.

You should seek further advice before making any final decisions.

For help finding care providers in Birmingham and other regions, visit **www.carechoices.co.uk** with details of your requirements.

Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?

Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary from treating someone with disrespect in a way which significantly affects the person's quality of life, to causing actual physical suffering.

Abuse can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?

The person who is responsible for the abuse may be known to the person abused and could be:

- a care worker or a volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or

• someone who deliberately exploits vulnerable people.

If you think someone is being abused, contact the council using the following details.

Birmingham City Council

Tel: **0121 303 1234** (Monday to Friday, 9.00am to 5.00pm) or **0121 464 9001** (out of hours team). Text Relay: dial **18001** followed by the full national phone number.

Email: csadultsocialcare@birmingham.gov.uk (Monday to Friday, 9.00am to 5.00pm) or amhpoutofhours@birmingham.gov.uk (out of hours team).

Web: **www.birmingham.gov.uk** (search 'report possible abuse or neglect').

Call the **police** on **101**, or **999** in an emergency.

If the abuse is also a crime such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused.

If the police are involved, Adults Social Care and Health Services will work with the police and with you to provide support.

If you are worried about contacting the police, you can contact Adults Social Care and Health Services on **0121 303 1234** to talk things over first.

If immediate action is required, dial 999.

You can also:

- contact the Care Quality Commission (CQC) on
 0300 061 6161 if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse, know your concerns. These people have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work or currently working with children and vulnerable adults. This service combines the criminal records checking and barring functions. For disclosure information and services, visit **www.gov.uk/dbs**

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer to the DBS where, in their view, an individual has been guilty of misconduct that harmed or placed at risk of harm, a vulnerable adult.

People who know they are confirmed on the list but seek employment in care positions will face criminal charges, including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.







Your local Bupa care homes in Birmingham

We're here to help make your search for a care home easier. In our homes, you can expect a safe and welcoming environment. We encourage independence, while also offering a helping hand. We offer a range of sociable activities and really get to know everyone, so you know you have a place to call home.







Call us for advice on care today

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday Closed Sunday and bank holidays. We may record or monitor our calls.

All types of funding welcome No health insurance needed

Q122064 CS 02455





Trevella House (Harborne)

Our residential home is situated in Harborne providing for individuals with severe and enduring mental illness aged 18-64 and 64+ and is within walking distance of local amenities and bus routes. The home provides single occupancy ensuite bedrooms; communal living rooms and garden space for resident's use.

Please contact 0121 240 5306 for further information.



Search for care in your area

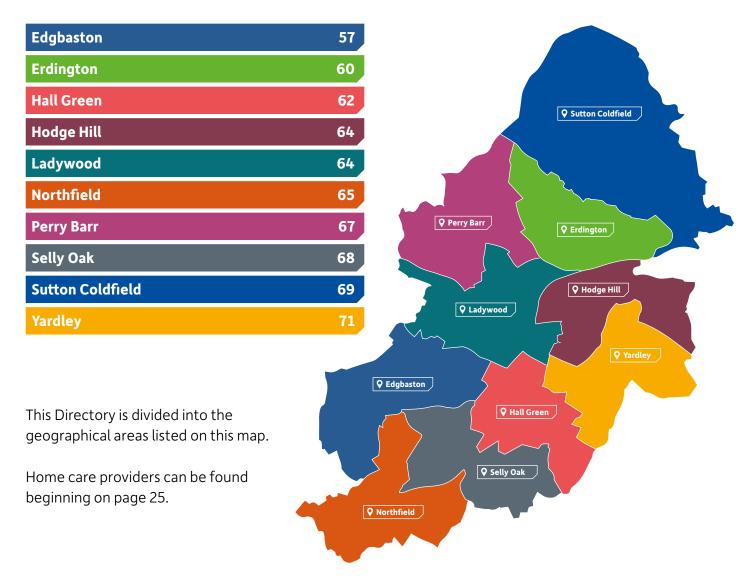
www.carechoices.co.uk

With so many providers to choose from, where do you start?

CareChoices

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- · Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Residential care in Birmingham



Edgbaston care homes

Ashleigh Court Rest Home

20 Fountain Road, Edgbaston B17 8NL

OP D PD MH SI YA Tel: 0121 420 1118

Bartley Green Lodge Residential Care Home

Field Lane, Bartley Green B32 4ER

OP D YA Tel: 0121 475 9076

Bournedale House

441 Hagley Road B17 8BL

Tel: 0121 420 4580

Care Home for Special Needs

22 Hallewell Road, Edgbaston B16 OLR

Tel: 0121 455 8269

Cherry Blossom

49 Rotton Park Road B16 OSG

Tel: 07552 218855

Dimmingsdale Bank

21 Dimmingsdale Bank, Quinton B32 1ST

Tel: 0121 422 7500

PD LDA

LDA MH YA

Edenwood

14 Rotton Park Road B16 9||

Tel: 0121 428 2455

OP D PD LDA MH SI YA

Field House Residential Home Ltd

110 Harborne Park Road B17 OBS

Tel: 0121 426 3157

OP

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

OP D

LDA



"An Award-Winning Luxurious Care Home providing Compassionate Care in an Outstanding Environment..."

Oakview care home prides itself on its reputation for providing compassionate care in amazing purpose-built surroundings. The Home provides specialist care for Elderly residents for all needs including Residential, Nursing and Dementia care.

Long term and respite care available at very competitive rates.

Pop in for a chat and a show around and we'll be able to discuss your needs and answer any questions you may have over a cup of tea.



...amazing staff at Oakview...so kind...

...wonderful staff...thank you for your love friendship and care...

...thanks for your care and compassion...

...thank you for everything you do for me every day...

...you have a fantastic team...



Contact us:

Call **0121 428 6800** or email **info@oakviewcare.co.uk** to a arrange a visit.

www.oakviewcare.co.uk

14-20 Overfield Road I Birmingham I B32 3BA





Edgbaston care homes continued

Greenlands View

45 Kyles Way,

Bartley Green B32 4JW

Tel: 0121 476 0326 OP D PD LDA MH SI YA

Harborne House

8a Albert Road, Harborne B17 OAN

Tel: 0121 428 3410 LDA YA

Hawthorns, The

29 Rotton Park Road,

Edgbaston B16 9IH

Tel: 0121 455 9024

Hightrees

8b Albert Road, Harborne B17 OAN

Tel: 0121 428 3423 **OP LDA YA**

Holmpark

212 Hagley Road, Edgbaston B16 9PH

OP D YA Tel: 0121 456 3738

Kenrick Centre

Mill Farm Road, Harborne B17 00X

Tel: 0121 675 0900 OP D PD LDA SI YA

Kerria Court

64 Cregoe Street,

Edgbaston B15 2DY

Tel: 0121 622 6845 OP D YA **Ludford Road Residential Care**

75 Ludford Road, Bartley Green B32 3PQ

Tel: 0121 683 8855 MH YA

Metchley Manor

5 Church Road, Edgbaston B15 3SH

Tel: 0121 455 1100 OP D PD SI YA

Queen Alexandra College

49 Court Oak Road B17 9TG

PD LDA MH SI YA Tel: 0121 428 5025

Sense

OP

115 Gough Road, Edgbaston B15 2JG

LDA SI Tel: 0121 446 6744

428-430 Gillott Road, Edgbaston B16 9LP

Tel: 0121 454 5323 LDA SI

Trevella House

310 Court Oak Road, Harborne B32 2EB

OP MH YA Tel: 0121 240 5306 Advert page 56

Triple S Care & Support Services

87-89 Stirling Road,

Edgbaston B16 9BD

PD LDA MH SI YA Tel: 0121 454 8864

Ulysses House

28 Fountain Road, Edgbaston B17 8NR

Tel: 0121 429 9555 LDA

Edgbaston care homes with nursing

Amberley Court Bupa Care Home

82-92 Edgbaston Road, Edgbaston B12 9QA

PDYA Tel: 0121 392 9616 Advert page 56

Edgbaston Beaumont

32 St James Road, Edgbaston B15 2NX

OP D YA Tel: 0121 514 7543 Advert page 42

Edgbaston Manor

Speedwell Road, Edgbaston B5 7PR

OP D PD SI YA Tel: 0121 796 0800

Fountain Nursing and Care Home Ltd

11-17 Fountain Road, Edgbaston B17 8NJ

Tel: 0121 429 6559 OP D PD SI YA

Oakview Care Home

14-20 Overfield Road.

Bartley Green B32 3BA Advert page 58

Tel: 0121 428 6800

OP D YA

St Joseph's Home - Birmingham

71 Queens Park Road,

Harborne B32 2LB

Tel: 0121 427 2486

Willow House

229 Portland Road.

Edgbaston B17 8LS Tel: 0121 420 0210

OP LDA MH YA

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health **SI** Sensory impairment **YA** Younger adults AD People who misuse alcohol or drugs

OP

Abbotts Road

31 Abbotts Road, Erdington B24 8HE

Tel: 0121 382 0217

Agnes House – Residential Care Home

11a-15 Arthur Road, Erdington B24 9EX

Tel: 0121 373 0058 OP D PD LDA MH SI YA AD

Beech House

21 Gravelly Hill North, Erdington B23 6BT

Tel: 0121 382 6163 **OP LDA SI YA**

Berwood Court Care Home

Berwood Park, off Cadbury Lane,

Castle Vale B35 7EW

OP D PD Tel: 0121 749 7887

Bloomberg Care Services Ltd

9 Grenville Drive, Erdington B23 7YX

LDA YA Tel: 07427 791265

CareTech Community Services Ltd

- 19 Wheelwright Road

Erdington B24 8PA

Tel: 0121 350 4383

Chesterberry

766 Chester Road, Erdington B24 OEA

Tel: 0121 386 2290

Digby Manor

908 Chester Road, Erdington B24 OBN

Tel: 0121 382 1719

Grange Road, 109

Erdington B24 OES

PD LDA YA Tel: 0121 382 9026

Hampton Road

20 Hampton Road, Erdington B23 7JJ

Tel: 0121 226 5800 LDA MH YA

Hollywood Rest Home Ltd

791 Chester Road, Erdington B24 OBX

Tel: 0121 350 6278

Katherine House

91-93 Sutton Road, Erdington B23 5XA

Tel: 0121 350 9578

Liberty House Care Homes Ltd

55 Copeley Hill, Erdington B23 7PH

Tel: 0121 327 0671

Loretta House

LDA YA

4 Hunton Hill, Erdington B23 7NA

Tel: 0121 384 5123

OP D LDA YA

LDA SI

Manor House

1 Amblecote Avenue, Kingstanding B44 9AL

Tel: 01213 873460 Advert page 44

OP D YA

Marian House

803 Chester Road, Erdington B24 OBX

Tel: 0121 241 5217

OP D PD LDA MH SI YA

Minstead House

54 Oval Road, Erdington B24 8PL

Tel: 0121 373 3849

OP D PD LDA MH SI YA AD

Oakwood Rest Home

78-82 Kingsbury Road, Erdington B24 8QJ

Tel: 0121 373 8476

OP D

Orchard House LDA

95-97 Holly Lane, Erdington B24 9JP

Tel: 0121 377 7551

OP MH SI YA

LDA SI **Perry Tree Centre**

OP D PD

Dovedale Road, Perry Common,

Kingstanding B23 5BX

Tel: 0121 675 5571

OP D PD LDA MH SI YA

Ridings Care Home, The

Farnborough Road B35 7NR

Tel: 0121 748 8770

OP D YA

Rivendell and Lorien (Marsh Lane)

57 & 59 Marsh Lane,

Erdington B23 6HX

Tel: 0121 377 2800

OP PD LDA MH SI YA

Sense

OP

LDA YA

35 Hawthorn Road, Erdington B44 8QS

Tel: 0121 384 2228

LDA SI

296-298 Warren Farm Road,

Kingstanding B44 OAD

Tel: 0121 350 7076

PD LDA SI

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Erdington care homes continued

SignHealth Polestar

Fairlie House, 10 Trident Close, Erdington B23 5TD

Tel: 0121 350 0592 **OP LDA MH SI YA**

Silver Birch

39 Silver Birch Road, Erdington B24 OAR

Tel: 0121 250 2067 PD LDA MH SI YA

Silver Birch Care Home

31-33 Silver Birch Road, Erdington B24 OAR

Tel: 0121 382 4505

1: 0121 362 4505

Silver Birch Road

7 Silverbirch Road, Erdington B24 OAR

Tel: 0121 765 4630 **OP PD LDA SI YA**

St Anthony's Residential Home (Erdington) Ltd

124-126 Sutton Road, Erdington B23 5TJ

Tel: 0121 373 7900 **OP D YA**

Sutton House

79 Sutton Road, Erdington B23 5XA

Tel: 0121 377 8900 LDA YA

Sycamore Lodge Residential Care

501-503 Slade Road, Erdington B23 7JG

Tel: 0121 377 6280 MH YA

Tudor Gardens

27-29 Tudor Gardens, Erdington B23 6FD

Tel: 0121 386 3073 D PD LDA MH SI YA

Tudor Rose Rest Home

671 Chester Road, Erdington B23 5TH

Tel: 0121 384 8922 **OP D MH YA**

Unity Care

OP

90 Gravelly Hill, Erdington B23 7PF

Tel: 0121 686 4406 LDA MH YA

Warren Farm Lodge

123 Warren Farm Road, Kingstanding B44 OPU

Tel: 0800 085 2952 **OP D**

Erdington care homes with nursing

Abbey Rose Care Home

Asprey Court Care Home

2 Ivyfield Road, Erdington B23 7HH

Tel: 0121 377 6707 **OP D PD SI YA**

Orphanage Road,

Erdington B24 OBE

Tel: 0121 222 1387 **OP D PD MH SI YA**

Hurstway Care Home

142 The Hurstway, Erdington B23 5XN

Tel: 0121 350 0191 OP D PD SI

Lime Court

19-31 Jaffray Crescent,

Erdington B24 8BG

Tel: 0121 382 1383 **OP D PD LDA MH SI YA**

Berwood Court Care Home

Berwood Park, off Cadbury Lane,

Castle Vale B35 7EW

Tel: 0121 749 7887 **OP D PD**

Orchard House

95-97 Holly Lane B24 9IP

Tel: 0121 377 7551 **OP MH SI YA**

Boldmere Court Care Home

350 Gravelly Lane B23 5SB

Tel: 0121 353 0003 **OP D PD MH YA**

Priestley Rose Nursing Home

114 Bromford Lane,

Erdington B24 8BZ

Tel: 0121 373 0134 **OP D PD LDA YA**

Cedar Lodge Nursing Home

58-62 Kingsbury Road, Erdington B24 8QU

Tel: 0121 350 3553 **OP D PD LDA SI**

Ridings Care Home, The

Farnborough Road B35 7NR

Tel: 0121 748 8770 **OP D YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Hall Green care homes

Ash House Keo Lodge 7 Ash Drive, Sparkhill B11 4EQ 72 Park Hill, Moseley B13 8DS Tel: 0121 291 4004 D PD LDA MH SI YA Tel: 0121 449 5589 LDA MH **Ashley Lodge RH Ltd Maple Dene** 1-3 Colmore Crescent, Moseley B13 9SJ 10-14 St Agnes Road, Moseley B13 9PW Tel: 0121 449 1503 OP Tel: 0800 085 2656 OP D YA **Barkat House Residential Home** Mavcroft 254 Alcester Road, Moseley B13 8EY 791 Alcester Road South, Kings Heath B14 5HJ OP D MH YA Tel: 0121 449 0584 Tel: 0121 474 5394 **PD LDA Cateswell Court** Real Life Options - Springfield Road 27-29 Cateswell Road, Hall Green B28 8NB 180 & 182 Springfield Road, Moseley B13 9NE **MHYA** Tel: 0121 777 1347 Tel: 0121 777 2761 LDA Chesterwood Sandford Road 64 Chesterwood Road, 94 Sandford Road B13 9BT Kings Heath B13 OQE LDA YA Tel: 0121 247 5231 PD LDA Tel: 0121 444 3736 Sense **Clifton House** 2 & 10 Grove Road, Kings Heath B14 6ST 165 Clifton Road B12 8SL LDA SI Tel: 0121 441 2414 OP D PD Tel: 0121 440 2089 5 Shalnecote Grove, Kings Heath B14 6NH LDA SI Tel: 0121 441 1640 **Cole Bank Road** 58 Featherstone Road, Kings Heath B14 6BE 16 Cole Bank Road, Hall Green B28 8EX Tel: 0121 444 6600 **OP LDA SI YA** LDA YA Tel: 0121 777 8007 Showell Green Lane **Community Living & Support Services Ltd** 121a Showell Green Lane, Sparkhill B11 4 JD Prospect House, 40 Prospect Road, **OP PD LDA MH SI YA** Tel: 0121 633 2194 Moseley B13 9TB LDA MH SI Tel: 0121 442 2089 Southside 1653 Stratford Road, Hall Green B28 9JB **Evergreen** D MH YA Tel: 0121 744 8811 119 Wake Green Road, Moseley B13 9UT **OP D PD MH YA** Tel: 0121 449 1016 St Alban's 38 St Alban's Road, Moseley B13 9AR **Fern House** Tel: 0121 449 3615 PD LDA 320 Moseley Road B12 OBS LDA Tel: 0121 440 1032 **Stennards Leisure Retirement Home (Mos)** 133 Anderton Park Road. **Forest Grange Care Home** Moseley B13 9DQ 15 Forest Road, Moselev B13 9DL LDA YA Tel: 0121 449 4544 OP D PD MH SI Tel: 0121 449 2040 **Stratford Court Janet Fay House** 35 Highfield Road, Hall Green B28 OEU 1 Strensham Hill, Moseley B13 8AG Tel: 0121 450 7985 MH Tel: 0121 778 3366 OP PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia **User Bands** MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Hall Green care homes continued

Strensham Hill Care Home

12 Strensham Hill, Moseley B13 8AG

OP D PD LDA SI Tel: 0121 449 4344

Swan Court

Ashfield Avenue B14 7AT

Tel: 0121 726 7340 PD LDA MH YA AD

Tandy Court

Tandy Drive, Kings Heath B14 5DE

OP D Tel: 0121 430 8366

Trittiford Road, 21

21 Trittiford Road B13 OES

Tel: 0121 442 5070 **OP PD LDA SI YA**

Trittiford Road, 23

Yardley Wood B13 0ES

OP PD LDA SI YA Tel: 0121 444 2629

Vicarage Road (A)

264a Vicarage Road, Kings Heath B14 7NH

Tel: 0121 443 4347

Vicarage Road (B)

264b Vicarage Road, Kings Heath B14 7NH

Tel: 0121 633 2194

Westholme

29 Greenhill Road, Moseley B13 9SS

Tel: 0121 449 6383 **OP PD LDA MH YA**

Willow House

9 Ash Drive, Sparkhill B11 4EQ

Tel: 01902 672692 LDA YA

Hall Green care homes with nursing

Anita Stone Court (BCOP)

20 Moor Green Lane, Birmingham B13 8ND

OP D PD SI Tel: 0121 449 2756

Cole Valley

326 Haunch Lane, Kings Heath B13 OPN

OP D PD SI Tel: 0121 444 8887

Eden Lodge Health Care

236 Alcester Road South B14 6DR

MH YA Tel: 0121 605 2293

Highbury Nursing Home

199-203 Alcester Road, Moseley B13 8PX

OP D YA Tel: 0121 442 4885

Hunters Moor Neurorehabilitation Centre for the West Midlands - The Janet Barnes Unit

Whisley Brook Lane, off Shaftmoor Lane,

Hall Green B28 8SR

OP PD MH SI YA Tel: 0121 777 9343

Maypole Grove

20 Maypole Grove B14 4LP

OP D PD MH YA Tel: 0121 430 3094

Wilson Lodge

16 Augusta Road East, Moseley B13 8AJ

Tel: 0121 449 1841

MH

OP PD LDA MH SI YA

OP PD LDA MH SI YA



Service **User Bands** MH Mental health

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

SI Sensory impairment **YA** Younger adults

AD People who misuse alcohol or drugs

Hodge Hill care homes

Arshad Mahmood - 56-58 Carlton Road

Small Heath B9 5EB

LDA Tel: 0121 772 4078

Arshad Mahmood - 112-114 Carlton Road

Small Heath B9 5FA Tel: 0121 773 3165

Briarscroft Residential Care Home

27 Packington Avenue B34 7PB

Tel: 0121 748 0040 OP D

Grassmere Residential Care Home

675-677 Washwood Heath Road, Ward End B8 2LI Tel: 0121 327 3140

LDA

OP D PD MH SI YA

Greswold House

76 Middle Leaford. Shard End B34 6HA Tel: 0121 783 1816

OP D PD

Knightwell House

734 Washwood Heath Road, Ward End B8 2ID

Tel: 0121 327 3623

LDA

Packington Avenue, 306-308

308 Packington Avenue, Shard End B34 7RT

Tel: 0121 749 3739

LDA MH YA

Advertisers are highlighted

Hodge Hill care homes with nursing

Aran Court Care Home

Braymoor Road,

Tile Cross B33 OLR Advert outside back cover OP D PD MH SI YA Tel: 0121 770 4322

Blackmoor

21 Blackmoor Croft B33 OPF

Tel: 01709 565700 OP D PD MH YA

Bromford Lane Care Centre

366 Bromford Lane, Washwood Heath B8 2RY

OP D PD LDA MH YA Tel: 0121 322 0910

Herondale Kingfisher

175 Yardley Green Road, Bordesley Green B9 5PU

Tel: 0121 753 0333 OP D **Hodge Hill Grange**

150 Coleshill Road, Hodge Hill B36 8AD

Tel: 0121 730 1999

OP D

Orchards. The

164 Shard End Crescent B34 7BP

Tel: 0121 730 2040

OP YA

St Giles Care Home

122 Tile Cross Road.

Tile Cross B33 OLT Tel: 0121 770 8531 Advert outside back cover

OP D PD MH SI YA

If you are considering a care home with nursing, see the checklist on page 45.

Ladywood care homes

Beeton Grange

50-55 Beeton Road B18 4QD

Tel: 0121 554 5559

OP MH YA

Hill House

17 Park Avenue, Hockley B18 5ND

Tel: 0121 523 3712

LDA MH

Charles Davies House Residential Care

388 Lodge Road, Hockley B18 5PW

Tel: 0121 523 8880

MH YA

Unity Care

29 Freer Road, Aston B6 6NE

Tel: 0121 551 3079

LDA MH YA

Hamstead House

46 Hamstead Road, Hockley B19 1DB

Tel: 07943 098009

LDA MH YA

See page 49 for more information on paying for care homes in Birmingham.

PD Physical disability LDA Learning disability, autism Service **OP** Older people (65+) **D** Dementia

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs **Albion Court Care Centre**

Clinton Street.

Winson Green B18 4BI Advert outside back cover OP D PD MH SI YA Tel: 0121 418 4056

Clare Court Care Home

Clinton Street,

Winson Green B18 4BI Tel: 0121 554 9101

Advert outside back cover

OP D PD MH SI YA

Parkview Home

2 East Gate B16 OEY Tel: 0121 246 8071

LDA YA



Northfield care homes

See page 64 for the Service User Bands key

Beeches Residential Care Home, The

Frankley Beeches Road, Northfield B31 5NJ Tel: 0121 477 1813

OP D YA

Bourn View

47 Bristol Road South, Bournville B31 2FR Advert outside back cover Tel: 0121 516 3500

OP D PD MH SI YA

Bryony House

30 Bryony Road B29 4BX Tel: 0121 475 2965

Advert below

OP Tel: 0121 624 0506

Elliott House 81 Walkers Heath Road B38 OAN

Coney Green Residential Home

Tel: 0121 478 1076

Coriander Close

Tel: 0121 453 7292

Cotteridge House

31 Middleton Hall Road,

Kings Norton B30 1AB

18-20 Coneygreen Drive, Northfield B31 4DT

8 Coriander Close, Rubery, Rednal B45 OPD

Tel: 0121 605 2608

OP

LDA MH

PD LDA

Castlecroft Residential Care Home

Castle Road, Weoley Castle B29 5HF Tel: 0121 471 1700

OP D





Residential & Respite Care Home

Independent Registered Charity (Not.for profit)

Welcome to Bryony House

Bryony House was established in 1955 with one very clear objective; to create a home within a home for every resident.

Standing in attractive gardens in the Bournville Village Trust, Bryony House is an independent registered charity providing a safe, secure environment and high standards of accommodation and support for elderly residents.

For more information or to arrange a visit, please contact us:

www.bryonyhouse.co.uk 0121 475 2965

bryonyhouse@googlemail.com

- Safe, secure accommodation
- · Homely, relaxed atmosphere
- · Leisure activities provided
- · Homemade fresh food
- Desirable location
- Extensive, well stocked gardens
- Call system in every room
- High standard en-suite accommodation
- · Caring and friendly staff





Looking for Respite Care?

We are able to offer short term respite care as one of our accommodation options. If you are interested in booking a respite room, why not contact us for more details?

Fordrough Cottage

312-314 Alvechurch Road B31 3PU

Tel: 0121 406 5035 PD LDA YA

Haddon House

145 West Heath Road, West Heath B31 3HD

Tel: 0121 475 1681 MH

Hasbury Care Home

154 Middleton Hall Road, Kings Norton B30 1DN

Tel: 0121 458 5336 **OP YA**

Kingsleigh House

37 Harbinger Road, Kings Norton B38 OAD

Tel: 0121 459 9995 **OP D PD**

Limes Care Home, The

50 Ivy House Road, West Heath B38 8JZ

Tel: 0121 458 1831 **Advert below OP D MH YA**

Lonsdale Midlands Ltd - Bushwood Road

18 Bushwood Road, Weoley Castle B29 5AR

Tel: 0121 471 3871 LDA

Manor Park

24 Manor Park Grove, Northfield B31 5ER

Tel: 0121 476 7529 **OP PD LDA MH SI YA**

Morris House

Grange Farm Drive, Kings Norton B38 8EJ

Tel: 0121 459 1303

Natalie House

14 Eachway Lane, Rednal B45 9LG

Tel: 0121 457 9592

Primrose Hill Farm

The Farm House, Primrose Hill Farm,

Meadowsweet Avenue B38 9QW

Tel: 0121 433 5666 PD LDA SI

Redhill Court Residential Care Home

77 Nearhill Street, Kings Norton B38 8JU

Tel: 0121 486 4941

Redwoods

26 Chapelfields Road, Rednal B45 9NU

Tel: 0121 453 1848 MH

Sense

11 Station Road, Kings Norton B38 8SN

Tel: 0121 458 1410 **OP LDA SI** YA

The Old Coach House, 20 Wychall Park Grove,

Kings Norton B38 8AQ

Tel: 0121 459 1433 **OP LDA SI** YA

Sparrowfields

17-19 Alwold Road, Weoley Castle B29 5RR

Tel: 0121 428 2848

LDA

Stennards Leisure Retirement Home (Frankly Beeches)

123 Frankley Beeches Road, Northfield B31 5LN

Tel: 0121 477 5573

OP D PD MH SI

Stennards Leisure Retirement Home (KN)

150-152 Middleton Hall Road,

Kings Norton B30 1DN

Tel: 0121 458 3311

OP D PD MH SI

Trescott Road

8 Trescott Road, Northfield B31 5QA

Tel: 0121 475 9585

PD LDA

Tudor House

159-161 Monyhull Hall Road, Kings Norton B30 3QN

Tel: 0121 451 2529

OP D

West Heath House

54 Ivy House Road, West Heath B38 8JW

Tel: 0121 459 0909

OP PD YA

Woodland House

22 Woodland Road, Northfield B31 2HS

Tel: 0121 243 9349

LDA YA

The Limes Care Home

50 Ivyhouse Road, West Heath, Birmingham,

West Heath, Birminghai West Midlands, B38 8JZ



At The Limes, we are committed to providing the highest possible standard of care.

Residents are treated as individuals and cared for with respect and dignity within a safe, comfortable and homely environment which provides stimulation and encourages independence.

0121 458 1831

management@limesch.co.uk www.limesch.com

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

OP D

LDA

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Northfield care homes with nursing

Austin Rose Care Home

90 Alvechurch Road, Birmingham B31 3QW

OP D PD SI YA Tel: 0121 475 7871

Ivybank Care Home

73-75 Middleton Hall Road B30 1AG

Tel: 0121 624 3006 OP D PD SI YA **Meadow Rose Nursing Home**

96 The Roundabout B31 2TX

Tel: 0121 476 9808

If you are considering a care home with nursing, see the checklist on page 45.

Perry Barr care homes

Apna House

6 Park Avenue, Hockley B18 5NE

Tel: 0121 551 5678

LDA MH

Primrose Place

34 Somerset Road, Handsworth B20 2JD

Tel: 0121 429 1572

OP LDA SI YA

OP D PD YA

Ashmill Residential Care Home

141 Millfield Road B20 1EA

OP D PD LDA MH SI YA AD Tel: 0121 358 6280

Radnor House

29-31 Radnor Road, Handsworth B20 3SP

Tel: 0121 523 6935

OP MH YA

Charles House

257 Birchfield Road, Perry Barr B20 3DG

Tel: 0121 331 4972

Respite Breaks – Epwell rd.

8 Epwell Road B44 8DD

Tel: 0121 274 0588

LDA SI YA

Florrie Robbins House

Penhurst Avenue. Handsworth B20 3DG

Tel: 0121 331 1817

Royd, The

LDA

LDA

LDA MH

MH

LDA

27 Selbourne Road B20 2DN

Tel: 0333 321 4881

OP MH YA

Hamilton Court

2 Hinstock Road.

Handsworth Wood B20 2ET

Tel: 0121 515 4955

Selborne House

34 Selborne Road.

Handsworth Wood B20 2DW

Tel: 0121 515 3990 LDA MH YA

Morning Stars

40 Somerset Road, Handsworth B20 2ID

Tel: 0121 551 0202

Sense – 88 Church Lane

Handsworth Wood B20 2FS

Tel: 0121 554 7710

Silverbirch Home

LDA SI

Nevin House

21 Nevin Grove, Perry Barr B42 1PE

Tel: 0121 241 7875

14-16 Beauchamp Avenue,

Handsworth Wood B20 1DR

Tel: 0121 241 2376

OP D PD LDA MH

Petersfield Care Home

60 St Peters Road. Handsworth B20 3RP

Tel: 0121 515 1654

OP LDA YA

St Peters Hall

52 St Peters Road, Handsworth B20 3RP

Tel: 0121 523 4123

MH

Platinum Care Services

24 Raymond Avenue, Great Barr B42 1LX

Tel: 0121 357 0667

OP D PD LDA MH SI YA AD

Step-Forward Support

24 Devonshire Road B20 2PO

Tel: 0121 759 7878

OP LDA MH YA

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment YA Younger adults

AD People who misuse alcohol or drugs

Perry Barr care homes with nursing

Acorn Care Home

88 Handsworth Wood Road, Handsworth Wood B20 2PL

Tel: 0121 507 1763

OP MH YA

Church Rose Nursing Home

8 Payton Road, Handsworth B21 OHP

Tel: 0121 554 6413

OP

OP

OP YA

Perry Locks Care Home

398 Aldridge Road, Perry Barr B44 8BG

Tel: 0121 356 0598

OP D PD MH YA

Robert Harvey House (BCOP)

Hawthorn Park Road, Handsworth Wood B20 1AD

Tel: 0121 554 8964

OP D PD SI

Willowbrook

363 Aldridge Road, Perry Barr B44 8BW

Tel: 0121 344 4751

OP D MH

Advertisers are highlighted

For more information on paying for care in

Birmingham, see page 49.

Selly Oak care homes

Bournville Grange Ltd

168 Oak Tree Lane, Bournville B30 1TX

Tel: 0121 472 2213

36 Kensington Road, Selly Park B29 7LW Tel: 0121 471 4399

LDA

Brain Injury Rehabilitation Trust – Bristol Road

Selly Oak B29 6LX

Tel: 0121 478 1847

Poplars

Pinetrees

23 Serpentine Road, Selly Park B29 7HU

Tel: 0121 472 1722

LDA

LDA

Cherry Lodge

6 Manningford Road, Druids Heath B14 5LD

Tel: 0121 430 5986 OP D PD MH SI **Real Life Options**

Bevis, 5 Newhomes, Monyhull Hall Road B30 3QF

Tel: 0121 444 2184

Lawrence House, 1 Newhomes,

Monyhull Hall Road B30 3QF

Rosemary Lodge Rest Home

Tel: 0121 443 2034 LDA

Lucton House 8 Long Wood, Bourneville B30 1HT Advert page 44

Tel: 01213 873460

OP D YA

Manningford

162 Manningford Road, Druids Heath B14 5TJ

Tel: 0121 474 6537

154 Alcester Road South B14 6AA

Tel: 0121 443 1166

OP D

Oakfield House

6-10 Oakfield Road, Selly Park B29 7EI

Tel: 0121 471 1913

OP LDA YA

MH

Tulip Gardens

5 Court Farm Way, Selly Oak B29 5BW

Tel: 0121 478 3505

PD LDA SI YA

Selly Oak care homes with nursing

Andrew Cohen House

River Brook Drive, Stirchley B30 2SH

Tel: 0121 458 5000

OP D PD SI

Otterburn

Brandwood Park Road B14 6QX

Tel: 0121 483 4440

OP PD MH YA

Harborne Lane Specialist Centre

247 Harborne Lane, Selly Oak B29 6TG

Tel: 0121 258 1445

OP D PD SI YA

Pebble Mill Bupa Care Home 2 Mill Pool Wav B5 7EG

Advert page 56

Tel: 0121 667 8507

OP PD YA

Neville Williams House (BCOP)

8-14 Greenland Road, Selly Park B29 7PP

Tel: 0121 472 4441

OP D PD SI

Selly Park

95a Oakfield Road, Selly Park B29 7HW

Tel: 0121 471 4244

OP D PD SI YA

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Selly Wood House Nursing Home

161 Selly Wood Road, Bournville B30 1TJ

Tel: 0121 472 3721 **OP D YA**

St Paul's Convent

The Infirmary, 94 Selly Park Road B29 7LL

Tel: 0121 415 6107 **OP D PD SI YA**

Step-Forward Support Services

129 Millfield Road B20 1EA

Tel: 07411 381412 **OP MH YA**

Uplands Nursing Home

43 Upland Road, Selly Park B29 7JS

Tel: 0121 471 3816 **Advert below** 0

OP D PD YA

Uplands Care Home Ltd

Uplands Care Home Ltd is a **36-bed** home that cares for residents with a range of needs. These range from mental health requirements to learning and physical disabilities and end of life care. It has recently been refurbished and has a friendly, homely atmosphere.

Residents are encouraged to make this their home and their independence is encouraged to promote privacy and dignity at all times.

Tel: (0121) 471 3816 • E-mail: uplands.manager@astleycarehomes.co.uk 43 Upland Road, Selly Park, Birmingham B29 7JS



Sutton Coldfield care homes

Abbeyfield House

42 Anchorage Road, Sutton Coldfield B74 2PL
Tel: 0121 240 9358

PD LDA MH SI YA

Ashleigh House

2 Stonehouse Road, Boldmere, Sutton Coldfield B73 6LR

Tel: 0121 354 1409 OP D PD SI

Bloomsbury House

13 Anchorage Road, Sutton Coldfield B74 2PJ

Tel: 0121 355 3255 **OP D PD SI**

Boldmere Drive

3 Boldmere Drive, Sutton Coldfield B73 5ES

Tel: 0121 386 1384 **OP LDA YA**

Bretby House

253 Boldmere Road, Sutton Coldfield B73 5LL

Tel: 0121 373 6562 **OP D PD MH**

Cedarwood Care Centre

107 Sutton Road B23 5XB

Tel: 0121 373 9784

Francis House

1c Cofield Road, Boldmere, Sutton Coldfield B73 5SD

Tel: 0121 354 7772 **OP LDA YA**

Gables, The

29-31 Ashurst Road, Walmley, Sutton Coldfield B76 1JE

Tel: 0121 351 6614 **OP D**

Green Lanes

219 Green Lanes, Sutton Coldfield B73 5LX

Tel: 0121 355 0908 LDA YA

Greville House

40 Streetly Lane, Sutton Coldfield B74 4TU

Tel: 0121 308 8304 **OP**

Hafod Residential Home

14 Anchorage Road, Sutton Coldfield B74 2PR

Tel: 0121 354 9442 **OP LDA YA**

Highcroft House

7 Crown Lane, Crown Lane, Four Oaks B74 4SU

Tel: 0121 353 9392 **OP D PD LDA MH YA**

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

OP D YA

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

Sutton Coldfield care homes continued

Homecroft Residential Home

446 Lichfield Road. Sutton Coldfield B74 4BL

OP D Tel: 0121 308 6367

Lisieux House

50 Birmingham Road, Sutton Coldfield B72 1QI

Tel: 0121 355 1474 **OP LDA YA**

Lonsdale Midlands Ltd - Walmley Road

189d Walmley Road, Walmley, Sutton Coldfield B76 1PX LDA

Tel: 0121 313 0879

Nightingales

34 Florence Road, Sutton Coldfield B73 5NG

Tel: 0121 350 0243

St Catherines Residential Care Home

326-328 Boldmere Road, Boldmere,

Sutton Coldfield B73 5EU

Tel: 0121 377 8178

St Davids Residential Home

36 Somerville Road, Sutton Coldfield B73 6HH

Tel: 07534 125432

OP D

Sutton Park Grange

136 Birmingham Road, Sutton Coldfield B72 1LY

Tel: 0121 269 1235

OP D PD SI YA

Vermont House

16 Anchorage Road, Sutton Coldfield B74 2PR

Tel: 0121 354 8601

PD LDA MH YA

Vesey Road

61 Vesey Road, Wylde Green,

Sutton Coldfield B73 5NR

Tel: 0121 240 5286

OP LDA YA

Walmley House

Mercia Grange

Tel: 0121 726 4820

Tel: 0121 378 0272

Tel: 0121 354 2621

Tel: 0121 321 1789

Orchard House Nursing Home 126 Whitehouse Common Road,

Sutton Coldfield B75 6DS

Roxton Nursing Home

345 Walmley Road, Sutton Coldfield B76 1PG

538 Lichfield Road, Four Oaks, Sutton Coldfield B74 4EH

Tel: 0121 240 0715

LDA

OP

OP D YA

OP D

Sutton Coldfield care homes with nursing

Advertisers are highlighted

OP D PD MH YA

Beech Hill Grange

1 Beech Hill Road, Wylde Green,

Sutton Coldfield B72 1DU

Tel: 0121 373 0200

OP D

OP

OP

Bishops Manor

134 & 138 Jockey Road,

Sutton Coldfield B73 5PP

Tel: 0121 796 8383

OP D PD SI YA

Greenacres – Care Home with Nursing Physical Disabilities

39 Vesey Road, Sutton Coldfield B73 5NR

Tel: 0121 354 7753

OP PD YA

Hafod Nursing Home

9-11 Anchorage Road,

Sutton Coldfield B74 2PR

Tel: 0121 354 1009

OP D PD SI YA AD

Sutton Rose Care Home

St Martin's Nursing Home

St Michaels Road Sutton Coldfield B73 5FU

2 Somerville Road, Sutton Coldfield B73 6JA

154 Birmingham Road, Sutton Coldfield B72 1LY

51 Vesey Road, Wylde Green, Sutton Coldfield B73 5NR

Tel: 0121 716 7117

OP D PD YA

Marian House Nursing Home

32 Walmley Ash Road, Walmley,

Sutton Coldfield B76 1IA

Tel: 0121 240 8000

OP YA

Wyndley Grange Nursing Home

Tel: 0121 354 1619 Advert page 71

OP D

Service

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

User Bands MH Mental health

SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs











Wyndley Grange Nursing Home is located within a beautiful lakeside setting on the edge of Sutton Park Nature Reserve. We are a successful family run home, with a genuine passion and commitment to providing the highest standard of person centred care. We offer a range of caring services for all our residents including nursing, dementia, respite and end of life care. All care is delivered by appropriately trained staff, and is responsive to residents individual needs. Our high ratio of staff to residents also ensures that all staff have "Time to Care".

Our 64 bedded nursing home is rated Good in all 5 areas by the CQC, and we offer a range of room styles and en-suite facilities to suit individual requirements and budgets. We also provide a number of pleasant communal areas where residents may relax and read, watch TV, receive guests as they would in their own home, or take part in a varied programme of individualised or group activities. Our roof top terrace and lawned area with summer house, provide stunning views of Wyndley Pool, and a tranquil setting to enjoy nature at its best.

We take pride in offering our residents a welcoming and caring "forever" home

Contact us on Email: info@homecroftcare.uk Tel: **0121 354 1619**



MH

OP

Yardley care homes

Accord Housing Association Ltd - 53a Ipstones Avenue

Stetchford B33 9DZ Tel: 0121 784 6054

OP LDA YA

Ann Marie Howes Centre

20 Platt Brook Way, Sheldon B26 2DU

Tel: 0121 675 2015 OP D PD LDA MH SI YA

Arden Lodge Residential Care Home for **Elder Adults**

946 Warwick Road, Acocks Green B27 6QG Tel: 0121 706 7958

OP YA

Avalon House

48 Sherbourne Road, Acocks Green B27 6EA

OP MH YA Tel: 0121 707 1314

Bell Lane

34 Bell Lane, Kitts Green B33 OHT

PD LDA MH SI YA Tel: 0121 706 9902

Dudley Court Care Ltd

16 Dudley Park Road B27 6QR

Tel: 0121 706 3087 OP YA

Estervin Court Residential Care Home

239 Lea Hall Road, Birmingham B33 8JX Tel: 07956 487806

Evergreen Care Home

526 Church Road, Yardley B33 8HT

Tel: 0121 783 2080

Flint Green House

4 Sherbourne Road, Acocks Green B27 6AE

Tel: 0121 708 2131 MH YA

Greswolde Park Road

4 Greswolde Park Road. Acocks Green B27 6QD

OP PD LDA SI YA Tel: 0121 765 4630

Grey Gables Residential Home

39 Fox Hollies Road. Acocks Green B277TH

OP D PD LDA MH SI Tel: 0121 706 1684

Holly House Care Home

61 Westley Road B27 7UQ

Tel: 0121 707 8665

Service OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism

User Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

D MH YA

Yardley care homes continued

Lindale Residential Care Home

81-85 Wharfdale Road, Tyseley B11 2DB

Tel: 0121 624 5334

OP LDA

2a-2b Havelock Road, Tyseley B11 3RG

Tel: 0121 707 4622

Tel: 0121 707 7921

Victoria Lodge Care Home

Sycamore House

MH

OP D

Lonsdale Midlands Ltd – Yardley Fields

233 Yardley Fields Road,

Stetchford B33 8RN

Tel: 0121 783 3444

PD LDA Victoria Road

16 Victoria Road, Acocks Green B27 7YA

11 Victoria Road, Acocks Green B27 7XZ

Tel: 0121 708 2637

OP PD LDA MH SI YA

Madeleine House

60 Manor Road, Stechford B33 8EI

Tel: 0121 786 1479

Millwater

OP D

Westley Brook Close

12 & 14 Westley Brook Close,

Sheldon B26 3TW

Tel: 0121 743 2436

LDA

Sherbourne Grange

Tel: 0121 706 3707

18-20 Sherbourne Road. Acocks Green B27 6AE

164-168 Waterloo Road, Yardley B25 8LD

Tel: 0121 706 4411

PD LDA

OP MH YA

Woodlands

435 Shirley Road, Acocks Green B27 7NX

Tel: 0121 778 5718

MH

Yardley care homes with nursing

Advertisers are highlighted

Bramley Court Care Home

251 School Road, Yardley Wood B14 4ER

Tel: 0121 430 7707

OP D

Newday Nursing Home 45 Wynford Road,

Acocks Green B27 6IH

Tel: 0121 707 8525

OP D PD MH SI YA

Bramley Grove Care Home

251 School Road,

Yardley Wood B14 4ER

Tel: 0121 430 7707

Olivet

Sherbourne Road, Acocks Green B27 6AD

Tel: 0121 683 8700

OP D PD MH YA

Heartlands

50 Broadstone Road, Yardley B26 2BN

Tel: 01217 861 212 Advert below

OP D

OP D

Yardley Grange Nursing Home

465 Church Road, Yardley B33 8NY

Tel: 0121 789 7188

OP D PD MH SI

Heartlands Care & Nursing Home

Heartlands provides the highest standards of familyled residential and dementia care. Our home is luxurious and beautifully furnished, whilst retaining a warm family atmosphere that makes Heartlands feel extra special.

To find out more about life at Heartlands contact our Customer Relations Manager Lisa Fisher on 07849 830746 or email lisa.fisher@countrucourtcare.com

01217 861 212



www.countrycourtcare.com



Service User Bands MH Mental health

OP Older people (65+) **D** Dementia

PD Physical disability LDA Learning disability, autism

SI Sensory impairment YA Younger adults

AD People who misuse alcohol or drugs

Useful local contacts

Adults Social Care and Health Services

Birmingham City Council's adult social care and health department.

Tel: **0121 303 1234 •** Textphone: **0121 303 6230** Email: **csadultsocialcare@birmingham.gov.uk** Web: **www.birmingham.gov.uk/info/20018/adult_social_care**

Advocacy Matters

Offering help and guidance to enable you to make important decisions about the care and support you receive yourself.

Tel: **0121 321 2377** (Monday to Friday, 9.00am to 5.00pm).

Web: www.advocacymatters.org.uk

Age UK Birmingham

A local charity working to provide community support for older people living in Birmingham. Tel: **0121 437 0033** or **0121 437 0479** (information and advice line).

Email: info@ageukbirmingham.org.uk Web: www.ageuk.org.uk/birmingham

Alzheimer's Society – Dementia Connect Birmingham

Providing guidance and practical and emotional support for people living with dementia and their carers.

Tel: 0333 150 3456

Email: dementia.connect@alzheimers.org.uk

Birmingham and Solihull Integrated Care Board

Ensuring the needs of the local population are met.

Tel: **0121 203 3300**

Email: contactusbsolics@nhs.net

Web: www.birminghamsolihull.icb.nhs.uk

Birmingham and Solihull Mental Health NHS Foundation Trust

Provides a variety of support services for those living with mental health conditions in Birmingham and Solihull.

Tel: **0800 953 0045 •** Text: **07985 883509** Email: **bsmhft.customerrelations@nhs.net**

Web: www.bsmhft.nhs.uk

Birmingham Connect to Support

An online resource supported by Birmingham City Council, designed to help residents search for services to enable them to remain living independently in their own homes.

Web: https://birmingham.connecttosupport.org

Birmingham Institute for the Deaf (BID Services)

A charity supporting people who are deaf, hard of hearing, visually impaired or people who have a dual sensory loss.

Tel: **0121 246 6100 •** Textphone: **0121 246 6101**

Email: info@bid.org.uk
Web: www.bid.org.uk

Birmingham Voluntary Services Council (BVSC)

BVSC supports volunteers, their groups and other civil societies operating in Birmingham.

Web: www.bvsc.org

Black Country Integrated Care Board

Responsible for managing the local NHS budget and developing a plan to ensure services are there to meet the health needs of local people.

Civic Centre, St Peter's Square, Wolverhampton WV11SH

Tel: **0121 612 4110**

Email: bcicb.time2talk@nhs.net
Web: https://blackcountry.icb.nhs.uk

Deaf Cultural Centre

The sister organisation of BID Services, providing a centre for community activities and useful working spaces in Birmingham.

Tel: **0121 246 6100 •** Minicom: **0121 246 6101**

Email: info@bid.org.uk

Web: www.bid.org.uk (select 'Deaf Cultural

Centre').

Focus Birmingham

Offering support and training opportunities for blind, visually impaired and disabled people of all ages across Birmingham.

Tel: **0121 393 4849**

Email: info@focusbirmingham.org.uk Web: www.focusbirmingham.org.uk

→ Healthwatch Birmingham

An independent organisation using people's experiences of health and social care to instigate improvement in local services.

Tel: **0800 652 5278**

Email: info@healthwatchbirmingham.co.uk Web: www.healthwatchbirmingham.co.uk

Medequip – returning equipment

If your equipment is on loan to you, it must not be sold or disposed of. When you no longer require it, please contact Medequip to request free collection. Alternatively, you may return it to your local drop off point; visit the following website. If you purchased your equipment and are looking to dispose of it,

visit the Equipment Recycling page via the following website. • Web:

www.medequip-uk.com/returning-equipment

Midland Mencap

A charity that strives for accessibility, inclusivity and a better quality of life for people living with a learning disability. • Tel: **0121 442 2944**

Web: www.midlandmencap.org.uk

Route2wellbeing

An online portal providing a wealth of information about community-based health, wellbeing and social care services for residents of Birmingham.

Web: www.r2wbirmingham.info

Useful national contacts

Age UK

Tel: **0800 055 6112**

Web: www.ageuk.org.uk

Al-Anon Family Groups

Worried about someone's drinking? Help and hope

for families and friends of alcoholics.

Helpline: 0800 008 6811 (10.00am-10.00pm).

Email: helpline@al-anonuk.org.uk
Web: www.al-anonuk.org.uk

Alzheimer's Society

Dementia Connect support line: **0333 150 3456** (Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm).

Web: www.alzheimers.org.uk

Association of Charitable Organisations

A national umbrella body for benevolent charities.

Tel: **0207 255 4480**Email: **info@aco.uk.net**Web: **www.aco.uk.net**

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.

Tel: 0121 415 6960

Email: enquiries@bild.org.uk

Web: www.bild.org.uk

Care Choices

Free, independent assistance with finding care providers. Searchable website.

Web: www.carechoices.co.uk

Care Quality Commission

Independent regulator of care services in England.

Tel: 0300 061 6161 • Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk

Carers Trust

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, older, disabled or suffers with mental health or addiction issues.

Tel: 0300 772 9600 • Email: info@carers.org

Web: www.carers.org

Carers UK

The voice of carers.

Tel: **0808 808 7777**

Email: advice@carersuk.org
Web: www.carersuk.org

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics.

Tel: **0800 144 8848**

Web: www.citizensadvice.org.uk

Deafblind UK

A national charity supporting people living with sight and hearing loss in the UK.

Tel: 0800 132 320

Email: info@deafblind.org.uk Web: www.deafblind.org.uk

Deafplus

A national charity providing support to allow deaf people to engage fully in today's society.

Tel: **0207 790 8478**Web: **www.deafplus.org**

Dementia Adventure

Dementia Adventure thinks differently about dementia. It believes that with the right support, everyone with dementia can get outdoors, experience the wellbeing benefits of nature and enjoy more active and fulfilled lives. The charity offers supported holidays and dementia training for family and friends, professionals and organisations.

Tel: 01245 237548

Email: info@dementiaadventure.co.uk Web: https://dementiaadventure.org

Elderly Accommodation Counsel

Helps older people make informed choices about meeting their housing and care needs.

Web: www.housingcare.org

Friends of the Elderly

A charity that supports older people who have a range of practical needs.

Tel: 0207 730 8263

Email: enquiries@fote.org.uk

Web: www.fote.org.uk

Homecare Association

Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.

Tel: **0208 661 8188**

Email: helpline@homecareassociation.org.uk Web: www.homecareassociation.org.uk

Hourglass

Works to protect, and prevent the abuse of, vulnerable older adults.

Helpline: 0808 808 8141 • Text: 07860 052906

Web: www.wearehourglass.org

Independent Age

Produces a wide range of guides and factsheets for older people, their families and carers.

Tel: **0800 319 6789**

Email: advice@independentage.org
Web: www.independentage.org

My Family, Our Needs

The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.

Web: www.myfamilyourneeds.co.uk

Multiple Sclerosis Society

Support and advice for those diagnosed with the condition, as well as professionals and carers.

Tel: 0808 800 8000

Email: helpline@mssociety.org.uk Web: www.mssociety.org.uk

National Association for Providers of Activities for Older People (NAPA)

Promotes the importance and value of activities for older persons.

Tel: **01494 590421**

Email: info@napa-activities.co.uk
Web: https://napa-activities.co.uk

National Association of Funeral Directors

Web: www.nafd.org.uk

National Society of Allied and Independent Funeral Directors

Web: www.saif.org.uk

NHS 111

You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' **18001 111**.

NHS website, The

Web: www.nhs.uk

→ Playlist for Life

A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music. It also provides training for health and social care professionals looking to deliver person-centred care using personalised music.

Tel: 0141 404 0683

Email: info@playlistforlife.org.uk Web: www.playlistforlife.org.uk

Registered Nursing Home Association (RNHA)

Campaigns for high standards in nursing home care.

Tel: **0121 451 1088** Email: **info@rnha.co.uk** Web: **www.rnha.co.uk**

Relatives and Residents Association, The

Exists for older people needing, or living in, residential care and the families and friends left behind.

Tel: 0207 359 8136

Email: helpline@relres.org
Web: www.relres.org

Royal National Institute for Deaf People (RNID)

The largest charity supporting people living with hearing loss in the UK.

Tel: 0808 808 0123

Email: contact@rnid.org.uk
Web: www.rnid.org.uk

Royal National Institute for the Blind

One of the UK's prominent sight loss charities, recognising unique experiences of blindness and partial sight.

Tel: 0303 123 9999

Email: helpline@rnib.org.uk
Web: www.rnib.org.uk

SANE

Advice on mental health conditions.

Tel: **0300 304 7000** (4.00pm to 10.00pm, 365 days

a year).

Email: support@sane.org.uk
Web: www.sane.org.uk

Sense

A national charity supporting people living with complex disabilities, including those who are deafblind, in the UK.

Tel: **0300 330 9256**

Email: info@sense.org.uk
Web: www.sense.org.uk

Signhealth

A national charity working to improve the health and wellbeing of people who are deaf in the UK.

Tel: **0203 947 2600**

Email: info@signhealth.org.uk
Web: www.signhealth.org.uk

Silver Line, The

A 24-hour telephone befriending and advice line.

Tel: **0800 470 8090**

Web: www.thesilverline.org.uk

Veterans' Gateway

The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.

Tel: **0808 802 1212**

Web: www.veteransgateway.org.uk



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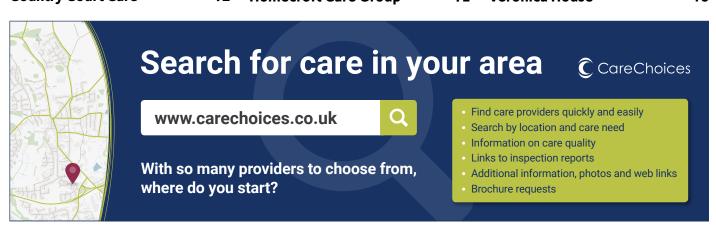
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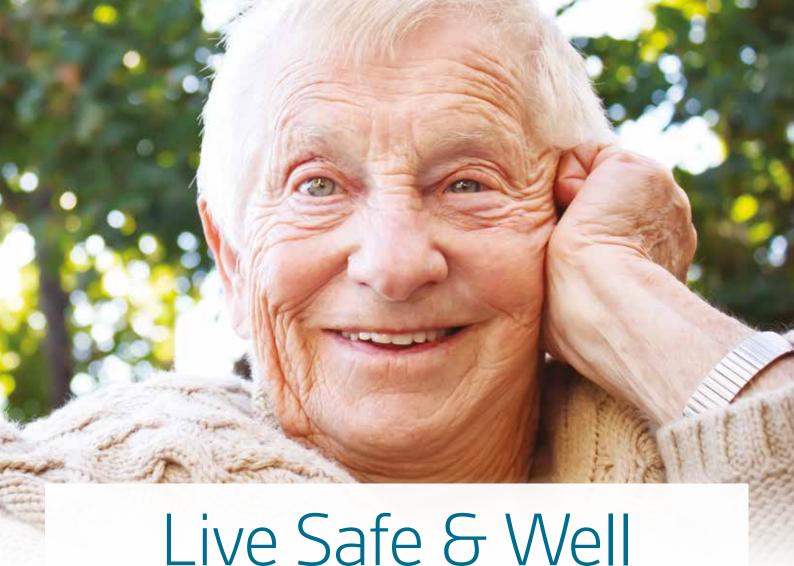
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